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'75 was a Good Year

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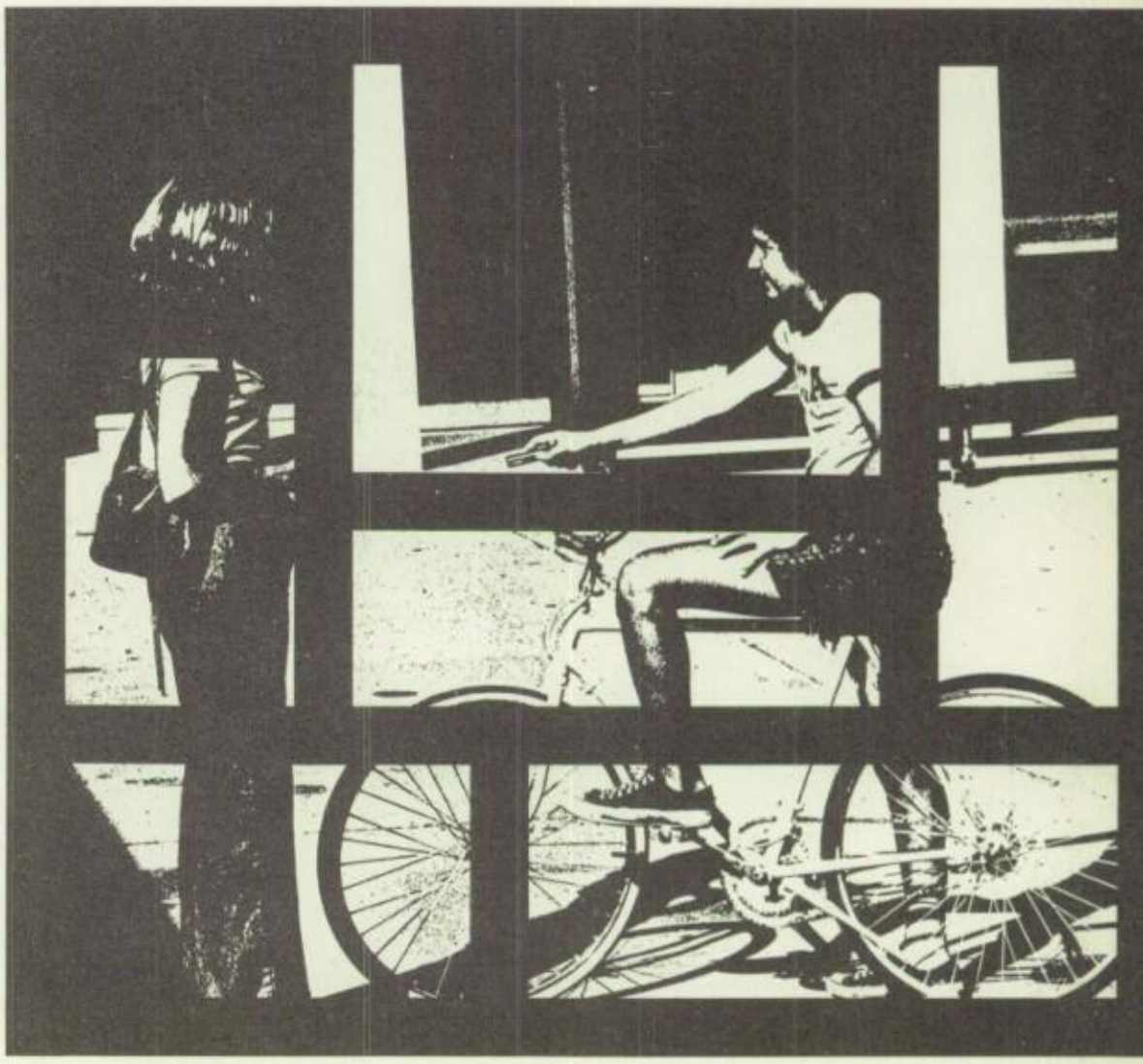

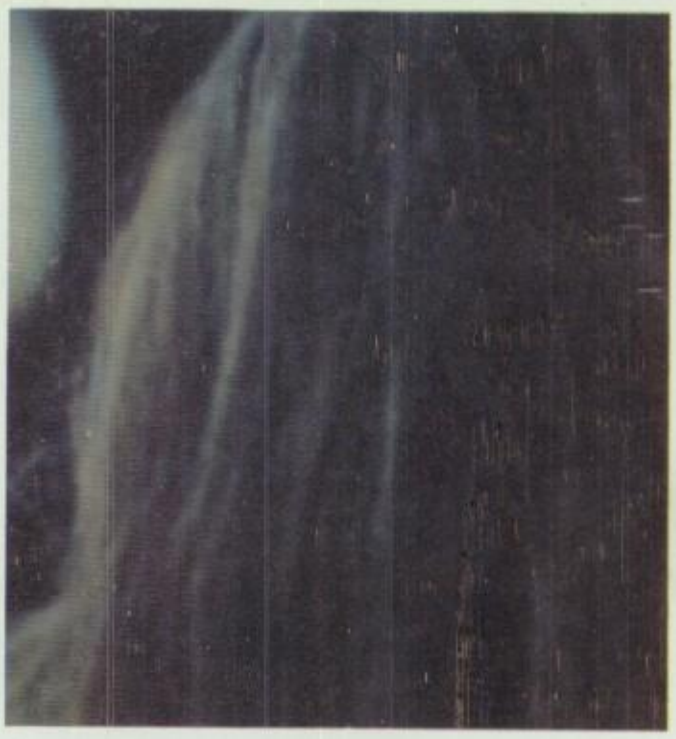

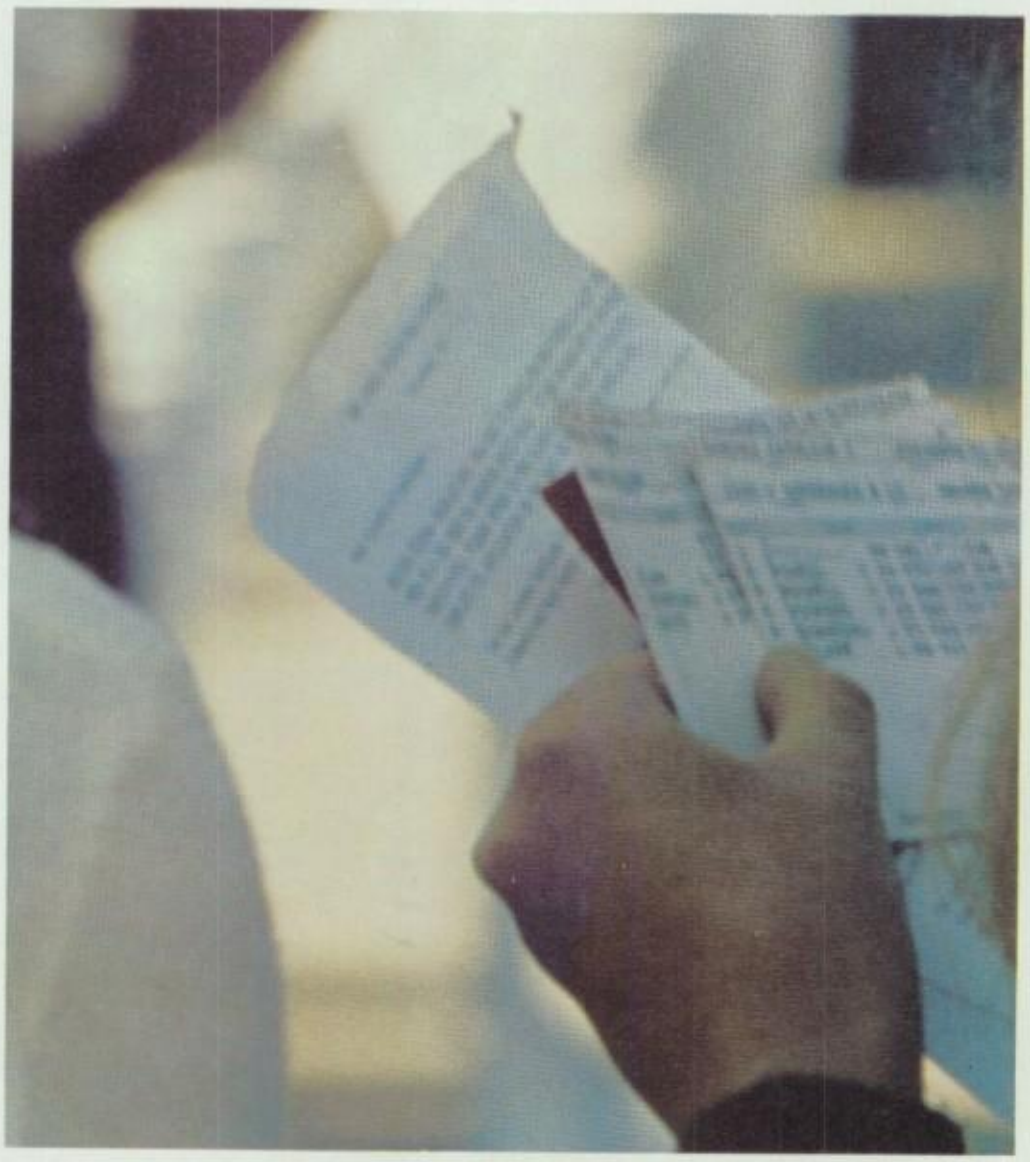

1975 ARROYAN

Volume 20
Arroyo High School
San Lorenzo, Calif.

GOODYEAR

'75 was
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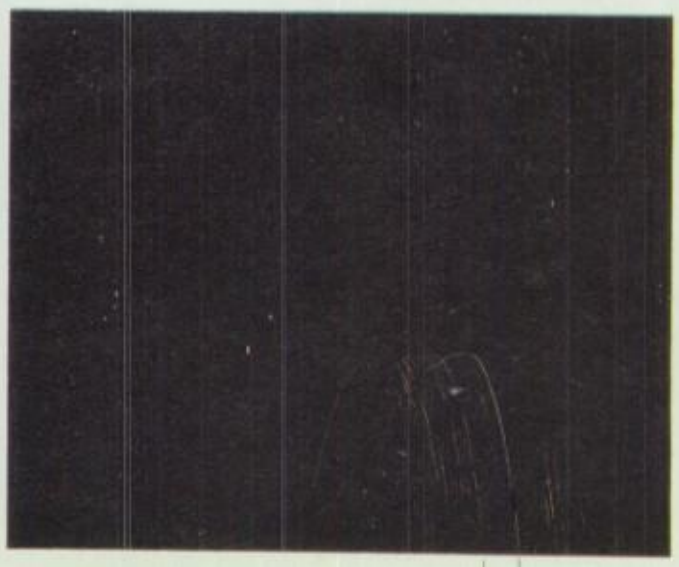
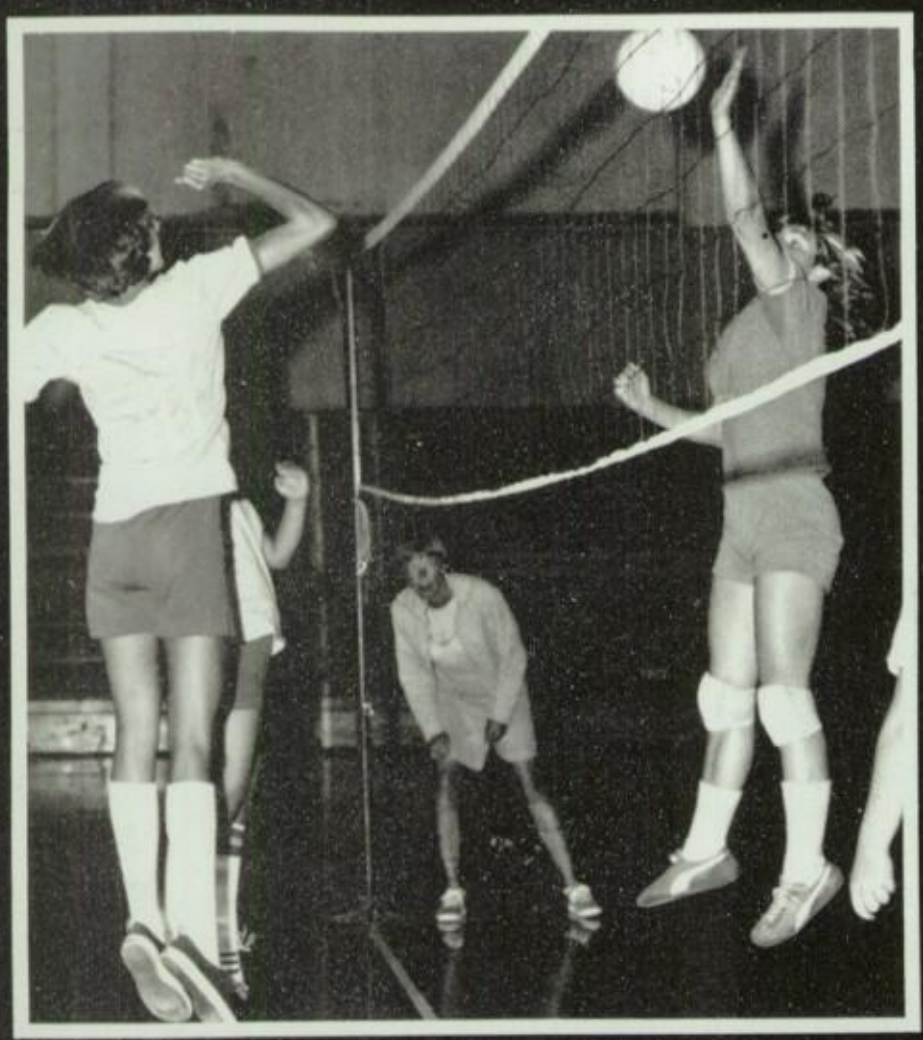
Good Year





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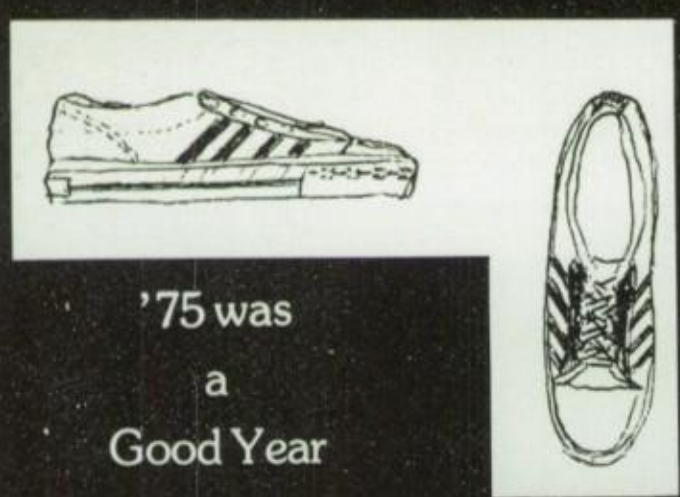

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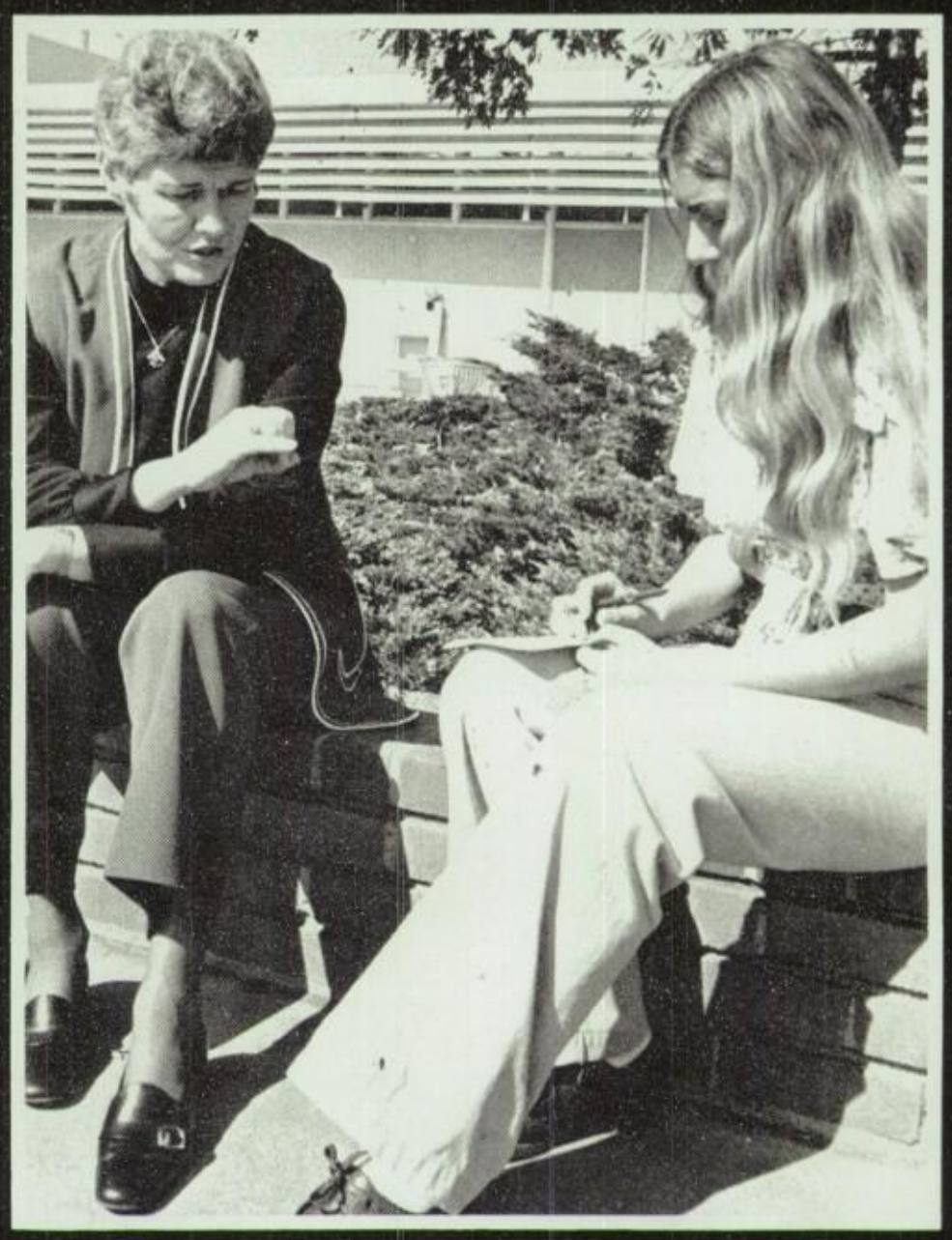

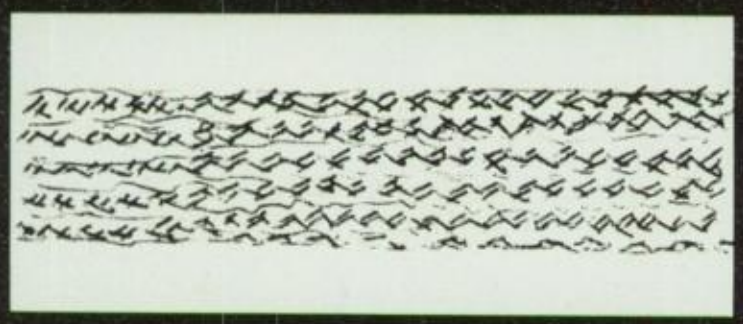

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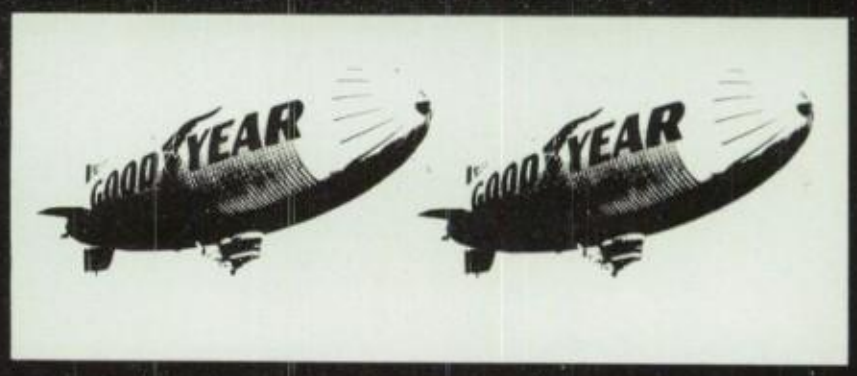

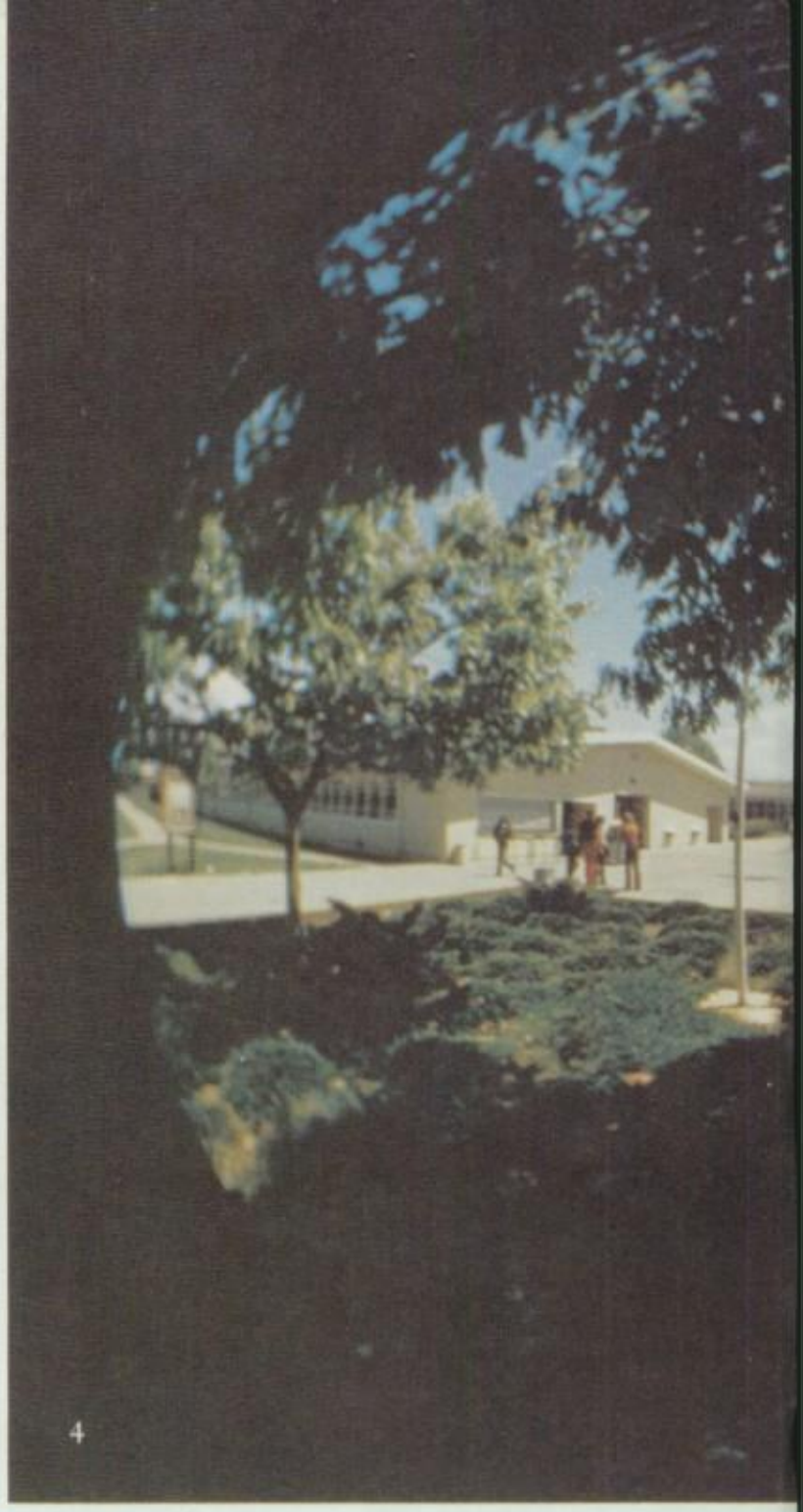

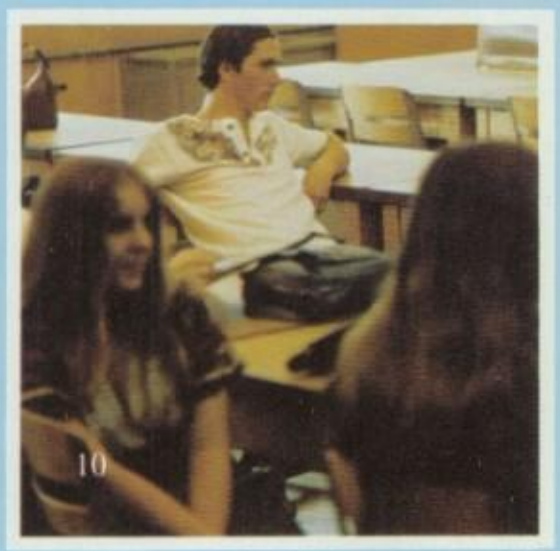

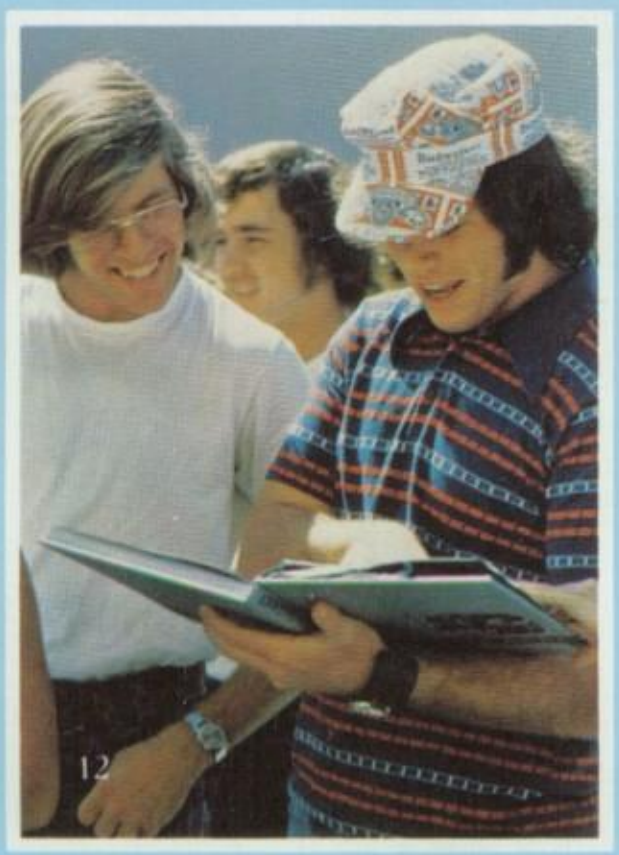

1. Students file into A-Hall between classes. 2. One of the maple trees on campus. 3. Hello Walk sign welcomes visitors. 4. View of quadrangle from Student Government Office. 5. Mr. and Mrs. Fred Hansen dancing. 6. Grace Christopherson sips a milkshake at lunch. 7. Bruce Benyscheck and Steve Bellino sit on the patio bricks. 8. Dale Shutty practices on unicycle. 9. Springtime at Arroyo. 10. Phil Siemans and Bobette Tolmer in class. 11. Passersby get a similar view of the school's front. 12. Don Bryant and Dan Dolan peruse last year's yearbook. 13. Mr. Mill Billings peers at a student at his door. 14. Bicycles were, again, the most popular mode of campus transportation.

'75 was
a
Good Year
for

Perception

Many students, teachers, and adults saw Arroyo differently in 1975. Some saw the green trees and flowers, others saw the racks of bikes and crowded classrooms. Still others felt the good times of dances and sports activities.

Each student probably experienced this high school in a variety of ways. School was looking over an old yearbook, sitting in a classroom, and sipping a milkshake while relaxing on the bricks at lunch. Each experience showed a different way of looking at the surroundings of Arroyo's campus.

'75 really was a Good Year in the sense that the people at this school started to open their eyes and see good things around them.

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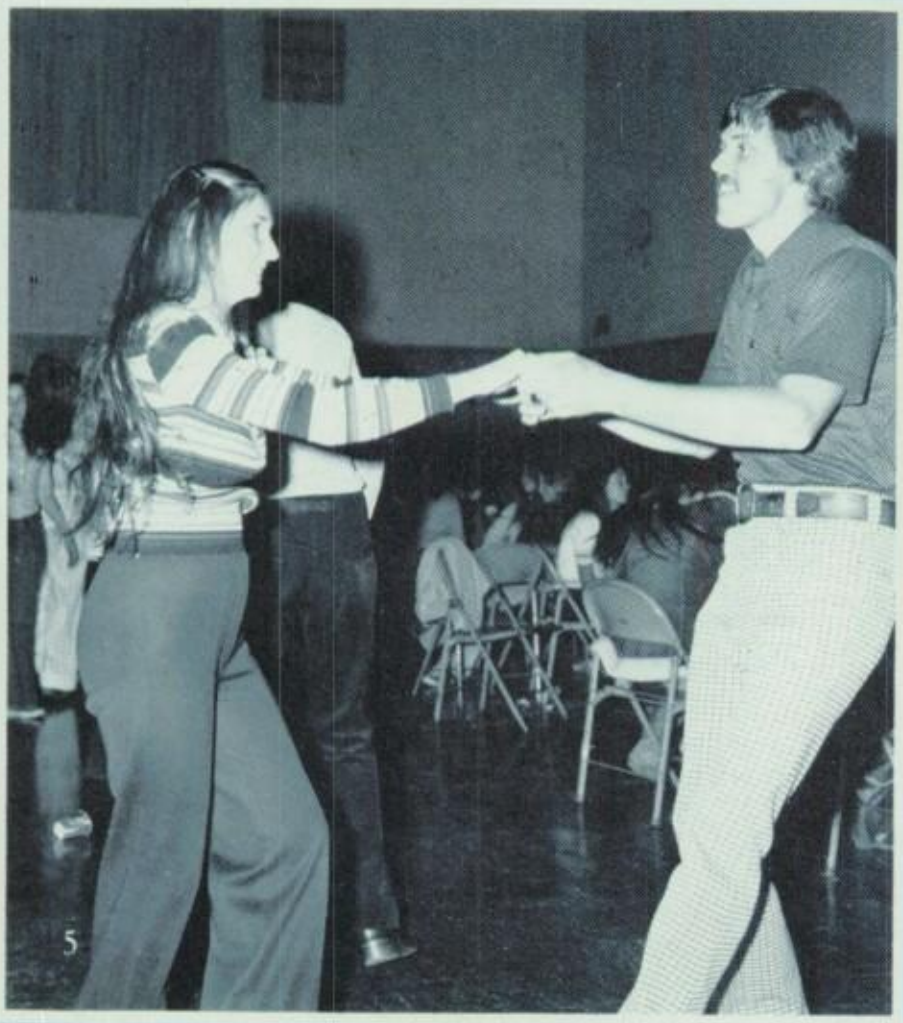
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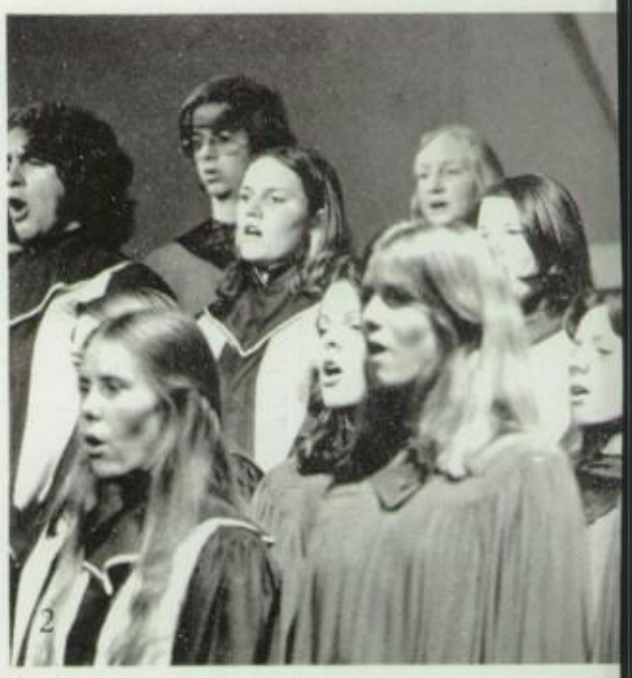
'75 was
a
Good Year
for

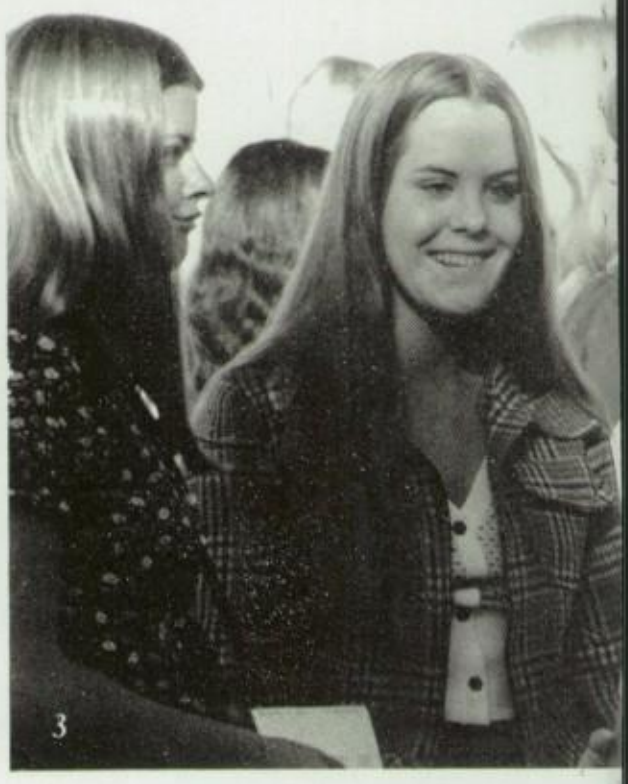
Cooperation

'75 was a Good Year for school cooperation. Activities, such as the joint Christmas Concert with San Lorenzo High and the annual food drive for the needy in our area emphasized the spirit of working together.

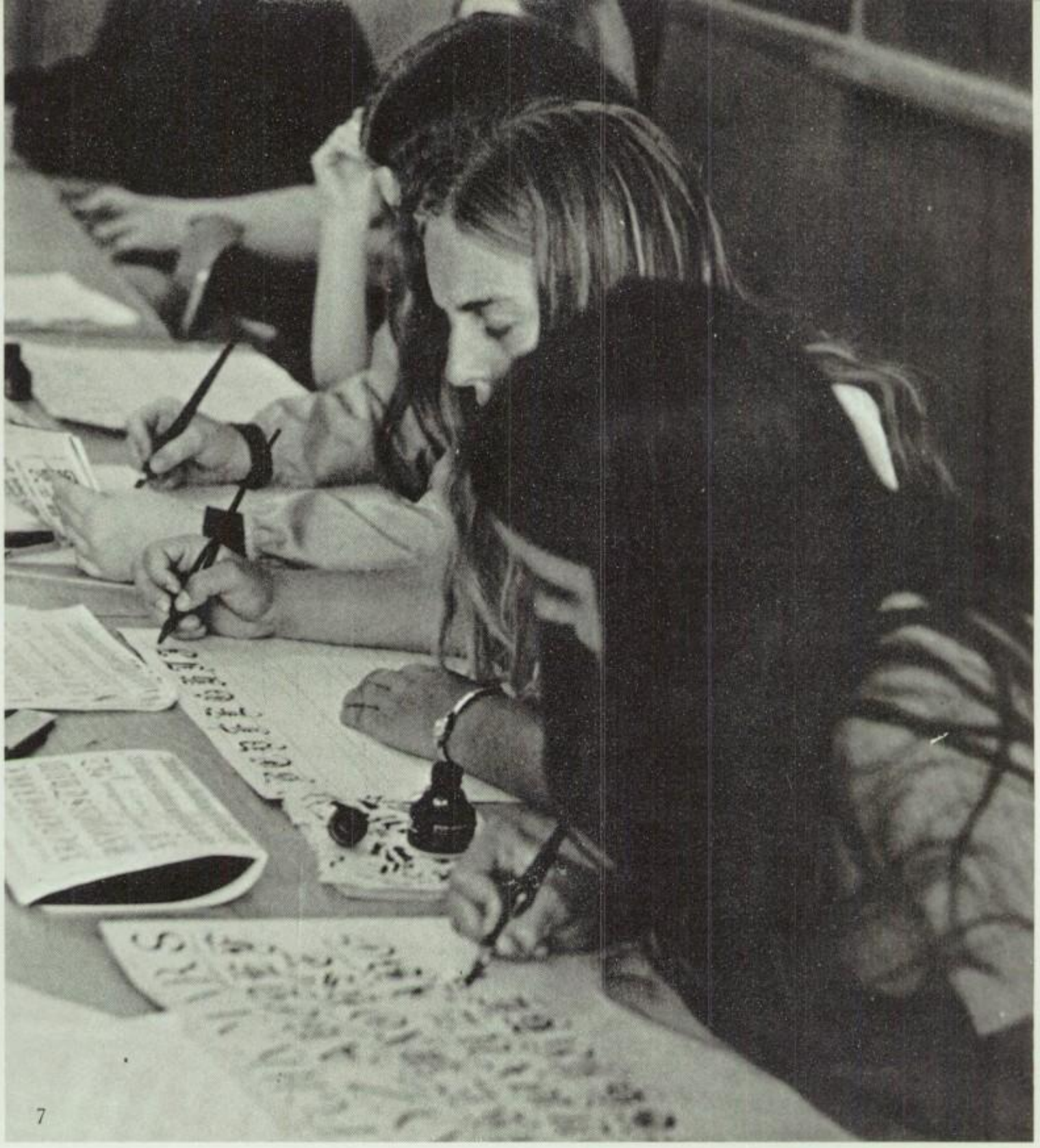
In a classroom situation, working together was listening to others' ideas and asking for and receiving help from other students and teachers.

Chatting between classes, or just walking in silence were ways of sharing a moment during the school day.





1. Students walk to class amidst the dirt and boards while the heating system in D-hall was repaired. 2. Choir students from San Lorenzo and Arroyo High get together for a joint Christmas Concert. 3. Terri Selvey, Ann Law, Kim Wonderly, and Lynn Zboyobsky discuss new programs on registration day. 4. Julie Hayes directs the girls' volleyball team at a league meet. 5. Ken Grace, Gary Gardner, and Ed Dutkowski load boxes of food onto a truck to be distributed to needy area families. 6. Linda Ng, Kathy Frary, and Anne Fernandez concentrate on getting to the next class. 7. Nancy Mason, Melodie Evans, and Mary McKenna work on Gothic lettering projects.



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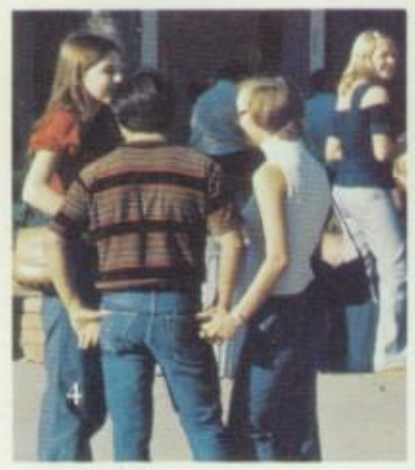
'75 was a Good Year for Variety

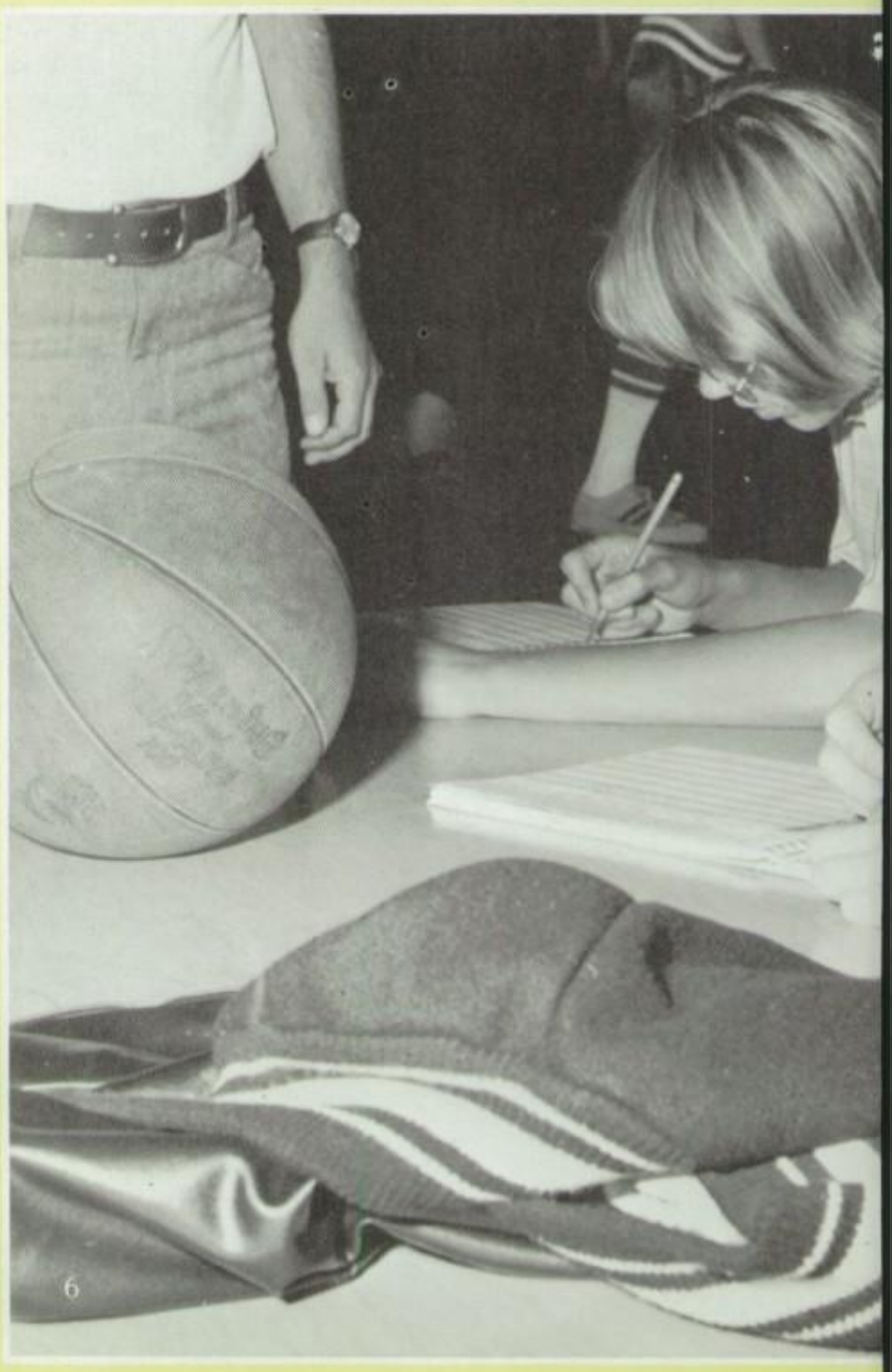
During the 1974-75 school year on-campus life varied from person to person. So many activities were offered at Arroyo that it was almost impossible to get involved in every one.

Language clubs offered activities, such as dining at foreign food restaurants and seeing movies about other countries. The senior, junior, sophomore, and freshmen classes held candy, flowers, and mistletoe sales, while other organizations and clubs held car washes and bake sales.

All in all, '75 was a Good Year in that there was a variety of activities in which the individual student could participate.



1. Two footballs symbolize the football season. 2. Steve Hennings looks over schedule. 3. An underclassman chews on a shuttlecock. 4. Julie Brown, Utimio Trujillo, and Christel Back talk on the patio. 5. Scott Hallert, Dave DeSeguirant and Chris Jennings look over last year's All American yearbook. 6. Danny Pearson and a Canyon High student mark down statistics. 7. Maureen Baptista and Mark Giachino swap programs. 8. Students file into the science hall. 9. A girl studies on the bricks. 10. Karen Oelschlaegel, Liz Lawrence, Julie Hayes and Kathy Amos talking. 11. The mural in the main hall. 12. Pam Ringstad studies in one of the halls. 13. Students sit in class. 14. Junior Bob Peterson rests on a bike.



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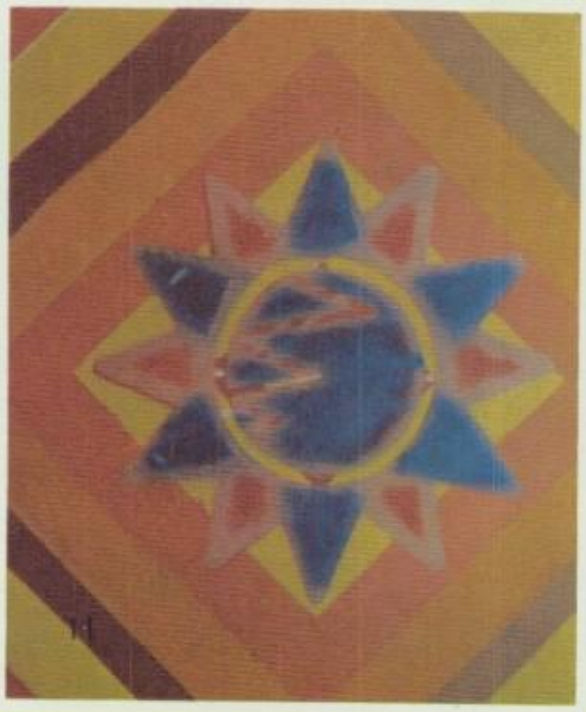
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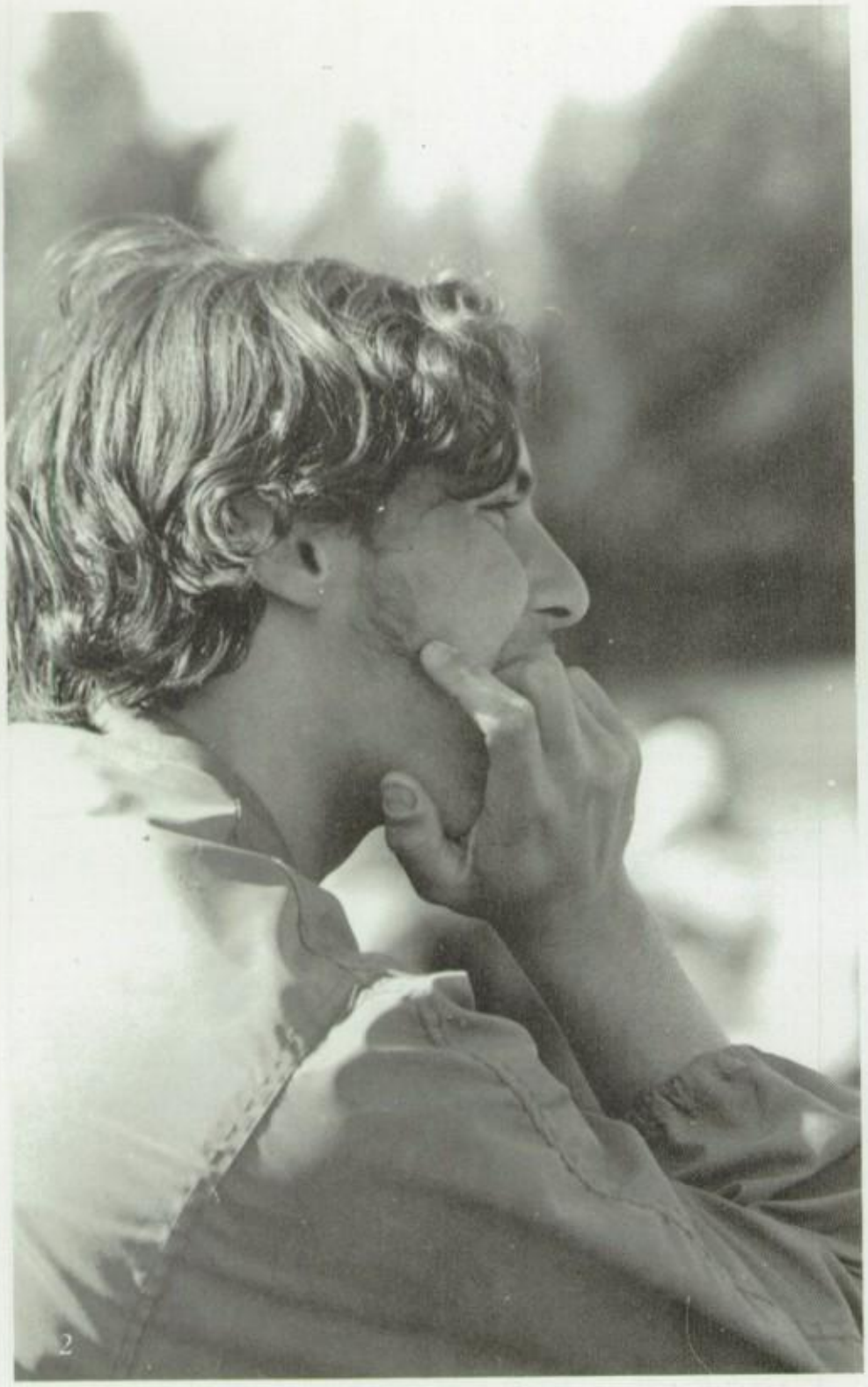
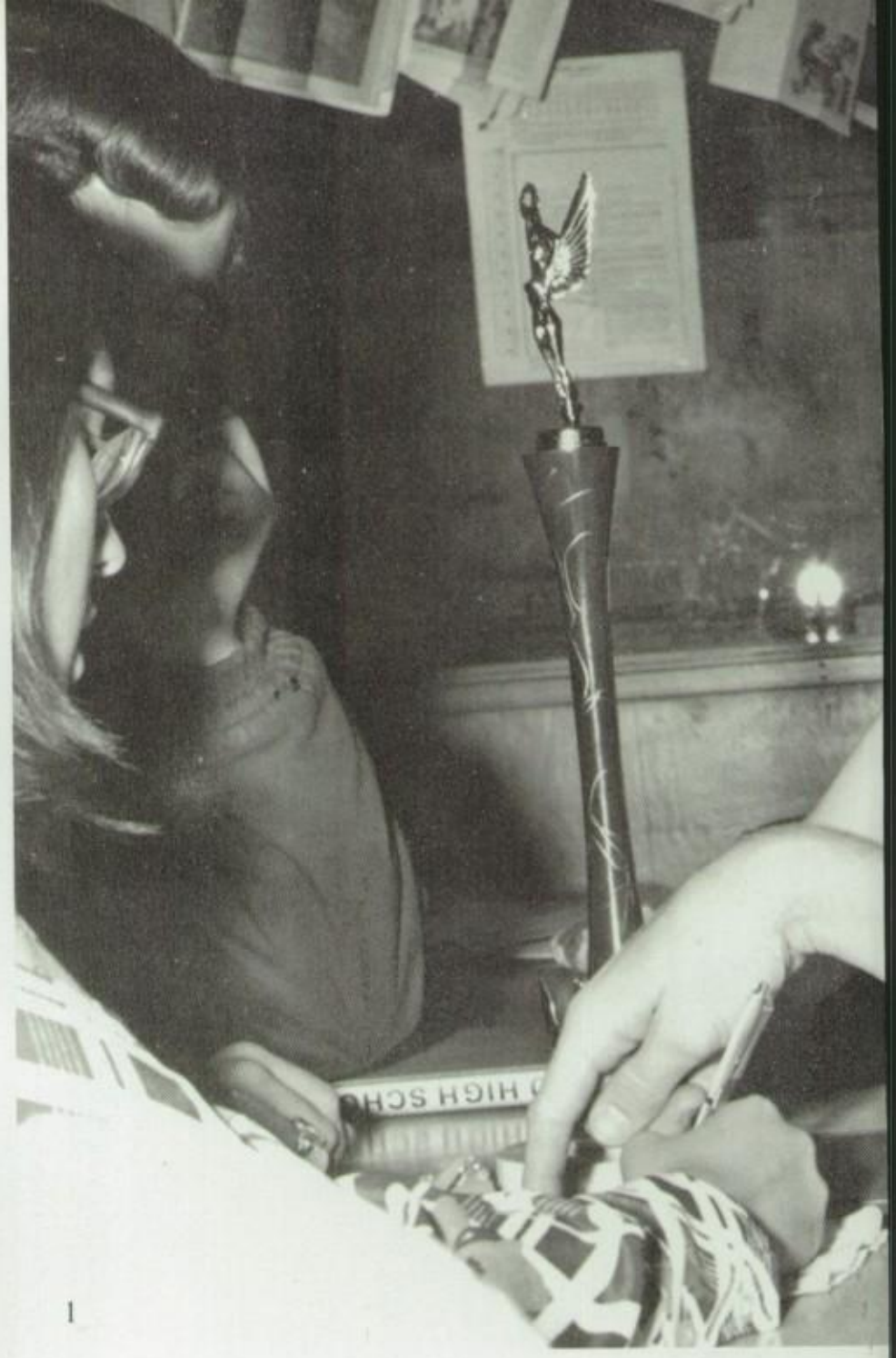




1. Judy Alsip, Kevin Hobbs, Colleen Silva, and Mark Conkel discuss the content of Judy's copy for the ARROYAN pages. 2. Mike Bucedi seems deep in thought at a J.V. football game. 3. A couple walking arm in arm is a common sight at Arroyo. 4. Diane Lum, Laney West, and Sue West head in different directions for class during passing time.

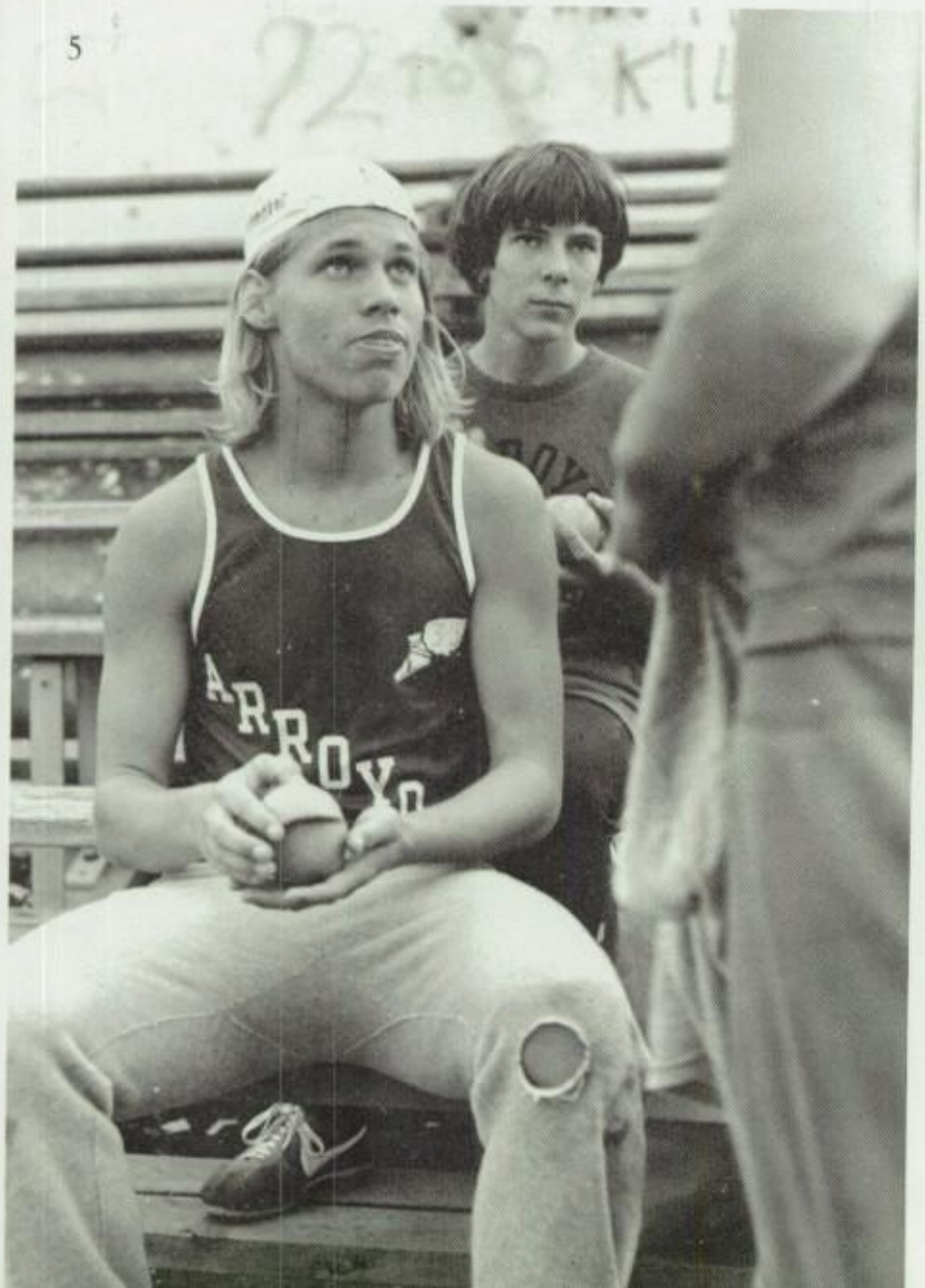
'75 was a Good Year for Togetherness

'75 was a Good Year for togetherness. Whether walking arm in arm together or squeezing in hurried gossip between classes, it was still an act of showing appreciation for one another.

Discussing an essay or body copy for the yearbook were ways of being together with friends and expressing one's opinion on different subjects.

Playing in a sport was the most evident example of togetherness. One individual does not make a team. It takes long hours of practice to get to know one another to function together.

Whether it was for work or play, students got together for a good time around Arroyo in '75.



5. Gary Wright and Mark Hagar peel oranges while receiving a lecture from the cross country coach. 6. Bikes are leaned up against the baseball cage while their owners practice at some outdoor sport.

'75 was
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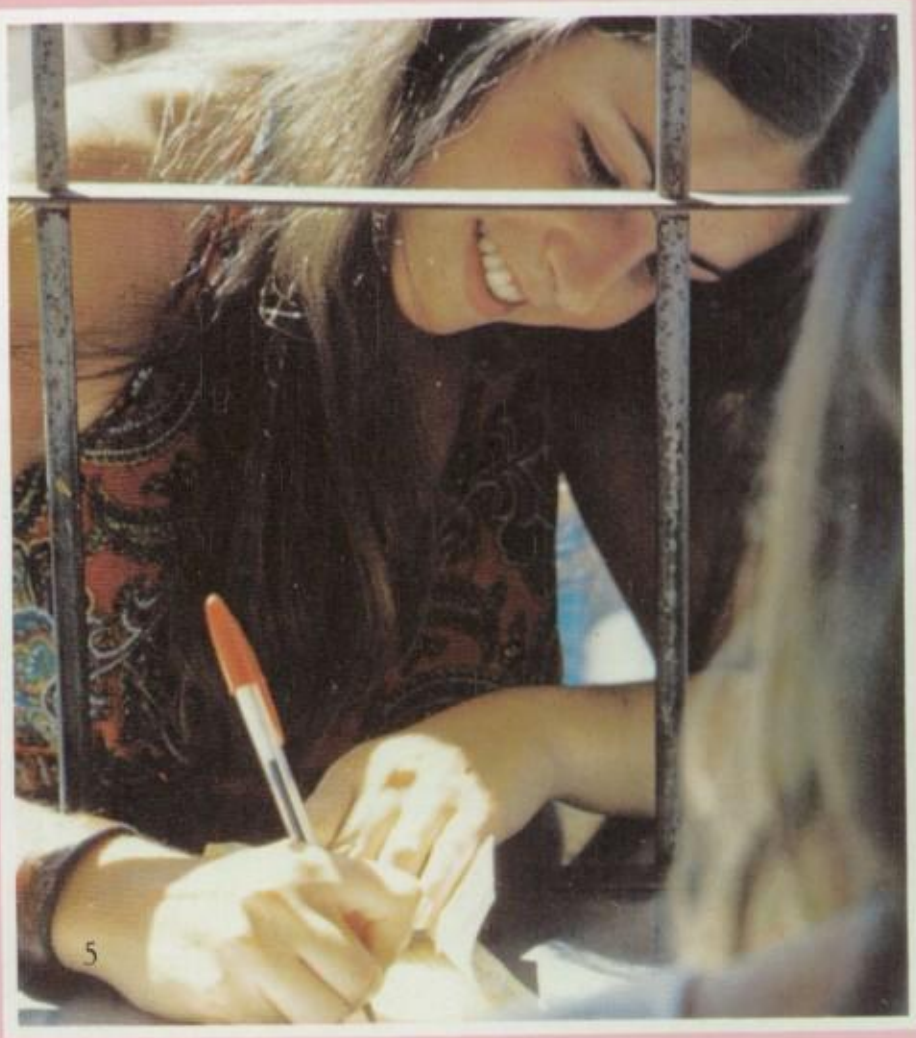
Good Year
for

Tranquility

At a thriving high school like Arroyo, one might have thought that there was no peace on campus. Students rushing to and from classes during the scant five minutes allowed for passing time was what most people around here saw. But, during classes, at lunch, and after school, there was a complete change.

Students studied in the halls and shared gossip in groups. People listened to teachers lecture, got involved in the paper work of sports, and spent after-school-time riding bikes and enjoying the peacefulness of the school without the presence of some 1,506 colleagues.



GOODYEAR

GOODYEAR

1. Visitors see this view of Arroyo first. 2. Allen Fernandez models the ever-popular T-shirt. 3. Kathy Kreg and Derek Fross look over Arroyo's All American yearbook. 4. A couple sits on the east lawn at lunch. 5. Linda Clifford signs the receipt for her yearbook. 6. Sign on a school truck door. 7. Students gather at the information booth to talk with principal J.F. Orear. 8. Bridget Rucker and Terry Goff share a few moments together. 9. Many students like Greg Sutton play the guitar. 10. Dino Arieta spoofs with the photographer. 11. Students ponder over the yearbook on freshman day. 12. Dave Fernandez and Lisa Torres relax during lunch. 13. Coke was still the favorite drink around campus as Ricky Langmaid shows. 14. Springtime greenery around Arroyo.

Faculty

Education is what it takes to get anywhere in this world. Whether this learning is accomplished through a series of tests or through personal experiences, is up to the individual, but usually it is a combination of the two.

Social Studies, English, math, science, p.e., and business all contribute to a well-rounded person, if that person will take advantage of the courses offered.

For faculty, teaching is the job. For students, it is a continuation of learning. For both, it is a challenge and a never-ending chore of trying to get through to one another.

Along with the general courses offered at Arroyo, a few new classes were established. Among these were the new two-hour physical education class called recreational leadership, and a jewelry-making class.

Obviously teachers are not in the profession for the money, so there must be something else. What is it? Social Studies teacher Mr. Gregg Shephard said, "teaching keeps me young." He also felt that "certain classes are better than others." The overall opinion of the teachers is that they enjoy working with young people.

'75 was
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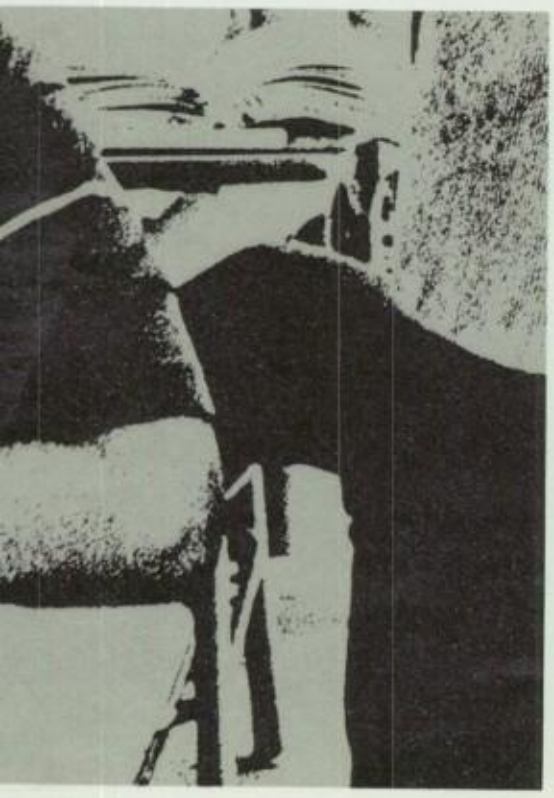
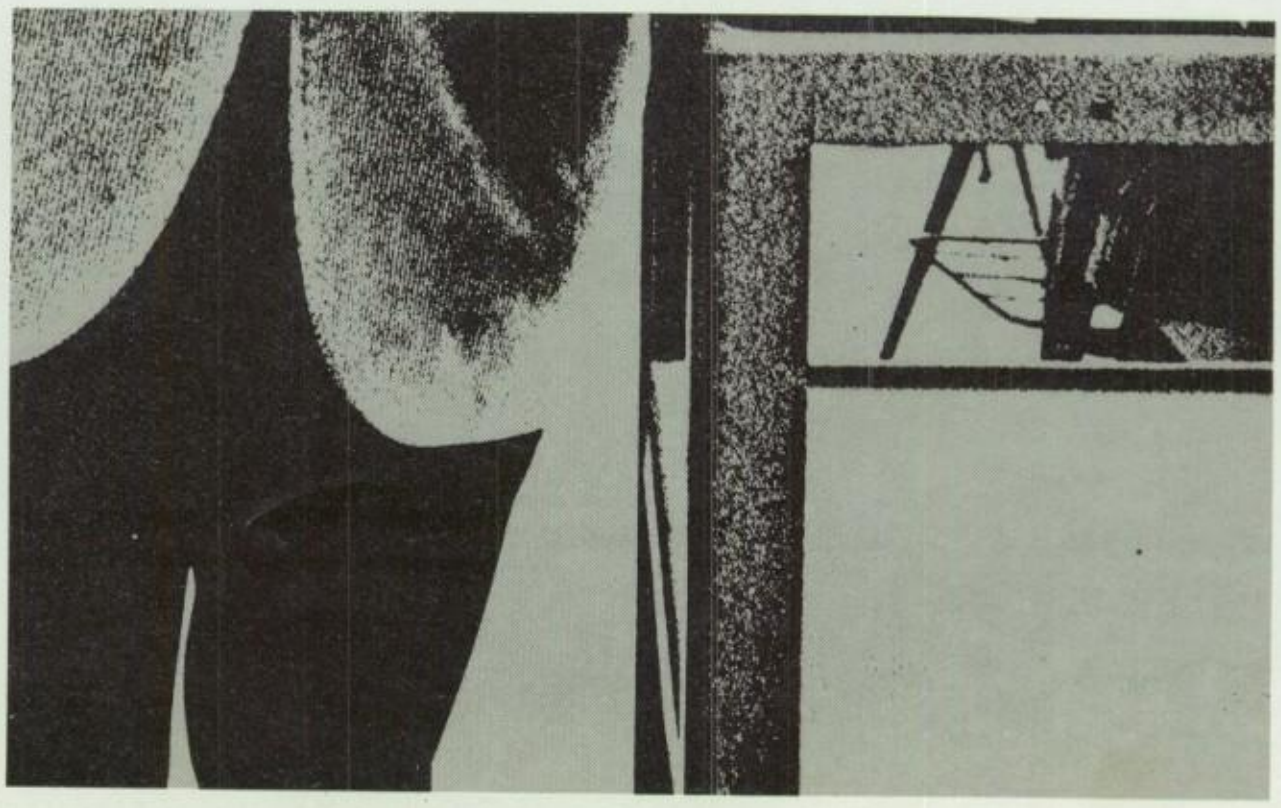
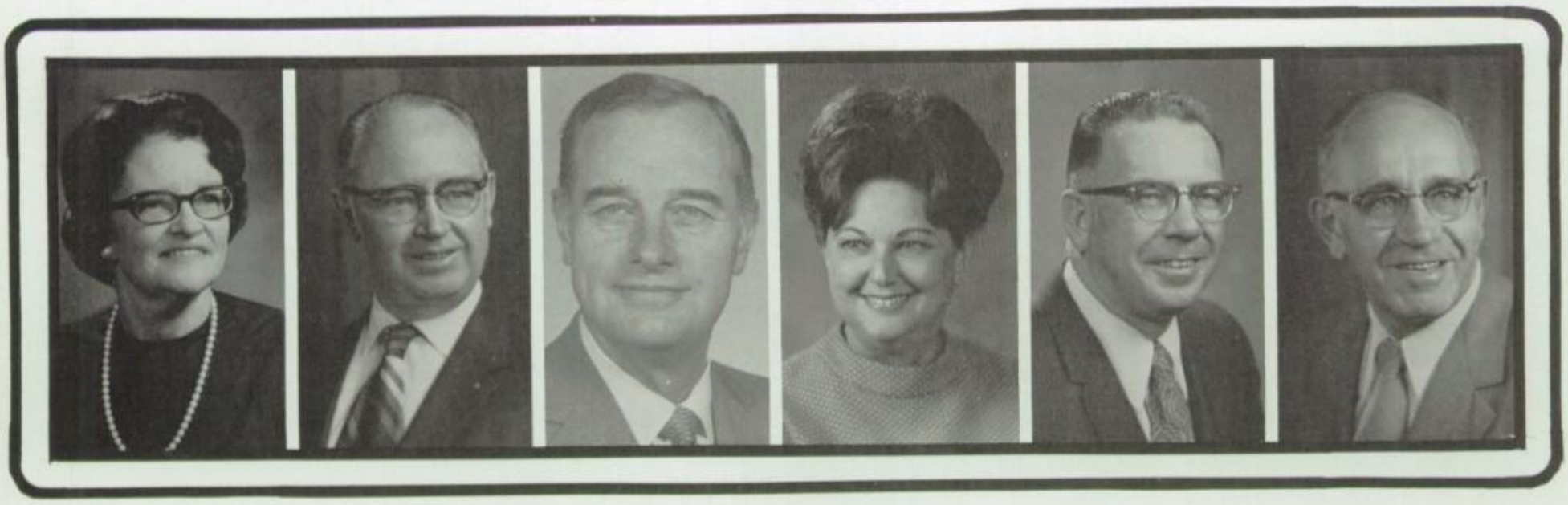






Ms. Corinne Aitken, Member

Mr. Robert C. Amrine, Member

Mr. Paul D. Ehret, Superintendent

Ms. Georgia Henderson, Member

Mr. E. Wesley Housman, Clerk

Mr. Henry O. Lienhard, President

Administration seeks to aid students

Headed by Principal J. Franklin Orear, the administration sought to help Arroyo students to become better citizens and to prepare them for life outside of high school.

Administrative Council members were Ms. Joanne Knowles, Dean of Girls, Mr. Philip Gastineau, Dean of Boys, Mr. Ben Faulman, Head Counselor, Student Body President Steve Vilas, and Director of Activities Mr. Richard Lloyd.

"We want to expose the students to the school as it's a part of their lives instead of an institution," stated Ms. Knowles.

The school board, headed by Paul D. Ehret, Superintendent of Schools, consists of five people, Mr. Henry O. Lienhard, President, Mr. E. Wesley Houseman, Clerk, and members Mr. Robert C. Amrine, Ms. Georgia C. Henderson, and Ms. Corinne Aitken.

These five people were elected to our school board in 1972 for a term of four years. Their responsibilities for the remainder of their term is to create new and different courses for the students, chose appropriate textbooks for courses, authorize out-of-state field trips by schools, and to financially manage the schools in the district.

1. Karen Oelschlagel interviews Ms. Joanne Knowles for the ARROYAN. 2. Mr. Phil Gastineau helps Ms. Nancy Jordan in attendance office. 3. Mr. Paul Ehret listens intently to discussion. 4. The school board discusses an important issue. 5. Ms. Corrinne Aitken reads a proposal to her colleagues. 6. Mr. J.F. Orear gives welcoming speech to new students on Freshman Day in the cafetorium.

GOODYEAR

Faculty

Mr. Phil Gastineau, Dean of Boys

Ms. Joanne Knowles, Dean of Girls

Mr. J. Franklin Orear, Principal

Secretaries help faculty, students

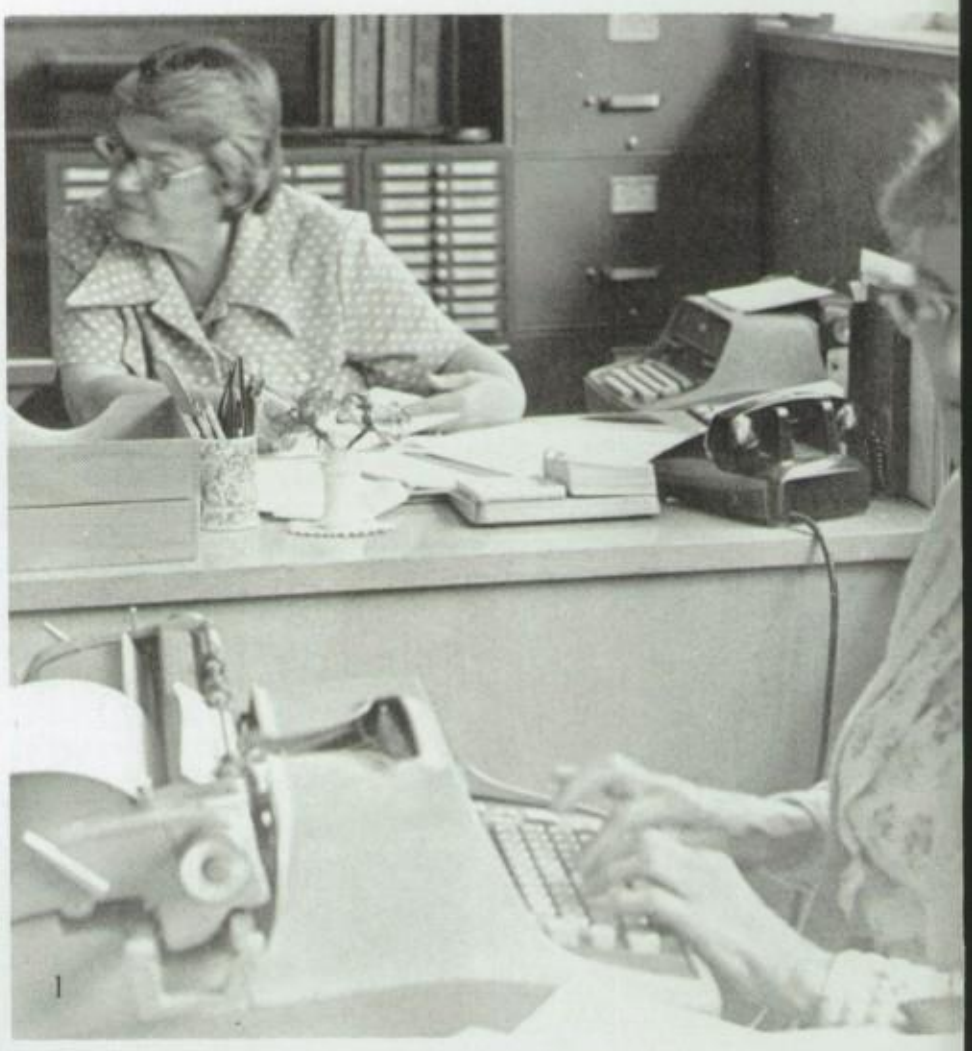
According to Head Attendance Clerk Ms. Ann Strohm, the attendance office works from 8:00 to 10:00 a.m. on admitting students to school. Returning students come into the office with notes from parents and clear absences.

All students must go through the office if they wish to leave the school grounds at any time. Departing Arroyans must secure a pass from Ms. Nancy Lloyd or Ms. Strohm before leaving the campus. The attendance clerks also prepare and distribute the daily absence list to the faculty upon request.

"The new R.O.P. program has added more work to the attendance office. The I.W.E. students and PTA volunteers help out a lot," says Ms. Strohm.

Other secretarial duties are to assist teachers, counselors, and administrators in clerical work. Ms. Laura Bergmann, Ms. Gloria Bray, Ms. Jean Christian, Ms. Carol De Maria, Ms. Pat Kintz, Ms. Addie Richardson, and Ms. Roberta Strom are the school secretaries.

Ms. Faye Davis works as the library assistant. Ms. Sue Mosher is the girls' matron and Ms. Meda Schultz ordered candy and coke for the student store.



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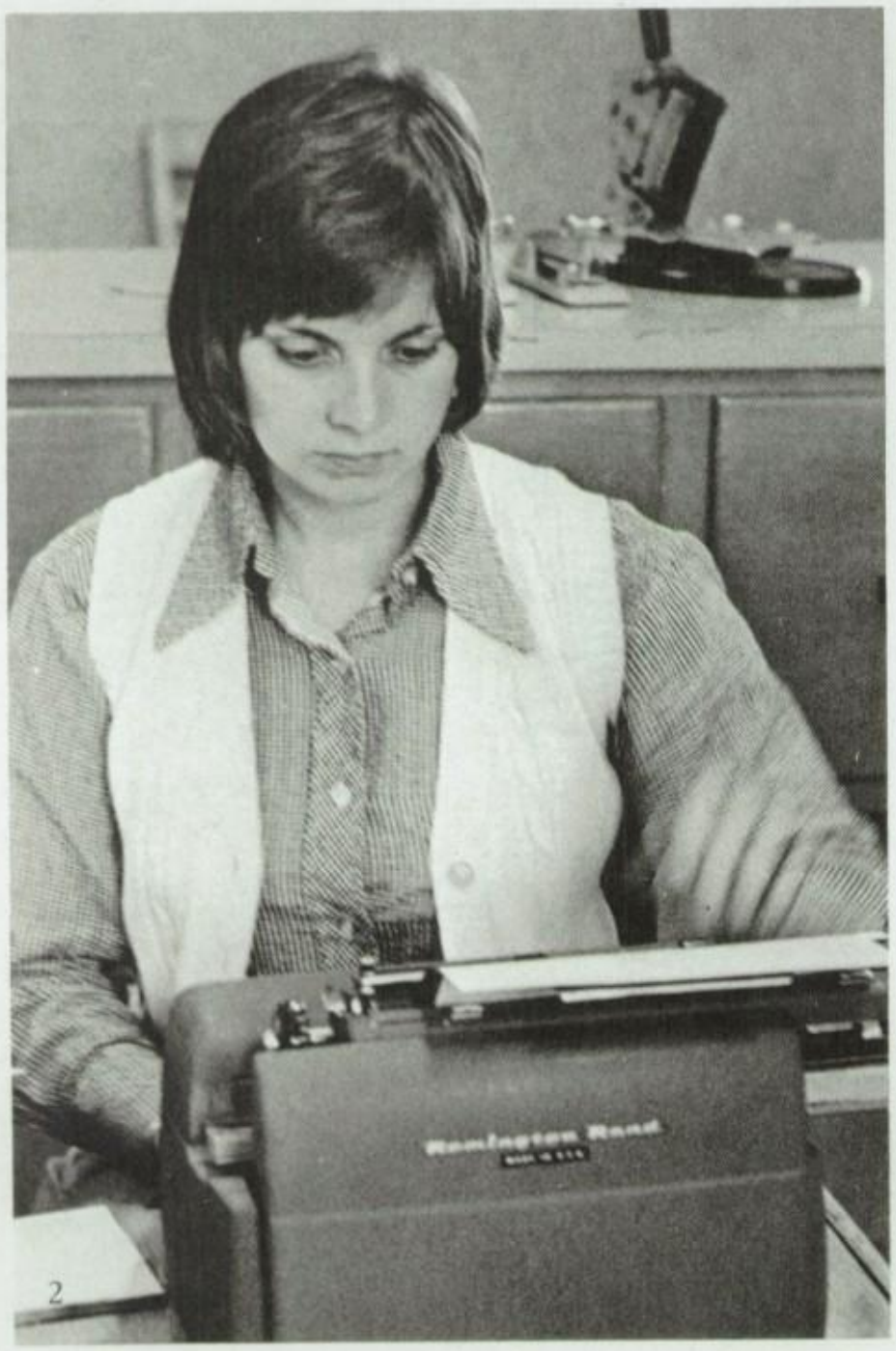

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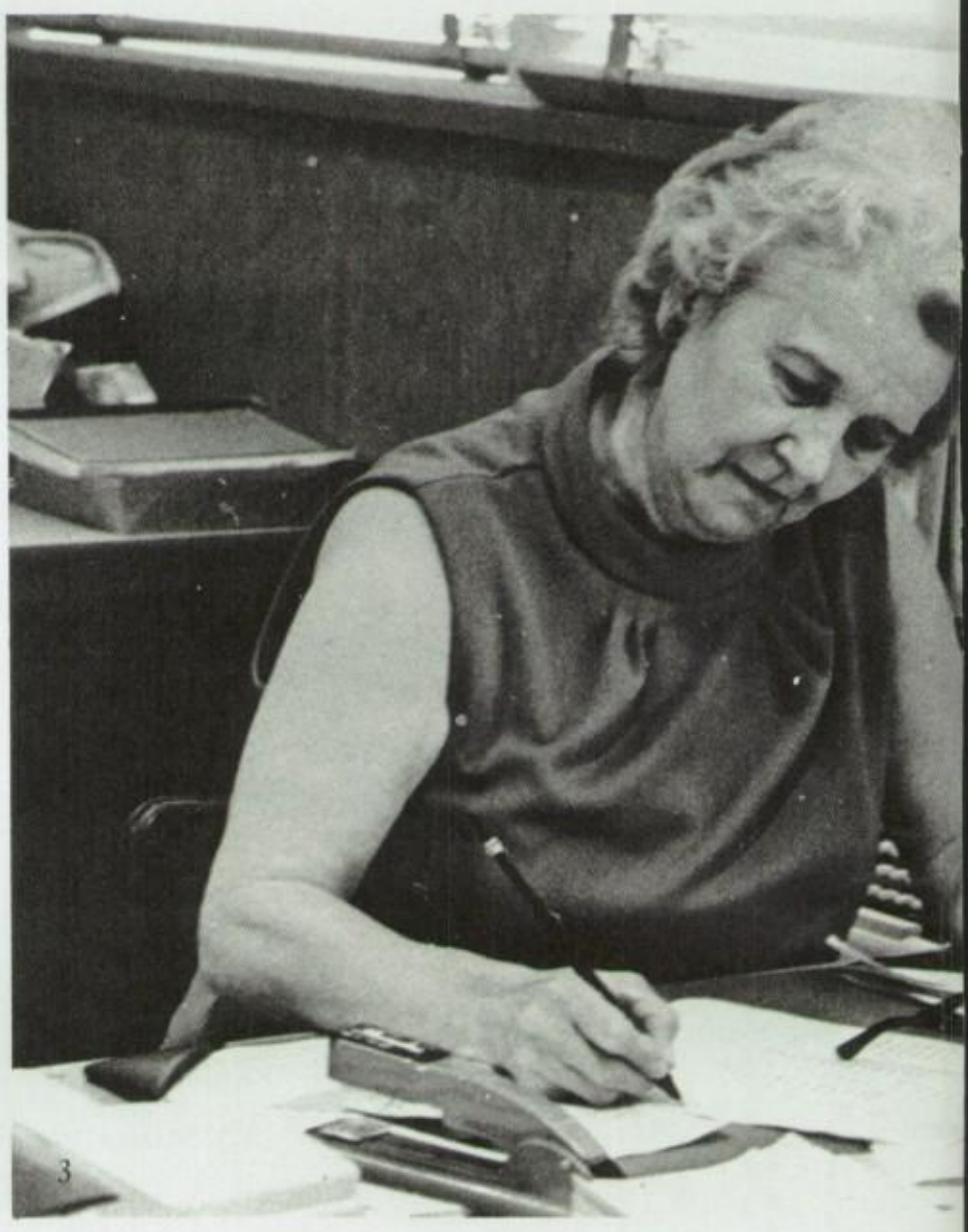

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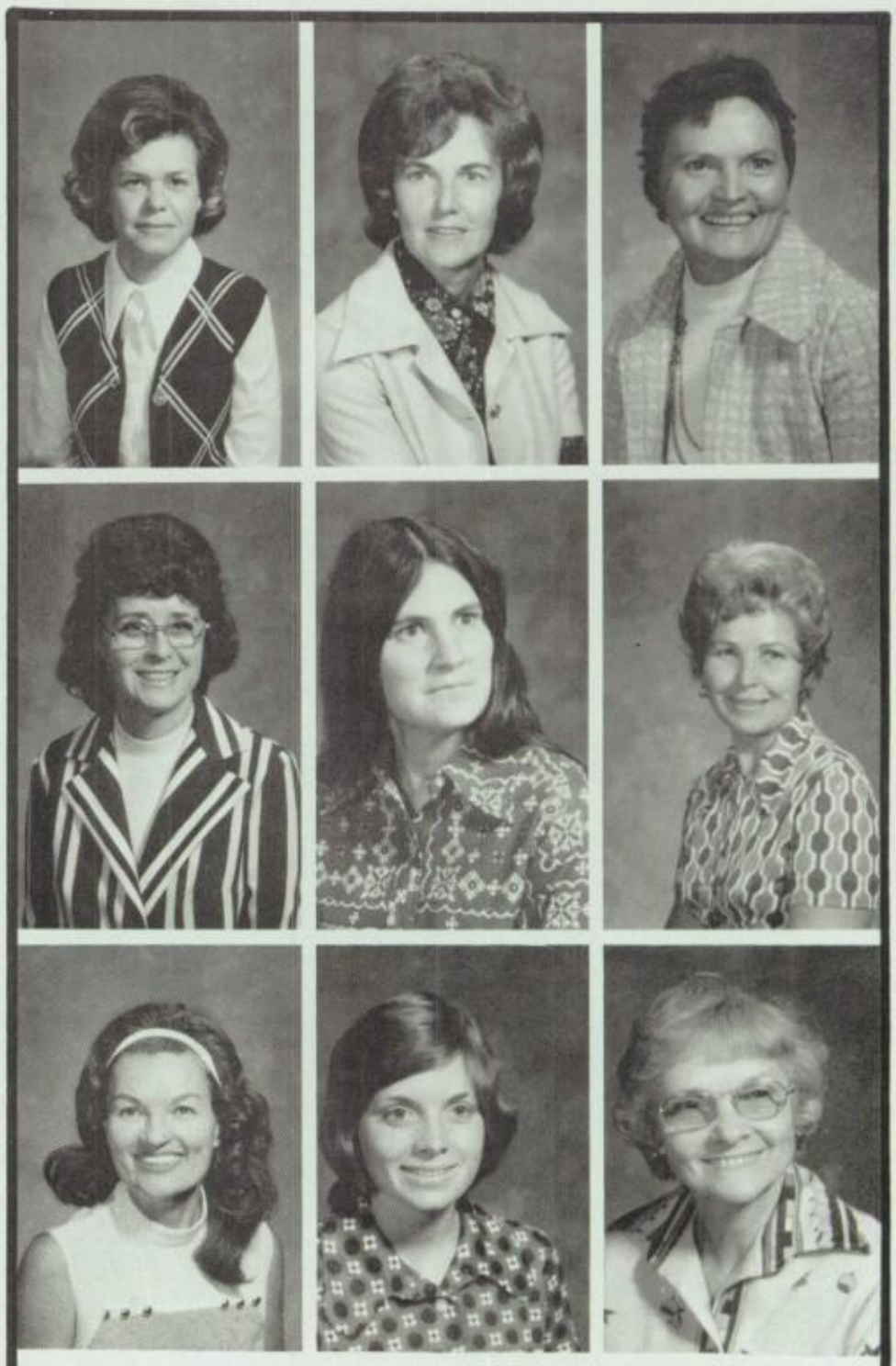
1. Ms. Addie Richardson and Ms. Roberta Strom working busily. 2. Ms. Nancy Lloyd types out the daily bulletin. 3. Ms. Ann Strohm works on checking the attendance records. 4. Ms. Gloria Bray finishes filing.

GOODYEAR



Ms. Laura Bergmann, Principal's Secretary
Ms. Gloria Bray, Deans' Secretary
Ms. Jean Christian, Deans' Secretary
Ms. Faye Davis, Library Assistant
Ms. Carol DeMaria, Vocational Clerk
Ms. Nancy Lloyd, Attendance Clerk
Ms. Pat Kintz, Supply Clerk
Ms. Sue Mosher, Matron
Ms. Addie Richardson, Counseling Secretary

Ms. Meda Schultz, Student Store Clerk
Ms. Ann Strohm, Head Attendance Clerk
Ms. Roberta Strom, Registrar

1. Custodian Harry Kimlin pushes the trash cans on campus. 2. Custodian Ray Greenman sets up archery targets for Girls' P.E. 3. Geneva Pool mixes batter for rolls. 4. Carolyn Marshall, Joyce Bankhead, and Doris Costa use the new conveyor belt to pack lunches for seven elementary schools. 5. Myrtle Morse mixes egg for the egg sandwiches.

Ms. Audrey Hill

Ms. Joan Hosier

Ms. Mert Morse

Ms. Pat Okleberry

Ms. Geneva Pool

Ms. Erma Reese

Ms. June Roberts

District enlarges Arroyo kitchen

Because of the rise in food prices and the cost of labor, the kitchen at Arroyo has been enlarged to serve seven schools in the area.

"Presently we are delivering 600 lunches a day to those schools. We hope to be delivering 1,000 lunches a day in the future," stated Mrs. Audrey Hill, cafeteria manager.

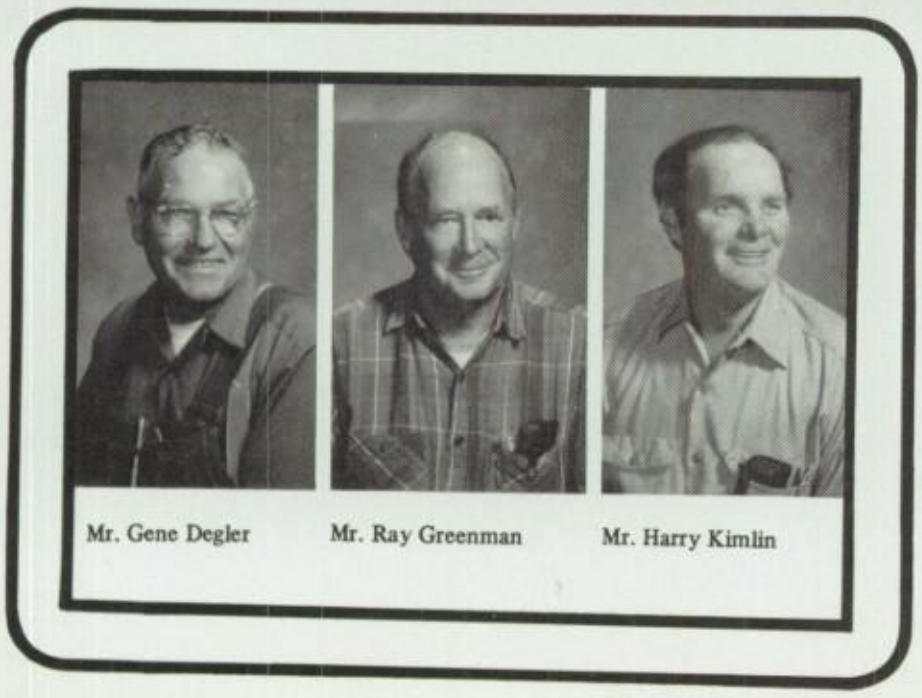
To meet the demand, Arroyo received three ovens, a vertical cutter (for making salads), a cookie machine, and a conveyor belt. The kitchen was enlarged into the teachers' lunchroom to accomodate the cookie machine and other accessories.

All additions were paid for with federal aid and district grants.

The custodians do all of the tasks which are needed to keep the school in condition including painting, putting up archery targets, and repairing or restoring what vandals do.

According to Mr. Carl Cuddihy, custodial manager, there have been excessive amounts of vandalism this year.

He stated, "We've had a lot of trouble this year due to vandals. I would think that the kids could handle the urge to destroy by now."



Mr. Gene Degler Mr. Ray Greenman Mr. Harry Kimlin

GOODYEAR

Faculty

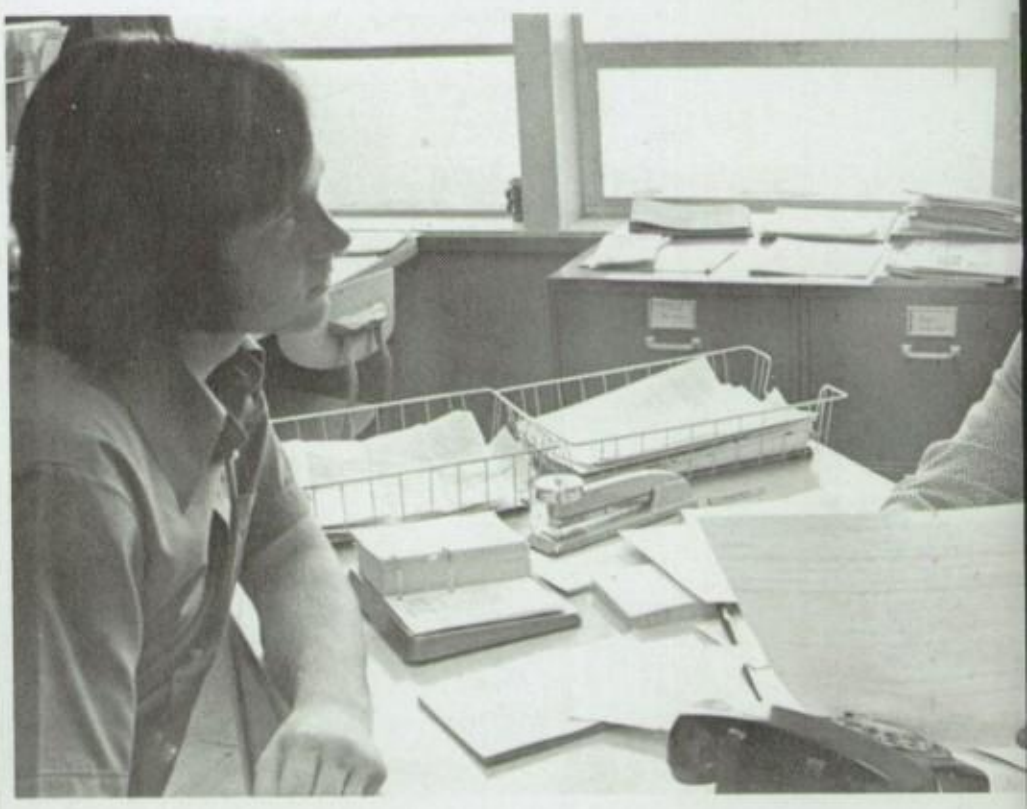
Mr. James Boynton,
Counselor
M.A., San Jose State

Mr. Ben Faulman,
Head Counselor
M.A. College of the Pacific

Mr. Norman Hanson,
Counselor
M.A. University of Oregon

Ms. Beverly Smith,
Counselor
M.A. University of California

Ms. Sally Vilas,
Librarian
B.A. San Jose State



Boynton assumes counseling role, Library seeks improved funding

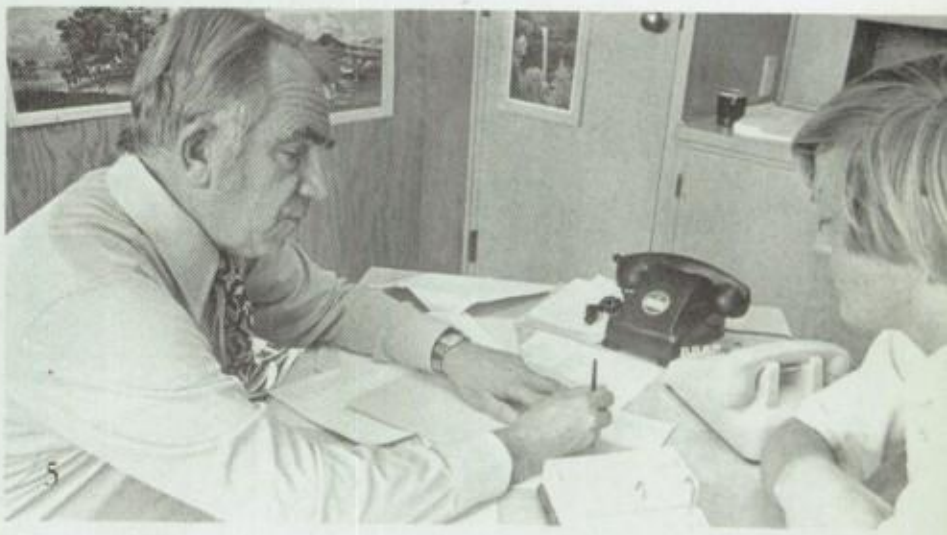
Mr. James Boynton took over as counselor from Ms. Jo Workman in June 1974. She had been at Arroyo for 14 years.

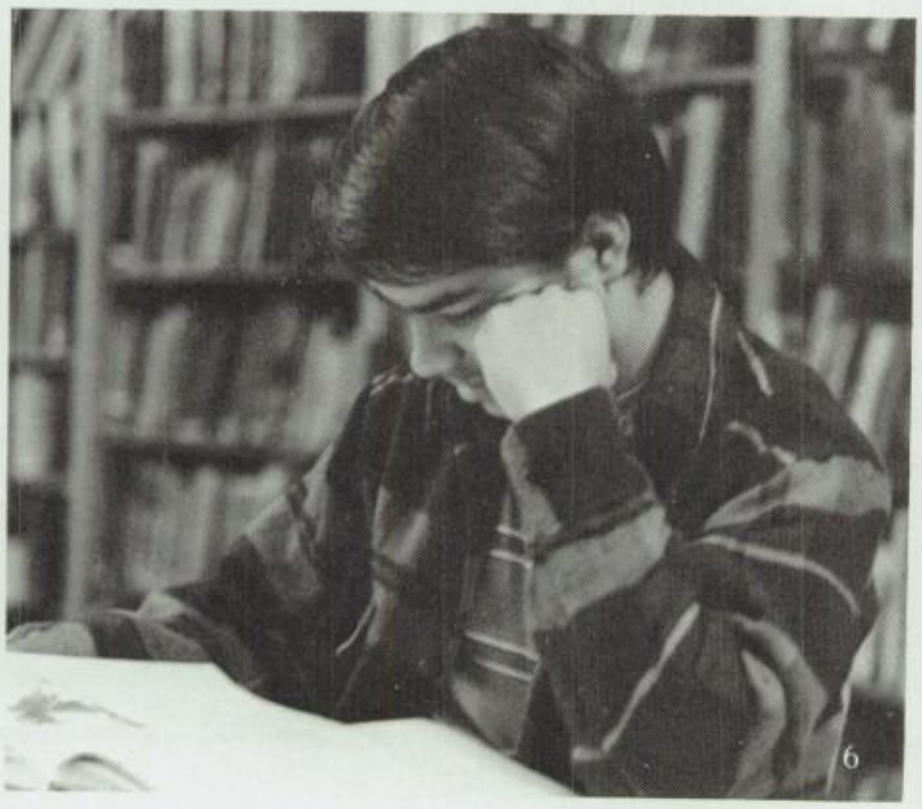
"It was relatively a good, productive year in counseling as far as student relations is concerned," stated Head Counselor Ben Faulman.

Mr. Ben Faulman and his co-workers, Ms. Bev Smith, Mr. Norman Hanson, and Mr. Boynton tried to get to know each individual student. "Our main goal this year was to try to get to know each student better," stated Faulman.

Mr. Hanson, vocational counselor, stated about the career center, "We would like to bring in a wider choice of speakers from the armed forces and vocational training areas. We would also like to have more film strips, movies, to acquaint the students with the world of work."

The library, headed by Ms. Sally Vilas, had the same problem as last year—money. "Without funds from the district, you can't improve student services such as the library and career center." Ms. Vilas went on to say, "I would like to see much more money spent on tapes, records, and microfilm for the library so that students can learn and have fun at the same time."

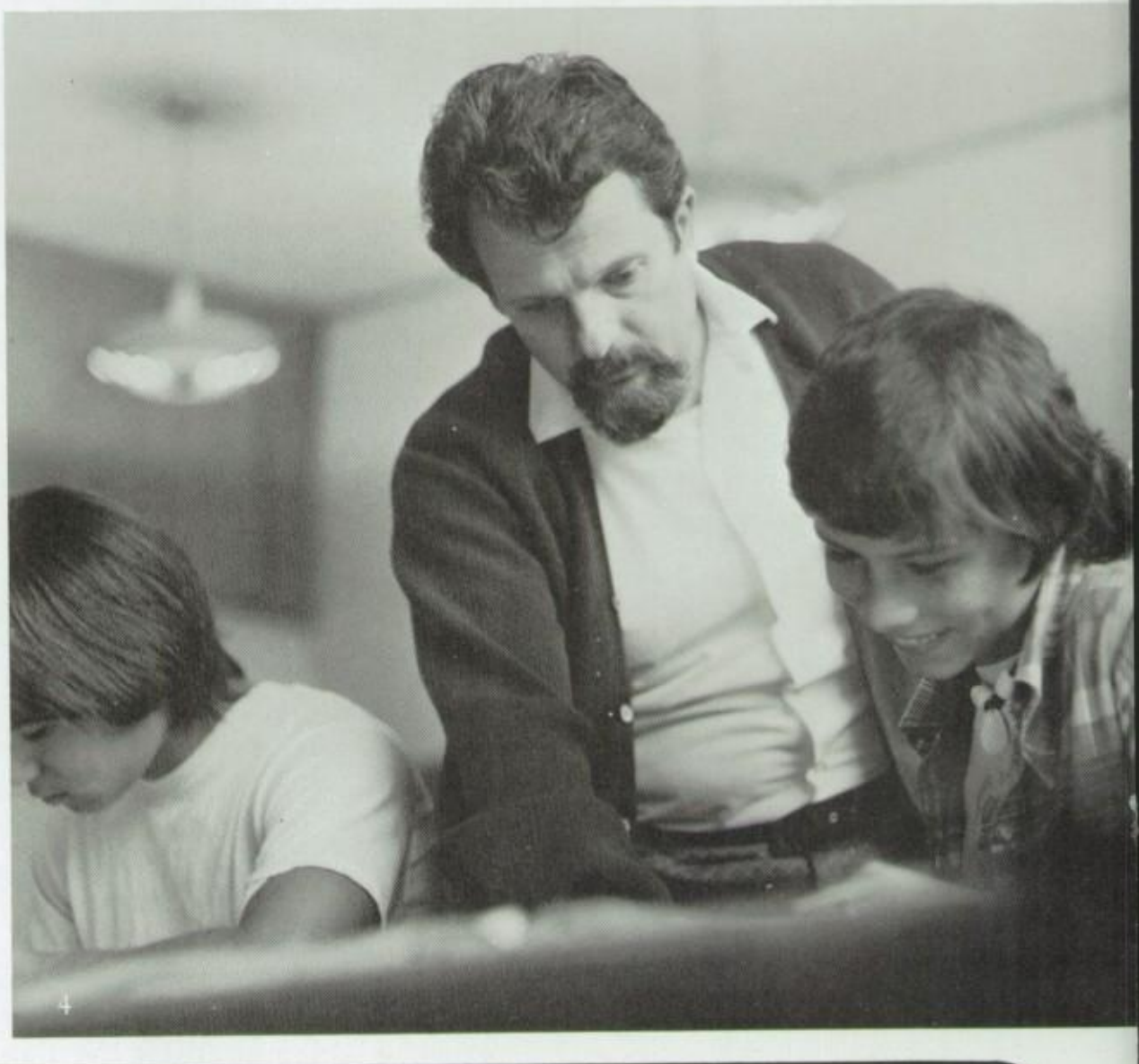




1. Ms. Beverly Smith asks what Kathy Ahern, Helga Schultze, Kay Kesterson, Bob Bannwarth, Tim Scott, and Gary Voecks did during summer vacation. 2. Mr. James Boynton confers with Jeff Ferguson. 3. Ms. Beverly Smith discusses classes with Linda Weber. 4. Head Counselor Ben Faulman discusses the coming events with a student. 5. Dave Dalton admires a book in the library. 6. Mr. Norman Hanson talks about different vocations with Tom Plotz.

GOODYEAR

1. Ms. Joyce Blume explains to Matthew Delaune what his assignment is for the day. 2. Jill Currier and Kay Kesterson joke along as Mr. Jackson watches. 3. Mr. Peter Wells pauses after class. 4. Mr. Louis Jackson helps Christine Sheehy while Ken Chunfat concentrates on his work. 5. Ms. Blume corrects Scott Pimley's work. 6. Mr. Richard Tandowsky finishes a discussion with a student.



Faculty

Ms. Joyce Blume,
M.A. University of Tulsa
English Review, English 1-2,
Man and Gods

Ms. Harriet Ham,
B.A., University of
South Carolina
Reading Lab B

Mr. Quentin Hunter,
B.A., Brigham Young Univ.
English 3-4, English Review,
Literature of Suspense

Mr. Louis Jackson,
B.A., San Jose State
English 3-4, Creative Writing

Mr. Louis Jackson stated, "English is based around all courses of study. We use it for all our life to communicate and understand each other."

Articulation meetings with junior high and neighboring high schools marked this year's English area activities. Mr. Richard Tandowsky, area chairman, attended these meetings in order to formalize English instruction in the district.

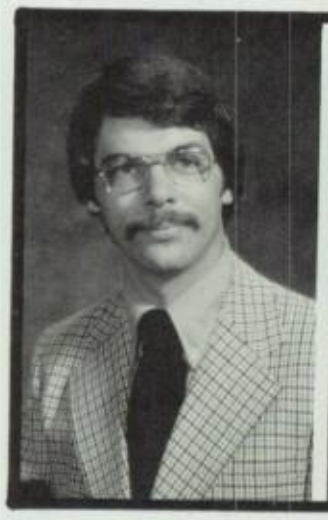
The English area also began plans to formulate a new elective system on the sophomore level for the 1975-1976 school year. "This will help the students in learning the basic skills in completing in high school before graduation," stated Mr. Tandowsky.

Two teachers in the area received funding for innovative projects from the school district. Harriet Ham was given $164.00 for remedial reading improvements. Journalism adviser Richard Lloyd was given $400.00 to use for broadcast news production and graphic arts instruction in journalism and publications.

English receives innovative funds

GOODYEAR

Faculty



Mr. Richard Lloyd,
B.A., U.C. Berkeley
Director of Student Activities,
Journalism 1-4,
Publications 1-4

Mr. Richard Tandowsky,
Area Chairperson,
B.A., U.C. Berkeley
English 1-2,
Composition Workshop

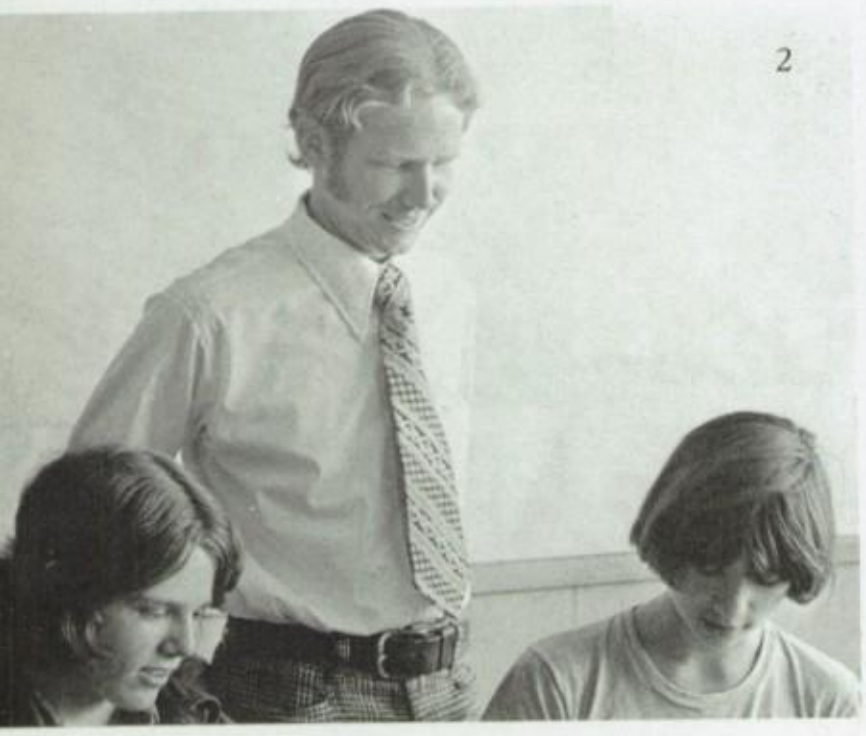
Mr. Jerrold Wergeland,
B.A., Univ. of Washington
English 1-2, Communications Workshop, Argumentation and Persuasion

Social science — special projects involve students

"Social studies is taught to prepare students for a complete and productive life in the adult world," stated area chairperson Vicki Bissell.

"Social studies is a constantly changing subject and we are always looking for new and exciting ways to present it," added Ms. Bissell. Instructors used simulation games and special projects, such as Mr. Remington's "College Bowl" and Ms. Bissell's "Open Classroom" to illustrate points. Department teachers preferred not to teach materials "straight from the book." These projects helped students get involved so that they would be able to live effectively in a democratic society.

"Despite the general disillusionment Arroyo seems to be experiencing, the students here are very co-operative and helpful," concluded Ms. Bissell.



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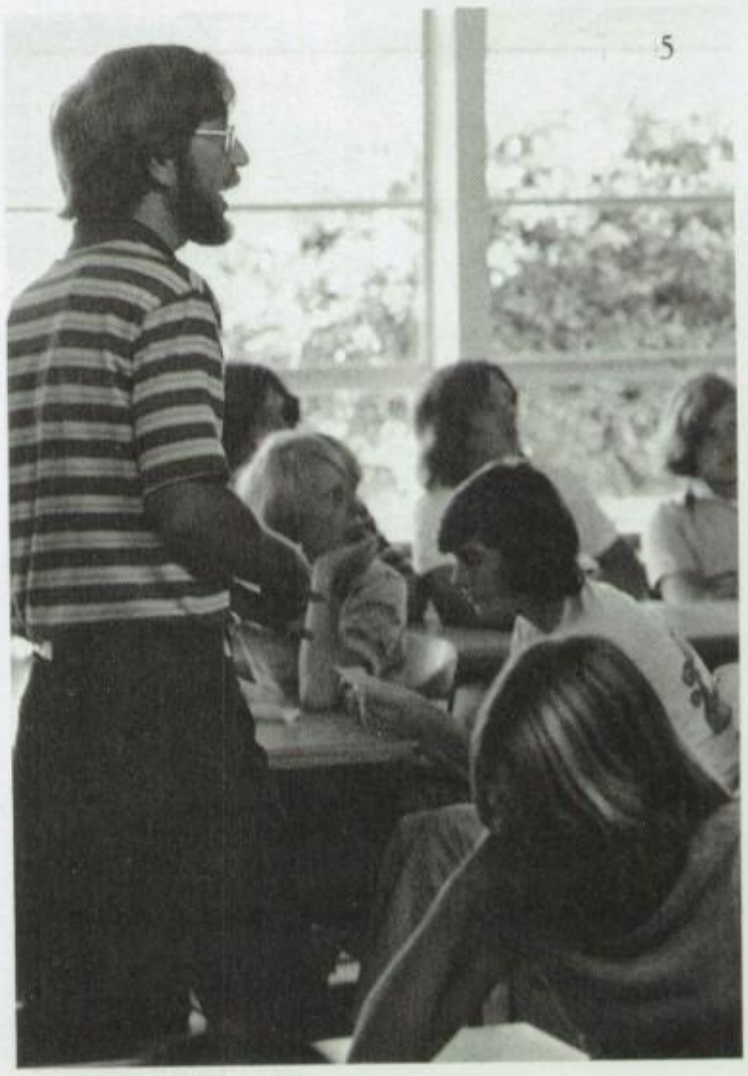

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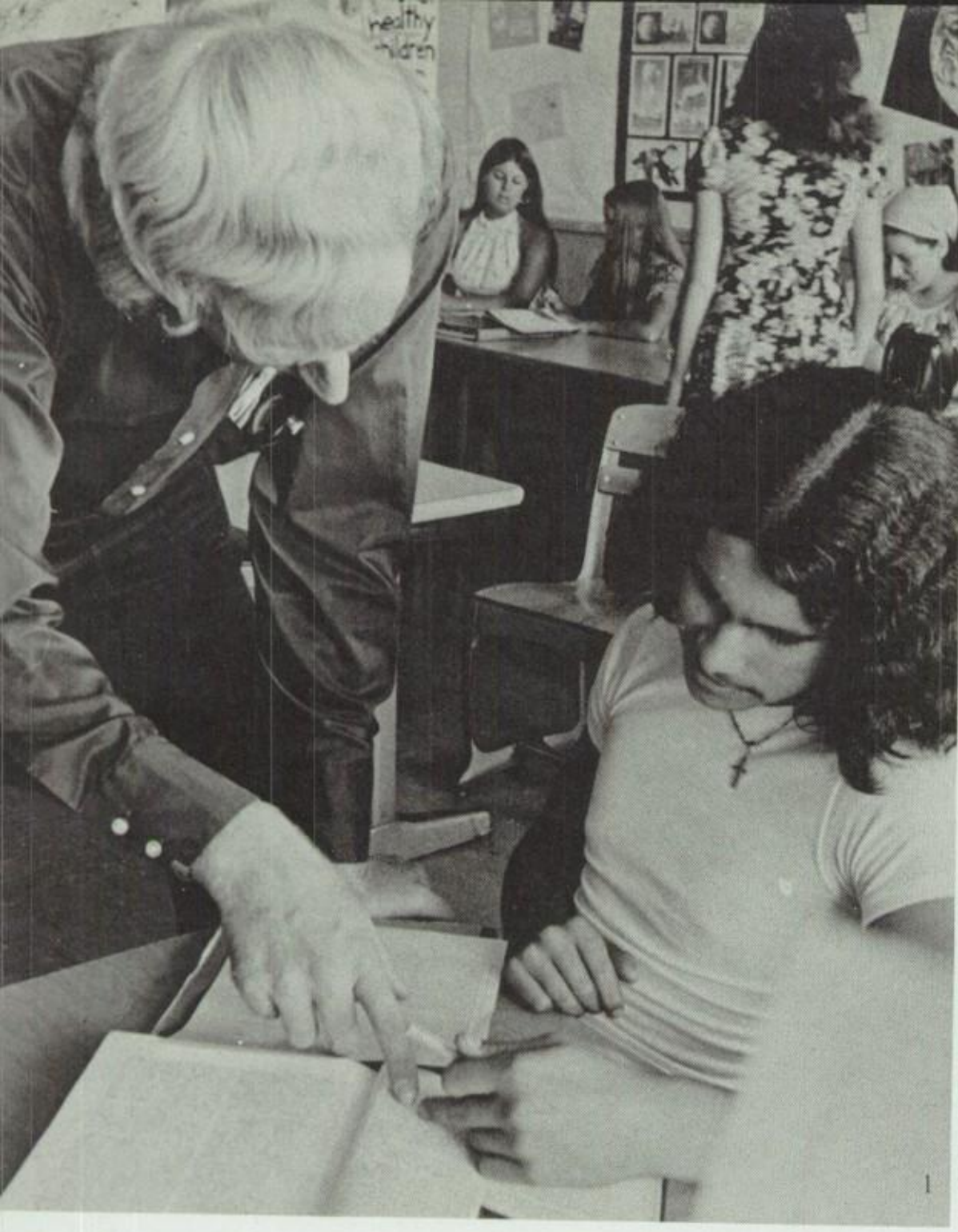
1. Mr. Ken Weissenborn explains the day's lesson to Martin Romero in U.S. history. 2. Mr. Pat Faeth smiles as he watches Mike Bensen and Bob McDaniel prepare reports. 3. Mr. Thomas McNamara illustrates an idea as Corrinne Reyes watches. 4. Ms. Vicki Bissell emphatically explains the rights of women voters. 5. Mr. John Shanteau instructs his class on communism.

GOODYEAR



Faculty

Mr. Millard Billings,
B. A., Chico State College
Fam. Liv. 1, Soc. St. 1 M

Ms. Vicki Bissell,
B. A., U.C. Berkeley
Am. Govt., U.S. Hist.

Mrs. Mary Camezon,
B.A., Univ. of Wash.
Min. Hist., Ancient Hist.

Mr. Patrick Faeth,
B. S., Cal State, Hay.
Social Studies 1-2 M

Mr. George Hubert,
M. A., San Francisco State
Driver Ed., B.P.E.

Mr. Thomas McNamara,
B. A., San Francisco State
Social St., S. B. Finance

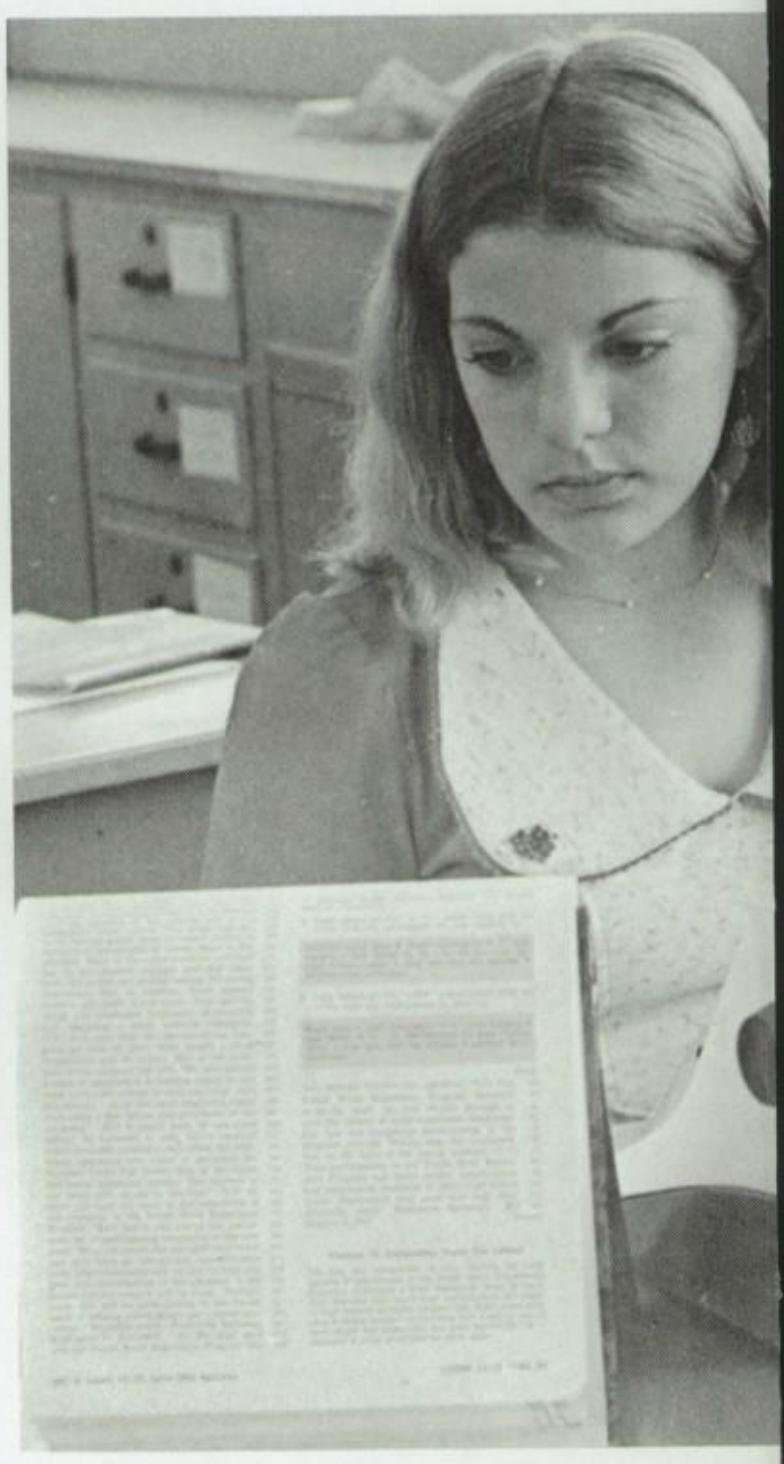
Mr. Earl Remington,
M. A., Cal State, Hay.
U. S. Hist., Min. Hist.

Mr. John Shanteau,
B. A., San Jose State
U. S. Hist., Soc. St.

Mr. Gregg Shephard,
B. A., Sonoma State
Am. Govt., Psychology

Mr. Thomas Sheridan,
B. A., St. Mary's College
Soc. St. 1-2, B. P. E.

Mr. Ken Weissenborn,
B. S., Cal State, Hay.
U. S. Hist., B. P. E.



1. Dawn Heath, Mary Emmons, and Sandy Kleinman concentrate on assignments in office machines. 2. Mr. Verl Thornock pauses to answer a student's question. 3. Vicki Stamaglia pauses to find her place while typing. 4. Bruce Santos intently reads his English assignment. 5. Ms. Vi Giblin explains homework assignment to Al Rivera, Ron Compton, and Ira Wallace. 6. David Miranda races to finish his test before the bell rings.

Faculty

Ms. Marian Bonwell,
M.A., U.S.C.
Medical-Legal,
Shorthand

Mr. Dennis Powell,
B.A. Univ. of San Francisco
Business Communications,
Typing,
English 1-2

Mr. DeWand Skeen,
M.A., San Francisco
State, Business
Communications,
Office Machines,
Record Keeping

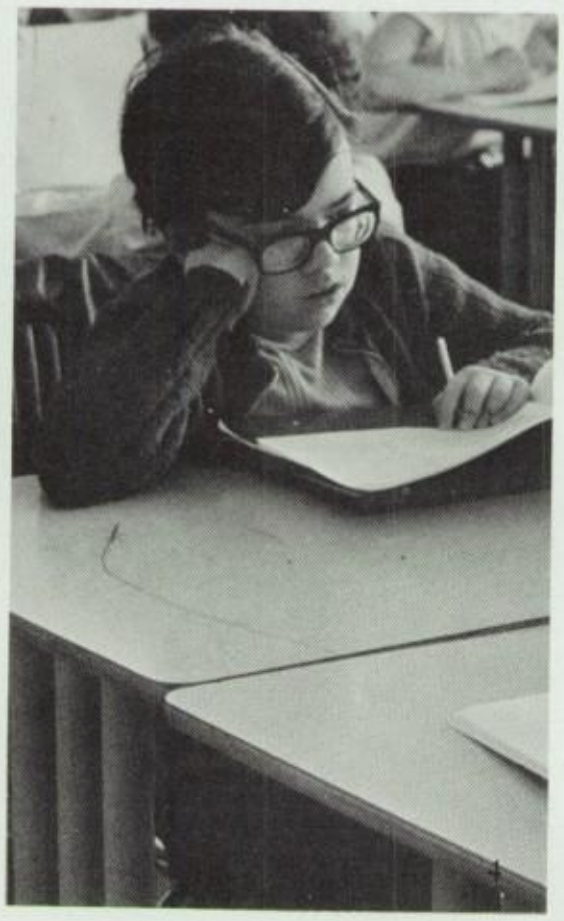
Ms. Lois Summersett,
Area Chairperson
B.A., Fresno State
General Office Clerical,
Typing 1

Mr. Verl Thornock,
B.S., University of Idaho
Accounting, Typing
Boys' P.E. 1-8

Mr. William Vickers,
M.A., San Jose State
Typing 1-3

Business, Special education areas feel improved finances would aid departments

3



"Improvements could be made at Arroyo if more money was available," stated Ms. Lois Summersett, business area chairperson.

Ms. Summersett worked this year to offer outside work experience programs which would enable students to be out in the community, working while attending school.

Other improvements in the area were a $15,000 R.O.P. expenditure for typewriters in Ms. Marian Bonwell's medical legal classes.

"The goal of special education is to involve the physically handicapped students at Arroyo in a regular school program," stated Ms. Vi Giblin, one of the special ed teachers.

The special ed program included eleven physically handicapped students, two of whom are in the regional occupational program.

According to Ms. Giblin, the special education program benefits not only the handicapped, but all the students of Arroyo. "Involving the physically handicapped students into Arroyo's schedule makes students realize that the handicapped are people too."

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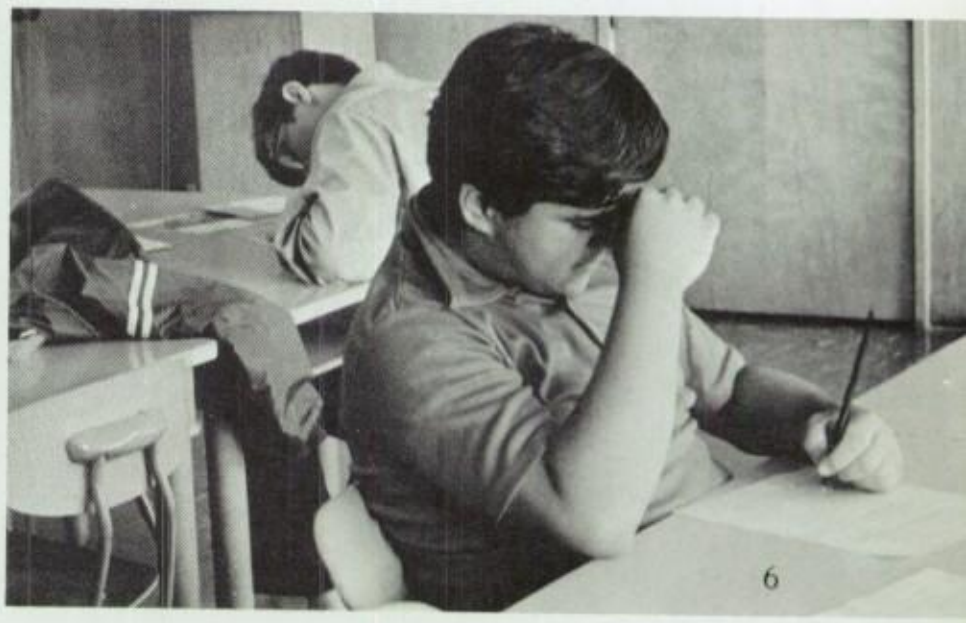

6

Faculty

Ms. Dorotha Birkland,
M.A., San Jose State
Special Education

Mr. Mike Bowers,
B.A., Chico State College
Special Education

Ms. Maria Ferenczy,
R.N., in Hungary

Ms. Vi Giblin,
M.A., Boston Univ.
Special Education

Faculty

Mr. Eldred Adams,
B.A., Fresno State,
Arts, Metals, and Plastics,
Social Studies Area

Mr. Michael Giorsetto,
B.A., San Jose State
Area Chairman
Basic Mechanical Drawing
Mechanical Drawing 2a
Advanced Industrial Draft

Mr. Mitchell Hoag,
Univ. of North Colorado
Basic Electronics 1,
Electronics 2a,
Business Education Area

Mr. George McGue,
B.V.E., S.F. State
Basic Metals,
Machines 1-4,
Basic Industrial Ed. 1

Mr. Bob McKim,
M.A., Chico State
Auto 1-6

Ms. Yvonne Birbeck,
B.A., San Jose State
Needlecraft, What's New,
Foods With a Flair,
Freshman English

Faculty

Ms. Margaret McMeekin,
B.A., Cornell
Area Chairman
What's New 2,
Bachelor Living

Lack of money stops vocational class expansion

"Lack of money is keeping us from being able to expand the activities within our shop classes," said Mr. Michael Girosetto, head of the industrial education department. In spite of the financial problems, plans are being made district-wide for changes in the machine and auto shop programs.

Mr. Eldred Adams offered a one semester class of basic industrial education. The students in this class switched with the students in Mr. George McGue's basic metals class. "The basic industrial education class introduces wood, plastic, leather, metal, and laminating to the students," stated Mr. Adams.

Mr. Mitchell Hoag taught a new course on theory and servicing of color televisions. "My junior and senior R.O.P. classes are really interested in learning about color televisions," said Mr. Hoag.

"We are definitely in a financial bind," stated Ms. Margaret McMeekin head of the home economics program. "With old equipment and inadequate teaching materials we are limited to what we can teach the students," said Ms. McMeekin.

"Because of inflation, I am trying to stress the importance of consumer buying," replied Ms. McMeekin. Students have to be aware of the high prices and become wise shoppers.

Ms. Yvonne Birbeck became the new home economics teacher this year.

Together Ms. McMeekin and Ms. Birbeck are in the stages of a proposal on getting a new class started for next year. The class would cover landscaping and plant life. Campus improvement would be the main goal of the class.

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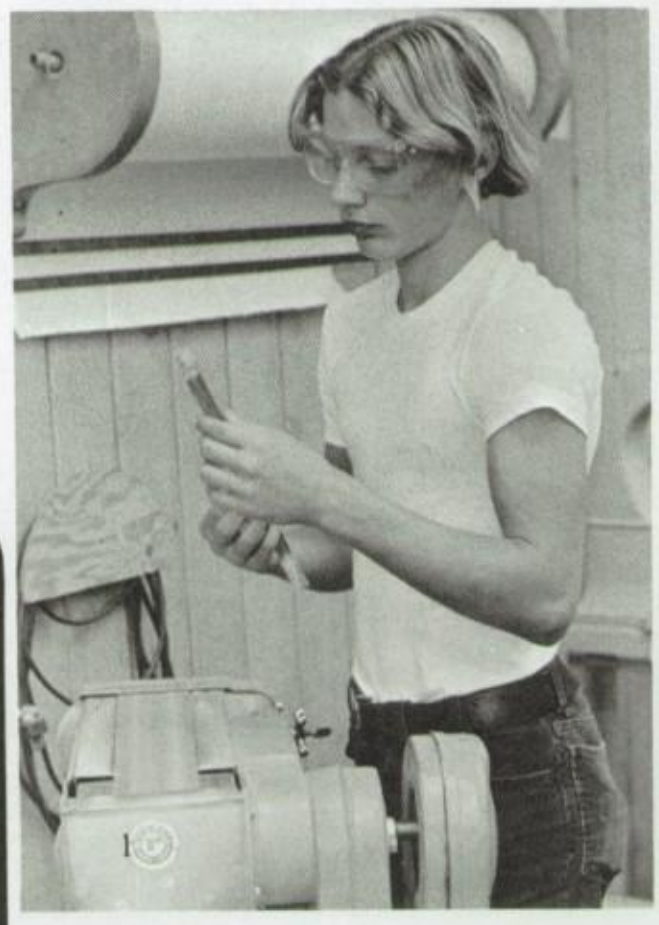

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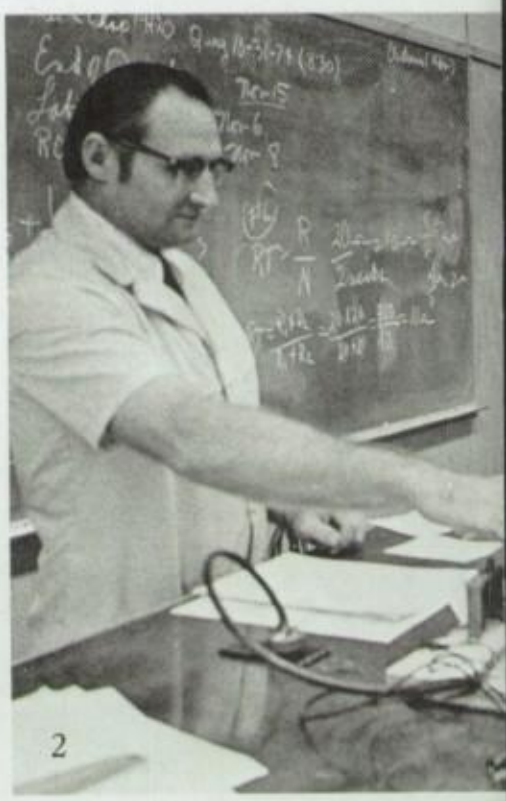

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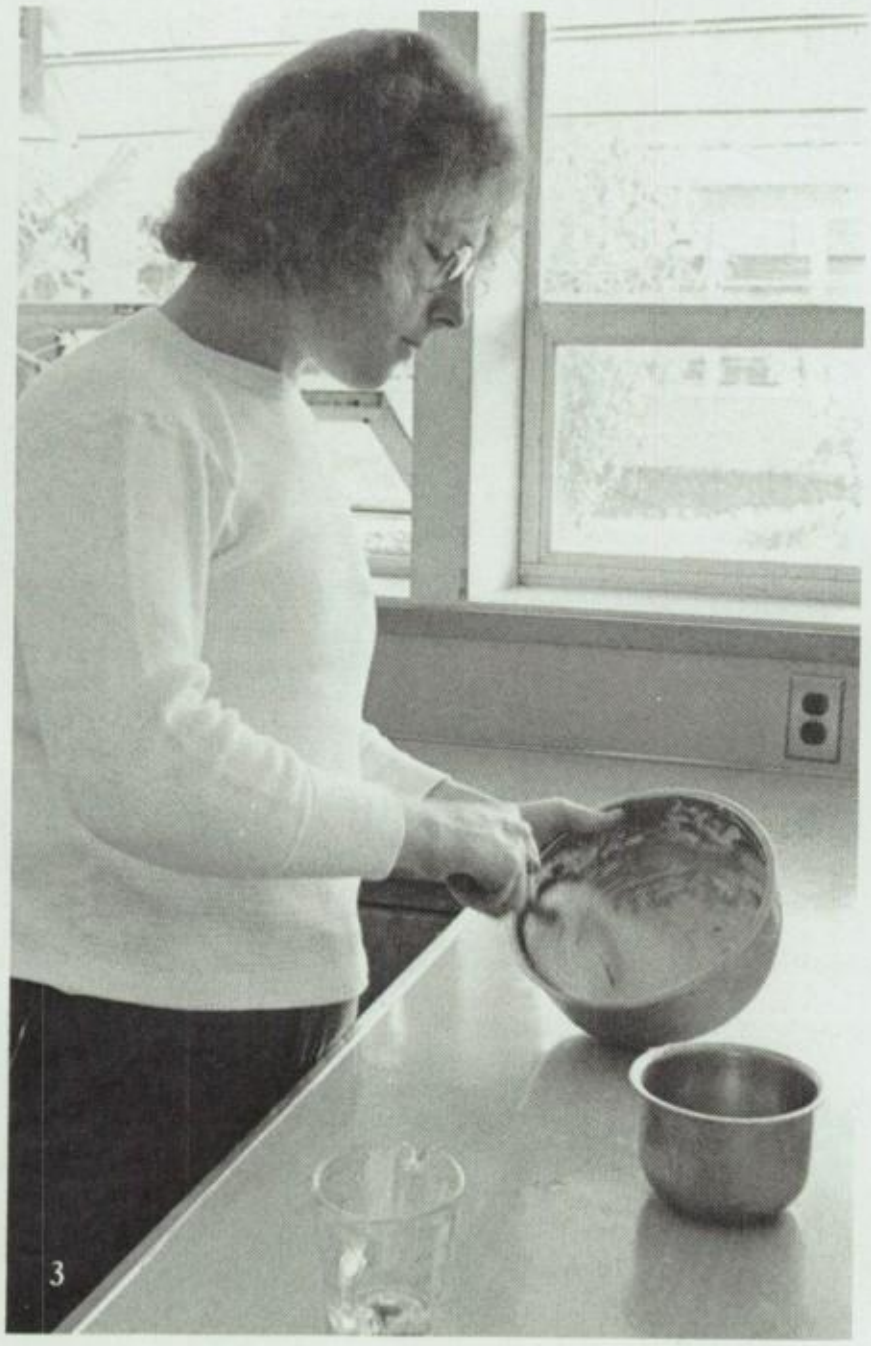


GOODYEAR

1. Dennis Hamilton sands his spice rack. 2. Mr. Mitchell Hoag helps Mark Shinn power a light circuit. 3. Dave Okelberry whips up a batch of biscuits. 4. Mark Carter watches Leo Stefani wire a buzzer circuit. 5. Ms. Margaret McMeekin helps Mike Krantz frost cookies. 6. Janet Giamdastiani works steadily on drafting. 7. Sonia Siroy, Patty Brown, and Cindy Blanchard concentrate on sewing.

Arts, languages stir creativity in students

Mr. Bill Field, multi-language teacher, said he likes to think along the lines of Ludwig Wittgenstein, "The limits of my language mean the limits of my world." Mr. Field implements this philosophy with his students in their everyday work.

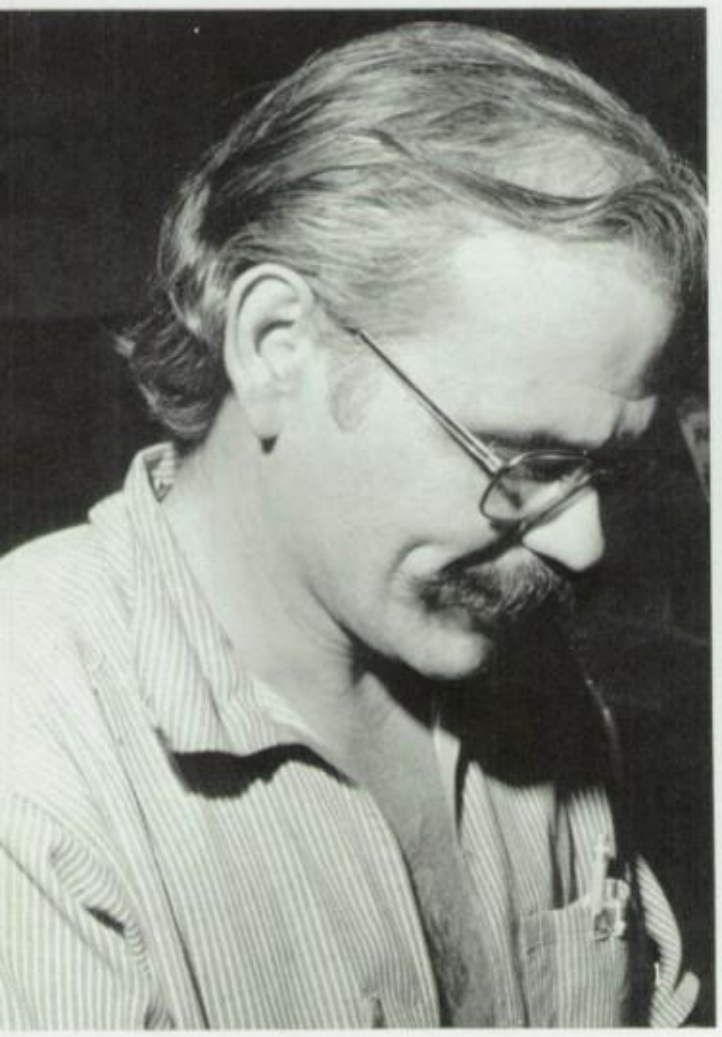
Students learn that they can't afford not to do their work in Mr. Field's class. They are left completely on their own. They learn that if they don't do their work they will fall too far behind to catch up.

Mr. Field feels this course gives students a chance to get ahead. Normally these languages are only offered in college.

Arroyo has other foreign language teachers. Ms. Helene Powell, Spanish and French teacher, and Mr. Peter Wells, German teacher, also stress the importance of knowing a foreign language.

Ms. Powell, area chairperson, feels that students taking foreign language classes find it to be very rewarding. She feels that not only are they learning another language but they are getting a good picture of how other people live around the world. She says that being able to communicate in other languages gives them a broader view of the world that they live in.

GOODYEAR



1. Mr. Wayne Ward smiles as he listens to students read through parts in "The Curious Savage." 2. Mr. Bill Field reviews grades for the quarter. 3. Terry Kreidler and Cora Perry study Spanish assignments. 4. Ms. Doris Gorman helps Susan Bennett with embroidery. 5. Mr. Charles Runyon instructs Ron Mettler in the correct lettering techniques.

Faculty

Mr. Bill Field,
M.A., Univ. of Madrid
Multi-Lang., English,
Spanish 1-2

Ms. Helene Powell,
B.S., U.C. Berkeley
Area Chairperson,
French 1-4, Spanish 1-10

Mr. Peter Wells
B.A., U.C. Berkeley
German 1-8, English

Mr. Glen Campbell,
B.S., S.F. State College
Instrumental Technique,
Stage Band, Orchestra,
Advanced Band

"I like Arroyo better than most of the high schools I've seen," stated Mr. Glen Campbell, who took over the instrumental technique, stage band, orchestra and advanced band classes this year. Mr. Thomas Phillips, last year's teacher in these courses, is now the district music coordinator.

Mr. Doyle West was the concert choir and girls chorus teacher.

The art department has helped broaden many students appreciation of beauty. Ms. Doris Gorman, art teacher, feels that art gives students a great opportunity to express themselves. "It gives students a broader understanding of arts.

"Appreciation of their own work broadens their aesthetic values," stated Mr. Charles Runyon, art and photography teacher. Mr. Runyon taught his students a variety of things, such as painting, drawing, commercial art, designing, and art history. Mr. Runyon was department chairman.

Under the direction of Mr. Wayne Ward, the dramatics area presented a play called "The Curious Savage." Mr. Ward also planned to present a spring play featuring "promising actors and actresses."

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Faculty

Ms. Doris Gorman,
M.S., Kennedy Univ.
Art 1-2,3-4, Jewelry,
Ceramics, Learning

Mr. Charles Runyon,
B.A. California College
of Arts and Crafts
Photo 1-4, Art 1-8

Mr. Wayne Ward,
B.A. S.F. State
Literature of Suspense,
Drama 1-2, 3-4

Mr. Doyle West,
B.S. Utah State
Concert Choir, Girls' Choir

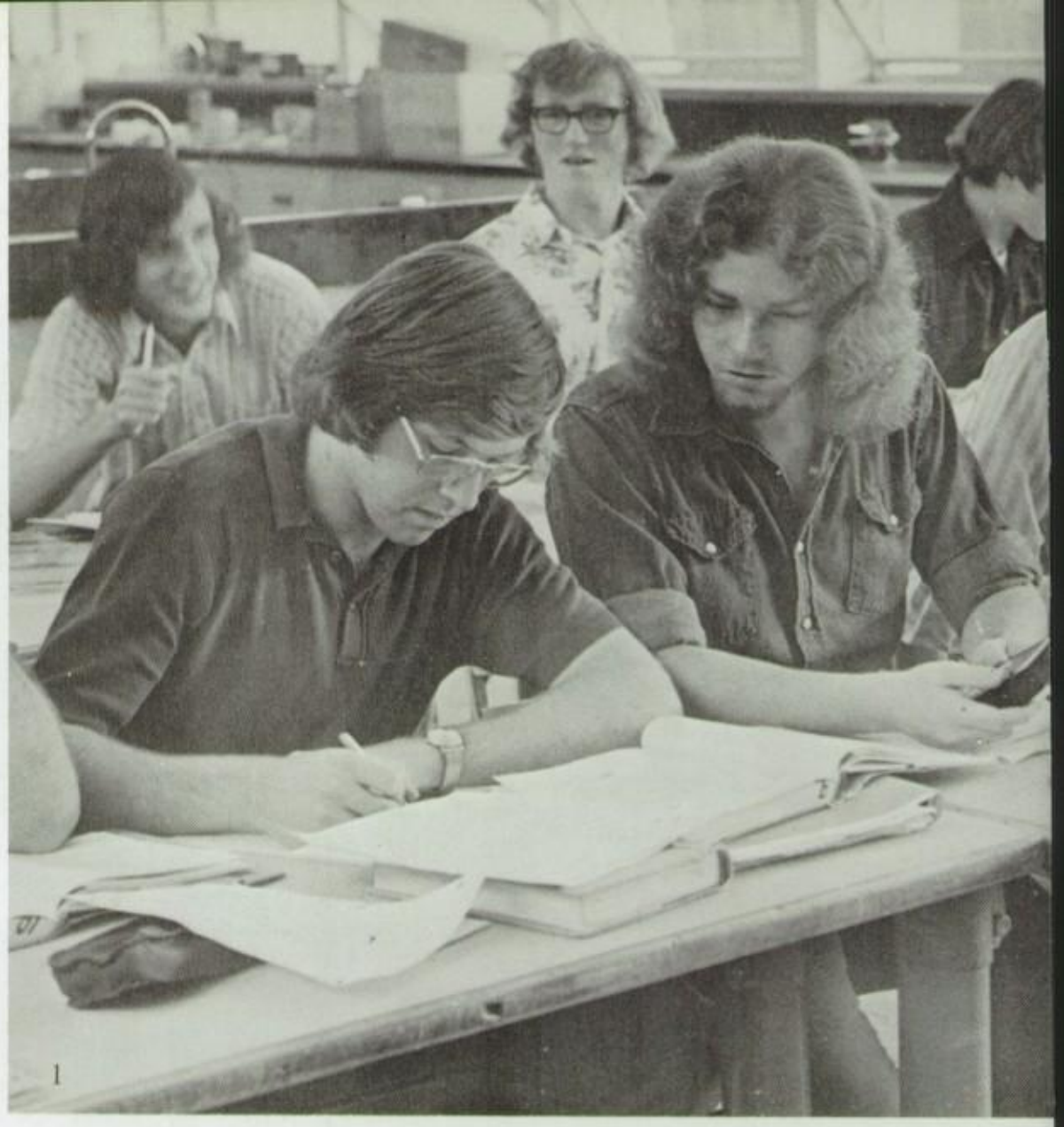
Recent additions spark science, math areas

Mr. Albert Fourmy, Marina High School teacher, has taught a physics class here at Arroyo. When asked about our school, he stated, "I believe that the environment here is generally better than in other schools, although the lab equipment here is not as good compared to the schools in the area."

Ms. Lois Roach, science area chairperson stated that the science department looked for new earth science and human biology books to replace current outdated materials.

Physiology and chemistry classes worked on new laboratory experiments, such as the chemical components of a cell and introductory surveys on the chemical properties of fats, proteins and carbohydrates.

Mr. Frank Casson, math area chairperson, decided to replace the slide rules with electric calculators since they are becoming more widely used than slide rules these days.



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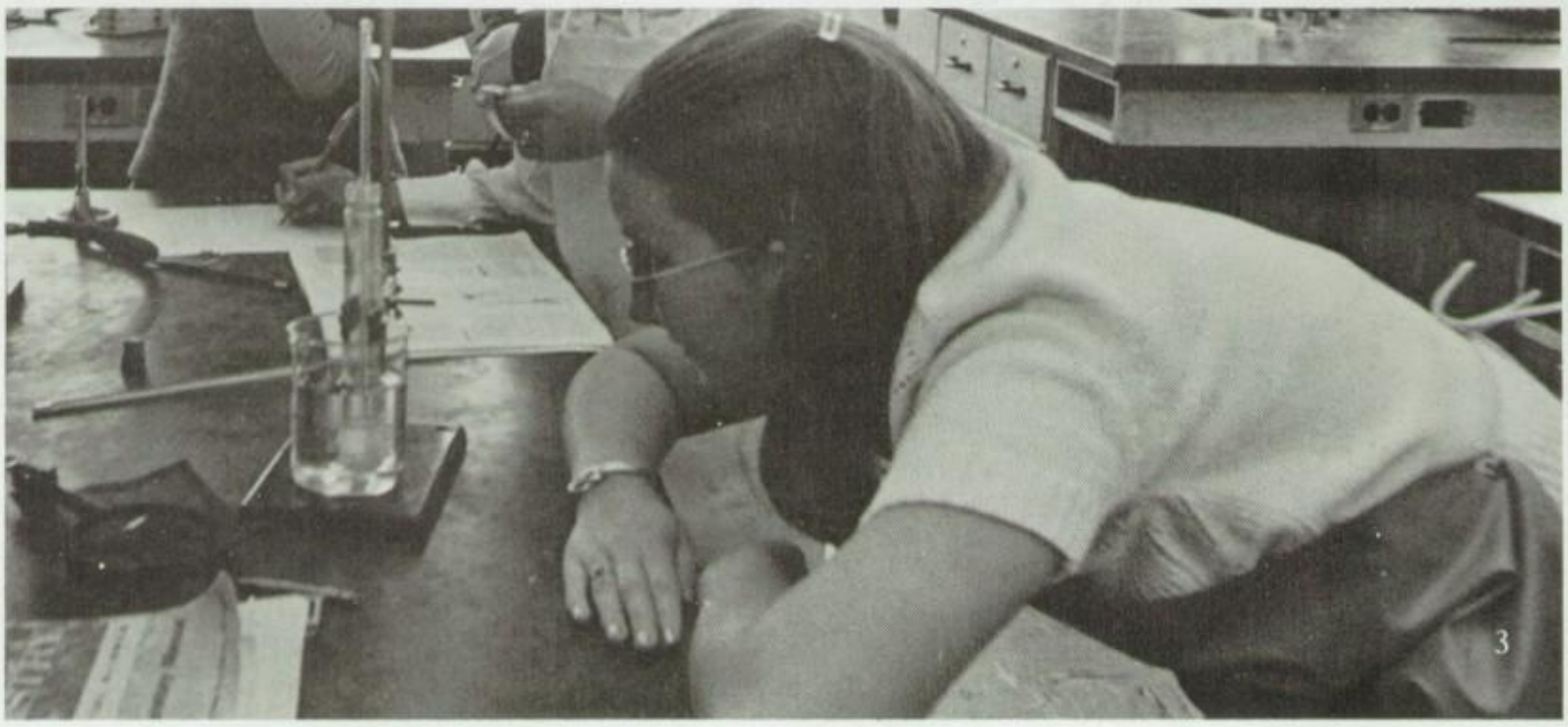

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Faculty

Mr. Nickolas Athos,
M.A., S.F. State
Earth Science 1

Mr. Albert Fourmy,
B.A. La. State University
Physics

Mr. Fred Hansen,
M.S., Brigham Young Univ.
Physiology 1,
Chemistry 1, Math 1-2

Ms. Lois Roach,
Area Chairperson,
B.A., San Jose State
Human Biology,
Learning Assistance

Faculty

Mr. Alf Antons,
B.S. Seattle Univ.
Geometry 1-2,
Math 1-2

Ms. Betty Kozlowski,
B.A. U.C. Berkeley
Algebra 1-2,
Math 1-2

Mr. Frank Casson,
M.A. S. J. State
Area Chairperson,
Math X, Inter.
Math, Algebra 1A

Mr. Boyd McCaslin,
M. A. Univ. of Minn.
B.P.E., Math 1-2, 3-4,
Algebra 1-2

Faculty

Mr. Larry Kimmich,
M.S. Cal State
Algebra 2A, Adv. Math,
Math 1-2L, Algebra 1-2

1. Don Bryant, Steve Ray and Evan Jorgensen work together to complete their physics assignment. 2. Mr. Marvin Vanous instructs Mike Loncarich in his science work. 3. Valerie Wion anxiously awaits the outcome of an experiment. 4. Mr. Boyd McCaslin helps Janet Cate with a math problem. 5. John Kitchuck and Lori Pretti study their assignments together during math class.

GOODYEAR

Athletic areas need more funds

In the boys' and girls' physical education department this year, the main concern was the lack of funds from the school district.

Area chairman and coach Mr. Bill Basacker stated, "Without funds from the district, we can't have the kind of athletic program we would like to have, such as golf and archery for the boys."

Coach Mike Bowers stated, "We just can't afford it anymore. Every September we have to buy about $300 worth of sports equipment ranging from baseballs to footballs, volleyballs to hand balls, and all different kinds of sports equipment essential to running a physical education program during the year."

He went on to say, "We have to have more funds available to give more added support. If it's bad this year, just think what it's going to be like next year."

In the girls' physical education department this year, it was a much different story.

Ms. June Macabee stated, "The lack of funds from the district didn't really bother us at all this year, but what I would really like to see this year is an R.O.P. program for both girls' and boys' P.E. classes."

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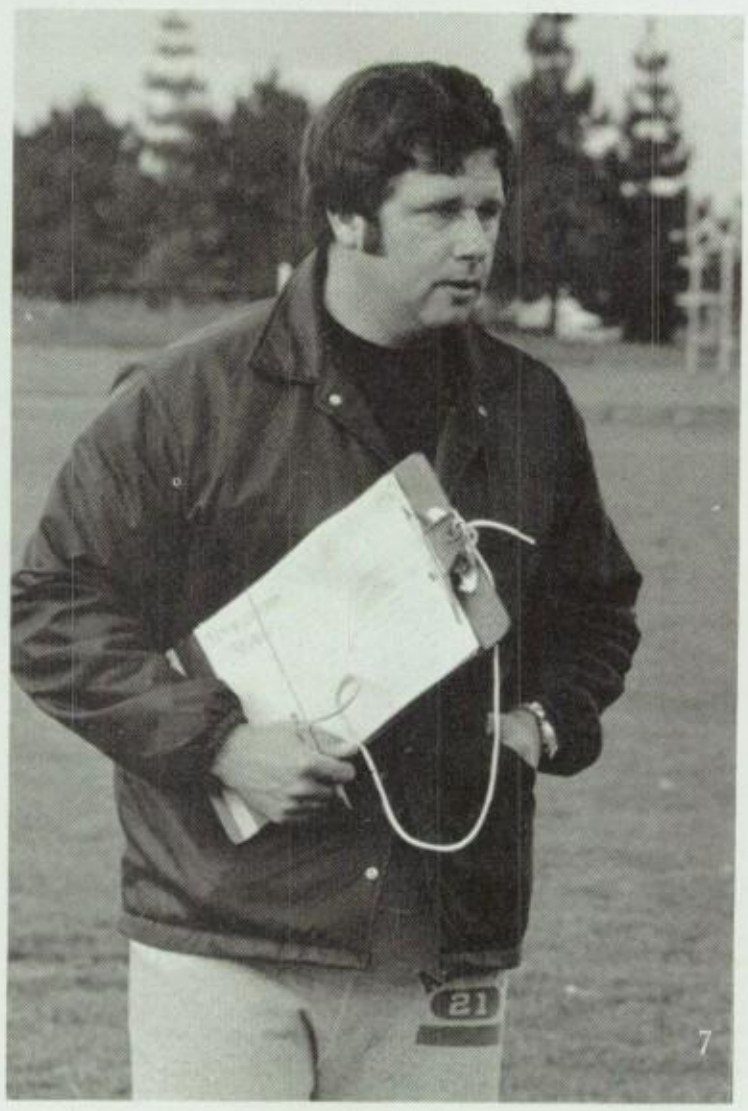
Faculty

Mr. Jerry Glenn
B.S. Cal State
Special Education, BPE

Ms. Martha Kimmich
M.A. Univ. of Colorado
Girls' P.E.

Mr. Anthony Machutes
B.A. San Jose State
Boys' P.E.



GOODYEAR

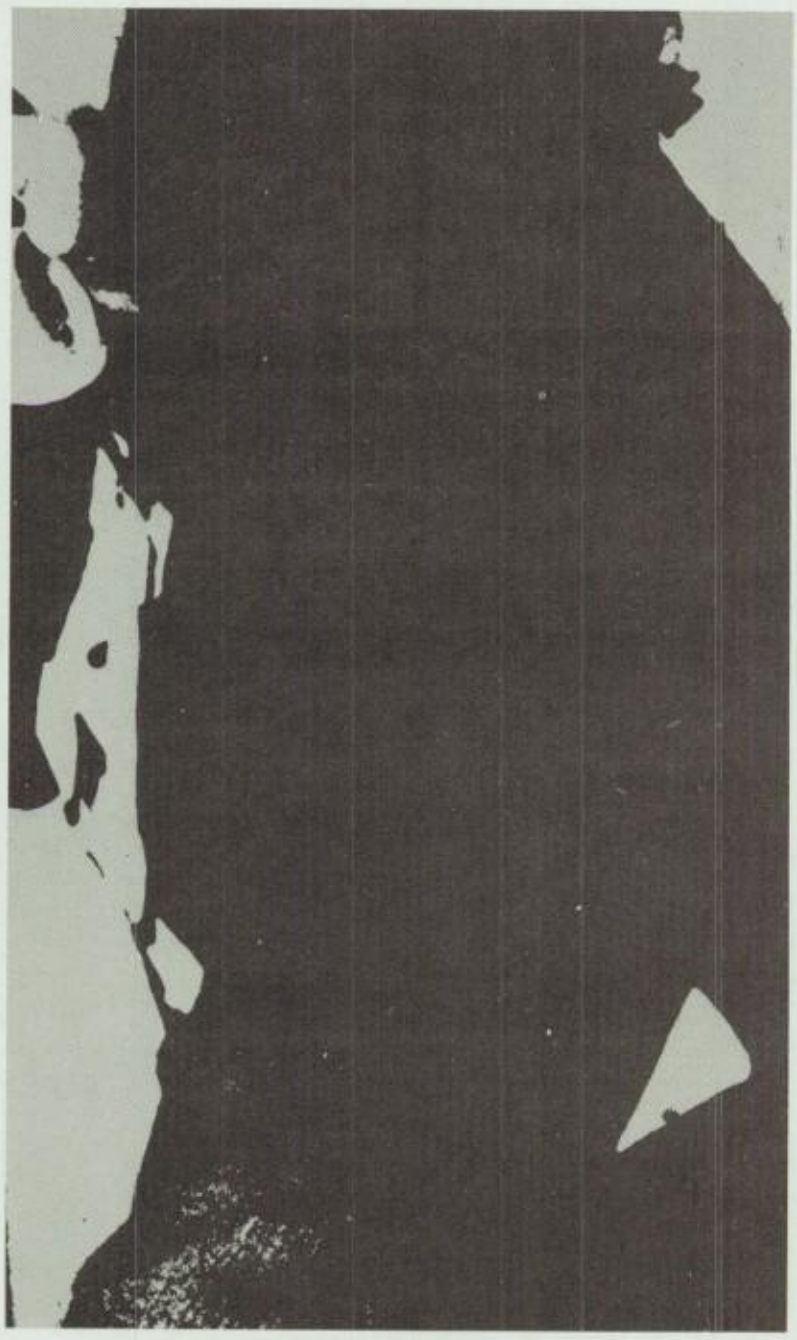
1. Sophomore boys prepare for quarterback sneak. 2. Marion Mangrum watches as Elizabeth Fahey returns the serve in paddle tennis. 3. Ms. June Macabee takes roll in P.E. 4. Ms. Laura Clapp referees a basketball game. 5. Ms. Clapp teaches basketball rules. 6. Ms. Clapp gives directions. 7. Coach Bill Basacker concentrates on P.E. class.

Curriculum Development

By the time high school rolls around, many students ask themselves, "What am I going to do? "What am I going to be?" High school curriculum tries to help find and guide students toward their goals in life. At Arroyo, students had the opportunity to choose their own classes according to their career interests.

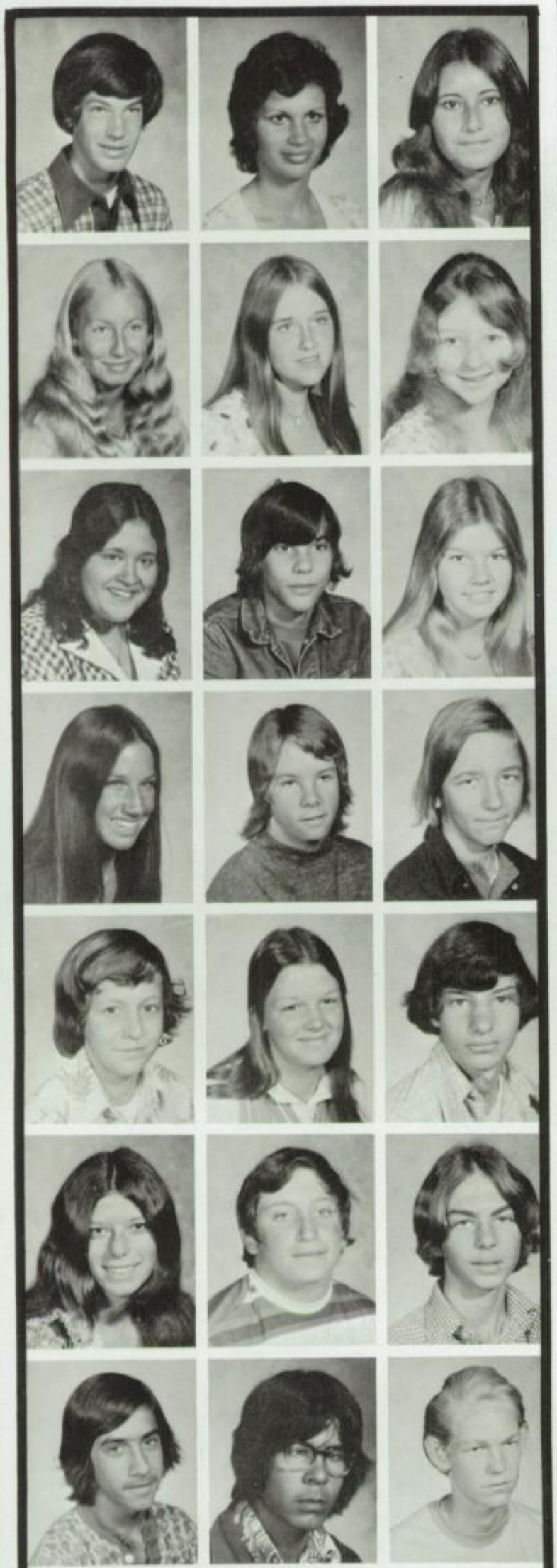
The counselors' job was a hectic one. They made sure that schedules were clear and problems solved, but always seemed to have time to aid students in future plans. The Regional Occupational Program, (R.O.P.), played an important role in guiding students looking for jobs after graduation. In addition to giving students valuable working experience, it also taught the student responsibility by putting him / her in actual working conditions.

Education is one step on the ladder of life. It is supposed to prepare one for the rat race of the modern world. For students here, it was more than just a "good year," it was a valuable experience.



'75 was
a
Good Year

GOODYEAR



David Affleck
Saldina Aggetta
Sandra Aguilar
Sue Ahern
Tom Alldridge
Kim Amaral
Steve Ambrose

Chris Amos
Cheryl Anderson
Chris Anderson
Garry Anderson
Michelle Anderson
Tom Anderson
Jose Avila

Rita Avila
Patricia Bacon
Liz Bannwarth
Ray Barber
Joe Barros
Andy Barton
Cedric Beauchamp

Freshmen

Arroyo students assist teachers

"The tutorial aide program, I feel, has been one of the most successful programs at Arroyo in recent years. Our students have worked out in the community, learning responsibility to and for others," said Mrs. Vi Giblin, advisor.

Arroyo students in this program gave real service to the community. Teachers who had tutorial aides gave glowing reports.

54 Arroyo students were tutors.

Our tutors went to Bay, Grant, Martin and Del Rey grammar schools, Barrett and Bohannon Junior Highs, Sunset, and Grace Costa developmental schools.

Junior Colleen Silva stated, "I like to work with small children, and wanted to find out first hand about being a grammar school teacher."

1. Kelly Lowe directs first and second graders during Christmas program rehearsal. 2. Christopher Vasquez smiles as cameraman focuses on him. 3. Kim Rogers listens to music with third and fourth graders. 4. Kim Rogers helps Grant School students make ladybug magnets. 5. Grant students look on as Kim Rogers demonstrates her macrame project. 6. Mary Carlson helps Christopher Vasquez with reading.

GOODYEAR

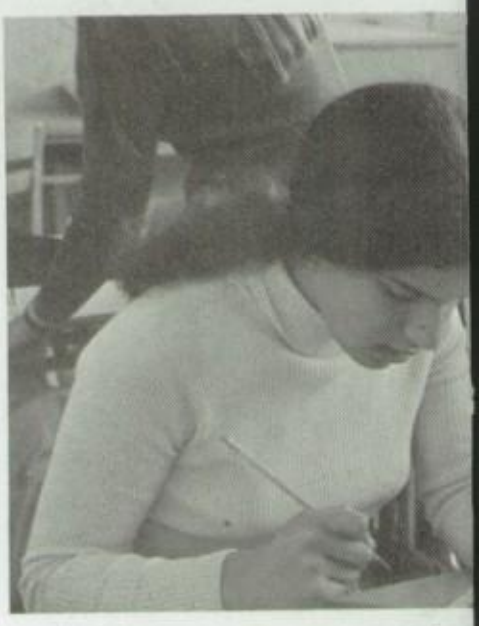
ROP leadership aids job search

Ms. Laura Clapp, head of the R.O.P. Recreational Leadership class stated, "The goal of the class is to give students a wide range of skills so they can secure jobs in the recreational or related fields."

The class consists of a wide range in arts and crafts, all types of games, drama, music, camping, nature study, first aid, bicycling, archery, water exercise, handicapped awareness, and job interview techniques.

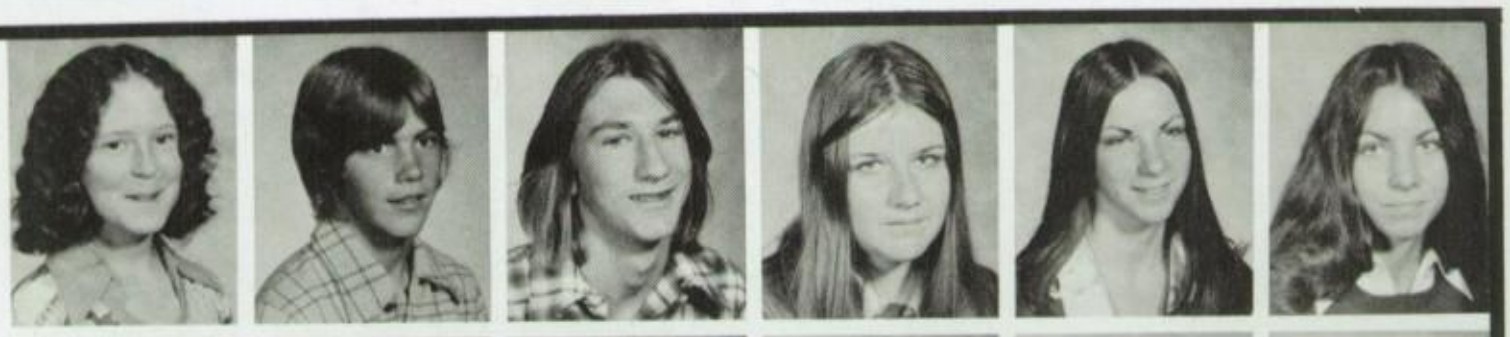
"Students seem to prefer this class over others because they are able to do more things with a lot less hassle," commented Vicki Latva.

"With the help of this class, students would be able to get summer jobs in the recreational field and some might find a career in the therapeutic field," said Ms. Clapp.



Freshmen

Kathy Beckham
Dave Bell
Keith Bellino
Pam Bennett
Sherry Bennett
Terry Bennett



Mike Benson
Edith Berg
Bob Bernard
Karen Bertel
Doug Bertz
Dave Bianchini

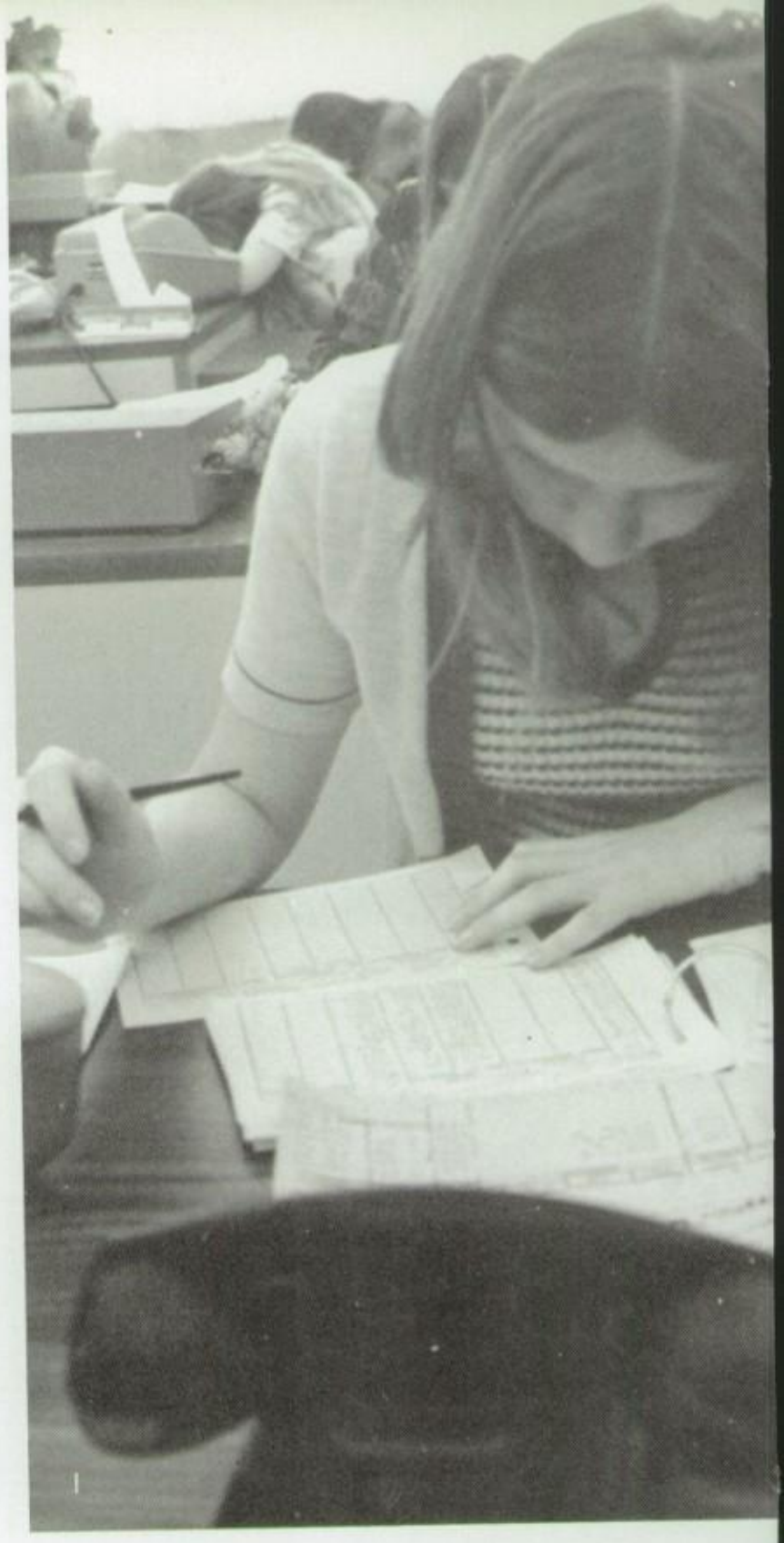
GOODYEAR

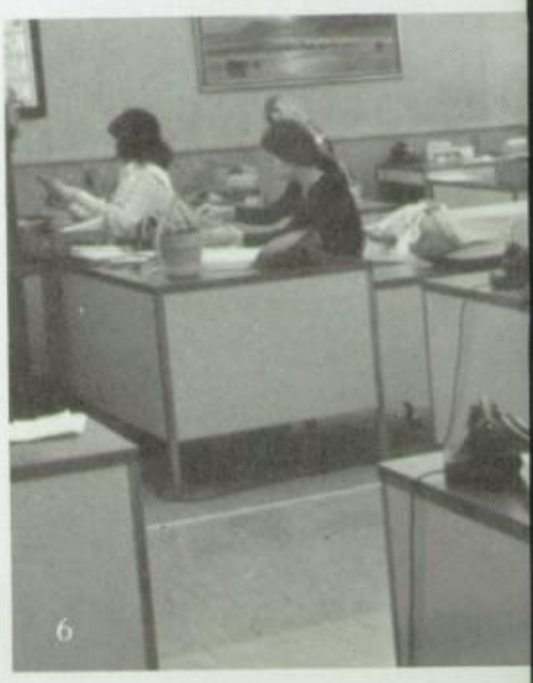
1. Ms. Laura Clapp shows Eileen Alldridge the proper use of wood burning tools. 2. Vicki Latva and Cindy Kneeland laugh at class joker. 3. Ms. Clapp, Frank Smith, and Rick Gallagher listen while Cindy Van Gurp explains how to apply metal to wood. 4. Rick Gallagher, Cindy Van Gurp, and Frank Smith prepare to begin projects. 5. Roxanne Roussel and Vicki Latva apply designs to wood. 6. Eileen Alldridge, Charlotte Carlson, and Alicia Hales listen to Ms. Clapp's instructions on wood burning.

Freshmen

Wulf Bieschke
Janet Blazich
Deanne Bloom
Greg Bold
Donna Boney
Alfredo Botelho

Lorraine Boyce
Jay Bradley
Jill Bradley
Angela Branscum
Bob Brecht
David Bridges





GOODYEAR

R.O.P. develops trend at Arroyo

Enrollment in the Regional Occupation Program (R.O.P.) rose 18 percent this year.

The two and three hour programs offered training in response to current demands of the business world.

When a student finished a course, the faculty and the State Department of Human Resources and Development assisted him/her in job placement.

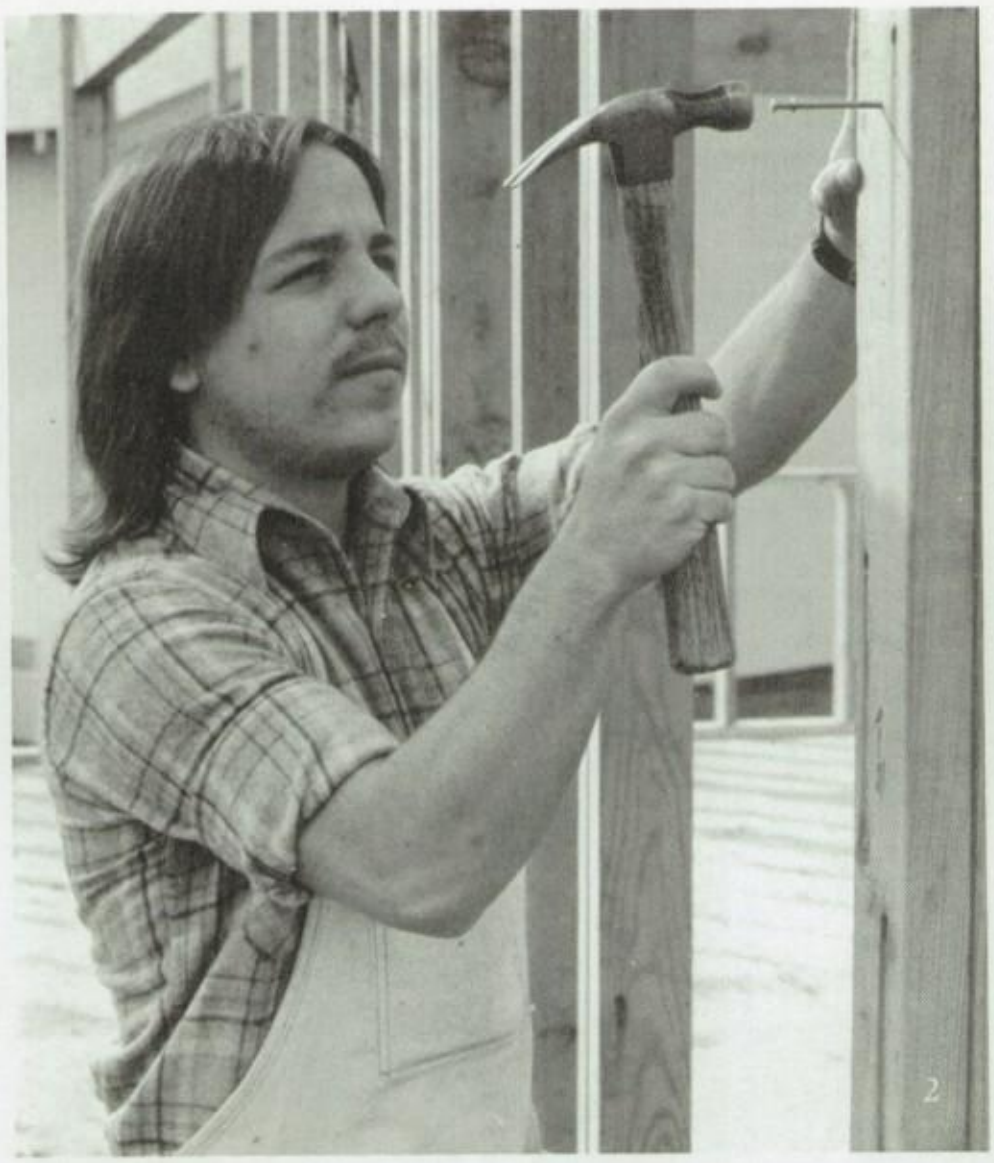
Arroyo senior Willie Devoto said of his R.O.P. class, "I wanted some inside work experience, so I could better prepare myself for the future. Besides, it was fun."

Medical/legal, industrial drafting, beginning machine shop, general office clerical, beginning auto, and beginning electronics were the classes available at Arroyo this year.

1. Karen Lowther tabulates hourly rates in general office class. 2. Nancy Affleck and Kathy Scott discuss the content of a manuscript. 3. Kathy Scott files an occupation folder. 4. Greg Soares checks over a drawing in drafting class. 5. John Borchardt adjusts the metal lathe before starting his project in auto shop. 6. General office class goes about daily tasks. 7. Margi Cole and Bobette Tolmer check entries in account books.

Steven Brisentine
Barbara Brown
Kristine Bruzzone
Bonnie Buchter
Mike Bucedi
Darryl Burkfield
Bill Cambra
Teresa Campbell
Renee Cannella
Joanne Cardone
Mark Carlevato
Anita Carli
Charles Carlson
Cathy Carlton
Mike Carothers
Scott Carter
Rod Caruso
Jim Cassarotti
Cindy Cason
Tracy Castro
Janet Cate

Freshmen

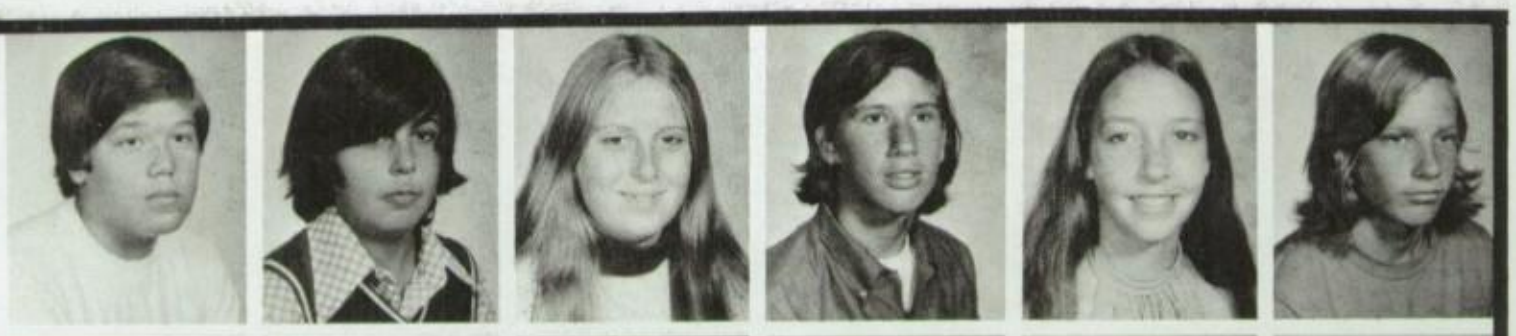


1. Terry Ambrose, Janice Lema, and Danel Christophersen study dental x-rays. 2. Mark Madura demonstrates carpentry skills. 3. Julie Brown, Theresa Dolyniuk, Rich Flagler, and Renee Johnson watch Charles Schinberg run a data processing machine. 4. Judy Holgate prepares ferns during floral design class. 5. Derek Robertson grates vegetables during food preparation.

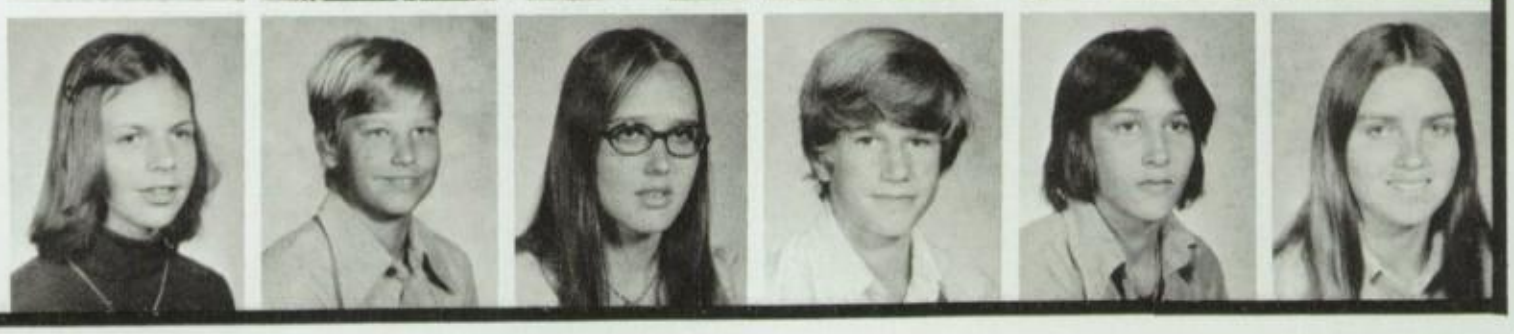
GOODYEAR

Freshmen

Frank Casuga
Mitchell Chambers
Julie Chapter
Keith Christensen
Linda Christensen
Robert Christensen



Cindy Clifton
David Conkel
Shelley Cook
David Cooley
Bruce Coons
Therese Cooper



Students learn marketable skills

To offer courses to students that are not available at their own schools was the purpose of the Regional Occupation Program.

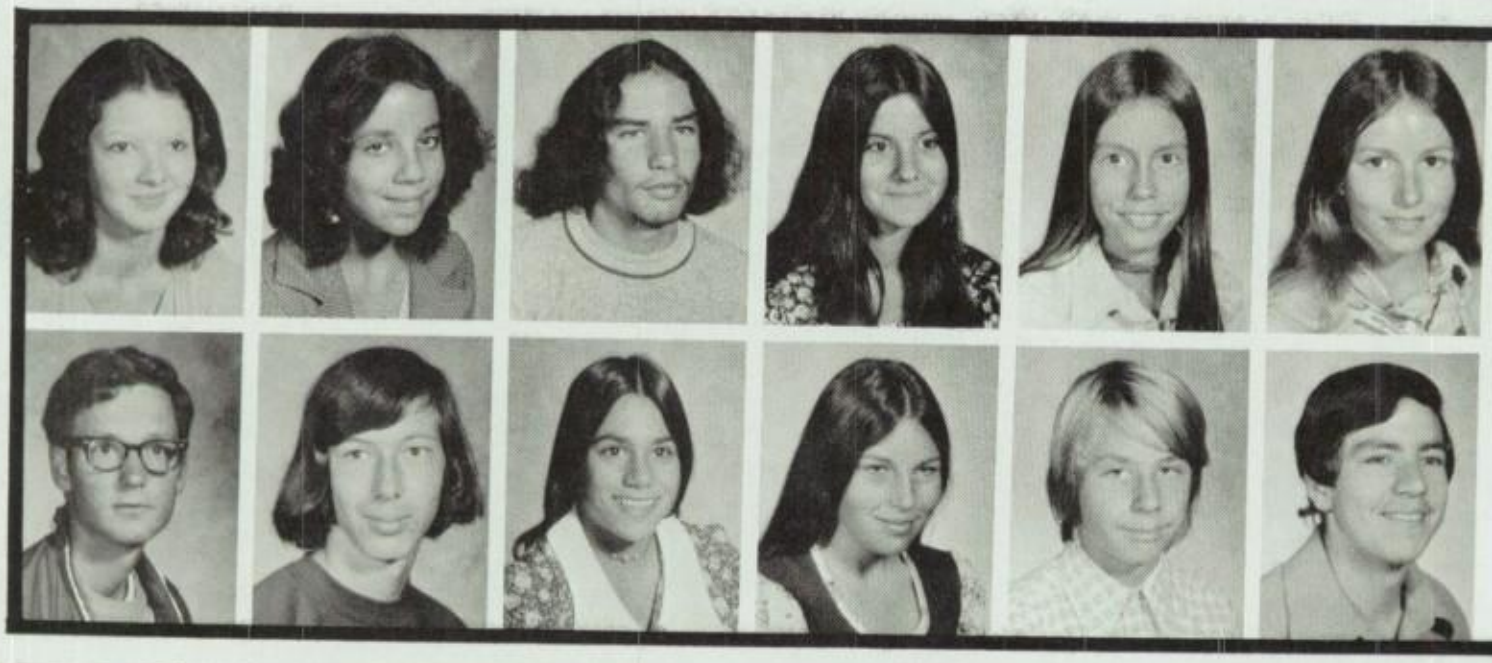
R.O.P. classes are offered to junior and senior students at the Eden Vocational Center.

The district proposed this year that all the upper classpersons take an R.O.P. class to give the students a marketable skill and to increase district monies.

This controversial proposal was defeated by students, parents, teachers and finally the district.

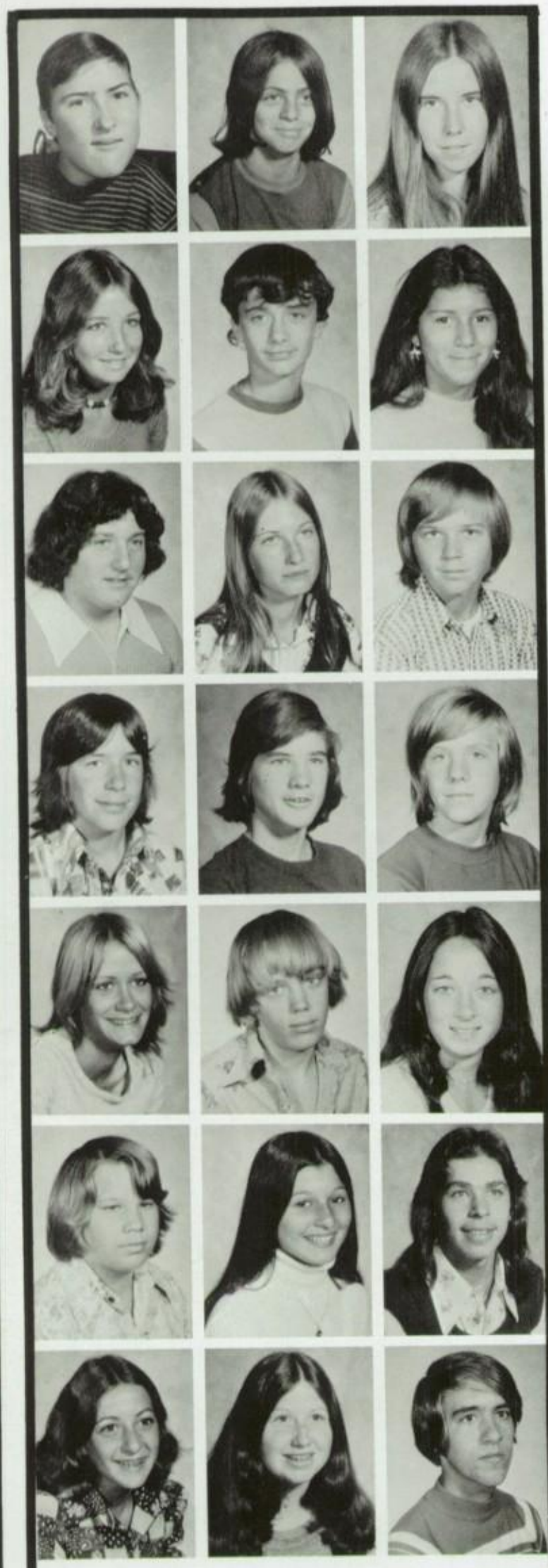
R.O.P. classes offered this year were Dental Assisting, Carpentry, Floral Design, Food Preparation, Nurses Aide and many others.

Freshmen



Karen Cordova
Vicky Cordova
Craig Costa
Patti Costello
Sue Crabtree
Kathy Craigg

Richard Cramer
Andy Crotts
Robin Cuddy
Marjory Cruff
Terence Cummings
Luis Curiel



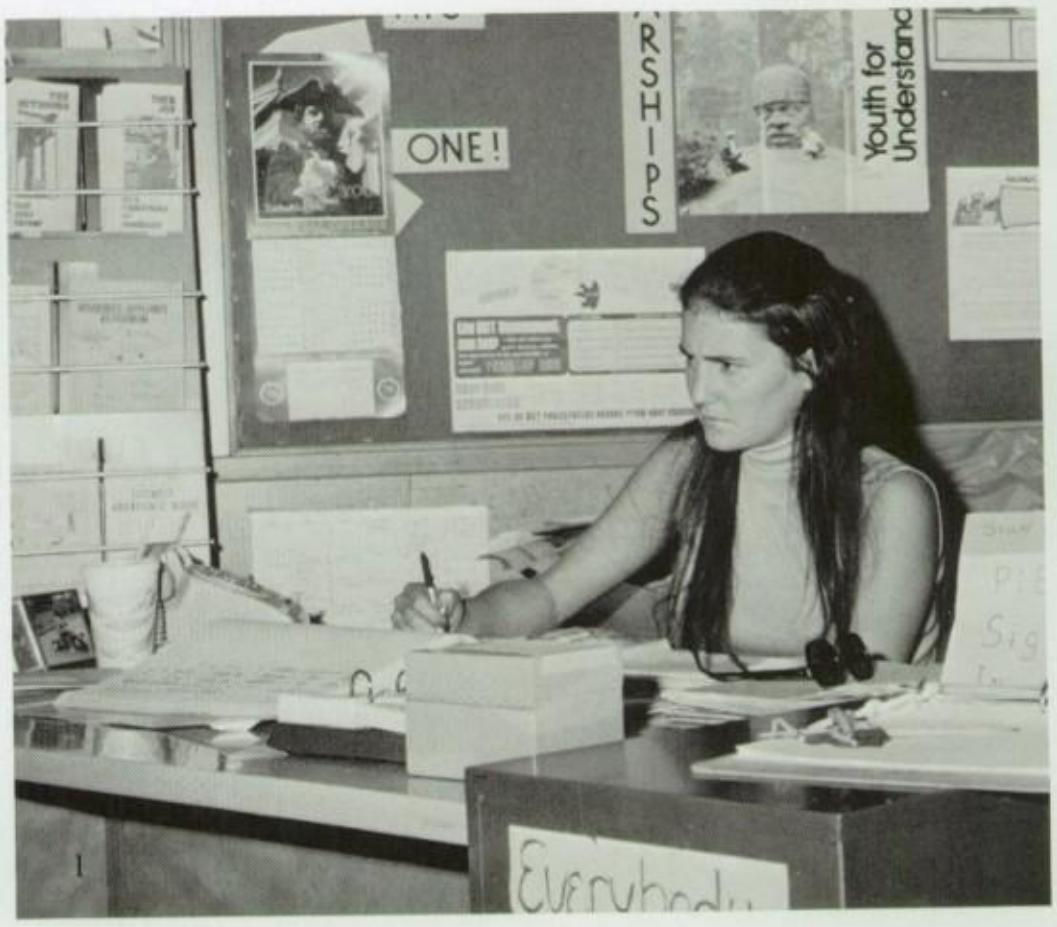
Jeff Dahms
Terri D'Anjou
Bob DaSilva
Bob Davis
Susan DeCoite
John DeFord
Lisa DeLaune

Jeff DeLima
Daniel Denton
Renee Deryk
Chris Dias
Bob Diedrick
Liz Dillon
Kathy Docherty

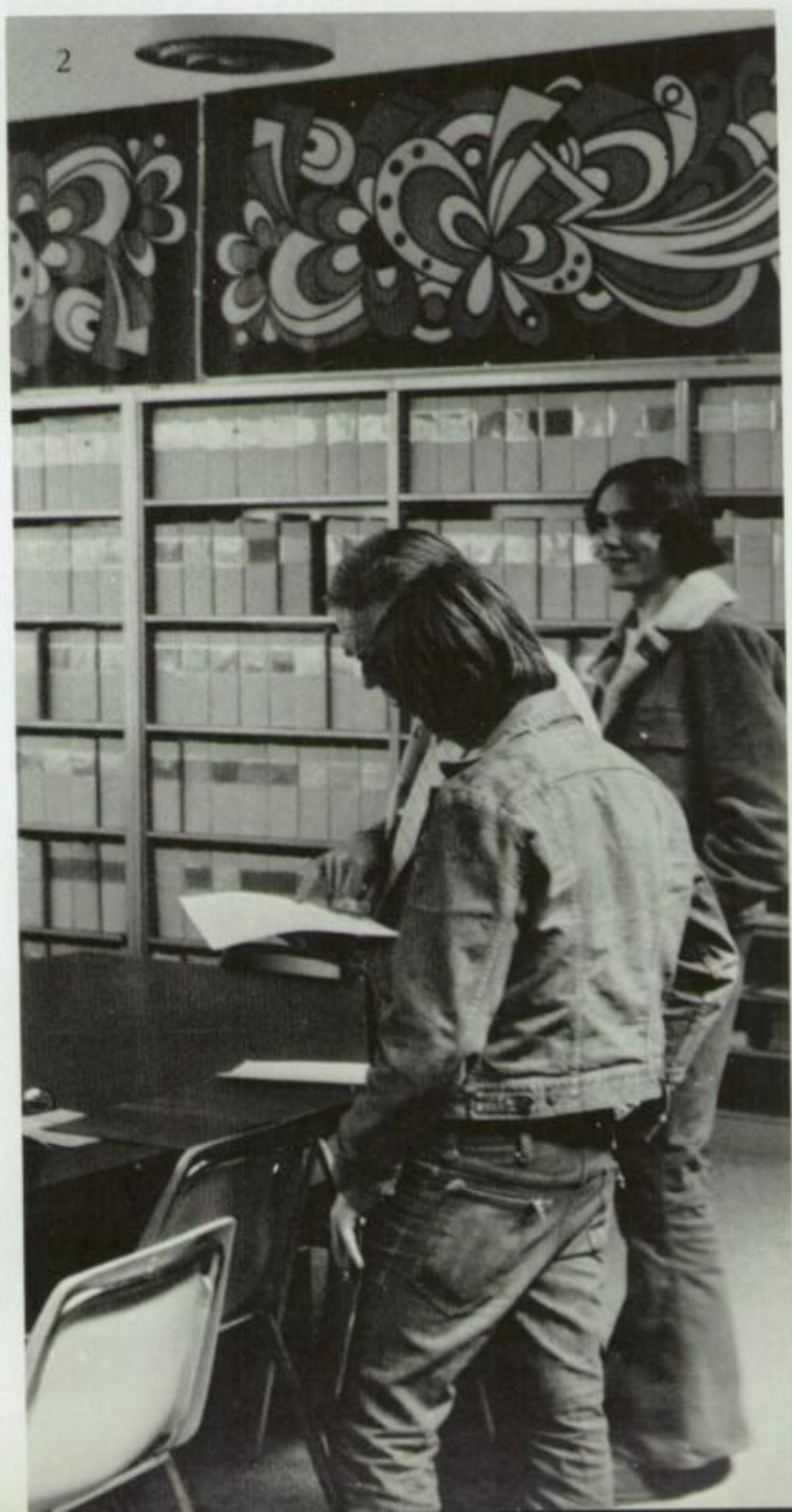
Shawn Doherty
Dee Dee Donner
Wally Driver
David Dugan
Denise Dupuis
Kenneth Duran
David Dutra

Freshmen

GOODYEAR



1



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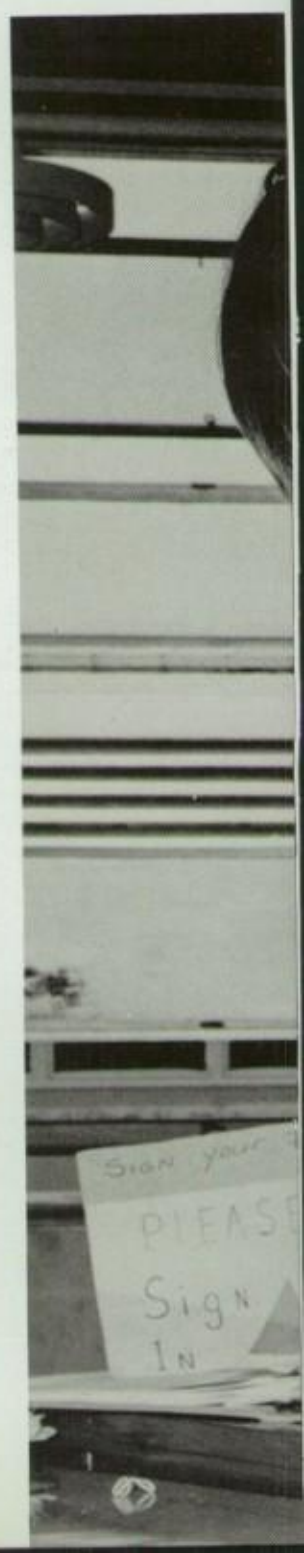
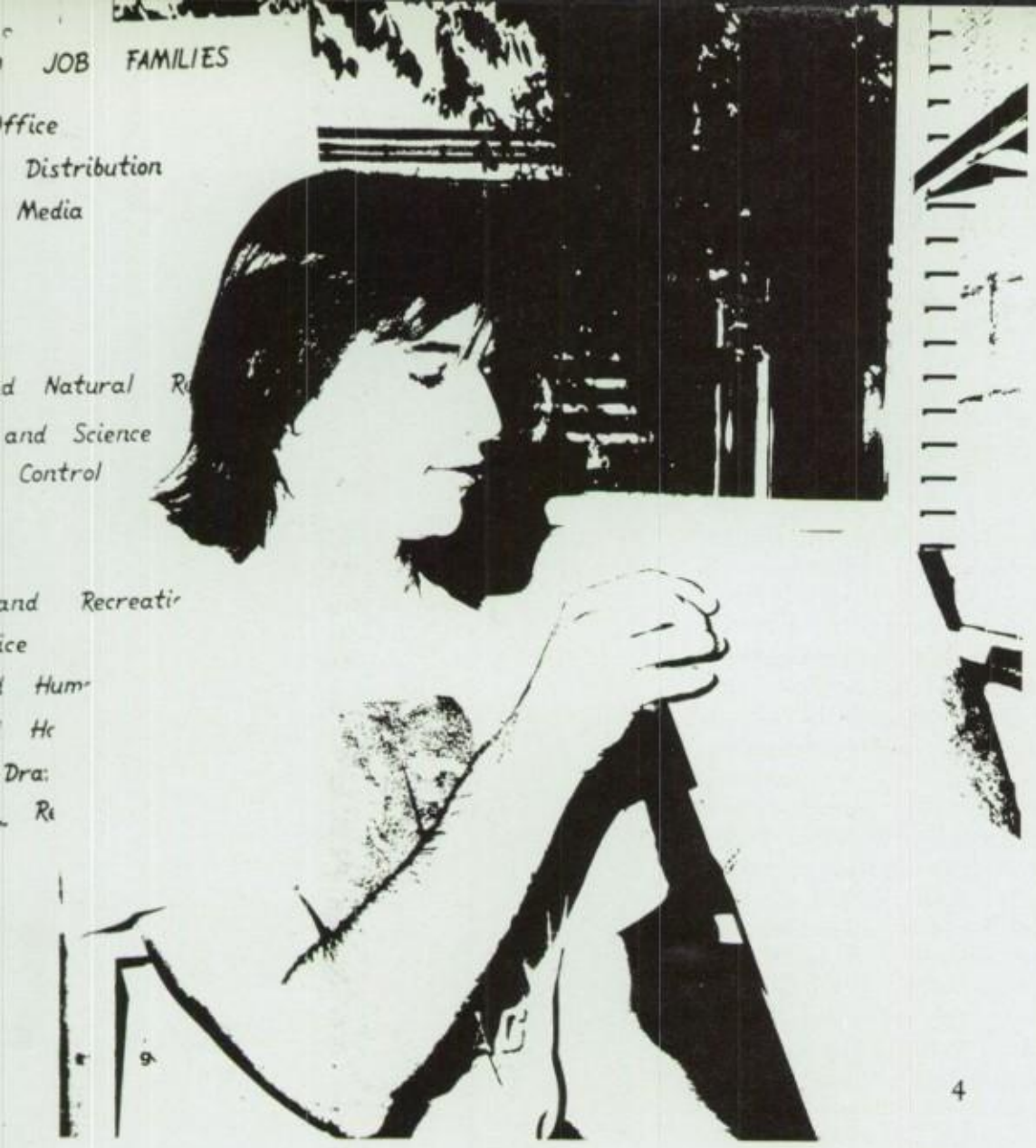




27 guests visit Career Center, disperse job tips, information

Weekly visits from persons involved in all career fields highlighted the offerings this year in Arroyo's Career Center.

Located in room A-1, the center featured 27 speakers from Bay Area military, industrial, and educational fields.

Ms. Carol DeMaria joined the Career Center staff this year as a full-time clerk and program coordinator. She aided vocational counselor Norman Hanson in preparing and obtaining materials for student use.

In addition to the new personnel and materials, the English area added a career exploration unit on the freshman level. For two weeks, ninth graders took career surveys and researched possible vocations and educational opportunities.

1. Ms. Carol DeMaria gazes at students in Career Center. 2. Vocational counselor Norm Hanson consults student as Preston Morris watches. 3. Dave Brown registers in the center. 4. Derek Robertson checks vocational porfolios. 5. Rick Dupuis, Ann Scott, Doug Anderson, Randy Ichihana, and Dal Perio meet in carpeted A-1.

$600 spent on campus facelift

As the old saying goes "there's always room for improvement" and Arroyo spent $600 of student body funds on campus improvement and work this year.

District workmen cleaned out unsightly ivy along the walkways in front of the school and underneath the "A" hall windows.

"Hello Walk and the strip between "B" and "C" halls were two of the main areas for improvement," stated Dean Phil Gastineau. It was planned that "Hello Walk" might be made into an outdoor study with tables on cement pads replacing the weeds and junipers.

A committee consisting of student body president Steve Vilas, Mr. Dick Lloyd, and Mr. Phil Gastineau discussed the possibility of planting evergreen trees between "B" and "C" halls. There, students could relax in the shade and eat lunches.

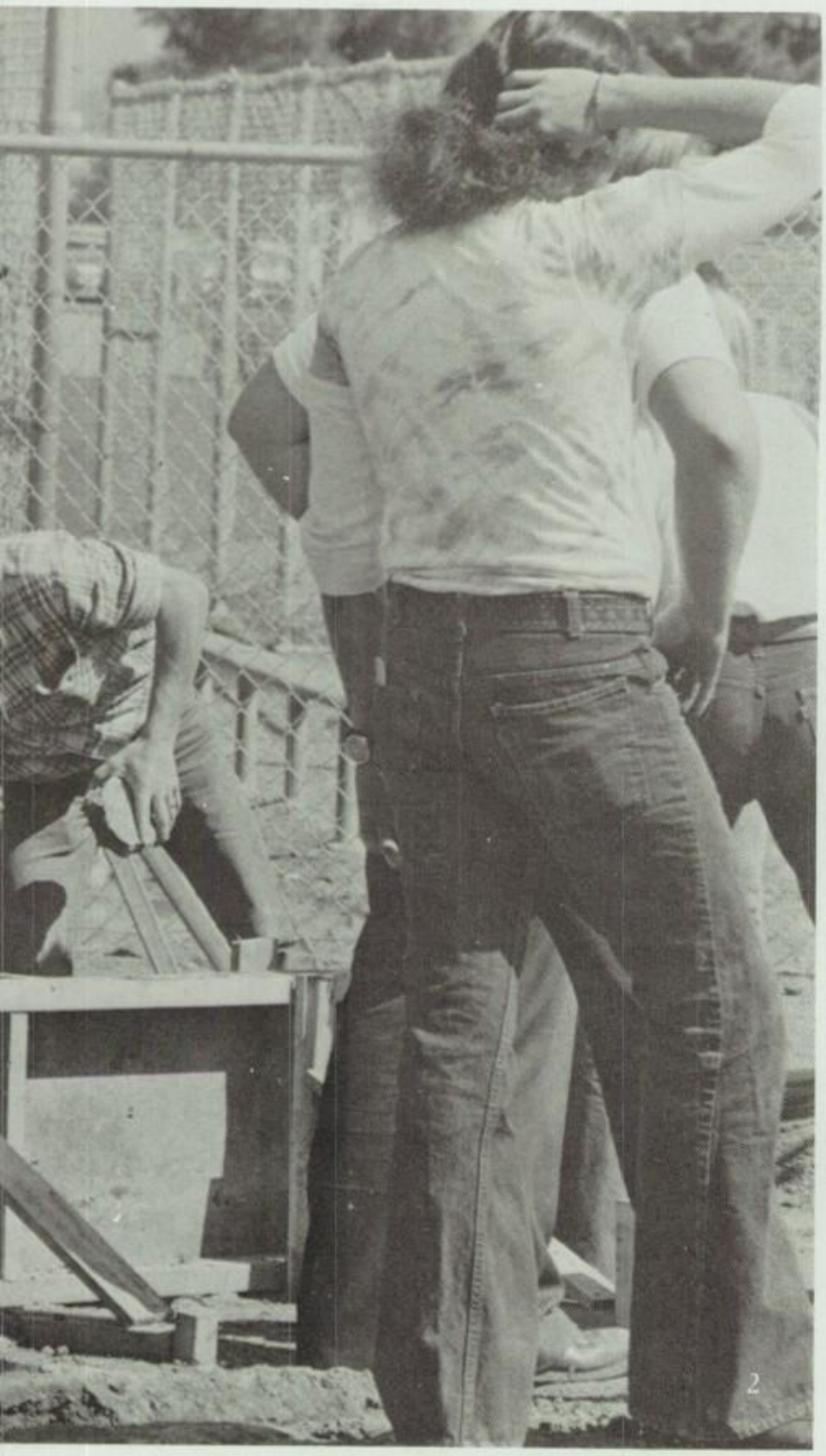
New bookshelves were planned to be installed in English and social studies classes. Room D-2 was carpeted and a ping-pong table was placed for the physically handicapped. M-5, otherwise known as the weight room, was carpeted and paneled with money made from a car wash put on by Arroyo's football players.

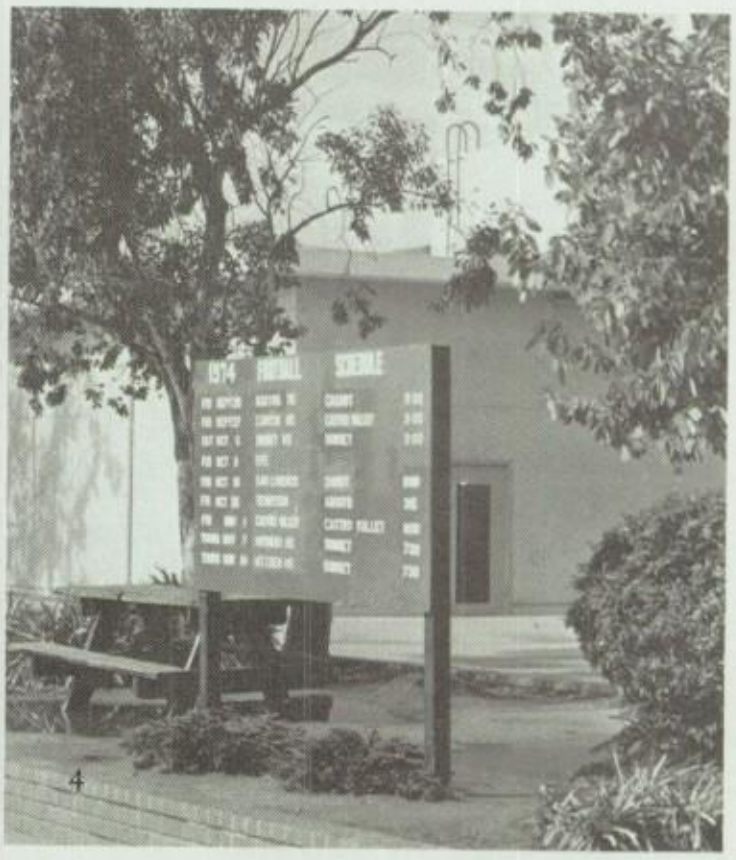
Mr. Charles Runyon's commercial art students continued painting murals on the walls of the school.

Freshmen

James Dye
Randy Earl
Lori Eberle
Mary Anne Echeagaray
Ron Edwall
Dennis Egan

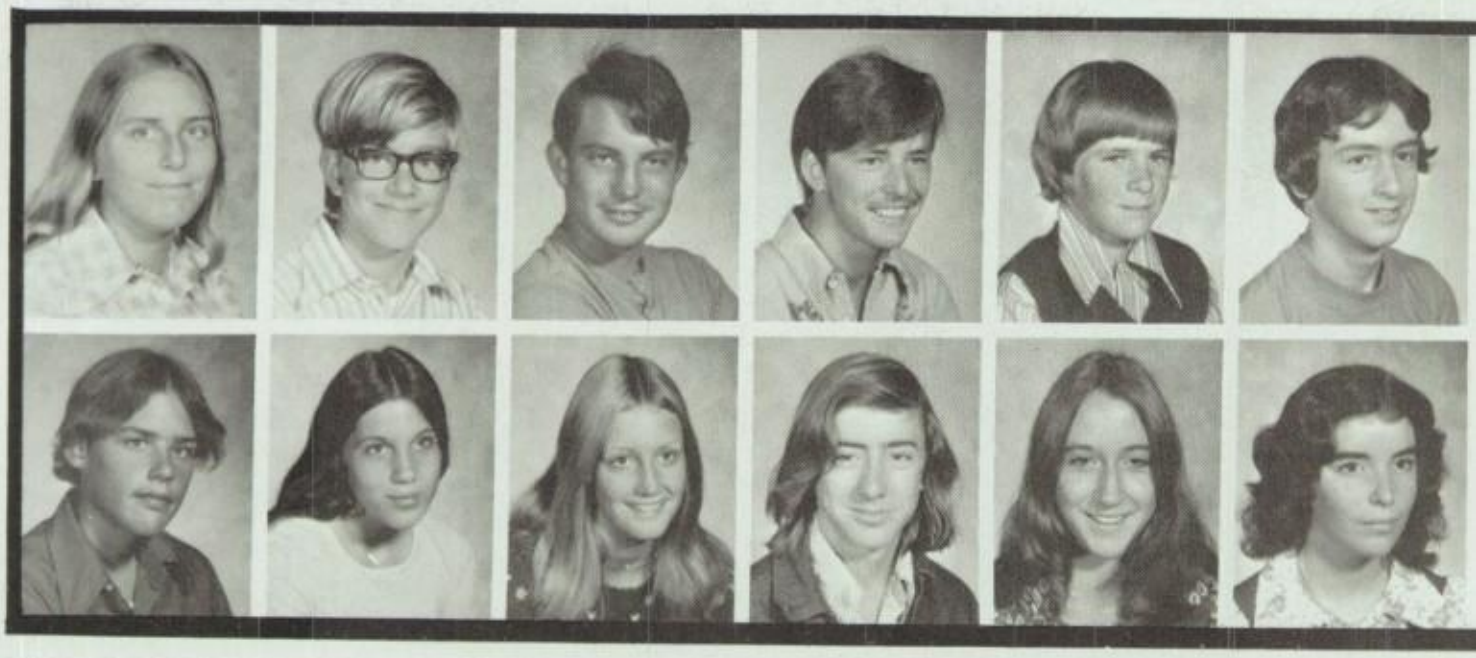
Lisa Ehmke
George Eiras
Sandy Ellis
Jody Emery
Greg Emmons
Stan Espinoza





1. Hello Walk was one of the two main areas for improvement. 2. Carpentry students Frank Bradley, Doug Wells, and Dave Bunio work on burned pressbox. 3. Keith Curlett's visage and a student designed and executed mural. 4. The sports schedule board was constructed by members of the Block 'A' society in order to publicize games.

Freshmen



Melodie Evans
Carl Fahlman
Dennis Fanning
William Fanning
Rick Feeney
Chuck Fernandes

Joe Fernandes
Jenny Ficken
Kelly Fike
Bill Finch
Vicki Findley
Jolie Fletcher

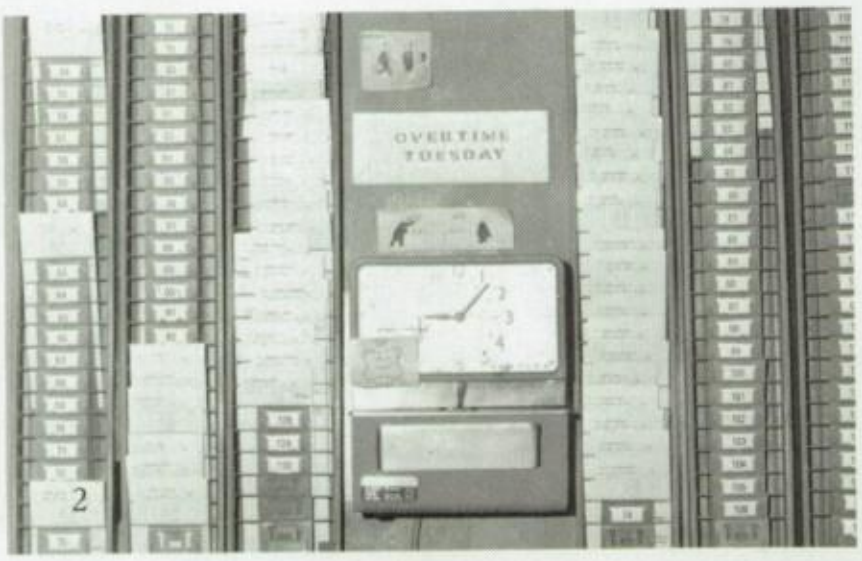
Clerical class holds displays

November 14, 1974 a Model Office Demonstration was held in the General Office Clerical class which meets in the combined rooms C-6 and C-8. Teachers from three areas came to see what the class was like, how it was set up, and how to go about setting a similar situation in their schools.

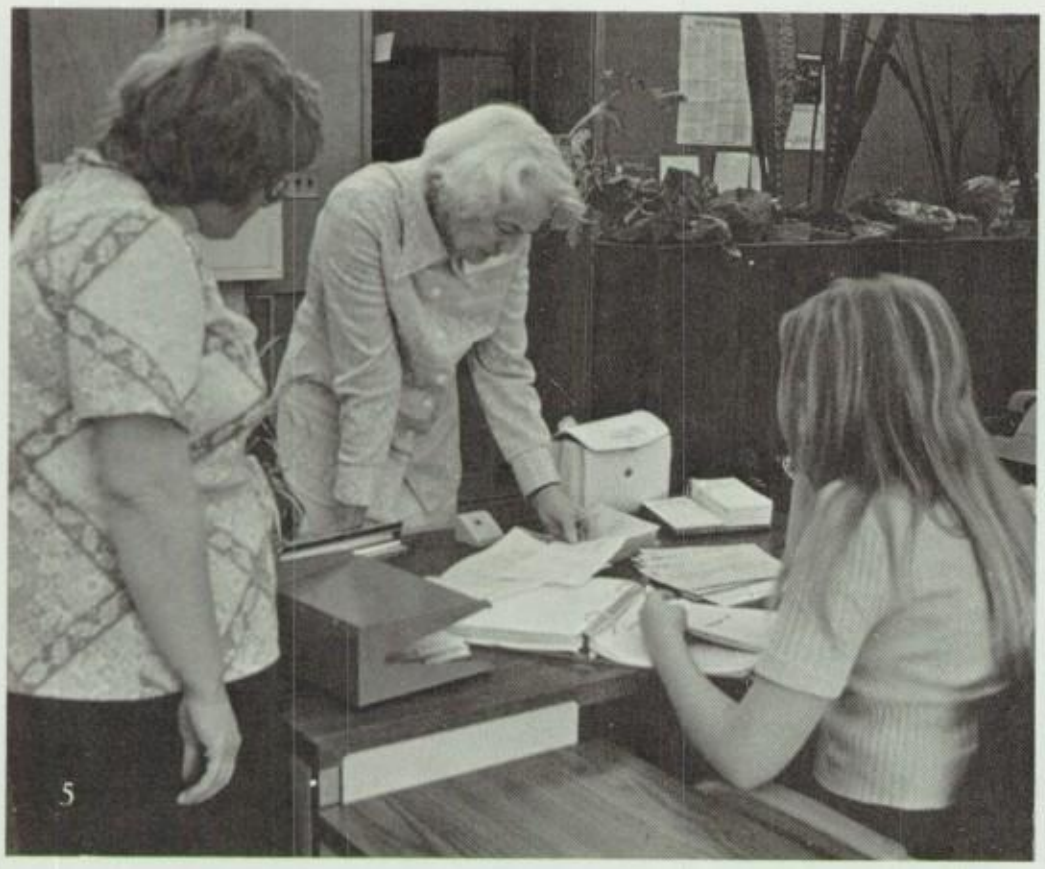
"It was quite an honor for us to be chosen for the demonstration," stated Mrs. Lois Summersett. We're very proud of our class," she added.

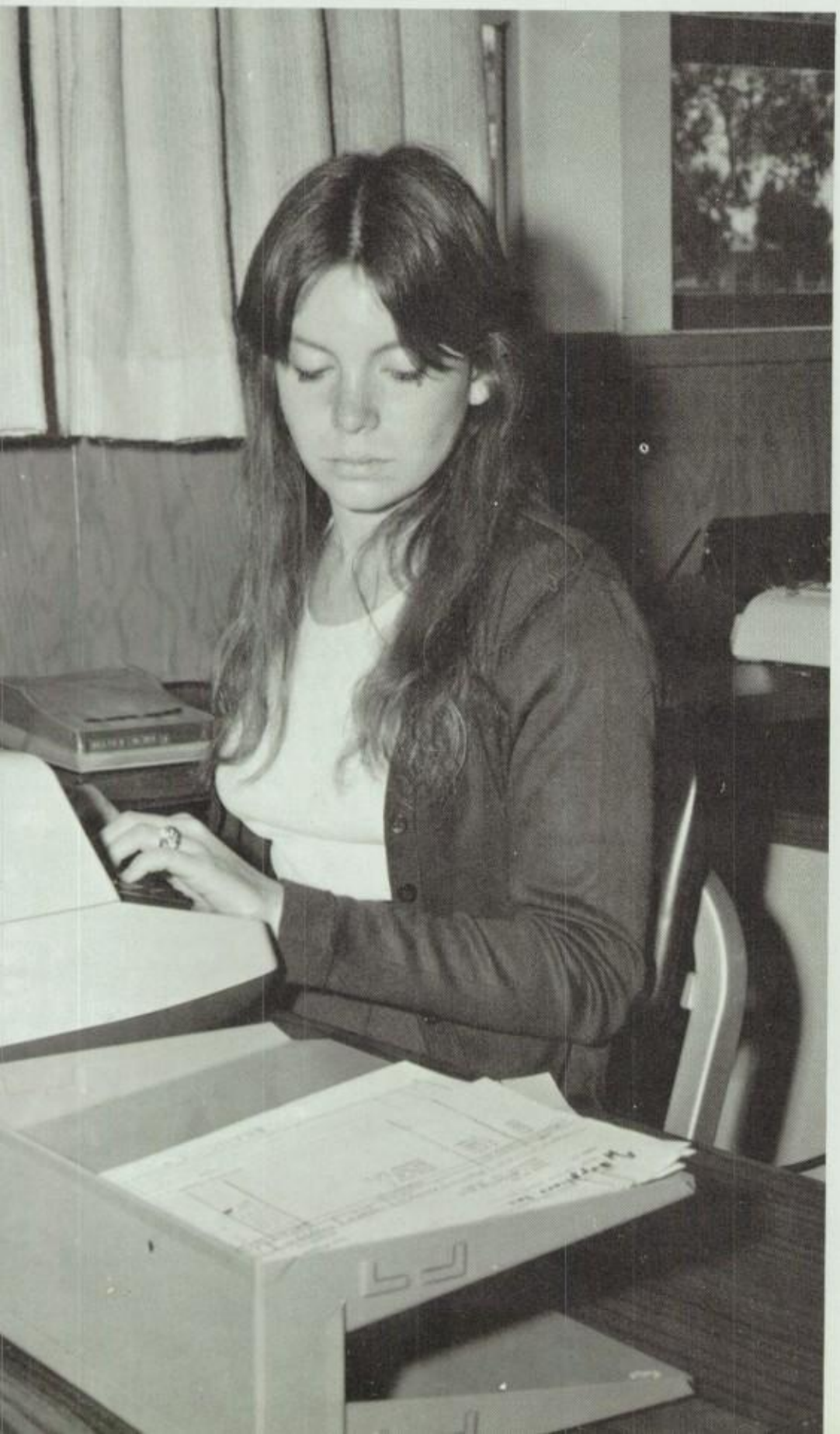
A demonstration, such as this one, has never been held at Arroyo before. After the success of the first demonstration, another one was conducted during the second semester on February 5, 1975.

GOODYEAR



1. Karla Lowe busily types up invoices. 2. The time clock is an essential tool in job simulation classes. 3. R.O.P. students concentrate on individual job assignments. 4. Mary Ann Jones works intently on her job. 5. Debbie Payne explains her job to visiting teachers.





Cindy Foglia
Keith Fohl
Lori Foster
Mike Fraley
Debby Freitas
Gwen Funcheon
Rich Furlough
Doug Gamblin
Jeanette Gavello
Sam Gay
Jim Geyer
John Geyer
Cathy Gilliland
Mark Goa
Ron Godwin
Sharon Goetzinger
Marci Goldstein
Sue Gonzales
Ken Goodwin
Steven Grace
Gregory Greene

Freshmen

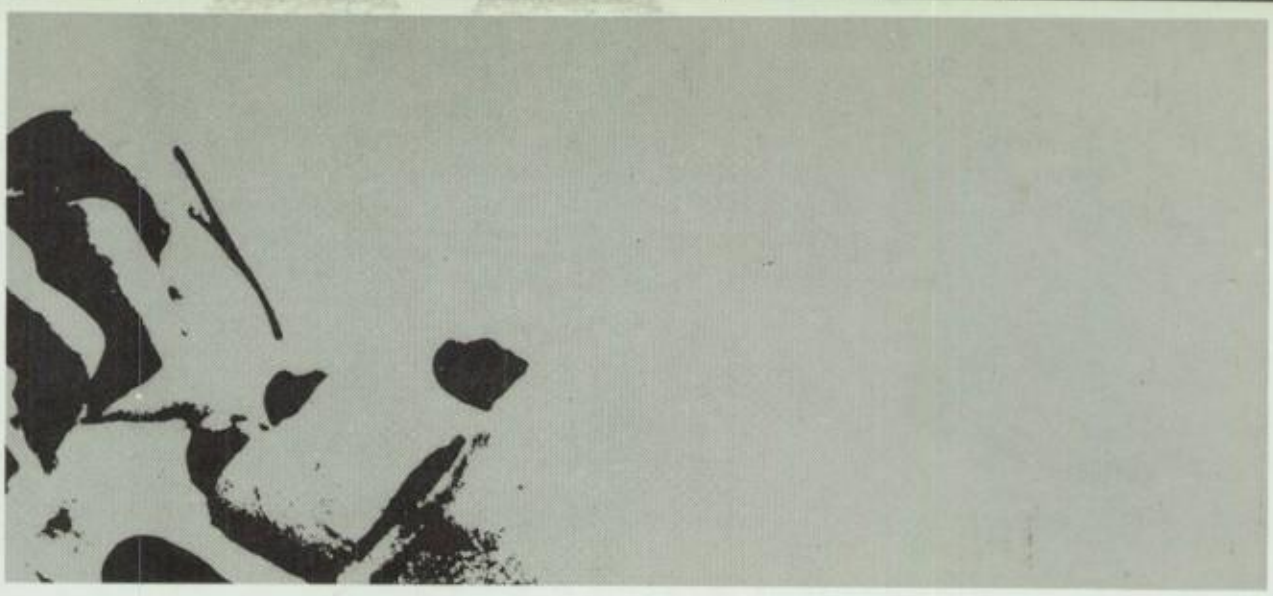
Athletics

Playing a sport, for many young men at Arroyo is what school is all about. It is a way to become involved, inspired, and at times even admired.

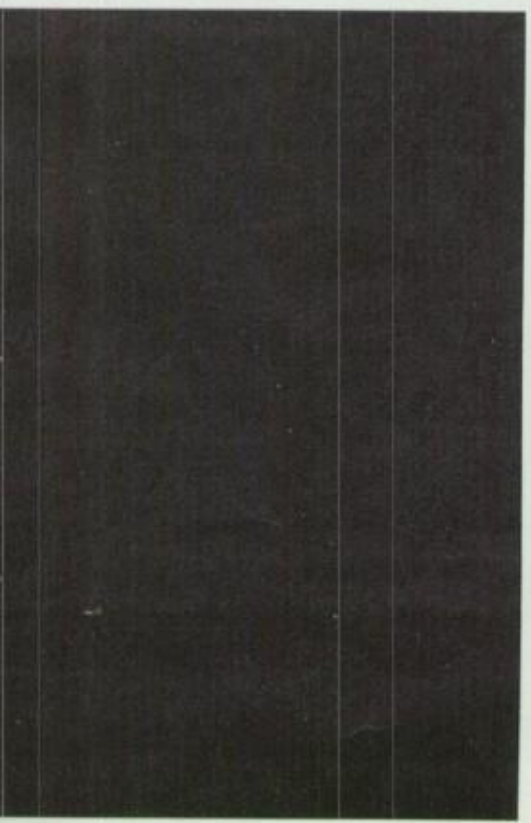
Senior Jim Hoos, a varsity basketball and baseball player said, "You go out and practice every day and work hard. If you don't win, you're pressured by the coach, if you do win, people look up to you and realize how hard you have worked to get where you are."

Athletics teaches co-ordination, co-operation, communication, and discipline of body and mind. It acts as an outlet for pent up emotions, and most important, it exposes the individual to other people and their attitudes and feelings about many things.

If one looks at sports in this way, one will find that every year is a Good Year, but to be on a winning football, baseball, track, or tennis team can make all the difference in the world. To be 14-0 for the season means that one will be looked upon as an important part of that winning team, and anyone who has ever played a sport knows that winning is what it's all about.



'75 was
a
Good Year



Dons beat Titans, finish second

At the start of the year, the Dons were rated the number one team in the H.A.A.L., by the DAILY REVIEW. The result at the end of the year was a tie for second.

Arroyo entered the season in a winning frame of mind with a pre-season record of 1-0, dominating Granada 20-0.

With a returning defense that was rated number one last year, an upcoming J.V. team that finished first the year before, and the win over Granada, Arroyo's number one ranking seemed justified.

Arroyo could have had one position problem at the start of the year; the most important on the team—quarterback. Junior quarterback Dave Fernandez solved the problem. Against Granada, Dave threw two touchdowns passes and ran in an extra point.

This year's H.A.A.L. champions, the Marina Titans were the Dons first league obstacle. In a close defensive struggle, Arroyo capitalized on a Marina mistake to come out on top 8-6.

The Dons racked up close to 600 yards in offense to less than 100 for the Canyon Cougars. That statistic told the story-Arroyo 72, Canyon 0.

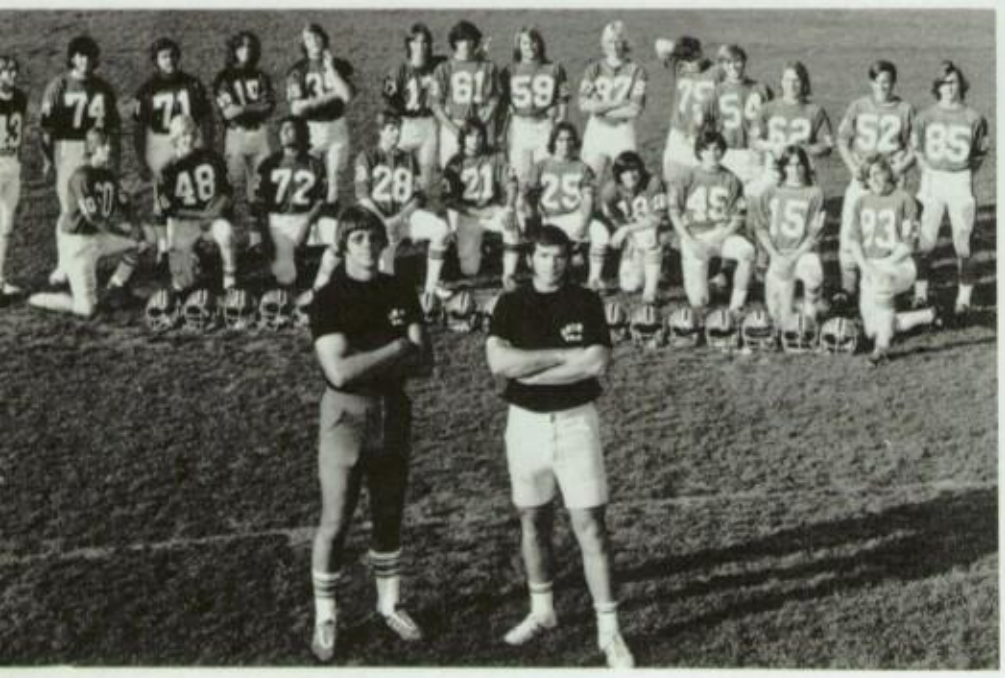
A battle marked the Dons next game against Sunset. Arroyo lost 34-20, in a game that was never very close. After this loss, the Dons were still in good shape for a long-awaited H.A.A.L. championship. Arroyo proceeded to take on the San Lorenzo Rebels.

"This was our best defensive game of the year," stated Coach Tony Machutes. "Coach Bowers and the defense did a great job," Machutes said. Arroyo won on Denny Thornton's interception and run. This set up the only score of the game on a Bob Blaisure six yard run.

In the Homecoming Game against Tennyson, the Dons lost their captains in the first quarter. Bob Blaisure went out with a pulled muscle and Rei Delafiganiere broke an ankle and was lost for the rest of the season.

After losing their two captains and having to come from behind twice, Arroyo did, and won the game against Tennyson 14-12. This was an important win because it left Arroyo at 4-1 and still in the H.A.A.L. race.

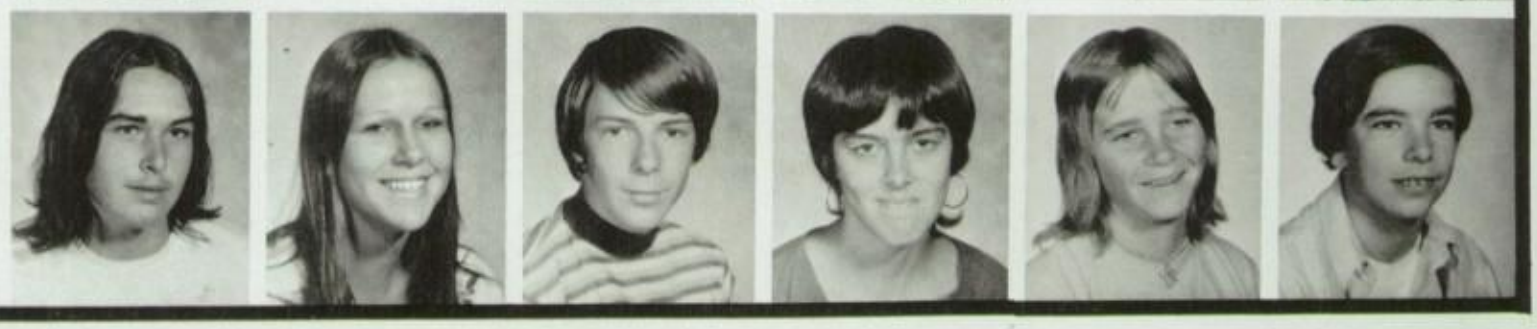
The rivalry between Castro Valley and Arroyo was ahead.



Freshmen

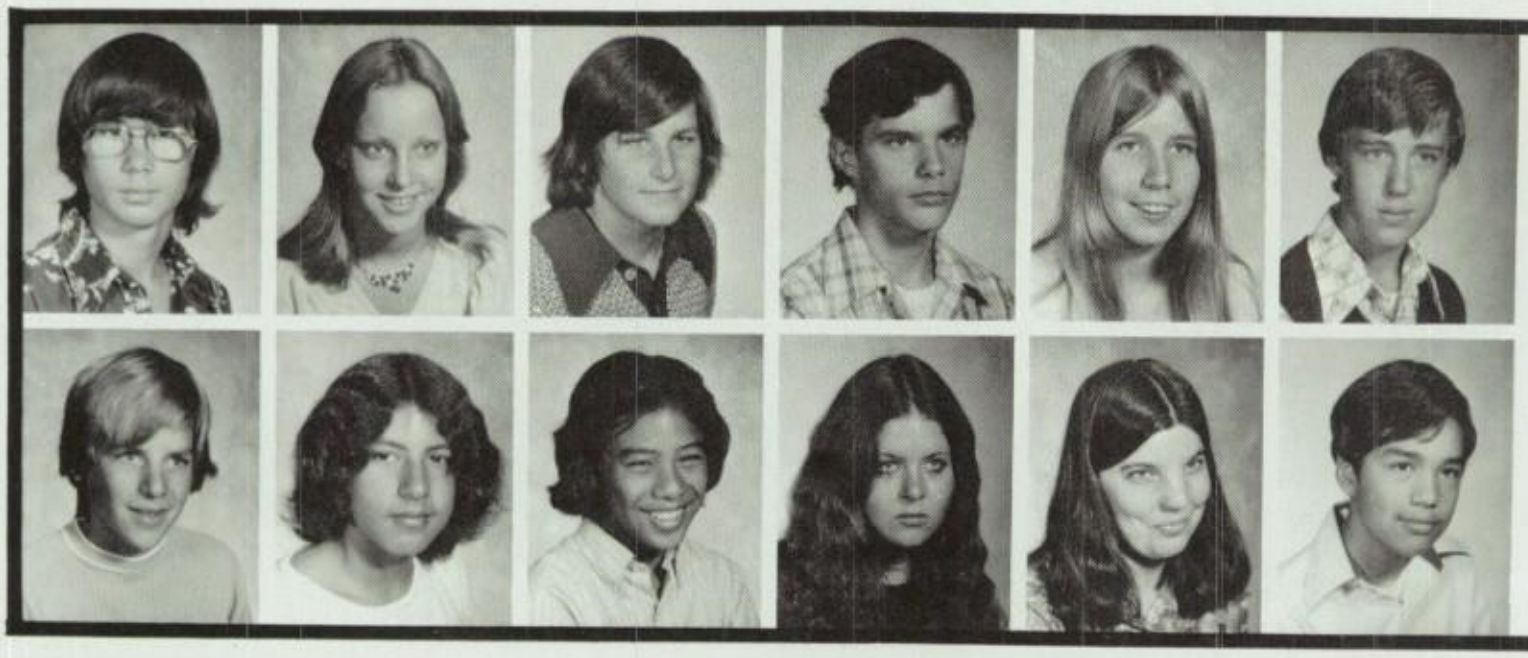
Ken Gregg
Jim Gresham
John Griffin
Debbie Grivois
Roger Grubb
Adelia Guy

Wade Guy
Anna Hagans
Mark Hager
Linda Hall
Rick Halvorsen
Scott Hamilton



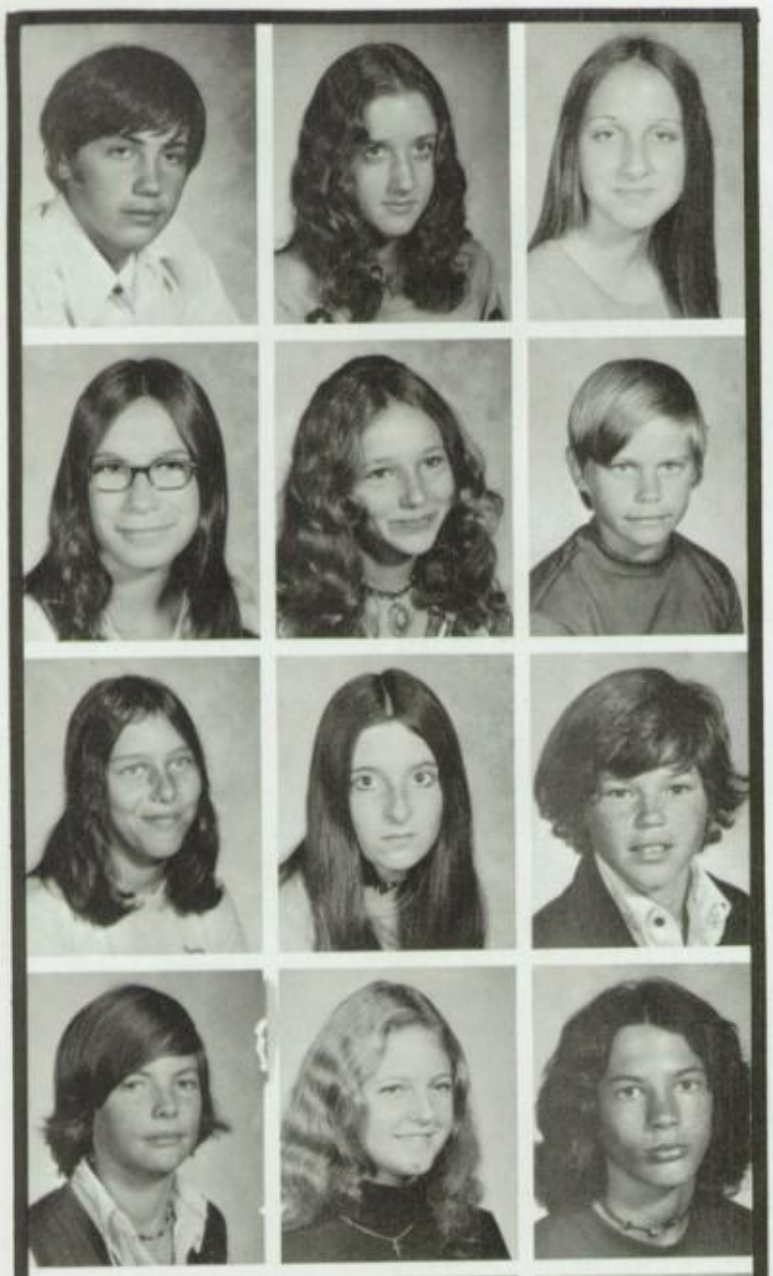
1. Quarterback Dave Fernandez looks over the Granada defense before receiving the snap from center. 2. Coaches Tony Machutes and Mike Bowers along with team. FRONT ROW: Bob Kufeld, Dave Murphy, Glenn Bell, Marty Newell, John Oliveira, Frank Eiras, Gregg Thompson, Mark Delafiganiere, Dave Fernandez, and Rick Weston. SECOND ROW: Mike Tiernan, Rei Delafiganiere, Jim Curry, Denny Thornton, Bob Blaisure, Kreg Humburg, Rick Kufeld, John Donovan, Frank Bucholz, Gary Gardner, John Craney, Doug Anderson, Jim Reed, and Mark Sanchez. 3. Tennyson defenders close in on quarterback Dave Fernandez as he prepares to throw a pass. 4. Varsity team members relax before practice. 5. Coach Bowers screams out encouragement to the defense.

Freshmen



King Harris
Louise Harry
Rick Harsha
Bob Hart
Chris Hawkins
Ronald Hendricks

Greg Hennings
Anthony Hernandez
William Hew Len
Teresa Hickey
Jenell Hill
Rick Hocker



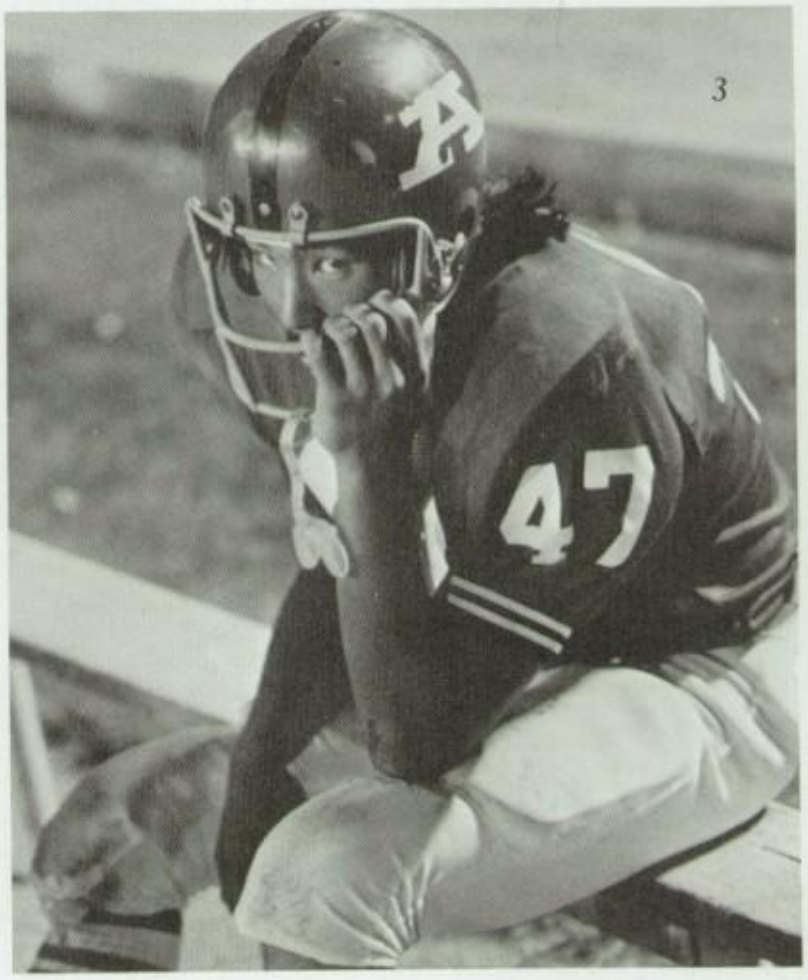
Jeff Hill
Gail Hohl
Terri Hollerson
Eric Hoopes
Frances Houston
Bob Howe
Pat Hubbard

Cindy Hunt
Diane Husband
Kathy Iredale
Kathy Isaksen
Kellie Isam
Wayne Izard
Paul Jacobs

Debbie Jarrett
Bill Johnson
Les Julson
Shell Kaeck
Karin Kagiwada
Patty Kateton
Melissa Karpe

Freshmen

1



3

4

5

Teammates select Blaisure M.V.P.

Entering the game, Castro Valley had won two games and it was soon proved that the records of the two teams had nothing to do with the outcome. Castro Valley crushed Arroyo's hopes for the championship by dealing them a 14-0 loss.

Mathematically, the Dons still had a slim chance for the league crown, but the defending champions, the Hayward Farmers proved obstinate.

As in most Arroyo-Hayward meetings, the game was a close defensive battle. Hayward scored the only points on a fourth quarter field goal.

Arroyo ended its season on a winning note by defeating Mt. Eden, 21-18.

"This season had to be counted as a successful one," stated Coach Machutes. Five players were selected to all-league status. They were: Gary Gardner, Rei Delafiganiere, Bob Blaisure, John Donovan, and Glenn Bell. Gardner and Delafiganiere were also chosen to the All-South-County team.

Don teammates named Bob Blaisure, fullback, the team's most valuable player.

1. Marty Newell turns on the speed to get away from Tennyson tacklers. 2. Scott Marlin, Bob Blaisure, and Mike Tiernan ready to tackle San Lorenzo runner. 3. Randy Ichiana is caught by surprise during a game. 4. Mike Tiernan, Kreg Humburg, and Frank Buchholz join to tackle Tennyson runner. 5. Mike Tiernan and Kreg Humburg again lead in a tackle for the Dons. 6. Arroyo defensive line readies for a meeting with Sunset line. 7. San Leandro leaps over Arroyo defender.

Double sessions prove toughest summer task

Some call it archaic, and some call it our national past-time. It starts in late August when 100 young men head out for the Arroyo field to start summer training for the '74 Arroyo High School Football Season.

The first week of training mostly consisted of running; trying to get back in shape from all the summer partying. "Running is really a break, from what's in store for us in the second week," stated running back Frank Eiras.

Pads are passed out by the coaches and the hitting soon follows. "After the first couple of days of hitting, you begin to feel the effects but, it soon passes," Eiras went on the say.

The most dreaded part of summer training is ahead of the players—double sessions. The players come early in the morning for two hours then, after lunch, they return for another session.

Freshmen

Denise Katz
Robert Keating
Craig Kerr
Laurine Kibs
Roxanne Kirkland
Michele Klimas

P.J. Knop
Steve Kokal
Donna Koupp
Curt Kreidler
Debbie Kuhns
Terry La Casse

Players go into a football season determined to do anything to be number one, but the other team is also determined to be number one. What goes on from here takes a rare breed of man to put up with.

All-leaguer, Rei Delafiganiere's season was cut short by an injury. "I broke my ankle in the Tennyson game, and it really upset me, not just because it hurt but, because I knew my football season was over."

Getting hurt was bad enough but, Rei didn't get to a hospital until almost two hours after the injury occurred. Where was the ambulance at the time of the injury? Athletic Director and Coach, Tony Machutes tried to explain. "The ambulances are at the games more or less on their free time. Ambulances are very expensive and we just can't afford them."

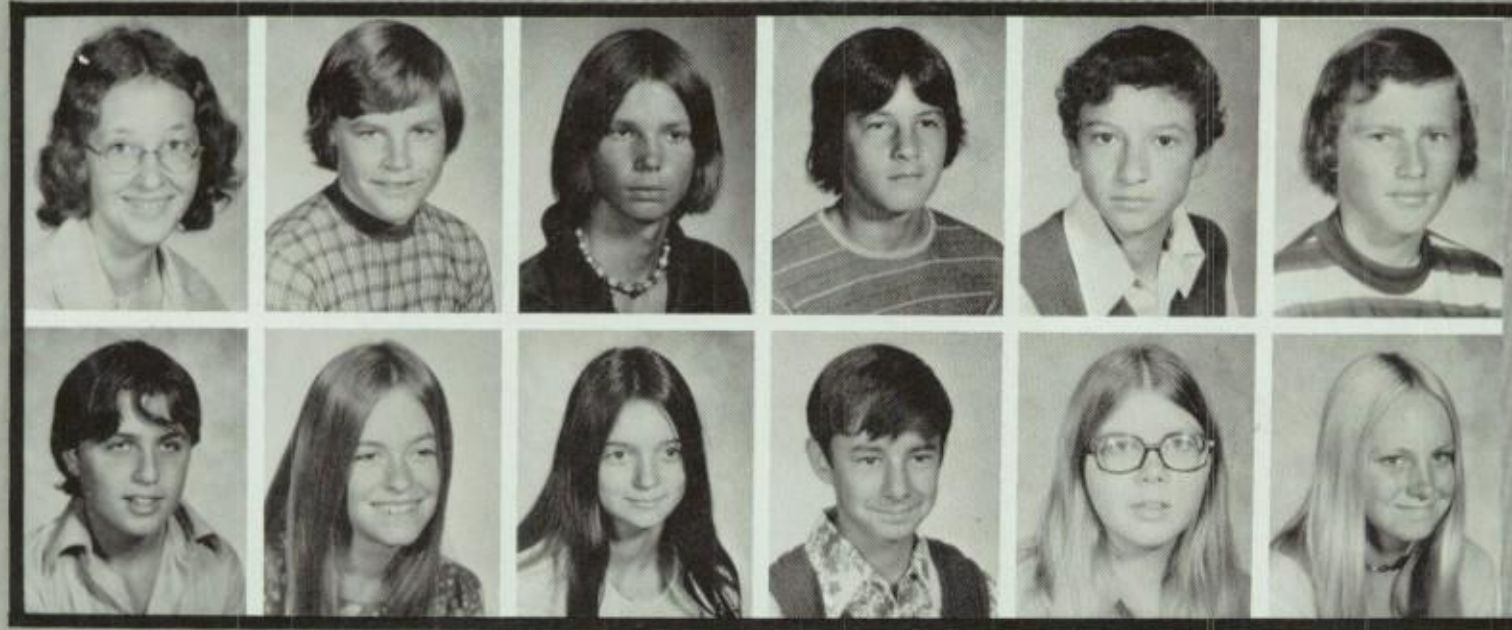
Still, football players go on playing a game they love, they have to, knowing that one hit could be the end of their playing days.

5

6

1. Rei Delafiganiere grimaces during the Tennyson game. 2. Rei being carried off the field by teammates. Rei later found out his season was over with a broken ankle. 3. While doctor is examining him, Kim Gomez's exppression tells the story after injuring his ankle during the Marina game. 4. Another Arroyo player injured in the line of duty. This one running back Marty Newell keeps his ankle elevated. 5. Kim Gomez shown being helped off the field. 6. Rugged and durable players are entitled to be shook up once in a season, as in the case of Don's All-leaguer Bob Blaisure, who winces in pain after being hit in the Tennyson game.

Freshmen



Sherri Lache
Tom Lacy
Rick Langmaid
Mark Langstaff
Rick Lanuza
Chris Lecheminant

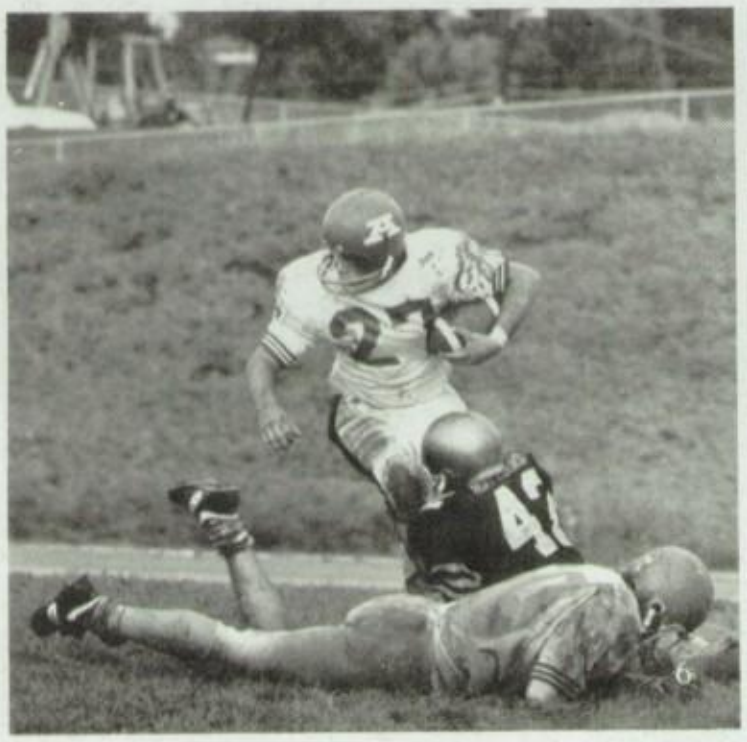
Mike Ledeman
Cheryl Lemon
Tana Lemmons
Dan Lester
Whendy Lewis
Cindy Lindahl

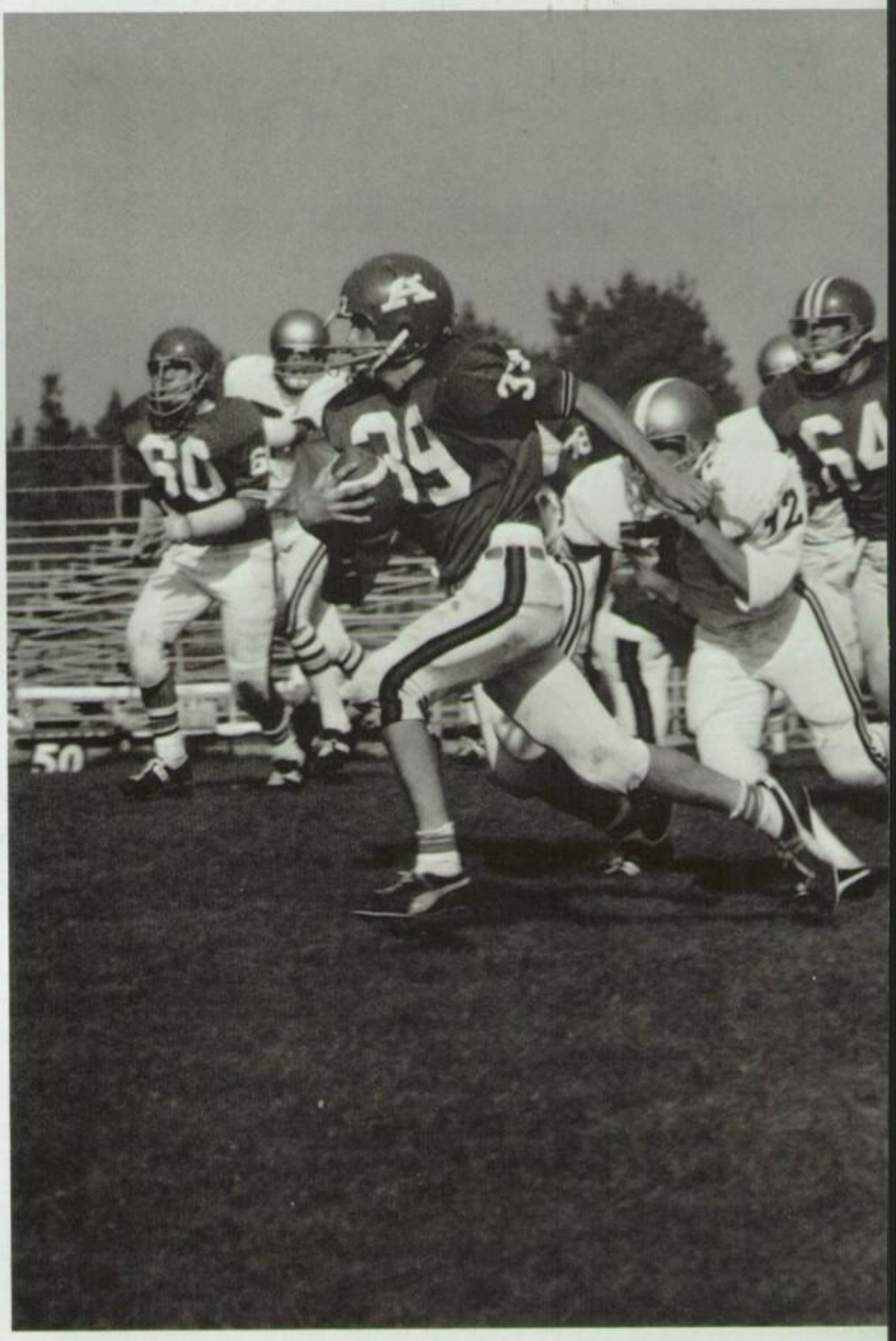
JVs conclude with 3-5 record

"Although the team did not have very many wins, the kids have learned a lot in this year that will be an asset to them when they play varsity football," said Coach Jerry Glenn. Glenn added that the team was strong, had a lot of athletic ability, and that they improved in every aspect.

The J.V.'s had their share of outstanding players this year. Craig Lemmon and Ken Drew were the team's leading ground gainers, Pat Gilbert and Ken Drew led in tackles, and Neil Harvey was best lineman. The reason that these players were standouts was because of the fact that they could play both offense and defense.

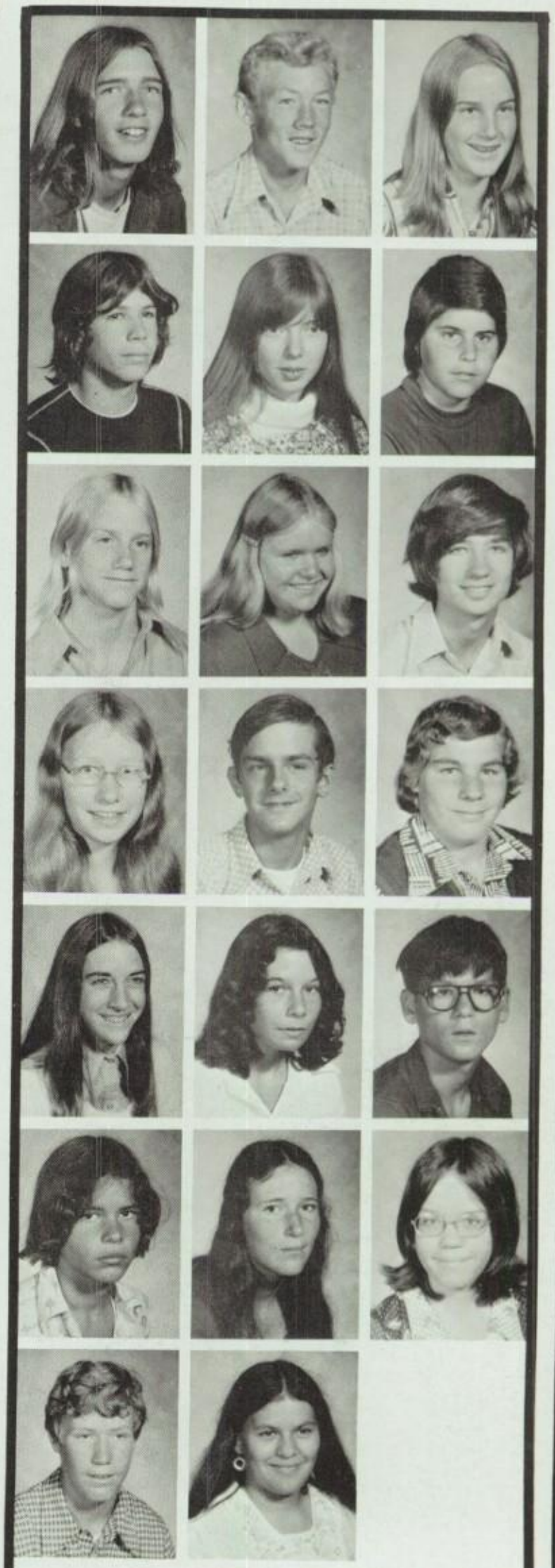
About important games, Glenn said, "With two minutes left in the game against Tennyson, quarter back Ken Drew threw a sixty yard pass to receiver Guy Smith for a touchdown to win it 14-9. The game against Sunset was won on one of the last plays on a pass from Frank Lemmo to Ken Lundberg to pull us out to win 20-14."





1. Craig Lemmon on an end run with Jim Landreth (64) and Neil Harvey (60) close behind. 2. Frank Lemmo throws a pass. 3. Guy Smith gets yardage. 4. Back row; Will Taylor, Ken Lundberg, Jim Costello, Leo Stefani, Craig Lemmon, Ken Drew, Frank Lemmo, Mike Brisentine, Bob Sheehy, Joel Edwards, Mike Barker, Dave Botelho, Front row; Mike Murphy, Keith Sales, Bob Brown, Mark Lampe, Lenny Panion, Neil Harvey, Larry Blaisure, Jim Landreth, Glenn Bellefeuille, Pat Gilbert, Guy Smith, Tom Plotz, Don Clegg, and Jim Martinez. 5. Bob Brown (85) and Mike Brisentine (27) in pursuit. 6. Mike Brisentine struggles for a gain.

GOODYEAR



Russell Linton
Steve Litz
Russ Lobert
Isabel Love
Patty Lovelace
Dennis Lum
John Lyons
Peter Lyons
Laurie Malone
Diane Marshall
Bill Martens
Julie Martinez
Kathy Martinez
Yolanda Martinez
Elizabeth Masalin
Wayde Matheson
David McDaniel
Tim McDaniel
Brian McElory
Joy Nelson

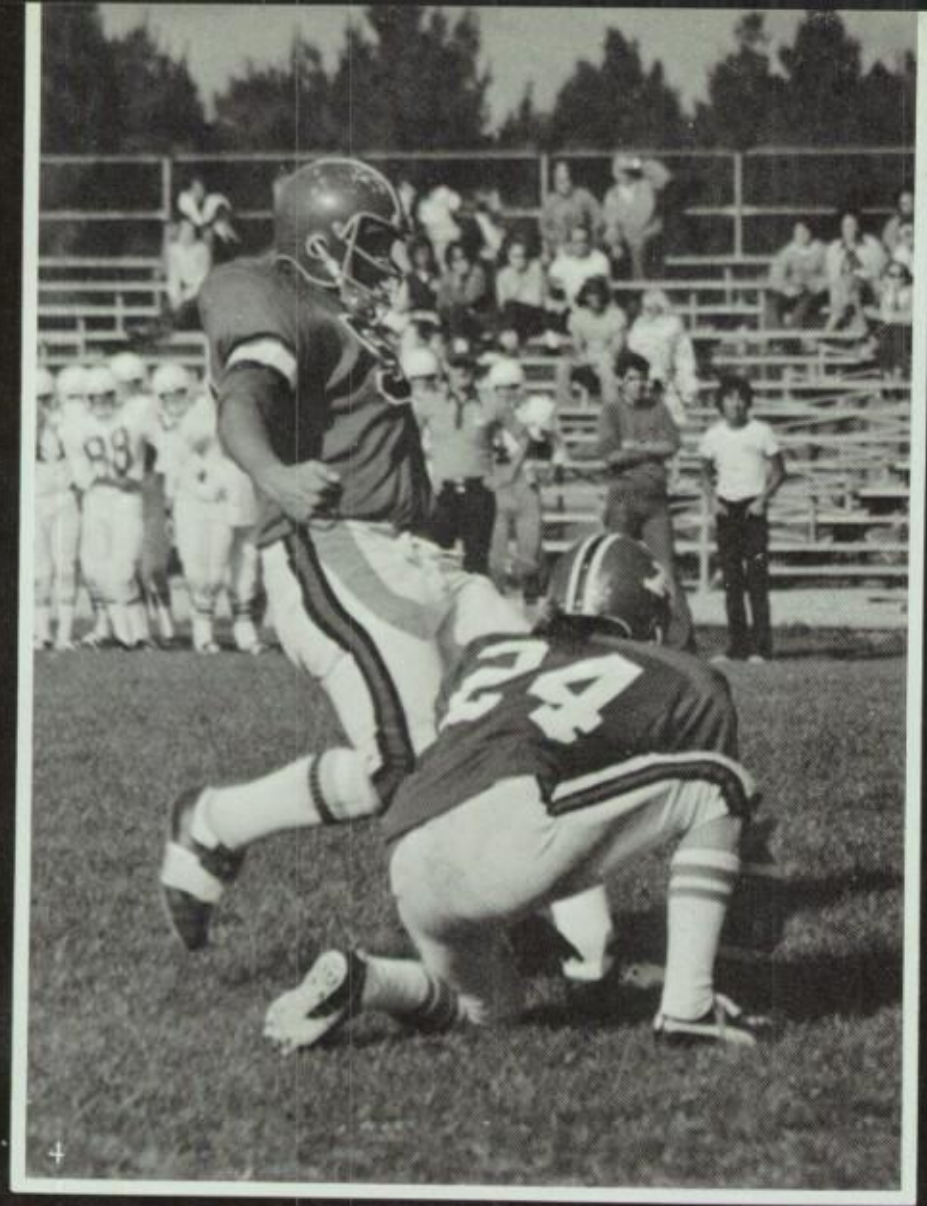
Freshmen

1. Tracy Castro gains some yardage. 2. Frosh-soph team goes through some warm up drills before the game. 3. Kimo Sanchez gets tackled by Hayward defensive players. 4. Tim Mueller kicks the ball while Dave Tudino holds. 5. Frosh-Soph defense stops Castro Valley offensive player after short gain. 6. FIRST ROW; Sam Gay, Robbie Christensen, Mike Pena, Glen Yanagi, Mark Thompson, Todd Johnson, Rick Harsha, David Bell. SECOND ROW; Steve Litz, Dave Tudino, Mark Silvera, Bill Trapp, Mike Cuthburg, John Benyshek, Ken Duran, Jim Whethern, Kimo Sanchez, Randy Watts, Roger Fernandez. THIRD ROW; Jim Cahoon, Tracy Castro, Steve Gould, Tim Mueller, Bill Fraley, Mitch Skipworth, Bill Stevenson, Mark Benson, Steve Brisentine, John Kitchuck, T.J. Anderson.

Freshmen

Kelly McHan
Rosanne McHenry
Debbie McKee
Mary McKenna
John Medeiros
Leon Mettler

Todd Miller
Max Mills
David Miranda
Don Moore
Randy Moore
Kathy Morriss



Frosh-soph gain experience

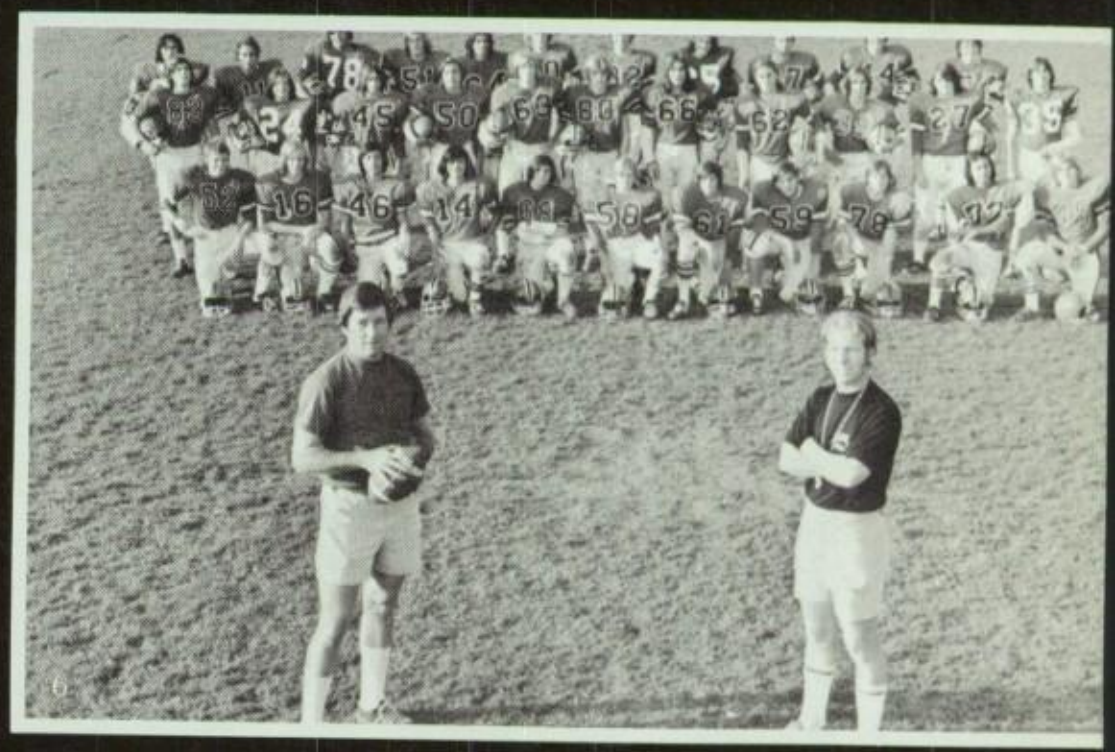
The Frosh-Soph team may not have won any championships this year, but they did gain one valuable thing—experience, according to Coach Pat Faeth.

The team finished the season in fifth place with three wins and five losses. "The team still has to learn to eliminate their mistakes and to develop better teamwork," stated Mr. Tom Sheridan, assistant Coach.

This was the first year of coaching for both Coach Faeth and assistant Coach Sheridan.

The Frosh-Soph team played the Hayward Farmers one of the top teams and lost 14-6 on a blocked punt.

This year's awards went to: Steve Gould most inspirational, Kimo Sanchez most valuable, Sam Gay most improved, Tim Mueller best offensive player, and Jim Whethern best defensive player. The coaches award went to Glen Yanagi for putting out the most effort.



Freshmen

Tim Mueller
Dianne Murphy
Julie Murphy
Steven Murphy
Brain Murray
Michelle Murray

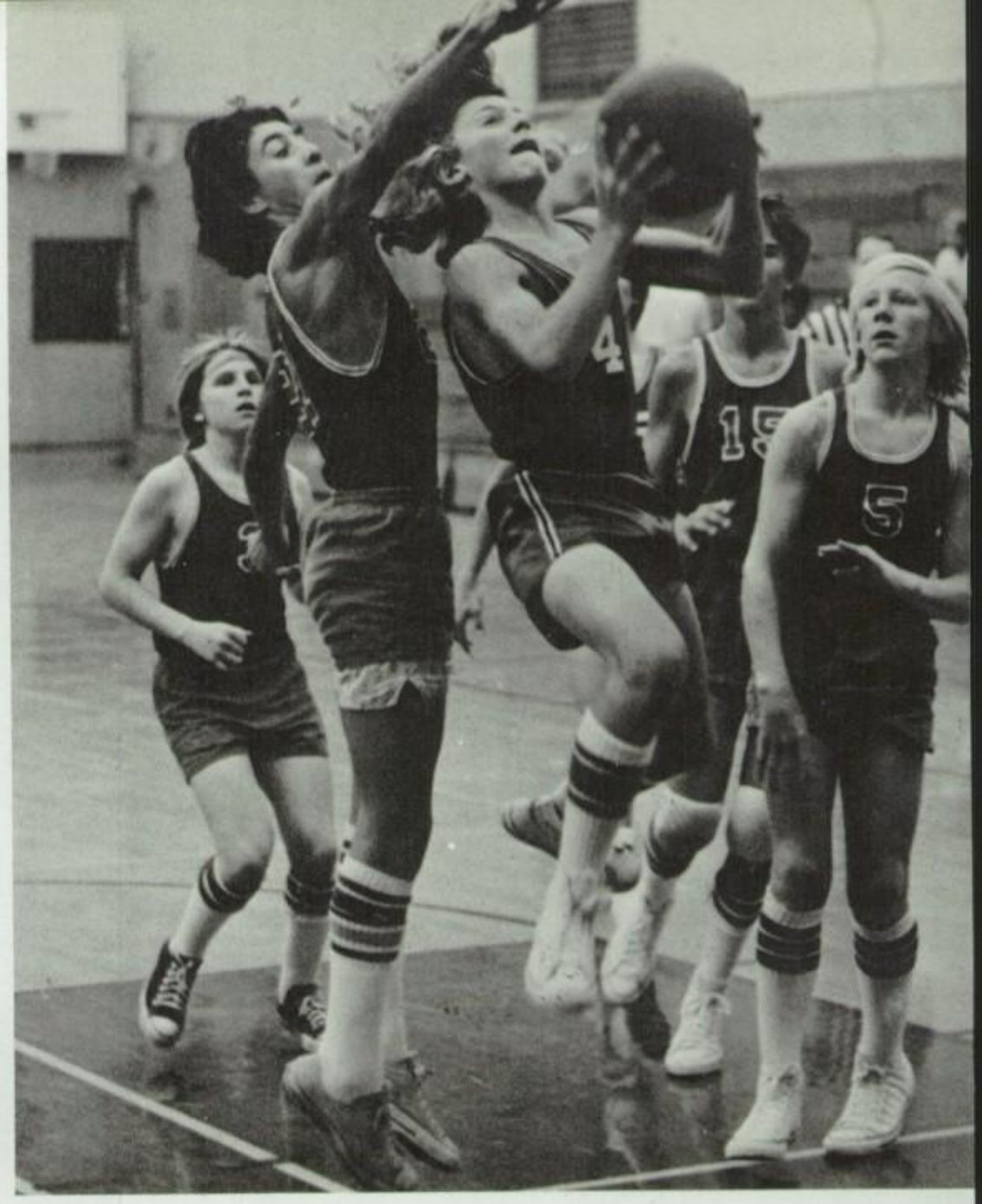
Jeff Musgrove
Dave Nelson
Jill Nelson
Kathy Newberry
Mike Neylan
Shelly Nicholson

Randall Nunes
Mary Nunn
Terri O'Connor
Judy Ohliger
Kathleen Olson
Mela Ortega
Dan Pagni

Maria Pastor
Frances Paul
Mark Payne
Shirley Perea
Gema Perez
John Perez
Margaret Perry

Diane Petch
Nancy Peterson
Lisa Pimley
Mike Pina
Darryl Pinkler
Nancy Potter
Brian Powell

Freshmen



Close basketball games mark C's season

"We all had a real good time and had a lot of fun," was how Coach Boyd McCaslin summed up this year's C and D basketball season. The "C" basketball team posted a 3-4 win-loss record, highlighted by many close games.

"Our most memorable game was the 49-45 victory over Castro Valley," stated Coach McCaslin. In that game Frank Lemmo and Tony Gonzales combined for 38 points, scoring 20 and 18 points respectively.

Tony Gonzales and Frank Lemmo provided most of the scoring for the C's. Coach McCaslin said Glenn Yonan, with great hustle all year, aided on defense.

McCaslin said, the D's had a fine team and played well all season despite posting a 2-5 record. In two of their games, the D's lost by one point. Against Hayward, the Farmers won by sinking two free throws with three seconds left in the game.

"If the D's had a fault, it was their lack of size," stated Coach McCaslin. Coach Boyd McCaslin expressed delight on the constant improvement of both teams throughout the year. "We all wished we could have won more games because we had a better team than our record showed," commented D-guard Glenn Yonan.

GOODYEAR

1. Frank Schmidig drives past Castro Valley defender for a hopeful two points. 2. Mike Stevens takes a break during the middle of a C basketball game. 3. Tony Gonzales goes up for two points in C basketball action. 4. Tony Gonzales attempts to outjump his Castro Valley opponent. 5. Tony Gonzales soars high in the air past Canyon defenders for two points.

Young runners gain experience

"With dedication and work, the team has a good future ahead of them," stated Mr. Ken Weissenborn about the cross country team.

The lack of experienced runners hurt the team badly, which was evidenced by their 1-5-2 record and a fifth place at the league meet.

Lack of participation among seniors seemed to carry over from the previous year as the varsity cross country team dwindled to only two senior runners.

"With only two senior runners on the team, it enabled younger runners to get valuable experience," stated coach Weissenborn.

This was the first year in Arroyo cross country history that a girl was recognized as a team member. Junior Patty Pacheco ran along with the top four runners Dave Emery, Dan Boulton, Russ Wright, and Link Litov.

Voted outstanding harriers by the team at the end of the season were: Dave Emery, most valuable; Ken Grace, most inspirational; Dan Boulton, most improved; and Russ Wright, captain.

GOODYEAR

1. Another first for Dave Emery. 2. Coach Ken Weissenborn charts down the times on the winners. 3. Dan Boulton holds off the pack of runners for the lead. 4. Steve Caldwell appears weary from the long run.

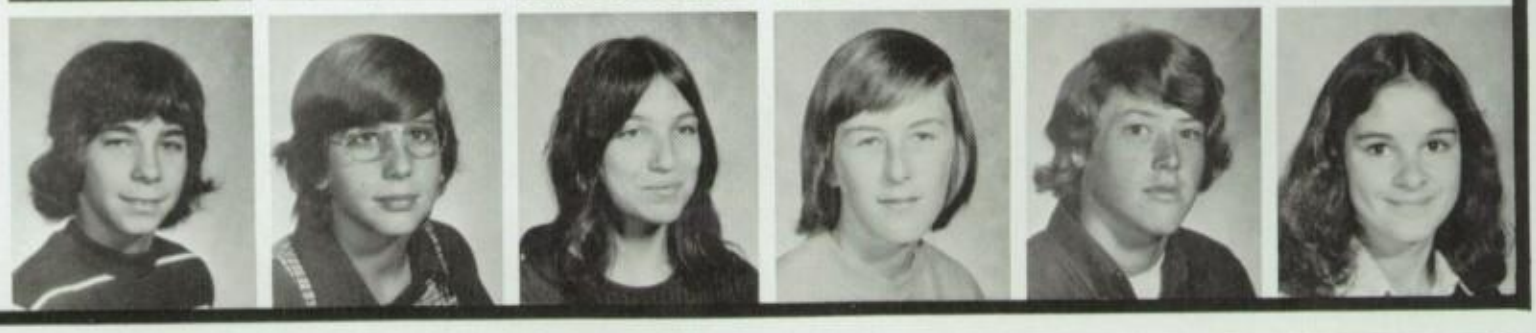
2

3

Freshmen

Rick Priddis
Ramon Pulido
Scott Pulido
Yvonne Quiroz
Laurie Raymond
Julie Refacho

Andrew Roberts
Bob Roberts
Kathy Roberts
Rod Robertson
John Robinson
Sally Robinson



5. J.V.'s Mike Souza, Julian Soto, Bob Miguel, Frank Tapia, Ken Butts, Ed Holt, Steve Caldwell, Gary Wright, Mark Souza, Patty Pacheco. 6. VARSITY: Rick Romero, Robert Cuddy, Ken Grace, Dave Emery, Bob Ryan, Coach Ken Weissenborn, Russ Wright, Dan Boulton, Linc Litov, Gary Craig, Coach Jerry Metcalf.

Freshmen

Vicki Robinson
Mike Rodriquez
Kristine Roth
Josine Rybicki
Kathy Sanches
Carole Sanchez

Florencia Sanchez
Kimo Sanchez
Bruce Santos
Jeff Santos
Ken Sawtelle
Heidi Schmidig

Alumni aid frosh-soph, jv matmen to third place Hayward league spot

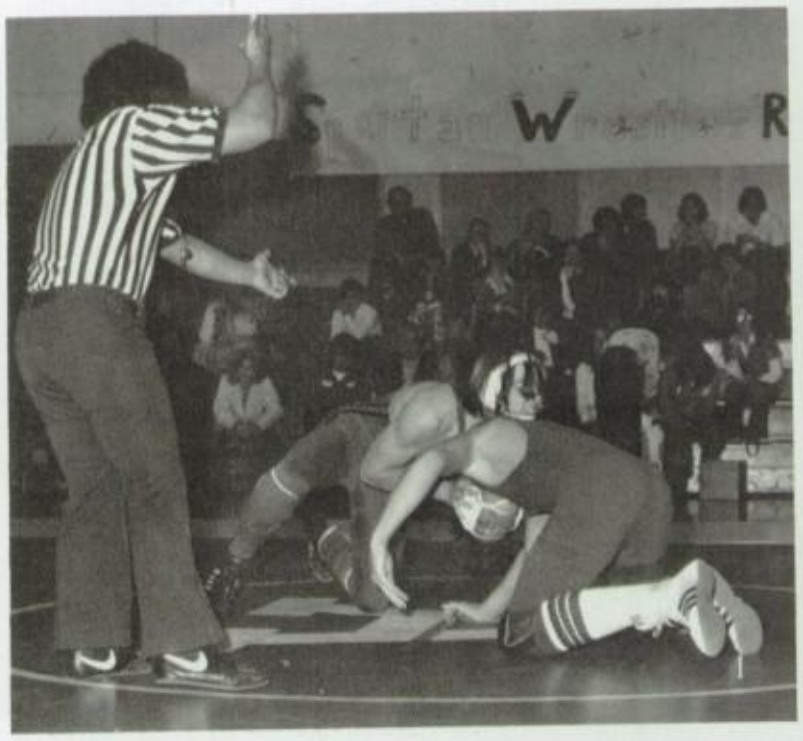
Posting a third-place league finish, Coach Mike Bowers praised this year's frosh-soph/junior varsity wrestlers, "This was the best freshmen and junior varsity teams that Arroyo has ever had."

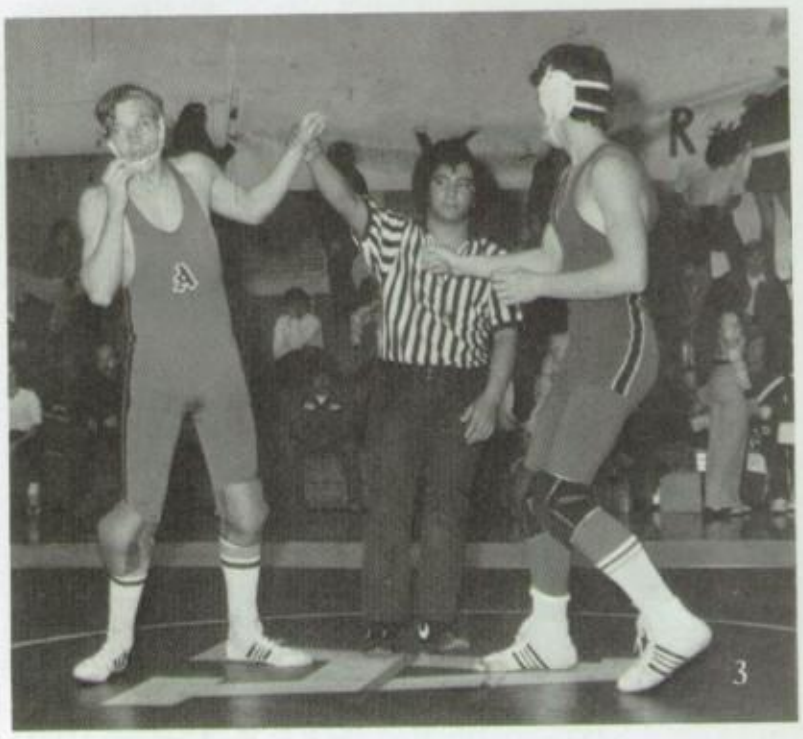
This year, the freshmen and sophomore squad competed with the junior varsity. Bowers explained that only three schools in the Hayward Area Athletic League have freshman teams and the consolidation of schedules was established.

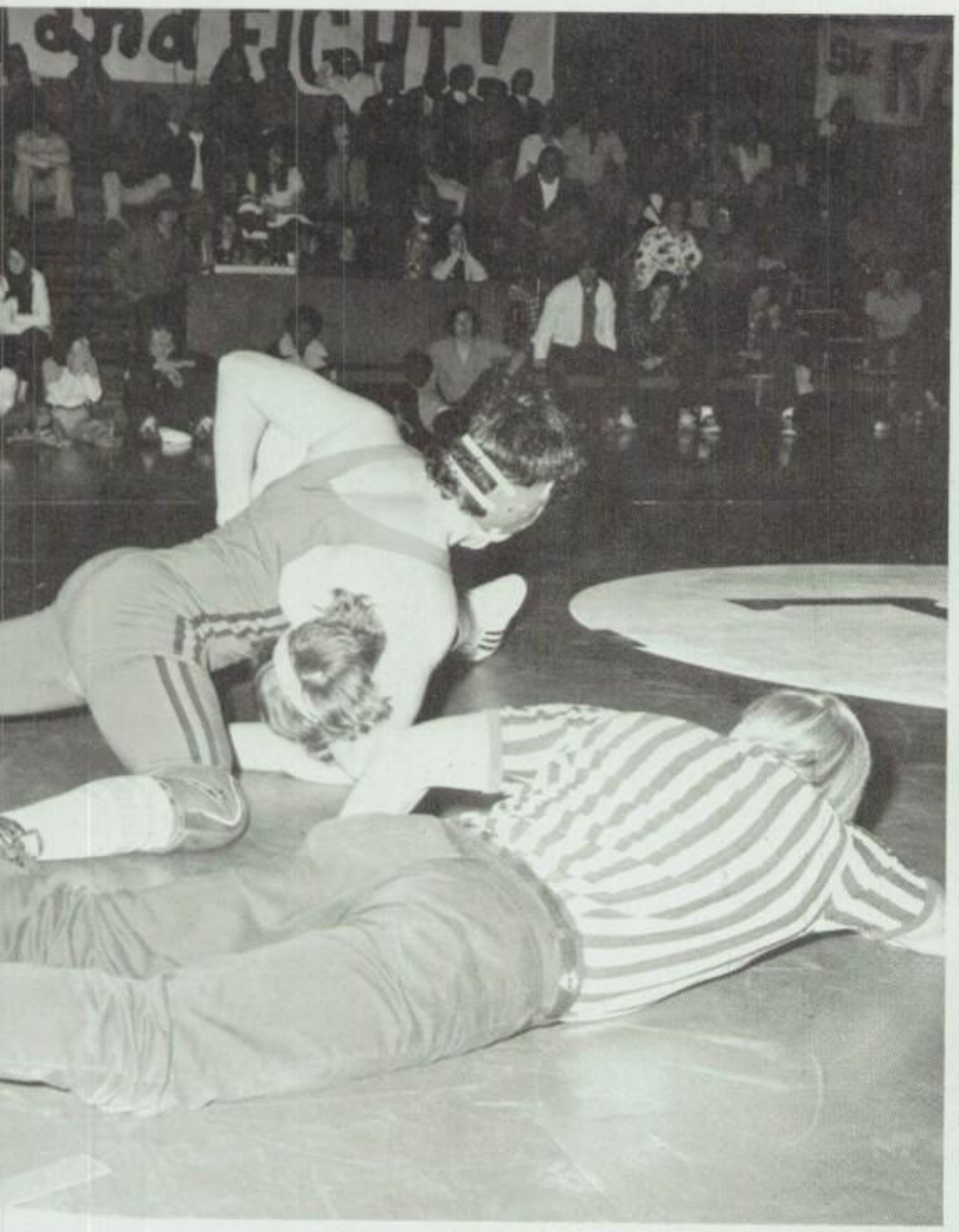
Alumni John Pryor and John Hardester assisted Bowers with this year's coaching responsibilities. At the end of the season, the junior varsity squad posted a 6-2 record. The frosh-soph team finished third in the league at 7-2.

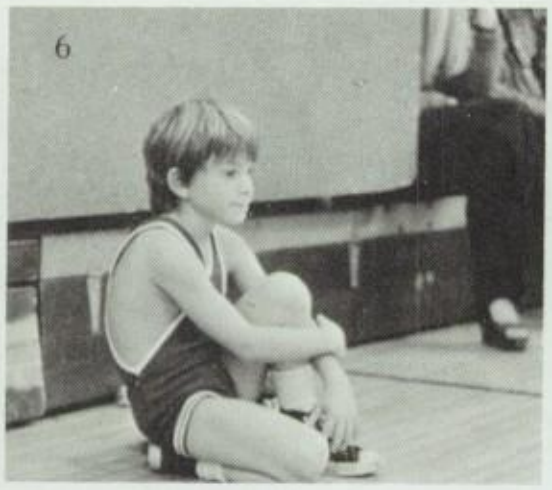
1. Roger Fernandez takes down Spartan opponent. 2. Jim Martinez gains two-point near-fall against San Lorenzo. 3. Referee declares Ken Lundberg victorious over his Castro Valley foe. 4. Team captains Rob Lutz and Roger Fernandez lead warm-ups before San Lorenzo dual meet. 5. Bob DeSilva prepares to takedown his opponent. 6. and 7. Pint-size members of the San Lorenzo Wrestling Club wrestle during short break between junior varsity and varsity wrestling matches at San Lorenzo.

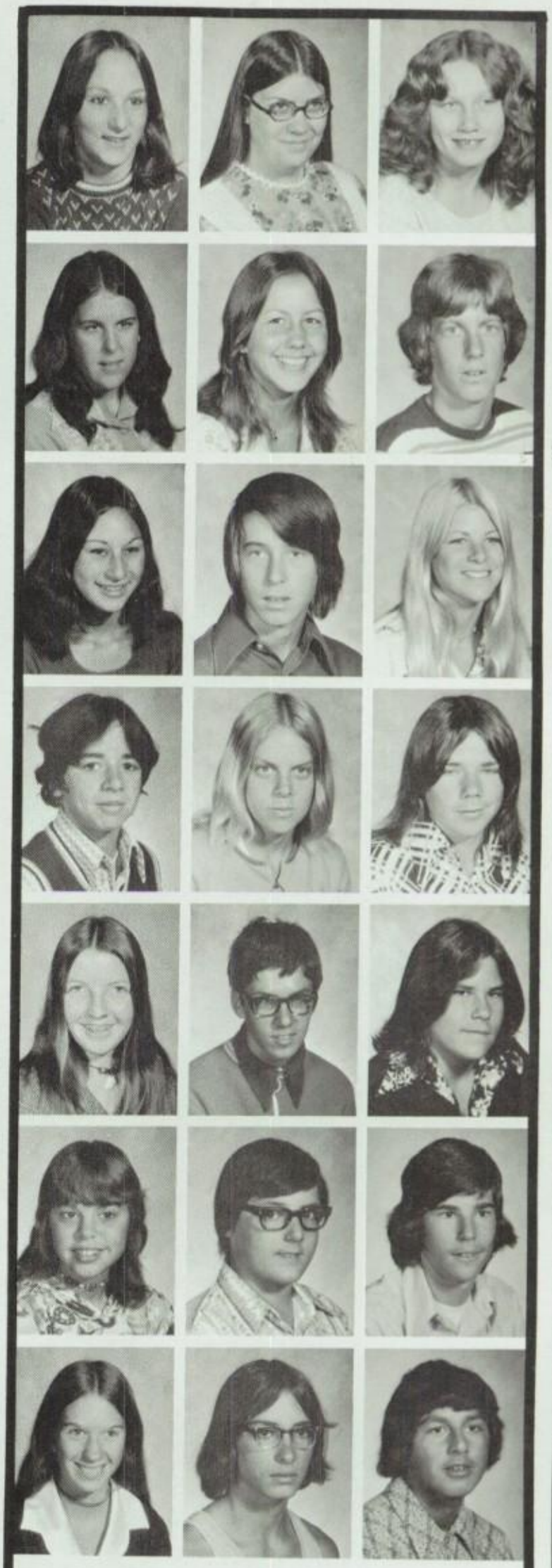
GOODYEAR







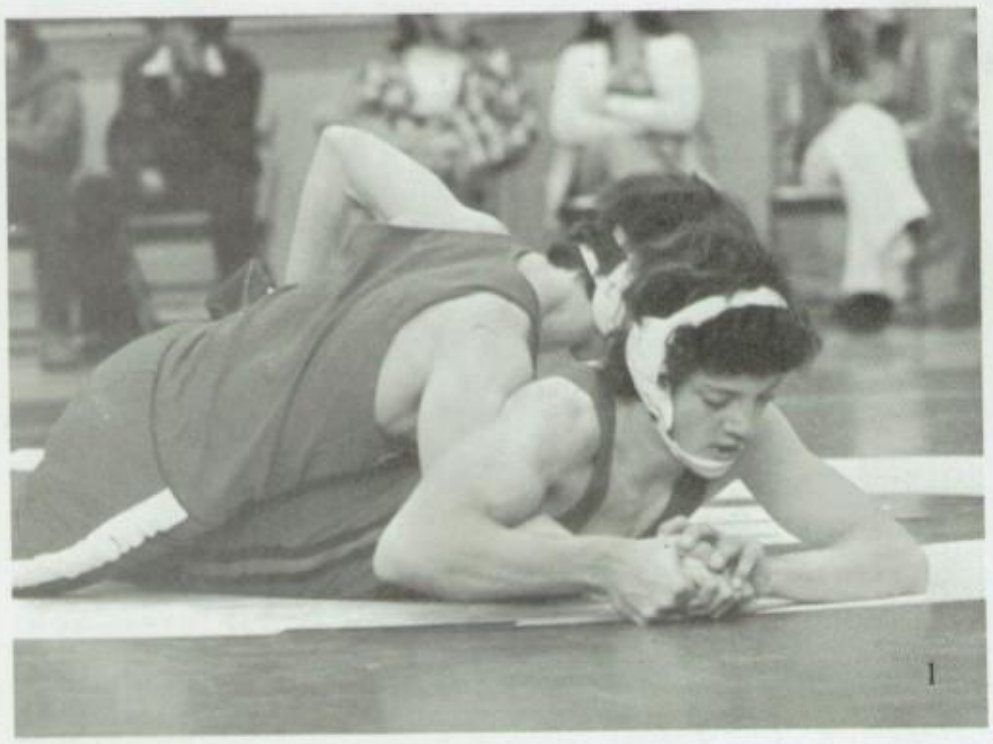




Kathy Schopplein
Lori Schulte
Denny Schwenning
Dan Scott
Debbie Scott
Diane Sena
Debbie Sequeira
Terri Sevigny
Marrianne Shaieb
Bob Shay
Mark Shinn
Dale Shutty
Mitch Silva
Mark Silveira
Judy Simmons
Mitch Skipworth
Nancy Sliney
Jerome Smith
Ron Smith
Bob Solari
Raul Soto

Freshmen

1. Keith Frese tries to escape from opponent. 2. Varsity wrestling team: Duane Ormsby, Keith Frese, Curt Sanfilippo, Dave Botelho, Ron Pryor, Mark Burritt, Dan Bunio, Rick Romero, Bob Kufled, Glenn Bell, Dave Ritter, Dennis Sequeira, Rei Delafiganiere, and Gary Gardner. 3. Glenn Bell takes down an opponent. 4. Gary Gardner, Rei Delafiganiere, and Dick Wong concentrate on match. 5. Curt Sanfilippo holds opponent. 6. Dave Ritter attempts to take down an opponent. 7. Duane Orsmby tries to score against opponent.



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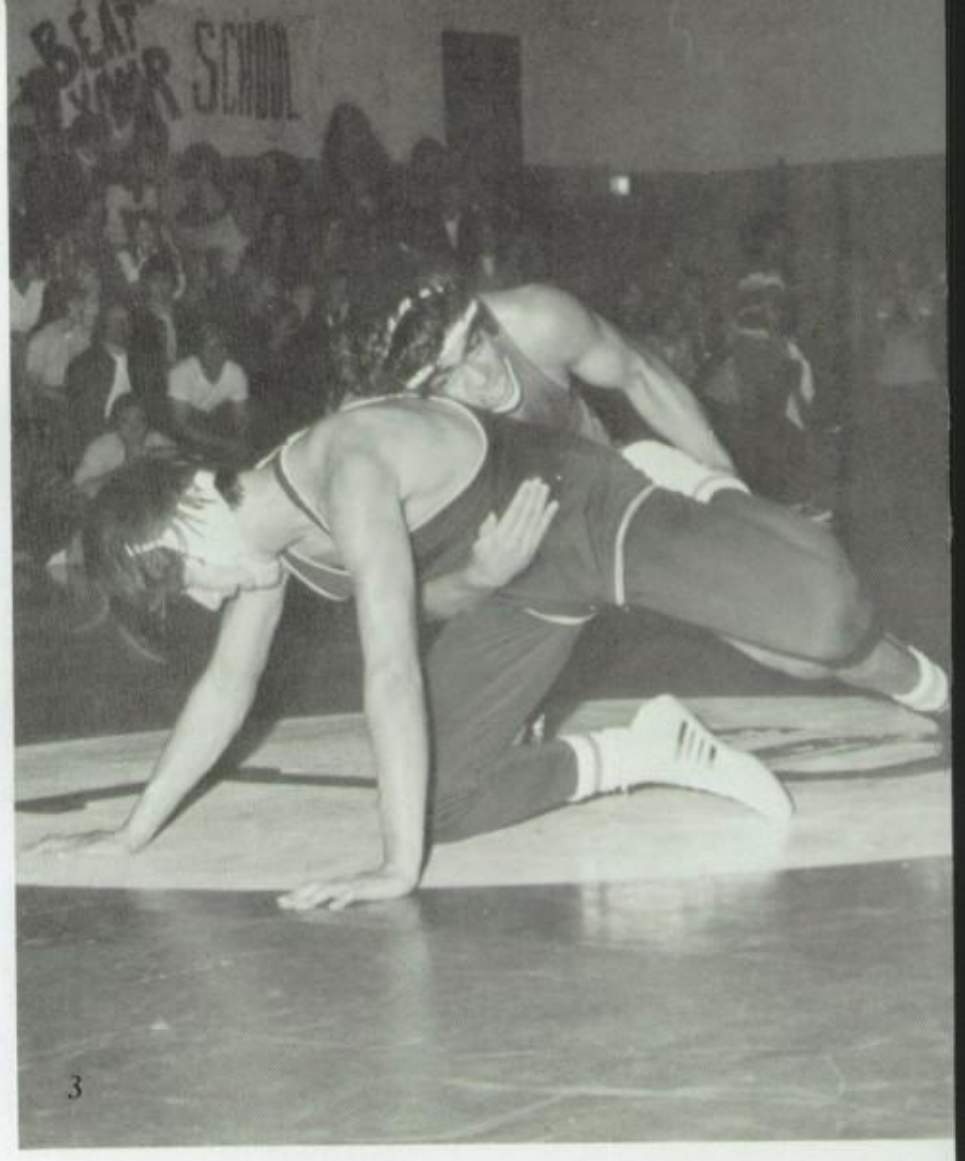

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Freshmen

Jason Steklachick
Pamela Stepp
Mike Stevens
Debbie Stivers
Judy Stramaglia

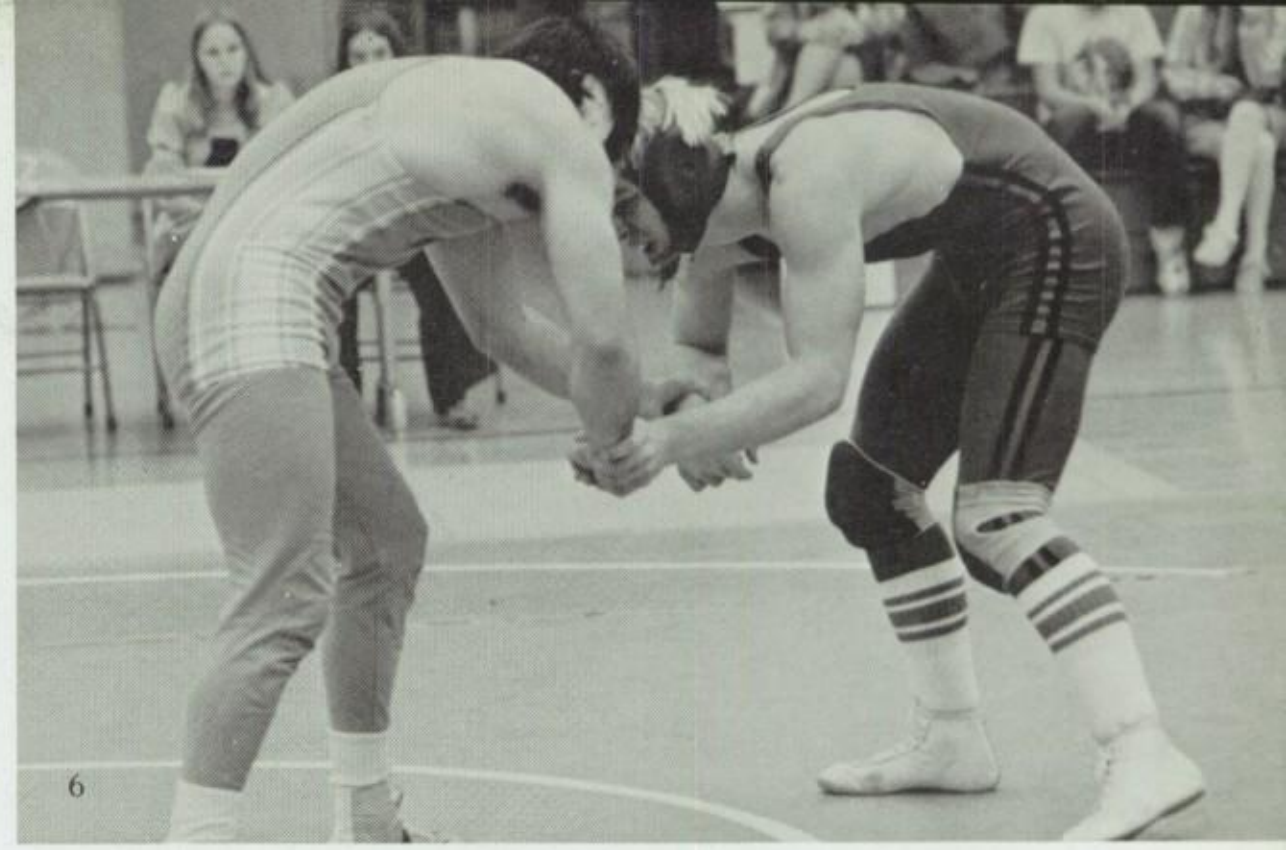
Lisa Stuart
John Tennant
Russell Thogmartin
Debra Thompson
Mark Thompson

Dons place third

"The kids just kept on wrestling great," was how coach Mike Bowers summed up the overall performance of last year's wrestling team.

At the Hayward Area Athletic League Championships the guys who placed on varsity were Glenn Bell, first place in his weight division. At San Lorenzo High Rei Delafiganiere, a late starter in the season because of a football injury, was called on a technical violation, but defeated his Rebel opponent to take second place. Third place winners were Duane Ormsby, Gary Gardner, and Dave Ritter. Ritter also received a trophy for the quickest pin at North Coast Region Three. Curt Sanfilippo took fourth at the Marina High tournament.

Bowers stated at the banquet, "After Christmas vacation the wrestlers had to go against one of the toughest teams and they weren't really prepared." The team wrestled on a mat with a big spotlight over them at the San Lorenzo dual meet. Bowers added, "It was one of the scariest things they had to do." In the league, Arroyo posted a 5-3 record. This mark was good enough to put the Dons in third place.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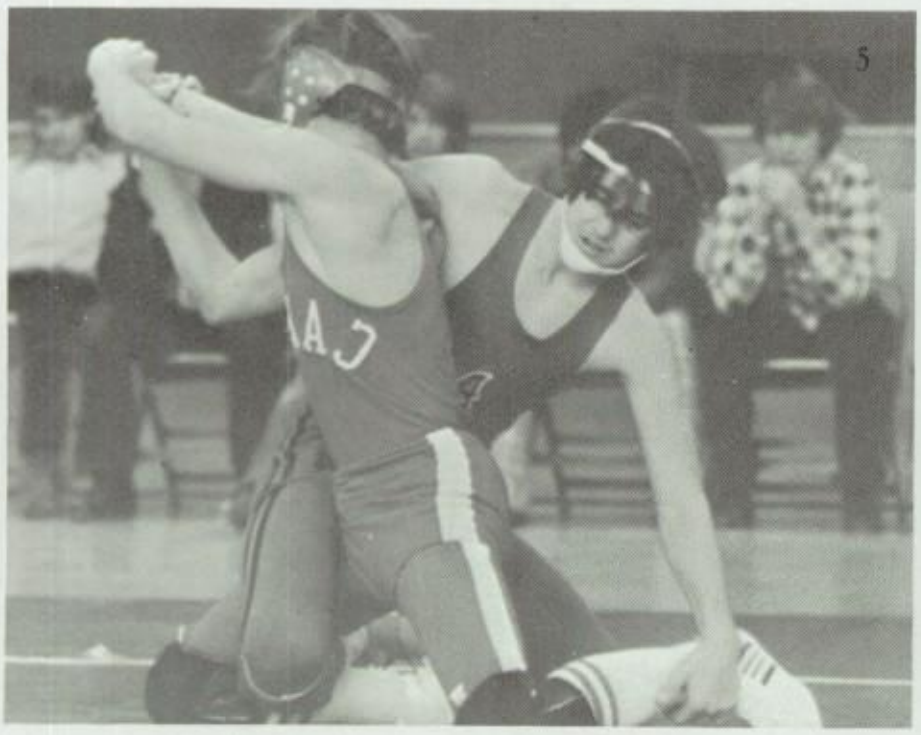
GOODYEAR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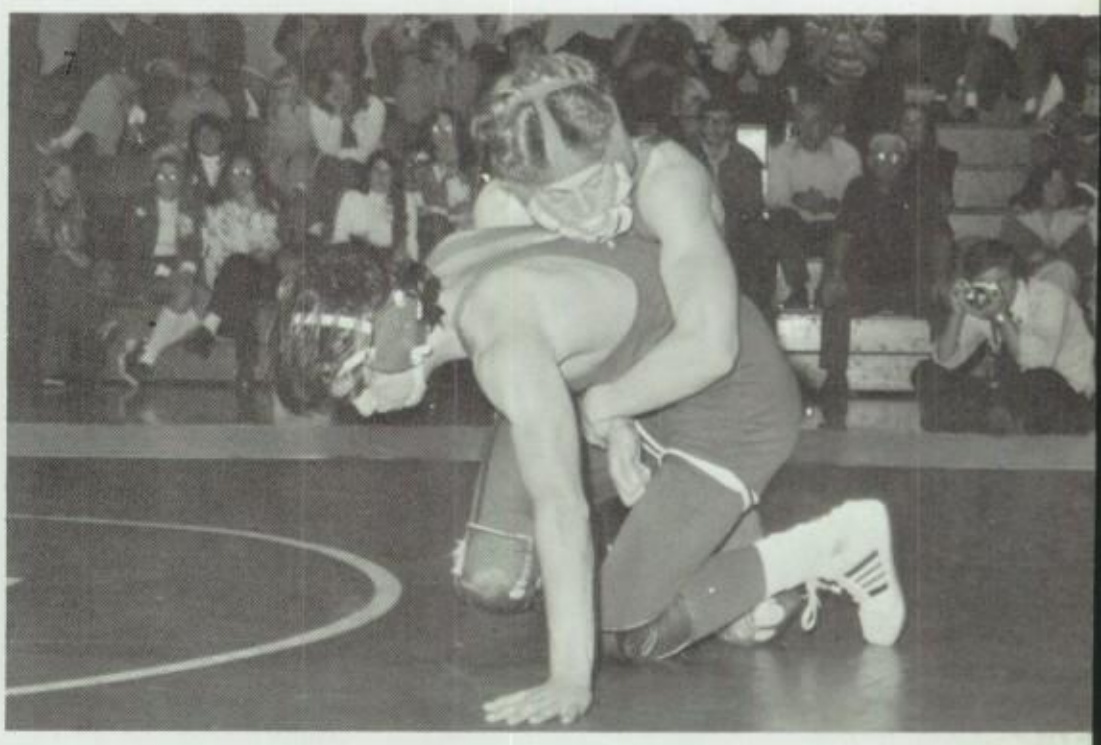
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Freshmen

Kathy Thrasher
Jeff Tobia
Lynn Torrieri
Valerie Trefethen

Joanne Umlauf
Linda Uranga
Thomas Vachter
Tom Valerga

Barbara Vanderpool
Steve Vargas
Brenda Vasquez
Bonnie Vierra
Jody Vigil
Larry Vigil
David Vilas

Tami Von Hartman
Diana Vugin
Sue Walling
Kathy Walsh
Tracy Watkins
Randy Watts
Dirk Werner

Tisa Wessells
Jim Wethern
Kelly Wilhite
Sharon Wong
Pam Wood
Renee Yee
Laurie Yoder

Freshmen

Improved skills aided success

With only two returning lettermen, Coach Boyd McCaslin still felt confident that the 1974-1975 varsity basketball squad would have a successful season.

The young team was led by returning seniors Scott Carlsen and Jim Hoos whom McCaslin felt were "outstanding hustlers and shooters."

With the rest of the club consisting of junior varsity transfers Mark Sanchez, Dave Fernandez, Andy Cross, Greg Soares, Bill Marshall, Mark Gamblin, Dave Emery, Dave Miller, and last year's part-time varsity center Eric Tausheck, Arroyo was ready to enter its pre-season schedule.

"We started off the season by losing to two of the best teams in the East Bay: Bishop O'Dowd and St. Joseph's, which gives us nothing to be ashamed of," stated Coach McCaslin. Arroyo lost to Bishop O'Dowd by thirty points and to St. Joseph's by ten.

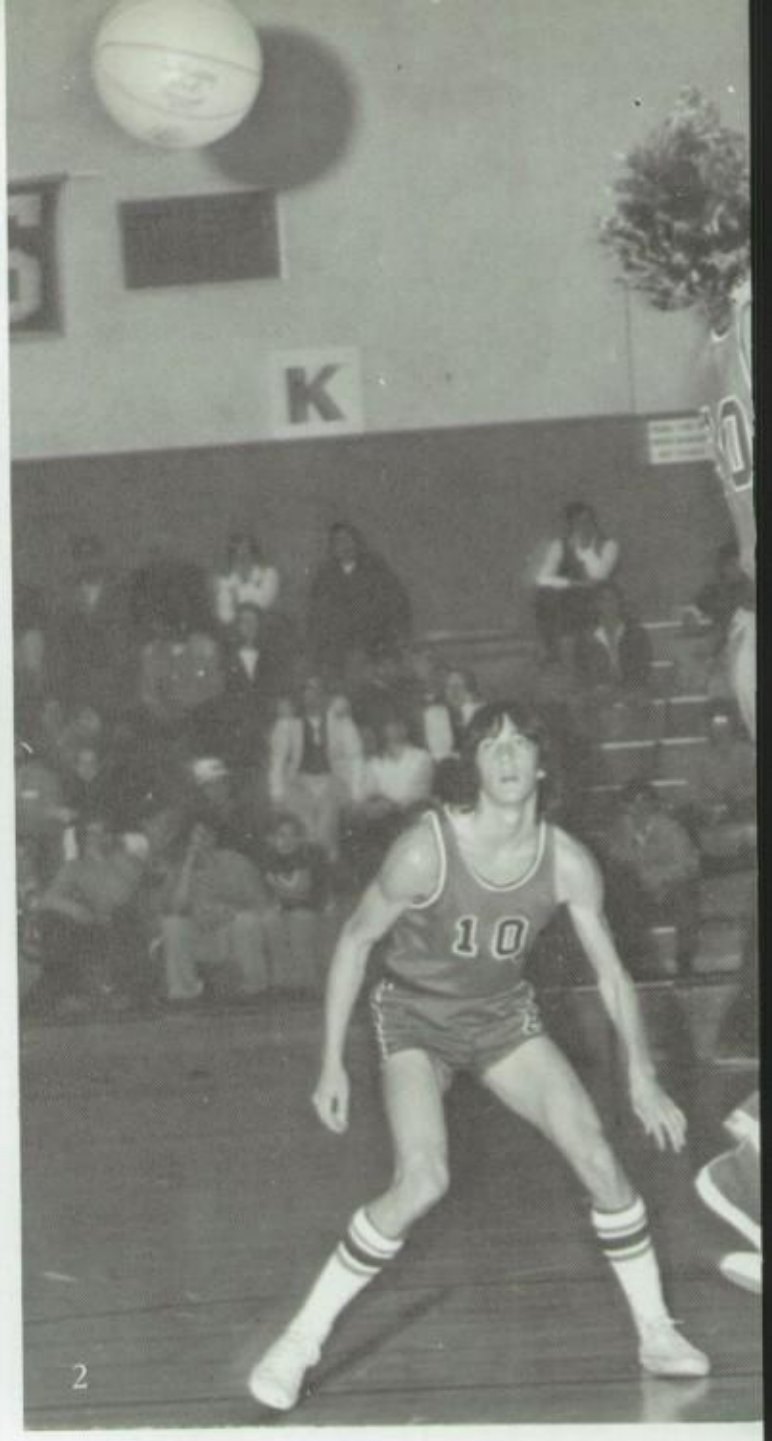
As the team progressed through the pre-season, Coach McCaslin felt the team had improved a great deal in ball control, team work, and shooting. All three of these previous factors came in handy as the Dons entered the San Leandro Tournament, the first of two pre-season tourneys.

1. Scott Carlsen outjumps Mt. Eden man for the ball. 2. Jim Hoos has a break-away lay-up against Marina. 3. Eric Tausheck leaps high over Marina defender for tip-in. 4. Eric Tausheck battles Castro Valley man for ball. 5. Coach Boyd McCaslin shows a concerned look on his face. 6. Co-captains Andy Cross and Scott Carlsen give traditional handshakes before game. 7. Cheerleaders Sandy Bevilacqua, Jo Williams, Kathy Scott, Kathy Fredericks, and Lisa Torres show worried looks on their faces during basketball action against Canyon.

GOODYEAR

GOODYEAR

1



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6

Freshmen

Julie Young
Cathy Younger

Arroyo finishes in second place

The Dons opposed Mt. Eden in the first game and came out winners, 62-39. Arroyo advanced to the next round of play to face co-host Pacific. It was a close game all along, but the Dons won again, 66-60, and entered the finals against other host school, San Leandro. With a tough and stifling zone defense, and calm playing under pressure, Arroyo won the tourney crown and handed the Pirates a 54-49 loss.

Honored for the San Leandro All-tournament team were forwards Scott Carlsen and Mark Sanchez and guard Jim Hoos. Carlsen, who scored 44 points, played well defensively, and was effective on the boards was chosen the tournament's most valuable player.

The preceding week, the Dons traveled to San Francisco to enter the Lloyd R. Leith Tournament. Arroyo kept its winning streak intact, as the squad easily defeated Encinal, McAteer, and San Mateo in a come-from behind victory. Once again, the Dons dominated the whole tournament, and four players were named to the all-tourney team; Scott Carlsen, Andy Cross, Eric Tauscheck, and talented junior forward Mark Sanchez, who was voted the tournament's most valuable player.

The Dons, pre-season favorites for the second spot, were now ready for their league opener against third place pick Castro Valley. The game was an important one. Behind most of the game, the Dons came back in the last few minutes to win 54-50.

1. Scott Carlsen tips one up and in for two points against Marina. 2. Jim Hoos and Eric Tauscheck battle a Marina defender for the ball. 3. Mark Sanchez goes up for two points against Castro Valley. 4. Andy Cross takes off on a break-away as Scott Carlsen catches up. 5. Andy Cross tries a long jump shot from the baseline. 6. Varsity basketball team: Dave Fernandez, Mark Sanchez, Jim Hoos, Scott Carlsen, Eric Tausheck, Dave Emery, Bill Marshall, Greg Soares, Dave Miller, and Andy Cross. Carlsen placed on the all-HAAL league team.

Hayward Farmers defeat Arroyo in league playoff for T.O.C. berth

The following game, Arroyo met cross-town rival Marina. In a mismatch, the Dons defeated the Titans 62-48. Canyon was the next foe and the game was almost a carbon copy of the Marina game as the Dons won 80-40 using reserve players.

The Dons went through the first round with relative ease, until they traveled to Sunset and lost 60-51.

Hayward, breezing along with a 7-0 record, and 6-1 Arroyo finally met in the Farmer's gym for a most important game.

In the game, the Dons, without all-leaguer Scott Carlsen for nearly three quarters, pulled together and knew what they had to do. They destroyed the defending champions 70-57. "Scott Carlsen is probably the most important man on the team and it made me happy to see that we could win without him," stated Coach McCaslin estatically.

The Dons ended the first round in a 7-1 first-place tie with Hayward and the season was far from over.

Starting the second round of play, Arroyo played Castro Valley again here. To stay in contention, it was a must game for the Spartans. Even though Arroyo despised losing to the Spartans, the Dons didn't play well and lost 70-61. The loss gave Arroyo a 7-2 record and a chance to make the new Hayward Area Athletic League Playoffs.

The Dons then battled Marina. After stumbling behind by eight points at the half, Arroyo used a strong man-to-man defense and stymied the Titans 51-42.

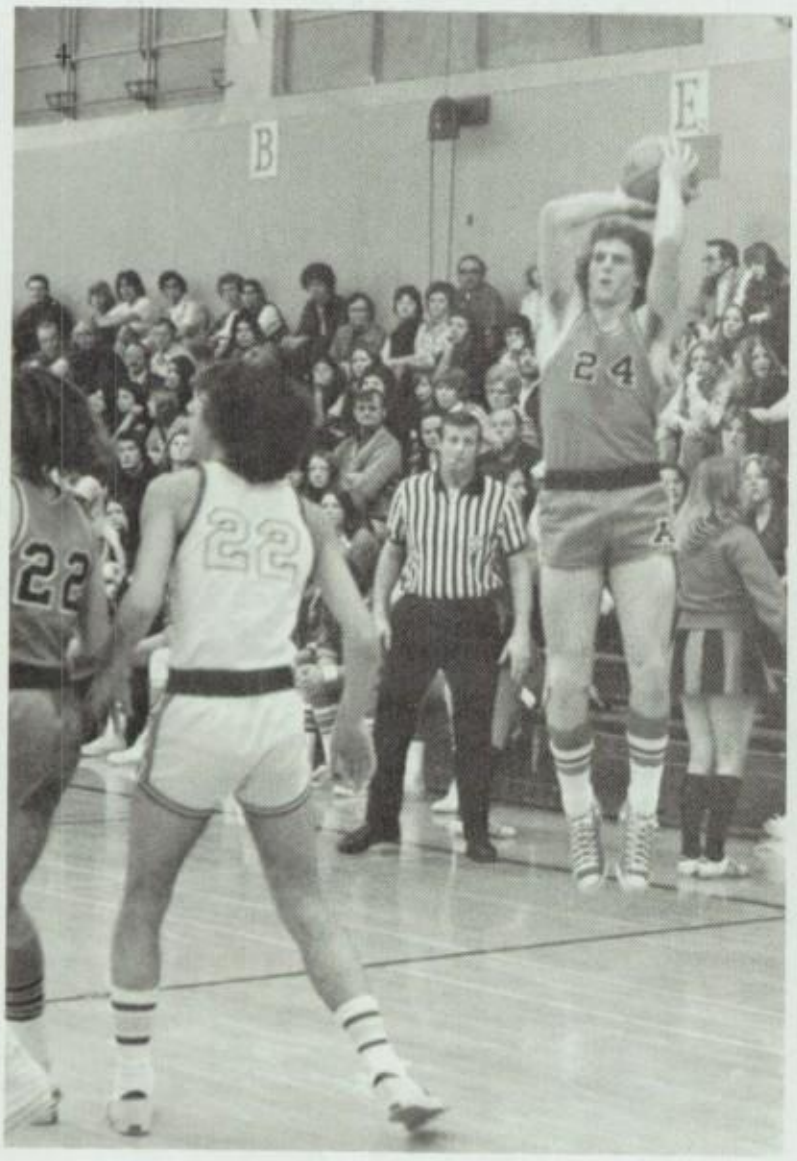
Arroyo defeated Canyon and Sunset with relative ease and had a great chance for first place in the league.

February 11, in the Arroyo gym, the Dons' hopes for a first place finish went down the drain at the hands of the San Lorenzo Rebels 69-66.

The Dons then defeated Hayward again, but in the all important playoff game, the Farmers finally got their revenge 53-34.

For all of their hard work, the Dons earned a second-place league finish with a record of 20-7, second best record ever at Arroyo.

1. Jim Hoos, Mark Sanchez, and Greg Soares battle for a rebound against Marina. 2. Eric Tausheck goes high up over Titan defenders for two points. 3. Mark Sanchez goes up for a lay-up. 4. Scott Carlsen shoots an uncontested jump shot.



GOODYEAR

Becky Abler
Leticia Anguiano
Jeanette Aguirre
Cathy Ahern
Kent Albers
Tina Apodaca
Cheryl Armas

Tim August
Julia Balbiano
Maureen Baptista
Mike Barker
Edward Bazo
Cathy Bell
Steve Bellino

Michelle Benavidez
Mark Benevides
Don Bennett
John Benyshek
Tim Bergdahl
Corinne Berkey
Scott Berry

Sophomores

GOODYEAR

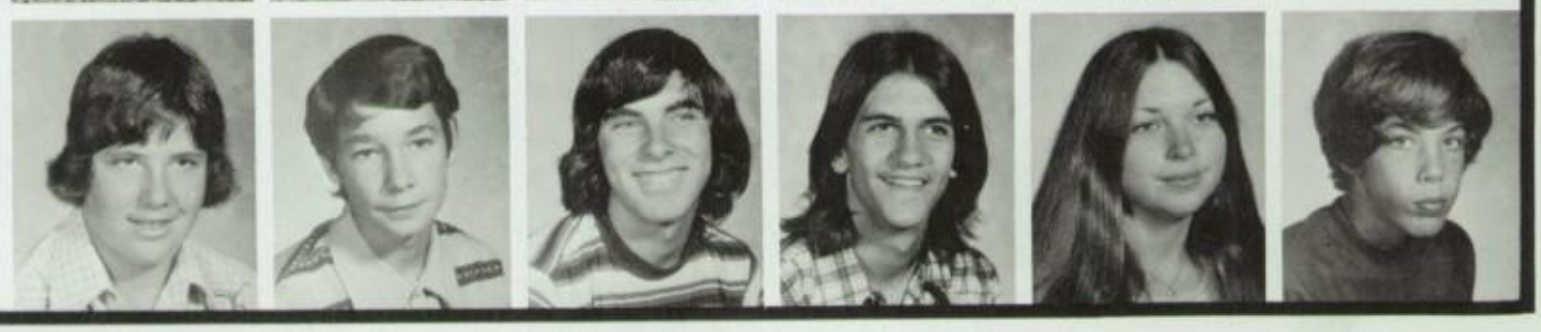
2

3

Sophomores

Darrin Bernard
Jeanne Bertucci
Eugenio Bettencourt
Sandy Bevilacqua
Larry Blaisure
Teri Blaumer

Chris Boehmer
Mark Boice
Gary Bokanich
Gary Botelho
Renee Bouillez
Jeff Boyd



Tough two-point losses mark j.v. 8-8 season

According to Coach Ken Weissenborn, the junior varsity team gained a lot of experience that will, for some of the players, be invaluable when they play varsity.

"There were a lot of games during the year that were lost by just a few points and this was usually due to bad shooting."

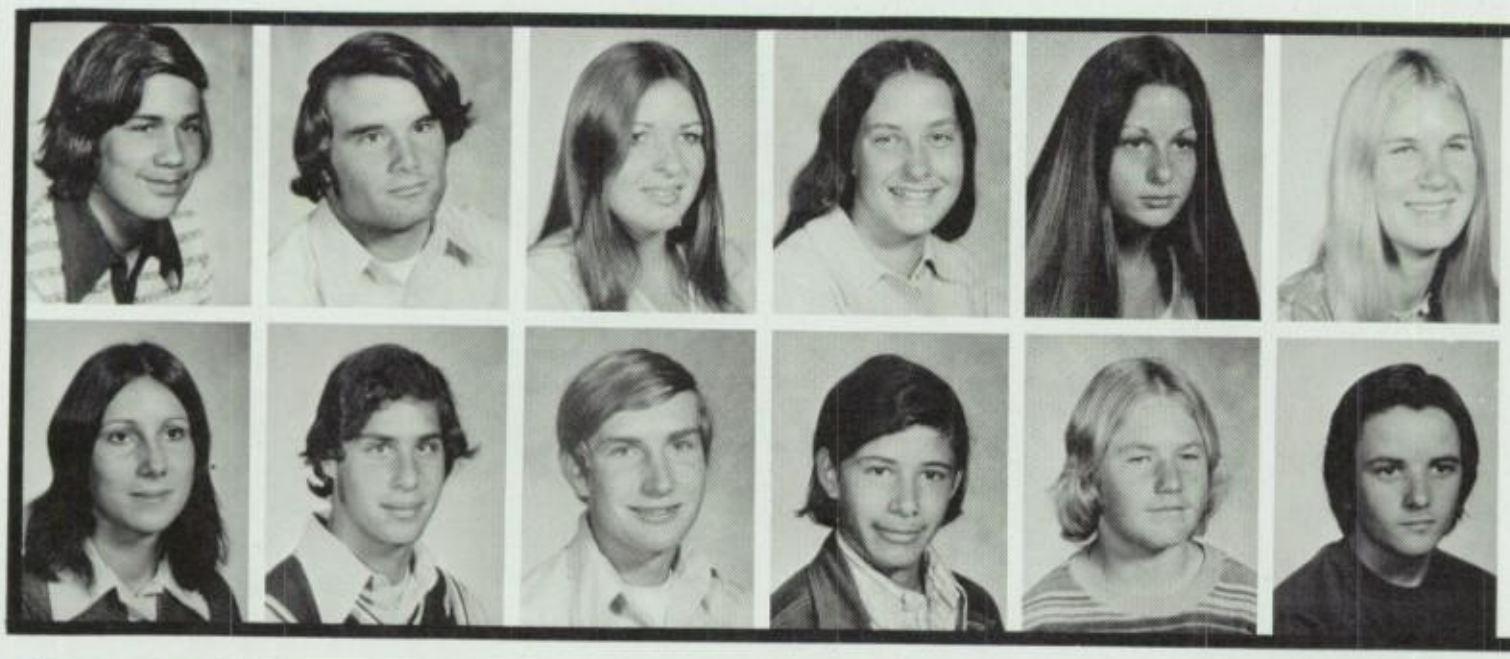
"There were four players that I thought really developed this year. They were Ron Hunt, John Kitchuck, Frank Bucholz, and Mike Bowen."

Coach Weisenborn stated, "There were two games in the season that especially stood out. Against San Lorenzo, we played an all round good game and beat them 47-41. In our second Castro Valley game, we came back from a twelve point deficit, but still lost by two points."

The members of the team voted Ron Hunt and Frank Bucholz most valuable, Ron Hunt and Mike Bowen, captain and co-captain respectively, Bob Peterson, most improved, and Mike Bartholmew, most inspirational.

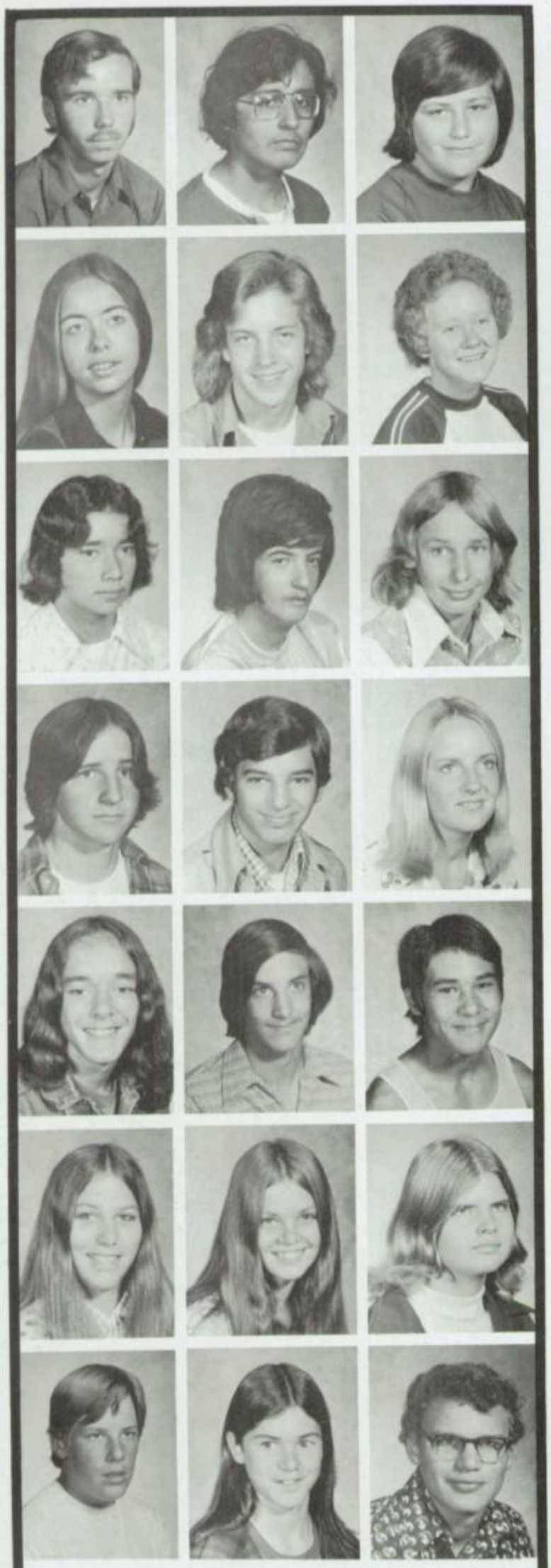
1. Mike Bowen sets for a free throw. 2. Bowen sinks free throw. 3. Ron Hunt grabs a rebound. 4. Bob Peterson, Julian Soto, Mike Bowen, Frank Bucholz, Dave Tudino, John Kitchuck, Mike Bartholomew, Paul Marchetti, Brian Pesicka, Ron Hunt, and John Williams plan a team play. 5. Bob Peterson goes up for a block. 6. Paul Marchetti slips in two points.

Sophomores



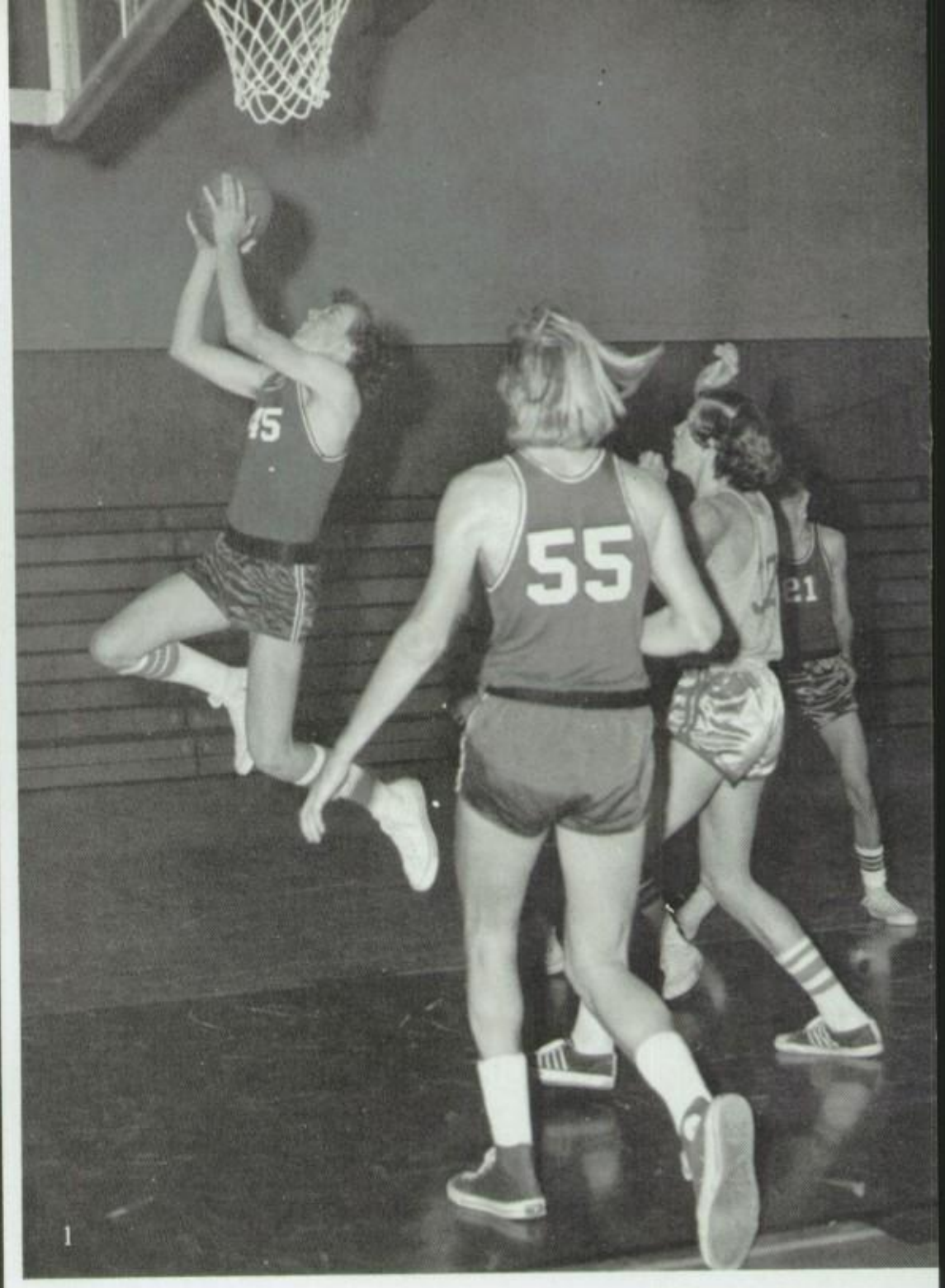
Steve Briscoe
Mike Brisentine
Debbie Bronk
Carrie Brown
Renee Brown
Debbie Bruce

Julie Brum
Mark Bucedi
Gary Bunce
Danny Bunio
Tim Burbank
Mark Busch

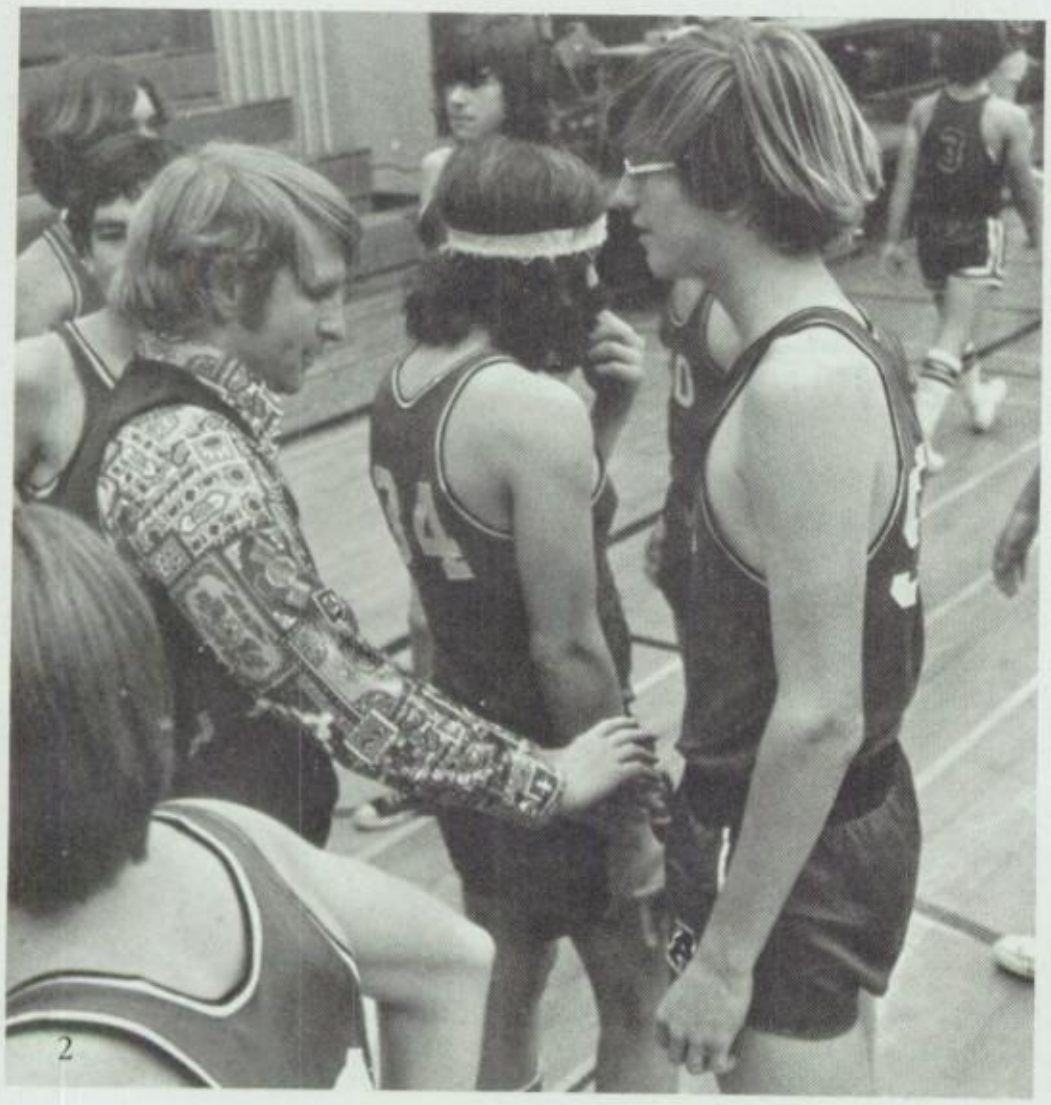


Ken Butts
JoAnn Cahill
Jim Cahoon
Steve Caldwell
Mark Cambra
Glenda Carminati
David Carrera
Joel Carsley
Mark Carter
John Carvalho
David Castro
Peter Cava
Lisa Chaix
Raleigh Chaix
Mike Chambers
Barbara Chambliss
Alan Christensen
Grace Christophersen
Ken Chunfat
Noma Clampitt
Derek Clark

Sophomores



Coach Hitchcock praises all-out efforts of freshman-sophomore basketball team



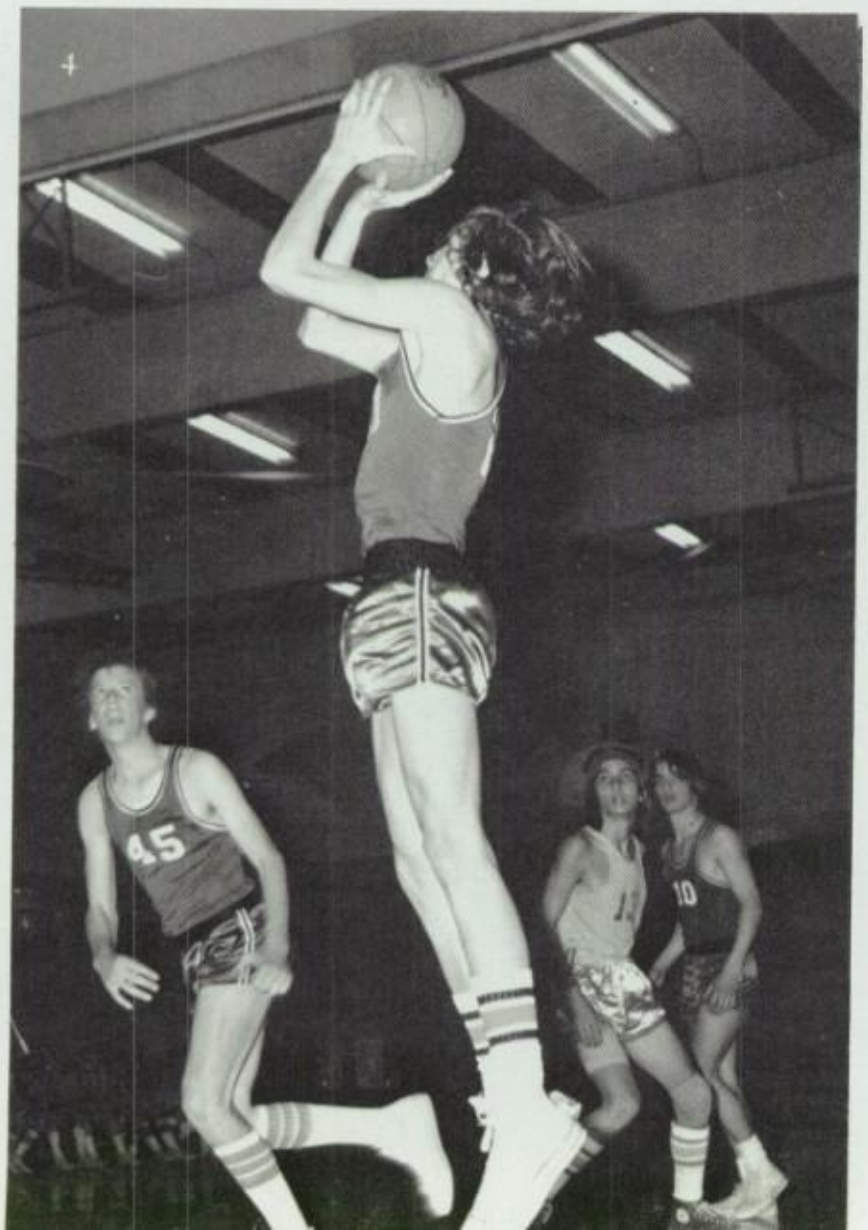
With new coach Bob Hitchcock, the Frosh-Soph basketball team compiled a 12-4 won-loss record, good enough for a third place league finish.

The successful season was a total team effort and Coach Hitchcock wouldn't settle for anything less. "This was a great team. They cared about winning and contributing. Sure we had standouts in Doug Gamblin and Bill Stevenson, but our success is attributed to our whole team." Hitchcock also praised the bench players, "They are always ready to go. They know what to do with the ball when they get into the game," added the coach.

Stevenson carried the Frosh-Soph rebounding burden. Gamblin added a great deal to the team's scoring efforts.

"Forward Dave Garello showed constant improvement throughout the year," remarked Hitchcock.

Guard Leo Stefani and John Tracy also aided the team. Hitchcock considered Stefani the key playmaker and Tracy the best defensive player.



1. Bill Stevenson drives past a Falcon defender for an easy two points. 2. Coach Bob Hitchcock offers congratulations to Dave Garello after the Dons' victory over Castro Valley. 3. Doug Gamblin passes to a team-mate. 4. Doug Gamblin goes up for a hopeful two points as Bill Stevenson waits for a possible rebound. 5. Coach Hitchcock gives pre-game instructions to team. Left: Tracy Castro, Tim Mueller, Steve Brisentine, Dan Jones, Leo Stefani. Right: Steve Sanchez, Dave Garello, Dave Affleck, John Tracy, Doug Gamblin.

GOODYEAR

Coach's death leaves players stunned, Basacker takes over as varsity mentor

Opening brightly with two wins against Sunset and Hayward, the Don's varsity baseball season continued on a disappointing note.

After the first two victories, the sudden death of varsity coach Verl Thornock soured players' attitudes for the rest of the season. Thornock had led the team for 15 years here. JV coach Bill Basacker took over the varsity job. "With a new coach it was like starting the season over again," commented senior Larry August.

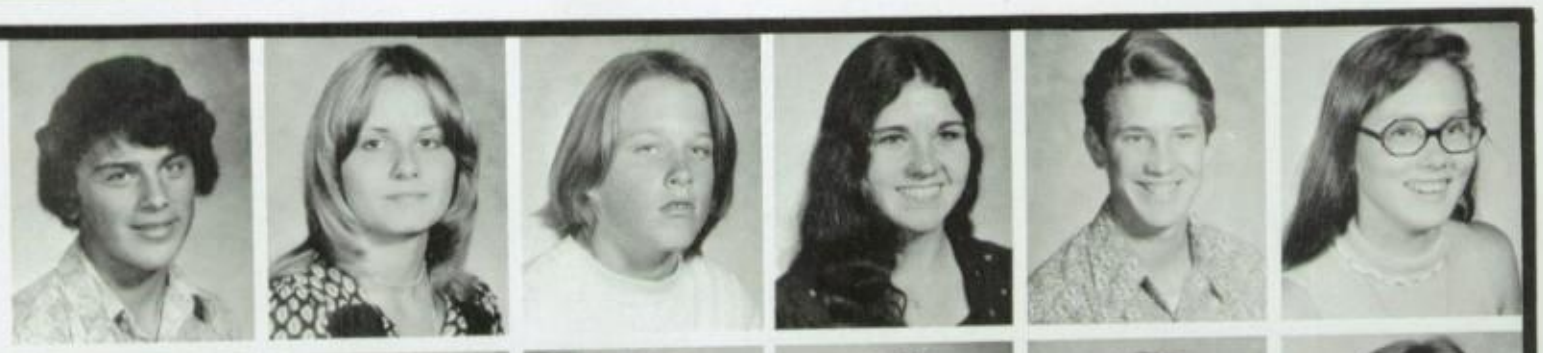
The Dons won three out of the next five games before playing first-place San Lorenzo Rebels. In that game, Arroyo handed San Lorenzo its first of the season; beating them handily, 5-1. This victory put the Dons in third place with a 5-3 record at the end of the first round.

Starting the second round, Arroyo had three disappointing defeats against Sunset, Tennyson, and Marina. Against Marina, the Dons lost a hard fought game 3-2.

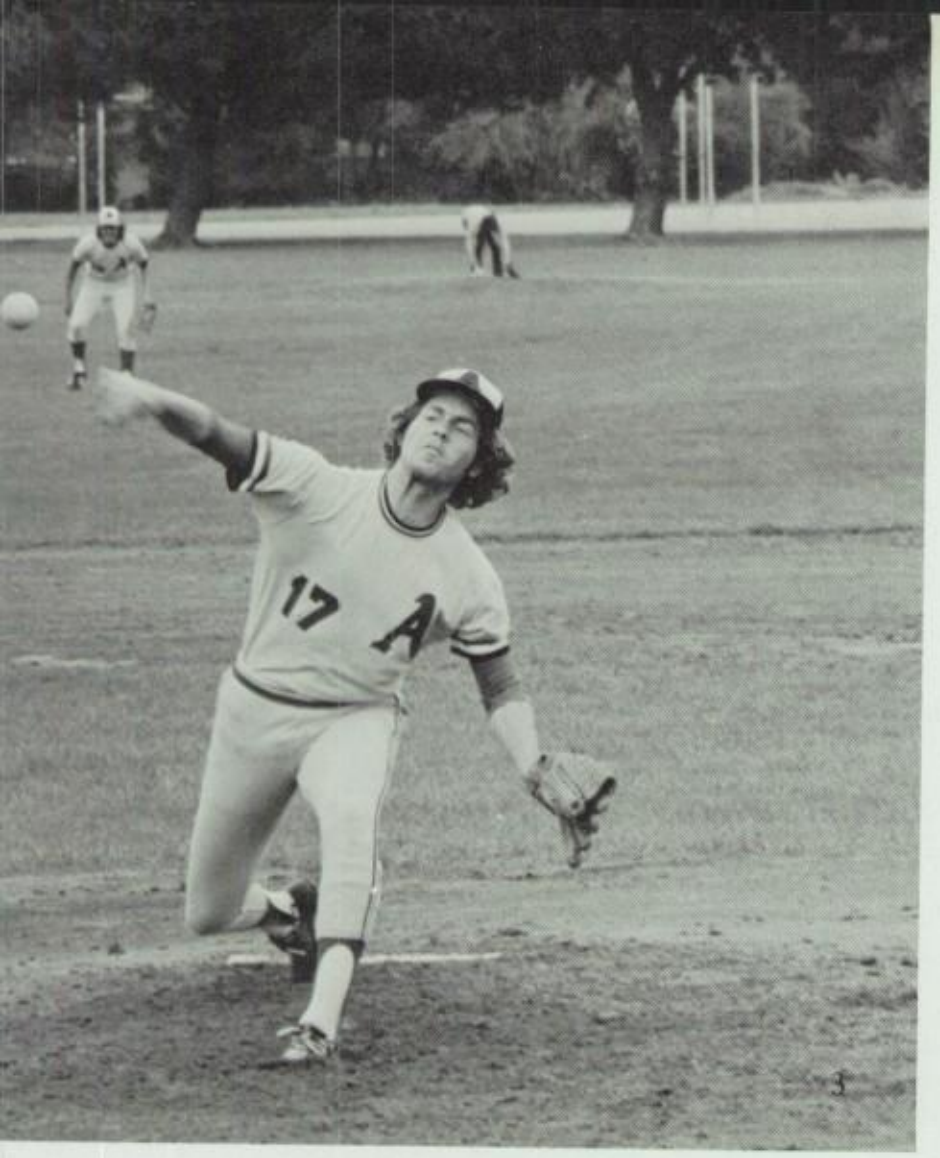
Going into the Castro Valley game, the Dons still had a good chance to make the fourth playoff spot in the league. It appeared that they had an even better chance in the bottom of the seventh inning; the Dons were leading 7-1. "But, as in a lot of games this year, the bad breaks, bad umpires, and bad play on the players part proved total," stated senior pitcher Jim Hoos. Final score Castro Valley 8, Arroyo 7.

Sophomores

Don Clegg
Tami Coburn
Clay Cone
Lori Connelly
Jim Cook
Joy Cook

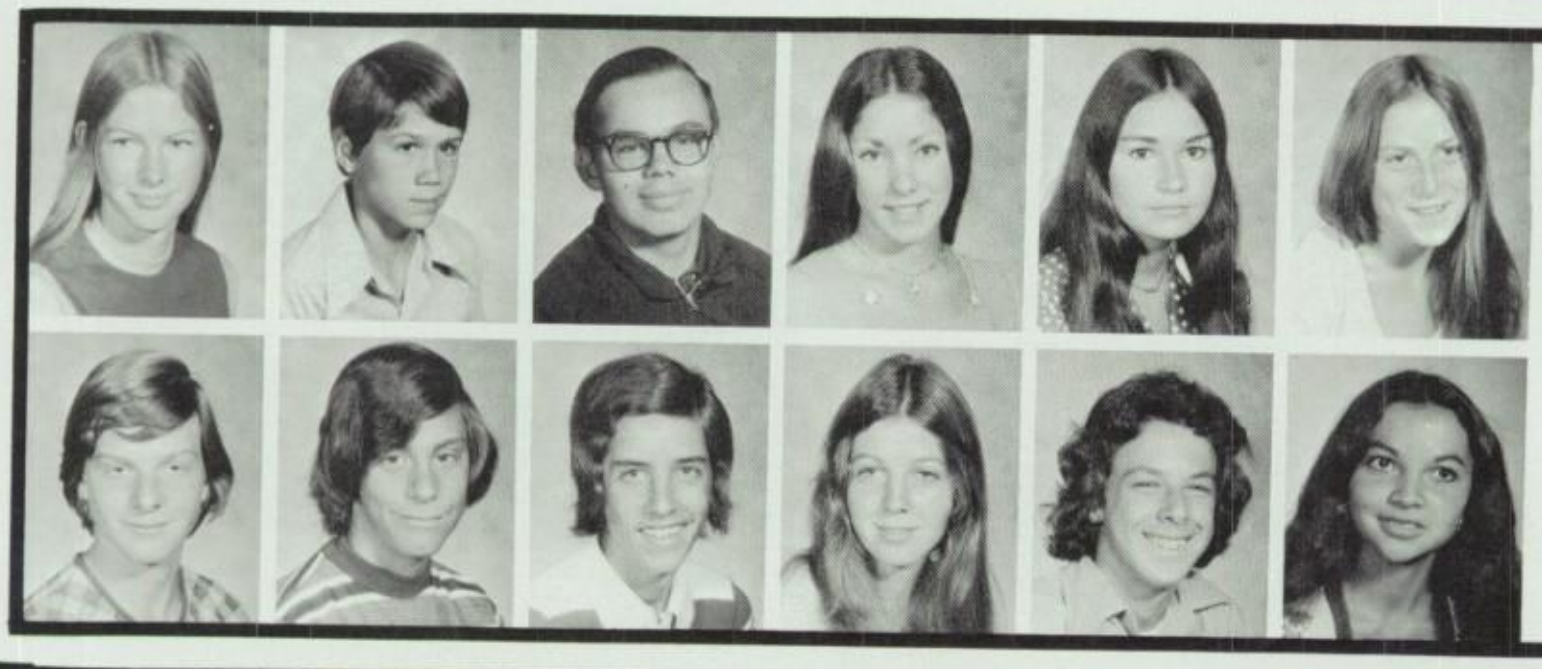


Terry Copeland
Kathy Cornell
James Costello
Nancy Craig
Nora Creese
Nora Critchfield



1. Greg Thompson prepares to bunt as he awaits the pitch. 2. Willie Devoto prepares to run to first base after making contact. 3. Jim Hoos shows determination as he releases the ball. 4. Front row: Greg Thompson, Willie Devoto, Dan Pearson, Frank Lemmo, Dave Fernandez, Terry Perschonok, Guy Smith. Back row: Coach Bill Basacker, Rei Delafiganiere, Jim Hoos, Rick Flores, Frank Buchholz, Keith Curlett, Larry August, and Manager Steve Porto. 5. Varsity Coach Bill Basacker is deep in thought.

Sophomores



Janice Cruff
Bod Cuddy
Ken Cummings
Carol Cunningham
Maria Curiel
Jill Currier

Mike Cuthbert
Tom Dailey
Ed DeCosta
Lisa Degraw
John Dell
Charlotte Denijs

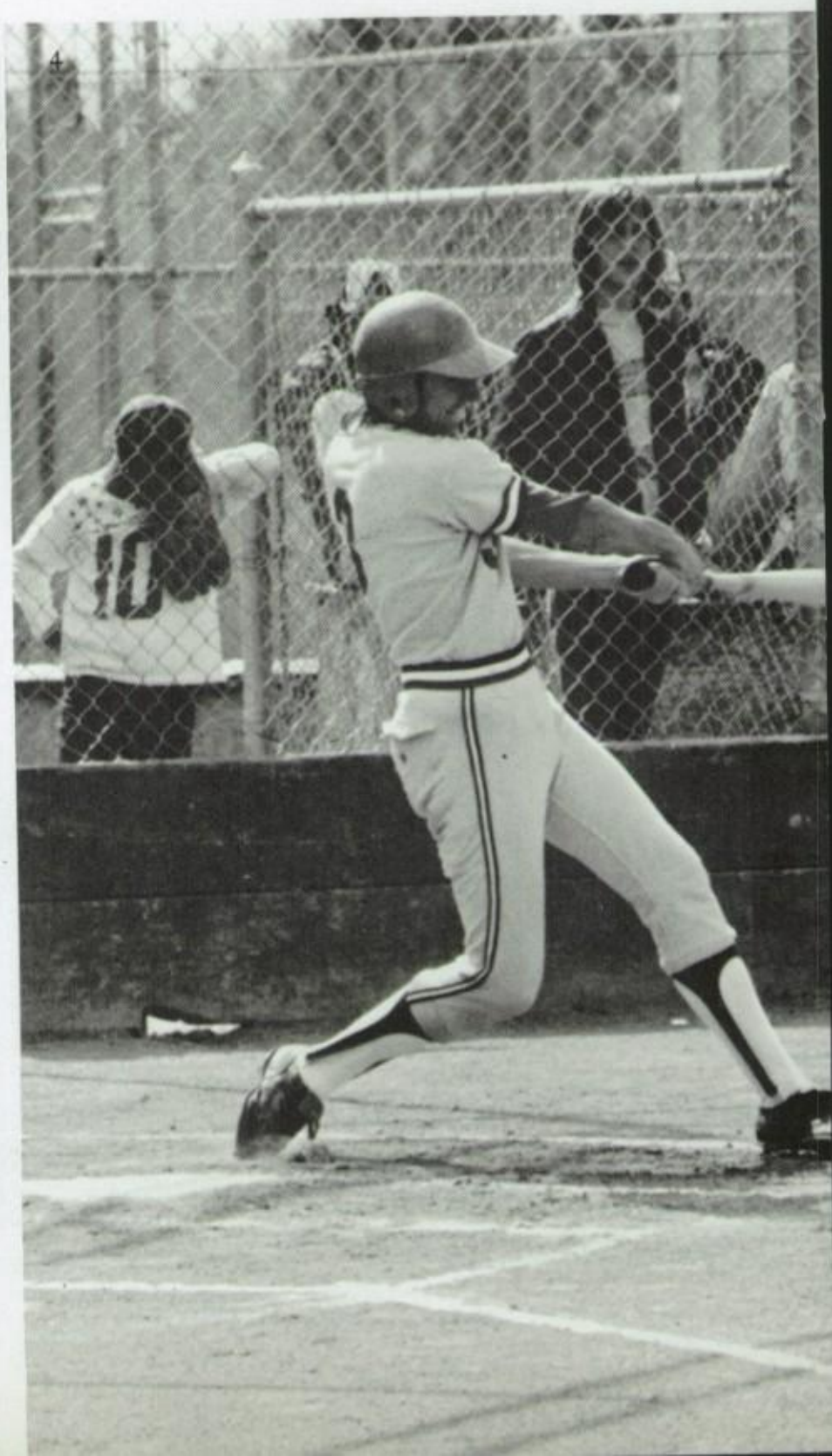
Baseball teammates vote senior Rick Flores most valuable player

The Dons had a break in the next game when Canyon came up on the schedule. It was anything, but a perfect game. The Dons made a total of six errors, but came out on top 5-1.

Because of losses in the contending teams, the Dons still had a slim chance to get into the playoff if they beat Hayward. Arroyo lost 1-0, and the season was virtually over.

Arroyo finished the season by playing two playoff-bound teams; Mt. Eden and San Lorenzo and lost both games—2-1 to Mt. Eden and an embarassing 10-1 defeat against the Rebels.

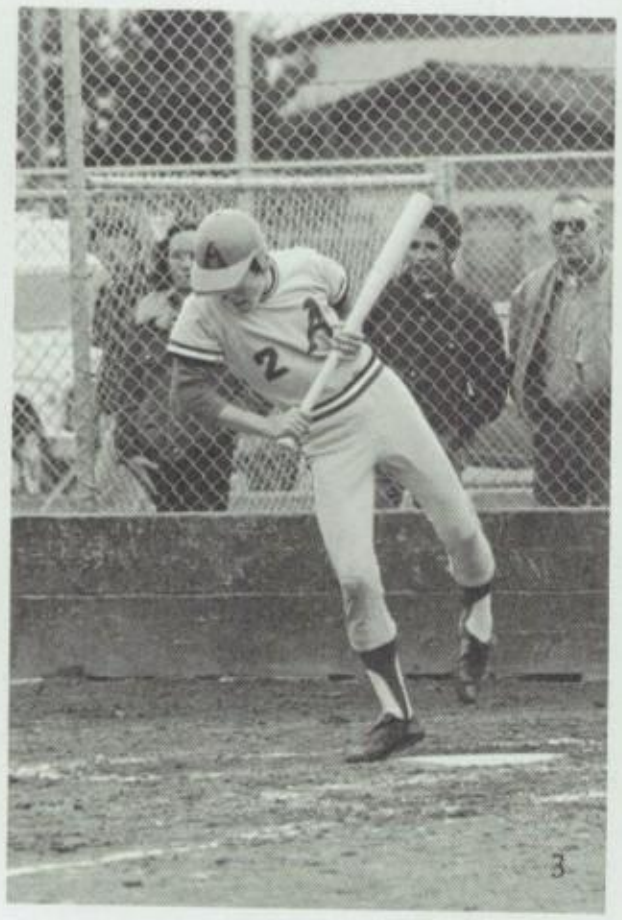
Chosen by team members at the end of the season were Rick Flores, most valuable; Willie Devoto, captain; Frank Buchholz, most improved; and Dan Pearson, most inspirational.



1. Larry August rounds second base while the Mt. Eden shortstop awaits the throw. 2. Rick Flores prepares to cross home plate as the umpire looks on. 3. Larry August grimaces after being hit by the pitch. 4. Dave Fernandez follows through after connecting for a base hit. 5. Jim Hoos prepares to deliver the pitch.

GOODYEAR

2



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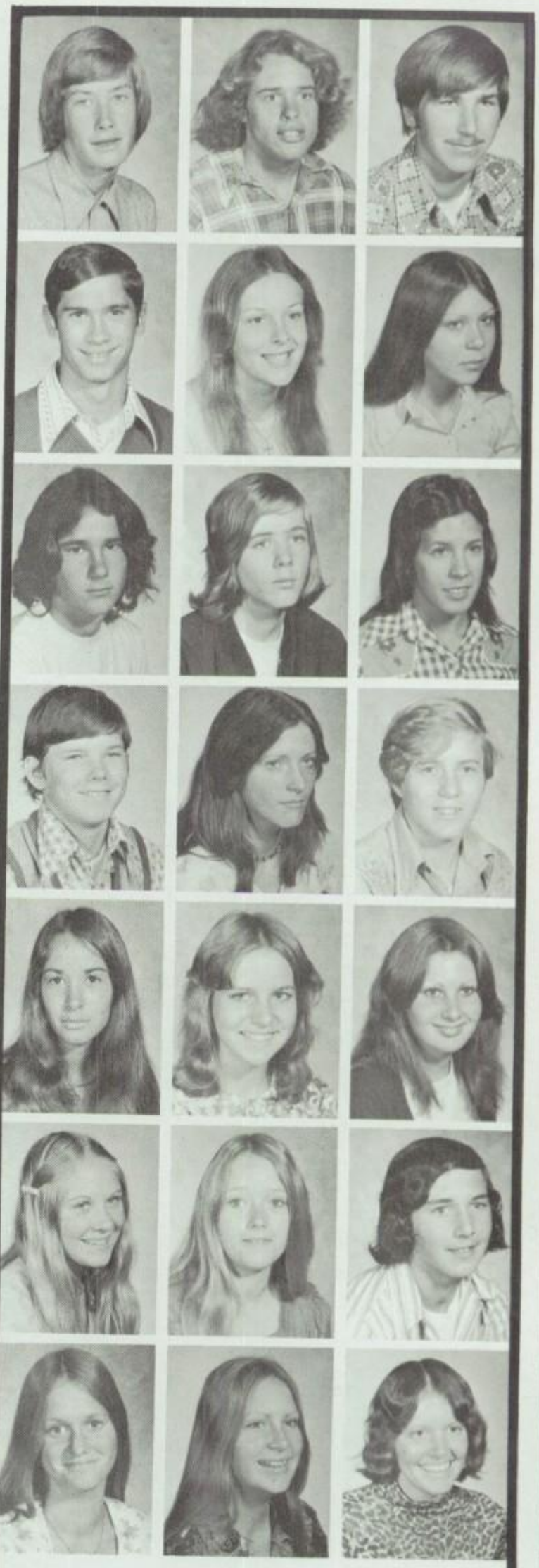
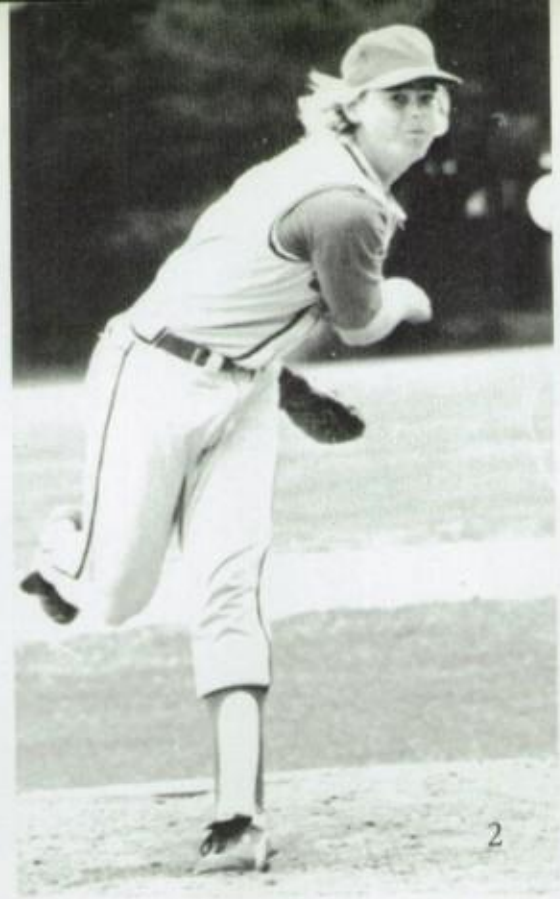


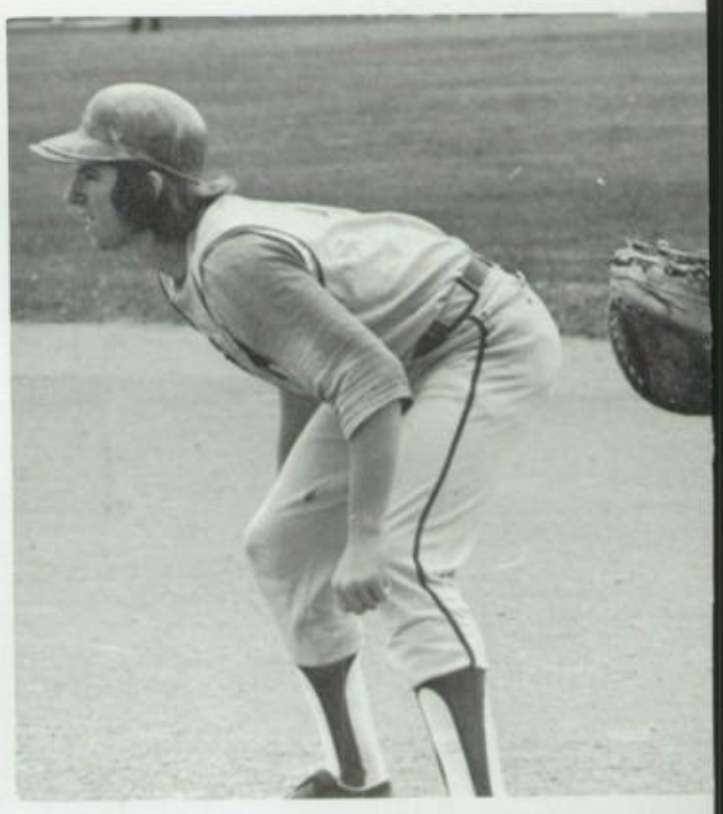
Randy Deryk
Dave Deseguirant
Mike Deseguirant
Bill Dickey
Donna Dohmann
Sheri Douglas
Deanna Doyle

Ken Drew
Debbie Driskill
Don Dugan
Cindy Dunham
Lorraine Dutch
Janell Dye
Debbie Eberhardt

Kevin Eberle
Denise Eckhart
Gail Edwards
Mike Edwards
Sue Edwards
Rod Eggeston
Candy Estep

Sophomores



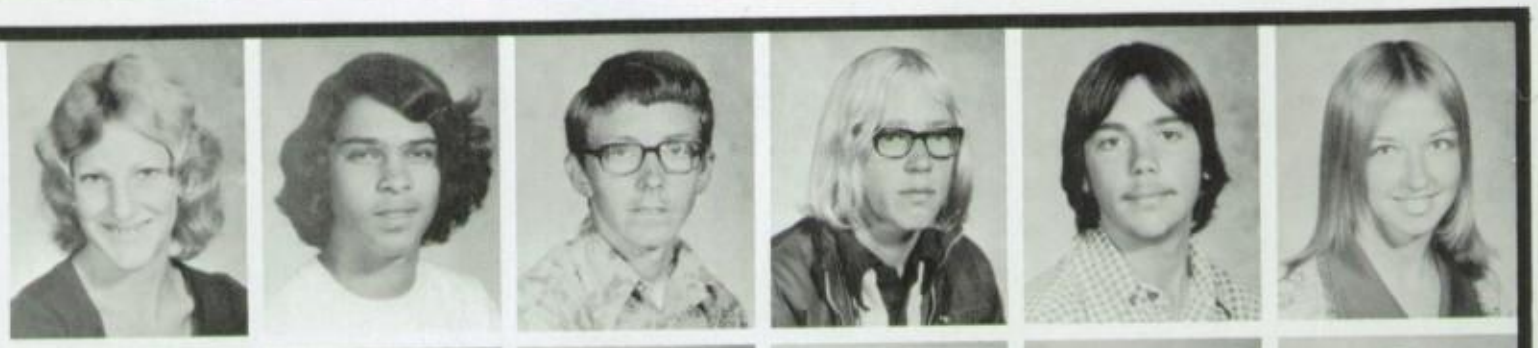


GOODYEAR

1. Gary Wright powers a hit. 2. Dan Jones hurls the ball. 3. Pat Gilbert takes a lead. 4. Top Row: Marc Pence, Gary Wright, Ken Drew, Gary Riele, Tim August, Bottom Row: Mike Brisentine, John Partridge, Frank Lemmo, Pat Gilbert, Dave Tudino. 5. Ken Drew and Gary Riele pose. 6. Mike Brisentine looks on. 7. Frank Lemmo watches game. Lemmo batted .300 for season.

Sophomores

JoAnne Fachner
Mike Fairclough
James Fanning
Scott Favors
Roger Fernandez
Connie Folck



Bob Forester
Keith Frese
Mike Frese
Angelia Fross
Andrea Freitas
Dan Galvin

3

Pence coaches jv baseball team

Generally known among the students this year was the fact that Arroyo's baseball coaching underwent a change.

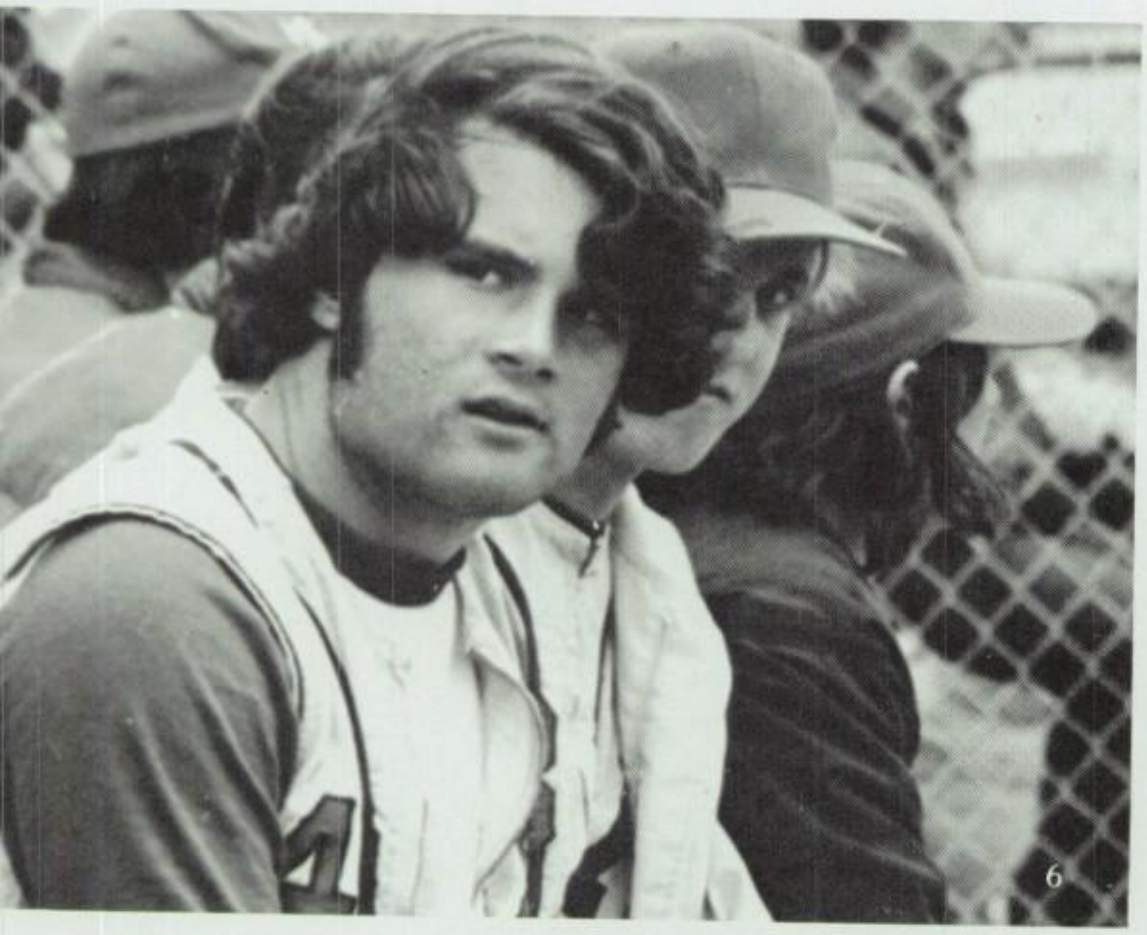
Coach William Basacker left the jv's to lead the varsity and Mr. Marc Pence was named this year's junior varsity coach.

Though the jv team seemed thrown off balance by the shift in coaches, they picked up the pieces and went on to capture a 9-7 season, clinching third place.

"What I tried to do with the team besides letting them play baseball was to try to improve the team's attitude and discipline," stated Coach Pence.

Some of the standouts on the team, according to Pence were, Tim August, Dave Tudino, and Fred Lemmo. "August was a quick shortstop and a good fielder. Tudino was a fine defensive third baseman and Lemmo had the best batting average on the team with a .300 season." He added that the whole team was talented-more than what the record showed.

"One of our biggest uplifts during the season was when we beat the San Lorenzo team twice during the season," continued Pence. "Next year's varsity will have a lot of good players to work with."



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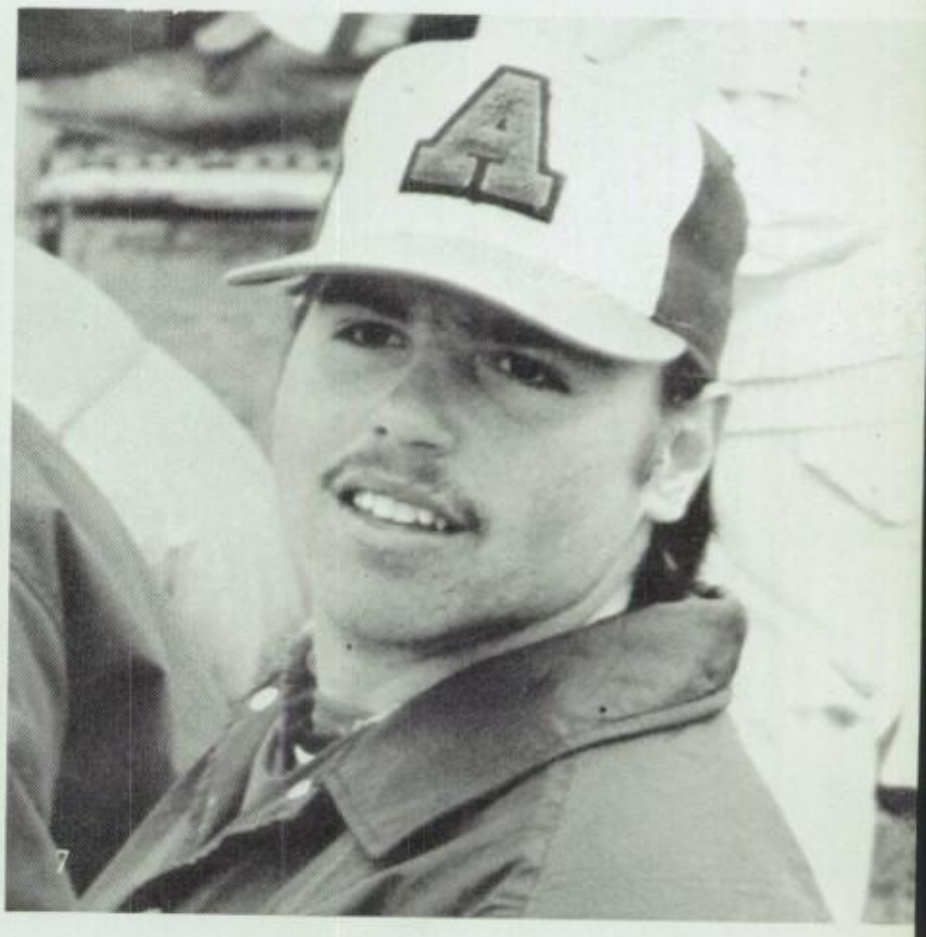

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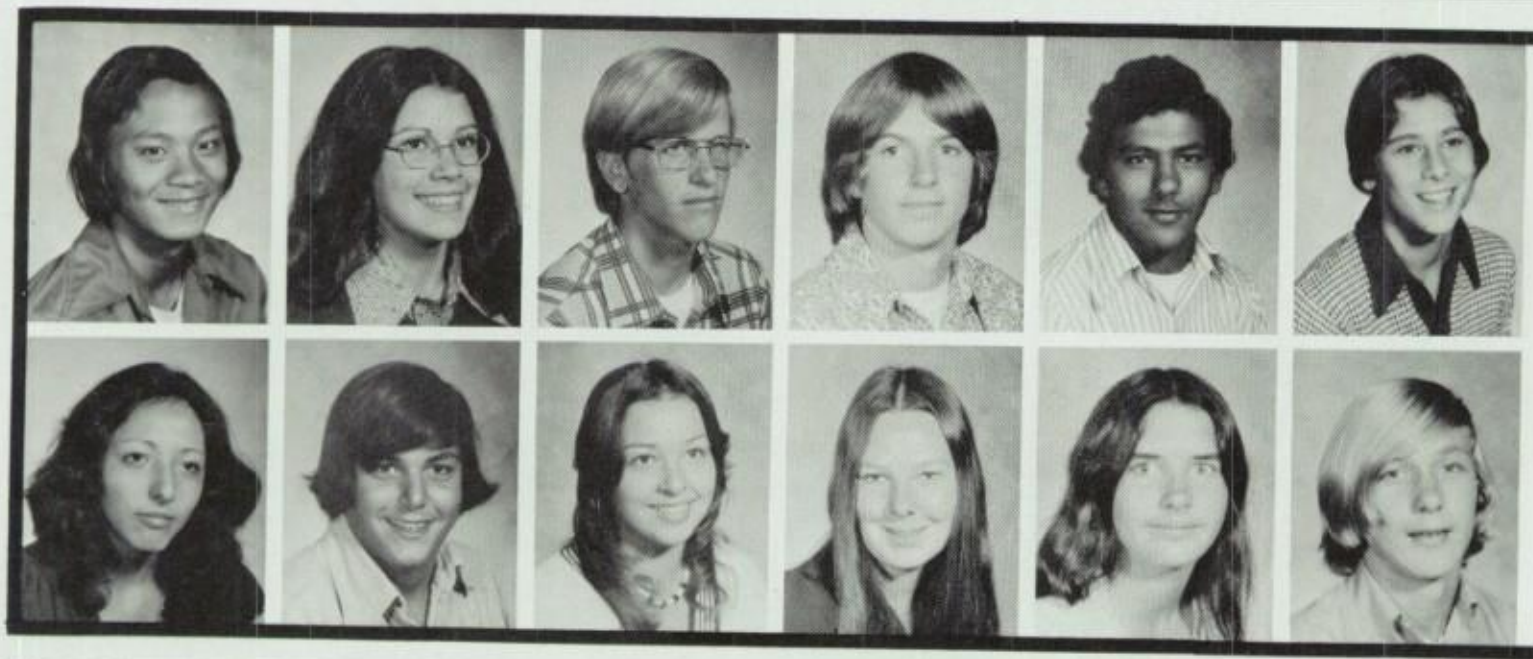
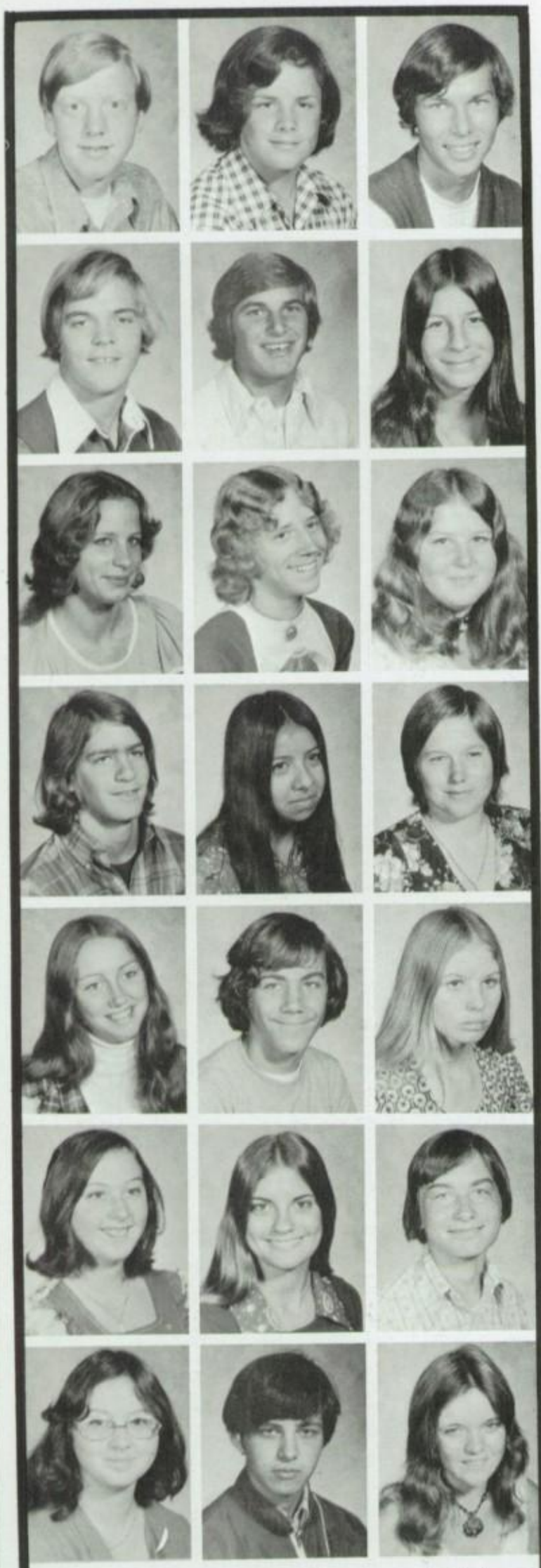
Sophomores



Dajer Gapay
Karen Garcia
David Garello
Pat Gilbert
Philip Girata
Roger Golec

Carmen Gonzales
Steve Gould
Annette Grecco
Sue Hael
Renee Haight
Danny Hall



Scott Hallert
Mike Hamby
Danette Hamilton
Greg Hammerson
Theresa Hardester
Tammy Harness
Teresa Harness

Kreg Harsha
Neil Harvey
Duane Havemann
Lorraine Herrera
Paul Highers
Tammy Hill
Wayne Hill

Ed Hohl
Karen Hohl
Lois Holgate
Liz Hooper
Jennifer Howell
Greg Hutchison
Margie Jacobs

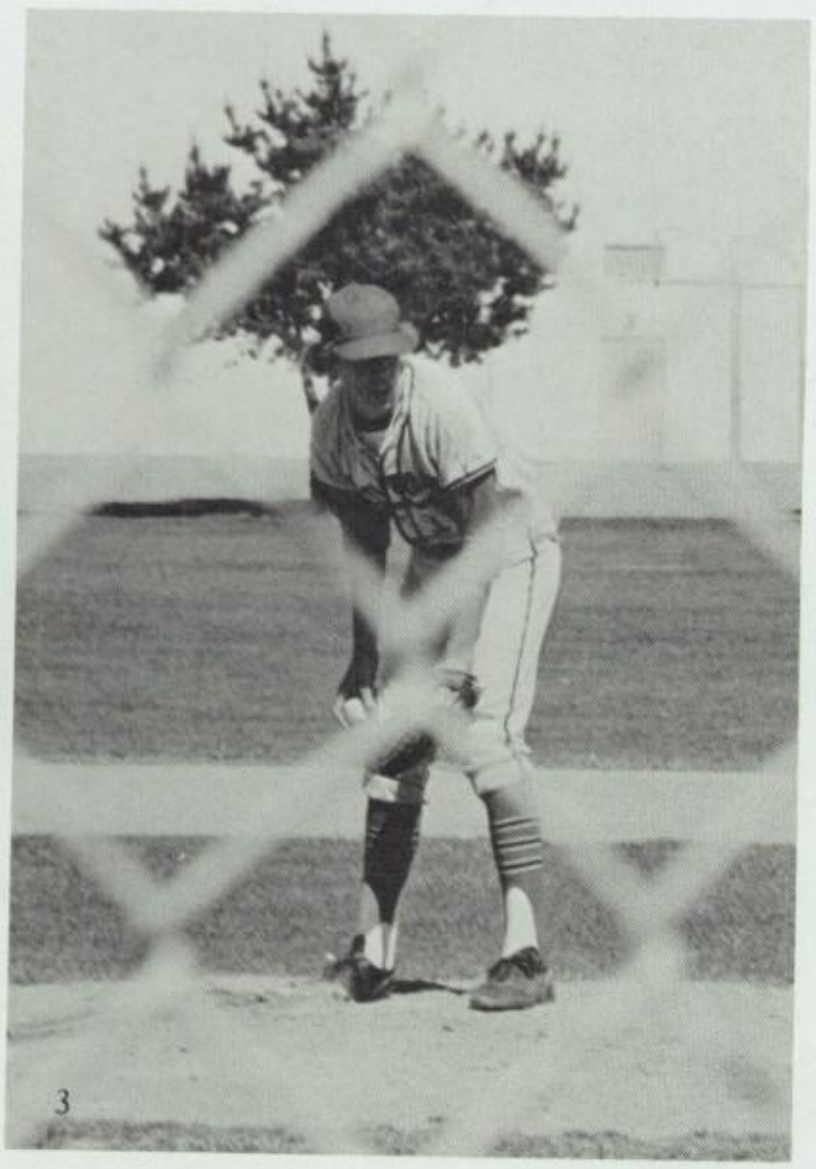
Sophomores

1

2

3

Faeth takes over freshman baseball squad



This year's Frosh-Soph baseball team was fifth best in the league with a 9-5 record.

The Canyon game, pitched by Bill Stevenson, was the first victory for Arroyo. The Dons won 9-1.

According to Coach Pat Faeth, the team could have improved its skills through more dedicated effort on the little fundamentals which he felt lost a couple of games.

The biggest thing that happened for the Frosh-Soph team this year was that they won the last four consecutive games to almost finish the season with a .500 record.

Coach Faeth stated that he learned that more self-discipline will win more ball games and create more unity towards the team's goal.

The team voted Tim Mueller most valuable; John Tracy, most improved and inspirational; and Bill Cambra, best defensive player.

Mueller had the highest batting average on the team—a .400. John Tracy batted .325 and was followed by Mitch Skipworth (.3040, Bill Stevenson (.279), Rod Caruso, Bob Davis, and Ken Gregg (.250), Tom Anderson (.231), and Bill Cambra (.205). The team's batting average for the season was .226.

GOODYEAR

1. Baseball equipment is set out before the game. 2. John Tracy connects with a pitch. 3. Bill Stevenson concentrates on a pitch. 4. Freshman baseball team: Bob Davis, John Tracy, Ken Gregg, Mitch Skipworth, Tracy Castro, Bill Cambra, Mark Thompson, Coach Pat Faeth, Mike Benson, T.J. Anderson, Tim Mueller, Bill Stevenson, Andy Crotts, Bob Brecht, Steve Brisentine. 5. Pitcher Bill Stevenson makes a successful throw to first baseman Steve Brisentine as Marina man is tagged out.

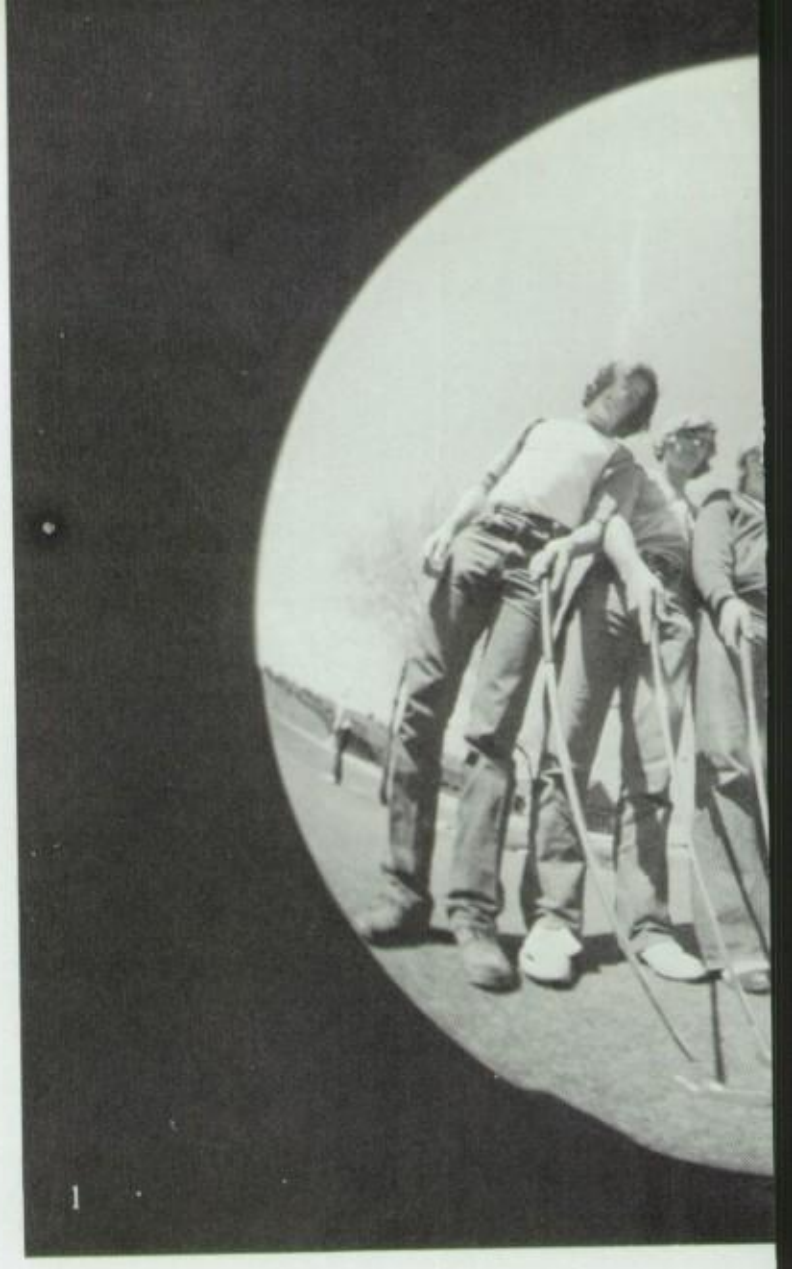
Golfer Cuthbert makes all-league

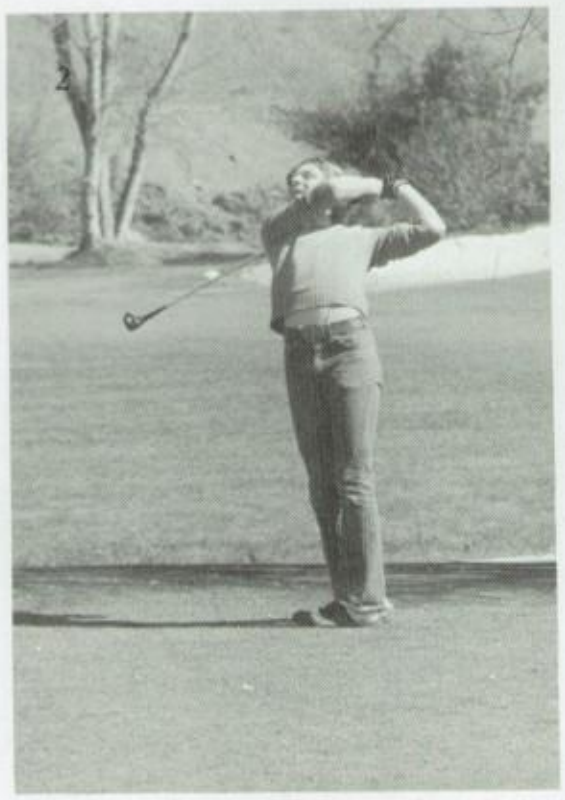
Arroyo's '74-'75 golf team placed fourth with a 6-8 record this year.

Winning all of the first four matches, the Dons had a good chance for first place, according to Coach Tom McNamara. In the fifth match, Arroyo not only lost to Tennyson, 215-214, but also dropped out of contention for first place for the rest of the season.

The Dons continued to lose the next five straight matches before defeating San Lorenzo. By this time, the team was well out of contention. Led by Mike Cuthbert, the squad beat Sunset and then lost the next two matches.

Cuthbert was the only player from Arroyo who placed on the All-league list.

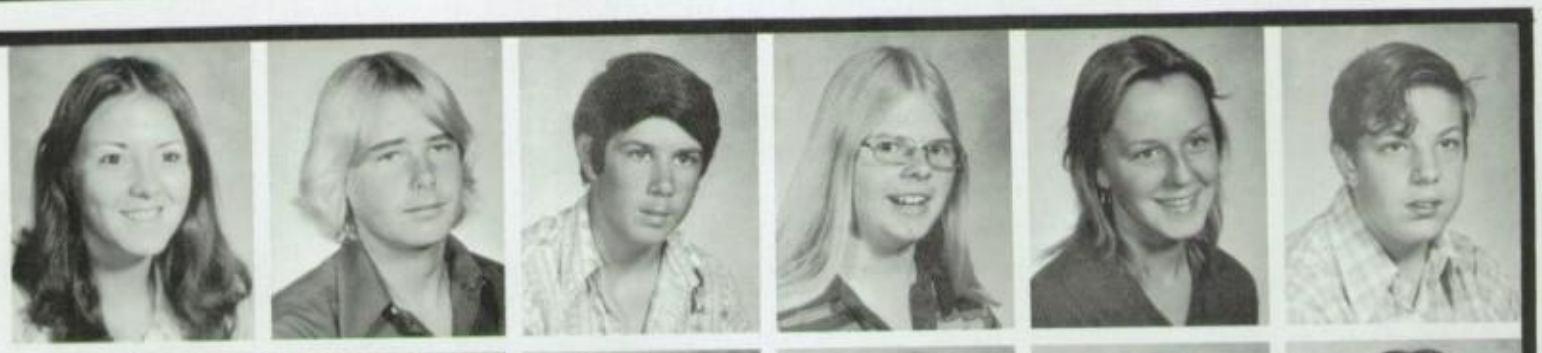




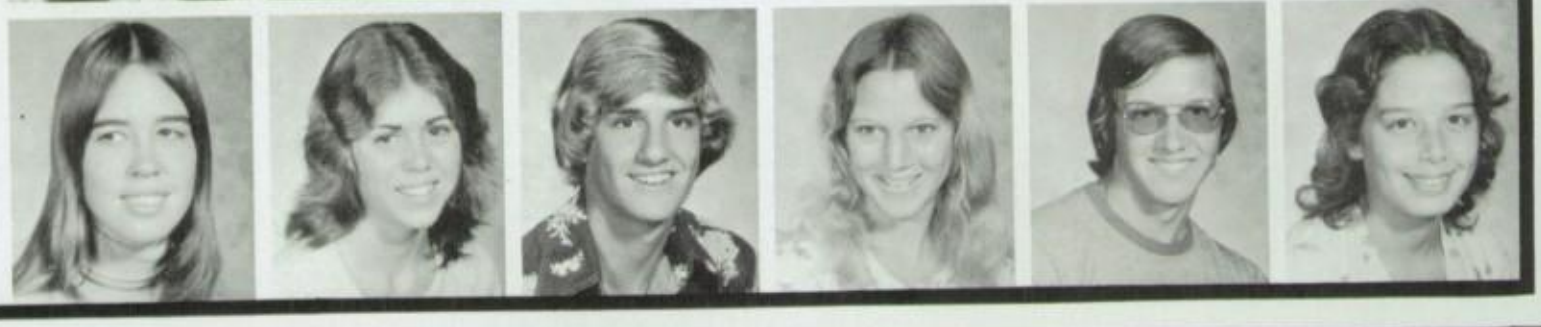
1. Golf Team: Bob Forrester, Neil Harvey, Gregg Morgan, Mike Cuthbert, Mike Bartholomew, and Rick Weston. 2. and 3. Mike Cuthbert tees off and swings. 4. Neil Harvey and Rick Weston walk to next tee.

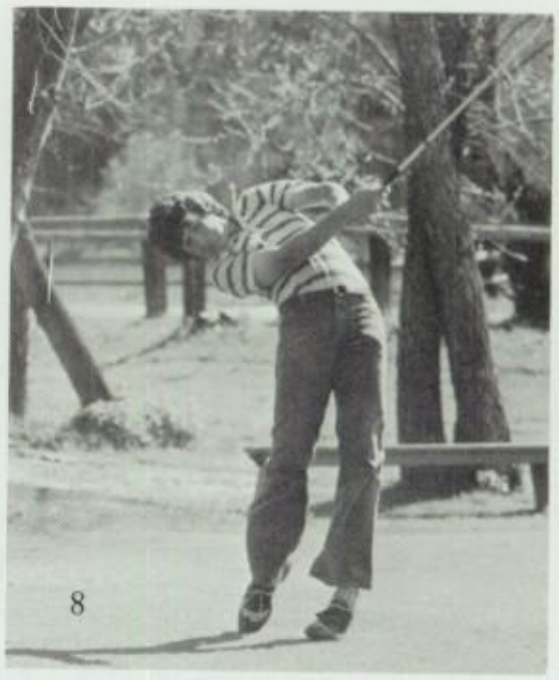
Sophomores

Cheryl Johnson
Dan Jones
Kevin Jones
Kathy Kellner
Renee Kellogg
Karl Kempin

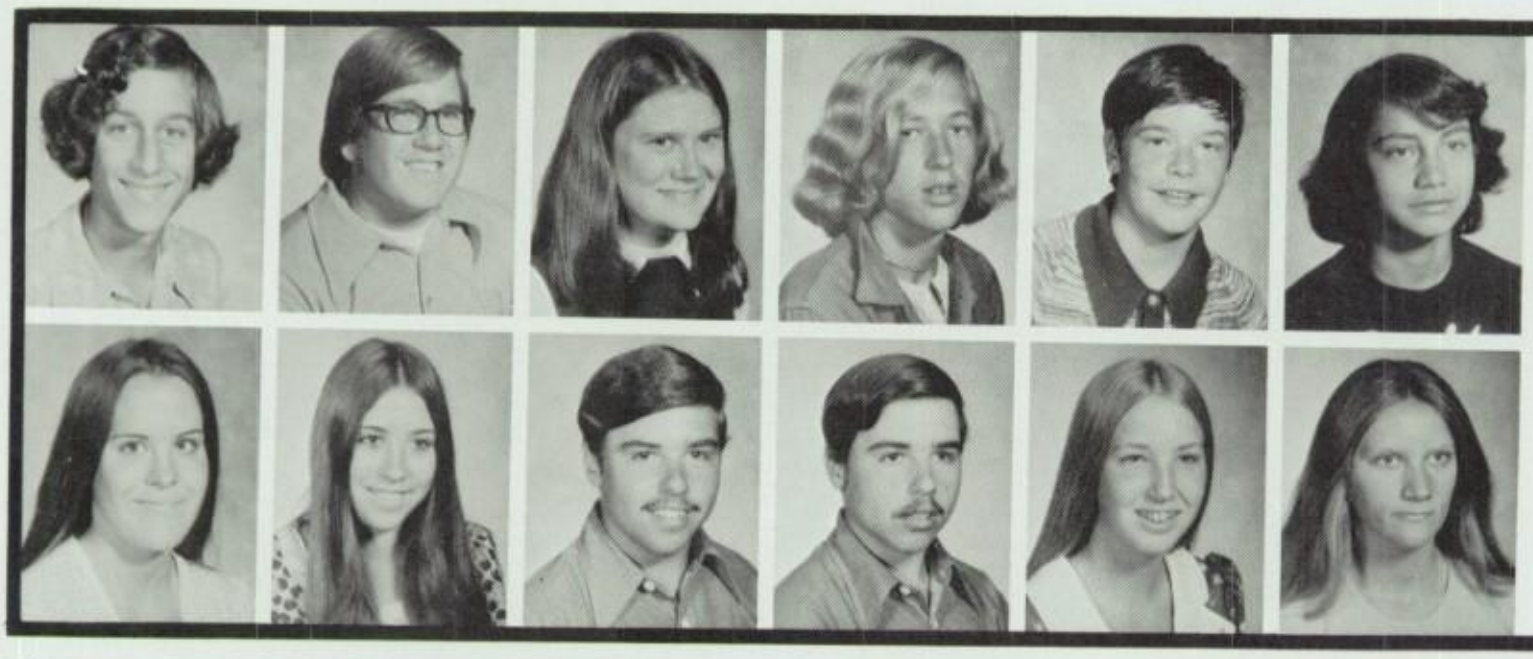


Diane Kennedy
Kay Kesterson
Larry Kihs
Trish Kilgore
John Kitchuck
Christine Koperski





5. Arroyo Golf Coach Tom McNamara. 6. Gregg Morgan pitches up to the green as Mike Bartholomew observes. 7. Bob Forrester takes aim. 8. Mike Bartholomew takes a powerful shot.



Alan Kornfield
Steve Kramm
Katy Krantz
Mike Krmpotic
Robert Kuhns
Kirk Lavrin

Ann Law
Erin Lefeure
Frank Lemmo
Fred Lemmo
Linda Lien
Jaye Linton

Sophomores

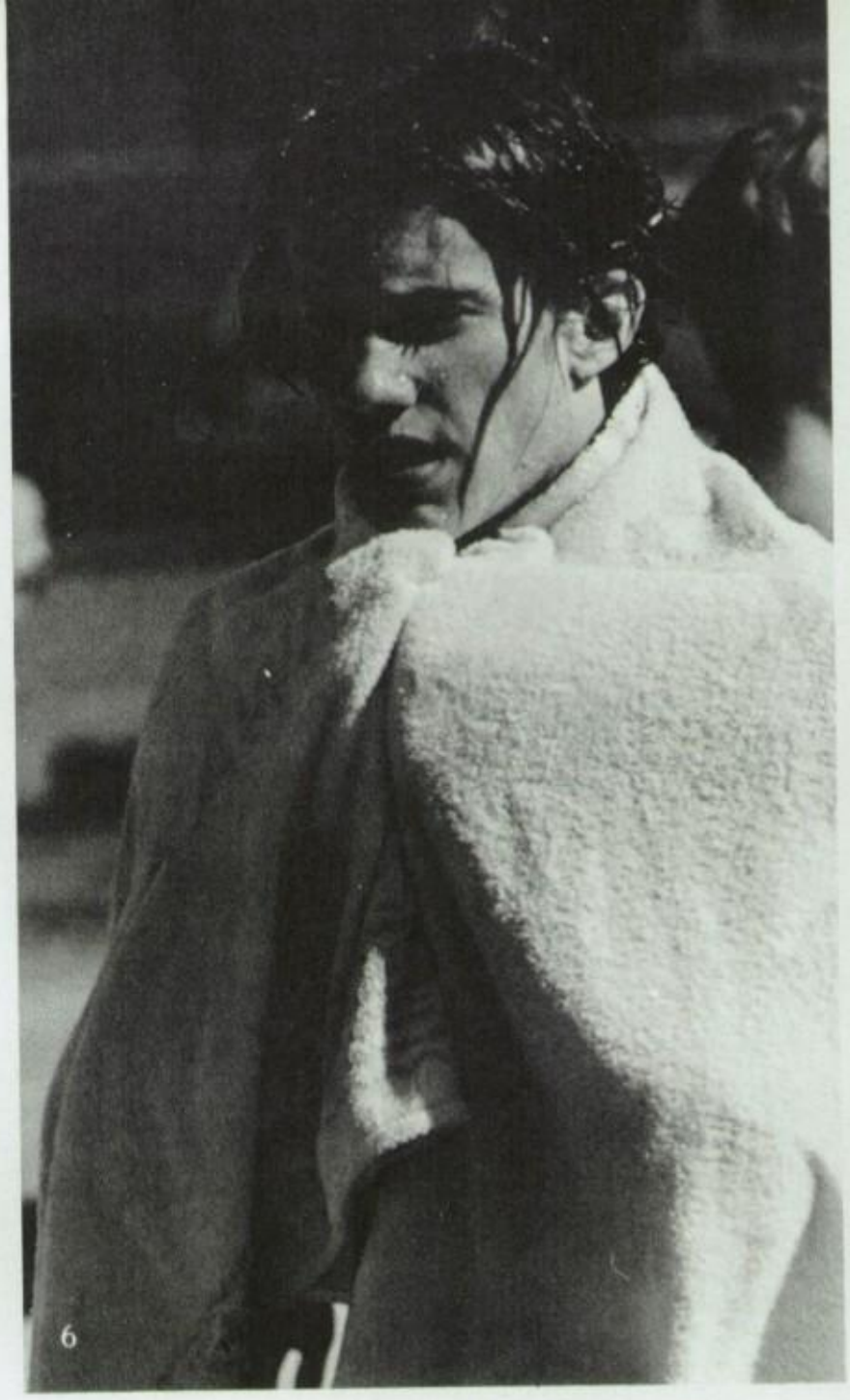
Visiting student joins swim team

Arroyo High's swim team finished the season with a 2-6 record.

According to Coach Tom Sheridan, the team had some good swimmers; Randy Kramm on varsity, Julie Hayes on junior varsity, and divers Frank Tapia and Tony Johnson.

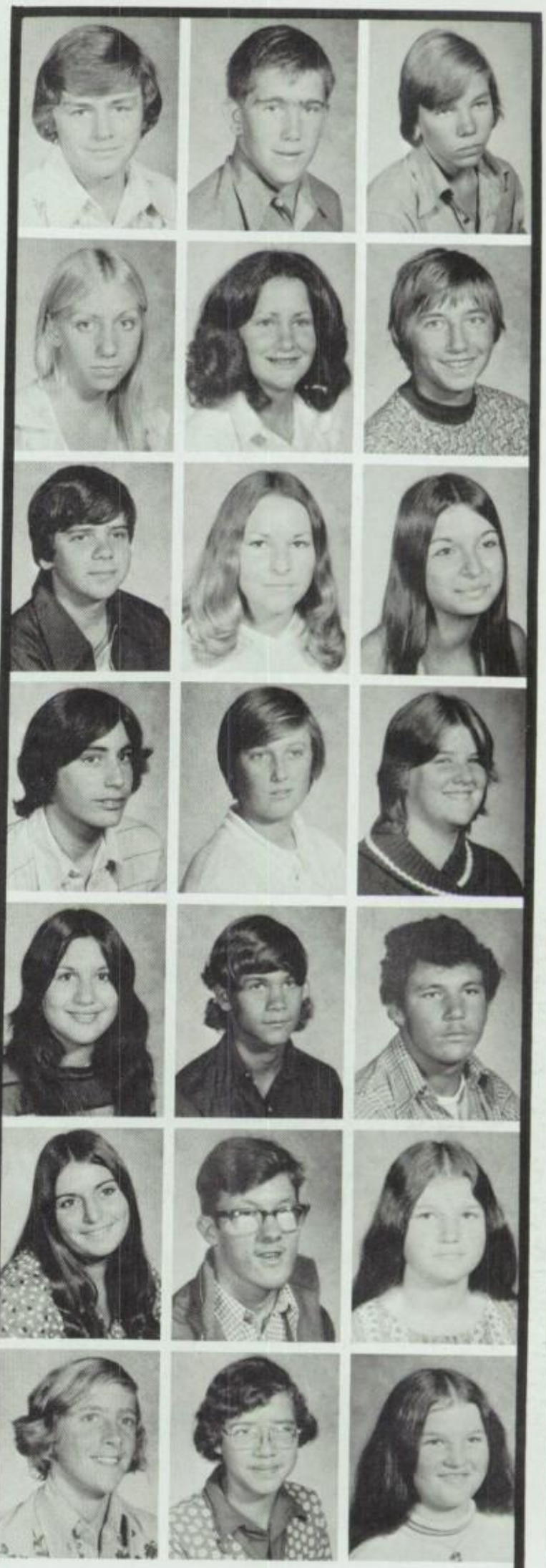
The swim team was composed of fifty per cent females. Varsity mermaids included Rachel McMillian, Ellen Vallejo, and Julie Hayes. Martin Beriao, a Brazillian exchange student, also swam with the team.

According to Sheridian, the team was hurt by lack of interest from a few individuals who came out last year and not this year. The team was also hurt by a couple of injuries.



1. Frank Tapia executes dive. 2. Catalina Sanchez backstrokes. 3. Coach Tom Sheridan glances at judge's score. 4. Jenny Ficken practices backstroke. 5. Randy Kramm races against unknown opponents. 6. Scott Busch warms himself between races and observes teammates.

GOODYEAR



Danny Littleton
Cathy Loberg
Richard Lockwood
Mike Loncarich
Cindy Lopez
Shelly Lopez
Gary Lovelace
Daniel Lucas
Suzanne Lucas
Gerilyn Lujan
Ken Lukins
Robert Lutz
Richard Lyons
James Magnani
Darrell Malicoat
John Marino
Christina Marquez
Pam Marsh
Jim Martinez
Nancy Mason
Nancy Mason

Sophomores

Harriers break league records

"We had a good season without crucial injuries to Carlsen, Nellums, and Wright. With a little more luck, we could easily have been league champions," said track coach Jerry Glenn.

The turn-out for the team was poor. "It probably was the smallest team Arroyo has had since 1960 in track. It was an especially low turn-out among the freshmen and sophomores," stated Glenn.

Even with the small patronage, the team finished with a 5-3 record and produced many prospects for next year. Dave Emery, Mike Murphy, Russ Wright, Mike Tiernan, Mark Sanchez, and Ken Butts were expected to have exceptional seasons next year.

Along with the small turn-out, injuries hindered the team from taking the championship. Scott Carlsen, last year's top scorer, missed all but one meet due to an injured knee. Another key injury was that of Russ Wright, the league's fastest miler, who missed the last three weeks of the season due to a tumor on his ankle.

According to Glenn, outstanding performances were put out by Ken Grace who became the second

1

6

1. Bill Marshall springs over high hurdles. 2. Tony Gonzales puts determination to win relay race. 3. Mike Tiernan shows his long jump form in this year's Mt. Eden meet at Arroyo. 4. Tony Gonzales sprints to a second-place finish. 5. Dave Emry strides across the finish line in the 880 yard relay. 6. Kathy Newbury, Sherry Bennett run against a San Lorenzo Rebel opponent.

Sophomores

Marla McFerran
Margaret McGonigle
Rachel McMillan
Joseph Mejia
Karen Mendoes
Duane Messinger

Randy Mettler
Ron Mettler
Bob Miguel
Debbie Millward
Pam Millward
Valerie Modafferi

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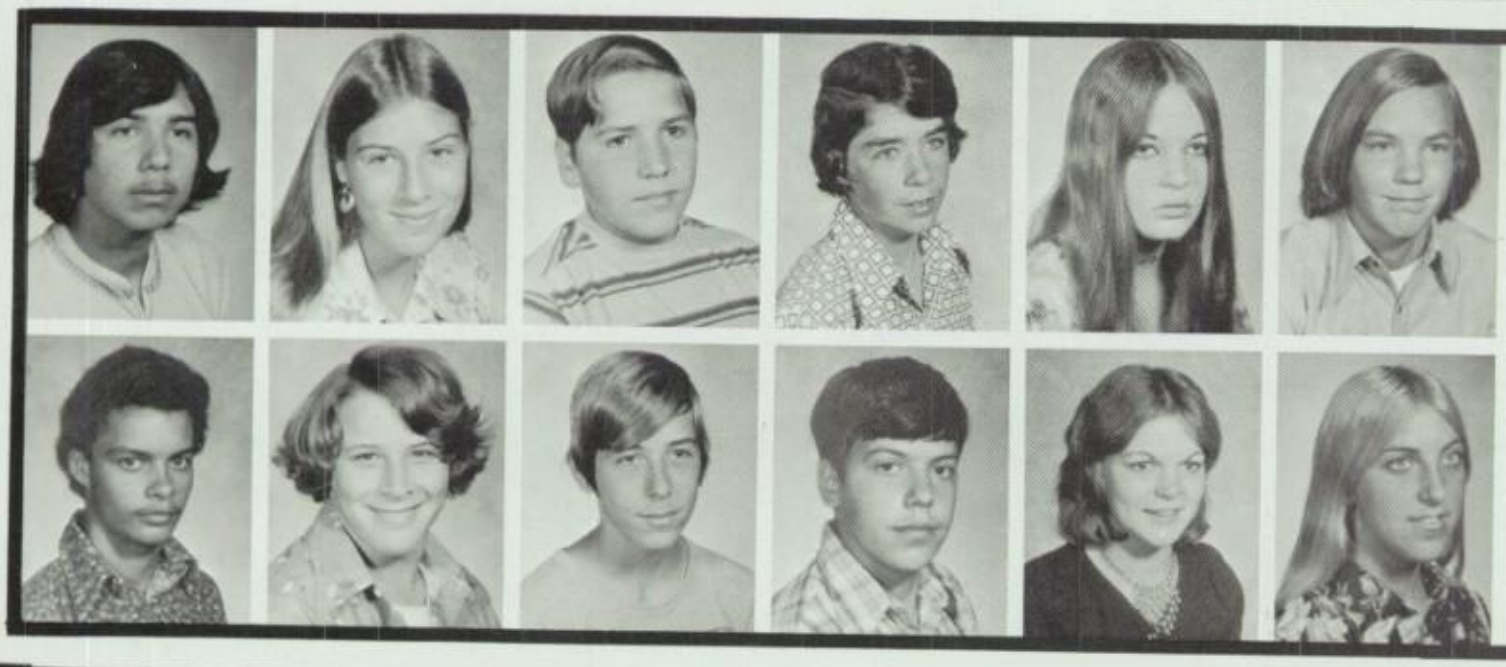
GOODYEAR

Sophomores



Del Montesdeosa
Kim Moore
Claude Moose
Lance Morris
Lynette Munday
Rich Musso

Don Mutchler
Dean Nelson
Scott Nickerson
Bruno Nicoletti
Julie Nolting
Barbara Norum

Injuries hurt crown chances

best all-time Arroyo pole vaulter by clearing 13 feet. Russ Wright led the league in the mile with the time of 4:29.0. Ed Dutkowski threw the discus 152 feet to become league champion and third best in South County. Chris Fierro also showed his talent in discus throwing by placing second in the league meet. Dave Emery broke a school record at 1:57.2 in the 880 and placed third in North Coast finals.

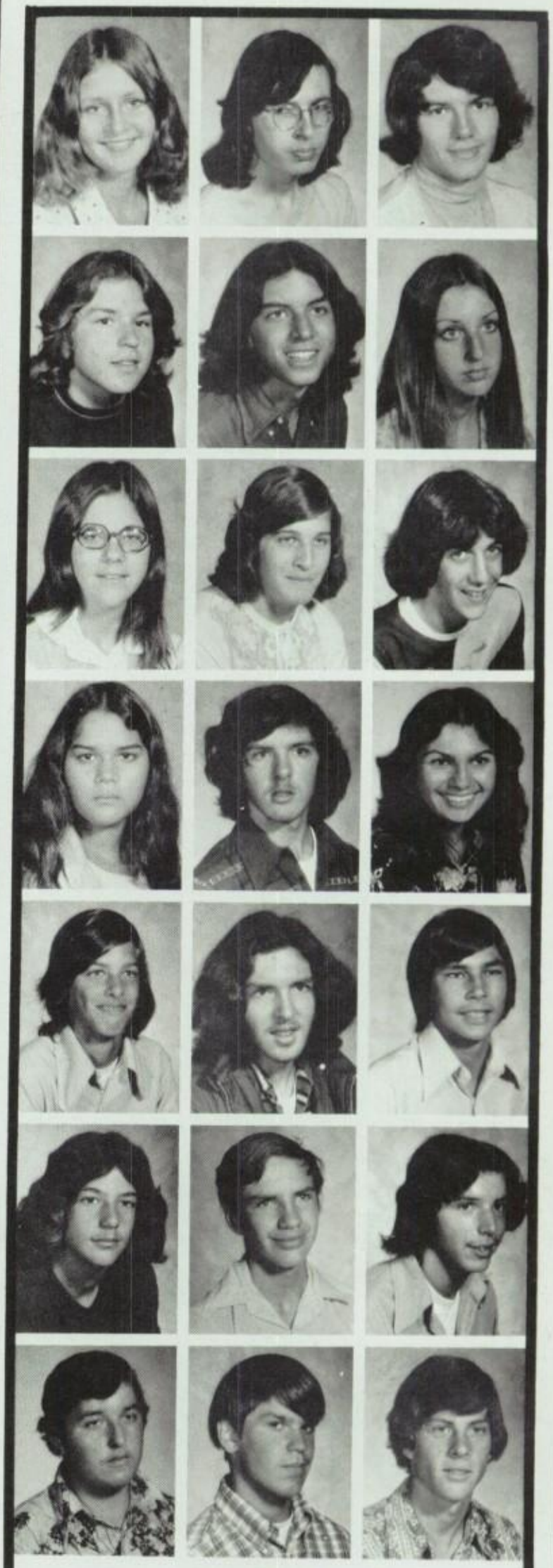
"The attitude of the team was outstanding," replied Coach Glenn. "I've never enjoyed working with a team more than this group in the four years that I've coached."

Arroyo's harriers' most memorable meet came against Castro Valley—the first night meet in the school's history.

Awards voted by players at the end of the season included Ken Grace, most valuable; Bob Eggleston, most improved; Dan Boulton, hardest worker; and Marty Newell and Bill Marshall, captains.

GOODYEAR

1. Ken Grace sets second all-time record in pole vault with the leap of 13 feet. 2. Marty Newell takes lead in 400 as he heads for the stretch. 3. Runners get on their marks for the start of the 100 yard dash. 4. Bruce Collett strains for a record in the long jump. 5. Russ Wright, league's top miler, strains as he leans to break tape at finish. 6. Greg Okada gets a feel of the starting blocks as he prepares for 100-yard dash. 7. Sandy Levy concentrates on shot put.



Terri Obert
Robert Ochoa
Pat Ohliger
Tina Olivares
Mike Olson
Augie Ortega
Tim Ortiz

Dennis Paduveris
Milo Palamides
John Palazotto
Brian Parker
Bruce Parker
Dale Parker
John Partridge

Benjamin Patten
Sandra Paugh
Steve Pavlakis
Rosie Perez
Jim Perkins
Rick Perry
Brian Pesicka

Sophomores

1

Tennis interest increases here

Members of Arroyo's tennis team practiced each day to better their performance on the tennis courts. With the experience of coach Ken Weissenborn to aid them, the team was able to learn new techniques. Coach Ken Weissenborn said, "The team this year was pretty good, even though we did not do as well as I hoped."

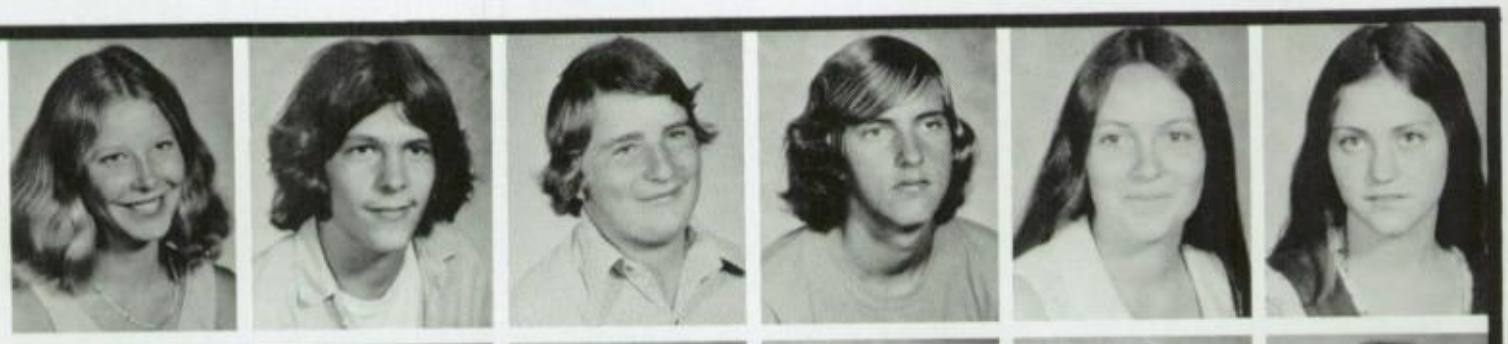
Arroyo came in fifth place, with two teams tied for second place and two teams tied for fourth. The Don's record was 5-11; ten games behind first place Canyon.

The number one and number two men on this year's varsity tennis team were Don Bryant and Utimio Trujillo.

2

Sophomores

Lori Peterson
Dennis Plant
Steve Porto
Jeff Povey
Ann Powell
Lori Pretti

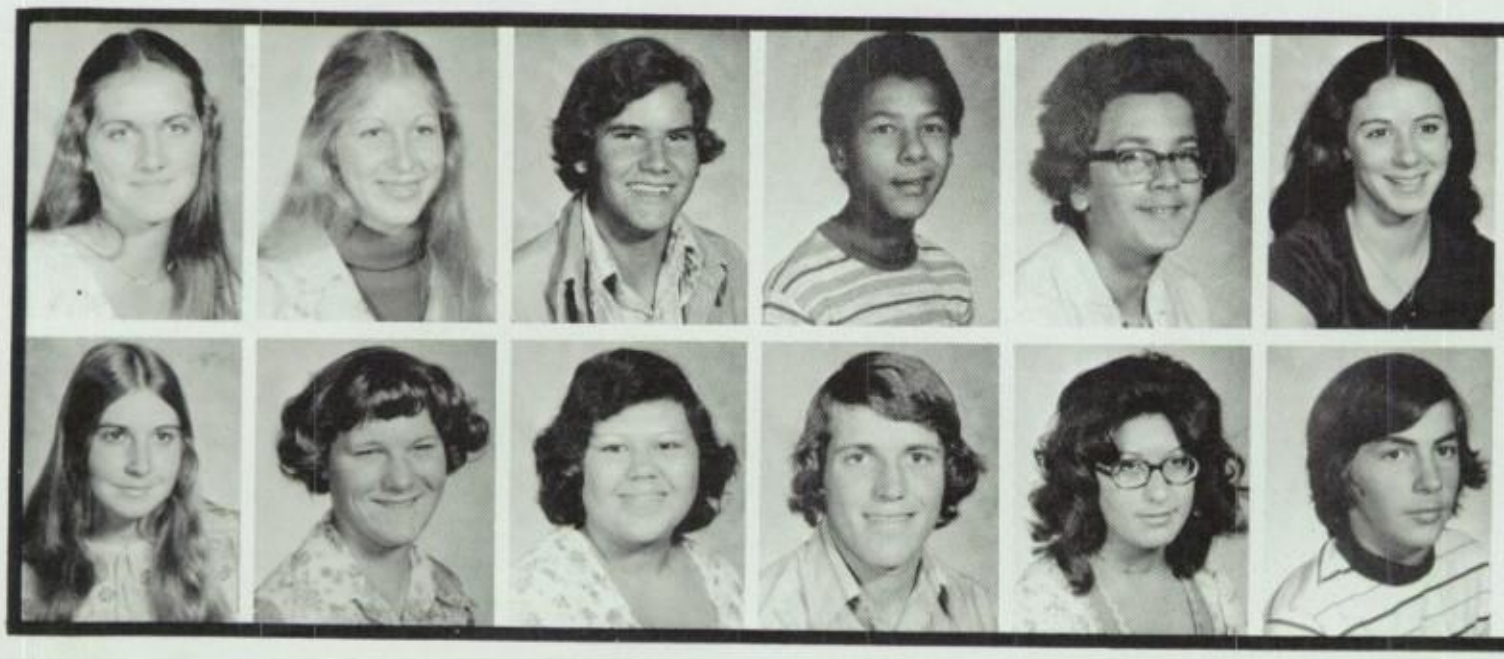


Ron Pryor
Jeff Pugh
Dena Radke
Paul Resico
Mike Rhodes
Bob Rich

GOODYEAR

1. Junior Steve Berger serves. 2. Utimio Trujillo grimaces as he makes a return. 3. Raymond Wong races across court to return ball. 4. VARSITY, J.V. TENNIS TEAM: ROW ONE: Glenn Yanagi, Bob Miguel, Jim Costello, Bill Dickey, David McDaniel, Don Bryant, Gary Craig, ROW TWO: Christel Back, David Affleck, Ron Edwall, Diane Drew, Steve Sanchez, Utimio Trujillo, Valerie Wion, Coach Ken Wiessenborn, Jody Naas, Nancy Affleck, Carl Fahlman, Pat Baptista, Steve Berger, Raymond Wong, ROW THREE: Roger Bond, Doug Gamblin, Scott Nickerson. 5. Bob Miguel awaits serve. 6. Don Bryant scores on his opponent. 7. Roger Bond makes an unsuccessful forehand shot.

Sophomores



Glenda Rich
Janice Rider
Gary Riele
Albert Riveira
Javier Rocha
Natalie Rose

Debbie Rosier
Melinda Ross
Cathy Saenz
Keith Sales
Debbie Sanchez
Steve Sanchez

Dons' statistics prove Arroyans involved in sports competition

Football

Marina	7-1
ARROYO	5-3
Hayward	5-3
Sunset	4-3-1
Mt. Eden	4-4
Castro Valley	4-4
San Lorenzo	3-4-1
Tennyson	3-5
Canyon	0-8

Track

Tennyson	8-0
Castro Valley	7-1
Mt. Eden	6-2
ARROYO	5-3
Hayward	3-4-1
Sunset	2-5-1
Marina	2-5-1
Canyon	1-6-1
San Lorenzo	0-8

Cross Country

ARROYO—fifth place HAAL
Record: 1-5-2
fifth in league meet

Tennis

Canyon	15-1
Castro Valley	13-3
Hayward	13-3
Mt. Eden	8-8
San Lorenzo	7-9
Tennyson	7-9
ARROYO	5-11
Marina	4-12
Sunset	0-16

Basketball

Castro Valley	14-2
ARROYO	13-3
Hayward	11-5
San Lorenzo	10-6
Mt. Eden	8-8
Sunset	6-10
Tennyson	5-11
Marina	4-12
Canyon	1-15

Wrestling

Tennyson	8-0
San Lorenzo	7-1
Marina	5-3
Mt. Eden	5-3
ARROYO	5-3
Castro Valley	3-5
Hayward	2-6
Canyon	1-7
Sunset	0-8

Swimming

Castro Valley	8-0
Tennyson	7-1
Canyon	6-2
Hayward	5-3
Marina	3-5
Sunset	3-5
ARROYO	2-6
Mt. Eden	2-6
San Lorenzo	0-8

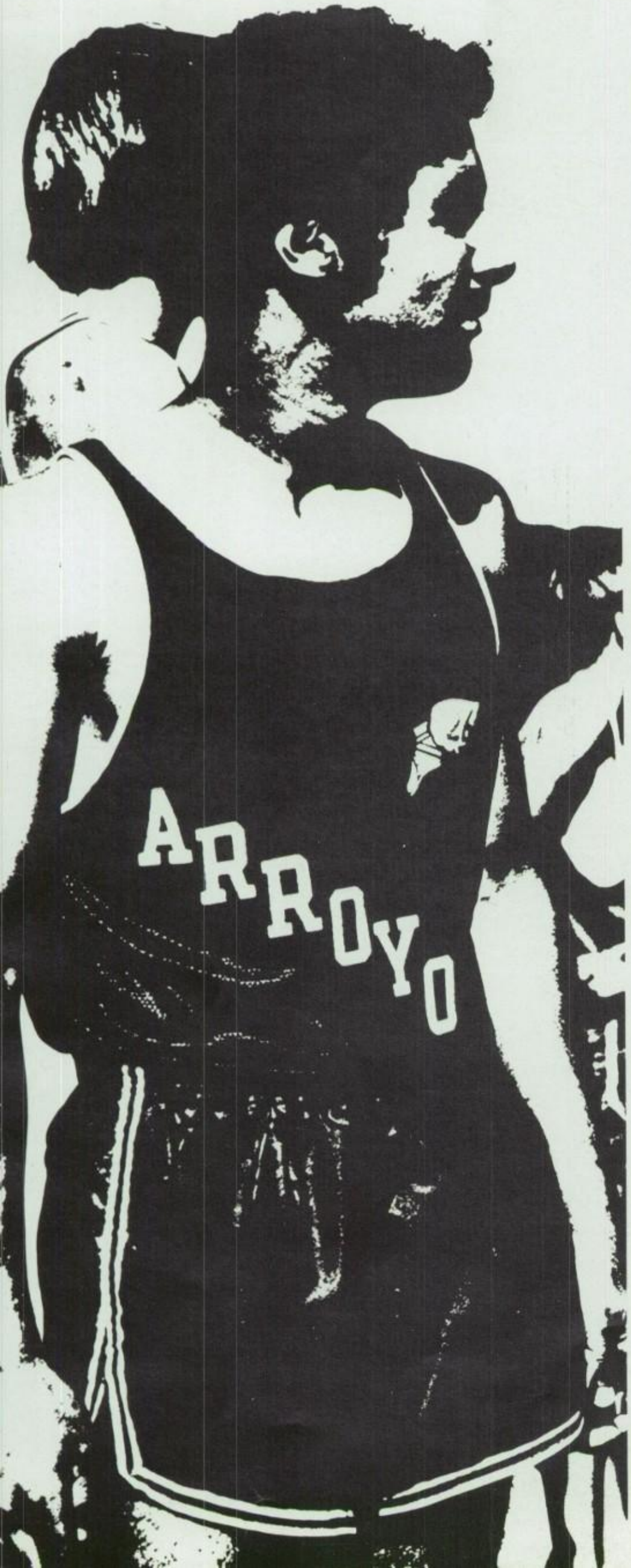
Baseball

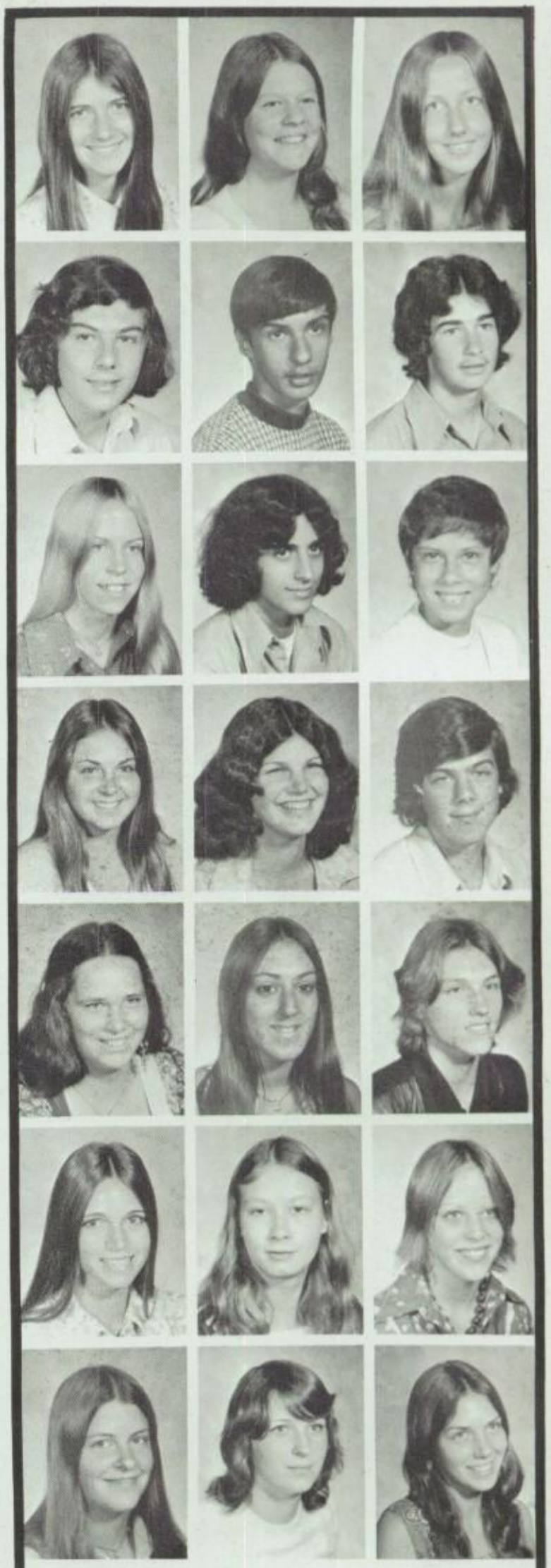
San Lorenzo	12-4
Marina	11-5
Hayward	10-6
Mt. Eden	9-7
Sunset	9-7
Castro Valley	9-7
ARROYO	7-9
Tennyson	5-11
Canyon	0-16

Golf

Hayward	12-2
Tennyson	12-2
Castro Valley	9-5
ARROYO	6-8
San Lorenzo	6-8
Marina	4-10
Canyon	4-10
Sunset	3-11

GOODYEAR





Sue Sanders
John Sandri
Sue Sannebeck
Sonja Schmidig
Janet Schneider
Helga Schulze
Terri Selvey
Lynne Silberman
Arthur Silva
Darryl Silva
Jill Silva
Lynne Silva
Debra Simmons
Diane Sgambati
Annette Shaieb
Danny Shaw
Christine Sheehy
Scott Shelvy
Tom Shepherd
Diane Shold
Kelly Skultety

Juniors

Girls' Sports

"I enjoy participating in G.R.A. because it gives me an opportunity to compete against other girls of my own age and against other schools," said junior Bonnie McDowell. She then added, "boys' sports are too rough for a girl to play in."

Girls' sports differ from boys' athletics in many ways. Instead of football, baseball, and wrestling, the girls compete in activities such as volleyball, badminton, basketball, trampoline, and softball with other schools in the league. In previous years girls' recreational activities received little, if any, attention at all, but with funds from the student body and a real chance at competition with other schools, more girls are signing up.

Participation in the various sports teaches the girls responsibility. Not only to the team, but to themselves. It also teaches co-ordination and co-operation with teammates as well as the opponent.

With afterschool practices and aid from the female coaches, the girls learn to work as a team and gain the necessary skills needed for each sport.

'75 was
a
Good Year

GOODYEAR

Sophomores

Sonia Siroy
Bernie Sjogen
Nannette Smith
Sharon Smith
Tammy Smith
Manuel Soto

Mark Souza
Mike Souza
Valerie Souza
Gina Spadoni
Ron Spain
Debbie Spencer

4-3 record marks girls' volleyball team's competitive league debut

Girls' sports began a new year in October with competitive volleyball. 1974 was the first season for Arroyo girls to compete in regular league action.

For all games, the teammates rode on school buses instead of in private cars provided in the past by volunteer parents.

Ms. Martha Kimmich, team coach, said, "This year's volleyball team has had their best season so far. It didn't matter how many games the girls won, but how well they played. And they played well!"

J.V. player Julie Young said that the girls' first game against Mt. Eden showed the teams that they were not ready to take on a hard defense. The Dons lost 15-8 and 15-9.

Against Hayward, both teams were ready for the second game of the season. The girls won 15-2 and 15-9. Varsity team member Sue Izard cited Gayle Yanagi's and Teri Gilmour's blocks, Julie Hayes' and Joanne Umlauf's spikes, and Barbara Chambliss' and Marianne Shaieb's serves for the decisive victory.

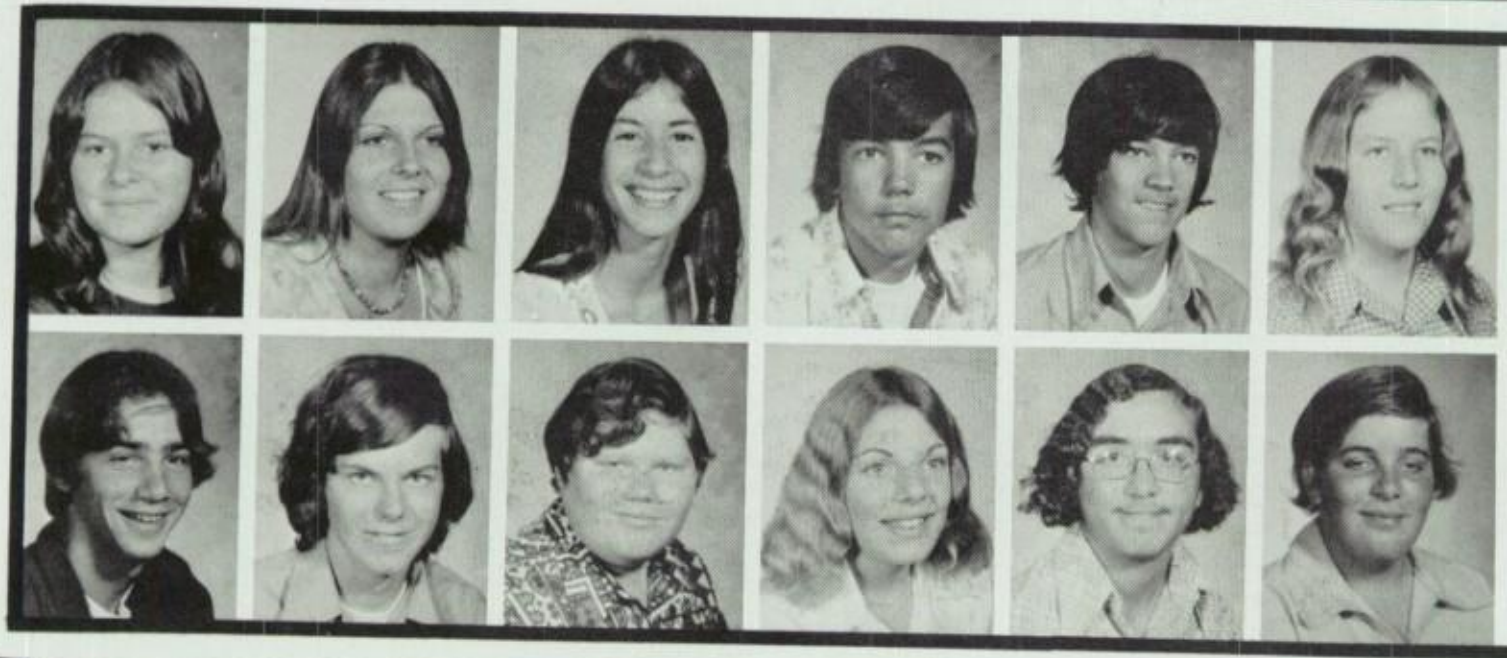
Terry Kreidler, Judy Stramaglia, and Clare Bridges led the junior varsity squad to defeat Hayward 15-6 and 15-10.

Season records for varsity were 4-3 while the junior varsity won four games and lost three.

Julie Hayes and Bonnie McDowell were selected varsity co-captains. Lori Granados headed the j.v. squad. Flo Sanchez acted as team manager. Scorers and timers for the volleyball teams were Debbie Kuhns, Liz Lawrence, and Melodie Evans.

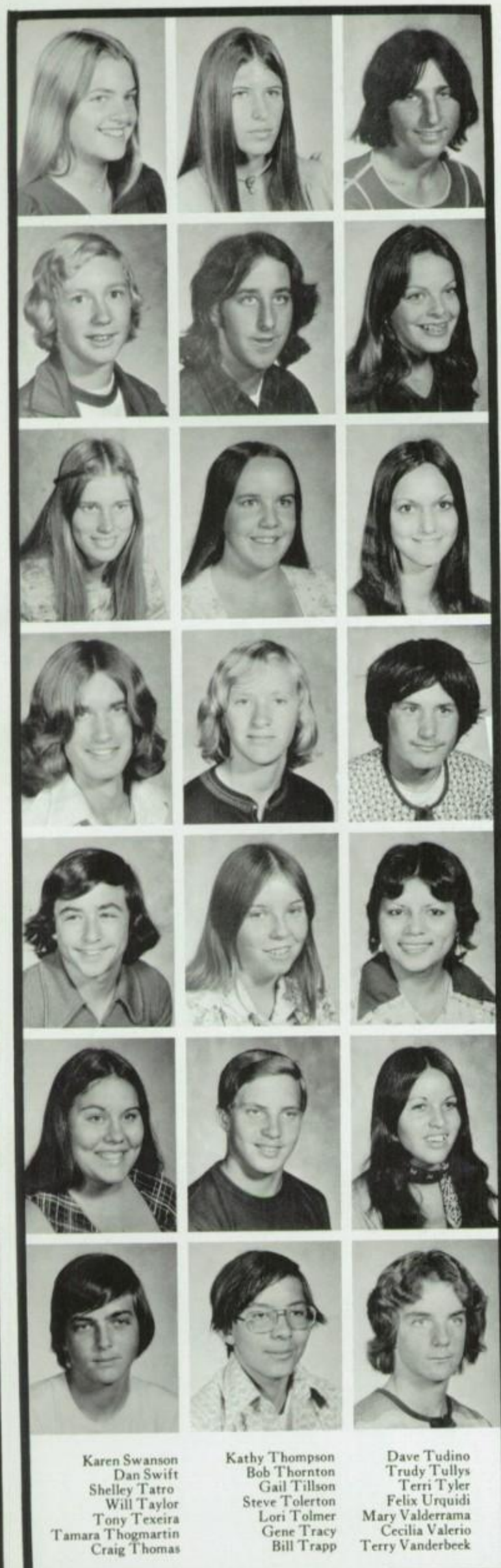
1. Gayle Yanagi and Marianne Shaieb get ready to block the ball while Bonnie McDowell and Sue Izard watch. 2. Bonnie McDowell gets ready to use a good defensive position. 3. Kris Bruzzone walks off the court after spiking the ball. 4. Girls' varsity volleyball team: Joanne Umlauf, Marianne Shaieb, Gayle Yanagi, Teri Gilmour, Sue Izard, Barbara Chambliss, Bonnie McDowell and Julie Hayes. 5. Girls' Junior Varsity team: Clare Bridges, Debbie Sequeiro, Lori Granados, Judy Stramaglia, Terry Kreidler, Kristine Bruzzone, Theresa Cooper, Laurie Raymond, Julie Young and Becky Stevenson.

Sophomores



Rhonda Spilde
Vicki Springer
Karen Stathis
John Stevens
Mike Stevens
Becky Stevenson

Leo Stefani
Russ Steinhauer
Bob Stichter
Vicky Stramaglia
Jerry Strehl
James Stricklin



Karen Swanson
Dan Swift
Shelley Tatro
Will Taylor
Tony Texeira
Tamara Thogmartin
Craig Thomas

Kathy Thompson
Bob Thornton
Gail Tillson
Steve Tolerton
Lori Tolmer
Gene Tracy
Bill Trapp

Dave Tudino
Trudy Tullys
Terri Tyler
Felix Urquidi
Mary Valderrama
Cecilia Valerio
Terry Vanderbeek

Sophomores

1. Ms. Thelma Hansen swings her racquet jokingly at Diane Sguambati during a rest period. 2. Tami Coburn smashes the bird as Denise Eckhart watches. 3. Diane Busch and Ms. Thelma Hansen rally as Kreg Humberg observes. 4. Kim Wonderly, Ann Law, Gina Spadoni, Sandy Paugh, and Barbara Norum choose teams. 5. Lisa Chaix and Sandi Wright enjoy a game.

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Badminton offers fun, recreation

Lack of facilities, due to scheduling conflicts, worked against league competition for badminton this year. "The league games are played in spring. Our gym is only available in October," stated Ms. Thelma Hansen, coach. "This was our biggest setback."

Lack of student interest also hindered this year's team. Attendance was down considerably over that of last year. Ms. Hansen attributed this fact to student jobs and other outside activities on and off campus.

Interested students came in after school and played individual "scratch" matches. Anywhere from six to 30 boys and girls attended these badminton sessions.

Those students who did participate hoped to improve their badminton skills or have fun. "In spite of the problems, we all had lots of fun and enjoyment," stated the badminton mentor.

GOODYEAR

Girls gain league experience

"Inexperience was the reason for a disappointing season, despite the fact that the girls worked hard together," stated Ms. Laura Clapp, girls' basketball coach. The team's season record was 1-6.

The girls' ages (the majority were freshmen) contributed to the team's inexperience, emphasized Clapp. Sophomore Barbara Chambliss was team captain.

"The kids who went out were good. The only problem was they didn't get it together this year," added Clapp.

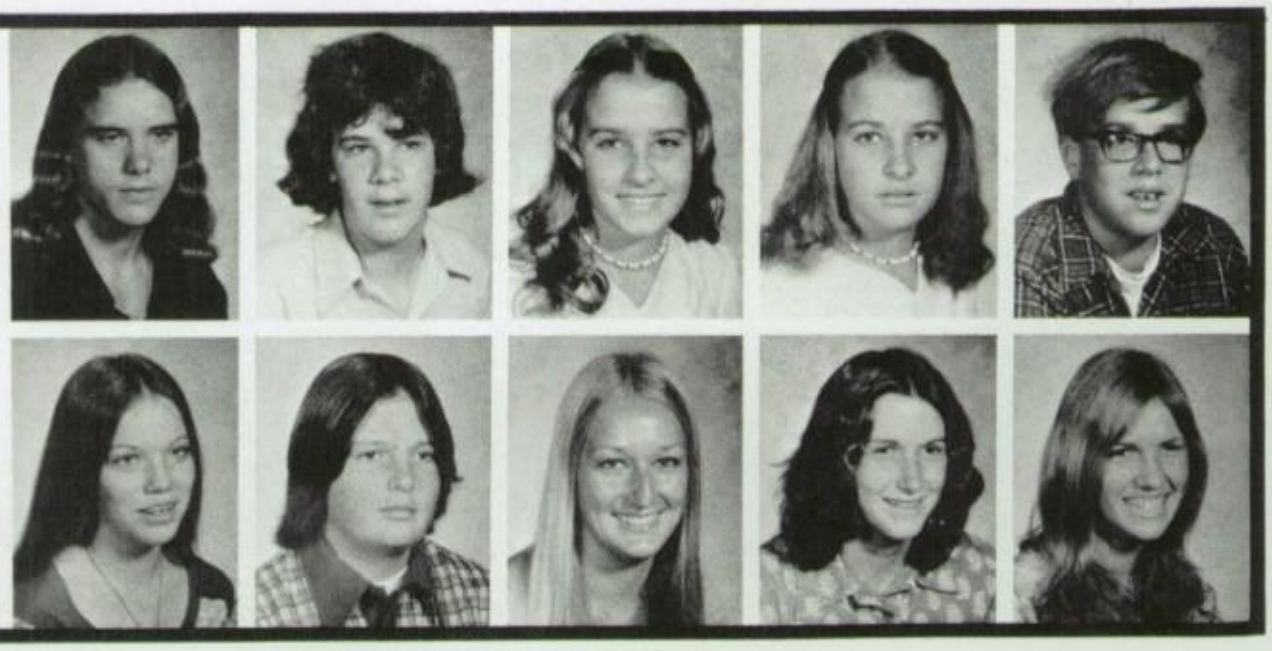
According to the coach, next year the team should have a better season, because all of this year's girls will try out. The ability that the girls did gain means that the team will be more experienced-an asset in winning more games she added.

GOODYEAR

Sophomores

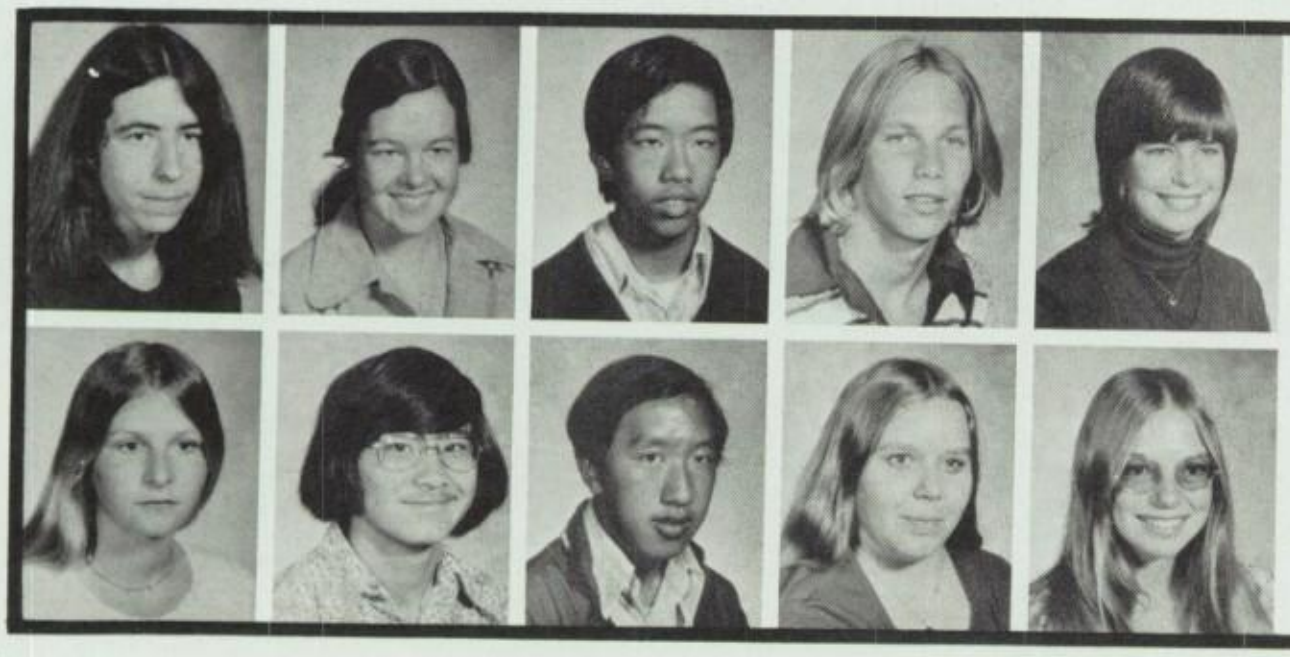
James Vorous
Randall Wallace
Carol Weber
Linda Weber
Dan Welter

Susan Weston
Scott Wheelihan
Barbara Williams
Heidi Willson
Lisa Wilson



1. Becky Stevenson concentrates while shooting free throw. 2. Barbara Chambliss attempts to intercept opponent's pass. 3. Ms. Laura Clapp discusses strategy with Debbie Kuhns, Diane Sgambati, and Shawn Doherty. Marrianne Shaieb receives pass from teammate. 5. HAGEA basketball team: Terry Kreidler, Theresa Cooper, Marrianne Shaieb, Debbie Kuhns, Cindy Kneeland, Shawn Doherty, Barbara Chambliss, Becky Stevenson, Diane Sgambati, Alicia Hales, Cathy Martinez, Melody Evans, Ms. Laura Clapp, coach, Sharon Goetzinger, and Rosa Lopez. 6. Shawn Doherty attempts shot.

Sophomores



Rich Wold
Kim Wonderley
Ken Wong
Gary Wright
Lisa Wright

Sandie Wright
Glenn Yanagi
Donald Yee
Lorna Young
Lynn Zboyovsky

Assistants judge tramp contests

GAA trampoline, coached by Ms. June Macabee, was offered after school this year for freshmen. Juniors and seniors were usually the only students allowed to take trampoline, but conflicting pool schedules allowed freshmen and sophomore girls to have the elective girls' physical education class.

Students were divided into three groups: Monday, Tuesday and Thursday, and Friday. At the end of five two-hour lessons, three finalists from each group competed for the best six out of 12 girls in the school. Student P.E. assistants judged the events.

Added interest in the sport made it necessary to borrow two additional trampolines from San Lorenzo High School, according to Ms. Macabee.

GOODYEAR

1. Patti Sattui attempts flying back drop. 2. Pam Ringstad prepares for solo back flip. 3. Kathy Fredericks attempts last assisted back flip. 4. Kathy Fredericks bounces high and prepares a stunt. 5. Kathy Fredericks completes perfect back flip as Mary Chalifoux spots. 6. Janet Giambastiani practices back flip.

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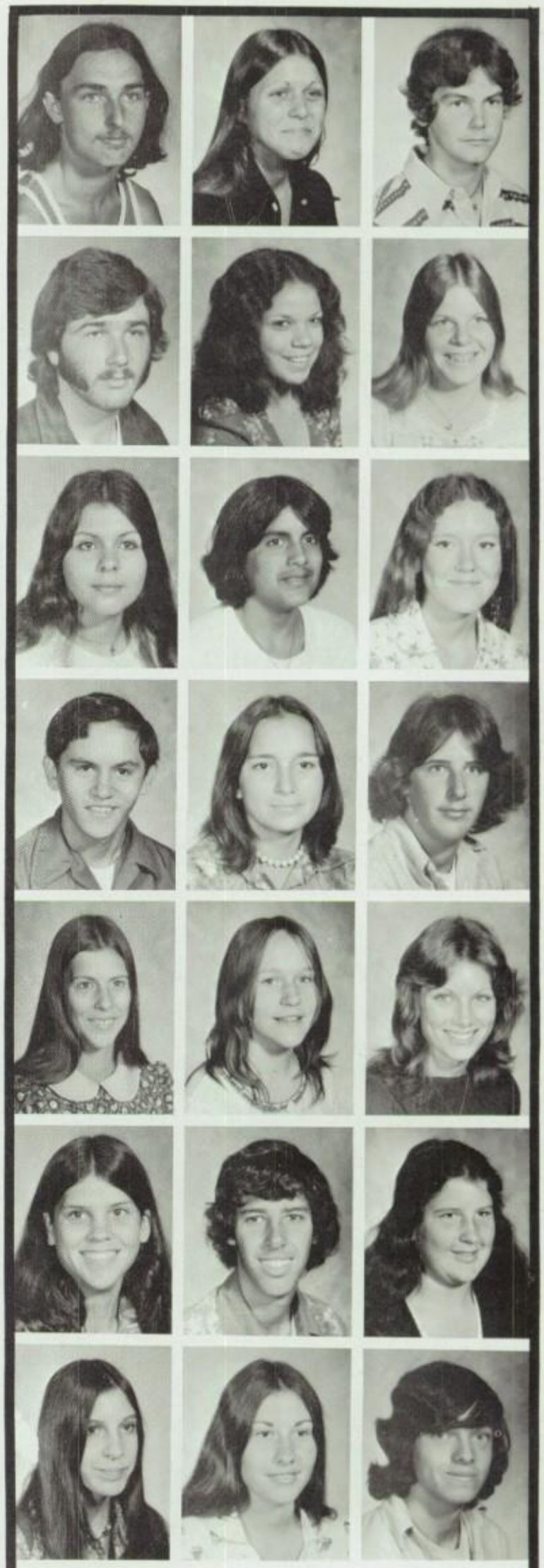

Rick Abbott
Dale Acamo
Helen Aguilar
Sandy Alejo
Eileen Aldridge
Kathy Amos
Karen Anderson

Jo Angelo
Carolina Aranda
Dino Arieta
Janda Avila
Tamara Avilla
Bob Bannwarth
Patti Baptista

Michael Bartholomew
Virginia Batchelder
Sue Beckham
Terry Beebe
Marion Bell
Denise Bellefeuille
Dan Boulton

Juniors

1. Alicia Hales tries to knock the ball loose as the catcher applies the tag. 2. Alicia Hales leaps high in the air for a wild throw, but to no avail. 3. Debbie Kuhns shows perfect timing as she clouts the softball. 4. Charlotte Carlson applies the tag to the sliding base runner. 5. Rosa Figueroa-Lopez winds up as she starts her delivery. 6. Terry Cannella grimaces as she attempts to hit a high pitch. 7. The team takes a breather: Debbie Kuhns, Shawn Doherty, Bonnie Vierra, Melodie Evans, Vernetta McDowell, Kim Rogers, Karen Stathis, Barbara Chambliss, Rosa Figueroa-Lopez, Sue Bennett, Alicia Hales, Nancy Peterson, Marrianne Shaieb, Kathy Martinez.

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4

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Juniors

Glenn Bellefeuille
Bruce Benyshek
Steve Berger
Sue Berger
Rick Bertel
Cindy Blanchard

Cindy Boehmer
Cindy Bohac
Mark Bold
Roger Bond
Pat Boney
John Borchardt

Female softball squad captures HAGEA crown

Arroyo's Girls' Softball team landed the HAGEA championship, Thursday, May 29 by defeating defending champ Pacific 4-3.

The title win was the first in the history of women's sports at Arroyo.

"Without the help of each and every player we couldn't have stood a chance," stated coach Ms. Thelma Hansen. The team was said to be a beautiful unit.

"This year was one of the first times I felt that GRA softball was competitive as compared to Boys' baseball," said Ms. Hansen. You could see throughout all the competing teams that the girls were better skilled.

Arroyo's girls' softball team closed the season with a 12-1 record.

According to Hansen, the majority of the team was composed of underclasspersons.

Juniors

David Botelho
Mike Bowen
Penny Braasch
Ron Branaugh
Clare Bridges
Rick Broucek

David Brown
Julie Brown
Patty Brown
Rob Brown
Robert Brown
Frank Buchholz

Activities

Activities here were designed to break the monotony of the same school day routine. Students often looked at school for the majority of their social life.

Despite the downward trend of activities on campus, attendence increased. One of the big contributions to this is the student body card package. The student body card holder recieved free admission to all home league games and discount admissions on all other events.

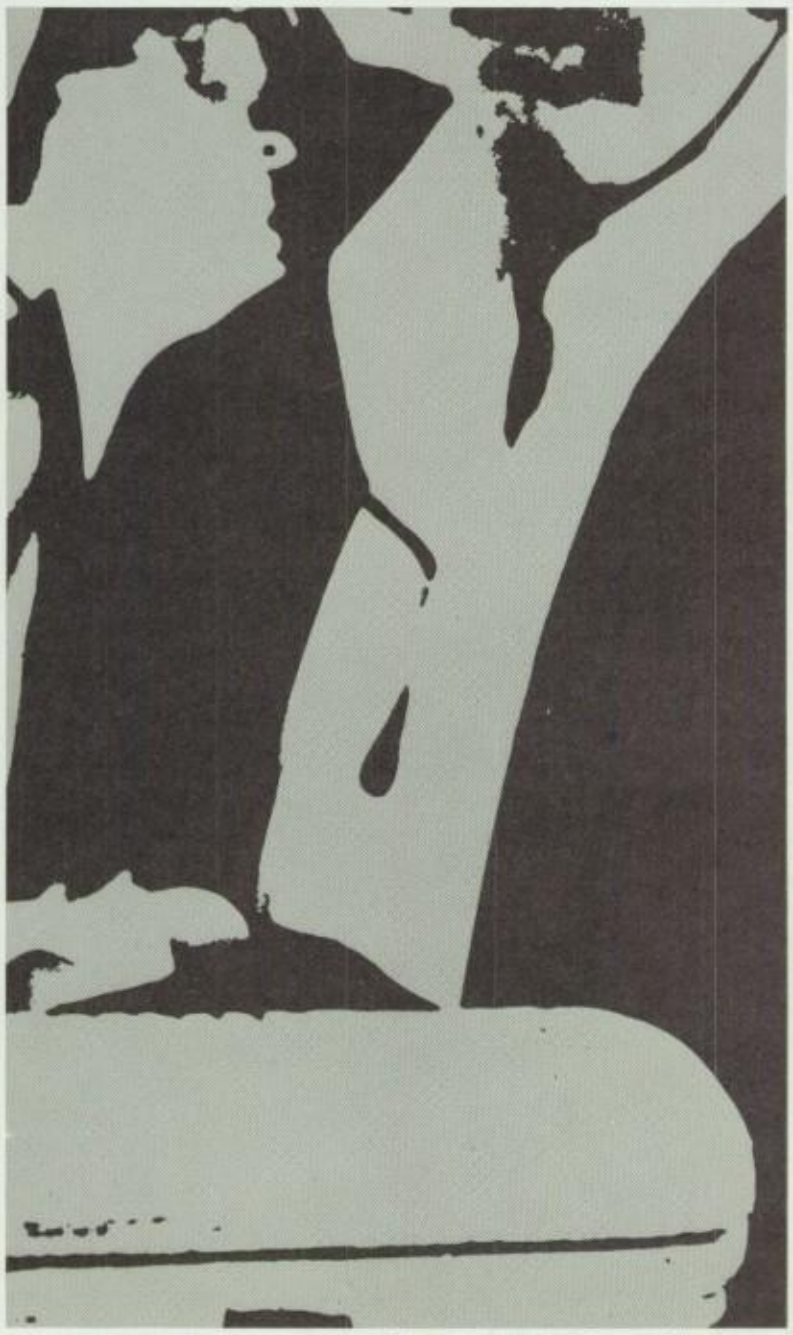
Social life centered on athletic contests and the teams responded to the audience's enthusiasm by consistantly appearing in the top 15 in the Bay Area.

Sports was not the only activity at Arroyo. With the help of class councils and student government, other events took place. George Sharp added a little magic to Arroyo by dazzling student's, with numerous hypnotic and levitation feats.

Spirit Week was a week long competition between each class, consisting of numerous rallies, floats, and skits.

Dances and plays were also offered to entertain students during the year.

Numerous events were put on to make the seniors' final farewell memorable: events such as the senior ball, Disneyland, and the senior picnic, but the most important event in a senior's life is graduation day.



'75 was
a
Good Year

GOODYEAR

Vicki Bumbaca
Cynde Burke
Mark Burritt
Michael Bush
Elizabeth Cahoon
Don Calhoun
Michelle Cambra

Yvonne Campbell
Suzan Cannady
Debbie Cardella
Charlotte Carlson
Mary Ann Carminati
Donna Cavanaugh
Marc Chilianis

Dianne Clark
Walter Cochran
Lori Codeglia
Margi Cole
Bruce Coleman
Mark Conkel
Scott Conley

Juniors

Richard M. Nixon January 20, 1969 - August 9, 1974

Arroyan asks

Gary Botelho, '77- "It's okay. Ford seems to be doing a better job than Nixon and Nixon was elected."

Cathee Cate, '75- "We needed someone to make the major decisions for our country, but we didn't have time for a long and expensive election. It's as simple as that. Once an official takes office the public doesn't have much say in the matter anyway."

Mark Conkel, '76- "Having an appointed President and Vice President doesn't make any difference because whether they're appointed or elected they still don't represent the people."

Nixon relinquishes title, Ford assumes position

Friday, August 9, the nation watched as the thirty-seventh President of the United States left office.

In a nationally televised message to his staff and cabinet, Richard Milhous Nixon said, "We leave with high hopes, in good spirit, and with very much greatfulness in our hearts, but I want to say to each and every one of you, always you will be in our hearts and our prayers. Thank you."

Only the day before, upon entering the East Room, the Nixons were greeted by a standing ovation led by Secretary of State Henry Kissinger. In a speech addressed to the President, Kissinger said, "We don't have a word for it in English, the best is au revoir. We will see you again."

Nixon left office hoping that he would be remembered by his successes with the Vietnam War, the S.A.L.T. agreement with Russia, and the new friendships built with China and the Arab Countries.

The ex-President and his family then flew to San Clemente on their last trip by the Presidential Jet, "The Spirit of '76."

Soon after 12 p.m., Gerald Ford was sworn in as the thirty-eighth President of the United States. The official ceremony took place in the East Room of the White House. Chief Justice Warren Burger administered the oath as Mrs. Ford and the rest of the nation watched.

In an interview with the press, Ford stated that the goal he most hoped to attain as President would be "to do what's best for America and the World." His plans for the future included choosing a Vice President to replace Spiro Agnew, and stabilizing the economy.

Ford commented on the former President's farewell address, "I think that this was one of the most difficult and saddest incidents I have ever witnessed."

At press time Ford's accomplishments included the choice of Nelson Rockefeller as Vice President, Conditional Amnesty for all Vietnam Draft Dodgers, and the pardoning of former President Richard Nixon.

Gerald Ford

Nelson Rockefeller

Is the twenty-fifth Amendment fair?

Willie Devoto, '75- "I feel that Ford and Rockefeller do not represent the people because they are not the people's choice."

Debbie Kuhns, '78- "I trust Nixon's judgment. He wouldn't have appointed a man who couldn't do the job."

Doug Gamblin, '78- "These men must be qualified to hold those jobs. It really doesn't matter to me whether they were appointed or elected."

Lori Peterson, '77- "It takes away from the democracy when two high officials are appointed and the people don't have any say in the matter."

Nancy Grasher, '76- "It doesn't make any difference who is President or Vice President because you never really know the men anyway. You vote for what you see, not for what the person really is."

GOODYEAR

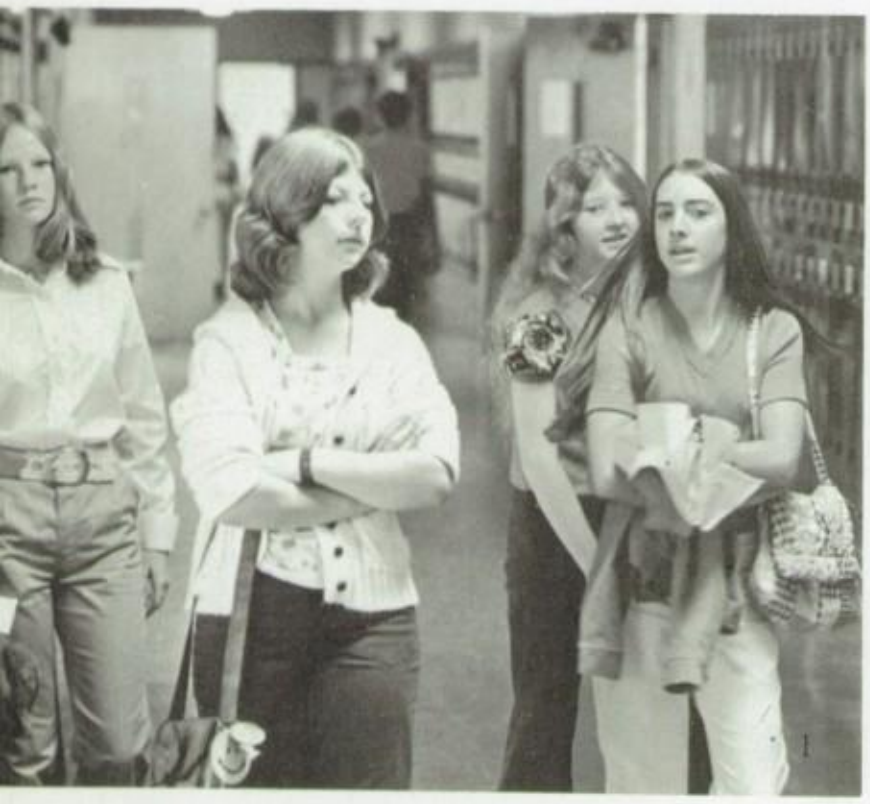
400 attend freshman orientation

Freshman Day was held Friday, September 7. Nearly 400 incoming students attended. The class of '78 came early Friday morning and were ready and eager to become a part of Arroyo High.

The first order of orientation was the introduction of student body officers, counselors, and administrators. School president Steve Vilas talked to the freshmen about the new student body card package, open campus, mill-in, and cafeteria procedures.

The rally squad performed a special cheer for the new Arroyans. Kathy Scott, head yell leader, led her squad and the j.v.'s through a "welcome" for the ninth graders.

Before the freshmen were to meet their teachers, they attended a mini-assembly in the gym with the counselors who talked to them about programming. Following these meetings, the new students finally got a look at their teachers and classes.



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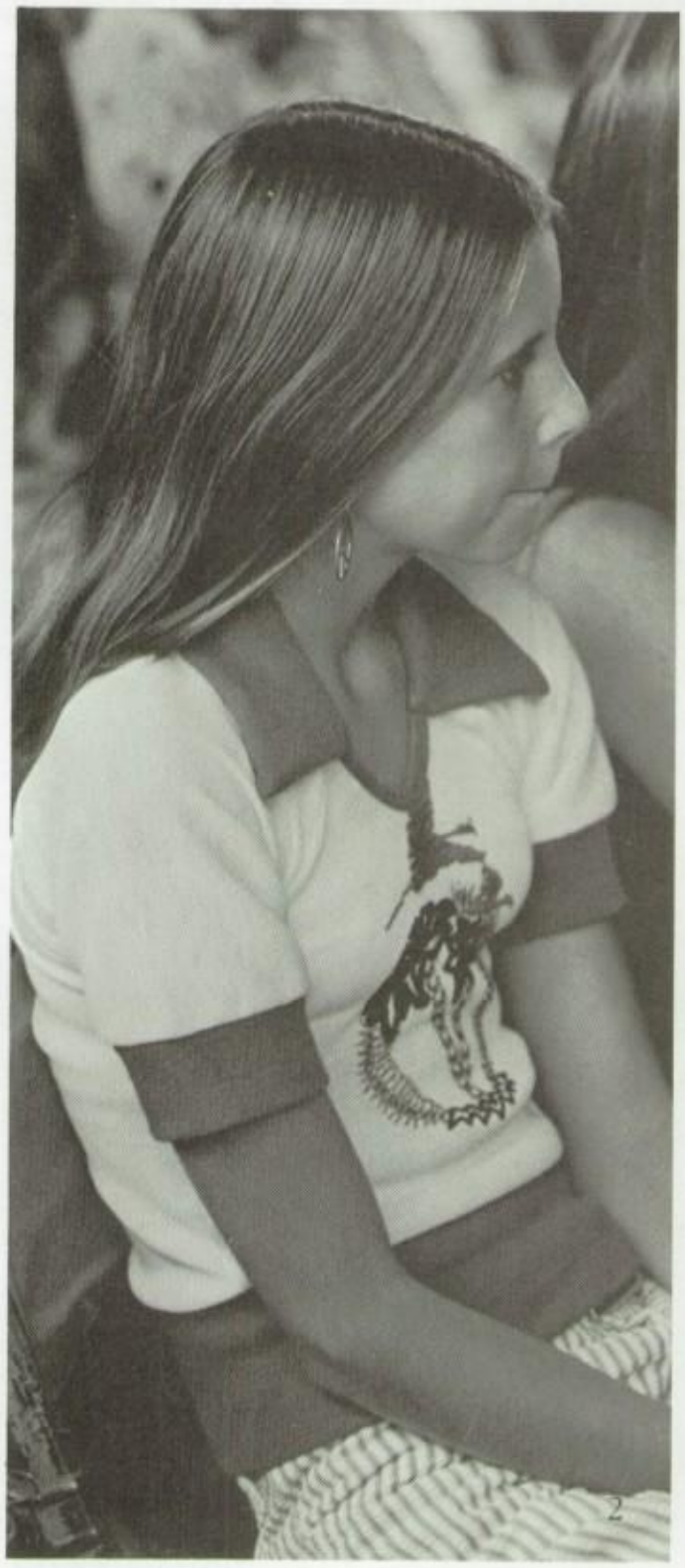


2

Juniors

Dennis Cooper
Sandra Cope
Nancy Costa
Mike Costello
Eric Craig
Gary Craig

John Craney
Jim Cunningham
Jim Cwick
Debra Dalton
Jim Davis
Marlene DeCosta

1. Lisa Stuart, Angela Branscum, Patty Bacon, and Patti Lovelace walk down A-Hall after leaving homeroom classes. 2. Freshman Judy Ohliger listens intentively to Steve Vilas at freshman day assembly. 3. Anna Hagans, Lori Foster, and Sue Lucas talk to treasurer Greg Okada. 4. John Medeiros looks over new schedule. 5. Jim Cassarotti, Pamela Stapp, Melodie Evans, Cindy Stubberfield, Janet Blazich, Sandra Aguilar, Terri O'Connor, Judy Ohliger, Tracy Watkins, Susan Ahern, Richard Hocker, Wulf Bieschke, and John Lyons listen to teacher give instructions.

Juniors

David Dees
Matt Delaune
Greg Delima
Matthew Desimone
Mike Devoto
Mike Doane

Patti Donham
Theresa Dolyniuk
Susan Doyle
Gary Dowling
Bob Driver
Gregg Dugger

1974 Arroyan takes on new image

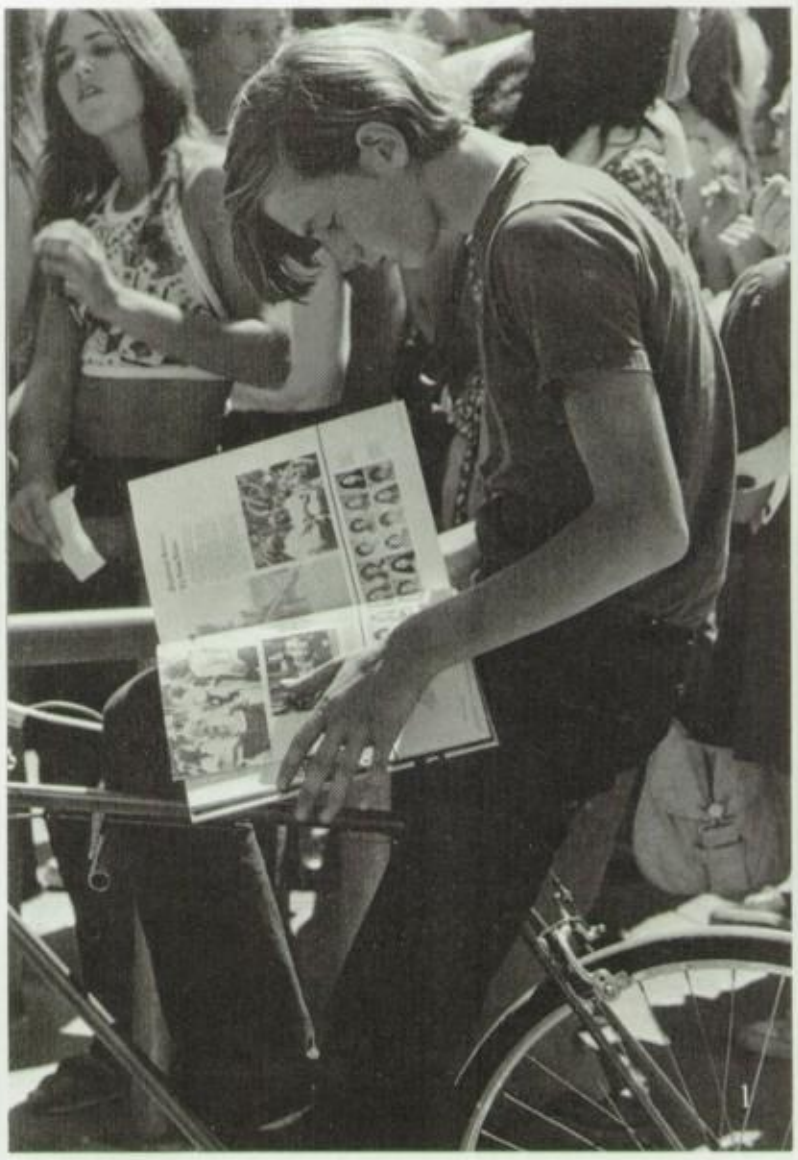
Yearbooks were distributed on September 7 in the student store. Unlike last year, the annuals arrived on time and were distributed in a new location due to the pipe construction outside D-22.

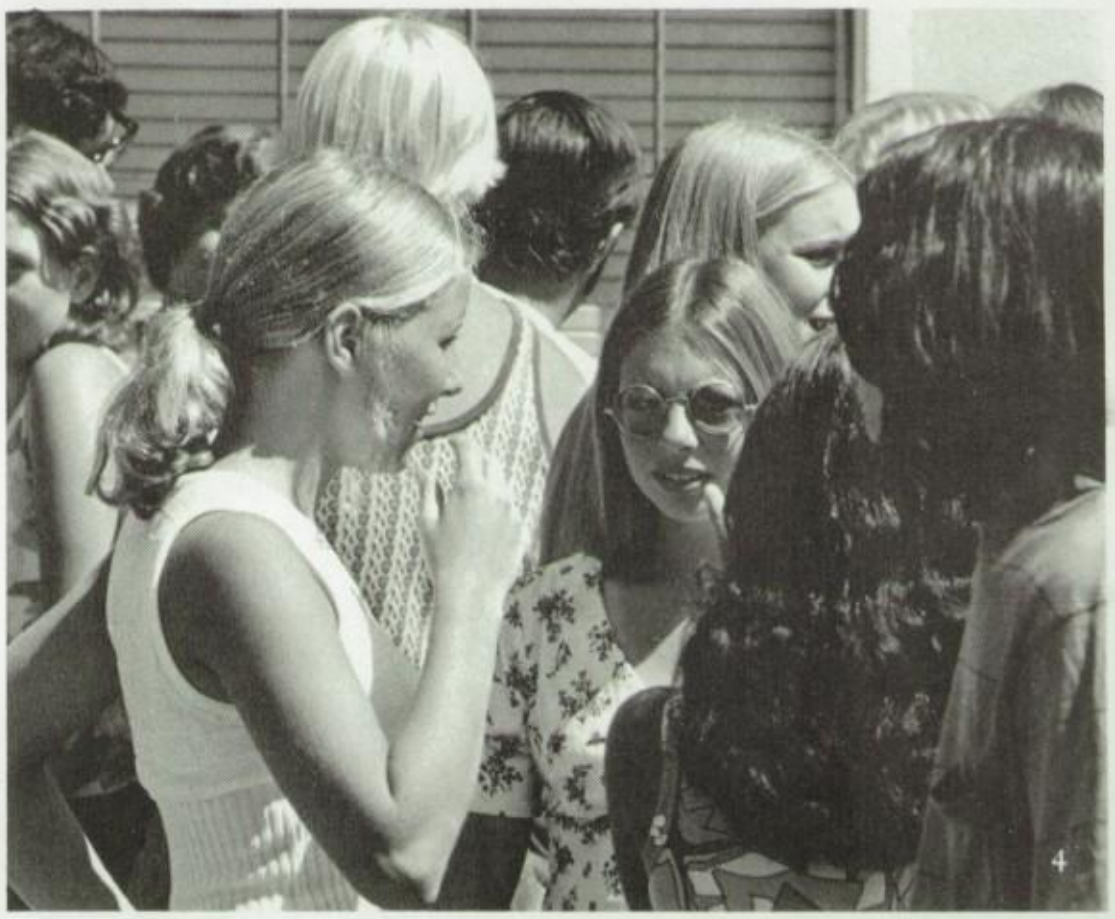
The '74 ARROYAN had a completely new image. Arranged in chronological order, students' pictures ran along the bottom of the pages leaving ample space for coverage of school events. "Dons' Scene" was the theme of last year's annual. The book was designed to give readers a "televised" account of school events and activities.

The cover, silver and black, suggests a t.v. screen ready to be turned on to Dons' Scene. Throughout the book are television screens. Special effects on some of the pictures added new dimensions to the ARROYAN'S look.

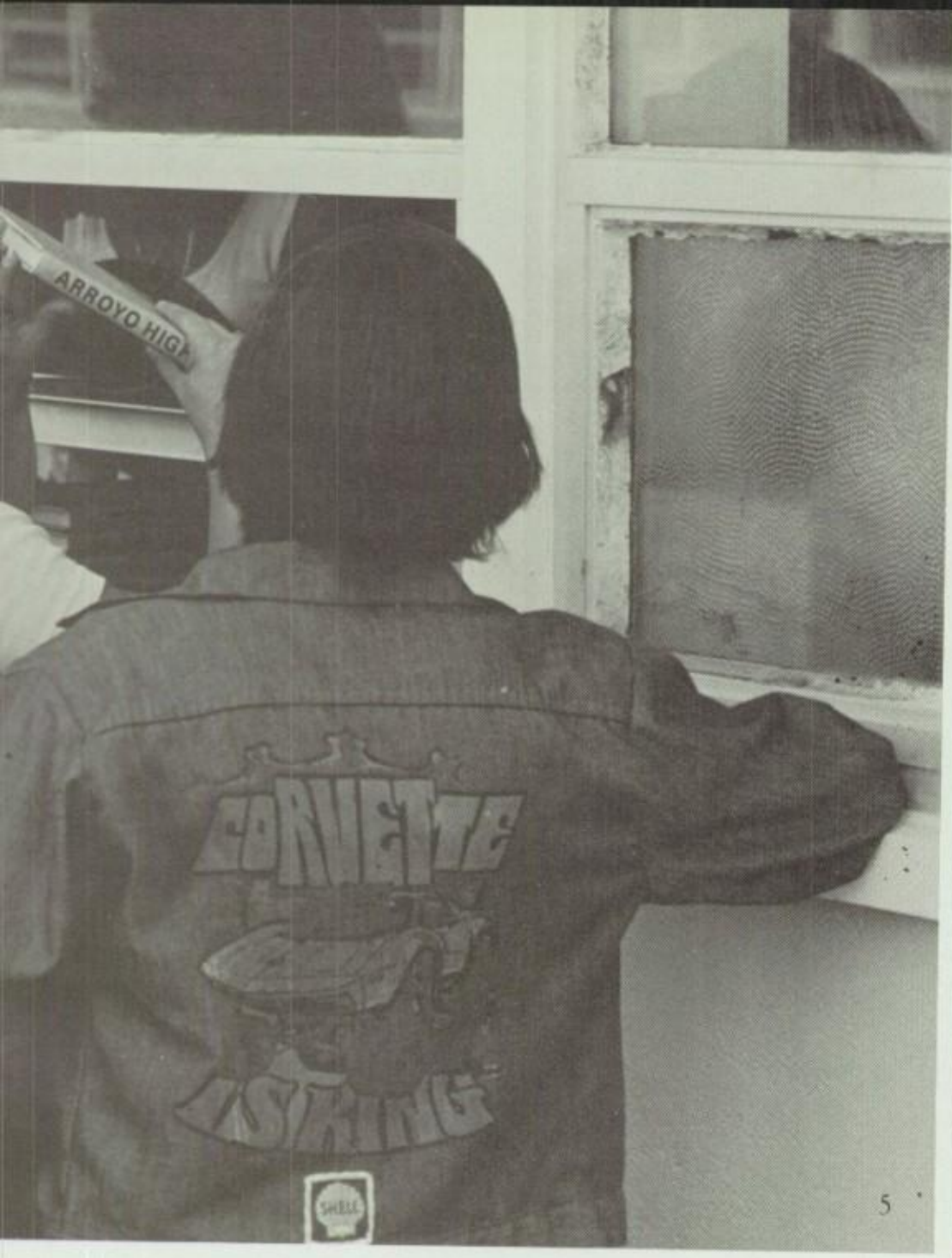
"Coverage," according to yearbook adviser Mr. Richard Lloyd, "was the most extensive in ARROYAN history. The staff was fantastic. They worked well together and met all deadlines."

Over 1,000 copies were distributed.

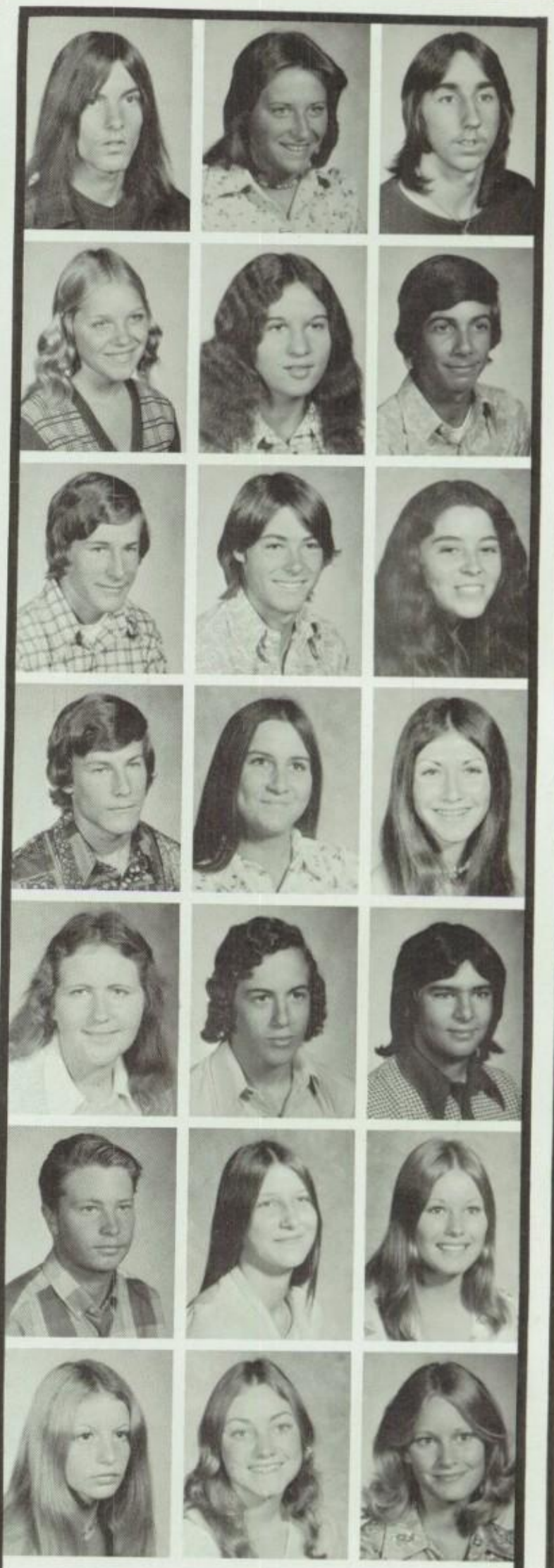




1. Colin Heuer sits comfortably on his bike while enjoying 1974 ARROYAN. 2. Jim Reed looks through his '74 ARROYAN. 3. Tim Cahoon, Diane Lacy, and Larry Blaisure discuss new yearbook. 4. Lori Peterson talks with Lynn Zboyovsky before the beginning of yearbook distribution in front of Student Store. 5. Students receive the 1974 Annual. 6. Sal Branco, Jim Cunningham, Jim Martinez, Julie Hayes, and Michelle Benavidez enjoy looking through their yearbooks as Larry Blaisure looks on.



GOODYEAR



Kevin Dugger
Debbie Dupree
Gary Earl
Jeff Earl
Rosemary Eaton
Joel Edwards
Kathy Egan

Karen Eichler
Theresa Eiras,
David Emery
Peggy Evans
Craig Facchin
Karen Fargo
Judy Federline

David Fernandez
Bob Ferraris
Tanya Fimby
Melinda Flowers
Mark Foglia
Lisa Foster
Kathy Frederick

Juniors

Camp benefits Don rally squad

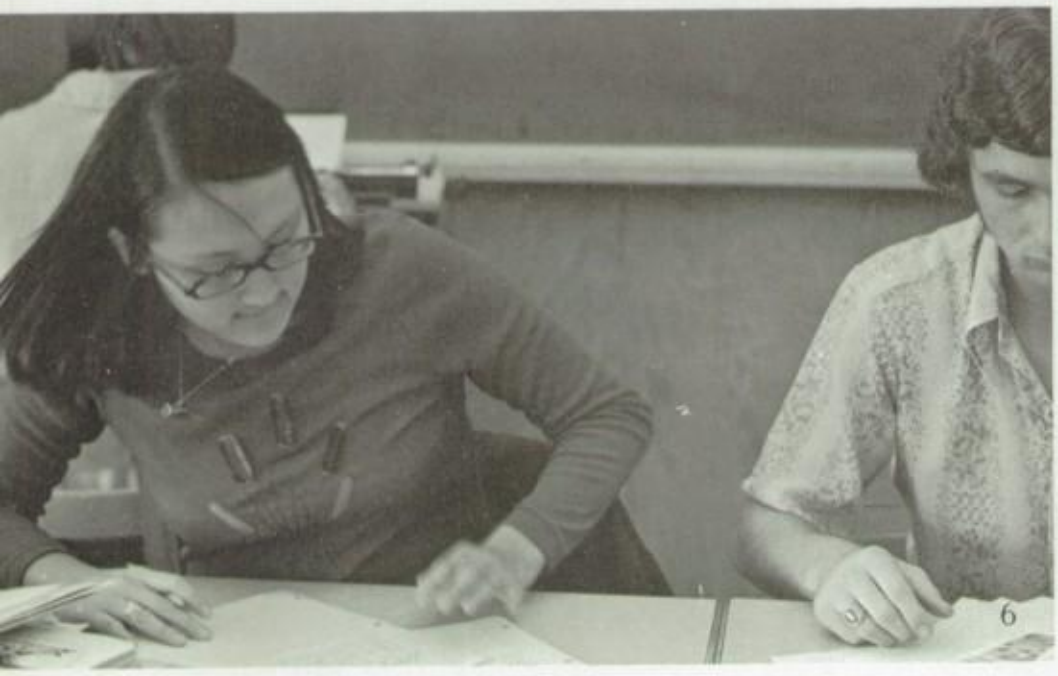
"With so many girls on rally squad, it has really worked out well. It was one of our best years at camp," stated Kathy Scott.

Heads Kim Shofner and Kathy Scott led the rally squad to two trophies at Squaw Valley, The 1974-75 rally squad received a superior trophy and the song girls brought back a second place award.

Kathy Frederick, Lisa Torres, Joanne Williams, and Sandy Bevilaqua joined Kathy Scott as varsity yell leaders.

Joining Kim Shofner as song girls were Sue Homewood, Michelle Pena, Vicki Bumbaca, and Lori Peterson.

A new addition to j.v.'s this year was a junior varsity song girl squad. Lisa Foster headed a group of Cindy Blanchard, Donna McDaniel, Trudy Tullys, and Sue Lucas. J.V. yell leaders were Debbie Shin, head, Janice Ullom, Lorraine Dutch, and Jill Silva. Judy Alsip joined the squads as Arroyo's mascot.



Juniors

Mark Gamblin
Anne Gandsey
Flora Gapay
Linda Garello
Dean Garlitz
Barbara Gay

Beverly Gay
Mark Giachino
Terri Gilmour
Donna Goa
Darla Goehner
Mike Goelz

GOODYEAR

1. Sue Homewood, Kathy Scott, Lisa Torres, Vicki Bumbaca, Michelle Pena, Sandy Bevilacqua, Joanne Williams, and Lori Peterson get together to sing Alma Mater. 2. Kim Shofner, Kathy Frederick, Lori Peterson, and Joanne Williams cheer for kick-off. 3. Varsity Song girls perform original routine during halftime. 4. JV song girls: Cindy Blanchard, Sue Lucas, Lisa Foster, Trudy Tullys, and Donna McDaniel. 5. Debbie Shinn, Lorraine Dutch, and Janice Ullom entertain crowd between quarters. 6. Judy Alsip, Arroyo's mascot, works in publications.

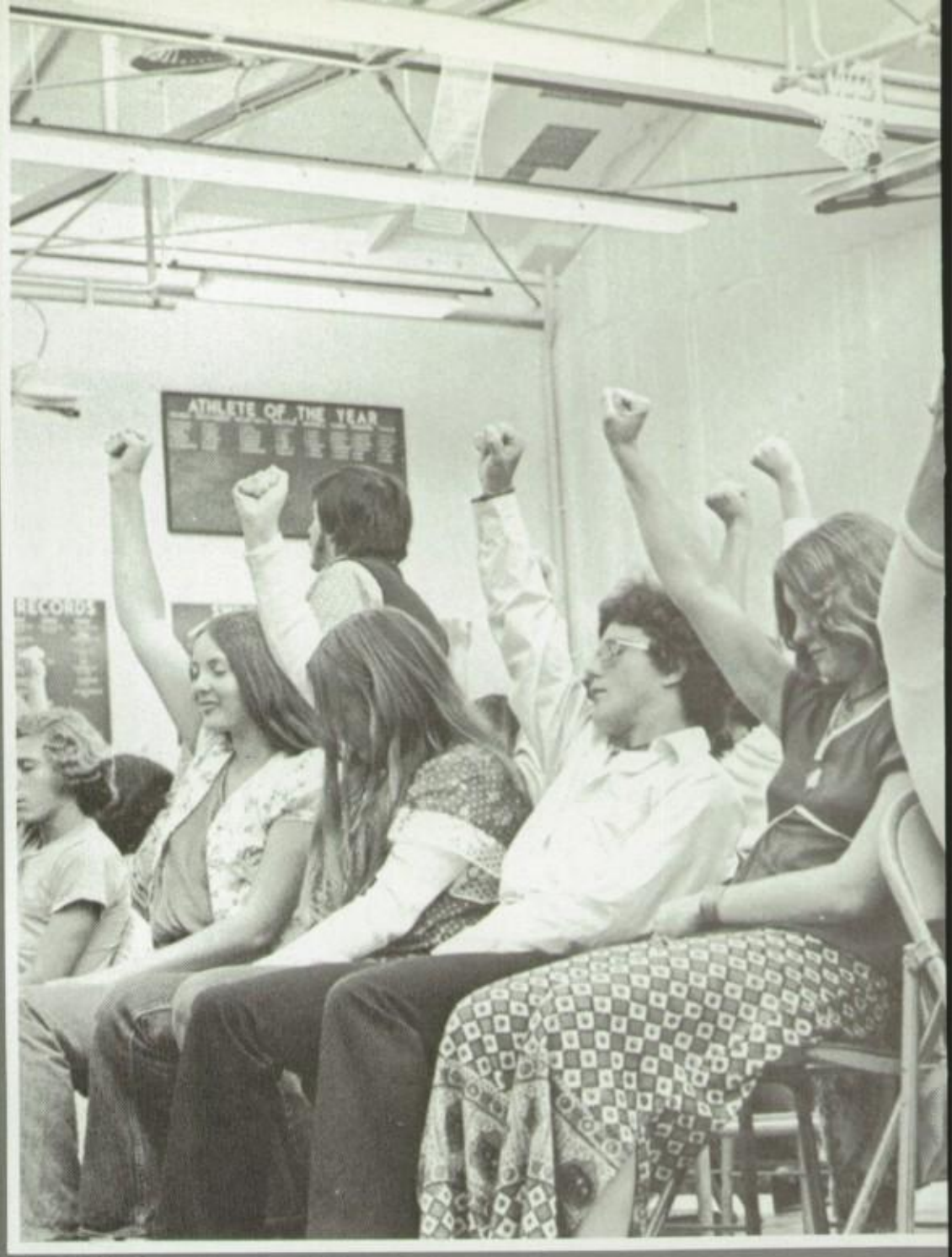
Juniors

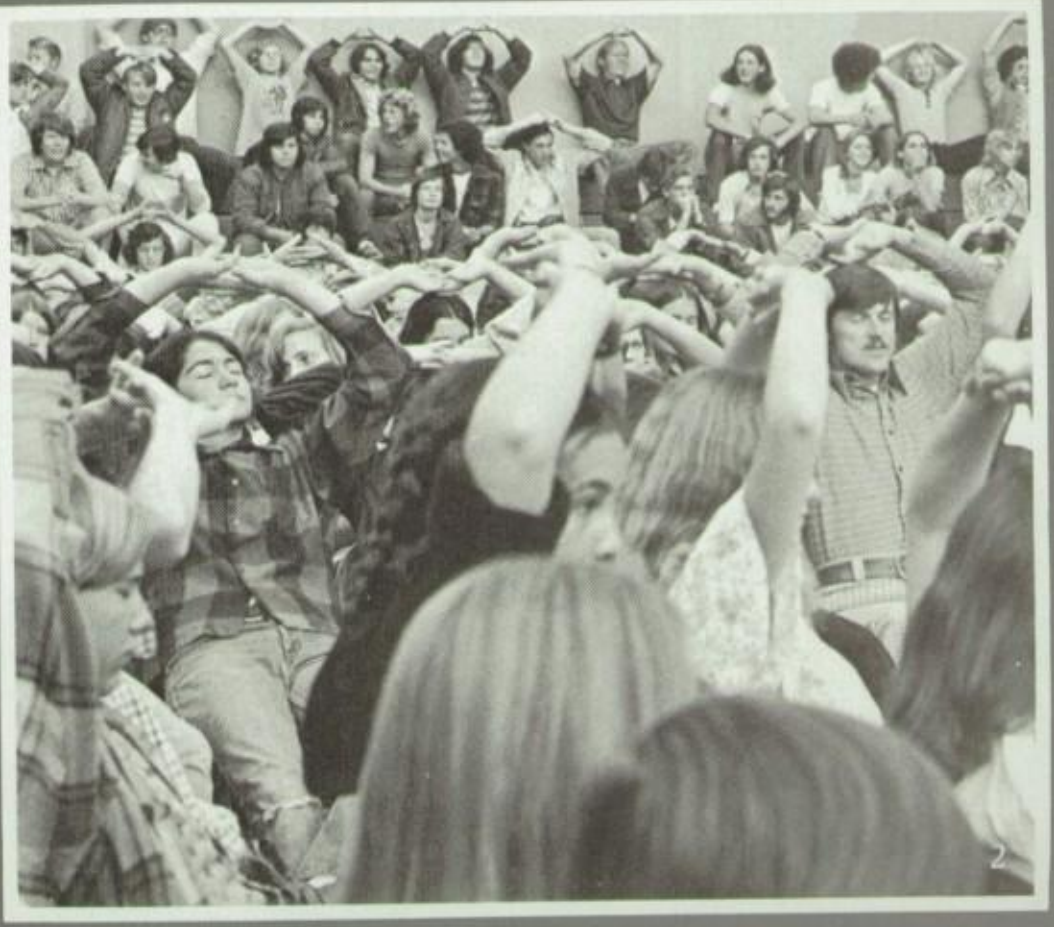
Kim Goetzinger
Bev Gonzales
Paul Gonzales
Rudy Gonzales
Tim Gonzales
Tony Gonzales

Greg Goquen
Lori Granados
Nancy Grasher
Tim Grebe
Michael Groth
Mike Guidry

Tim Hadley
Errolyn Hagans
Lorilyn Halbach
Alicia Hales
Terri Hamilton
Diane Hanes
Lyn Hansen
Debra Hara
Carol Harada
Kevin Harris
Denice Hauck
Julie Hayes
Steven Hennings
Colin Heuer
Len Hew
Kim Hodson
Jeff Hoffar
Beverly Hoffman
Susan Homewood
Judy Hubbard
Dan Hummel

Juniors





General fund loses $302, Dons reject hypnotist show

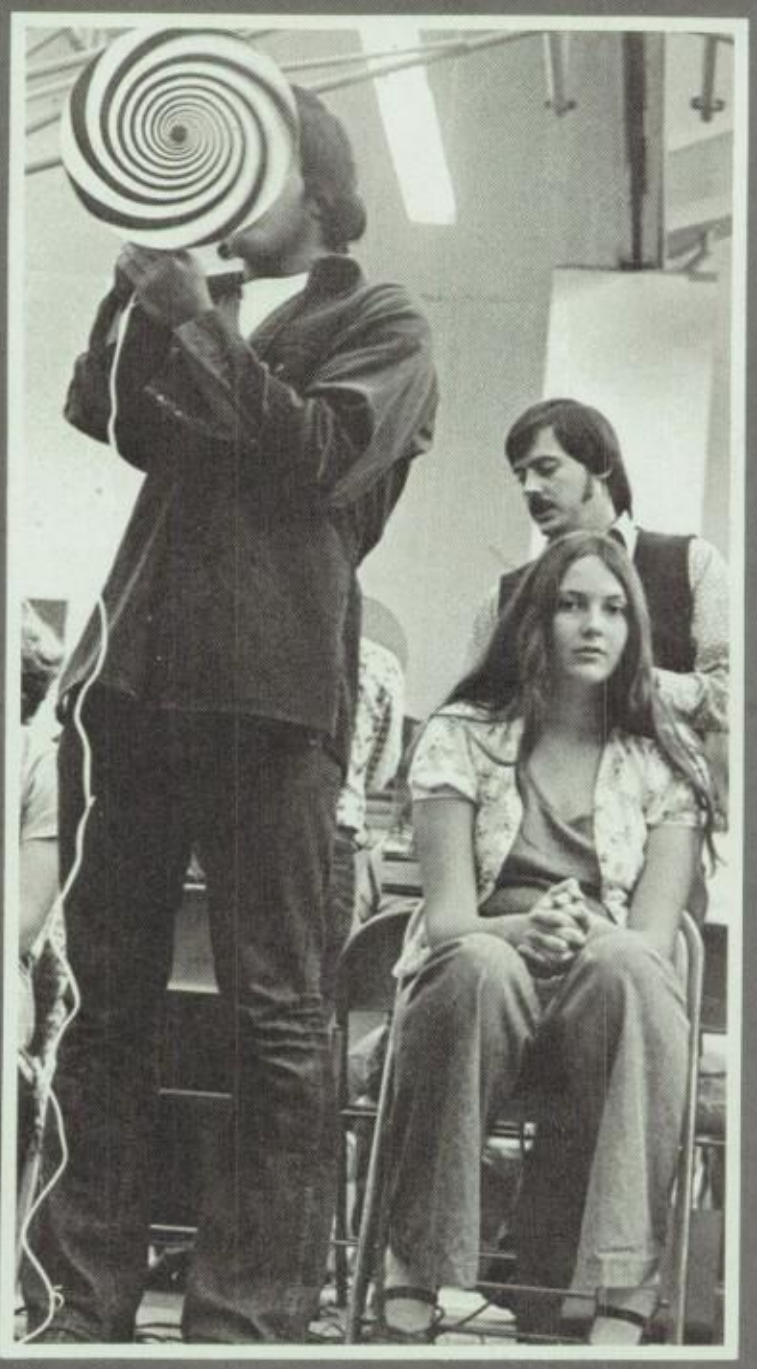
October 3, 1974, hypnotist George Sharp appeared at a mandatory assembly during fourth period and repeated his show at an evening performance as the star of the welcome event of the new school year.

Sharp filled the day and evening with an agenda of experiments designed to entertain and educate students, faculty, and parents on ideas and myths of psychic perception and the use of mind control.

Participants included students Kreg Humburg, Bonnie McDowell, Peggy Wright, Janet Cate, Laurie Roeder, Frank Eiras, Jim Costello, Debbie Eberhart, Kathy Wilson, Julie Hayes, Lori Granados, Rei Delefiganiere, Teri Gilmour, Rowena Harvey, Craig Kerr, Diane Lum, Anne Powell, Bob Forrester, Bob Bannwarth, and Mike Bartholomew.

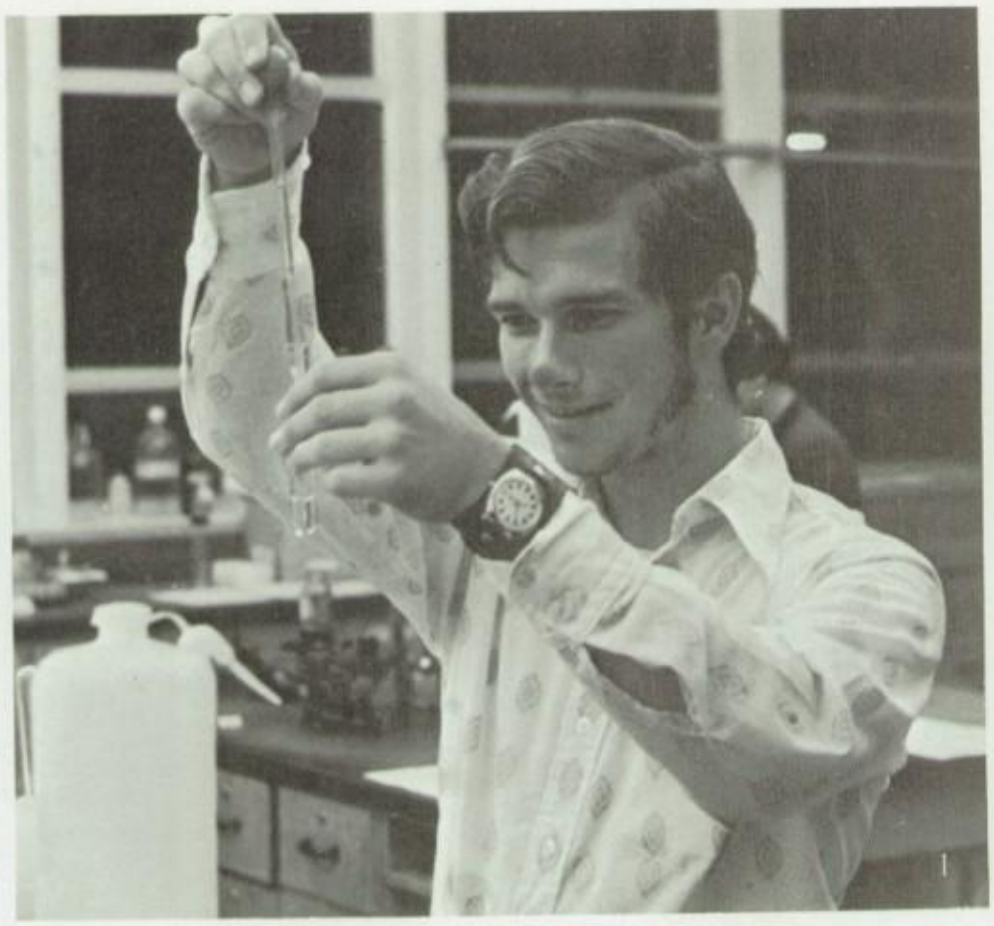
The show had its disadvantages. Only 107 people attended the evening performance because of a lack of student and faculty interest and a high ticket price—$2.50.

The general fund lost $302 after guaranteeing Sharp $550 for the shows.



1. Diane Lum, Craig Kerr, Anne Powell, Kathy Wilson, Jim Costello, Rowena Harvey, Rei Delafiganiere, Debbie Eberhart, Bob Forrester, Lori Granados raise their hands during an experiment in the gym. 2. Audience participates in an experiment. 3. Rei Delafiganiere remembers something funny as George Sharp tells directions. 4. Peggy Wright thinks she is a two-year-old baby as Trudy Tullys comforts her. 5. Glenn Bell helps George Sharp in a demonstration as Craig Kerr and Anne Powell look on.

GOODYEAR



1. Dennis Sequeira grins; his chemistry experiment a success. 2. Mr. Norman Weber and Mrs. Eberhart look around Family Living as Mr. Billings looks on. 3. Diane Musso, Debbie Shinn, Rie De La Figaniere, and Frank Eiras chat in the Megaphone booth. 4. Mr. Hunter explains the format of his class. 5. Tim Greebe awaits the results of his chemistry experiment. 6. Cheryl Marsdena, a San Lorenzo student, demonstrates skills in the R.O.P. General Office Clerical.

GOODYEAR

Juniors

Linda Hunt
Ron Hunt
Kathy Husband
Mark James
Cathy Jarrett
Chris Jennings

Julie Jensen
Robert Johnson
Donna Jones
Terry Jones
Cheryl Julson
Joan Kateton

PTA, faculty present annual Back-to-School Night

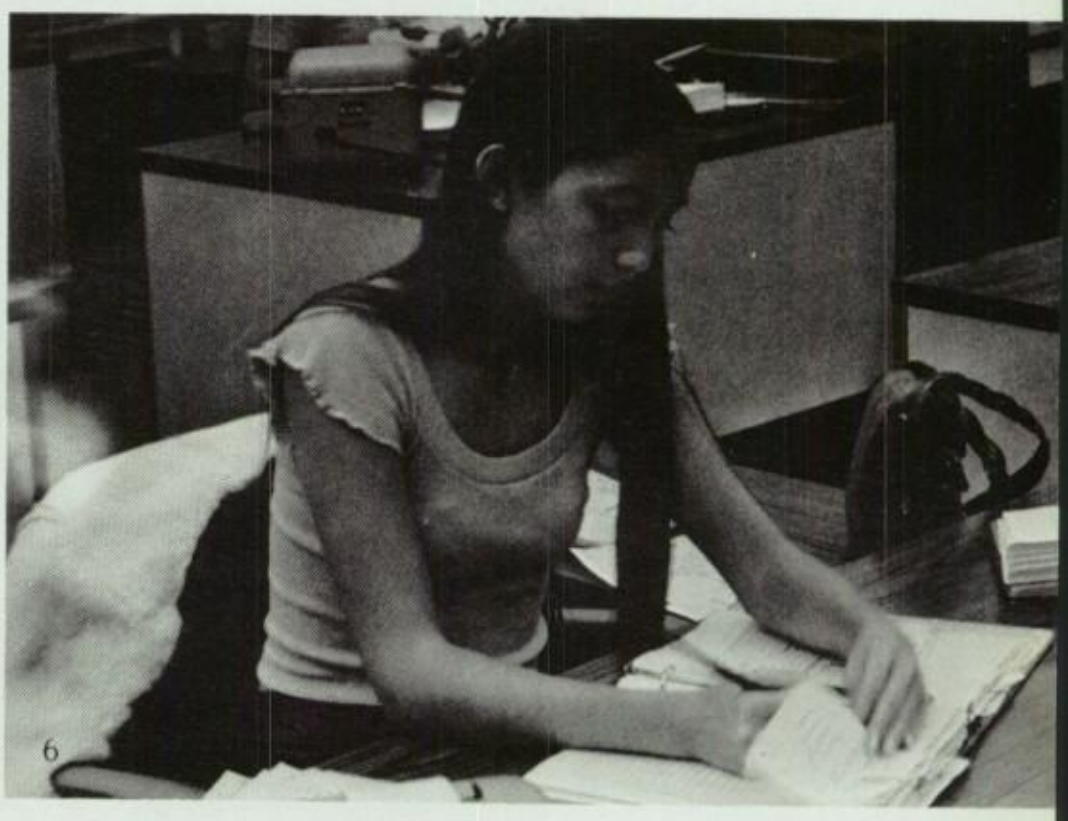
Back to School Night was held October 23.

"One of the goals of Back to School Night was to please the parents by shortening the period of time in each class. There seemed to be better attendance and more displays from various clubs, classes, and other student groups," stated Ms. Lois Summersett, chairperson.

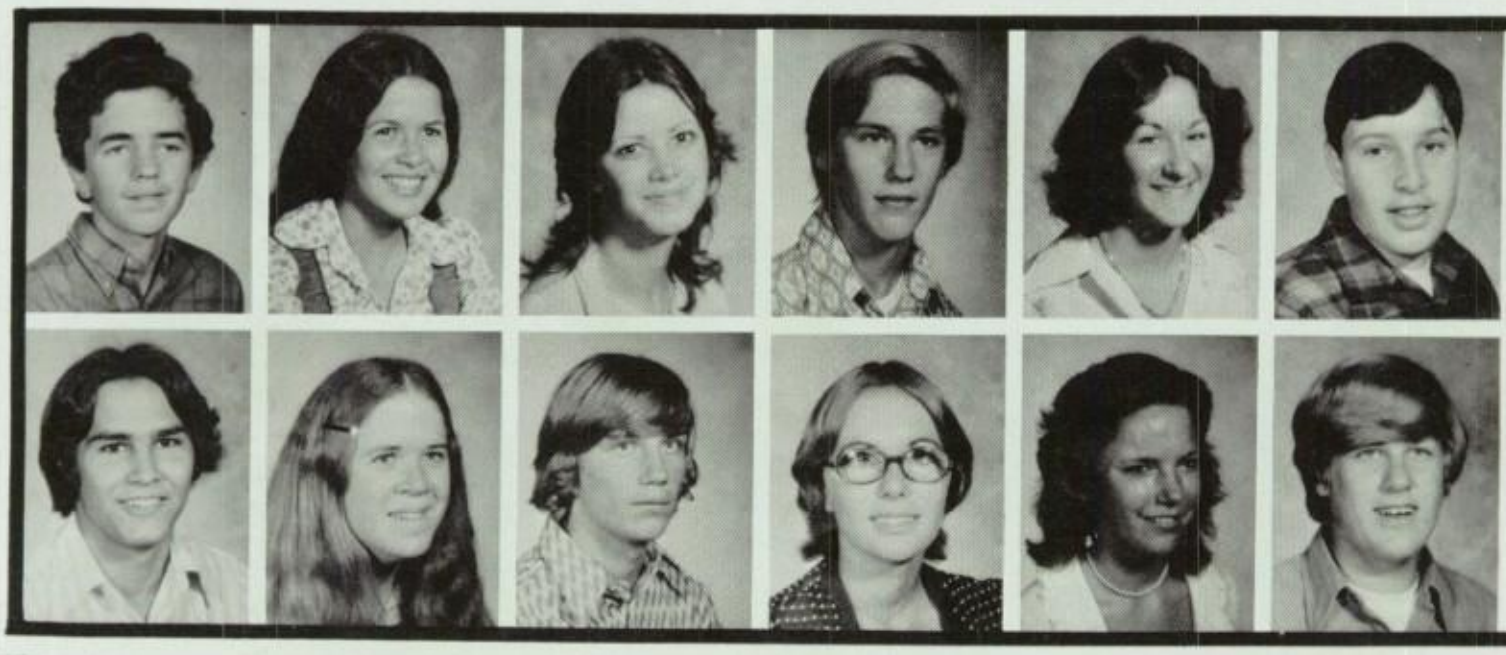
During the PTA meeting, Mr. Freitas, Arroyo Booster Club President, spoke about the purpose of an active and concerned club.

Student body officers displayed the student Constitution. Ms. Yvonne Birbeck's needlecraft and homemaking classes displayed scarves, caps, and socks the girls made. The ARROYAN and GAZETTE staffs each had booths in which members of the staff sold subscriptions.

Aiding Ms. Summersett was Ms. Karl Kreidler, '74 - '75 PTA president.



Juniors



Mike Keating
Linda Kelly
Mary Kelly
Rich Kleinman
Cindy Kneeland
Kenneth Kokal

Ken Krausse
Terry Kreidler
Bob Kufeld
Diane Lacy
Eva Laffargue
Wendell Lagosh

Alumni return for homecoming

"Harvest Rock", was this year's 1974 Homecoming theme. Many former Arroyo students attended the afternoon festivities and reiminisced with old friends.

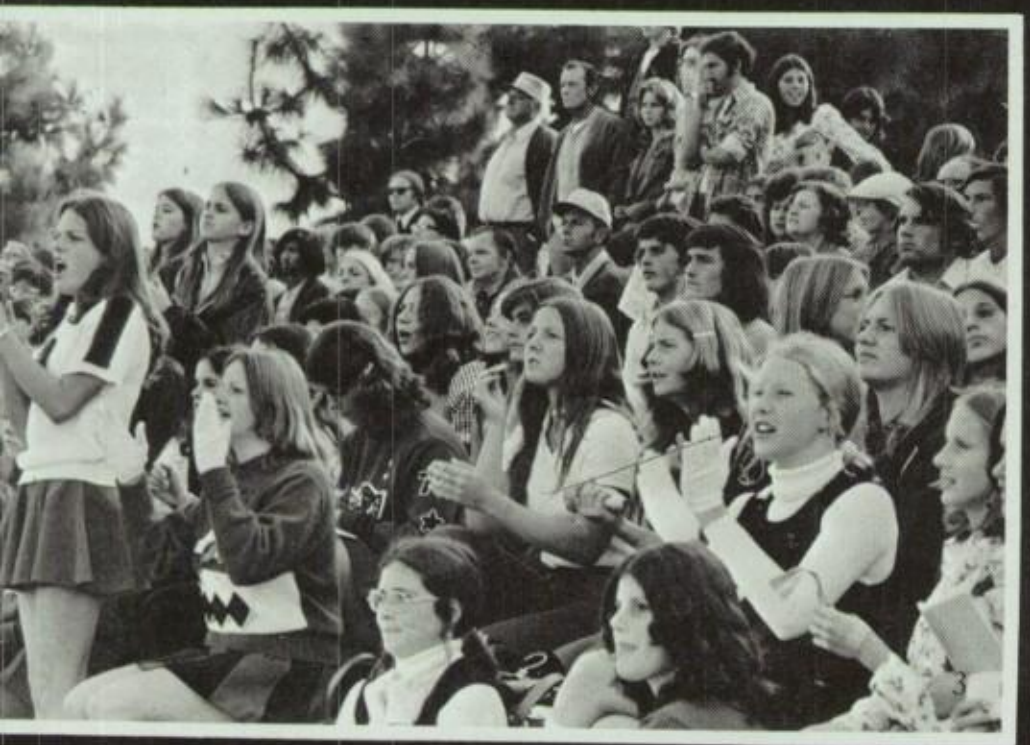
Arroyo's football team topped the afternoon by scoring the winning touchdown during the last three minutes of the game against Tennyson.

At the game, the Arroyo band entertained the crowd during halftime. Homecoming queen candidates, nervously awaiting the student body's elected choice, were introduced and escorted back to their seats.

Preceeding the candidates for queen, was the announcement of the class princesses. The homecoming court consisted of: Yvonne Quiroz, freshman princess; Sonja Schmidig, sophomore princess; and Catalina Sanchez, junior princess.

1. Michelle Pena, Sue Homewood, Joanne Williams, Kathy Scott, Sandy Bevilaqua, and Vicky Bumbaca jump for joy after Arroyo scores. 2. Rick Priddis, Roger Bond, King Harris, and Jeana Johnson perform during halftime at Homecoming Game. 3. Trudy Tullys and Joanne Williams lead Arroyo rooters during game. 4. Lori Codeglia returns as cheerleader to lead a cheer at the Homecoming game. 5. Class princesses: Yvonne Quiroz, Sonja Schmidig, and Catalina Sanchez. 6. Mary Chalifoux, Diane Busch, and Roxanne Stevenson discuss homecoming.

GOODYEAR



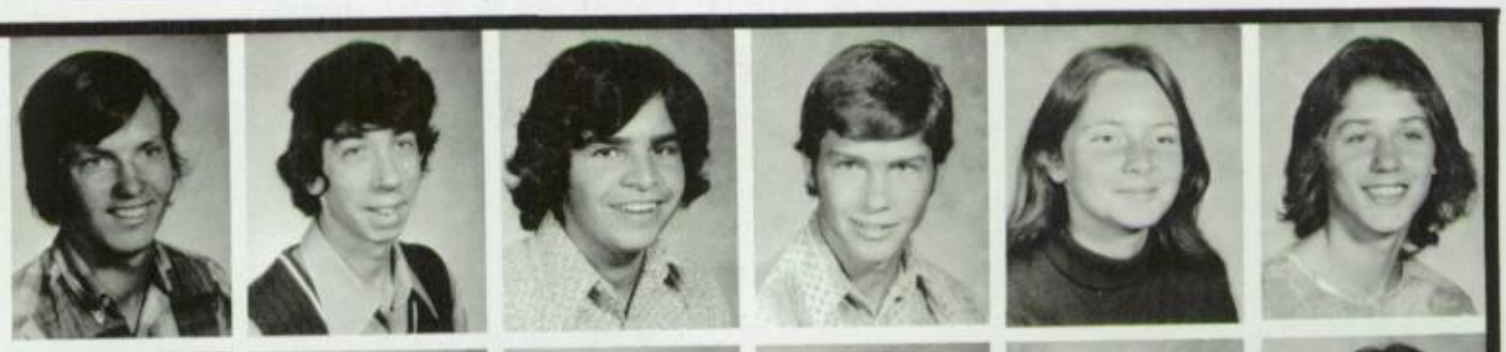
Mark Lampe
Kathy Lange
Karen Langmaid
Eva Lance
Vickie Latva
Liz Lawrence
Corey Leal
Greg Lechiminant
Craig Lemon
Loretta Lemon
Gary Lencioni
Gary Leonard
Kandy Liborio
Christer Lihammar
Janet Linnekin
Link Litov
Kelly Loew
Ken Lockwood
Maija Lockwood
Kathy Loncarich
Diane Lum

Juniors

1. Alumnus Alan Brecht escorted the 1974 homecoming queen, Nina Currier. 2. Mr. and Mrs. Fred Hansen enjoy themselves at the dance. 3. X-pression performs during the festivities. 4. Karen Stathis and Kay Kesterson talk during intermission. 5. Lynn Silva and Robert Lutz enjoy the music. 6. Senior princess Lori Reynolds escorted by alumnus John Pryor. 7. Arroyan photographer catches Linda Weber and Rick Benson at the dance during a break.

Juniors

Ken Lundberg
Edward Lundeen
Mark Lujan
Dennis Lynn
Jackie Malone
Lynn Malotte



Paul Marchetti
Kathy McCarney
Rick Marchese
Don Marshall
Donald McCasey
Margaret McCarthy

Class attendants reign with queen Nina Currier

October 25, 1974 students and alumni entered the cafetorium for the annual homecoming dance.

The theme for the dance was "Harvest Rock." "X-pression" supplied the music.

Megaphone president Terry Ambrose introduced the freshman, sophomore, and junior princesses who came on stage with their escorts. They were: Yvonne Quiroz, Sonja Schmidig, and Catalina Sanchez.

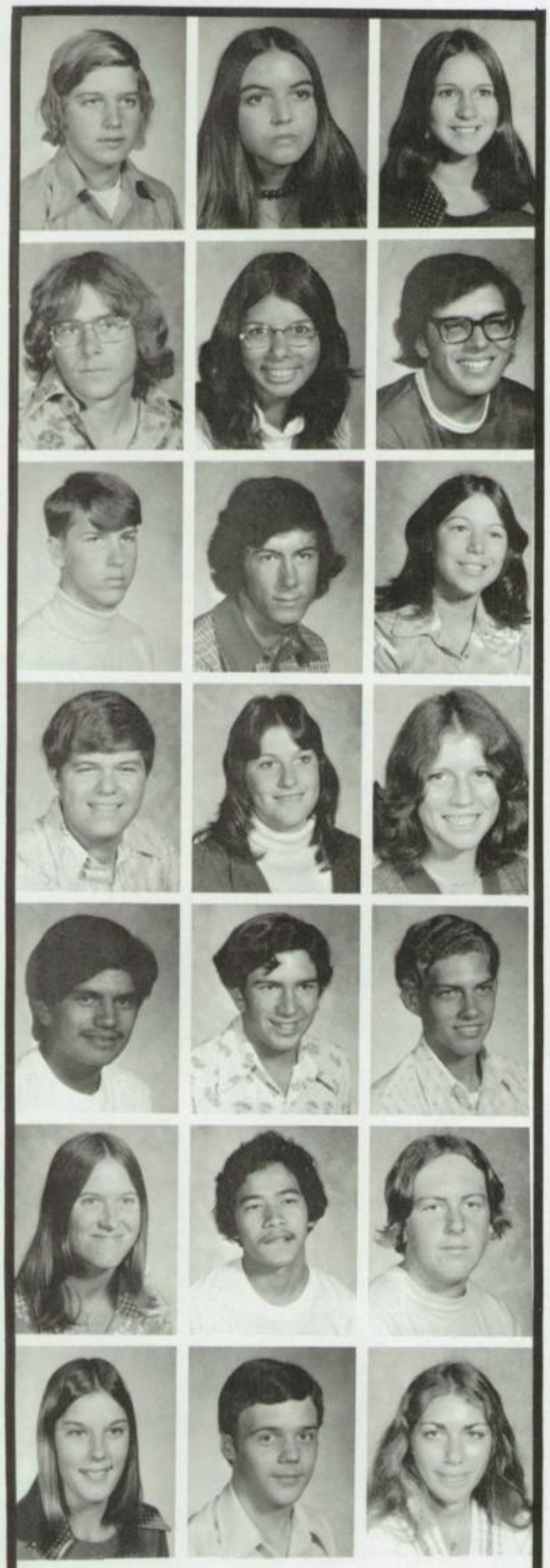
This year, Megaphone Club decided to change the queen's court to class princesses, "which would involve each class, rather than restricting it to seniors only," stated Terry Ambrose. The senior princess was first runner-up in the homecoming race.

Nina Currier was crowned the 1974 homecoming queen and Lori Reynolds, senior princess. Three other senior candidates were Julie Adams, Kathy Wilson, and Monique Benabou, French exchange student.

Juniors

Donna McDaniel
Lee McDaniel
Bonnie McDowell
Vernetta McDowell
Mark McFerran
Kathy McHan

Bob McKean
Terry McKean
Barbara Mealer
Valorie Mein
Brian Meredith
Jenny Mendonca



Rick Mendoes
Jack Mermod
Charles Miller
Chris Miller
John Miranda
Phyllis Moore
Leslie Morgan

Denice Morkin
Elizabeth Mose
Mike Murphy
Jan Myers
Jody Naas
Jerry Navarro
Howard Neal

Jackie Nelson
Randy Nelums
Pearl Newell
Vikki Nolan
George Nordman
Paul Norum
Karen Oelschlaegel

Juniors

1. Mrs. Williams (Barbara Neylan), Dr. Secretary (Scott Favors), and Mrs. Savage (Rowena Harvey), question Miss Patty (Marion Mangrum) about where the money is. 2. Judge Samuel Savage (Mark Bold) checks Lili Belle's (Jennifer Griffen) pulse while Senator Savage (Tony Johnson) looks on. 3. Mrs. Savage (Rowena Harvey) looks puzzled while cuddling her secretly stuffed teddy bear. 4. Florence (Donna Bennett) holds her imaginary five-year-old son while Lili Belle (Jennifer Griffen) stands in the background. 5. Fairy May (Carmen Clegg), Florence (Donna Bennett), Miss Patty (Marion Mangrum), and Hannibal (Dennis Lynn) listen as Mrs. Savage (Rowena Harvey) explains why she has to leave.

Fall play debuts in studio D-6, 8

"Curious Savage" was presented November 8 and 9 in Studio 6 8.

This production marked a big change for the drama class. Instead of having the play in the Cafetorium it was presented in the drama classroom.

According to Mr. Wayne Ward, advisor, the production gave the feeling of a small theater. "Approaching the audience this way worked well. The cast did not have to worry about carrying their voices to the back of the Cafetorium. They could concentrate on their parts more intently."

The plot of the play centered around Mrs. Savage's inheritance from her husband.

Mrs. Savage's children committed her to an insane asylum, because she would not tell them where the money was hidden.

In the end, the audience discovers that the money was hidden in Mrs. Savage's teddy bear, which Mrs. Savage always carried with her.

Cast in their roles were: Mrs. Savage (Rowena Harvey), Judge Samuel Savage (Mark Bold), Senator Savage (Tony Johnson), Hannibal (Dennis Lynn), Florence (Donna Bennett), Lili Belle (Jennifer Griffen), Miss Patty (Marion Mangrum), Fairy May (Carmen Clegg), Dr. Secretary (Scott Favors), Jeff (Hank Nunes), and Mrs. Williams (Barbara Neylan).

4

5

GOODYEAR

Gubernatorial election sparks student interest

Several Arroyo students worked diligently in this year's gubernatorial election. Seniors Donna Bennett, Steve Bilodeau, Bev Lewis, Bobette Tolmer, and Steve Vilas worked in Republican and Democratic party headquarters making phone calls and stuffing envelopes for Huston Flournoy and Edmund G. Brown Jr.

"This election showed me what it means to get elected. You have to sell your image," said Donna.

Democrat Brown narrowly defeated his Republican challenger, Huston Flournoy. In January , Brown, the son of a former governor, took office and a new era for California politics and government began. For Arroyo faculty and students, Brown's election meant the possibility of increased funding to the financially deficient San Lorenzo Unified School District.

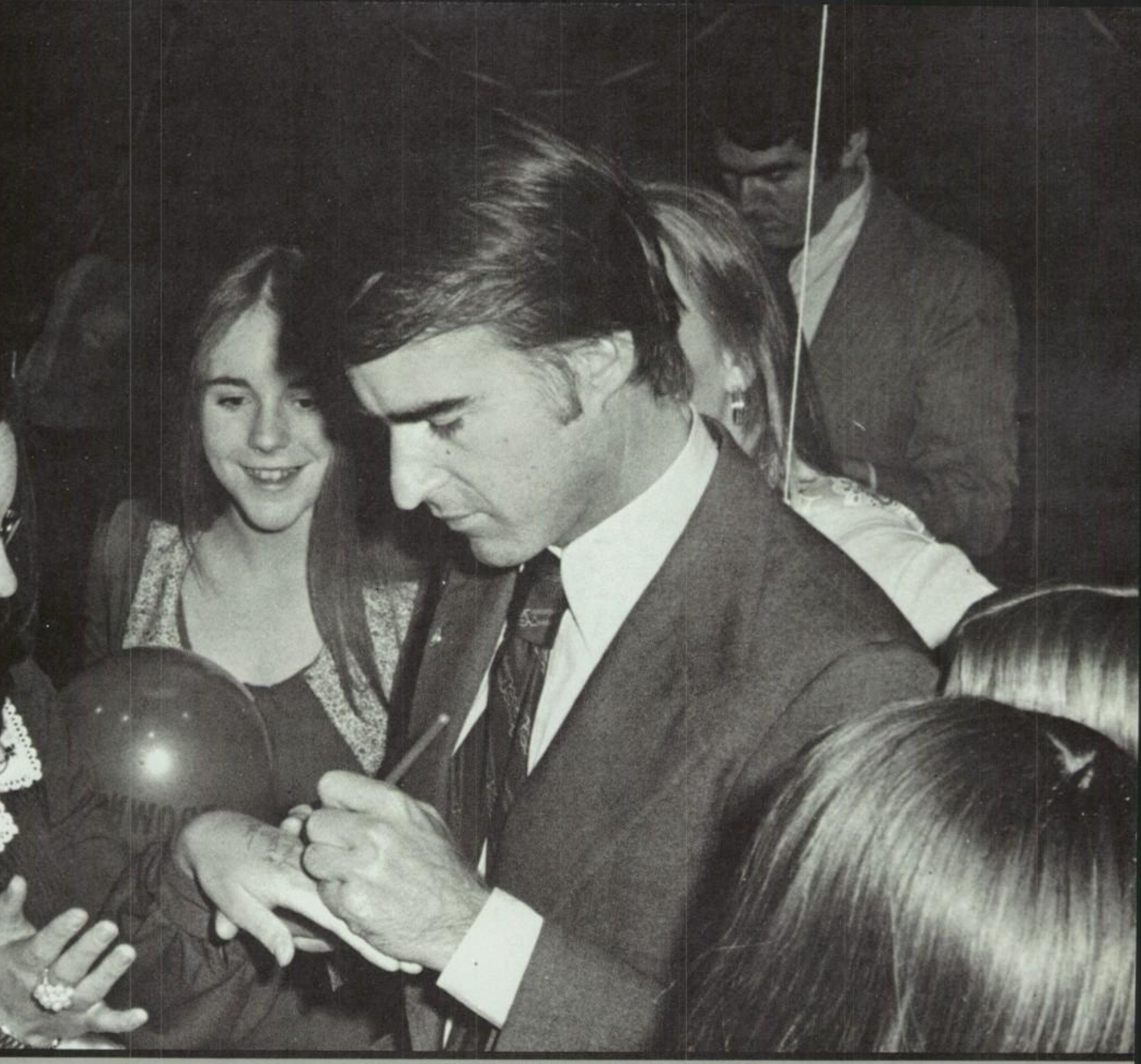
Seniors Donna Bennett, Bobette Tolmer, Steve Vilas, and Marion Mangrum watch with amusement as Governor-elect Edmund G. Brown Jr. autographs Bev Lewis' hand.

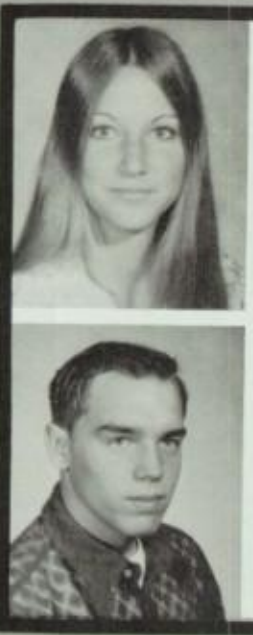
GOODYEAR

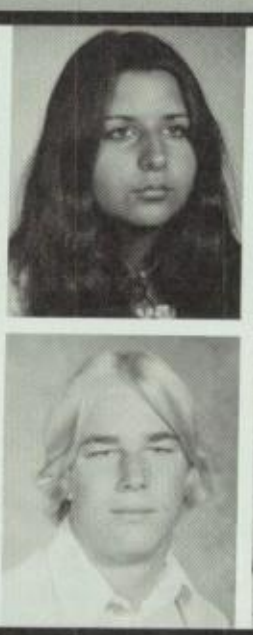
Juniors

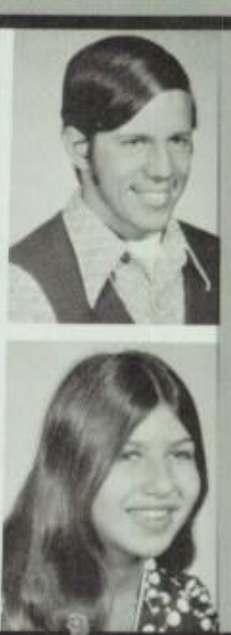
Patricia Pacheco
Clay Palamides
Ruth Pastor
Dan Pearson
Michelle Pena
John Peoples

Rose Perdomo
Teresa Perez
Cora Perry
Bob Peterson
Scott Pimley
Tom Plotz









Jill Poole
Chuck Potter
Diana Pulis
Donna Quintal
Connie Redman
Jim Reed

Richard Rejniak
Sally Reynolds
Pam Ringstad
David Ritter
Mary Riva
Karen Robertson

Juniors

Schools join for Winter Concert

Arroyo and San Lorenzo High Schools' efforts made the winter concert different from all others. The two schools' choirs and orchestras performed as one group for the first time in history.

The December 19 concert was devoted entirely to Christmas music. The Arroyo concert band began with "Ring Christmas Bells" and played two more selections; "Hayride" and "A Christmas Festival."

The orchestra, who followed the band, played "O Come All Ye Faithful" as the choir marched up the center aisle to positions on stage. The orchestra also performed "Christmas Fugue," "Largo," and "Trepak" from the "Nutcracker Suite."

The choir sang "We've Been A While A-Wandering," "Do You Hear What I Hear," "Carol of the Bells," and "The Twelve Days of Christmas."

During the next section of the program, the audience joined the choir in singing "Hark The Herald Angels Sing," "Deck the Halls," "Joy to the World," and "Jingle Bells" to orchestra accompaniment- a tradition here.

The Orchestra then played "O Holy Night" and "All Glory Be to God" and the choir sang "A Babe is Born," "Christmas Roundly," and "Born in a Manager."

For the finale, the choir and orchestra performed "Exulate Jubilate," "Christmas Day," "Three Songs for Christmas," and "Halleljah Chorus."

3

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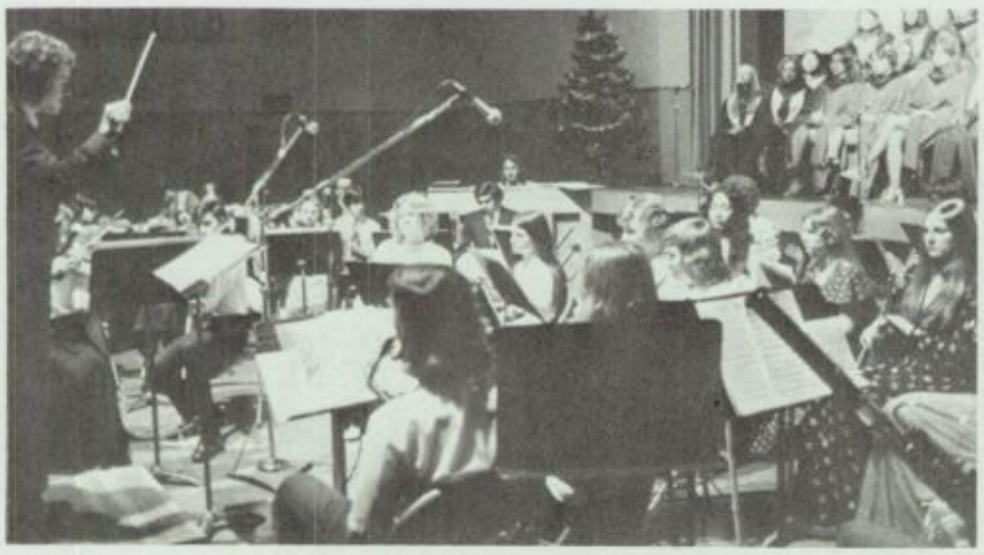
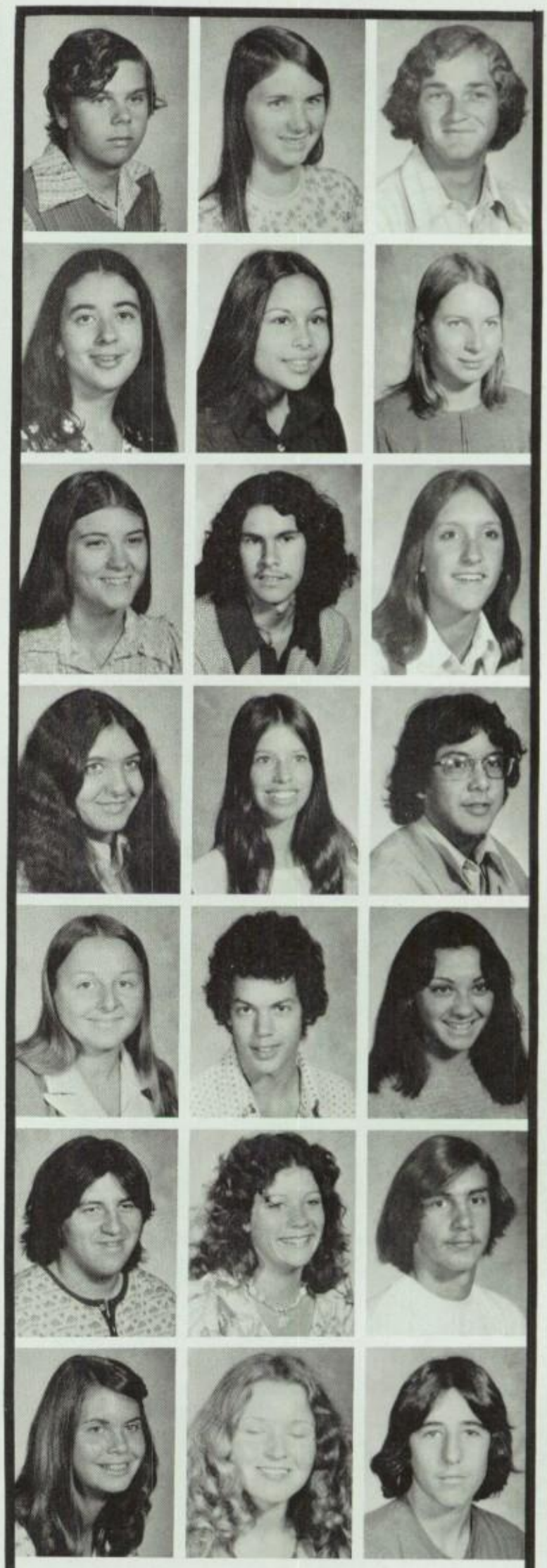
6

GOODYEAR



1. Mark Ferrari, Dave Deseguirant, Dan Littleton, Denise Ellis, and Bonnie McDowel display their talent. 2. Mr. Glen Campbell conducts the band in one of three numbers. 3. Rowena Harvey, Lorrie Roeder, and Nils Gustafson place great thought into each note they play. 4. The orchestra looks pleased as they stand for applause. 5. Julie Adams, concertmistress, and Mike Rosas concentrate on their music. 6. The concert choir claps to "Jingle Bells," an audience participation number. 7. The choir looks on as the orchestra performs.



David Robinson
Lydia Rocha
Marisa Roderick
Evelyn Rodgers
Darlene Rodrigues
Bob Rodriguez
Laurie Roeder
Kim Rogers
Diane Romero
Martin Romero
Kathy Roth
Lance Roussel
Kim Ruffell
Debbie Ryan
Bob Sala
Nancy Salel
Karen Salentine
Louis Salinas
Catalina Sanchez
Mark Sanchez
Curt Sanfilippo

Juniors

Natural look seen on campus

Arroyans' attitudes towards clothes changed on campus this year—from an "anything goes look" to a more "put together look."

Guys and girls both seemed to have taken a keen interest in how they look to themselves and to others.

Nostalgic fashions quickly became "the look" of '75 here. Skirt and dress hemlines dropped to below the knee. Hair was styled.

Rhinestones could be found on almost anything. Hooded sweaters, in particular, were taking the place of lightweight jackets.

Dungarees were the most popular fashion item on campus. Girls and guys wore dungarees in a variety of colors.

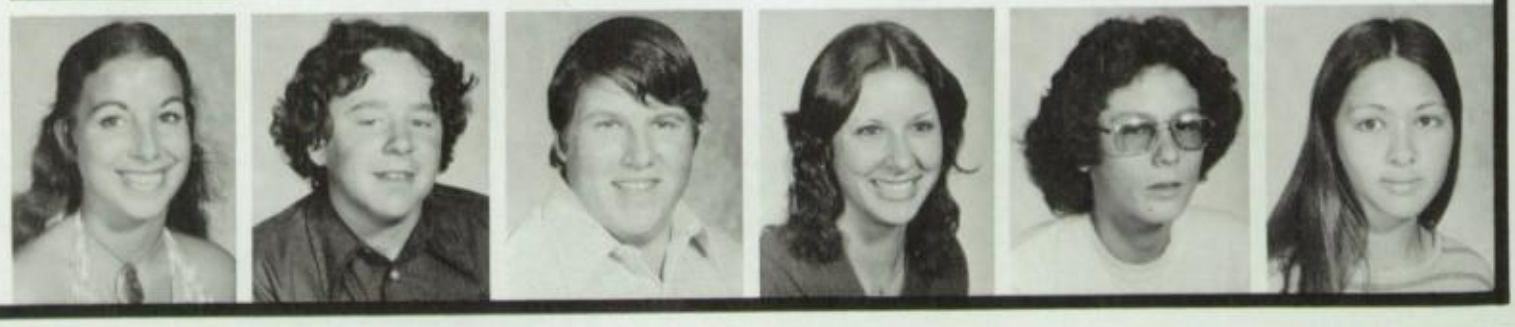
"Going back to nature" was the look for jewelry. Necklaces, chokers, and earrings were made out of indian corn, turquoise, glass, wooden beads and feathers. Chokers were popular with guys and they, like all jewelry, seemed to add a finishing touch to everyone's total appearance.

Guys and girls both wore platform shoes, but the newest item on campus was the Earth Shoe. These shoes, made from leather, had a totally different design making them more comfortable.

Juniors

Dmytro Sass
Patricia Sattui
Valerie Savage
Frank Schmidig
Mandy Schroeder
Nancy Schroeder

Jenny Scott
Tim Scott
Tim Shaffer
Debbie Shanley
Bob Sheehy
Kim Shofner



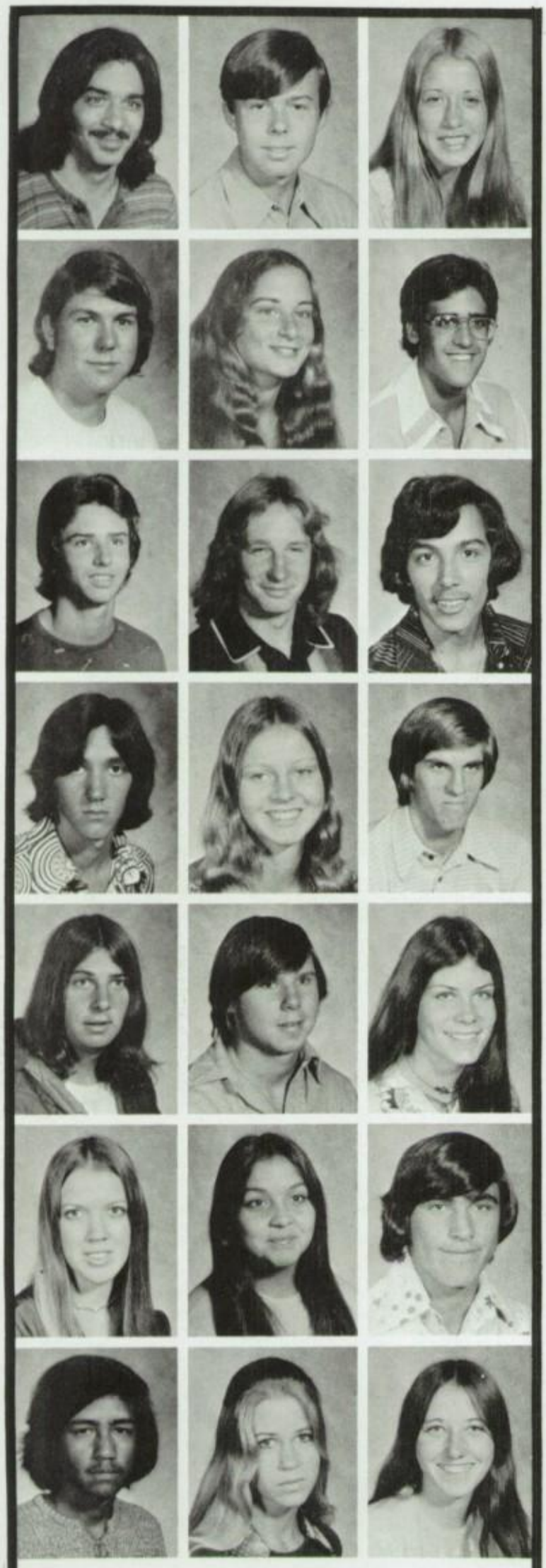
1. Sue Doyle stays warm in her winter wool jacket. 2. Kathy Martinez, Sharon Goetzinger, and Lisa Markiucer walk around campus. 3. Rowena Harvey wears her own special style of clothes. 4. Paulette Tatro displays the new earth shoe. 5. Bruce Nelson, Kathleen Wilson, and Jeff Fergeson show off down jackets. 6. Elaina Burkland and Anthony Hernandez talk during lunch.

GOODYEAR

Juniors

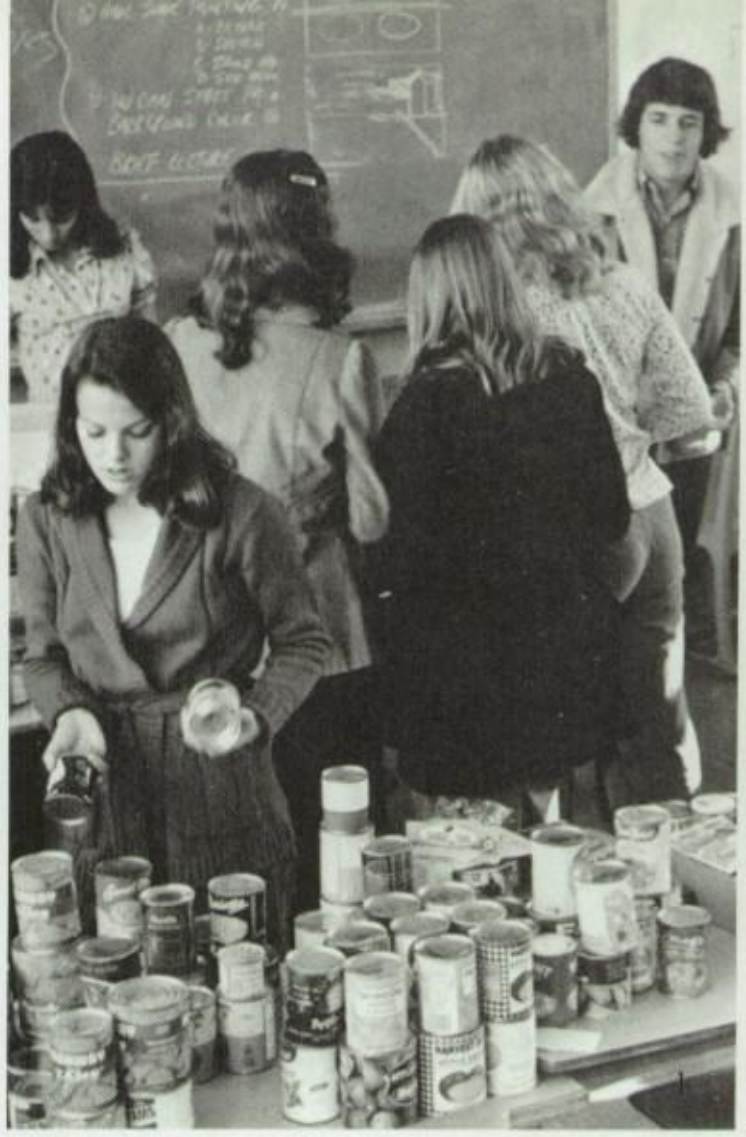
Reba Shumate
Colleen Silva
Jim Silva
Karen Silva
Kim Silva
Patti Silva

Roxanne Silva
Patricia Silveira
Francine Skorup
Patty Sliney
Frank Smith
Guy Smith



John Smith
Marty Smith
Ronny Smith
Greg Soares
Mel Sobbe
Roxanne Solven
Julian Soto
Randy Spengler
Sally Stein
Brian Stewart
Kim Stivers
Jeremy Such
Vickie Suminimo
Becky Swindell
Pam Tachera
Frank Tapia
Carlos Tavares
Eric Tausheck
Teresa Thomas
Gregg Thompson
Lori Thompson

Juniors



1. Trudi Tullys, Lisa Torres, Lori Codeglia, Lisa Foster, Lori Peterson and Keith Sales discuss where to put food. 2. Lisa Foster prepares a balanced meal, while Trudi Tullys, Lori Codeglia, Keith Sales and Lori Peterson sort food. 3. Claire Bridges sorts the cans from boxes. 4. Cindy Blanchard counts cans of food. 5. Ken Grace and Gary Gardner load boxes of food onto truck.

Cost of living hurts food drive

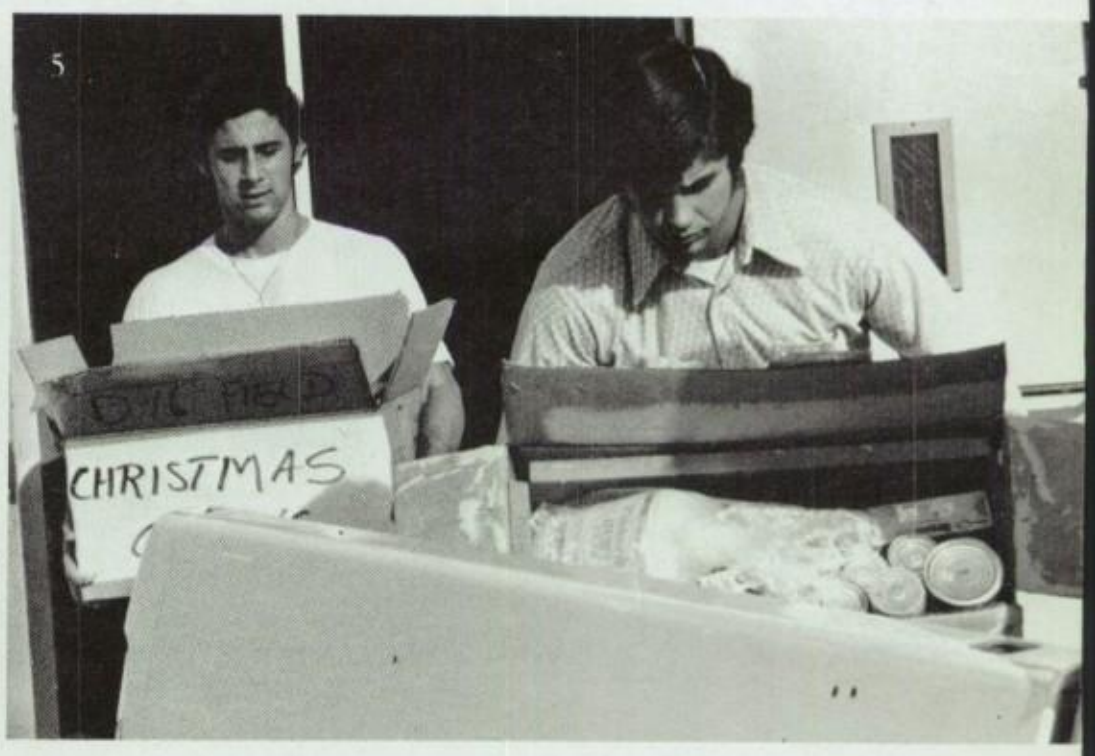
"This year's Food Drive was not as successful as previous year's drives, mainly because the cost of living has risen considerably," stated Ms. Joanne Knowles, coordinator of the activity.

Approximately $186 was collected in the annual Christmas drive. According to Ms. Knowles, the total was not good since $100 of the total came from Ms. Vicki Bissell's and Mr. Richard Tandowsky's second period classes.

Something new was added to the Food Drive this year. The class with the most complete meal was given cake and ice cream. Ms. Bissell's class came in first followed by Mr. Tandowsky's and Mr. Weissenborn's classes.

PTA sponsored the drive. Block A and Megaphone picked up the food and selected the winning classes.

GOODYEAR



Sharp, Crimm headline rallies

Few assemblies and rallies were held this year because apathetic students did not support them. In spite of the apathy, the student body and rally squad presented two assemblies.

The first assembly featured psychic George Sharp who hypnotized student volunteers. The assembly, sponsored by the student body officers, was held to promote an evening performance. High ticket prices and lack of student support cost the general fund $302.

KPIX Action Line reporter Jenny Crimm and the channel 5 film crew were the featured guests at the Marina assembly. Crimm attended the rally to illustrate her film report on the junior varsity rally squad's lost uniforms. Her appearance highlighted the rally and brought students into the gym to cheer for an Arroyo victory against Marina.

The final rallies of the year were held daily during Spirit Week. Once again, student apathy played a prominent role. Only 250 students attended the February 13 afternoon rally and turned the traditional spirit day into an apathy day.

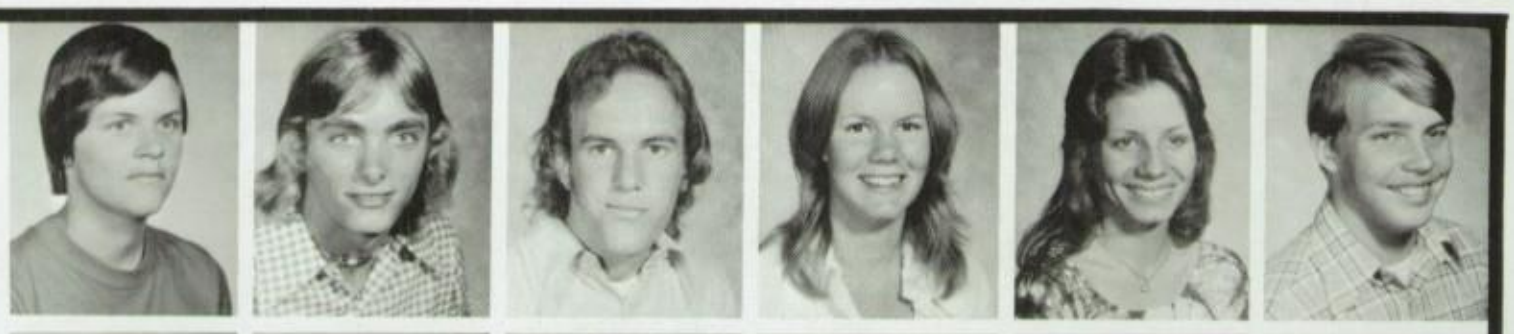
2

1

3

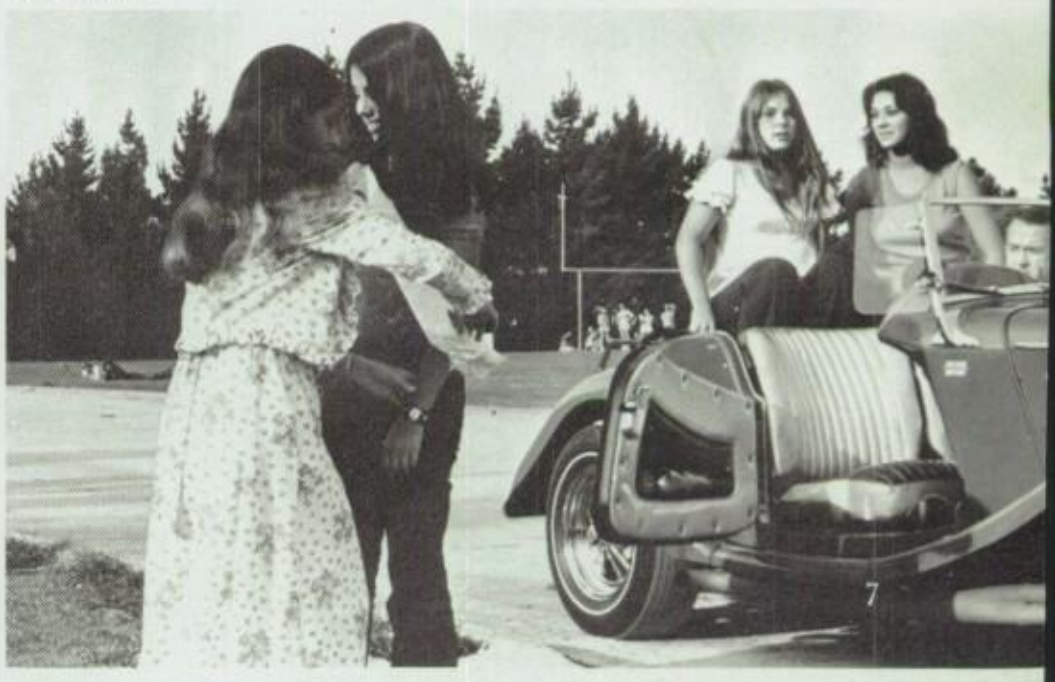
Juniors

Robert Thrasher
Mike Tiernan
Gerard Tillson
Nancy Tooley
Lisa Torres
Ed Tracy



Imelda Trinidad
Carol Tsunieshi
Janice Ullom
Lori Uranga
Carlos Valente
Cindy Van Gurp

1. Cindy Blanchard smiles because the Dons won the homecoming game as Donna McDaniel and two football players watch. 2. KPIX Action Line reporter Jenny Crimm looks into camera. 3. Michelle Pena, Lori Peterson, and Vicki Bumbaca impersonate workers. 5. Sue Homewood and Joanne Williams do a strip tease at rally. 6. Student Body president Steve Vilas introduces exchange students Monique Benabou, Rosa Lopez, Pia Aura, Chris Lihammer, and Nils Gustavson. 7. Terry Ambrose hands Yvonne Quiroz her freshmen princess ribbon while sophomore princess Sonja Schmidig and junior princess Catalina Sanchez wait in car with Mr. Tom McNamara.



GOODYEAR

Juniors

Rick Vargas
Rose Vasquez
Stephanie Vigil
Elaine Vincent
Gary Voecks
Yvonne Vukmirovich

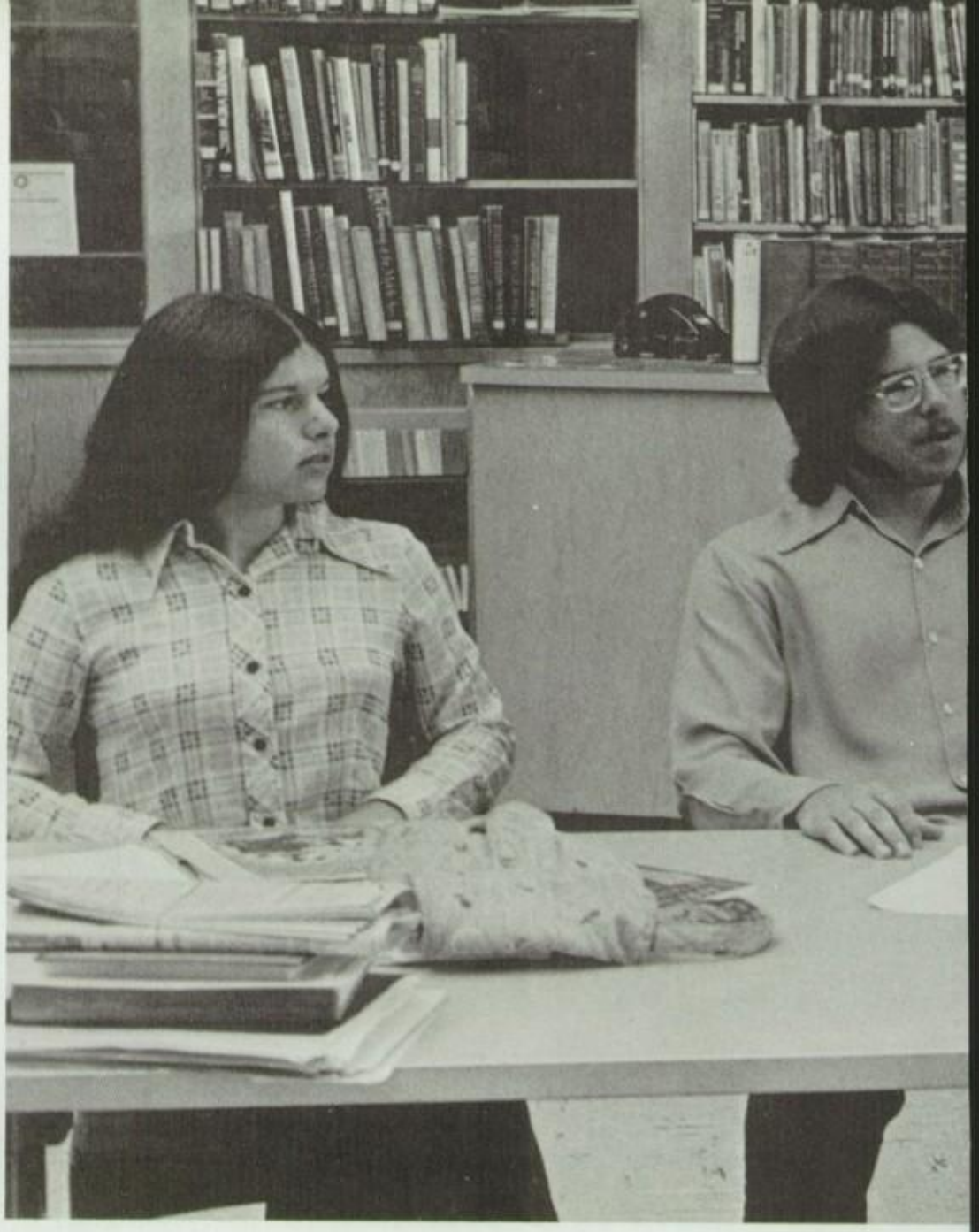
Marguerite Walker
Daniel Walsh
Jennie Ward
Sandra Warren
Michael Weagant
Bev Weeks

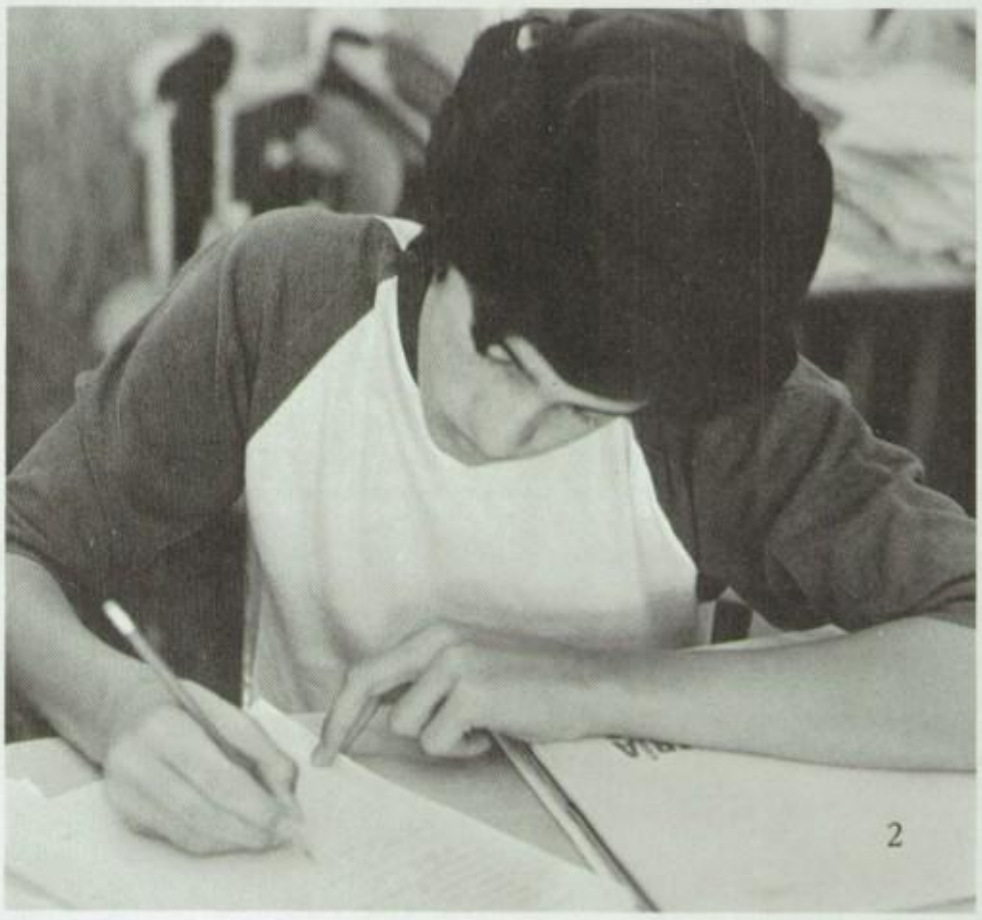
Tina Weise
Sue West
Rick Weston
Doreen Widerstrand
John Williams

Cynthia Wong
Peggy Wright
Russ Wright
Gayle Yanagi
Glen Yonan

Lori Ziegler

Juniors





2

Student, executive councils prepare new proposals

Student Council representatives met monthly to discuss new proposals for the coming year.

The representatives took a poll in history classes to see what activities the students wanted most.

Roxanne Roussel, Commissioner of Communications, and Vice President Bill LaCasse proposed a Student Bill of Rights. The bill, would state the rights and responsibilities of students at Arroyo.

Vandalism was a big problem this year. The district gave the student body $3,200 to cover damages. A committee was formed to investigate the reason behind all the vandalism and to seek ways of improving Arroyo's environment.

President Steve Vilas presided over executive council meetings and acted as a student body representative at the administrative council meetings.

Student Council tried to get students interested in school with a new method of instruction; "Joy of Learning." According to the fall proposal, teachers would lead classes based on hobbies and personal interests instead of regular curriculum. The council along with Student Curriculum Council spent much time investigating this system at other high schools in the Bay Area.

1. Commissioner of Communications Roxanne Roussel and Student Body President Steve Vilas watch over actions of Student Council meeting. 2. Sophomore President Bob Forester concentrates on agenda of Executive Council meeting. 3. Julie Hayes and Diane Musso take notes during Student Council meeting. 4. Senior President Rowena Harvey asks a question while Junior President Kathy Lancarich and Diane Musso study the answer. 5. Jill Silva pays strict attention to a discussion during the Student Council Meeting.

GOODYEAR

Class of '78 wins Spirit Week, 250 out of 1500 students show up at afternoon rally

Despite an apathetic greeting from the student body and the lack of senior participation, the Class of 1978 won this year's Spirit Week competition. Spirit Week was held February 10-14 after long hours of debate on the exact placement on the calendar. Date confusion and lack of interest contributed to the total picture as classes felt unorganized for the annual "big" event of the year.

Director of Student Activities Richard Lloyd asked the rally squad to take over planning this year's event. Chairpersons Lisa Foster and Clare Bridges were chosen to make all plans for Spirit Week. The rest of the rally squad helped with the judging.

Head song girls and yell leaders from San Lorenzo, Mt. Eden, and Marina High Schools were invited to judge the Thursday afternoon rally. These girls never showed up.

When the girls from the other schools didn't show up, the head song girls, yell leaders and chairpersons did the judging. During the week, all rally squad members judged the lunchtime rallies. There was controversy over how the evaluation should be done. The girls felt the judging sheets were not adequate; some felt the whole squad should vote on the winners. In the final rally, the chairpersons used only the points earned from the evaluation sheets to determine the winner.

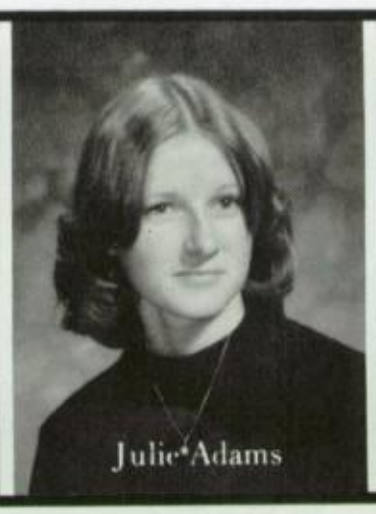
During the week, class members paraded class colores (red, blue, green and black), floats, mascots and posters. The Thursday afternoon rally only attracted 250 out of 1500 Arroyo Students.

1. David Conkel looks dismayed when he sees freshman float falling apart. Tom Lacy and Mariane Shaieb hold it together. 2. Freshman songgirls Sue Walling, Judy Stramaglia, Liz Dillon, and Nancy Peterson yell during one of the lunch rallies. 3. Barbara Chambliss shows her spitit while attending the sophomore lunch rally. 4. Kelly McCan and Shelly Nicolson carry out Theresa Cooper during freshman skit. 5. Bob Forester, sophomore class president, looks shocked at the response of the crowd at the big rally. 6. Sophomore class listens to the presentation of the rallies' agenda.

Seniors

Mary Ann Acosta

Janice Adams


Julie Adams

Roxanne Adams

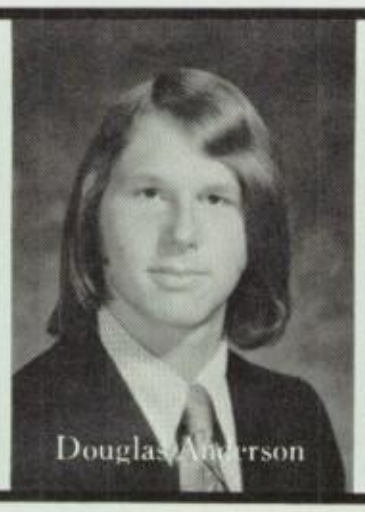
Nancy Affleck

THE GOODYEAR

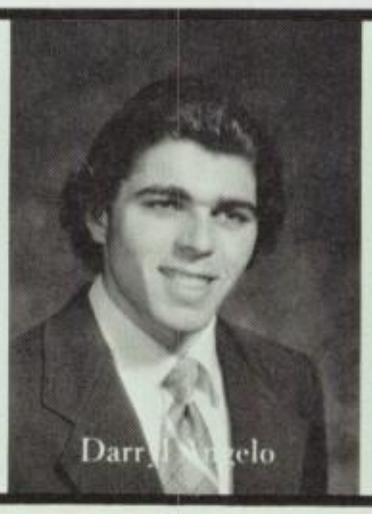
Seniors

Judy Alsip

Teresa Ambrose



Douglas Anderson



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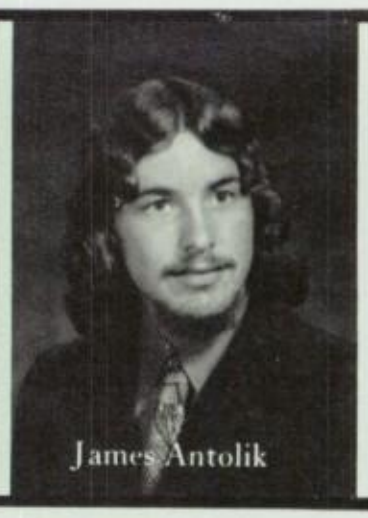
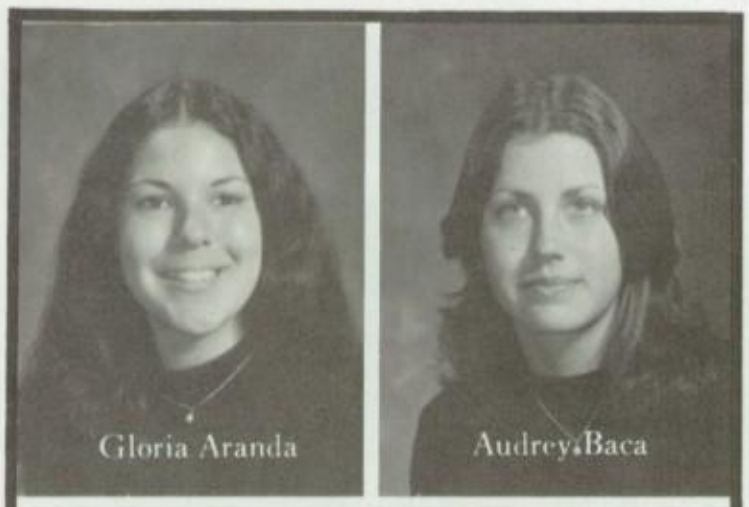
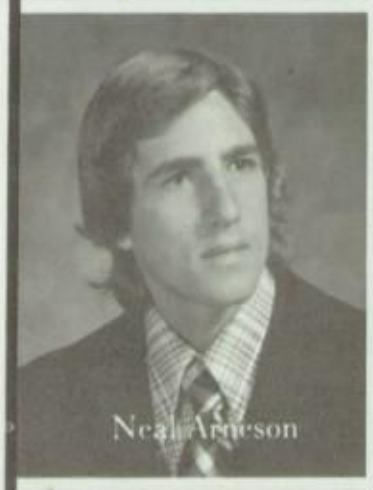
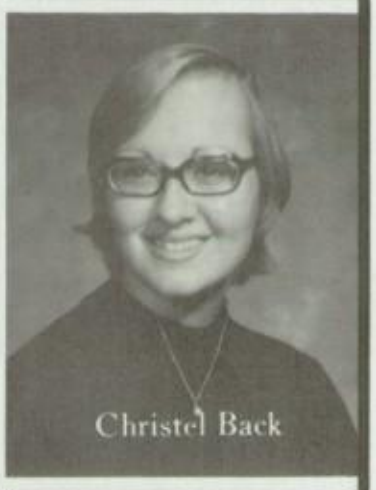


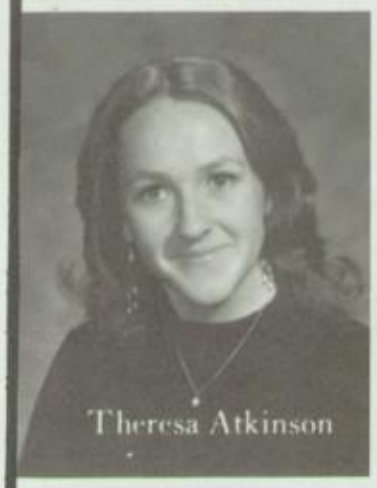
James Antolik

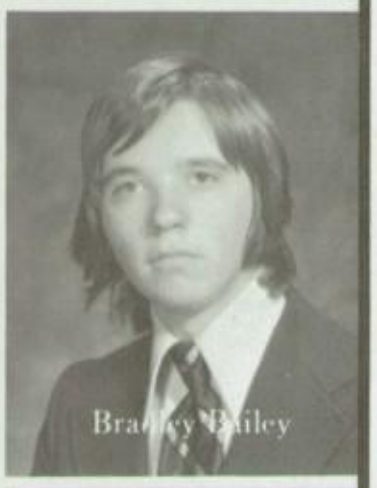

Gloria Aranda

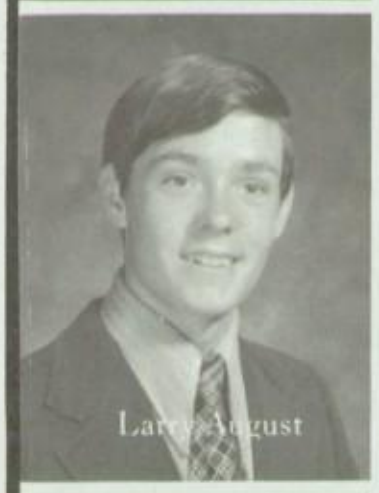
Audrey Baca

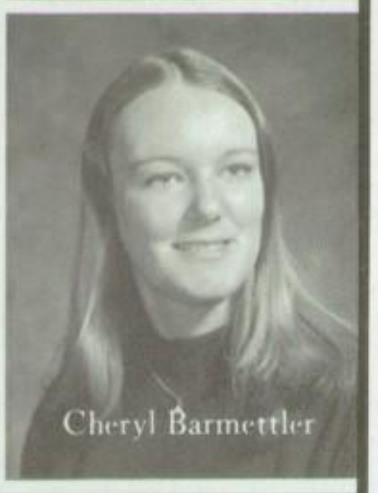

Neal Arneson


Christel Back

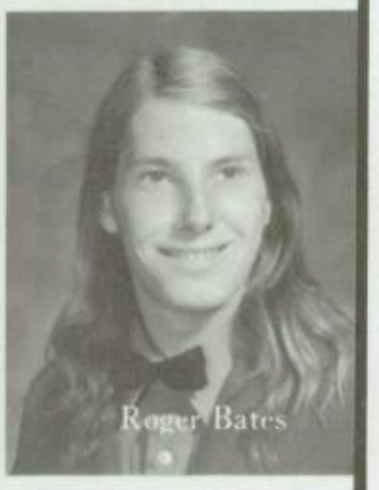

Theresa Atkinson


Bradley Bailey

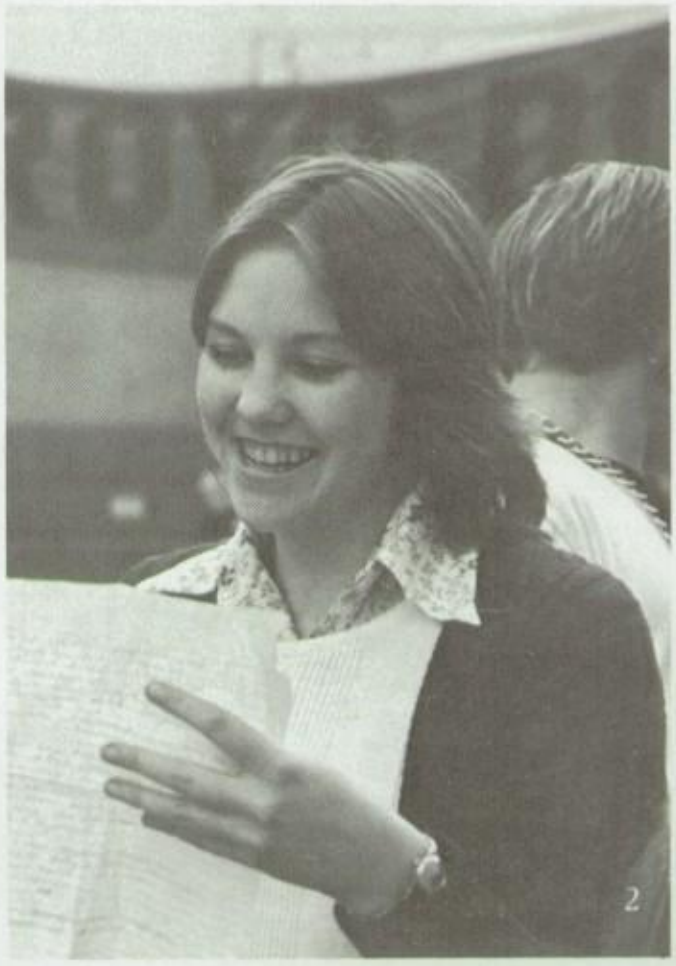

Larry August

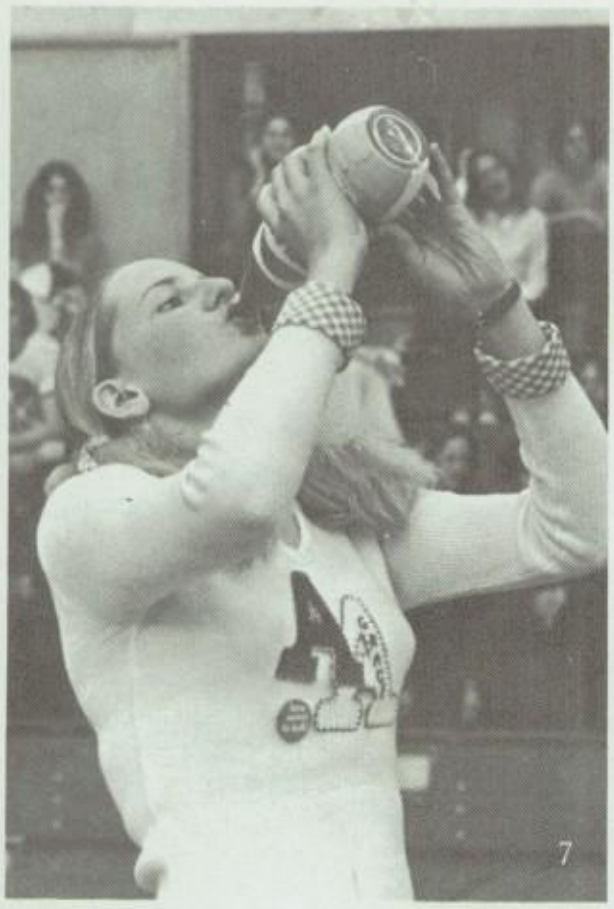

Cheryl Barmettler

Pia Aura


Roger Bates

Seniors





Cate, Cuddy win top spirit honors

"I think that Spirit Week has died. Times have changed and so have the kids, so let's come up with a new idea," remarked senior Steve Bilodeau.

The main purpose of Spirit Week was to unite the classes and to promote school spirit. The classes had only class spirit in mind and tried to win without involving the other classes. "Spirit Week should unite the different groups of kids together," stated junior Dennis Cooper.

The freshman class won overall spirit and overall posters. The sophomores were awarded best yell leading squad, best noon rally, and best competition poster. The junior class song girls were voted best squad, juniors also received best flag, best skit, and best float. This year best individual yell leader and song girl were chosen. Selected were Robin Cuddy, best song girl, and Janet Cate, best yell leader.

GOODYEAR

1. Bonnie McDowell, Diane Lacy, Charlotte Carlson, Lori Granados and Teri Gilmour lead yells at lunch rally. 2. Peggy Wright narrates junior class skit. 3. Pam Ringstad, Becky Swindell, Sandy Cope, and Elizabeth Calhoun finish song girl routine at lunch rally. 4. Peggy Wright, Becky Swindell, Eileen Alldridge, Sally Reynolds, Teri Gilmour, Nancy Grasher, Bonnie McDowell, Karen Oelschlaegel, and Lori Granados all demonstrate junior spirit. 5. Mike Bowen, Karen Stathis, and Pat Gilbert race to see who will finish first in the pie eating contest as JoAnne Williams watches. 6. Junior class spirit flag. 7. Sophomore Grace Christopherson glups down Pepsi during junior skit.

Arroyan recognizes ten "special" women

1975 was a special year for women. The United Nations passed a resolution officially designating this calendar year the International Year of Women.

After years of arduous struggle for equal rights worldwide, women found that their goal was closer to reality in 1975.

As the Equal Rights Amendment struggled for final passage in six states, women in the United States found a new awareness and new direction. Old barriers in hiring, credit approval, and custody rights were still evident, but most women found that choice of lifestyles was becoming more open to them.

At Arroyo, women students and faculty have begun to see doors open to them. This year marked the consolidation of a girls' athletic league, H.A.G.E.A. Female students held the majority of offices in student council and many more girls went out for varsity sports.

Unlike the Berkeley School District, San Lorenzo did not grant a March 8 holiday to observe International Women's Day. However, The ARROYAN staff chose to honor ten outstanding women on this campus for their contributions to the welfare and social consciousness of this school community.

Selected for their contributions to Arroyo were faculty members Vicki Bissell, Joyce Blume, Viola Giblin, Joanne Knowles and Beverly Smith. Also selected were students Sally Cole, Rowena Harvey, Roxanne Roussel, Kathy Scott and Ellen Vallejo.

GOODYEAR

Area chairperson VICKI BISSELL led the social science department to make various improvements in curriculum this year.

She has served the students as senior class advisor and as a member of the Adult Activities Council. This spring, she chaperoned 12 students in a "Close-up" excursion to Washington, D.C.

An English teacher, JOYCE BLUME served on an Alameda county commission of education to study alcohol abuse. She also has been a driving force in developing new classes that appeal to both academically and vocationally oriented students.

A very big part of Ms. Blume's curriculum includes units on values clarification. She was senior class co-advisor.

As the editor of the 1974-75 Arroyan, it was SALLY COLE's responsibility to see that the book came out on time and in good form.

Sally finished eleventh in the class standings by maintaining a 3.763 average. Sally received various awards including the Betty Crocker Search for Leadership Award and the Bank of America English Certificate.

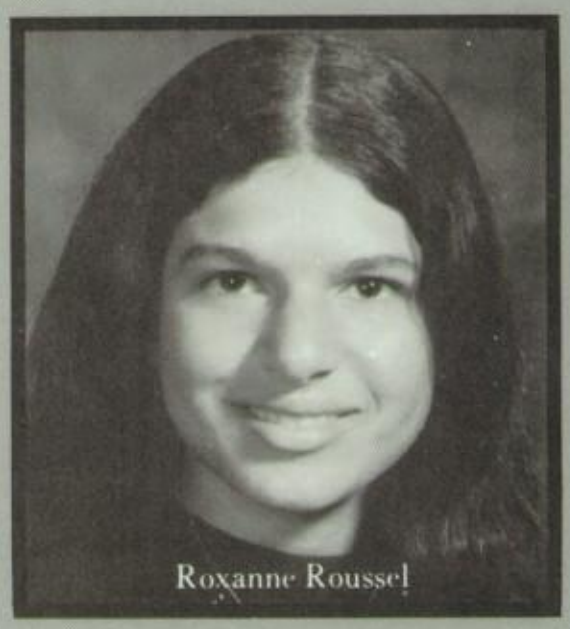
Special education teacher VIOLA GIBLIN was cited for her heartwarming contributions to the physically handicapped program here. She has made sure that her students are not isolated from certain classes or from extra-curricular activities.

In addition to her teaching duties, Ms. Giblin advised the tutorial aide program and was formerly the secretary of the faculty senate.

Vicki Bissell

Joyce Blume

Jo Anne Knowles


Roxanne Roussel

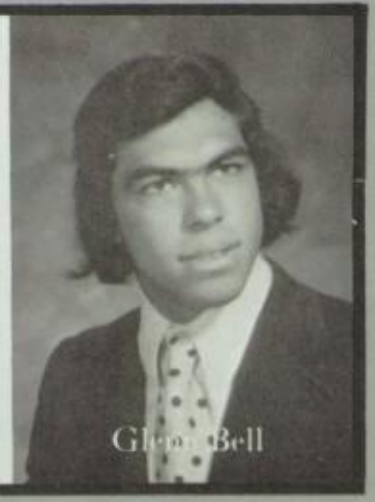
Seniors

Mary Bauer

Jorn Bauermeister

Holly Baumback

Monique Benabou


Glenn Bell

Throughout her four years at Arroyo, class valedictorian ROWENA HARVEY maintained a 4.0 average.

Always an active student, Rowena has starred in numerous drama productions and worked behind the scenes. She was voted most likely to succeed and also most talented.

Among her many accomplishments are the D.A.R. Outstanding Citizen Award and Bank of America plaque holder in the Liberal Arts area. She further competed with other school winners and won a $100 scholarship to aid in future college plans.

Holding the position as the solitary female administrator at Arroyo was JOANNE KNOWLES. As Dean of Girls, Ms. Knowles not only handled student discipline problems, but also was responsible for teacher evaluations, counseling, scholarship distribution and student activities.

As Commissioner of Communications, it was ROXANNE ROUSSEL's job to see that the students and teachers were kept informed on all upcoming school events. Besides holding elected office, Roxanne found time to edit the school newspaper, the GAZETTE and assumed the news editor slot for the second half of the year.

A top student, Roxanne ranked sixth in her graduating class with a 3.833 average.

Roxanne represented Arroyo by visiting Washington D.C. in an educational excursion sponsored by the Close-up organization May 4 through May 10.

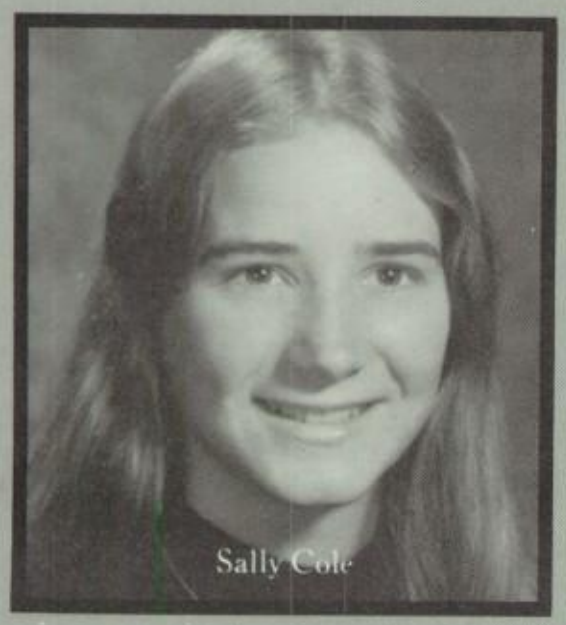
KATHY SCOTT brought much enthusiasm and inspiration to Arroyo as the Head Cheerleader of the 1974-75 Rally Squad.

In between sports activities, Kathy was busy as managing editor and reporter on the GAZETTE.

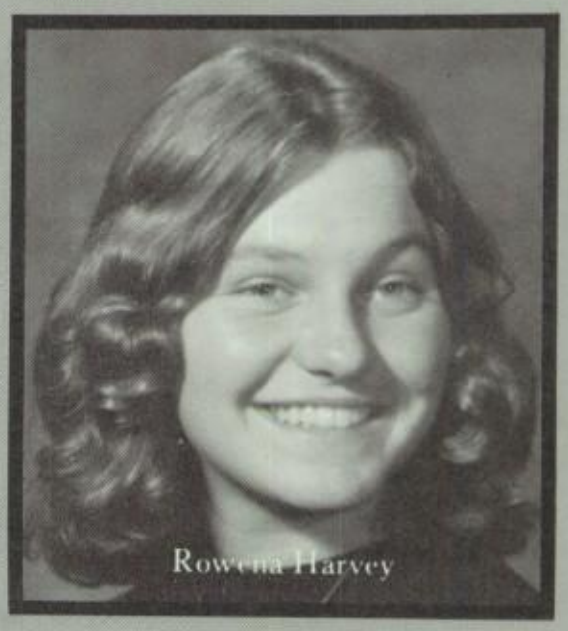
Kathy served as a student council representative and helped out on various committees. She was also involved in senior class council throughout the year.

BEVERLY SMITH entered Oakland's Kaiser Hospital the same day as the First Lady, Betty Ford. After her surgery, Ms. Smith shared her experience with students and faculty. Her interest in the topic led to a feature story in the November 27, 1974 issue of the Gazette. Ms. Smith helped allay some of the fears that surround such surgeries. Her candidness on the subject demonstrates how Ms. Smith helped her students.

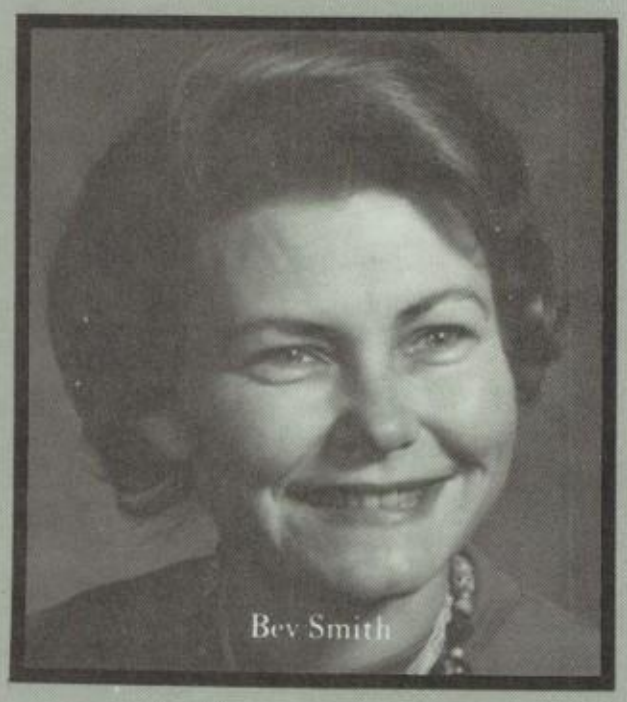
Being the first girl to receive a letter in varsity swimming was ELLEN VALLEJO's most noteable accomplishment. Ellen swam in both her junior and senior year and won numerous medals which adorned her block sweater. The senior class kept Ellen's swimming abilities in mind when classmates nominated her most athletic.

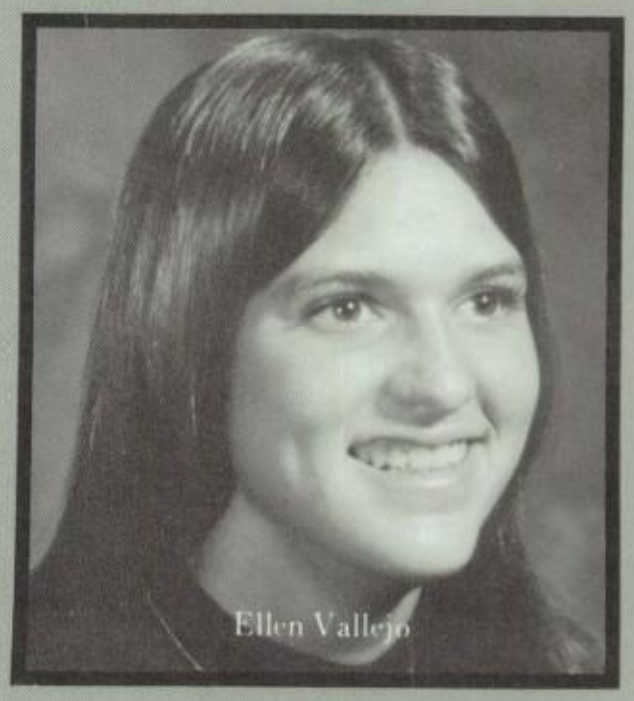

Sally Cole

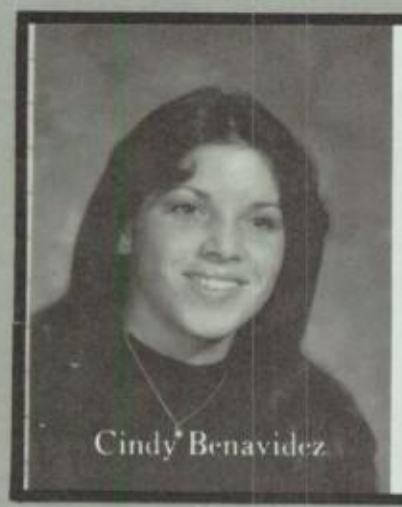
Vi Giblin


Rowena Harvey

Kathy Scott


Bev Smith


Ellen Vallejo


Cindy Benavidez

Steve Benevides

Donna Bennett

Susan Bennett

Charlene Benz

Seniors

Tremble, Murtey solo at choral concert, Gustafsson leads band's Swedish melody

Two spring concerts were held at Arroyo this year; an instrumental, held May 22 and choral, May 29.

Four groups played in the instrumental concert; the beginning band, orchestra, jazz band, and concert band. Exchange student Nils-Erik Gustafsson conducted the concert band in a "Swedish Melody."

Highlights of the concert were "Russian Sailors Dance," played by the orchestra; "West Side Story," played by the concert band; "If," played by the beginning band. The jazz band accompanied singer Karen Salentine in "Never Can Say Goodbye."

Something new was added to the program this year when a barbershop quartet, "the OK Chorale," sang its rendition of two old favorites, "You Had A Dream" and "Aura Lee." The boys, Bruce Collett, Andy Cross, John DeLaughter, and Barry Lloyd captured some of the flavor of earlier times by wearing old-fashioned garters and straw hats. They, along with the girls' chorus and chamber choir, performed a total of 21 songs.

Seniors Donna Tremble and Laurie Murtey sang of American Revolutionary War days when they performed solos to "Johnny Has Gone For A Soldier" and "Ride the Chariot," a Negro spiritual.

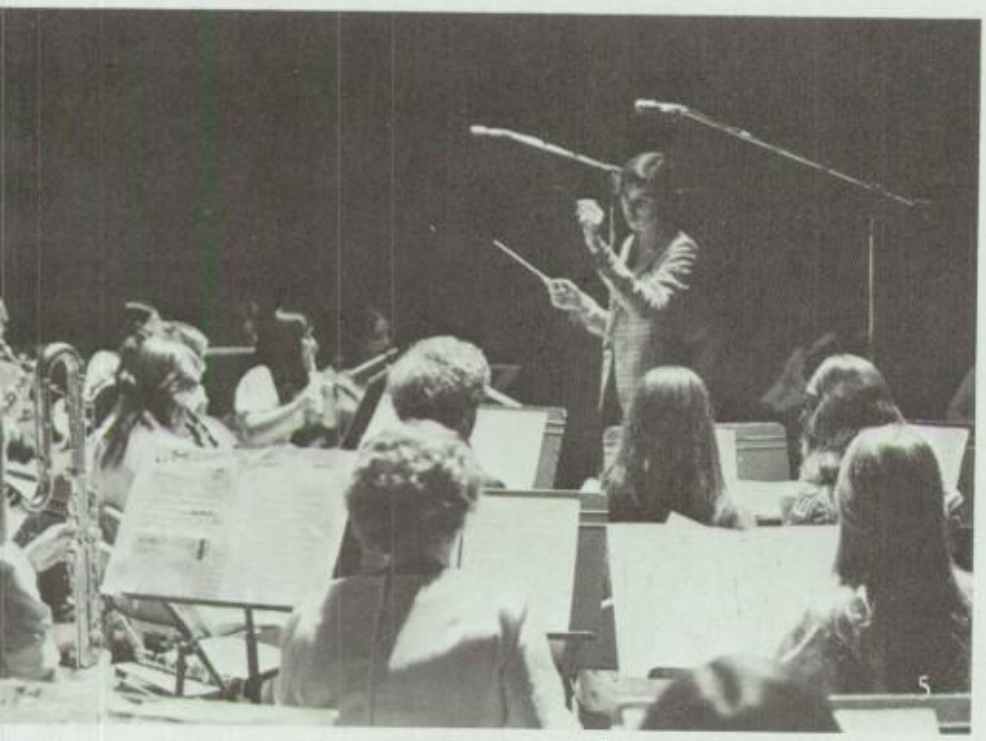
Choir Director Doyle West commented, "I was very pleased with their performance and I was proud of each and every one of them."

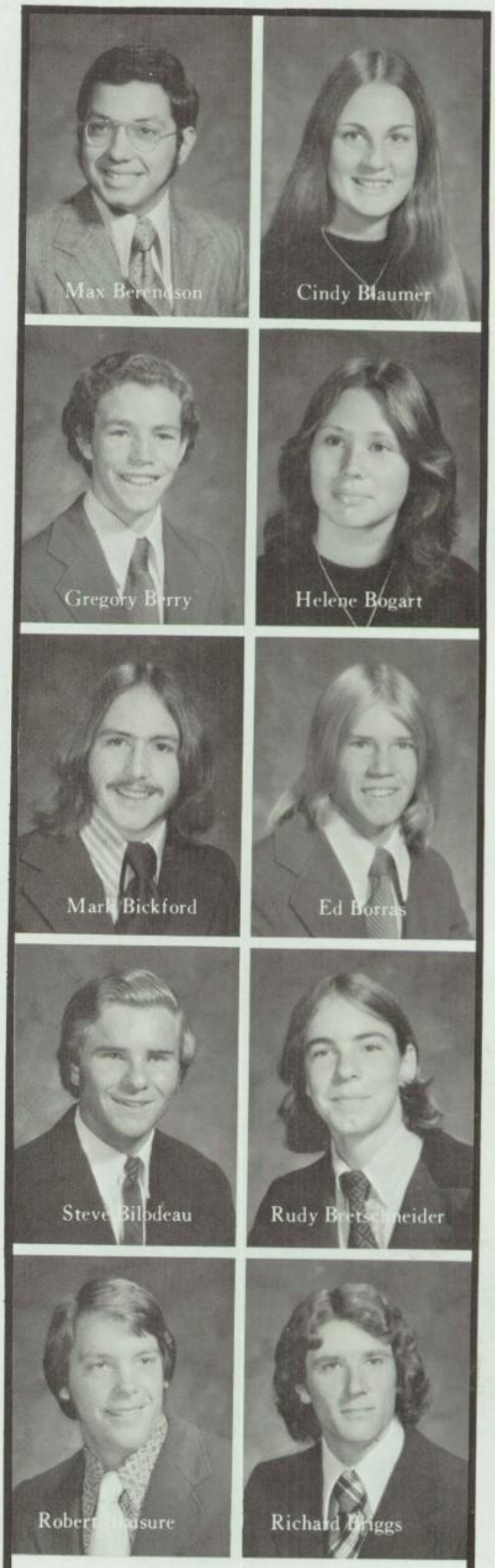
One extra attraction during the instrumental concert that was not included in the program occured when Mike Keating had a piano topple on his foot. Mike was rushed to the hospital and placed in a cast.

As a result of the two concerts, Arroyo's music department collected over $200. The money will be used to pay off debts and purchase new music.

GOODYEAR

1. Karen Salentine sings "Tie A Yellow Ribbon" with jazz band accompaniment. 2. Greg Lecheminant, Rachel McMillan, and Mario Perez concentrate on music. 3. Paul Johnson picks guitar on one of the more difficult selections. 4. A Cappella choir and Director Doyle West sing softly. 5. Nils-Erik Gustafsson cues in the clarinets. 6. "OK Chorale" barber shop quartet (John DeLaughter, Bruce Collett, Barry Lloyd, and Andy Cross) sing "Aura Lee" at the annual spring choral concert presentation.




Max Berendson
Cindy Blaumer
Gregory Berry
Helene Bogart
Mark Bickford
Ed Borras
Steve Bilodeau
Rudy Bretschneider
Robert Balsure
Richard Briggs

Seniors

1. Don Bryant displays pitching ability. 2. Christel Back grimaces as she takes a swing. 3. Lori Thompson, Bonnie McDowell, Julie Hayes, and Teri Gilmour eat lunch while watching softball games. 4. Nancy Afflect and Laurie Murtey try to tan at lunch. 5. Jim Antolik pitches to a teammate. 6. Tina Stefani awaits a good pitch. 7. Bob Kufeld barely catches the ball in the air as the runner takes first base. 8. Birdie Nordman plays catcher for a team.

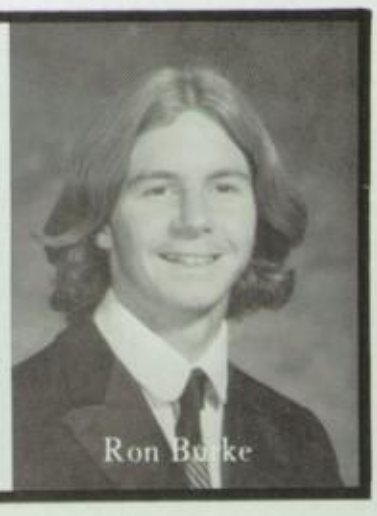
Seniors

Robert Brook

James Brott

Karen Bruzzone

Donald Bryant



Ron Burke

Softball breaks daily lunchtime monotony

For the third consecutive year, coed intramural softball games were started to end lunchtime boredom and monotony. Organized by students and teachers, the games were played from 12:20 to 12:50.

When asked why the program was started, Coach Mike Bowers replied, "To get the kids involved in an organized lunchtime activity." He then added, "Other programs may be started if the students are really interested."

Senior Jerry Bush of "The Grateful Tunas" said, "We're out there to have a good time. If we win that's great, if we don't that's okay too."

The teams were composed of both sexes of upper and underclassmen and a few teachers. The two-pitch method was used in umpiring the games.

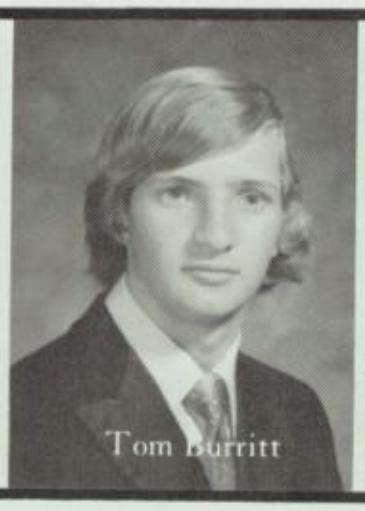
Starting date was May 6 with games played every day through June 5. Most teams played on an every-other-day schedule on three or four diamonds.

The captains were creative in selecting names for the teams. There were "The Grateful Tunas," "Rippling Biceps," "Orange Sunshine," "Tomato's Tennis Troup," "B.D.A.," "The Overwhelming Favorites," "Mean Machine," "Pretty Boy Floyd's Gang," "The Mild Bunch," and "The Team."

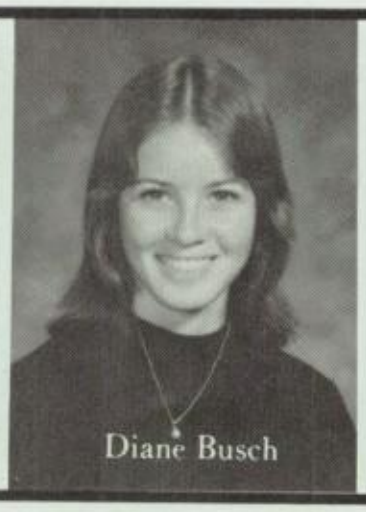
GOODYEAR

Seniors

Elaina Burkland



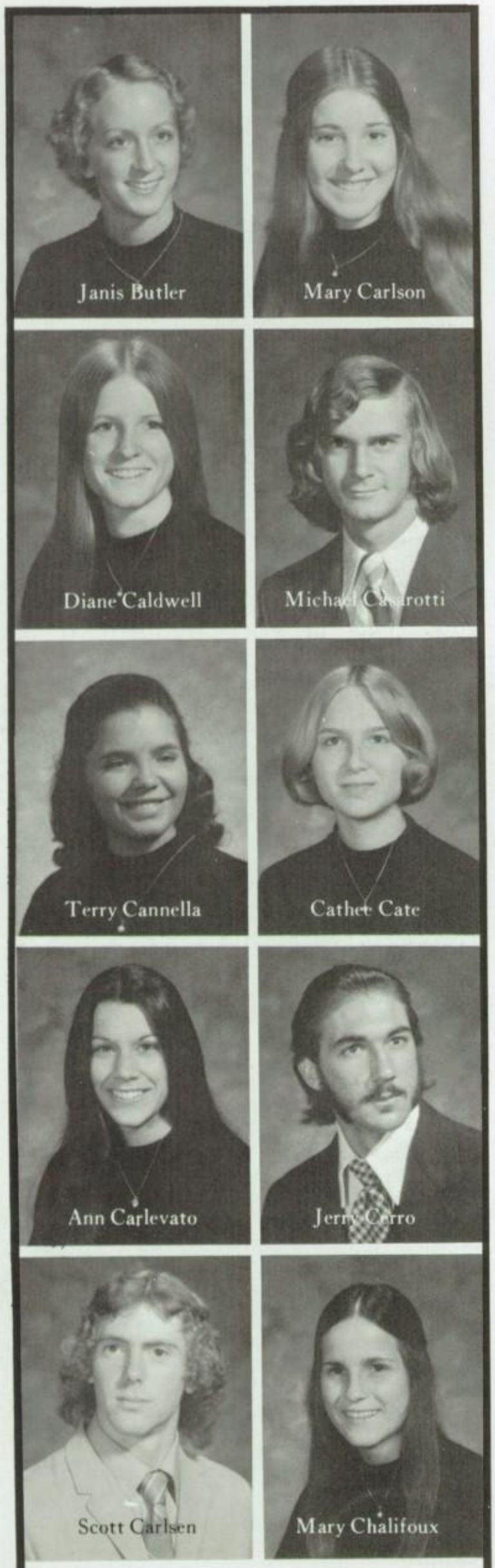
Tom Burritt



Diane Busch

Jerry Bush

Scott Bush



Seniors

GOODYEAR

1

2

3

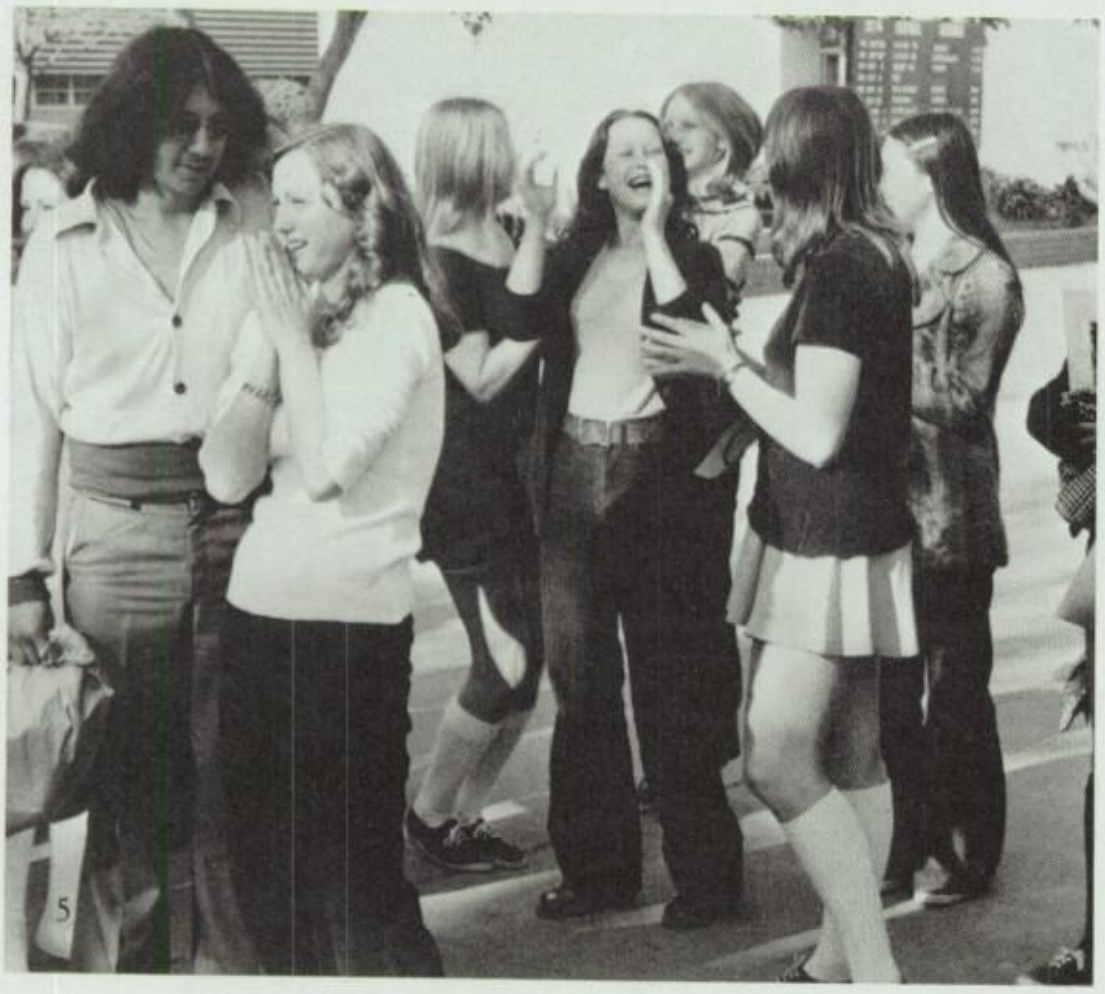
Homewood, Shofner to head '75-'76 squad

Juniors Kim Shofner and Sue Homewood were chosen to lead the 1975-76 rally squads. Shofner and Homewood were elected head song girl and yell leader following tryouts held Friday, April 11.

Others selected to the squads were song girls Lori Peterson, Nancy Peterson, Robin Cuddy, Liz Dillon, Vicki Bumbaca, Trudy Tullys, and Sue Lucas. Yell leaders selected were Heidi Schmidig, Grace Christaphersen, Sandy Bevilacqua, Janice Ullom, Lorraine Dutch, and Pam Ringstad.

This year's tryouts were marked by an over hauled judging system. No Arroyo faculty members evaluated the rally hopefuls.

Judges included head yell leader Kathy Scott, Ms. Rosalie Skipworth, Ms. Phyllis Meredith, Donna Bryson and Janice Maldanado from San Lorenzo High, and Loreen Brecht and Kathy DeClerq from Marina High School.



1. Pam Ringstad shows skills in her routine. 2. Kathy Scott announces 1976 rally squad winners. 3. Connie Folck, Sue Walling, and Pam Sutherland show enthusiasm in a routine. 4. Pam Ringstad, Lori Codeglia, and Sue Homewood rejoice over hearing announcement of new rally squad members. 5. Girls wait for results of tryouts. 6. Advisor Mary Camezon, Kathy Scott, Janice Maldanado count up tally sheets. 7. Teresa Hardester waits for her turn with Manuel Soto.

Donkey basketball games help increase Block A coffers

"Overall, I think that this year was the best year we have ever had in raising money, by both the Marina and the alumni Donkey Basketball games," stated Coach-advisor Mr. Mike Bowers.

President Ken Grace and this year's Block A worked to buy lockers for the players and also raised money to remodel the M-5 weightroom.

Block A made a little over $600 for the Donkey Basketball games. November 23, 1974, Block A hosted the Marina lettermen. Senior Ed Dutkowski provided the winning basket as the Dons squeezed by the Titans 6-4.

March 15, 1975, Arroyo also defeated the alumni, 14-8. Dick Wong was the leading scorer for the Dons with 12 points.

Junior Laurie Roeder, commented on the games, "They were both interesting and filled with action."

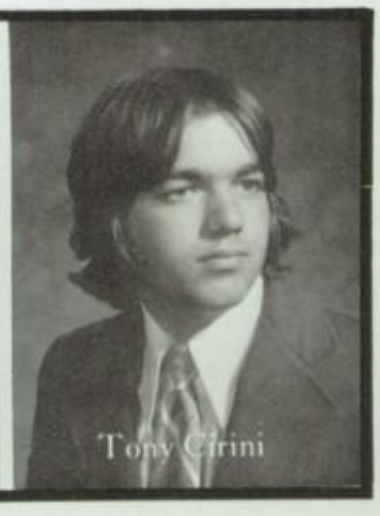
Seniors

Lori Chapter

Cynthia Cheski

Scott Chichester

Danel Christophersen

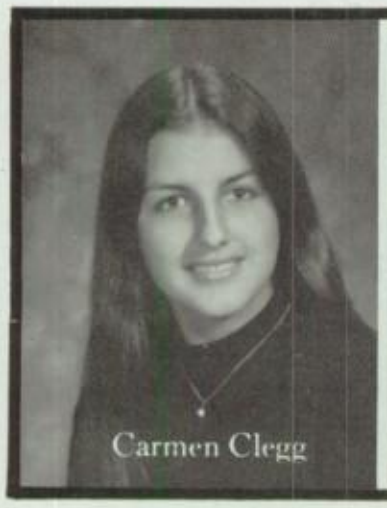


Tony Cirini

GOODYEAR

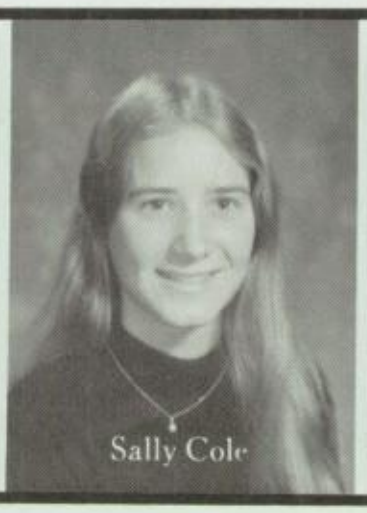
1. Senior Frank Eiras tugs on donkey during alumni game. 2. Block A president Ken Grace poses for photographer at the Booster's Club pizza night held at Straw Hat. 3. Ken Grace and John Donovan clean up after pizza night at Straw Hat. 4. Senior Bob Blaisure fights for ball at Marina game. 5. Mike McCarney, Casey Jones, Ron Stone, Dale Swindell and the rest of the Arroyo alumni concentrate on game. 6. Senior Rei DeLa Figaniere pets the donkey during half time.

Seniors

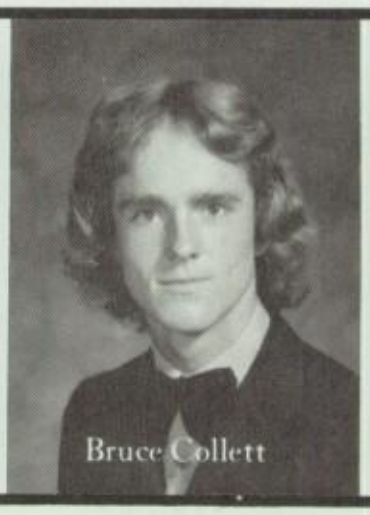


Carmen Clegg

Liza Cobarrubia



Sally Cole



Bruce Collett

Steve Colburn

Joy of Learning offers diverse program for Don juniors, seniors

After many disappointing setbacks, the members of Student Curriculum Council successfully staged a Joy of Learning Day, Monday, May 19. Aided in their efforts by adviser Mr. Jerry Wergeland, council members offered junior and senior students a chance to experience different learning situations. Student chairmen were Steve Vilas and Max Berendson.

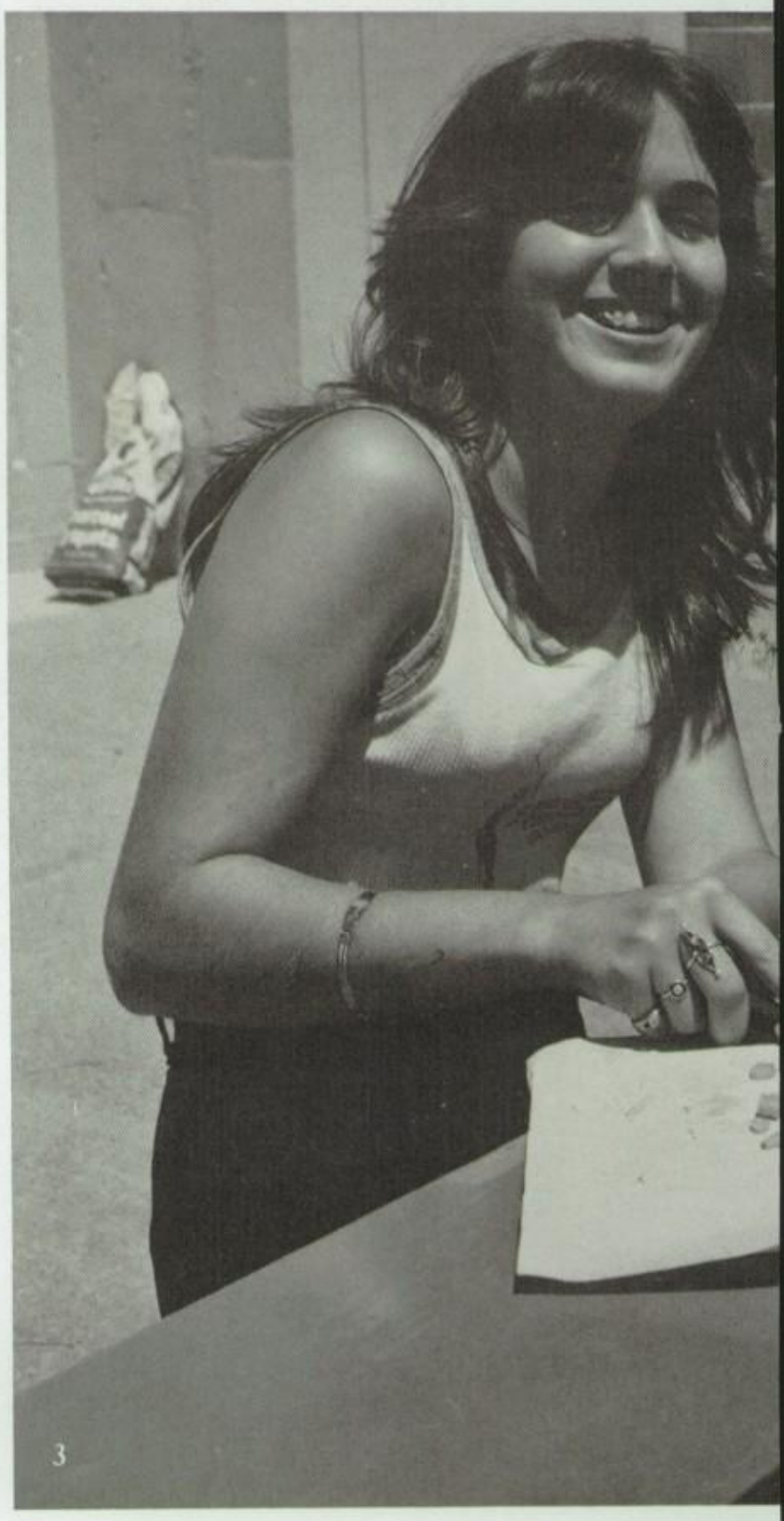
During fifth period, 250 students attended classes in martial arts, outdoor cooking, philosophy, hypnotism, ballroom dancing, paper crafts, and spinning and weaving. Other students listened to speakers such as Mr. John Partridge from a data processing center on vocational possibilities.

By far, the biggest hit of the afternoon was the one-hour ballroom dancing class taught by Ms. Mary Camezon and Mr. John Shanteau. Many girls and a few boys spent the hour learning "new" dances such as the jitterbug, fox trot, and tango.

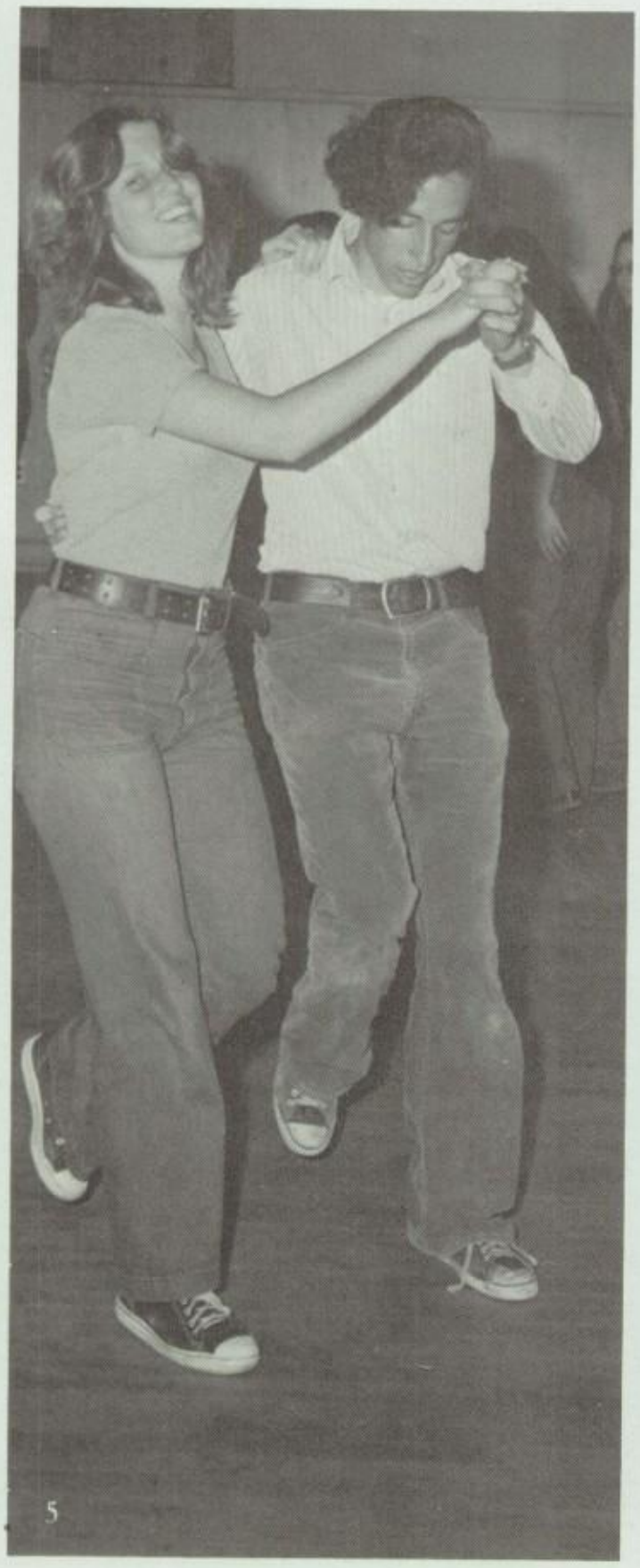
1

GOODYEAR

2



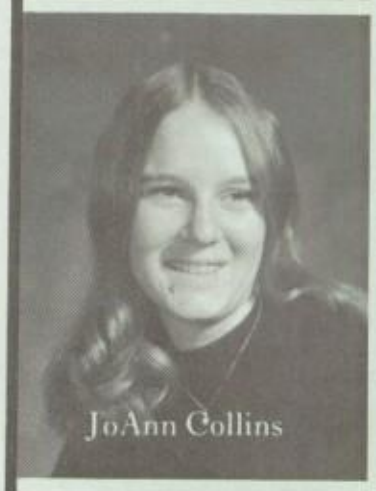
3



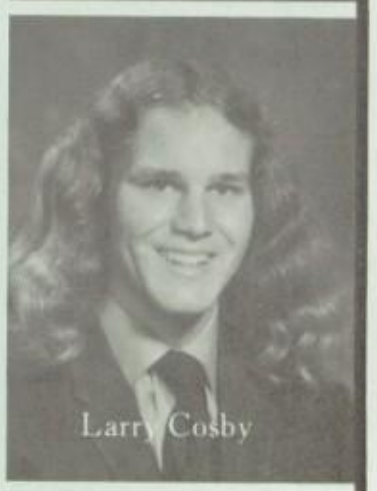
1. Larraine Domenico and Janis Butler test their skills in weaving. 2. The School of Karate and Judo instructors display various techniques in martial arts. 3. Michelle Cambra spends her hour learning to cook outdoors. 4. Joey Berras papier maches vase. 5. Bonnie McDowell and Jerry Bush try to do the tango in the ballroom session.

Barbara Collins

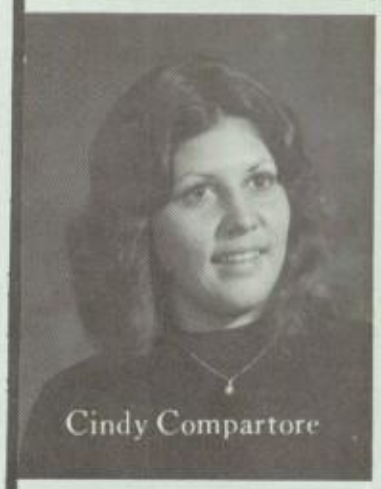
Crystal Copley



JoAnn Collins

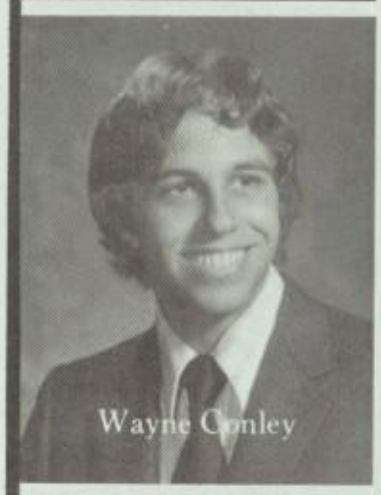


Larry Cosby

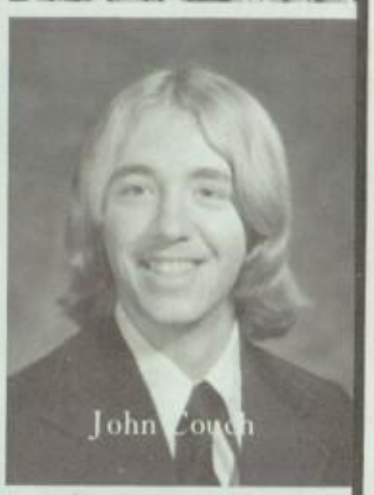


Cindy Compartore

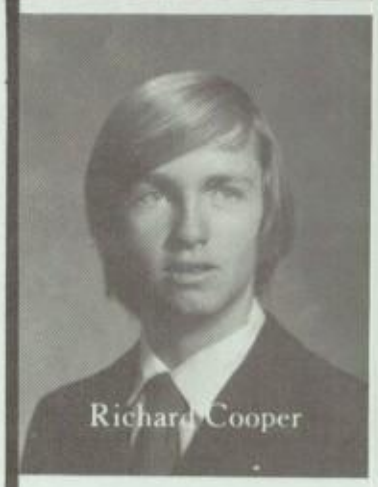
William Costa



Wayne Conley



John Couch

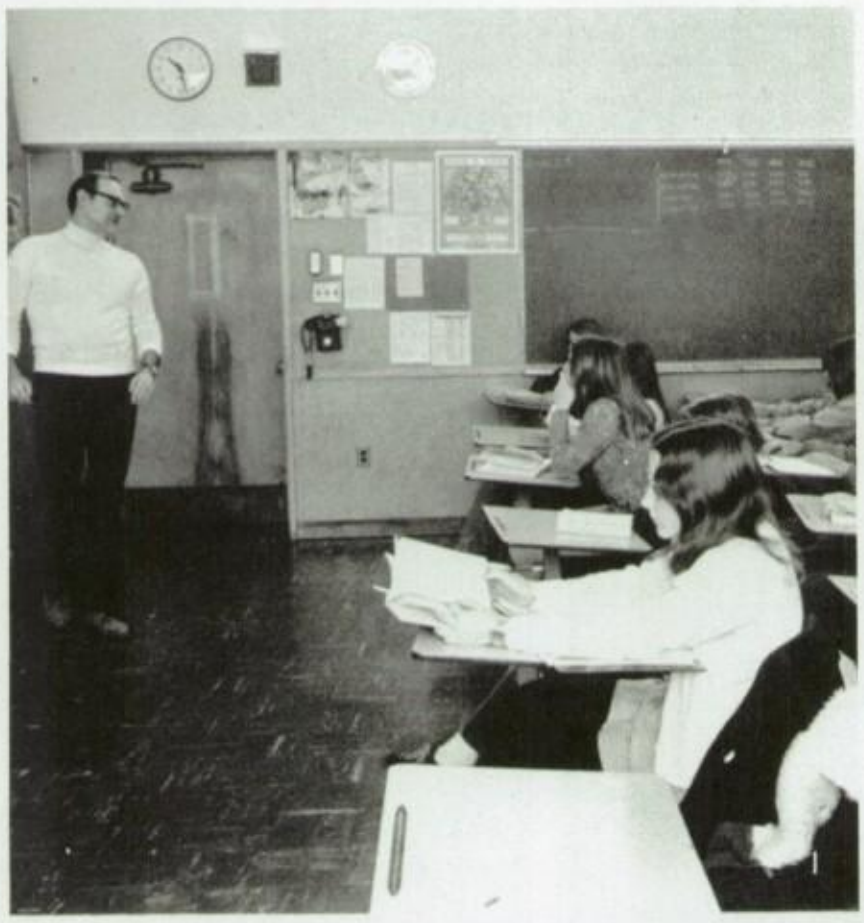


Richard Cooper

Andy Cro

Seniors

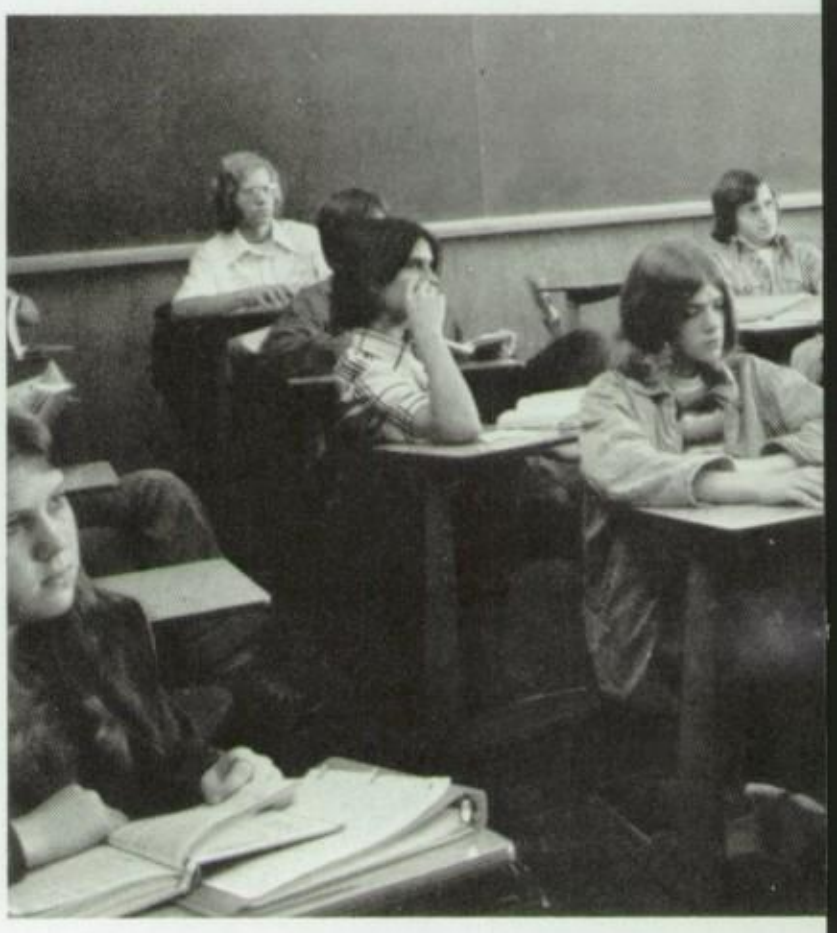
Foreign language clubs plan activities



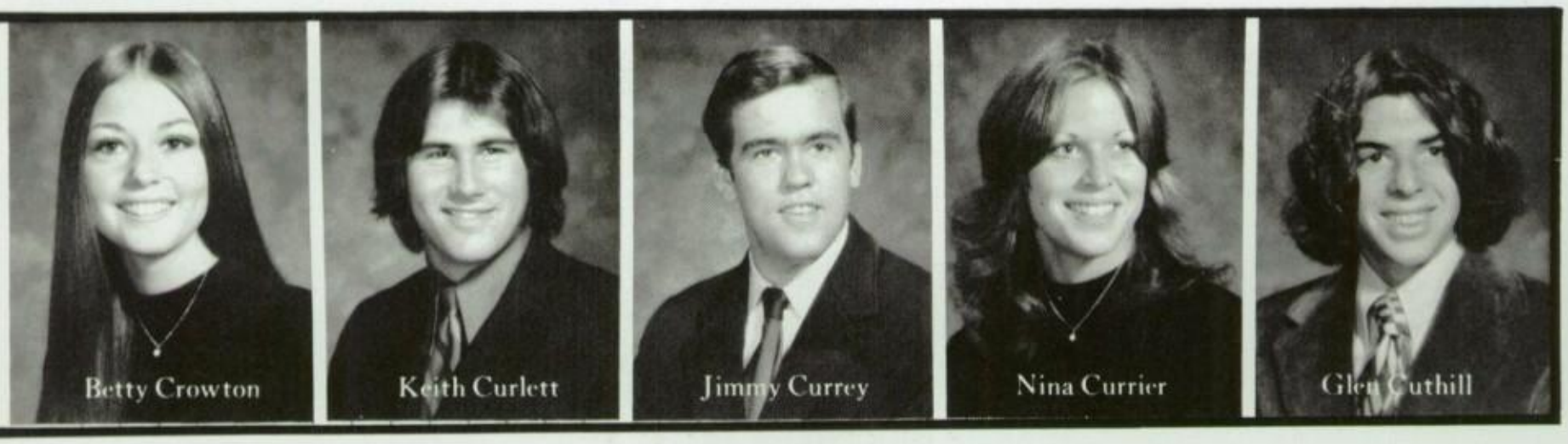
"The Spanish Club has done better than it has done in previous years," stated Scott Pimley, president. "People were more involved in club activities and meetings."

During the year Spanish Club held a licorice sale and a zodiac medallion sale. Club members raised money for field trips to a play, the Defense Language Institute in Monterey and the California missions. Treasurer, Cora Perry tried to arrange a field trip to a Spanish Institute in the Santa Cruz mountains where interested students could return for a summer course in Spanish and possibly get 15 units of college credit. Other officers were Bob Eggleston, vice-president, and Nancy Potter, secretary.

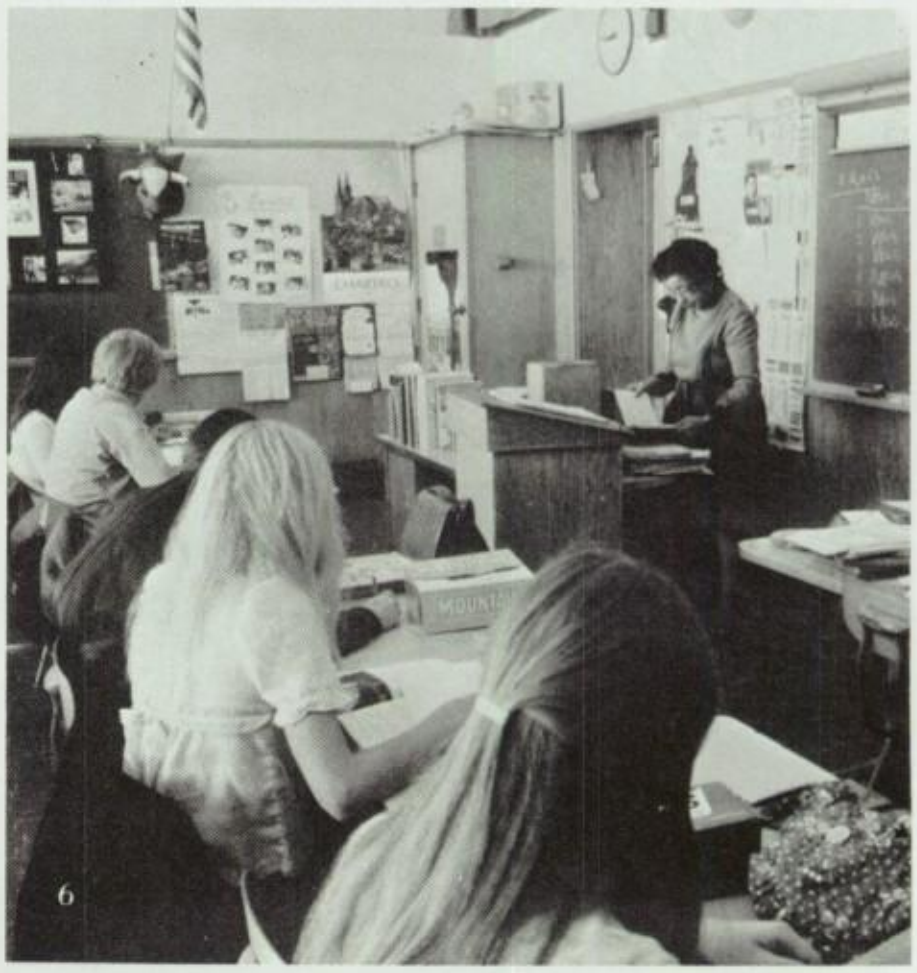
The French Club went to see "The Mad Adventures of Rabbi Jacob," a French film. They also went to the House of Brittany Creperie at the Cannery in San Francisco for French crepes. The club planned to have Arroyo's bachelor living class cook them a French breakfast and the foods with a flair class cook a French dinner.



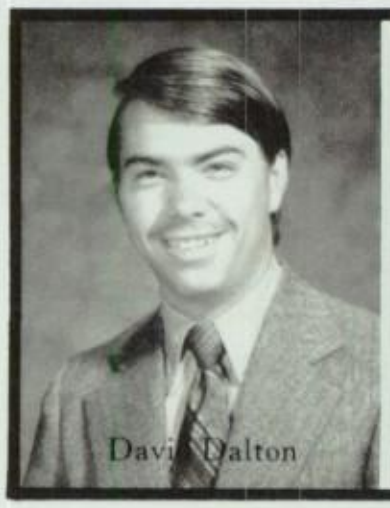
Seniors



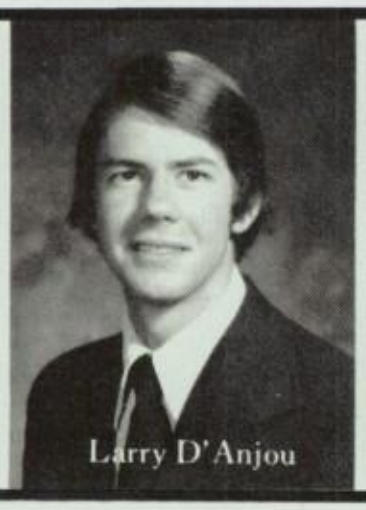
Betty Crowton | Keith Curlett | Jimmy Currey | Nina Currier | Glen Cuthill



1. Mr. Pete Wells discusses activities with German Club. 2. Ms. Helene Powell goes through class assignment during Spanish Club meeting. 3. Mr. Wells writes future club activities on board. 4. German Club members meet in D-13. 5. Rosa Figueroa-Lopez finishes dinner sponsored by Spanish Club. 6. Ms. Powell reads French Club activities. 7. Monique Benabou enjoys taco at Spanish Club dinner at Tito's.



Davi Dalton



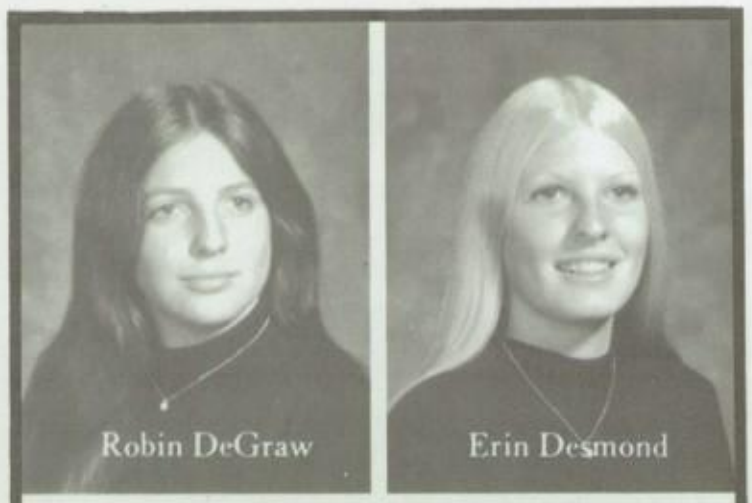
Larry D'Anjou

Floyd Davis

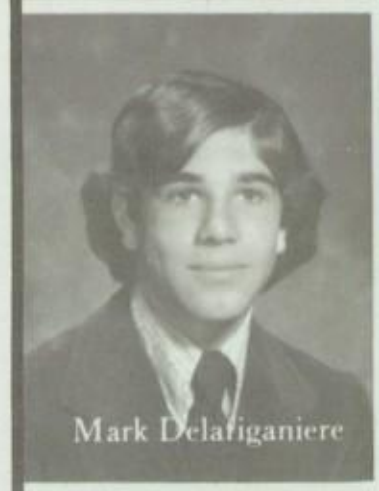
Sarah Davis

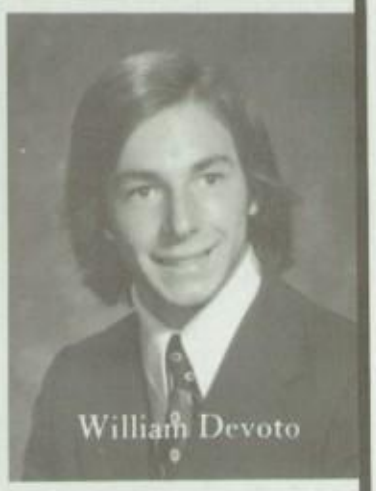
Tim De Bone

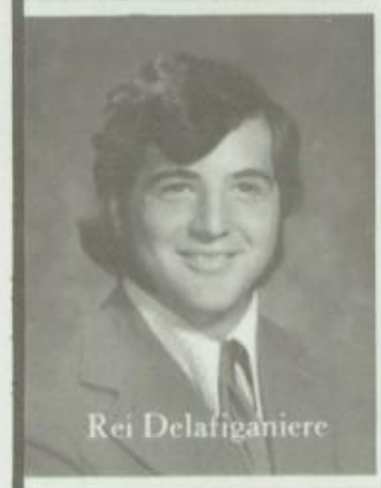
Seniors

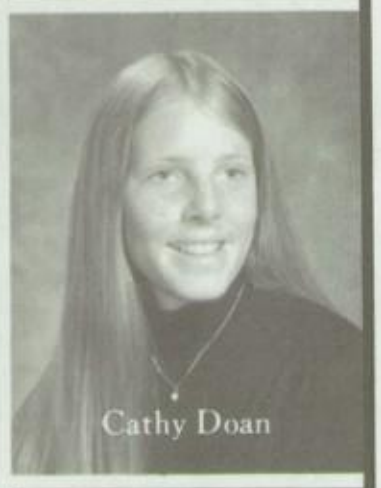

Robin DeGraw

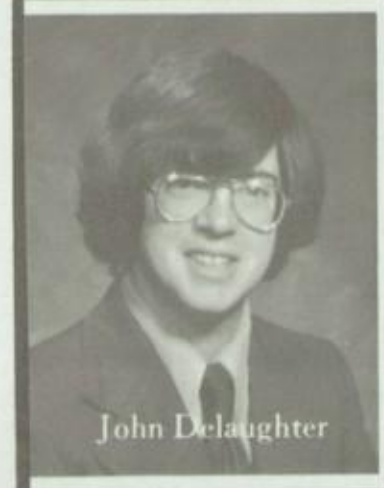
Erin Desmond

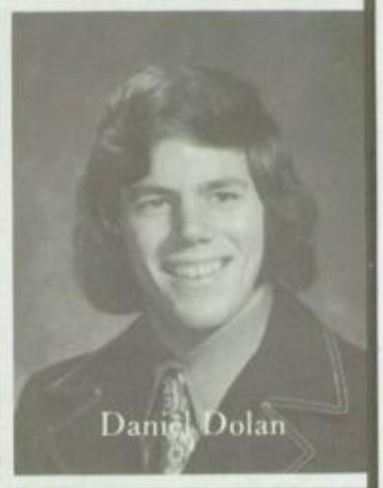

Mark Delafiganiere

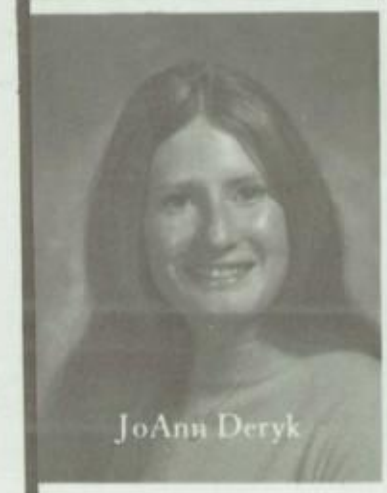

William Devoto

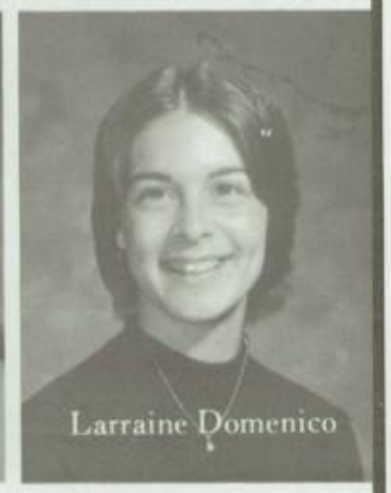

Rei Delafiganiere


Cathy Doan


John Delaughter


Daniel Dolan


JoAnn Deryk


Larraine Domenico

Seniors

1. Jan Meyers enjoys the evening at Straw Hat Pizza Parlor. 2. Neal Arneson, Larry August, Ken Grace, Gary Voecks, and Curt Sanfillipo eat pizza and talk about the night's events. 3. Ms. Bartholomew and Coach Tony Machutes organize profits from the pizza. 4. Coach Mike Bowers looks up from the fountain. 5. Two Straw Hat Pizza customers discuss their pizza.

1

4

Boosters Club pizza night raises $1,000

Coach Tony Machutes feels that the "main purpose of the Boosters Club is parent support of school and spirit. The parents in the club are very dedicated."

During the year, the club got concessions for wrestling and the Easter Baseball Tournament. The parents raised money and bought ventilated lockers for the boys' gym.

The Boosters' biggest fund-raising project was at the Straw Hat Pizza Parlor, March 10, where they collected one dollar from each pizza sold. Profits of $1,000 were used to buy fencing for the area from M-hall to the tennis courts. The fence would keep cars and motorcycles off of the field.

Club officers for the '74-'75 school year were Mr. Edward Freitas, president; Ms. Lu Brisentine, vice-president; Ms. Mary Lou Kufeld, secretary; and Ms. Jane Bartholomew, treasurer. Parents in the club met on the first Wednesday of the month in Arroyo's library.

GOODYEAR

Council plans Joy of Learning

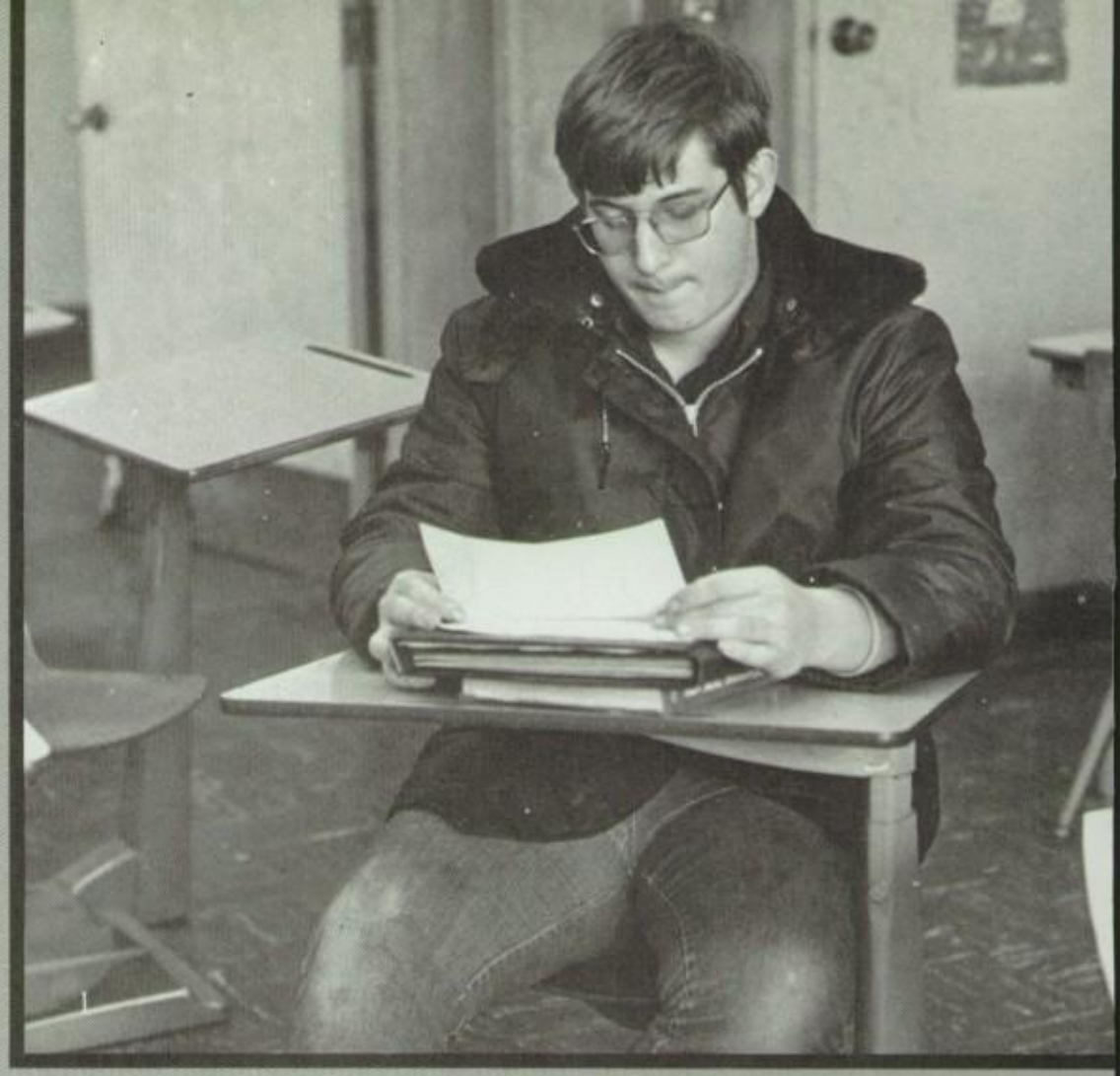
Student Curriculum Council, fairly new at Arroyo, was formed so that students would have more say in curriculum.

S.C.C. is not a club. It was a group of students who wanted to change different things about Arroyo's curriculum and did something about it.

S.C.C.'s biggest project this year was the Joy of Learning program. This program would have enabled Arroyo students to take one day to learn more about subjects that interest them.

Advisor Mr. Jerry Weregland, chairman Steve Vilas, co-chairman Max Berendson, and committee members put in a lot of time and effort into getting self-defense class passed for the girls' physical education department.

The committee members worked on one assignment at a time and tried to get it passed through curriculum and administrative councils.



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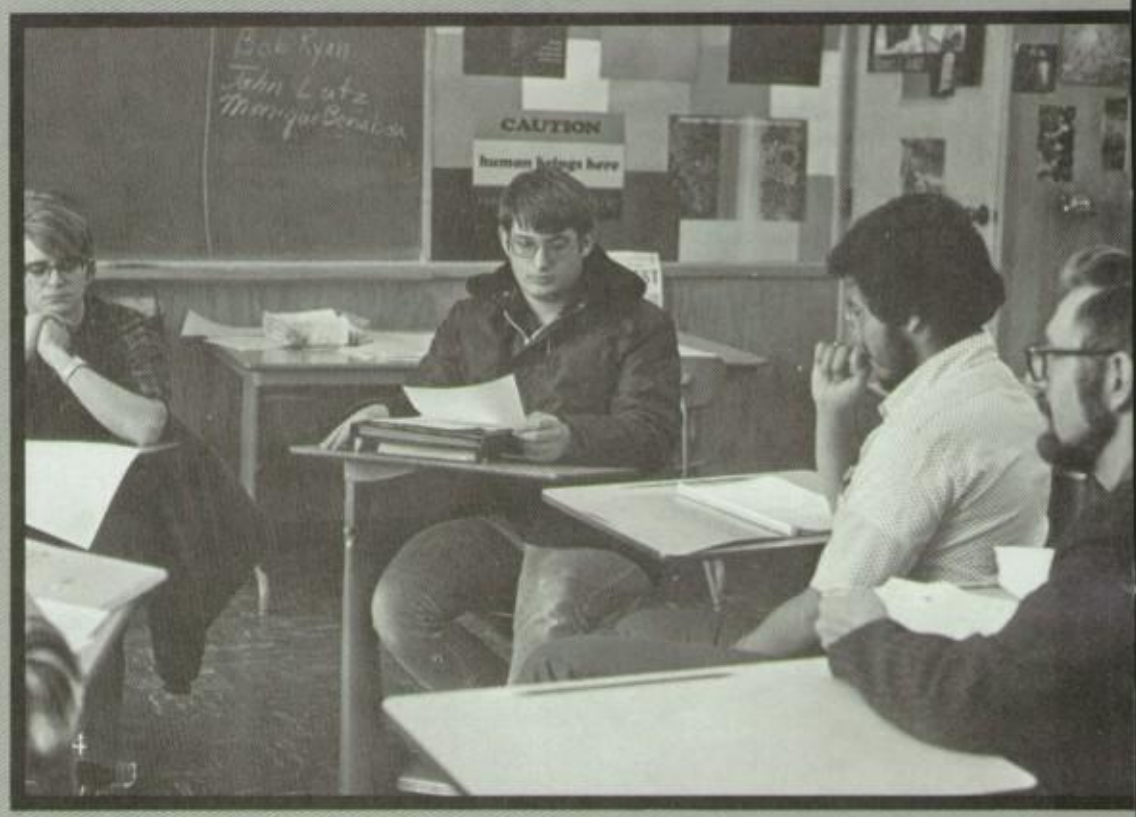

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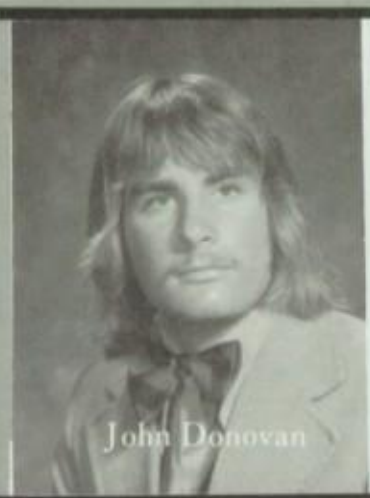
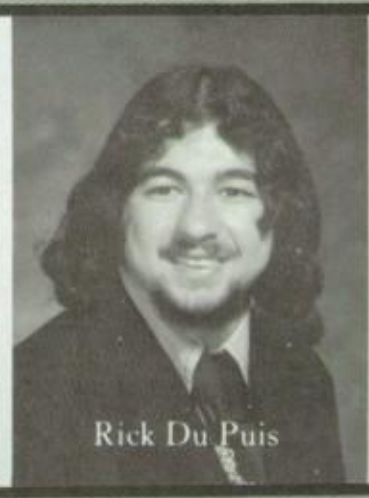
Seniors



John Donovan

Diane Drew

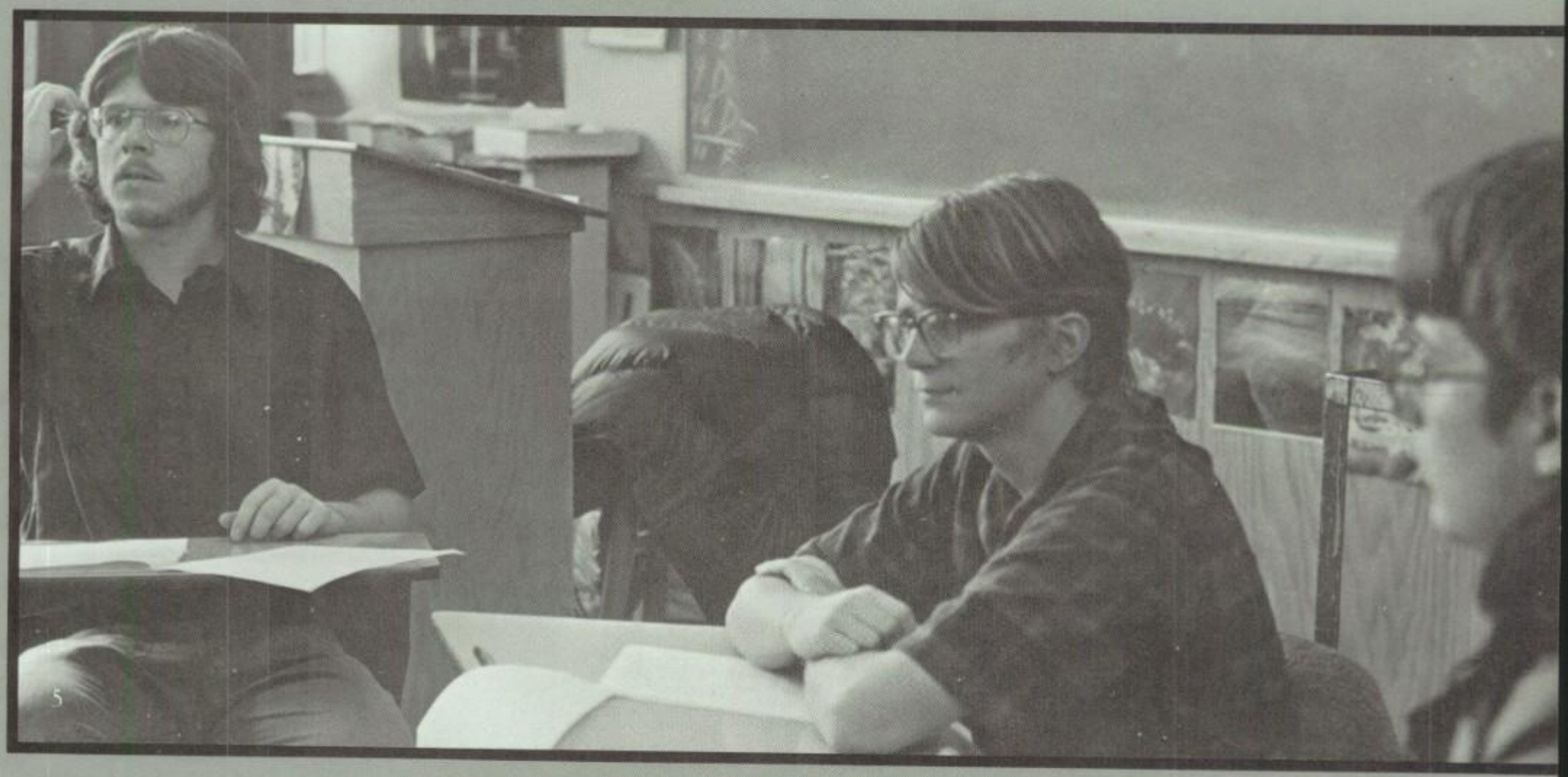
Linda Dugan



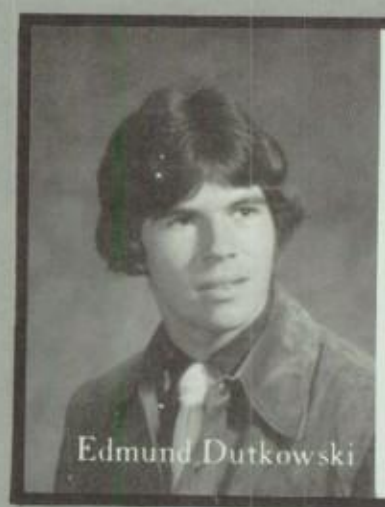
Rick Du Puis

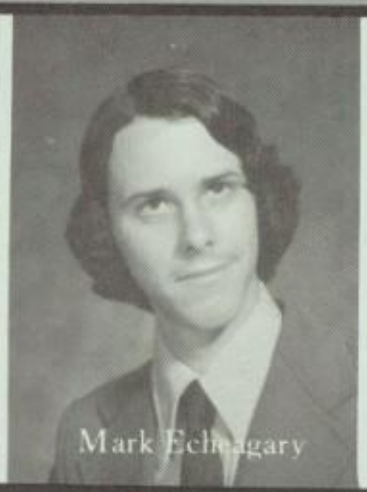
Elaine Duran

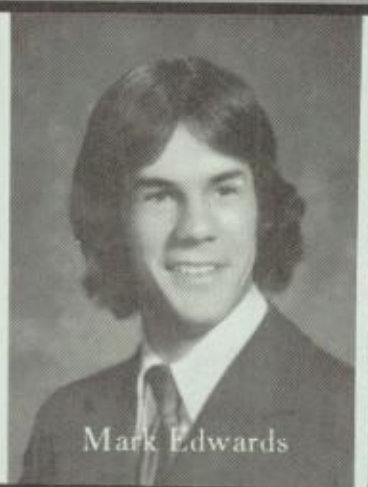
1. Dave Morton reads material on Joy of Learning. 2. Co-chairman Max Berendson listens to new ideas for improving Arroyo's curriculum. 3. Steve Vilas chairman, contemplates a student's comment during student curriculum council meeting. 4. John Lutz, Dave Morton, Max Berendson, and Mr. Jerry Wergeland discuss the Joy of Learning program. 5. Steve Vilas and John Lutz react to a comment on teacher evaluations.



Seniors


Edmund Dutkowski


Mark Echeagary


Mark Edwards

Robert Eggleston

Frank Elias

Freshmen defy apathy, win Spirit Week

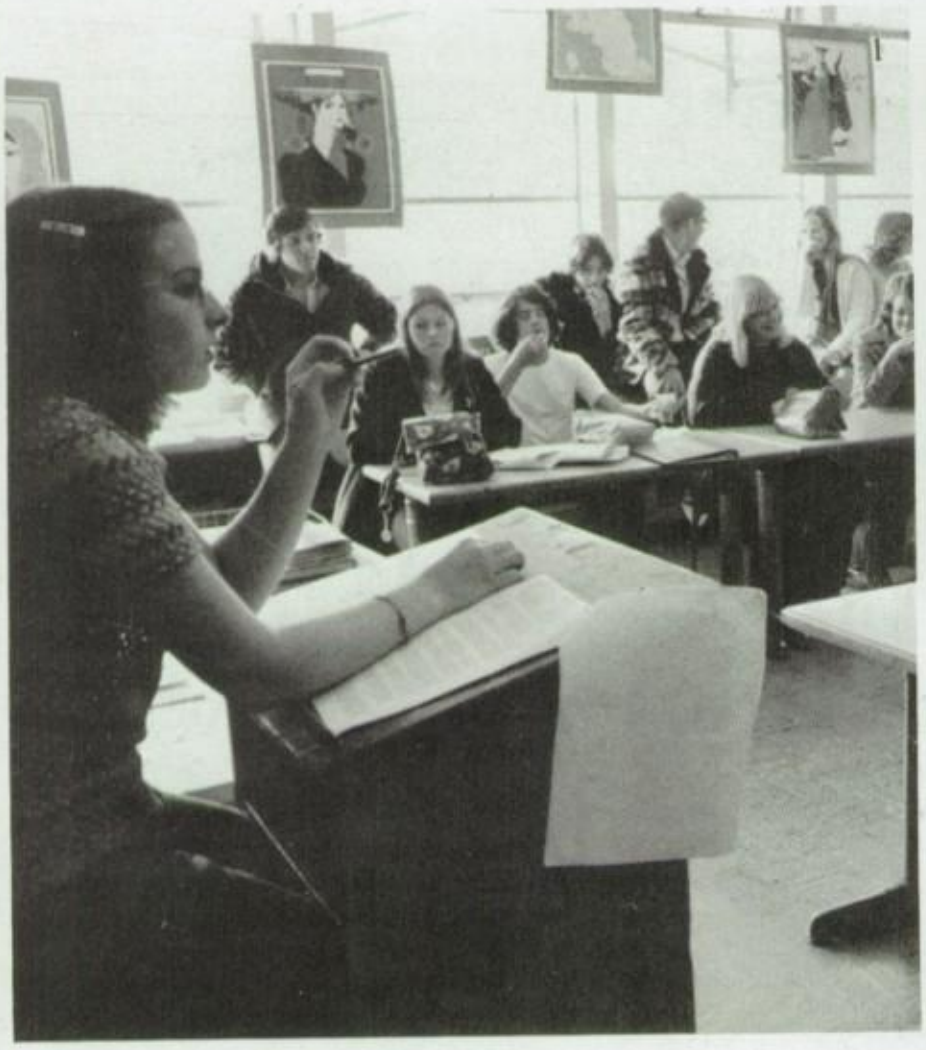
Sophomores made approximately $1,000 this year. An M & M sale netted the class $500.

Mr. Millard Billings, sophomore class advisor said, "Students are becoming more involved in their own personal lives outside of school and seem to think that school is a place to learn and leave."

Sophomore class officers were Roger Golec, vice-president, Bob Forester president, Linda Weber secretary, Karen Garcia treasurer.

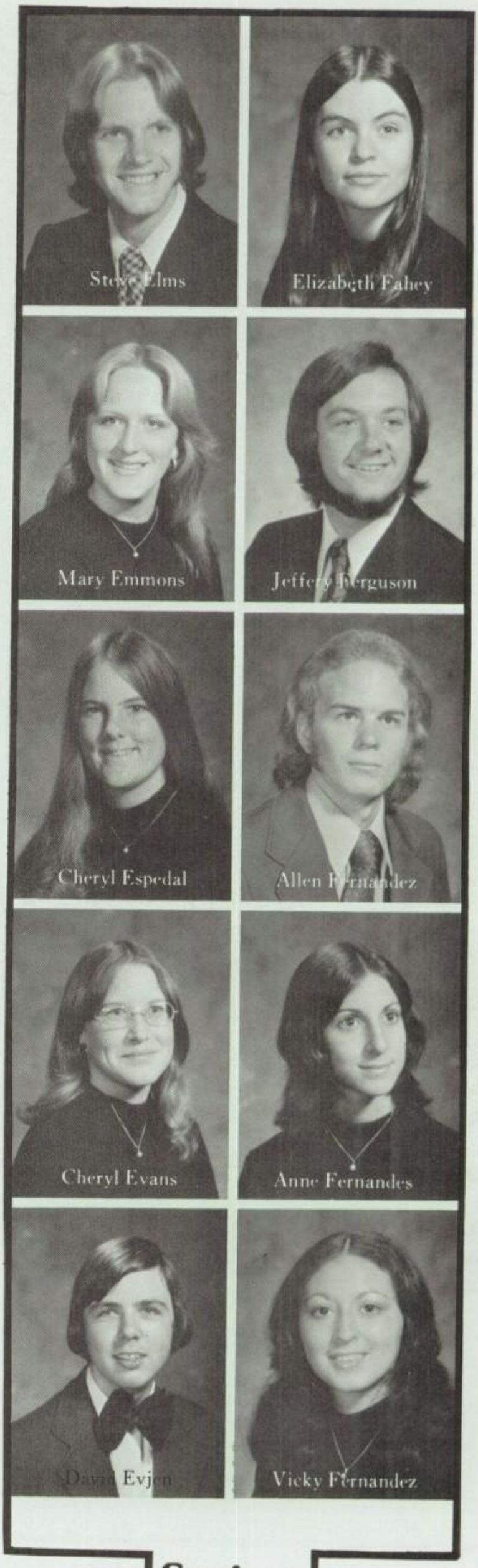
To raise money, the freshman class sponsored a mistletoe sale. They made $50. Robin Cuddy, class president, said, "Class is not very active, nobody wants to get involved." The class of '78 won Spirit Week.

Class advisor was Mr. Thomas Sheridan. Heidi Schmidig vice-president, Diane Husband secretary, and Lynn Torrieri, treasurer assisted Robin in organizing the class of '78.



1. Linda Weber presides over a sophomore Spirit Week meeting. 2. Heidi Scmidig, Robin Cuddy, and Lynn Torrieri discuss freshman class plans. 3. Sophomore class council president Bob Forrester daydreams at meeting. 4. David Conkel, Ann Knopp, Vicki Bumbaca, and Joann Williams listen to plans for future sales. 5. Kathy Bell, David McDaniels, John Kitchuck, and John Lutz laugh at a fellow student's remarks. 6. Kaye Brown and Janet Cruff eat lunch during a class council meeting.

GOODYEAR



Seniors

Junior, senior councils work diligently on fund raising activities

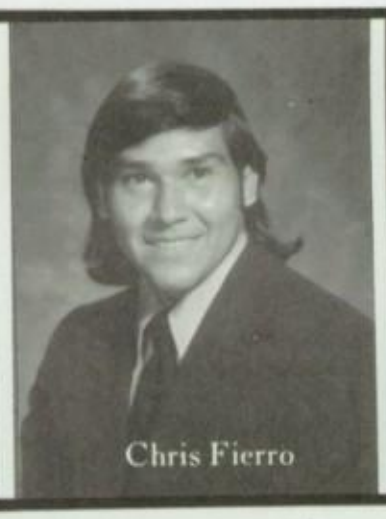
"The junior class' main idea was to keep together," said president Kathy Loncarich. The class was busy during the school year doing its best to raise money for senior activities. The class of '76 held some fund raising events, such as a bake sale at Southland Shopping Center. "Gold Dust" entertained students at the junior sponsored winter dance on December 13. Two pairs of Doobie Brothers concert tickets were raffled off at the annual event. Highlighting the evening was the selection of Marion Bell, junior queen. The class court consisted of Julie Jensen, Kathy Fredericks, Kim Shofner, and Lisa Torres. Assisting Loncarich for the year's plans were Laurie Roeder, vice-president; Cindy Kneeland, secretary; and Chuck Potter, treasurer.

Only one class decided not to join spirit week this year—the Class of 1975. The lack of senior participation in the traditional event was the biggest issue with which the class dealt.

Sally Cole summarized, "The seniors felt that school spirit should be united as a whole and not divided between the classes."

Another problem facing the seniors was insufficient funds. The class held car washes, bake sales at Southland, a St. Patrick's Day flower sale, and the traditional candy cane sale to make $5,200 for end-of-the-year activities, such as the senior ball. Senior officers who guided the class to meet the budget were Rowena Harvey, president; Bev Lewis, vice-president; Cindy Wright, secretary; and Max Berendson, treasurer. Advisers were Ms. Joyce Blume and social studies teacher Mr. Gregg Shepherd.

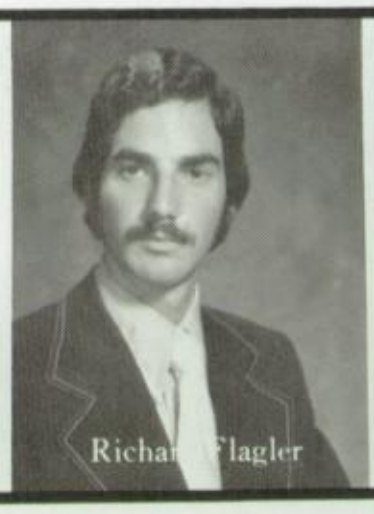
Seniors



Chris Fierro

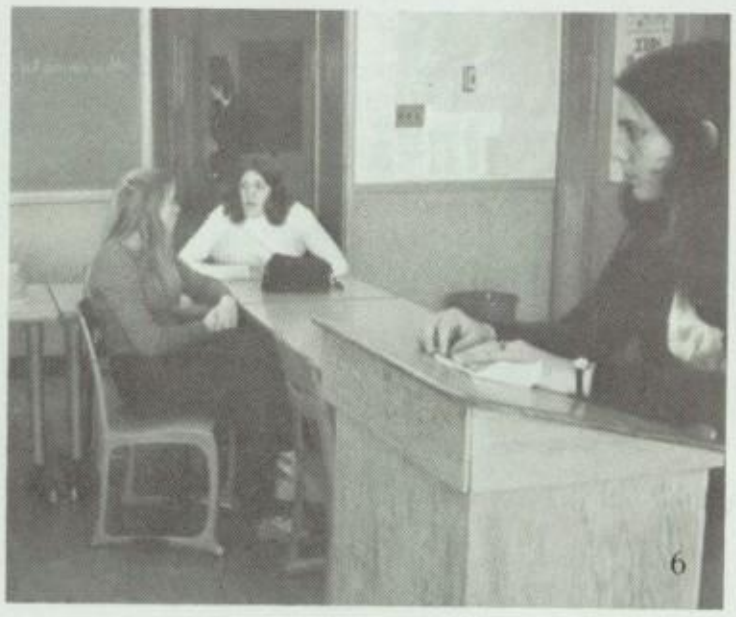
Rosa Figueroa-Lopez

Ga Findley



Richa Flagler

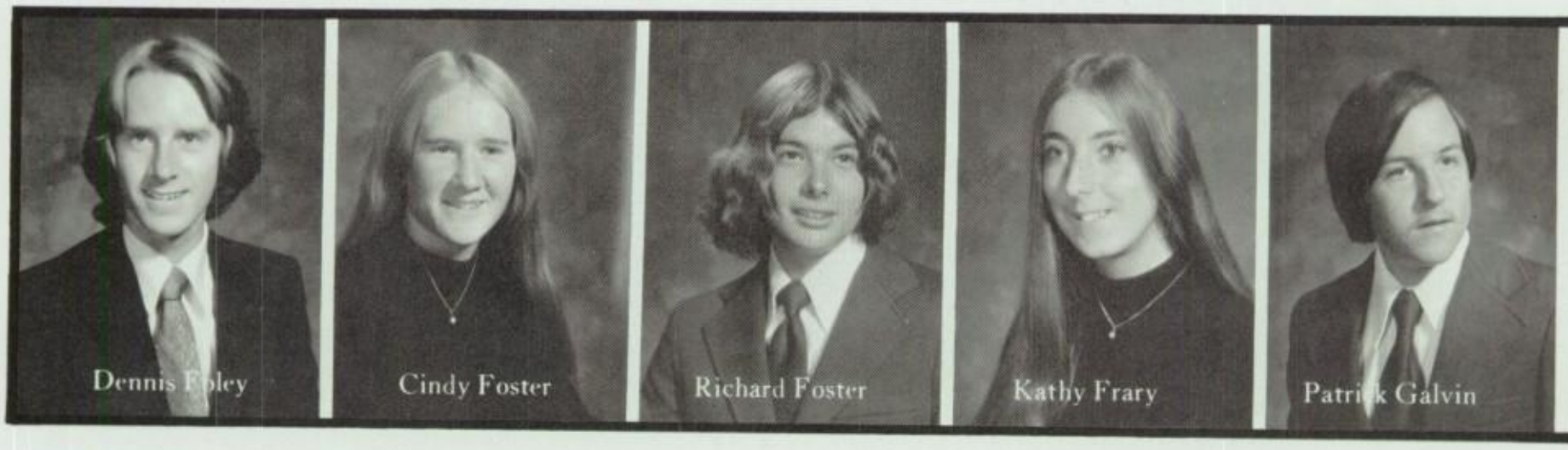
Richard Flores



GOODYEAR

1. Sue Sherwood, Cindy Wright, Birdie Nordman, Linda Dugan, Cathee Cate, Kathy Frary, and Ann Fernandes listen to John Lutz give his opinion. 2. Cathy Doan, Laurie Murtey, and Linda Ng finish lunch and listen to ideas for senior activities. 3. Rowena Harvey, Max Berendson, and John Lutz smile during class meeting. 4. Junior Queen Marion Bell shares excitement with a phone call to her mother. 5. Diane Husband and Lori Eberle listen to "Gold Dust". 6. Charlotte Carlson, Linda Garello, and Kathy Loncarich discuss preparations for Spirit Week.

Seniors

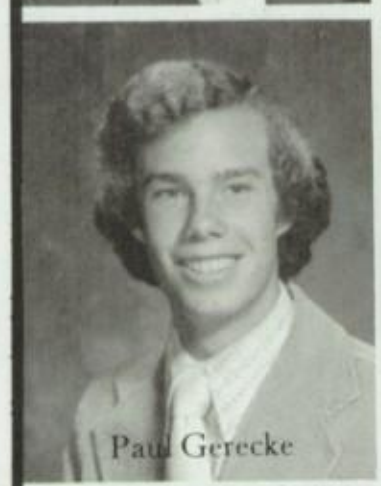


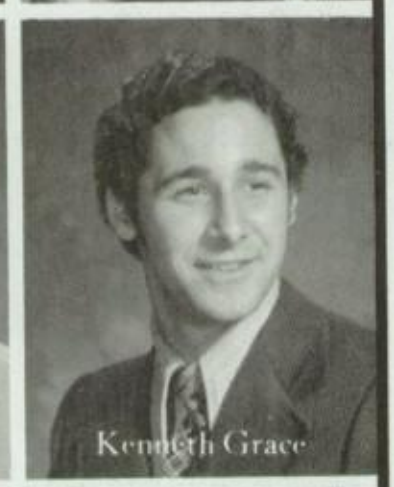
Gary Gardner

Mary Beth Goa

Jim Garris

Karen Gohl


Paul Gerecke


Kenneth Grace

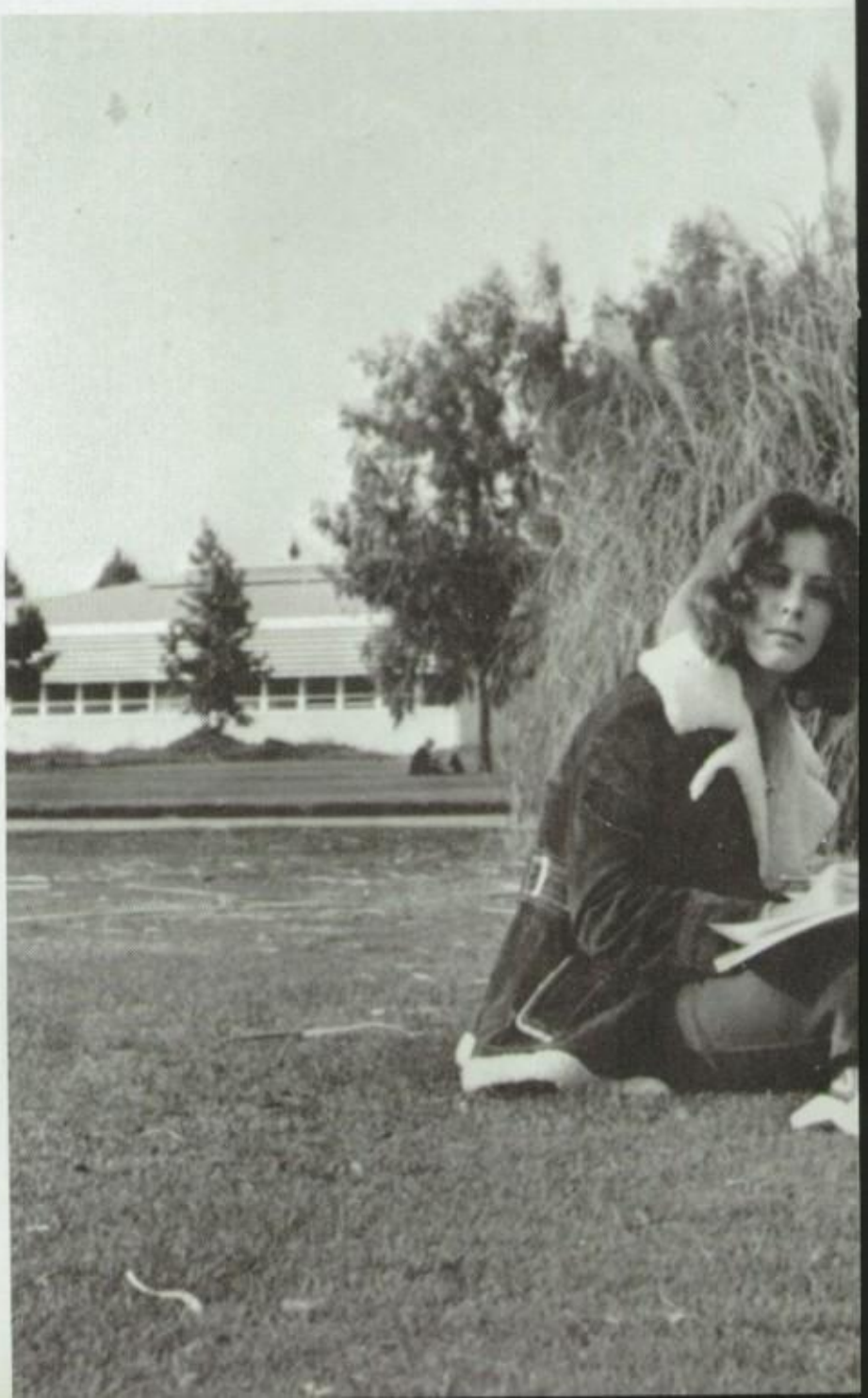
Janet Giambastiani

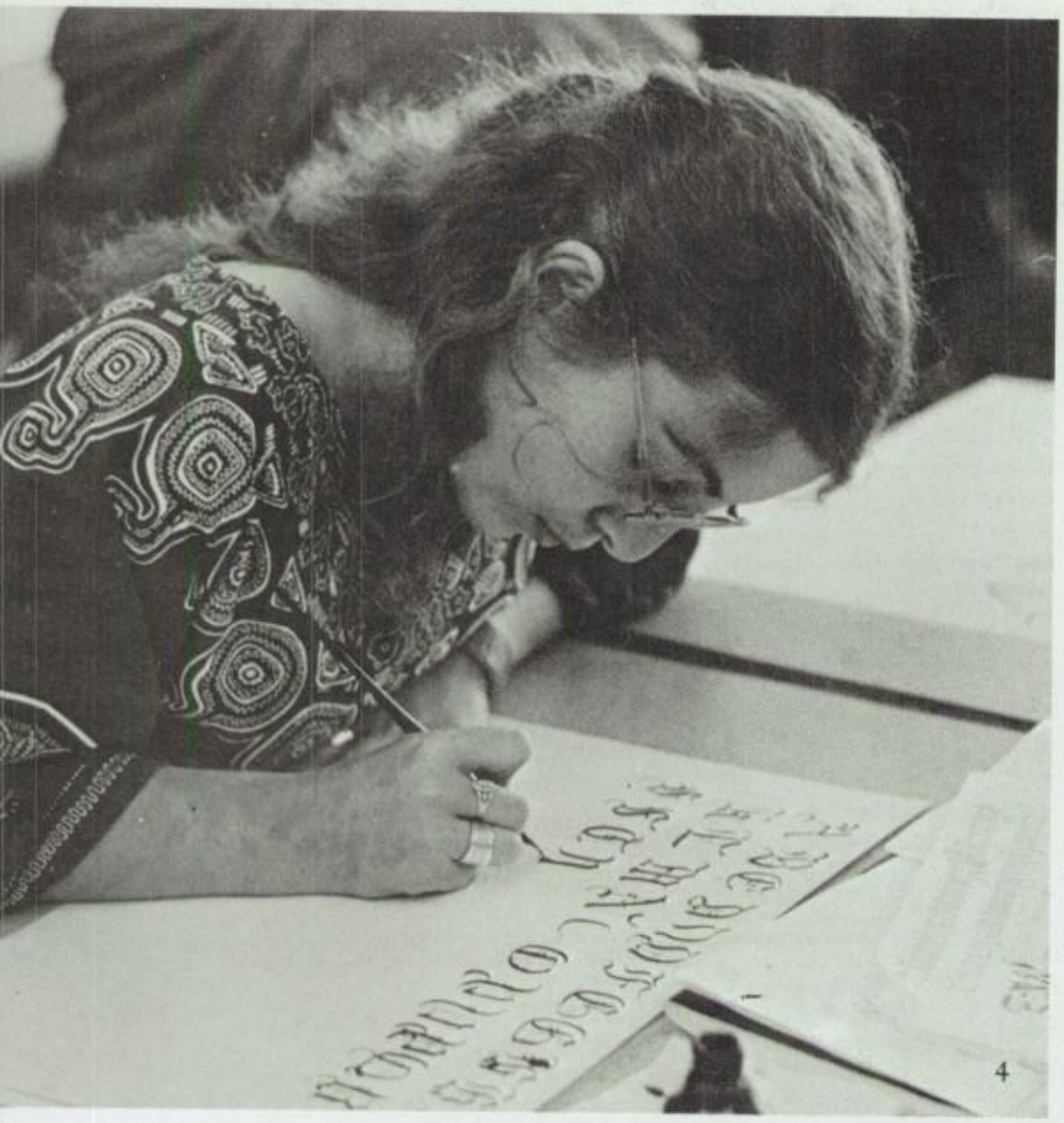
Jennifer Griffen

Hiroshi Gilland

James Gross

Seniors





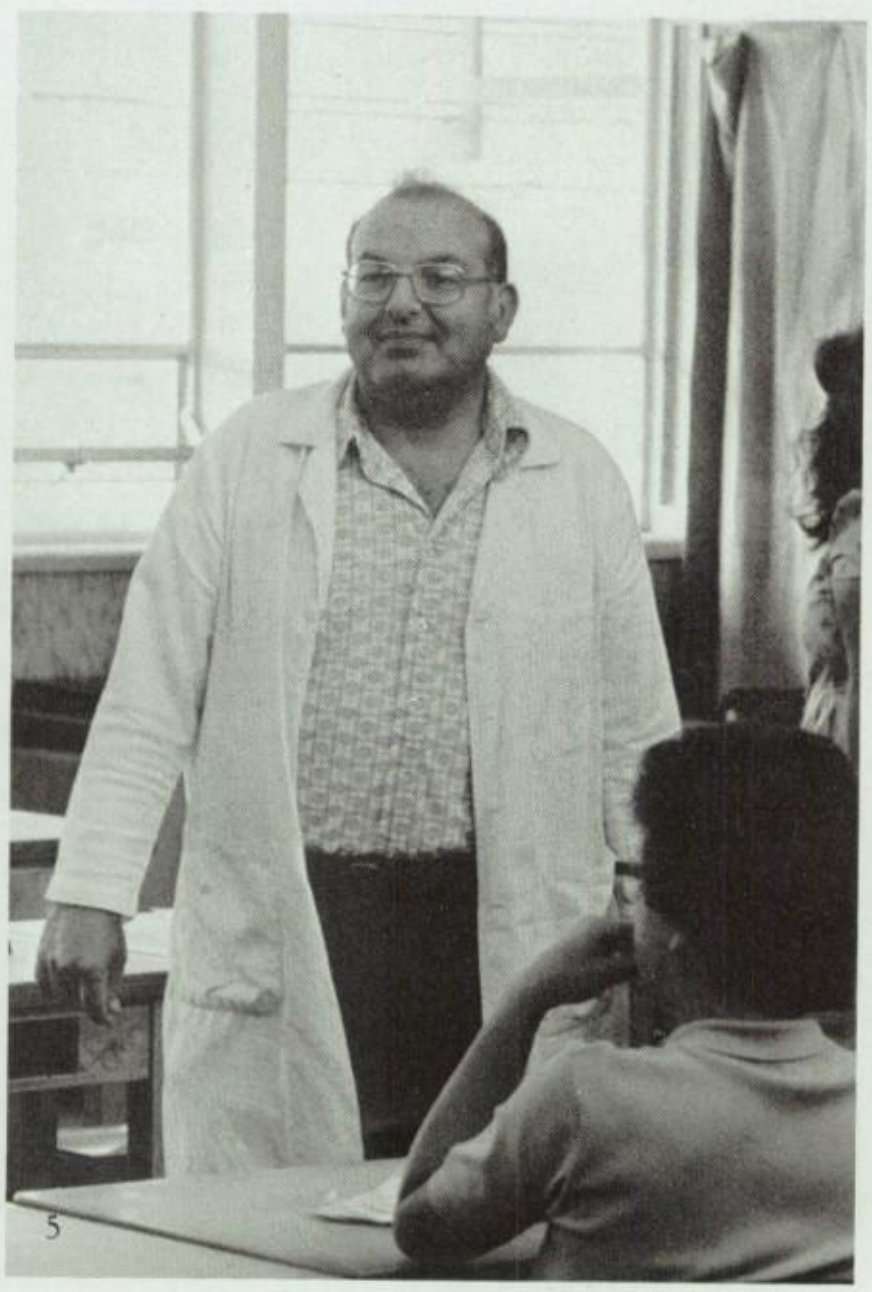
Students loathe semester finals

Twice each year, every student at Arroyo goes through a series of tests known as finals. January 22 and 23 and June 10 and 11 were finals.

Many students and teachers felt that finals were unfair. Senior Mischelle McMillan stated, "A lot of students had as many as two and three finals per day. It's ridiculous to believe that students can remember everything that they've learned the semester before."

Ms. Joyce Blume, an English teacher, commented, "classes such as chemistry and higher math need semester finals, but it is not always necessary to have them in every class." In some classes a poor performance on a final would insure a poor grade.

January 24 was a holiday for the students, but the teachers returned to average grades.



1. Debbie Olsen does some last minute cramming on the front lawn. 2. Students in Mrs. Betty Kozlowski's class concentrate on an algebra final. 3. After running the required five scenics, a student stops to take a breath. 4. Jenny Scott demonstrates lettering for her final in art class. 5. Mr. Nick Athos explains directions before the test.

GOODYEAR

Rowena Harvey conducts concert band

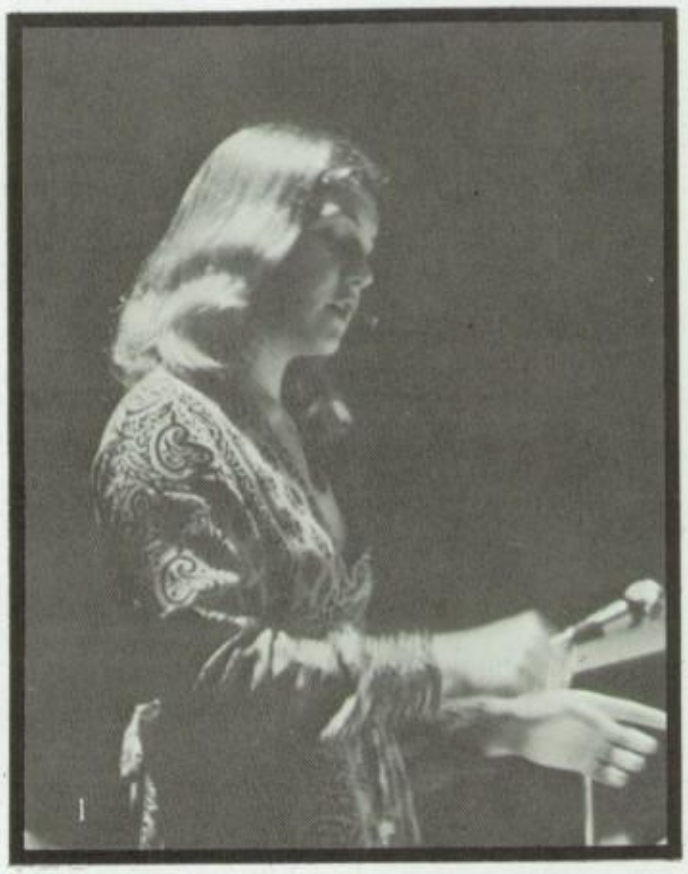
"It was a new experience because I hadn't done anything like this before," stated senior Rowena Harvey about conducting the concert band. "I was nervous at the beginning, but once I got into it, it was fun. I thought they played very well and I was happy."

"Rowena Harvey did an outstanding job of conducting the band in "Fantasy for Band." She worked weeks before, getting the band together for the concert," said Music Director Mr. Glenn Campbell.

The concert, held on February 27, began with members of the stage band appearing first. They played five pieces, "Pocahantas," "Reflections," "Ya Gotta Try," "Traces," and "Concert Score." Throughout the concert, numerous solos were performed.

The concert band followed the stage band after intermission. Their opening number was "Air for Band." Then the musicians performed four other selections, "Sounds of the Carpenters," "Overture in B Flat," "Washington Post March," and "Fantasy for Band."

Proceeds went towards sending the jazz band to Reno for a jazz competition.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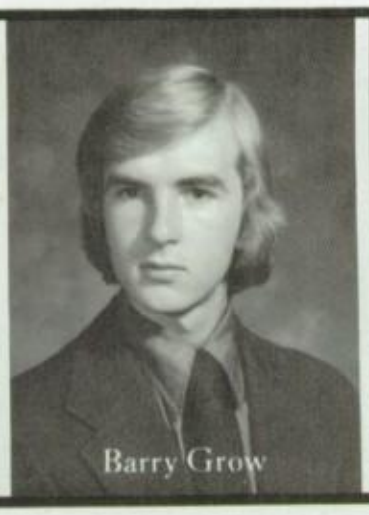
Seniors

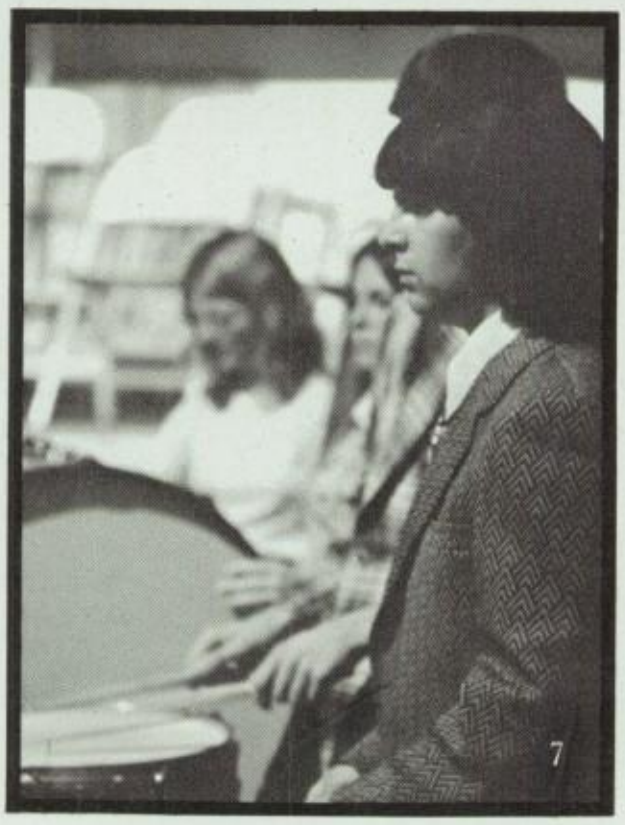
Carrie Grover


Barry Grow

[illegible] Gust

Raymond Guzman

Janet Hagen



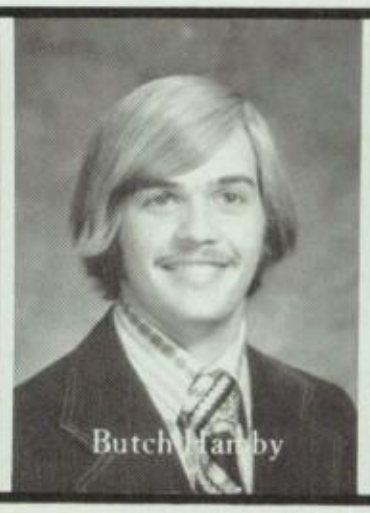
GOODYEAR

1. Rowena Harvey conducts Concert Band. 2. Stage Band accompanies Karen Salentine in "Traces." 3. Dan Kaufman plays saxaphone solo. 4. Dennis Lynn and Barry Grow play "Pocahontas." 5. Mark Bold pauses during "Overture in B Flat." 6. Barbara Chamblis plays alto clarinet in concert. 7. Mark Foglia keeps rhythm to music.

Shari Hague

Roy Hai[illegible]ht

Brett Hales



Butch Ha[illegible]by

Linda Hammond

Seniors

Free production draws crowds

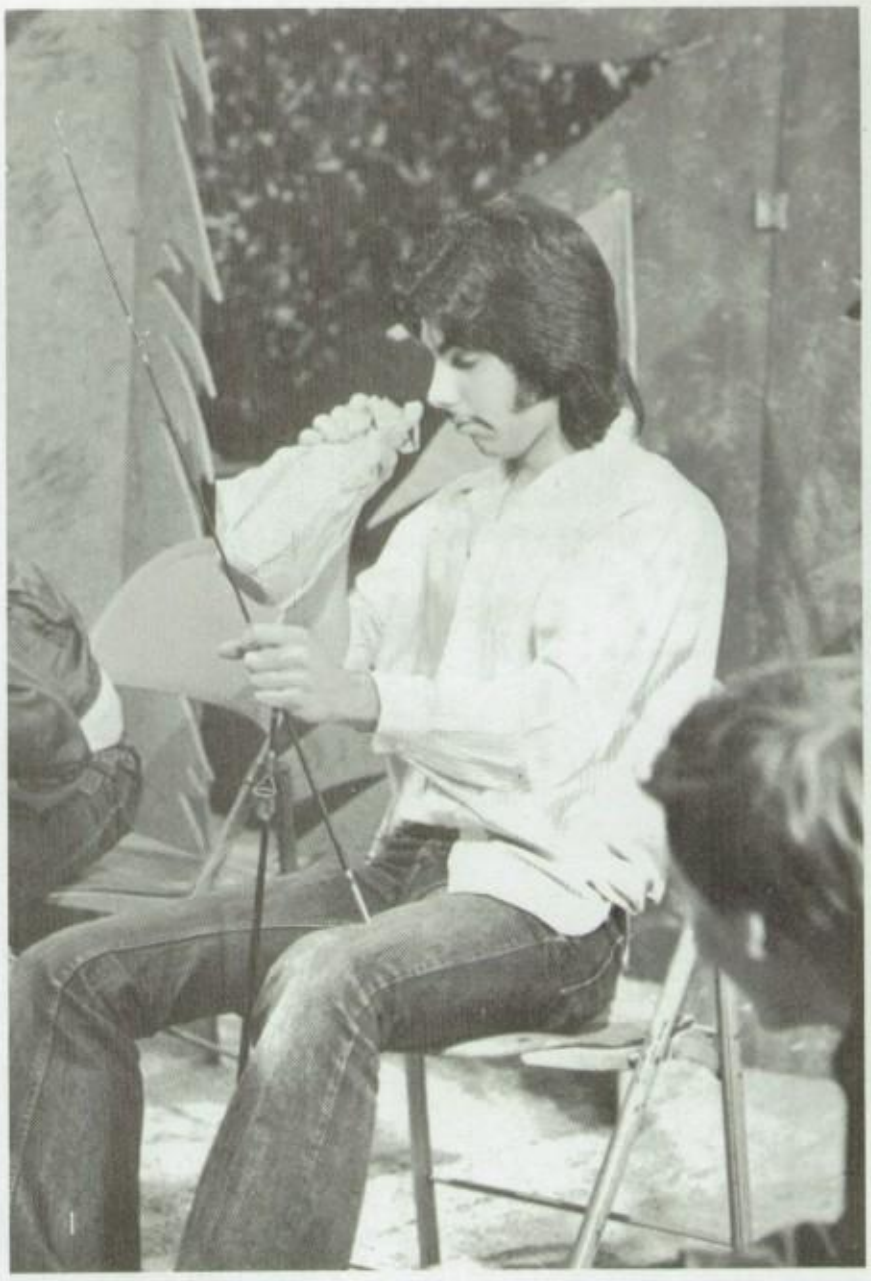
Over 100 people attended a one-night showing of three one-act plays.

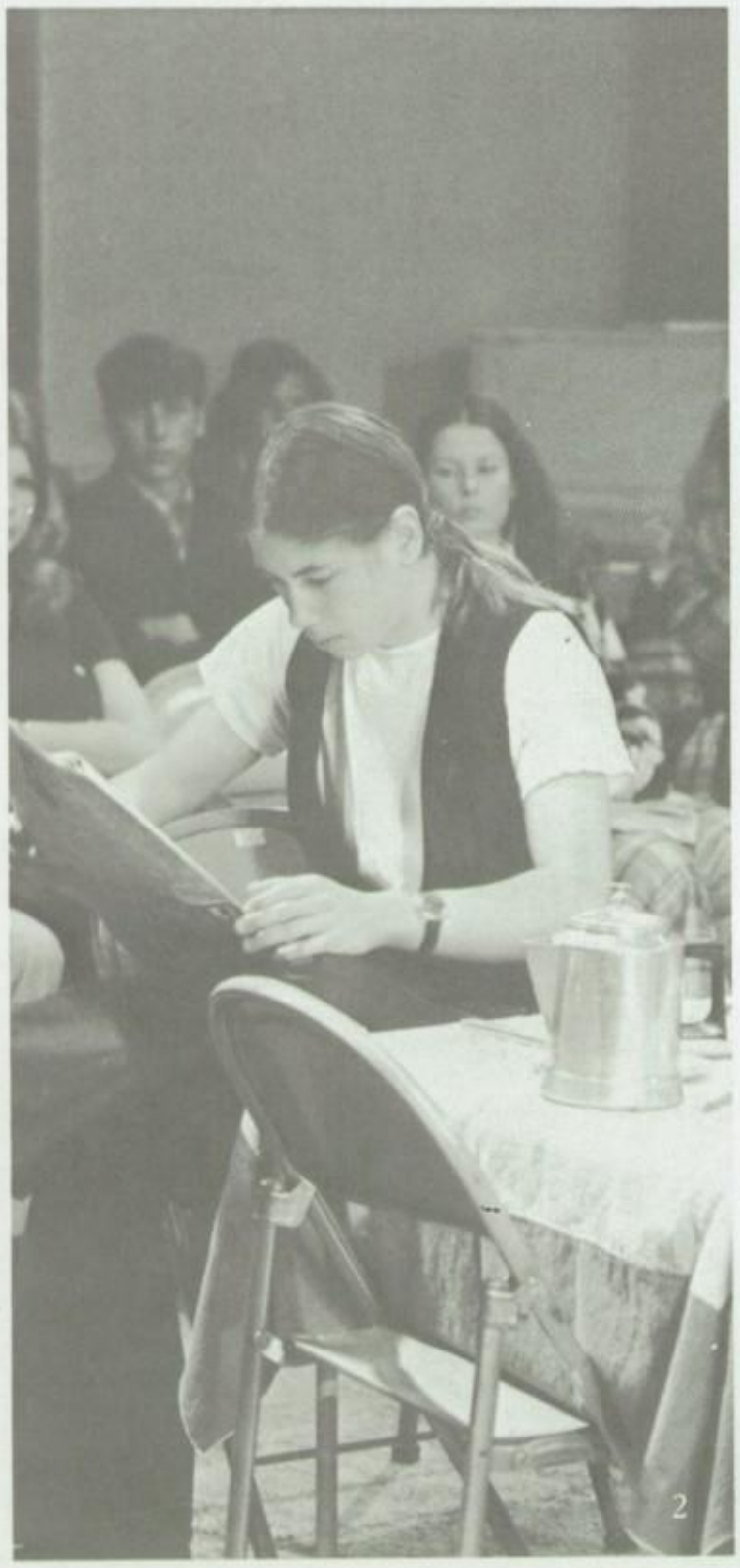
At 8:30, Mark Bold introduced the first act, "Here We Are," performed by Barry Lloyd and Marion Mangrum. The play was a short satire showing the nervousness of newlyweds.

Next on the agenda was "The Tridget of Griva," a comedy with no actual plot. Hank Nunes, Scott Favors, Tony Johnson, and Dennis Lynn portrayed four drunken fishermen.

"Fumed Oak" was the last act scheduled for the evening. It showed the life of an English family and its typical problems. Presenting this play were Mark Bold (Henry Grow), Rowena Harvey (Doris Grow), Barbara Neylan as their daughter, Elsie, and Jennifer Griffen as the mother-in-law, Mrs. Rockett.

A second showing of these plays were performed for the English classes on Tuesday, March 11.





1. Hank Nunes examines the contents of his "bottle." 2. Mark Bold portrays a typical husband reading the newspaper during breakfast. 3. Rowena Harvey and Mark Bold argue over the quality of the food as Barbara Neylan and Jennifer Griffen watch. 4. Wayne Ward makes an entrance before the performance starts. 5. Mark Bold, Rowena Harvey, Barbara Neylan, and Jennifer Griffen take a bow. 6. Tony Johnson and Hank Nunes fix their poles as Scott Favors inspects his hat. 7. Intoxicated Dennis Lynn makes conversation with Tony Johnson and Scott Favors.

GOODYEAR

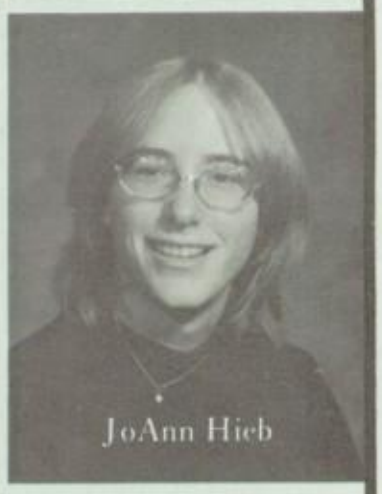
Donna Hand

Dawn Heath

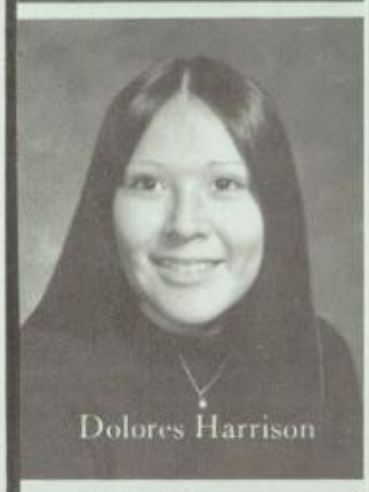
Loreen Harper

Elaine Herrera

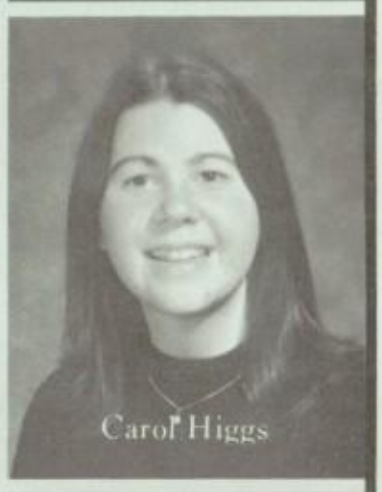
Eloise Harris



JoAnn Hieb



Dolores Harrison



Carol Higgs

Rowena Harvey

Edwin Hall

Seniors

School mourns coach's death

It started off as a usual Arroyo baseball season. The Don's varsity was off to a 2-0 start before the annual Easter Baseball Tournament came up. Surprisingly enough, the Dons lost two of the first games and were eliminated from the tourney.

The following day, word got back to the players and the community that Coach Verl Thornock died of a heart attack at his ranch in Sacramento.

The atmosphere here was that of shock and disbelief. The man was a community legend and, above all, loved the younger generation. He was a man who did everything he could to promote education and sports. He obviously loved the sport of baseball and he loved the boys who played it.

As a baseball coach, Thornock compiled an amazing 281-51 lifetime record (over 20 years). It's true that most people knew him as a baseball coach, but he was also a very successful football and basketball coach. He was a perfectionist in all that he did. His records prove this point. In Idaho, Thornock coached football from 1948-1954 and compiled a 71-18 record. He also coached basketball there, at Belmont High School, and at Arroyo. Thornock even coached softball for two years. In 1948 and 1949, he coached two national Veterans of Foreign Wars Softball Championships.

In 15 years at Arroyo, Thornock's records will never be surpassed. His team won 13 batting titles and finished second twice. Thornock's teams won the HAAL league title six times, finished second six times, and third twice. The only year the Dons finished worse than third was in 1971. Thornock didn't coach that year because of open heart surgery.

Many times before and after his operation, Thornock's doctors told him to slow down, but Thornock couldn't give up something he loved so much—even if it meant his life. Thornock's wife, Erna, knew that sooner or later baseball would kill her husband, but she also knew that if he were not involved in the sport he loved, that would kill him too.

For all of us here, his death was much too soon.

Seniors

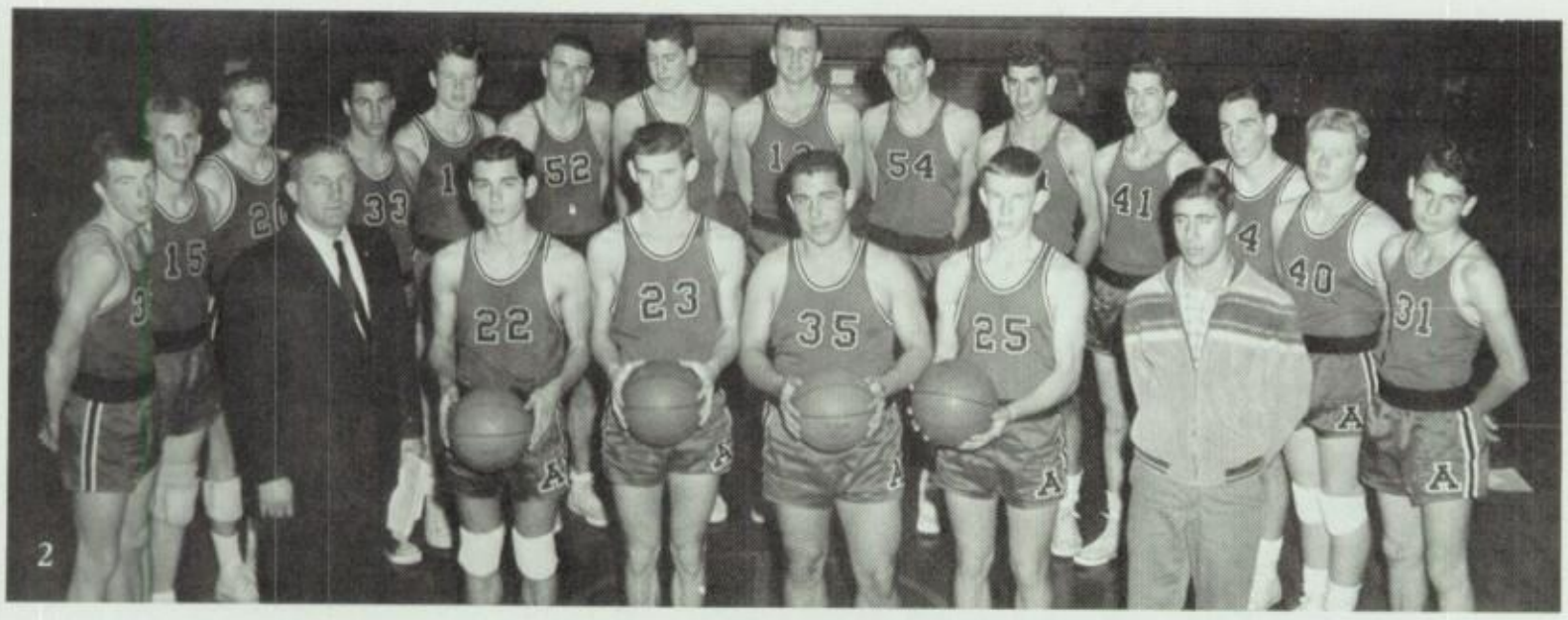
Larry Himenes

Kevin Hobbs

Judy Holgate

Larry Homer

Sue Hooper



1. Coach Verl M. Thornock. 2. Hayward Area Athletic League Junior Varsity Basketball Champions, 1960-1961: Coach Thornock, Bob Star, Jerry Grimes, Rick Hauck, Jack Mutten, Eddie Jesus. Row Two: Craig Henderson, Bill Windbigler, Gary Veuve, Stan Perry, Al Winfield, Pat McCaskey, Lee Marano, Ted Chinn, Mike McMahan, Jeff Reposa, Stan Myers, Kim Knowlden, Mike Hilton, and Floyd Godwin. 3. 1969 HAAL and TOC Champions: Jim Mahaney, Chris Landers, Bob Fierro, Phil Aguirre, Mark Jensen, Eric Drew. Row Two: Earl Fohl, Walt Curlett, Tom Renville, Cal Honda, Bob Scott, John August, Dan McCaughin, Mike Stoner. Row Three: Coach Thornock, Marshall Field, Jim Kuhns, Ken Scott, Bill Armstrong, Bill Lewis, Bill August, Jarel Sklinchar, Mike Alaniz.

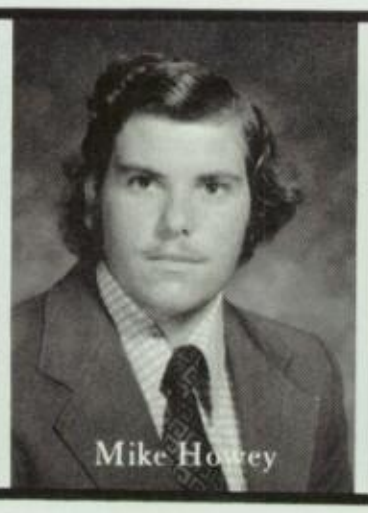
GOODYEAR

Lifetime record: 281-51
Football record: 71-18 (Idaho)
2 National Softball Championships (1948-49)

6 HAAL Crowns
13 HAAL Batting Titles
1 Tournament of Champions Crown

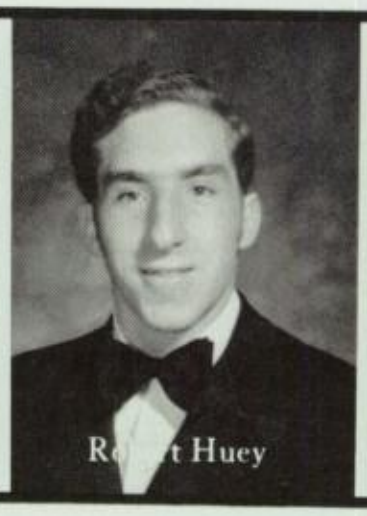
Seniors

Jim Hoos



Mike Howey

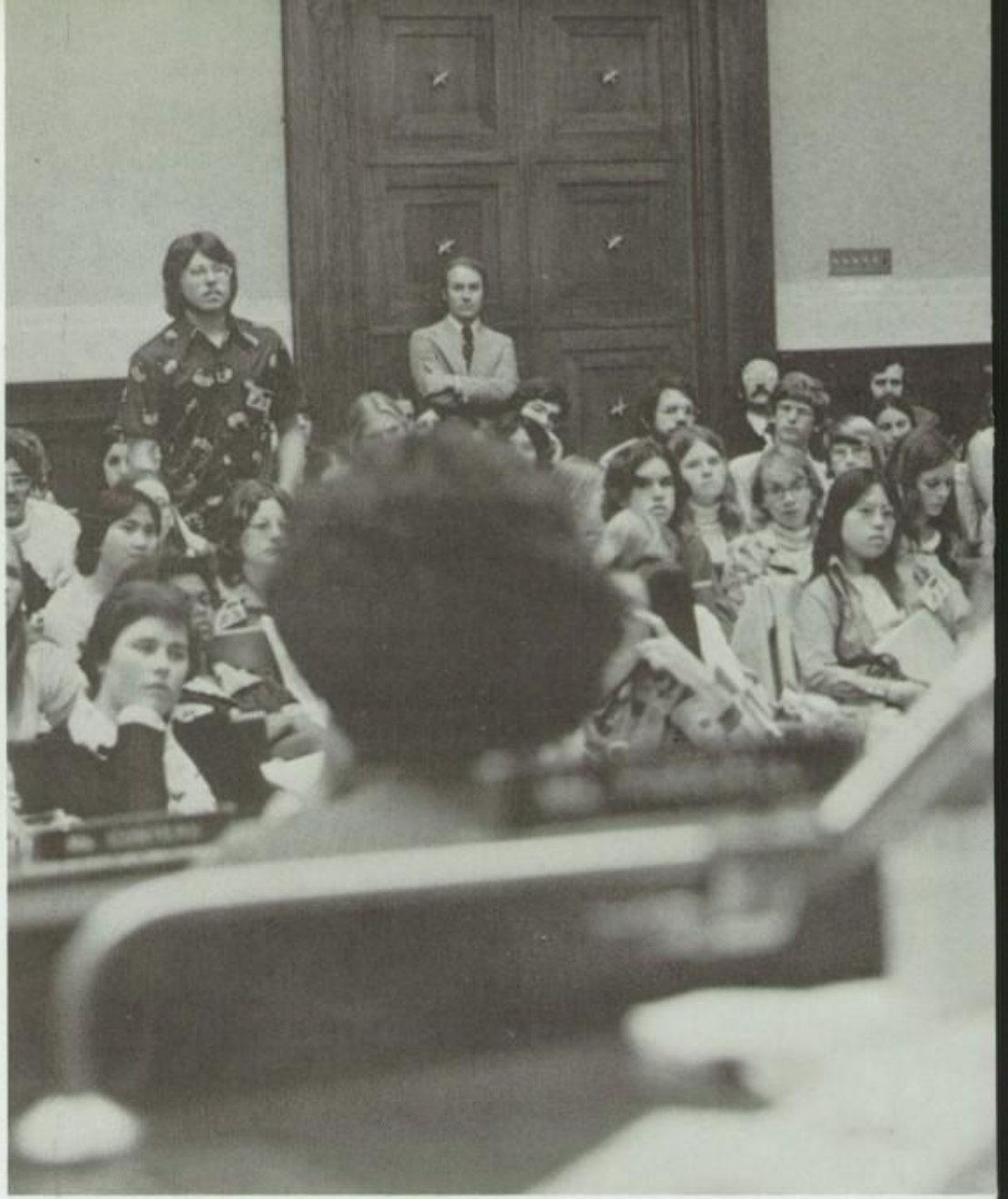
Kristina Hubbard



Robert Huey

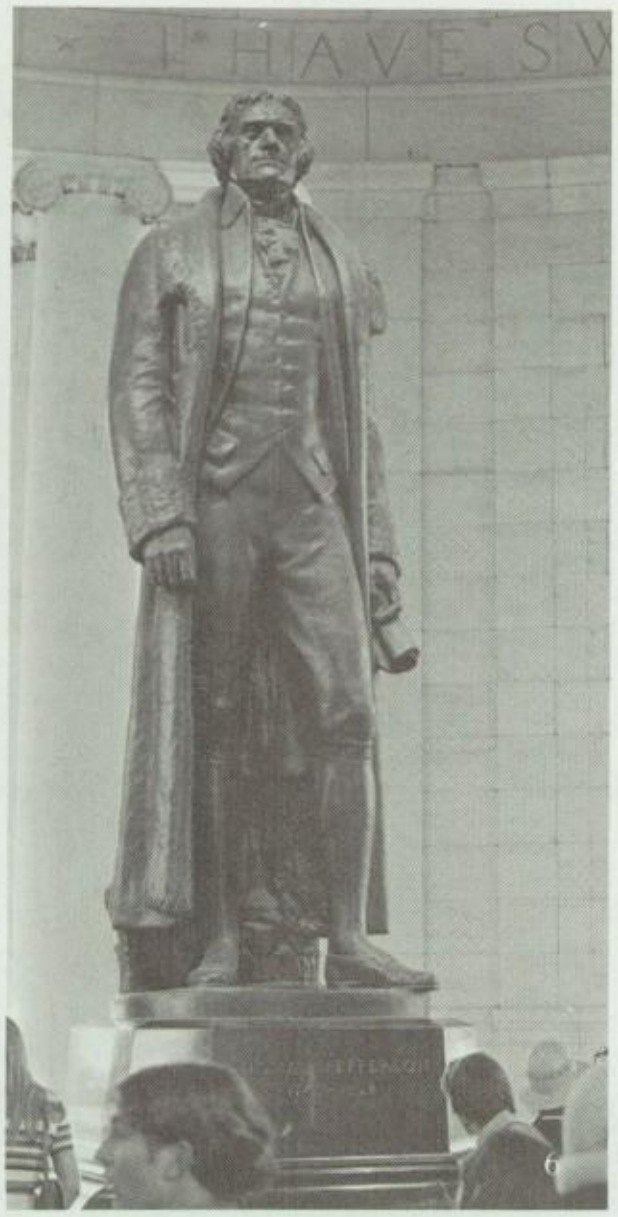
Kreg Humburg

Seniors



1. Student Body President Steve Vilas questions Congressman Pete Stark during seminar. 2. Nancy Singleton frisks Scott Pimley in front of famous Watergate building. 3. Kathy Loncarich, Kathy Amos and Sandy Warren await arrival of bus. 4. Nancy Singleton and advisor Vicki Bissell stand on Capitol steps. 5. Our nation's Capitol. 6. Thomas Jefferson Memorial: one of the many sights Close-up students saw in Washington, D.C.

1



6

12 students visit nation's Capitol

Twleve Arroyo students visited Washington D.C. this year as part of the Close-up Program May 4-10.

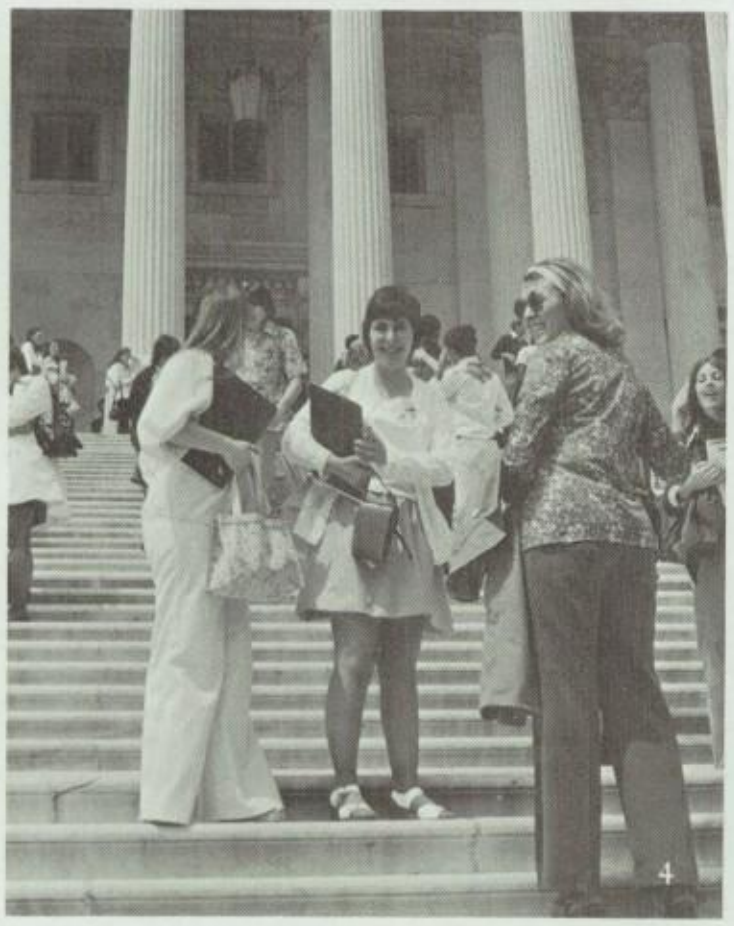
Close-up was an organization which strived to give high school students a first-hand look at the United States' government.

Those attending Congressional session and luncheons were Sandy Alejo, Kathy Amos, Karen Jacobsen, Corey Leal, Lincoln Litov, Kathy Loncarich, Scott Pimley, Roxanne Roussel, Nancy Singleton, Frank Tapia, Steve Vilas, and Sandra Warren. Adviser for the group was social science area chairperson Vicki Bissell.

In order to attend the Close-up sessions, students sponsored raffles and sold tickets to a Kiwanis Club pancake breakfast. Area businessmen also donated financial support to the group.

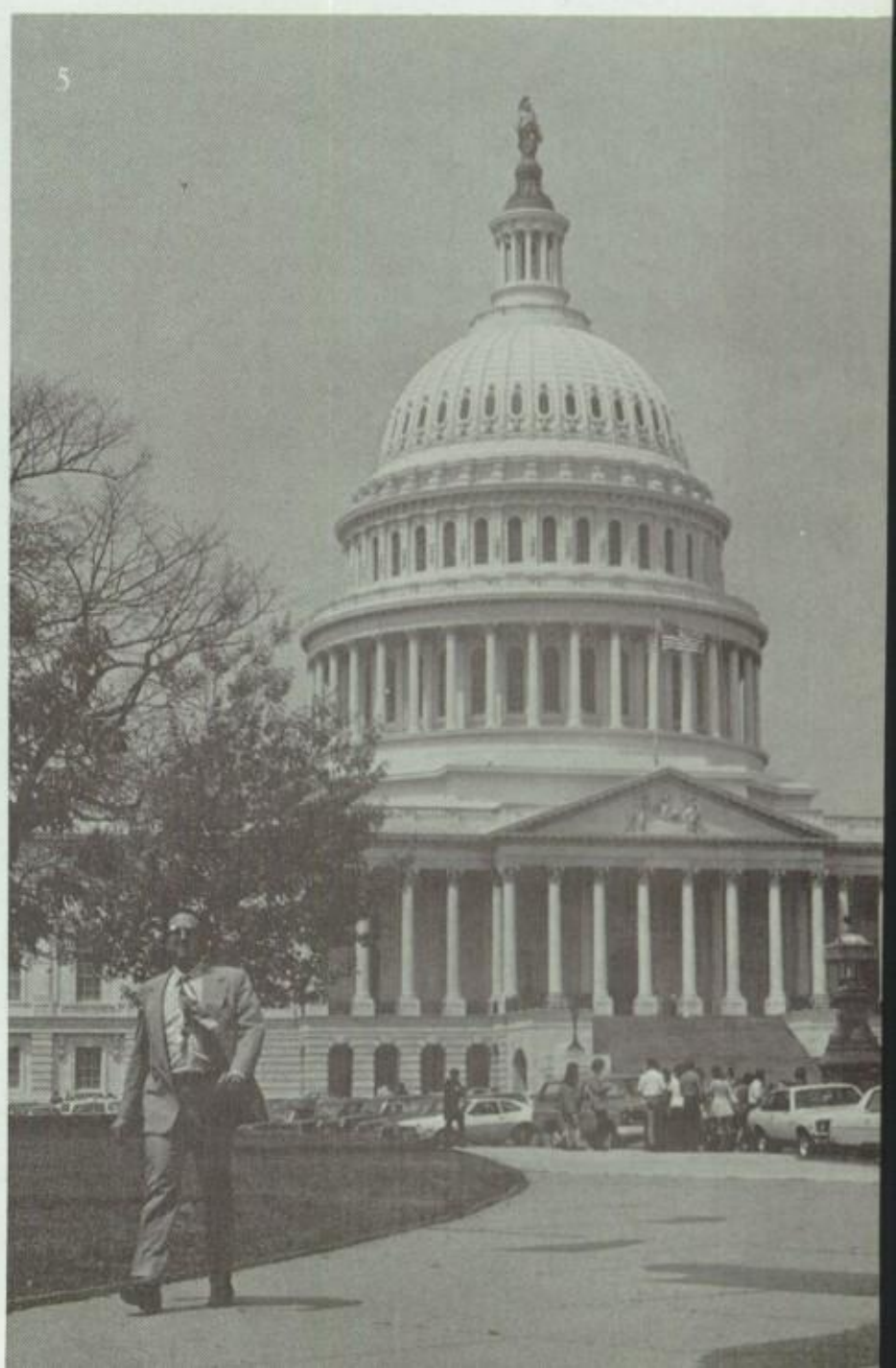
While in the nation's capitol, the Arroyo contingent stayed at the Sheraton Park Hotel, visited the White House, Pentagon, State Department, and both houses of Congress. Highlighting the visit were sessions with area Congressmen Pete Stark and Don Edwards and with California Senator Alan Cranston.

3



4

GOODYEAR



5

7 foreign exchange students visit Arroyo

Seven Youth for Understanding exchange students visited Arroyo this year.

Among the visitors were Willem Verkist from Brakel, West Germany; Nils-Eric Gustaffson from Sweden; Martin Beiro and Ana Lucia Barros both from Brazil; Rosa Figueroa-Lopez from Acapulco, Mexico; Monique Benabou from France; and Pia Aura from Finland.

"The people at Arroyo are great," stated Willem Verkist. He enjoyed going to Arroyo because it gave him an opportunity to experience a different school system.

Rosa Figueroa-Lopez was involved in the girls' sports program at Arroyo. She was on the GRA softball team, played every position well, but concentrated mainly on pitching.

Martin Beiro was also involved in sports at Arroyo. He was an active member of the swim team.

"I like Arroyo very much, but you really can't get to know some of the people because you're always changing classes," stated Nils-Eric Gustaffsson. "In Sweden, you usually have the same people in all of your classes while the teachers change. Therefore, you can see and get to know the people better."

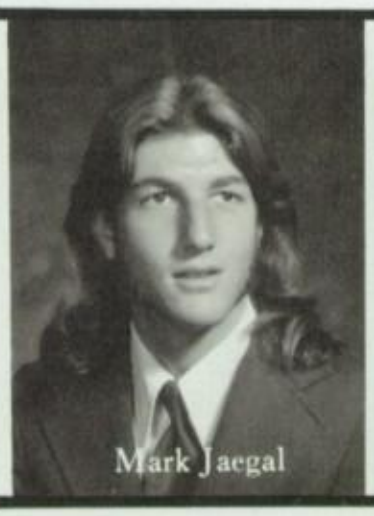
Pia Aura lived with the Amos family while attending Arroyo. She stated, "I like Arroyo, but it gets boring because you have the same classes every day, in the same order." Pia attended a Swedish school in Finland and has the same curriculum as Nils. They both said that the school systems in Sweden and Arroyo's are totally different classes and not each subject is taught every day.

Ana Lucia Barros stated, "Being here as an exchange student is a great experience to me because I'm learning about other people and myself. I enjoy going to Arroyo but it's hard to make friends because you're always changing classes instead of the students."

Monique Benabou was at Arroyo for two-thirds of the school year. She edited the editorial page of the DRY GULCH GAZETTE and ran for homecoming queen. Monique was a member of the queen's court.

GOODYEAR

Seniors

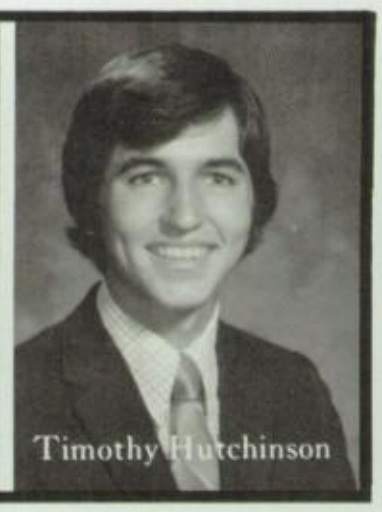


Mark Jaegal

Janis Jackson

Karen Jacobsen

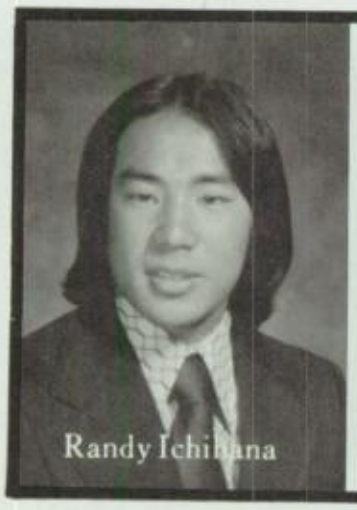
Kathryn Hunter



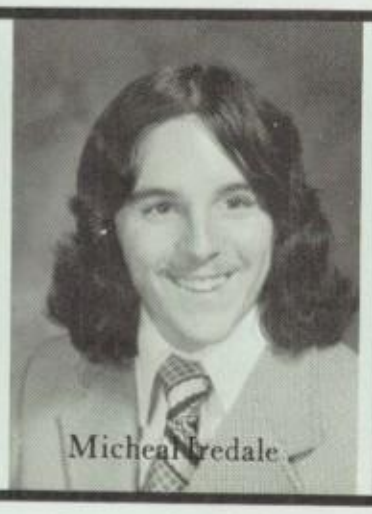
Timothy Hutchinson

1. Jackie Malon, Ana Lucia Barros, and Mark Bold practice skit in drama. 2. Rosa Lopez pitches in girls' softball game. 3. Nils-Erik Gustafsson turns to talk to social studies student. 4. Max Berendson explains physics problem to Willem Verkist. 5. Student Body President Steve Vilas introduces some of Arroyo's foreign exchange students; Monique Benabou, Rosa Lopez, Pia Aura, Chris Lihammer, and Nils-Erik Gustafsson. 6. Tim Grebe and Martin Beiro work together on assignment.

Seniors


Randy Ichihana

Louie Iniguez


Michael Iredale

Dolly Ironside

Robbie Isam

1. Cindy Bohac and Larry Cosby relax and enjoy the music. 2. Dean of Girls, Ms. Joanne Knowles and Head Counselor, Mr. Ben Faulman dance in a different style. 3. As the evening grows late, Sherril Metcalf falls asleep on Kevin Harris' shoulder. 4. Queen candidates and their escorts are excited as Carrie Grover receives the crown and red roses. 5. Gary Findley and Tina Weise enjoy a quiet moment together. 6. Darryl Angelo and date dance to the music of the "X-pressions." 7. Julie Adams and Ray Reel talk to other couples at the table.

Goodman Hall is site for 1975 ball

Jack London Square's Goodman Hall was the site of the 1975 graduating class' Senior Ball. Over 150 couples attended the long awaited affair.

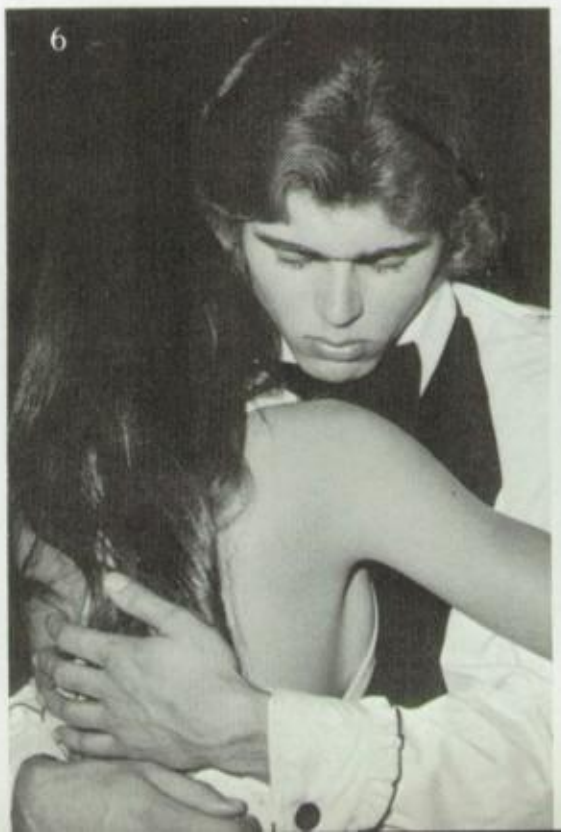
A local seven piece band, the "X-pressions," provided music for dancing and enjoyment throughout the evening.

In the outside hall, couples were asked to sign the guestbook by juniors Teri Gilmour and Bonnie McDowell and were escorted into the London Room by juniors Bob Brown, Rob Brown, and John Craney.

Early in the evening hors d'oeuvres of finger sandwiches, Swedish meatballs, and miniature weiners were displayed. Pink fruit punch was also served.

Couples posed before a pedestal of live assorted flowers while being photographed by Keith Cole.

GOODYEAR



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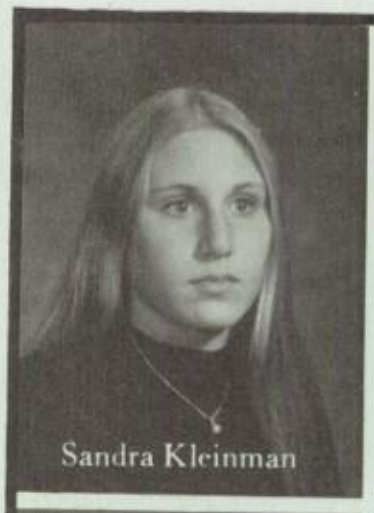
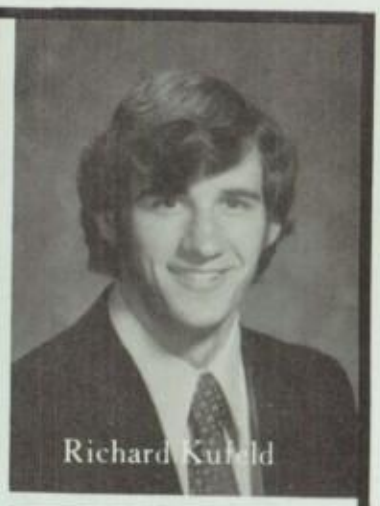
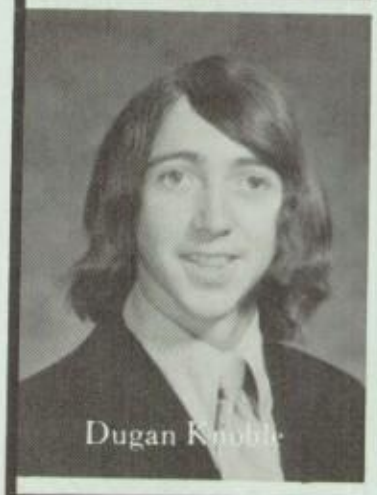


Sandra Kleinman

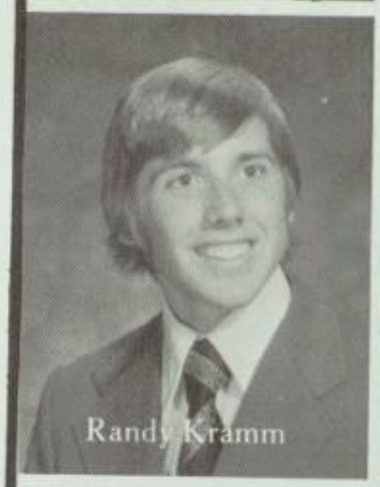


Richard Kufeld

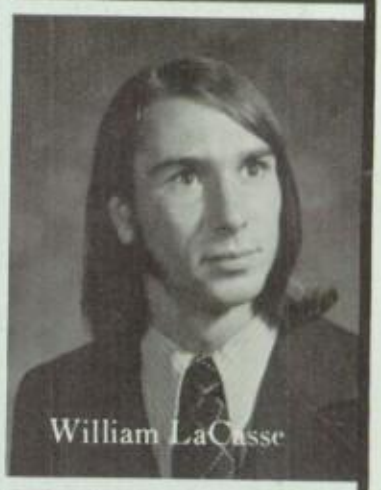


Dugan Knobile

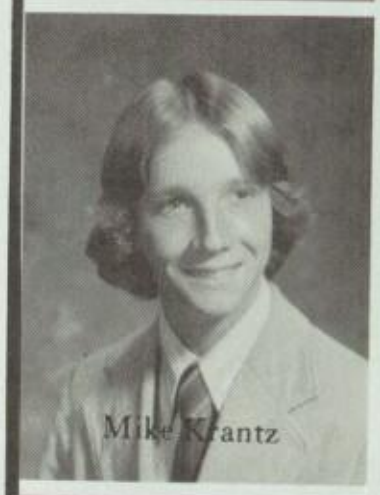
Denise Kushner



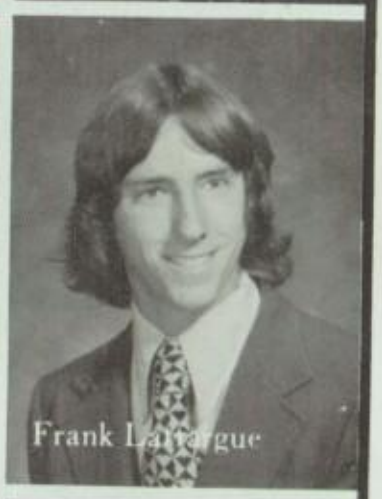
Randy Kramm



William LaCasse

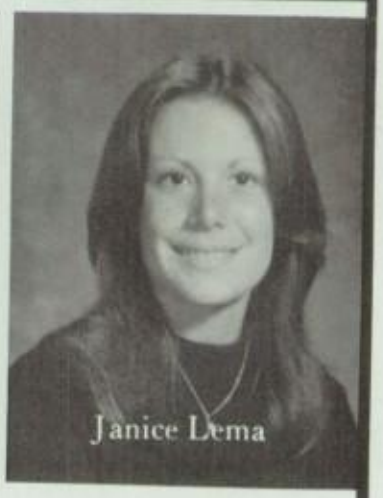


Mike Krantz



Frank Lafargue

Mike Kronenberger



Janice Lema

Seniors

Seniors

Saundra Levy

Beverly Lewis

Dean Lewis

Julie Lingor

Barry Lloyd

Grover selected '75 senior queen

Highlighting the evening at Jack London Square was the midnight announcement of the class queen.

Co-chairperson Yolanda Valerio called the attention of the ballroom and requested that the five finalists and their escorts approach the stage. There was a stillness in the room and Carrie Grover was announced and crowned the class of '75's senior queen. Her court consisted of Audrey Baca, Nina Currier, Ann Scott, and Susan Sherwood, first runner-up.

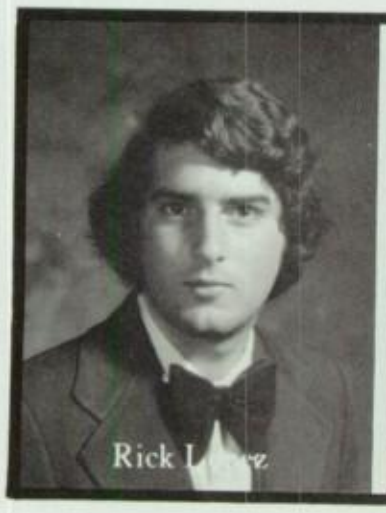
The queen and first runner-up received red roses and continued to dance and enjoy the remainder of the evening with their dates and classmates.

"X-pressions" provided the musical entertainment for the evening in Jack London Square.

1. Jim Rust and Sally Cole listen attentively to the introduction of the band members. 2. Couples enjoy dancing to the music of X-pressions. 3. Mary Chalifoux and Marty Newell relax in the coolness of the outside hall. 4. Janice Ullom, Mike Krantz, and Kathleen Wilson enjoy X-pressions. 5. Carlos Lucero and Jackie Nelson take time out from dancing. 6. Junior Teri Gilmour acts as official guestbook attendant for the evening.

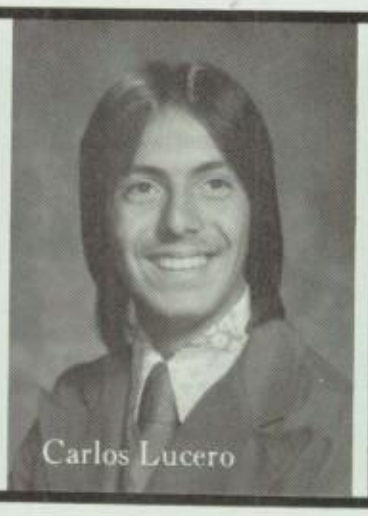
GOODYEAR

Seniors



Rick L[illegible]z

Karla Lowe



Carlos Lucero

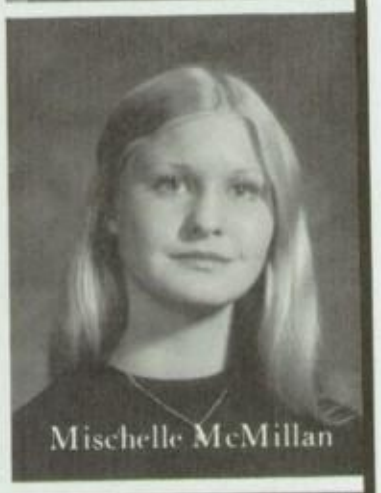
Lisa Lum

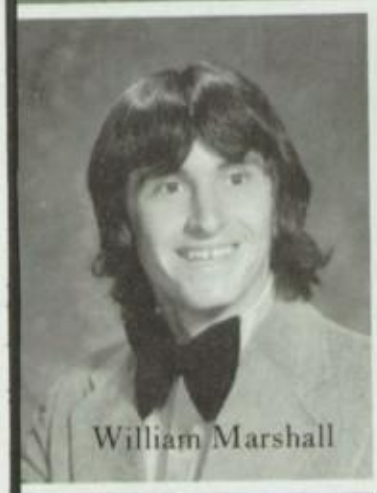
John Lutz

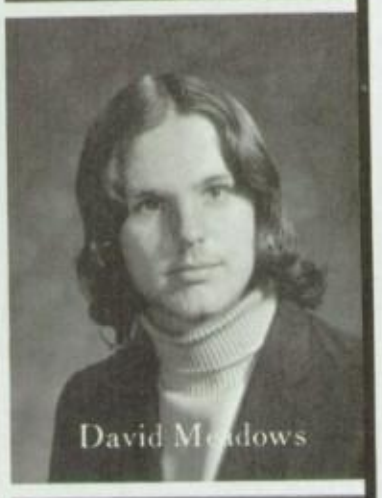
Marion Mangrum

Kerry McElroy

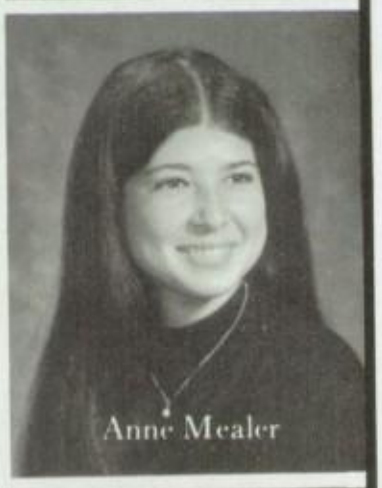
Scott Marlin


Mischelle McMillan

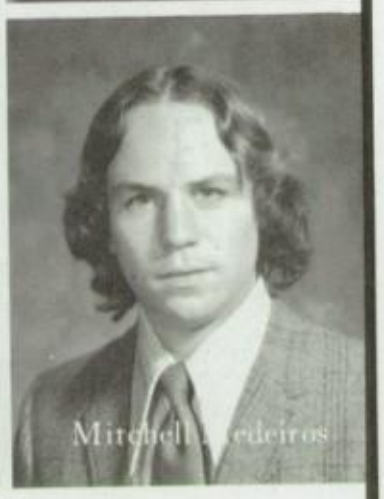

William Marshall


David Meadows

Mark Mattson


Anne Mealer

Sharon McCarthy


Mitchell Medeiros

Seniors

Steve Ray/Mary Ann
Biggest Flirts

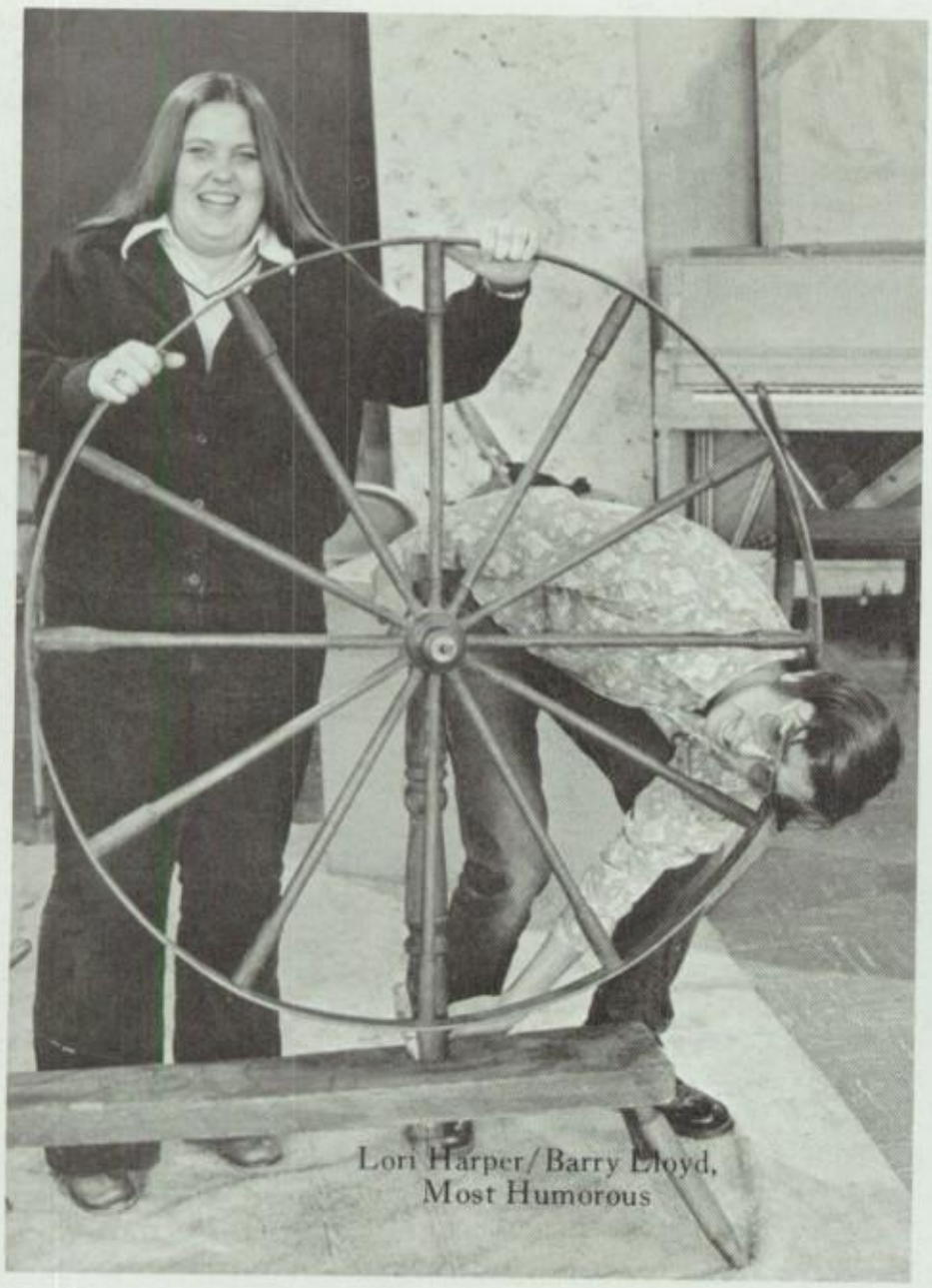
Rich Briggs,
Best Personalities

Steve Vilas/Rowena Harvey
Most Likely to Succeed

Class of '75 selects favorites

Keeping an Arroyo tradition, seniors chose favorites on February 3, 1975. Students voted in history class for the following categories, most athletic, most talented, most humorous, best personality, most likely to succeed, best looking and biggest flirt.

Nomination took place in senior class council a week prior to voting to let the students choose favorite classmates.



Lori Harper/Barry Lloyd, Most Humorous

Ellen Vallejo/Scott Carlsen, Most Athletic

Andy Cross/Audrey Baca, Best Looking

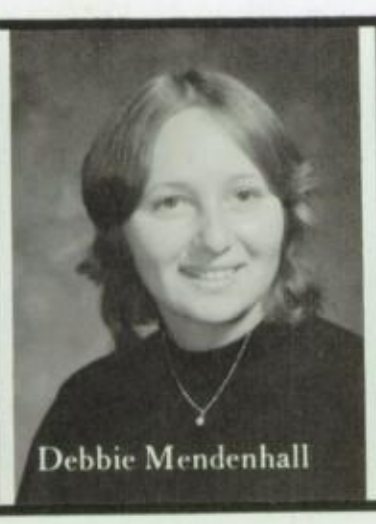
Barry Lloyd/Rowena Harvey, Most Talented

GOODYEAR

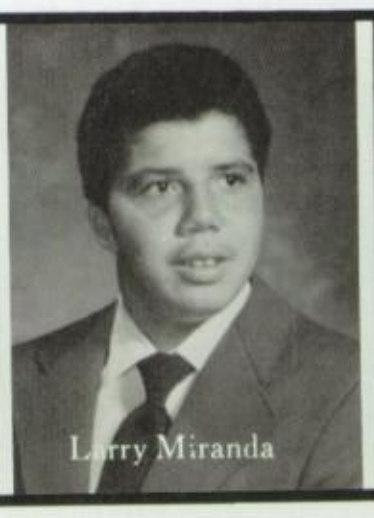
1. Don Bryant poses on the raised patio during lunch. 2. Fred Hansen and Company bid for Bryant. 3. Students assemble in cafeteria for annual slave sale. 4. Glenn Bell, Rei De-Lafiganiere, and John Dovovan clown around on the raised patio during lunch. 5. Rowena Harvey enjoys apple during lunch on the raised patio with a teddy-bear. 6. John Donovan, Jim Currey, and Glenn Bell perform for their masters at lunch.

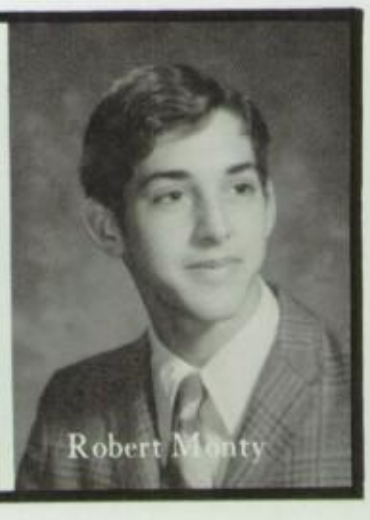
Seniors

Cynthia Mejia


Debbie Mendenhall

Sherrill Metcalf


Larry Miranda


Robert Monty

Mr. Hansen, student group raise $97, buy tennis star

Senior Don Bryant was sold for a record-breaking $97 to chemistry teacher Fred Hansen and Company at the annual Senior Slave Sale held on April 23, 24, 25.

Friday, the twenty-fifth, the slaves performed faithful deeds for masters.

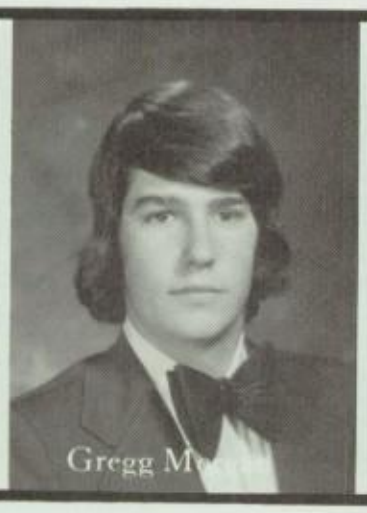
The class of '75 netted $220 to spend on end-of-the-year class activities.

Many students had slaves carry books, kneel in their master's presence, open doors and lockers, and run down hallways. Bryant modeled an outfit at lunch on the raised patio. Many slaves wore signs, such as Rei DeLaFiganiere's "I'm a sweetie from Tahiti."

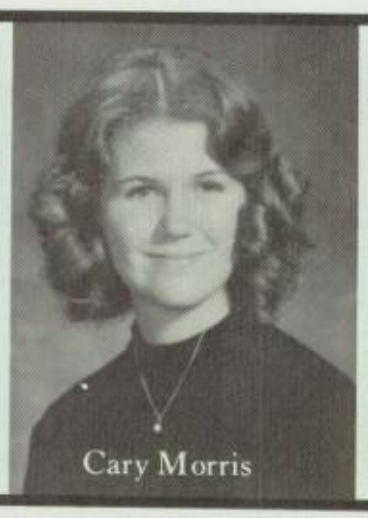
Fred Hansen stated, "I thought it was neat. This year's slave sale has been the three of the best days I've ever had at Arroyo, all of the students showed unity, spirit, and participation plus; at least $97.00 worth."

Seniors

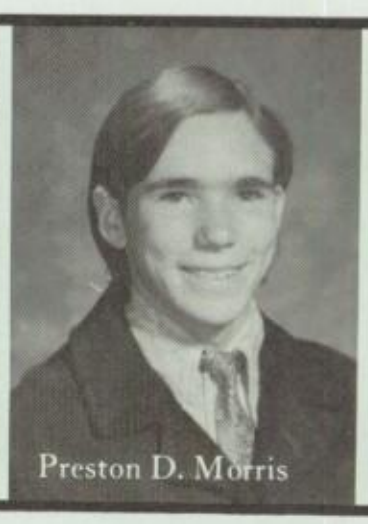
Frank Moose



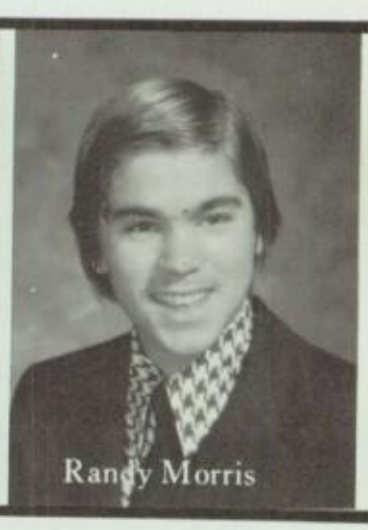
Gregg M



Cary Morris



Preston D. Morris



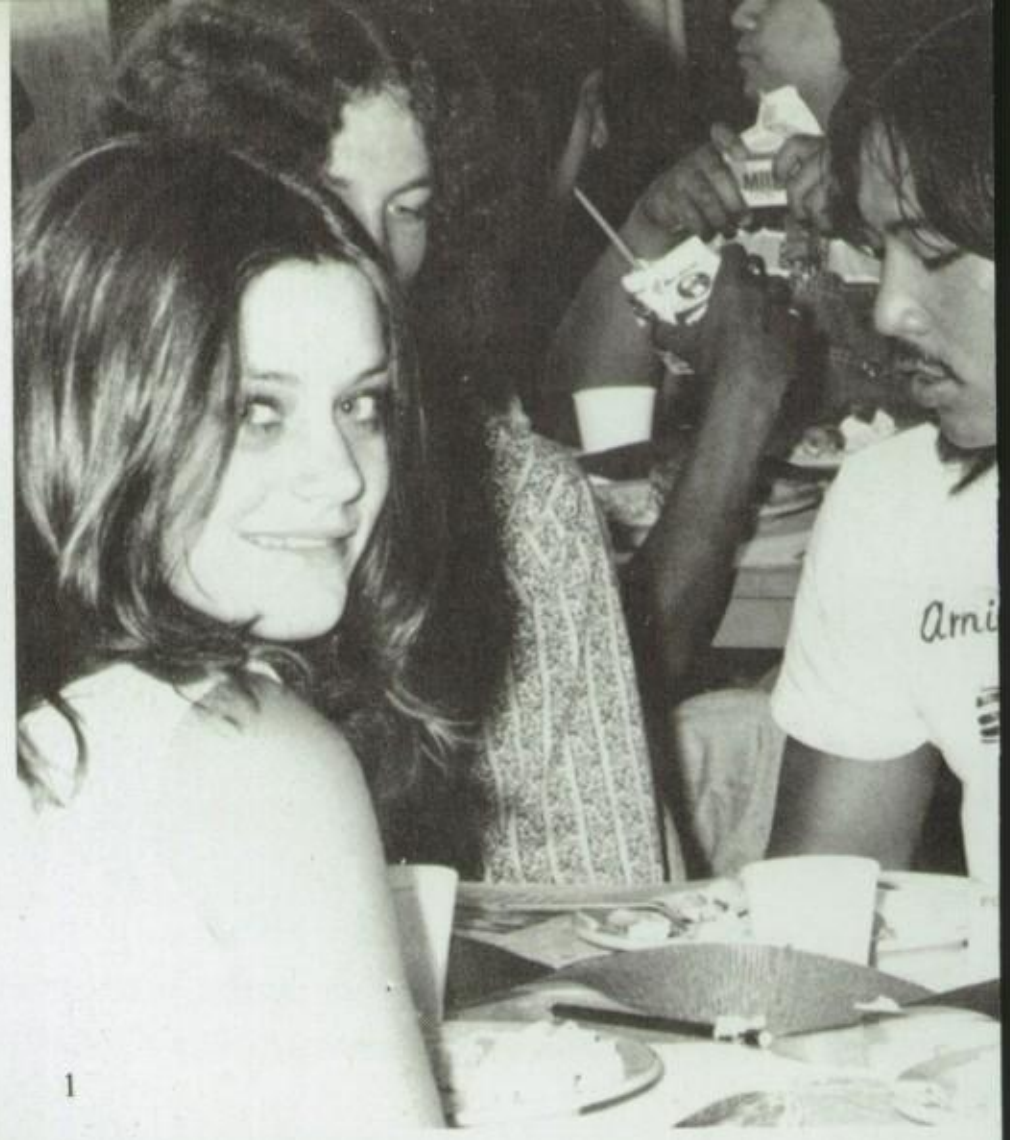
Randy Morris

Seniors brunch before rehearsal

Prior to graduation rehearsal, seniors congregated in the cafetorium for the senior brunch.

The traditional meal was prepared by the cafeteria staff and paid for by the class treasury. Scrambled eggs, hash browns, rolls, sausage, juice, and coffee were served.

Student chairperson for the brunch was Roxanne Roussel. Faculty advisor was Ms. Yvonne Birbeck.



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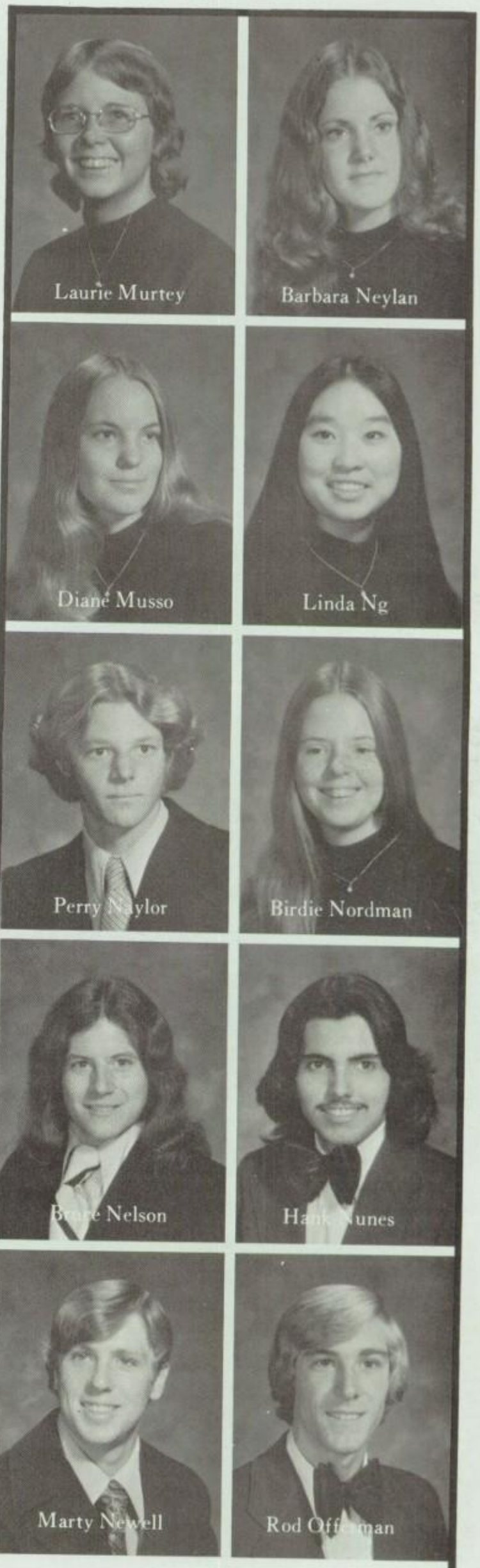
4

GOODYEAR

1. Carrie Grover, Denny Thornton, Randy Ichihana, and Mike Iredale converse after eating. 2. Kim Shofner serves Mary Emmons and Dawn Heath. 3. Advisor Gregg Shepard pins corsage on class president Rowena Harvey as Bev Lewis smiles. 4. Marion Mangrum and Tom Burritt enjoy conversation at breakfast. 5. Joanne Williams, Debbie Wales, and Bridget Rucker pause on their way out of cafetorium. 6. Class sponsors Gregg Shephard and Joyce Blume beam with surprise at gifts.



Seniors

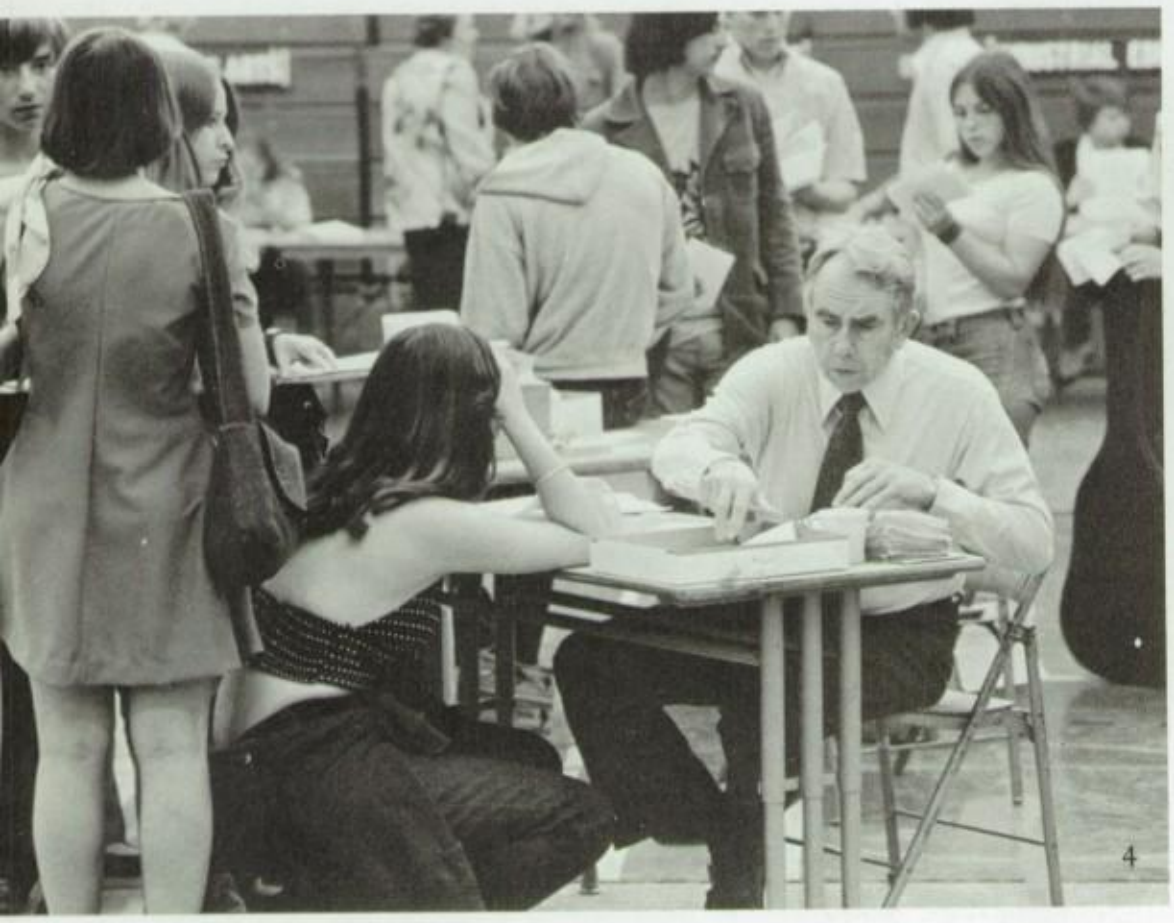
Students sign up for Fall classes

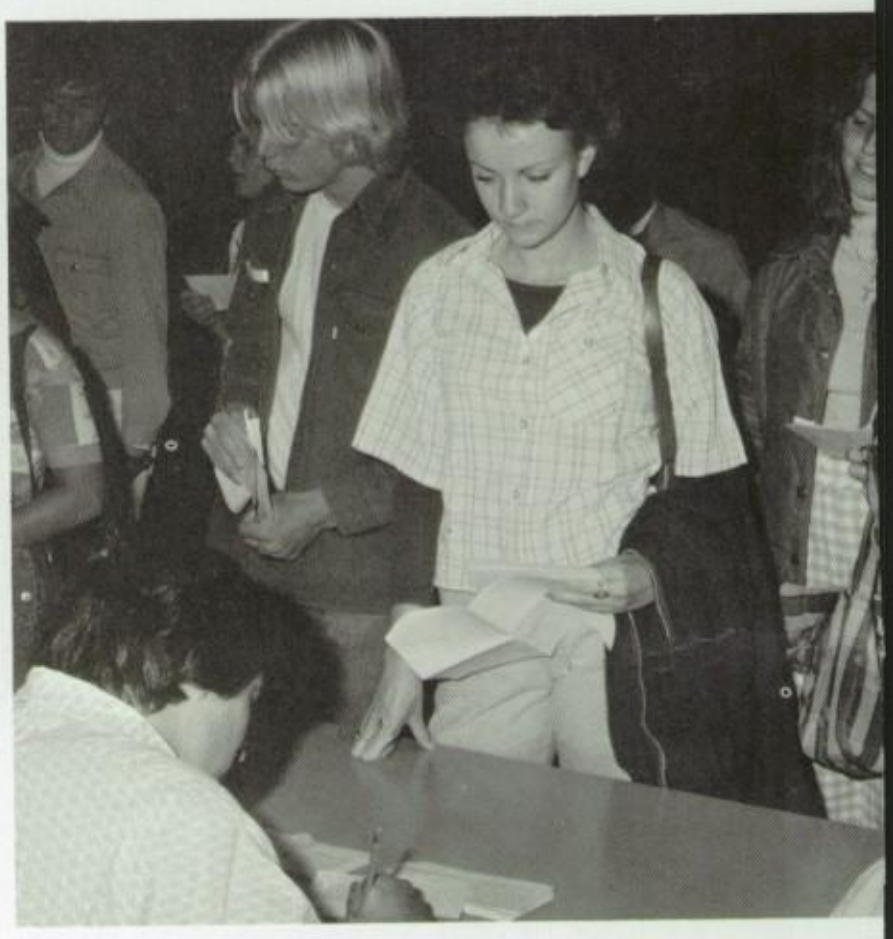
Confused students wandered through the gymnasium in May attempting to schedule classes for next fall.

Headed by counselors Jim Boynton, Norm Hanson, Beverly Smith, and Ben Faulman, the annual Mill-in was held May 20, 21, and 22. Students and counselors both had the usual problems of ironing out conflicts and finding classes for the new school year.

On hand this year to assist were social science area chairperson Vicki Bissell and English area chairman Richard Tandowsky. These two faculty members, with student help, aided the counselors in keeping tabs on next year's schedule and class size.

Freshmen milled on May 20; sophomores, May 21; and juniors, May 22.

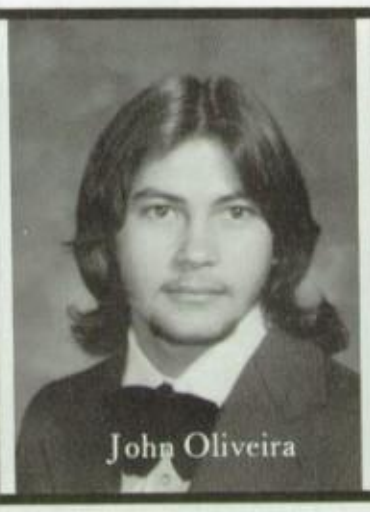




Seniors

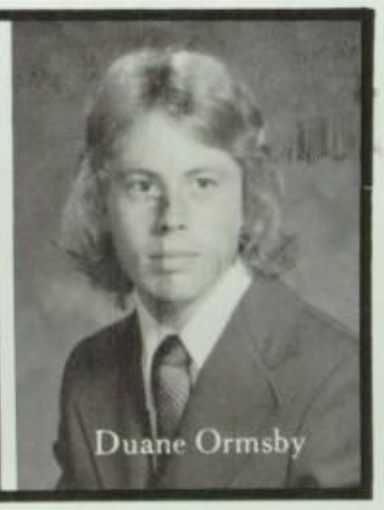
Gregory Okada

David Okelberry

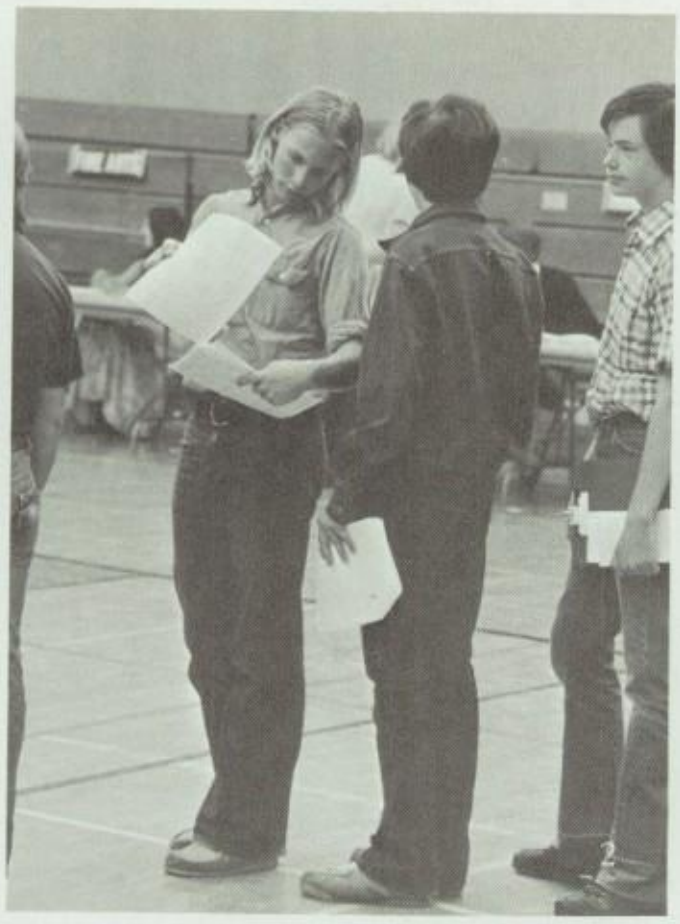


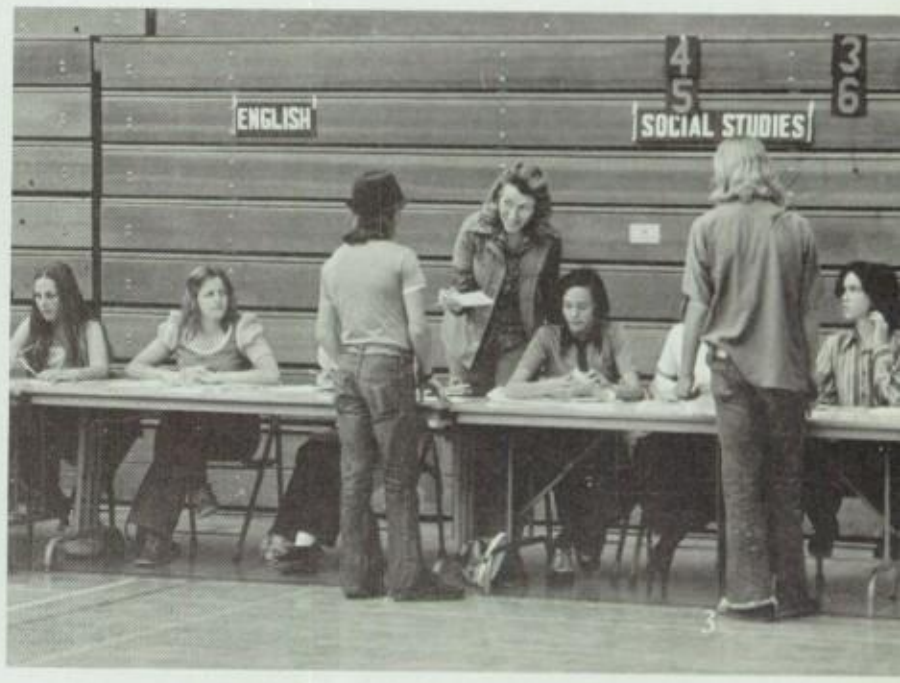
John Oliveira

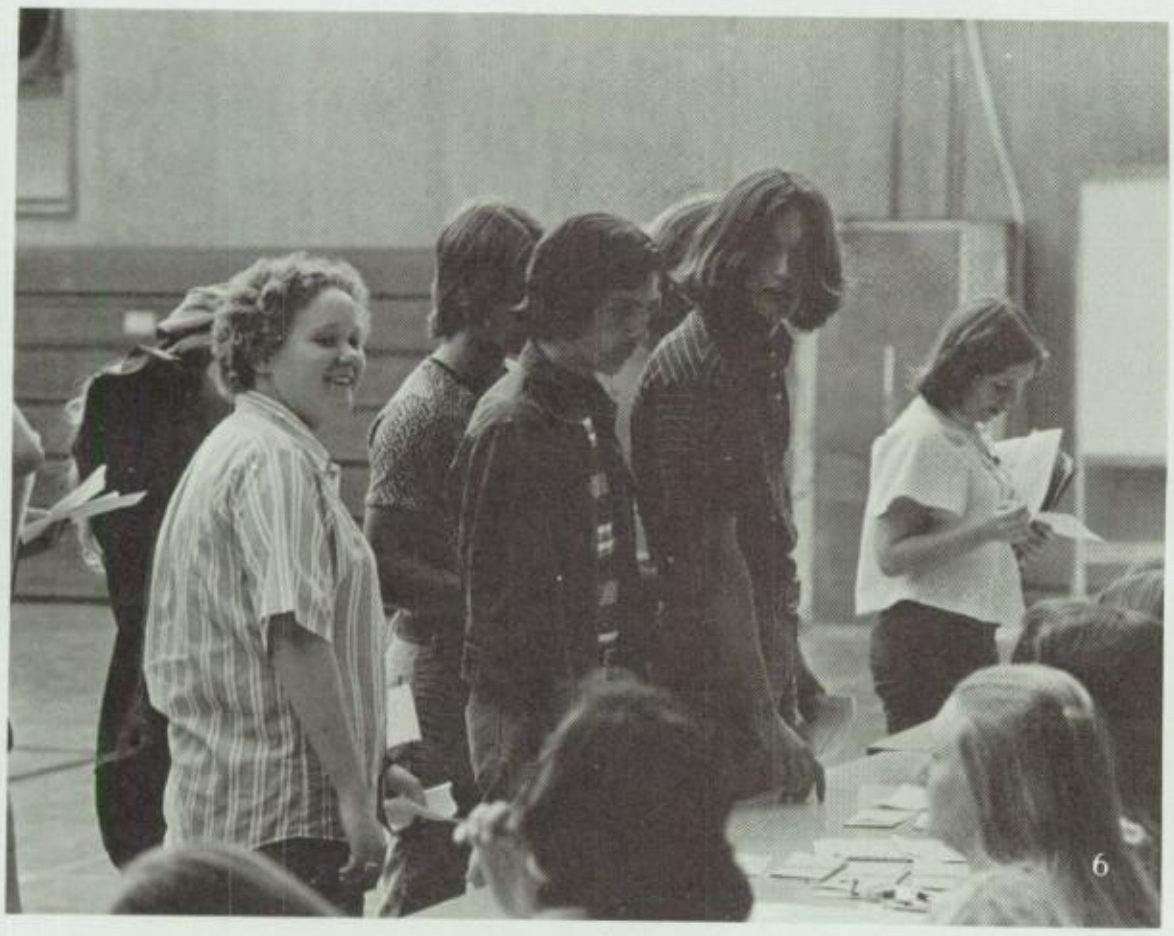
Deborah Olson



Duane Ormsby





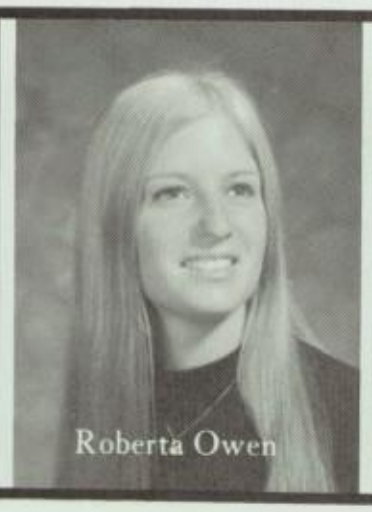


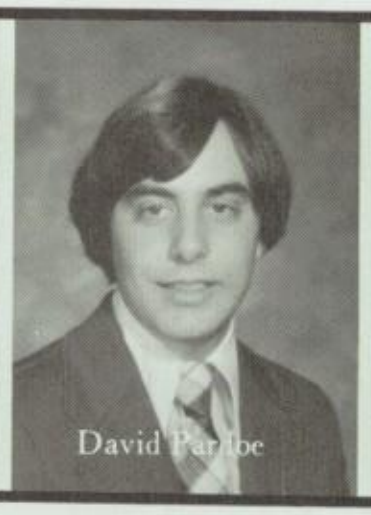
1. Students wait in line to sign up for classes. 2. Gary Wright checks schedule while waiting to talk to counselor. 3. Ms. Vicki Bissell talks to student about a history class. 4. Mr. Norm Hanson straightens out students classes. 5. Cathy Jarrett waits patiently while signing up for class. 6. Barbara Chambliss looks pleased with her classes while Ed DeCosta and Will Taylor appear bewildered with theirs.

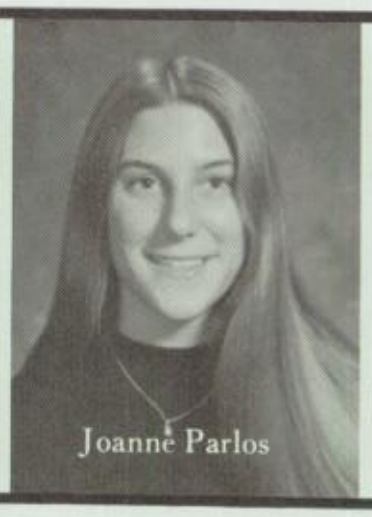
GOODYEAR

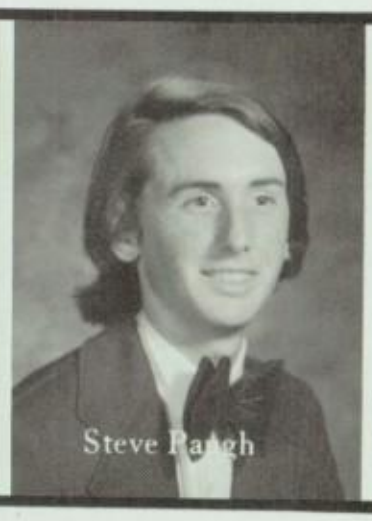
Seniors

Susan Ortiz

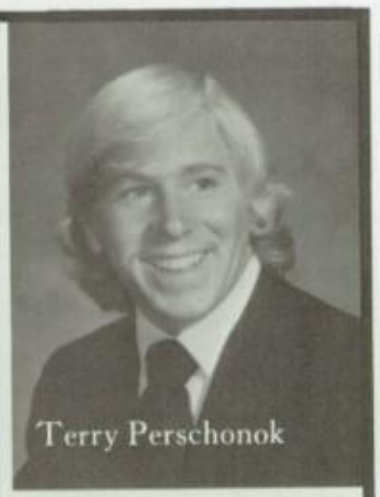

Roberta Owen


David Pardoe


Joanne Parlos

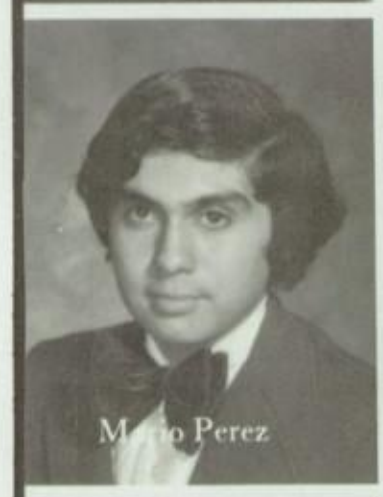

Steve Paugh

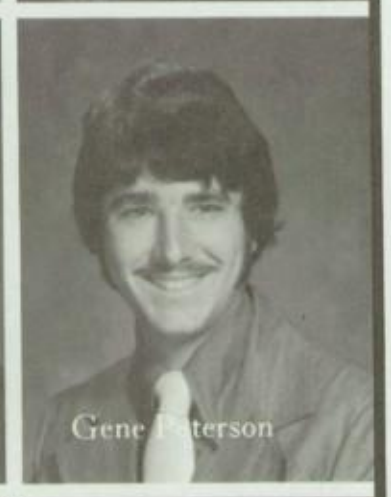
Debbie Payne

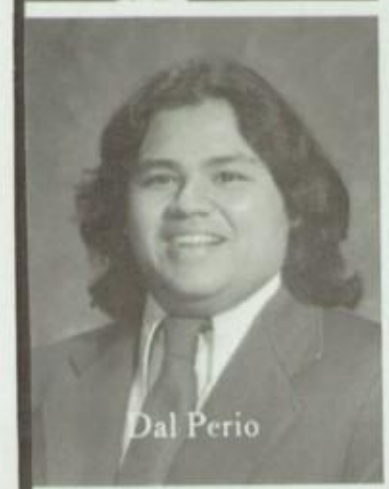

Terry Perschonok

Berta Perez

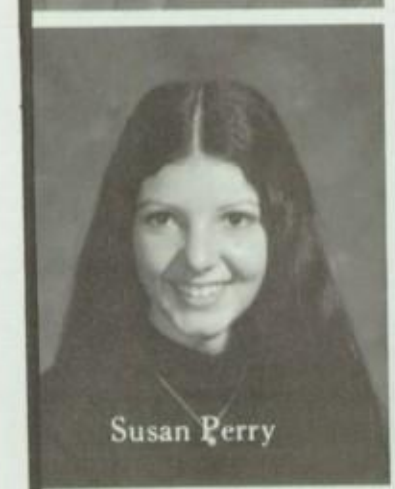
Colleen Pesicka


Mario Perez


Gene Peterson


Dal Perio

Mary Peterson


Susan Perry

Vicki Pierce

Seniors

2

3

140 seniors visit "Magic Kingdom"

One hundred forty seniors and their guests boarded a plane for Los Angeles June 10 for the annual trip to Disneyland.

Students paid a fee of $56 for air fare and entrance into the "Magic Kingdom." Arroyo graduates joined 50 other high school groups in the all-night festivities.

While in the park, graduates gained free admission to all rides and attractions. Entertainment for the evening was supplied in park concerts featuring the Pointer Sisters and the Four Tops.

Accompanying the graduates were senior class advisors Gregg Shepherd and Joyce Blume. Chaperones for the night included Mr. and Mrs. J.P. Holleman, Charles Blume, and the Thomas McNamaras.

All grad-night participants returned to the Oakland airport at 8:00 a.m. June 3. At 2:00 p.m., seniors assembled in the gym, weary from a lack of sleep, for final checkout.

GOODYEAR

1. Cindy Reyes, Jennifer Griffen, Mary Emmons, and Dawn Heath take a ride on Global Van Lines replica. 2. Members of the Class of 1975, David Murphy, Cindy Meija, Lisa Lum, Carla Lowe, Cathy Doan, Steve Wethern, and Rudy Bretschneider, smile at ARROYAN camera after takeoff for Anaheim. 3. Les Wilson relaxes at the Oakland Airport before departure. 4. Dan Dolan, Don Bryant, Kathy Frary, Cathee Cate, Evan Jorgensen, Cathy Doan, Mark Shaieb, Nina Currier, Sandy Kleinman, and Terry Cannella line up to board plane. 5. Ana Pinheiro, Mike Howey, Willie Devoto, Nina Currier, and Sandy Kleinman stand outside of the Carnation Company restaurant at Disneyland.

Class monies pay for senior picnic at Little Hills Ranch

Contra Costa County's Little Hills Ranch was the setting for the June 2 Senior Picnic. Five busloads of seniors traveled the 25-mile journey at 8:30 a.m. for a day of picnic lunches, hikes, and games. Class funds paid for the excursion. Throughout the day, students passed the time by swimming, eating, hiking, or by joining classmates in highly competitive football, softball, and volleyball games.

Student chairmen Jorn Bauermeister and Dave Miller coordinated the event with class advisors Gregg Shepherd and Joyce Blume.

Class members returned to campus from the authorized and supervised "cut day" at 4:00 p.m.

1. Marion Mangrum braves cold weather and seeks sunshine to don halter top. 2. Diane Busch, Kathy Scott, Stephanie Ringstad, and Sue Sherwood enjoy the wooded hillside chats at Little Hills Ranch. 3. Frank Eiras and teammate grab Dennis Sequeira during heated "touch" football game at the senior picnic.

Seniors

Ana Pinheiro

Susan Plath

Chris Prado

Steve Pretti

Doreen Pugh

4. Kathleen Wilson and Les Wilson double up on swing. 5. Cathee Cate and Kathy Frary survey brought-from-home picnic staples. 6. Larry Miranda pauses on poolside stump to finish hot dog. 7. Mark Delafiganiere chomps on a chicken leg during the lunch respite. 8. Linda Dugan, Cyndi Wright, and Birdie Nordman dry off after an icy dip in the swimming pool.

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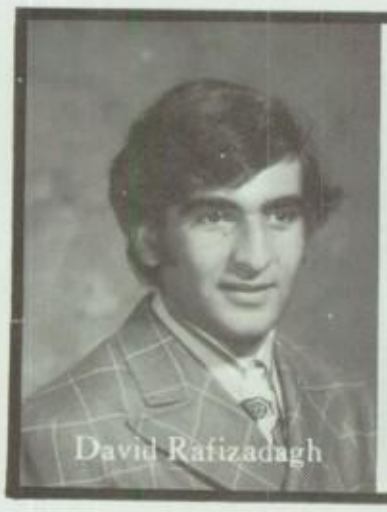
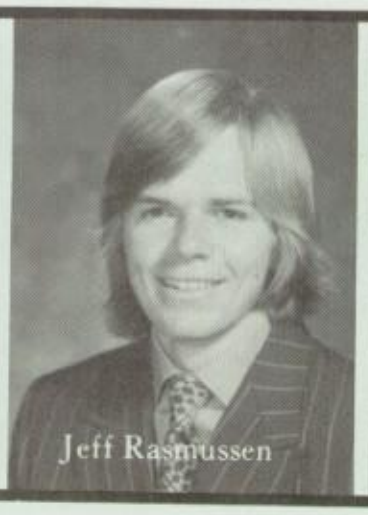
Seniors

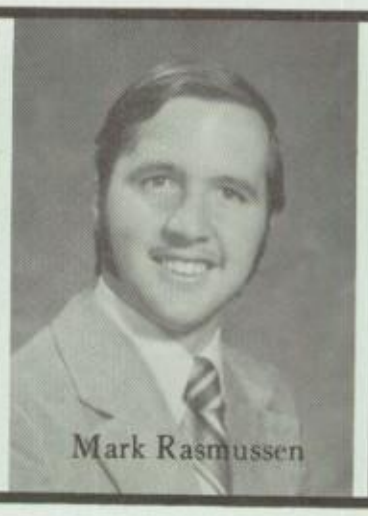


David Rafizadagh

Pauline Raju



Jeff Rasmussen



Mark Rasmussen

Rhonda Rathbun

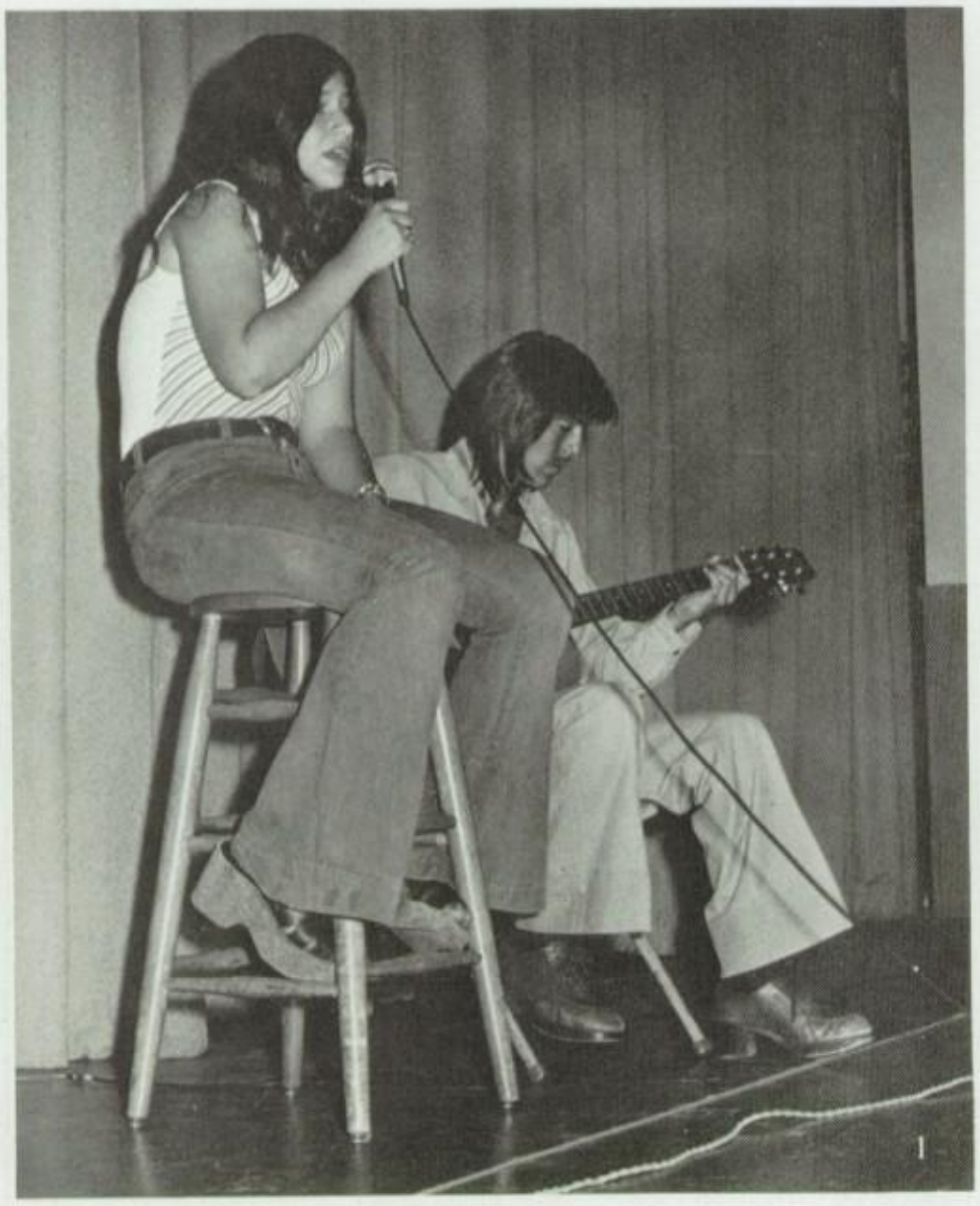
Devoto receives Thornock scholarship

To honor those seniors who had received scholastic, athletic, and social honors was the purpose of the annual Senior Tea held June 4 in the cafetorium.

Sponsored by the Arroyo PTA, attendance at the prestigious event was by invitation. At the tea, senior stand-outs received certificates, trophies, and other awards for achievements in the school and community.

Heading the PTA hostesses was Mrs. Betty Kreidler. Punch, finger sandwiches, and cookies were served.

Principal J.F. Orear made the presentations.


1

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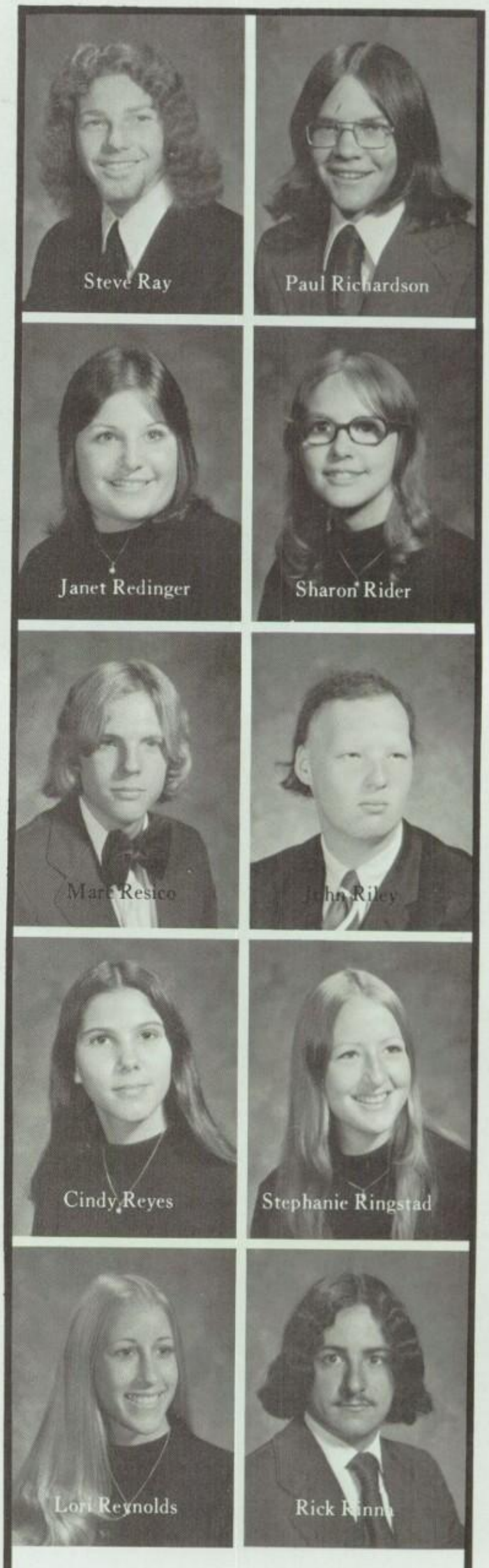
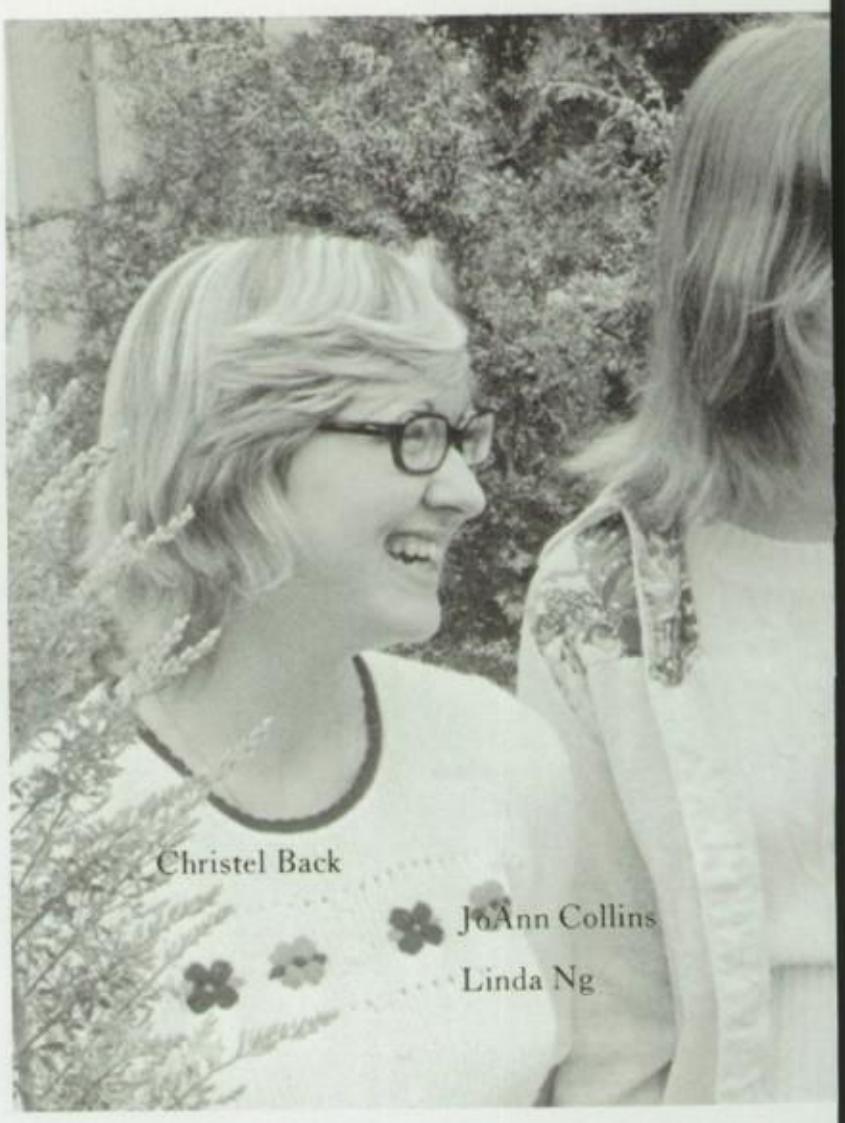
GOODYEAR

1. Kathy McHan and Carlos Lucero provide entertainment at senior tea. 2. CSF gold tassel is presented to Rowena Harvey by principal J.F. Orear. 3. Outstanding Athlete Award is presented by Mr. Orear to Rei Delafiganiere. 4. Mrs. Rosalie Skipworth serves punch to Ann Carlevato and Gary Gardner. 5. Carol Yonan receives scholarship award from Mr. Orear. 6. Mrs. Pat Griffen congratulates Dan Dolan on winning the James A. Delmore scholarship. 7. Frank Orear presents Willie Devoto with the first Verl M. Thornock Memorial Scholarship.

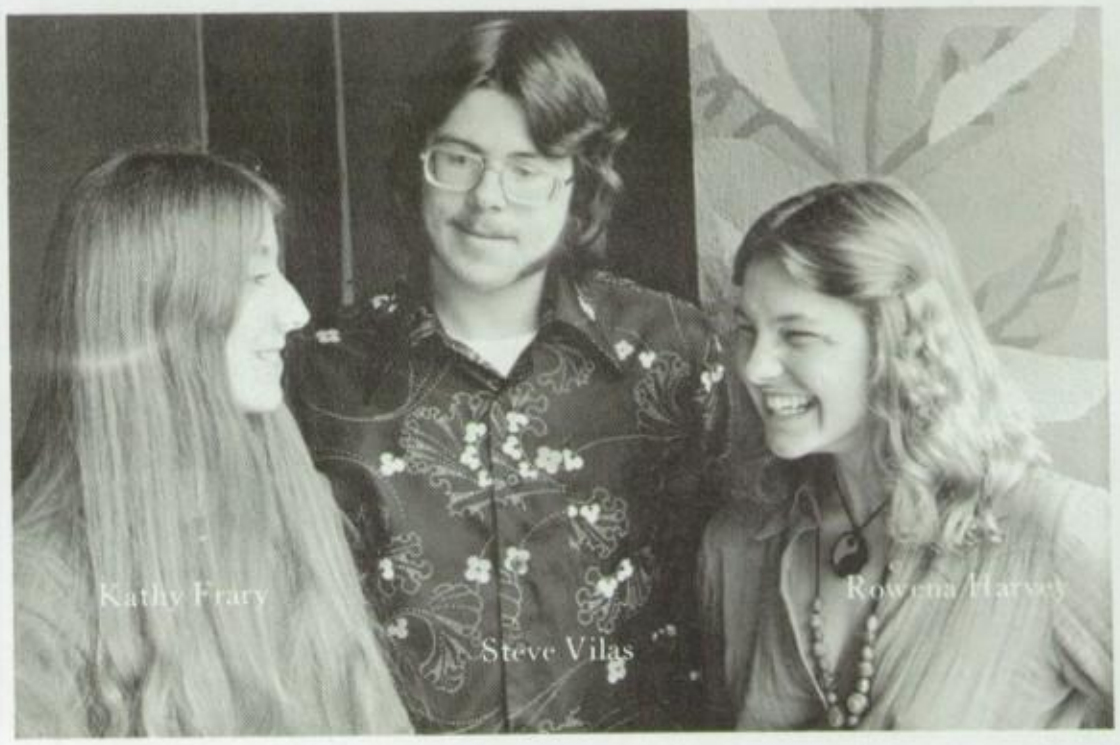


Seniors

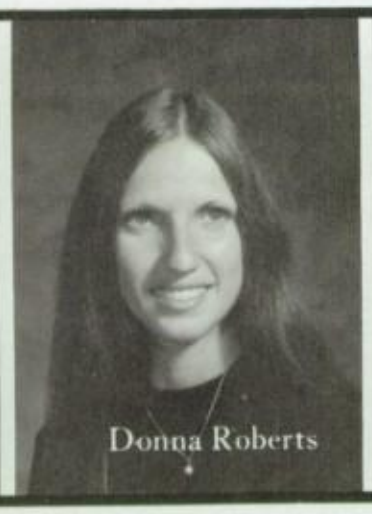


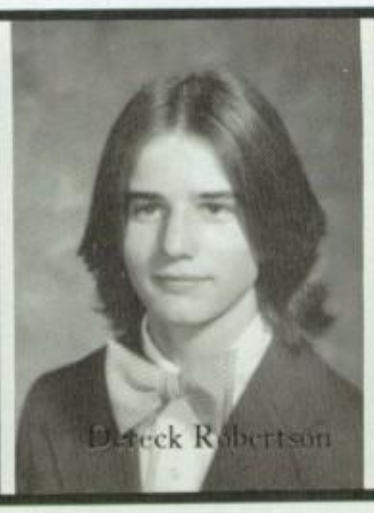
Arroyo's Top 15

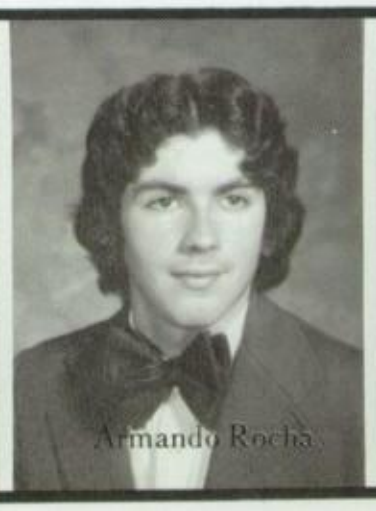
1. Rowena Harvey	4.000
2. Steve Vilas	3.927
3. Kathy Frary	3.897
4. Gregory Okada	3.895
5. Cynthia Wright	3.882
6. Roxanne Roussel	3.833
7. Linda Ng	3.805
8. Jo Ann Collins	3.778
9. Christel Back	3.771
10. Donald Bryant	3.768
11. Sally Cole	3.763
12. Sharon McCarthy	3.743
13. Birdie Nordman	3.722
14. Linda Dugan	3.694
15. James Hoos	3.686

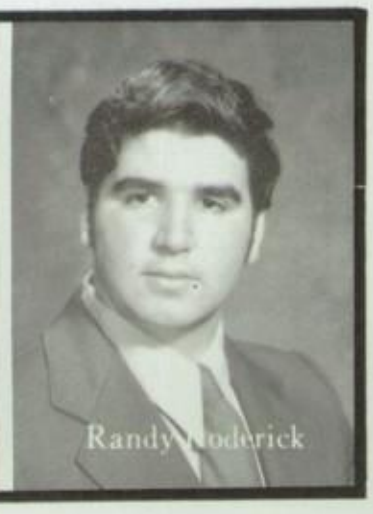


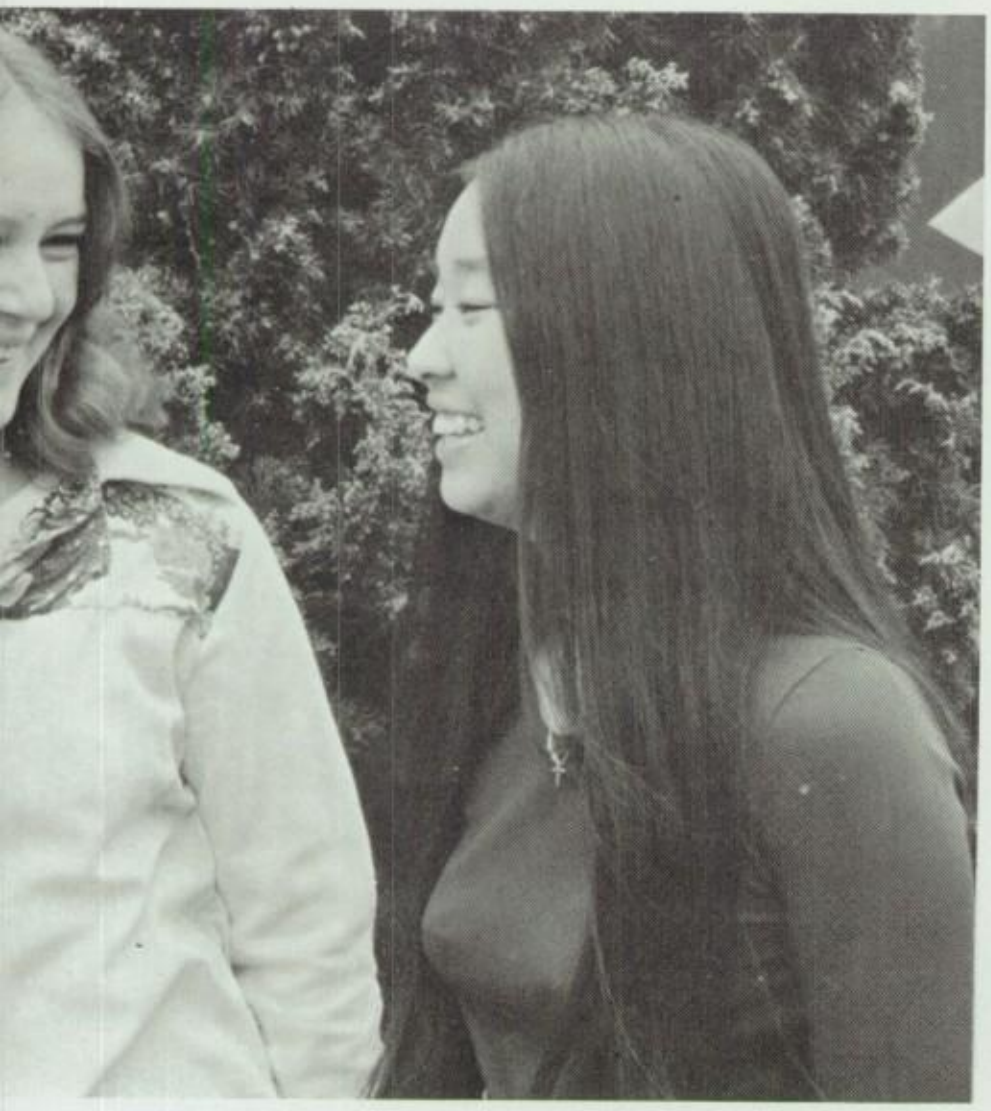
Seniors









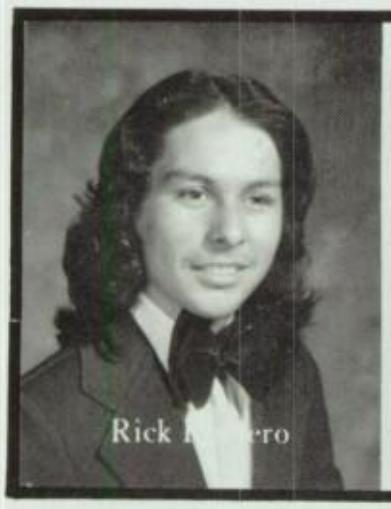


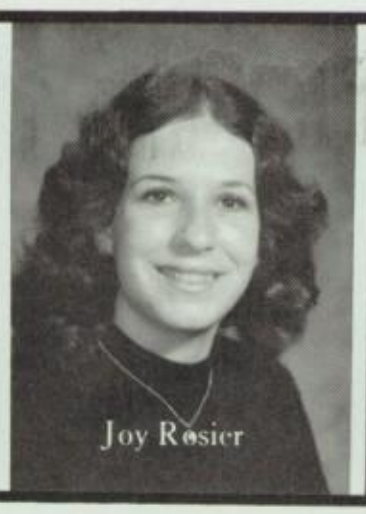
Counselors pick top 15 graduates

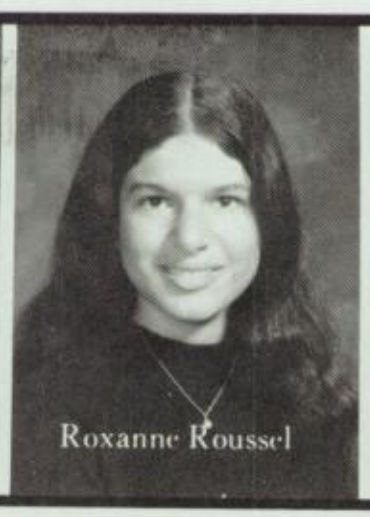
Every February, the top 15 senior students are chosen. The students were chosen by the counselors because of their outstanding scholastic ability. To achieve this rating, students had to work vigorously throughout four years of high school.

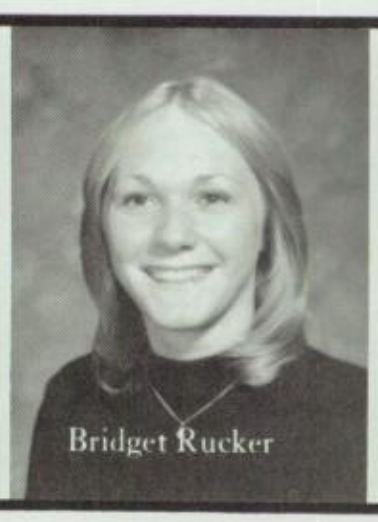
The seniors were recognized in the yearbook, and at the Senior Recognition Tea held in June.

Seniors



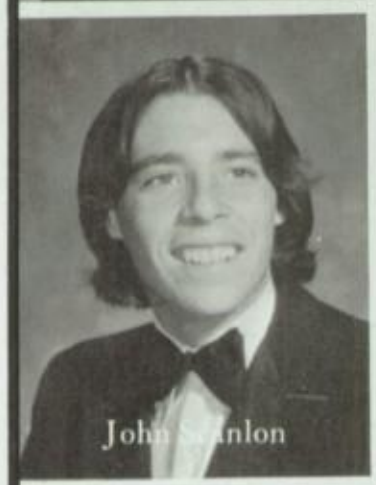


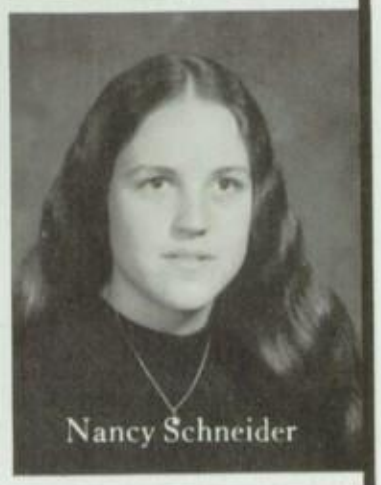




Frances Sanchez

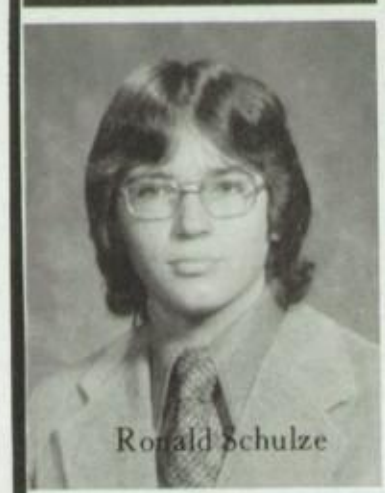
Jerry Sannebeck

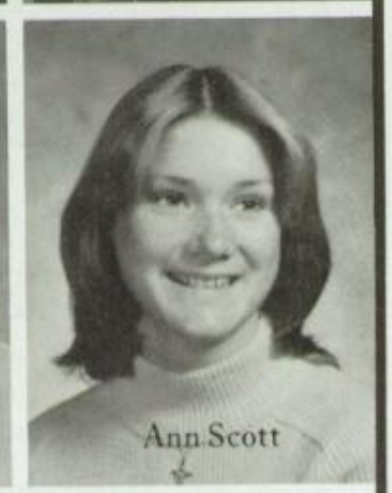

John Scanlon


Nancy Schneider

Cynthia Schroeder

Lisa Schulte


Ronald Schulze


Ann Scott

Kathy Scott

Kenneth Sears

Seniors

1

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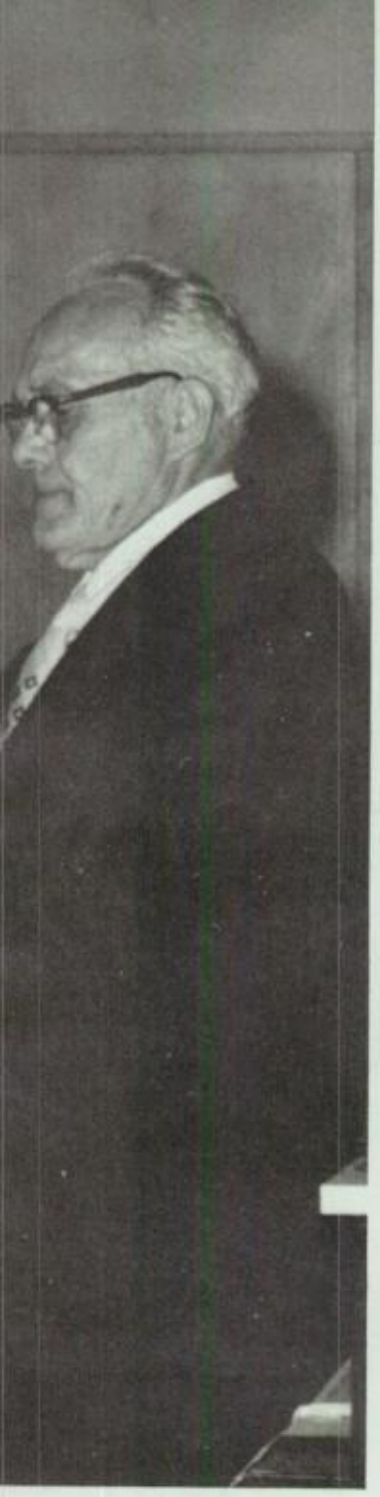


SCHOLARSHIPS AND AWARDS

ALAMEDA COUNTY SHERIFF'S OUTSTANDING CITIZEN TROPHY: Steve Vilas. ARROYO HIGH SCHOOL "ARROYAN" AWARDS: Kathy Scott and Steve Vilas. ARROYO PARENT-TEACHERS ASSOCIATION SERVICE AWARDS: Sue Sherwood and Debbie Shinn. BANK OF AMERICA CERTIFICATE WINNERS: Janice Adams, Home Economics; Julie Adams, Music; Richard Briggs, Art; Sally Cole, English; Wayne Conley, Trades & Industrial Arts; Dave Dalton, Foreign Languages; Janet Hagen, Business; Evan Jorgensen, Mathematics; Marion Mangrum, Drama; Greg Okada, Social Studies; Mark Shaieb, Laboratory Sceince. BANK OF AMERICA PLAQUE WINNERS: Don Bryant, Science & Mathematics; Rowena Harvey, Fine Arts; Linda Ng, Vocational Arts; Steve Vilas, Liberal Arts. BANK OF AMERICA ZONE WINNER: Second Place, Rowena Harvey. BETTY CROCKER "SEARCH FOR LEADERSHIP IN FAMILY LIVING" AWARD: Sally Cole. CALIFORNIA SCHOLARSHIP FEDERATION SEAL BEARERS: Max Berendson, Jo Ann Collins, and Evan Jorgensen. HIGHEST HONORS: Teresa Atkinson, Kathy Frary, Rowena Harvey, Tim Hutchison, Julie Lingor, Linda Ng, Birdie Nordman, Greg Okada, Steve Vilas, Cyndie Wright. CALIFORNIA STATE SCHOLARSHIPS: Max Berendson, Karen Bruzzone, Diane Caldwell, Richard Cooper, Kathy Frary, Kristena Hubbard, Julie Lingor, Linda Ng, Greg Okada, Roxanne Roussel, Kathy Scott, Mark Shaieb, Denny Thornton, Donna Trimble, and Carol Yonan. D.A.R. GOOD CITIZEN AWARD: Rowena Harvey. GEMCO AWARD: Steve Vilas. HAYWARD BOYS CLUB SCHOLARSHIP "Boy of the Year- 1975": Larry Miranda. NATIONAL MERIT SCHOLARSHIP PROGRAM- LETTER OF COMMENDATION: Rowena Harvey and Sherril Metcalf. SAN LORENZO DISTRICT SCHOLARSHIP FOUNDATION: Julie Adams, Sally Cole, Willie Devoto, Dan Dolan, Laraine Domenico, Kathy Frary, Rowena Harvey, Jim Hoos, Tim Hutchison, Jose Iniguez, Bev Lewis, Sherril Metcalf, Linda Ng, Greg Okada, Nancy Schneider, Kathy Scott, Andy Smilovitz, Bobette Tolmer, and Carol Yonan. SILVERSMITH OF AMERICA AWARD: Mary Ann Jones. WOMEN'S AUXILIARY TO ALAMEDA-SCHOLARSHIP: Tim Hutchison.

46 Don seniors receive honors

Forty-six seniors were honored this year for their outstanding contributions to Arroyo High School.

Many of these students received commendation for their academic and athletic achievements at the Senior Recognition Tea.

The scholarship in honor of retiring superintendent Paul Ehret was awarded to Rowena Harvey. Rowena received the $700 award for being the top scholar of the San Lorenzo Unified School District.

Kathy Scott and Steve Vilas were each awarded $150 scholarships. The Arroyan Scholarship was presented to two students who have done the most for their class and school.

Steve Vilas, student body president for '74-'75, was also honored with the Alameda County Sheriff Good Citizenship Award. Kathy Scott was a varsity yell-leader for three consecutive years and varsity head yell-leader during her last year on squad.

GOODYEAR

1. Don Bryant receives award from J.F. Orear, Arroyo principal. 2. Steve Vilas receives Arroyan citation from Orear. 3. Paul Ehret addresses crowd.

Janice Adams
Julie Adams

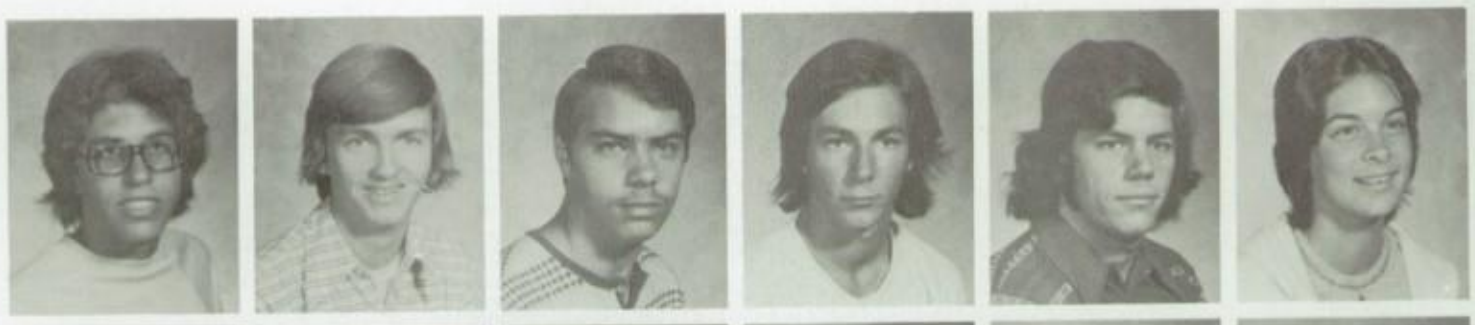
Teresa Atkinson
Max Berendson

Rich Briggs
Karen Bruzzone

Don Bryant
Diane Caldwell

Sally Cole
JoAnn Collins

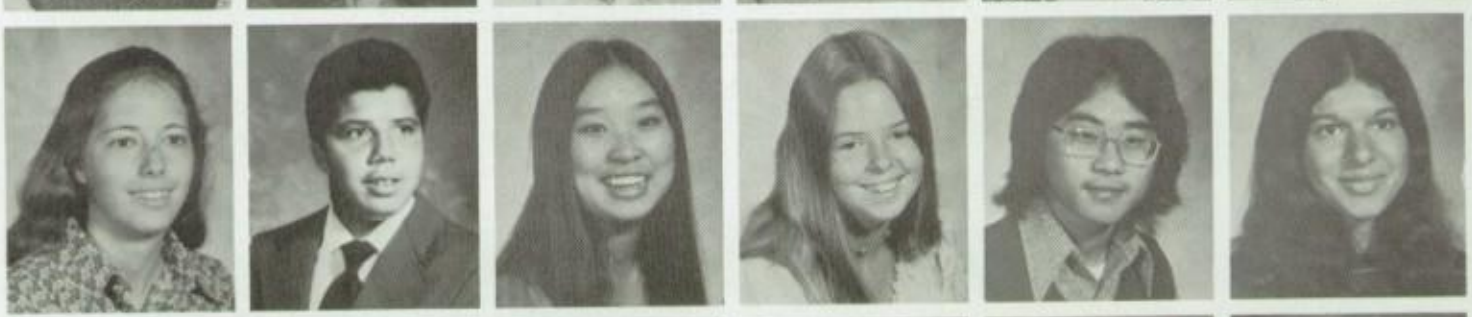
Wayne Conley
Richard Cooper
David Dalton
William Devoto
Daniel Dolan
Laraine Domenico



Kathy Frary
Janet Hagen
Rowena Harvey
James Hoos
Kristena Hubbard
Timothy Hutchison

Jose Iniguez
Mary Ann Jones
Evan Jorgensen
Beverly Lewis
Julie Lingor
Marion Mangrum

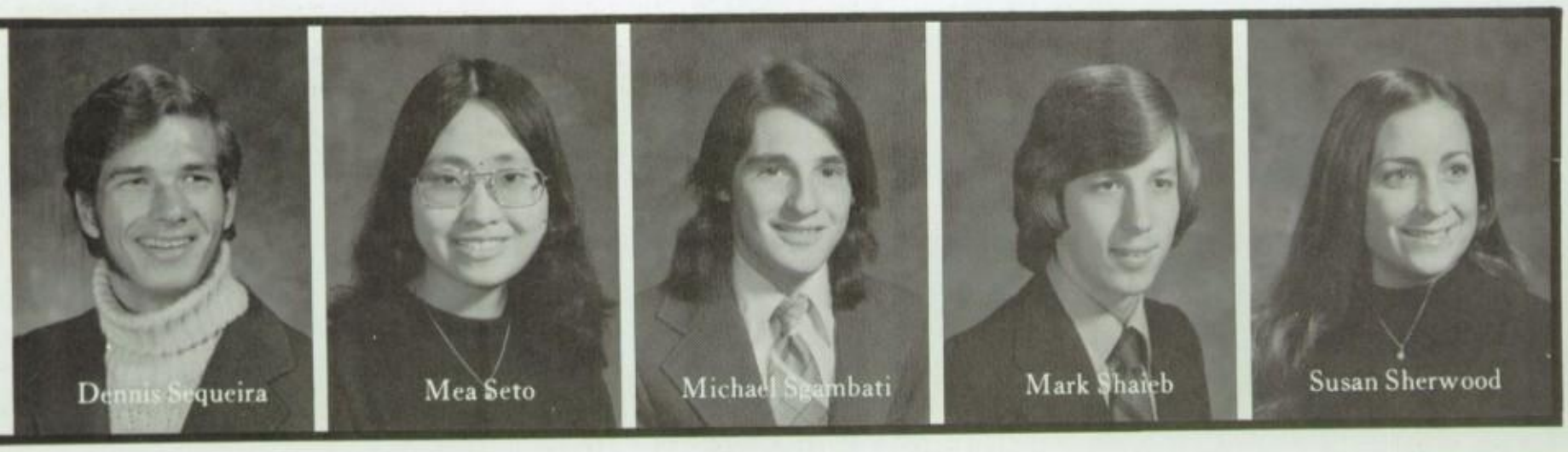
Sherril Metcalf
Larry Miranda
Linda Ng
Birdie Nordman
Gregory Okada
Roxanne Roussel



Nancy Schneider
Kathy Scott
Mark Shaieb
Susan Sherwood
Debra Shinn
Andrew Smilovitz

Dennis Thornton
Bobette Tolmer
Donna Trimble
Steven Vilas
Cynthia Wright
Carol Yonan

Seniors



Dennis Sequeira | Mea Seto | Michael Sgambati | Mark Shaieb | Susan Sherwood

Arroyo seniors awarded $3, 550

This year, the San Lorenzo School District Scholarship Foundation awarded $15,050 in scholarships to Arroyo, Marina, and San Lorenzo High School students. Arroyo seniors received $3,550 in scholarships.

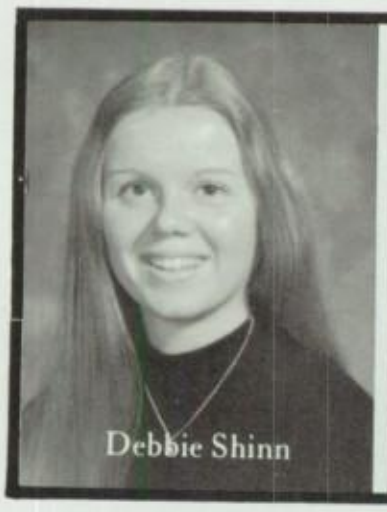
The scholarships are awarded by civic-minded groups, businesses, individuals, and as memorials. Qualifications were specified by the donors and ranged from gender to financial need.

Arroyo's Scholarship committee, led by Dean of Girls Joanne Knowles, nominated senior scholarship candidates to the Foundation board of directors.

47. Julie Lingor receives scholarship from J.F. Orear. 48. Kathy Scott looks over Arroyan award. 49. Honored students and guests at senior tea. 50. Kathy Frary obtains certificate from Mr. Orear. 51. Greg Okada receives awards from Orear. 52. Teresa Atkinson walks back to her seat and wins approval of Dr. William Dolph.

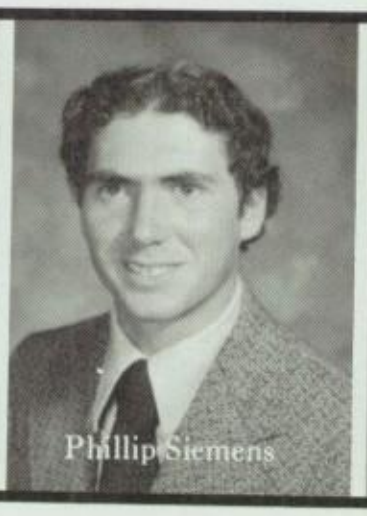
GOODYEAR

Seniors

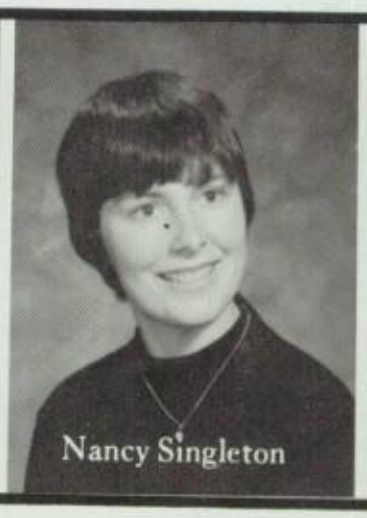


Debbie Shinn

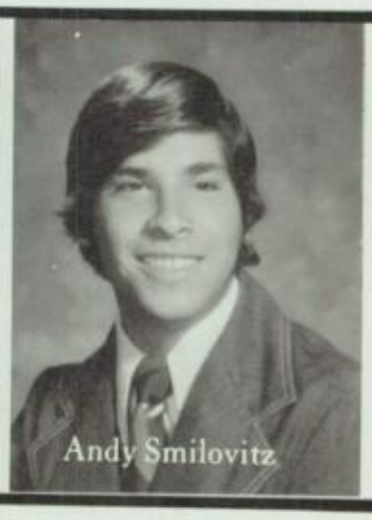
Denise Shold



Phillip Siemens



Nancy Singleton



Andy Smilovitz

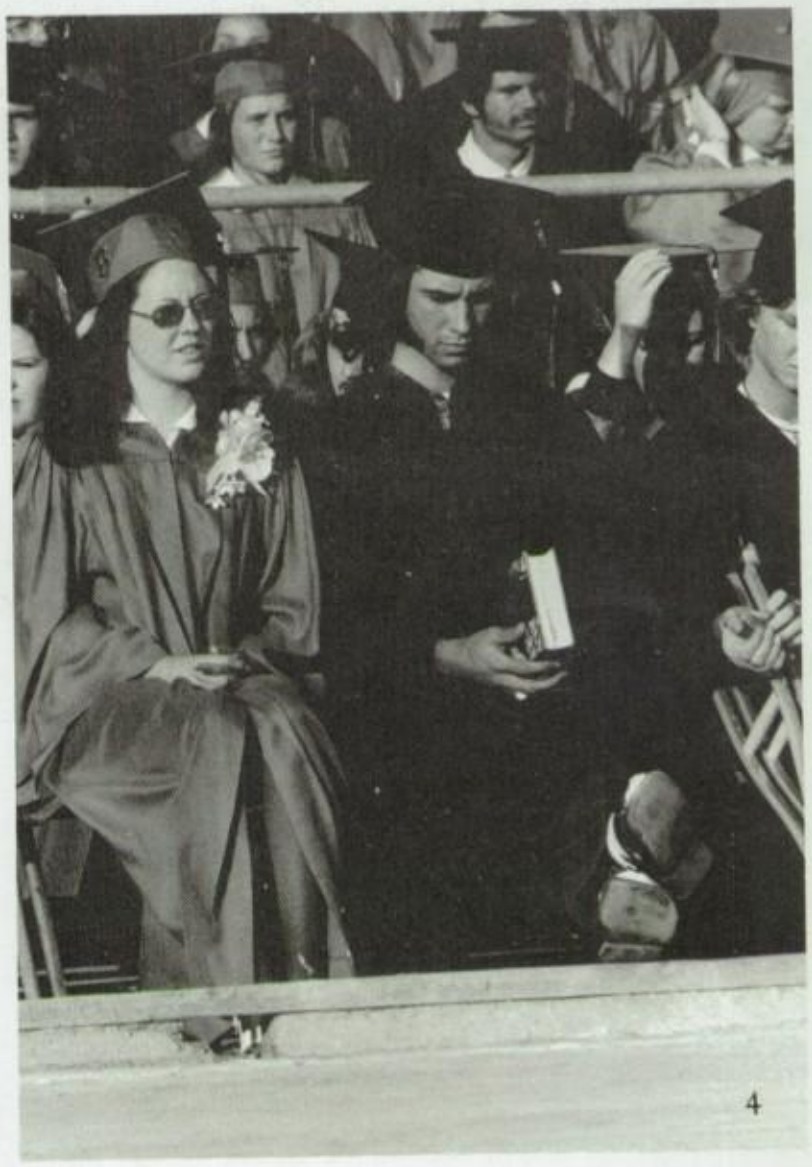
Harvey, LaCasse, Lewis, Vilas address audience at commencement

Student speakers again highlighted the traditional commencement exercises June 12 on Bourne Memorial Field.

The 6:30 p.m. ceremonies were marked by controversy earlier in the year when the Administration proposed moving the exercises into the gymnasium. Cited as factors for the move were increased crowd control and better decorum.

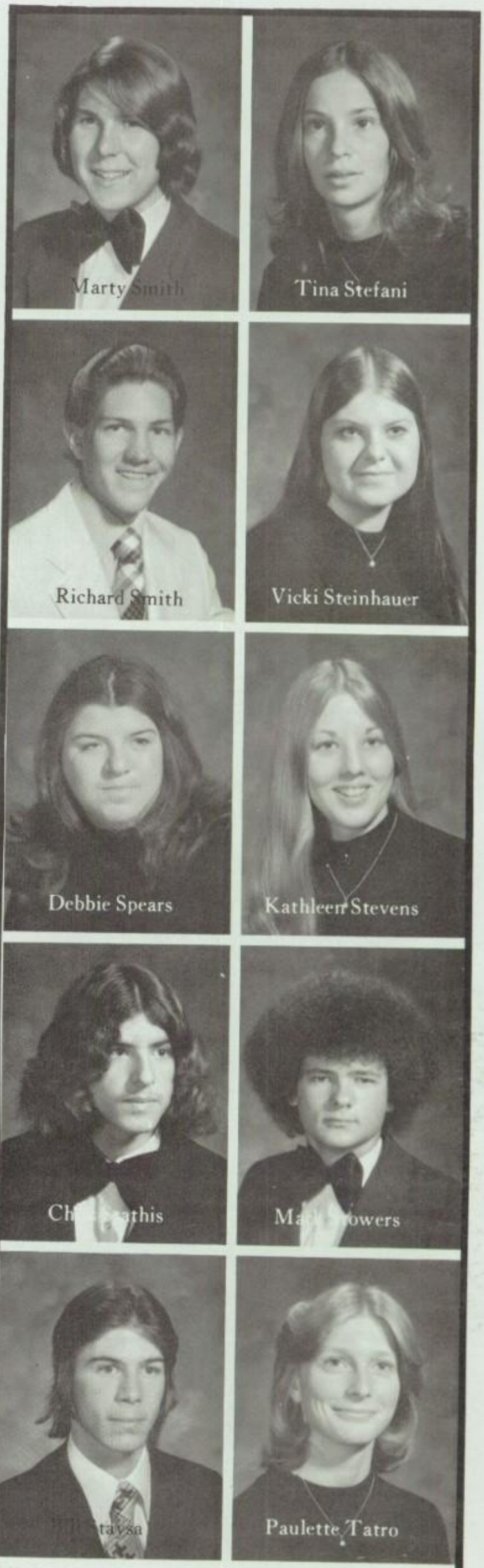
Members of the Class of 1975 protested the decision and successfully blocked the move. In a compromise agreement, senior class and administrative representatives revised plans for the commencement.

Student speakers for the graduating class included class president Rowena Harvey, valedictorian, and vice president Beverly Lewis. Student body vice president Bill LaCasse gave the invocation and benediction—two Robert Frost poems.



1. Student Body President Steve Vilas presents speech about better education versus competitive sports. 2. 1975 Class Vice President Bev Lewis gives commencement address. 3. An anxious crowd watches graduates file into their seats. 4. Bev Lewis and Bill LaCasse listen during graduation speeches. 5. Mr. Frank Orear, Mrs. Corrinne Aitken, Mr. Norman Hanson, Mrs. Bev Smith, and Mr. Ben Faulman salute the flag. 6. Mark Resico takes time to smile at his parents.

GOODYEAR



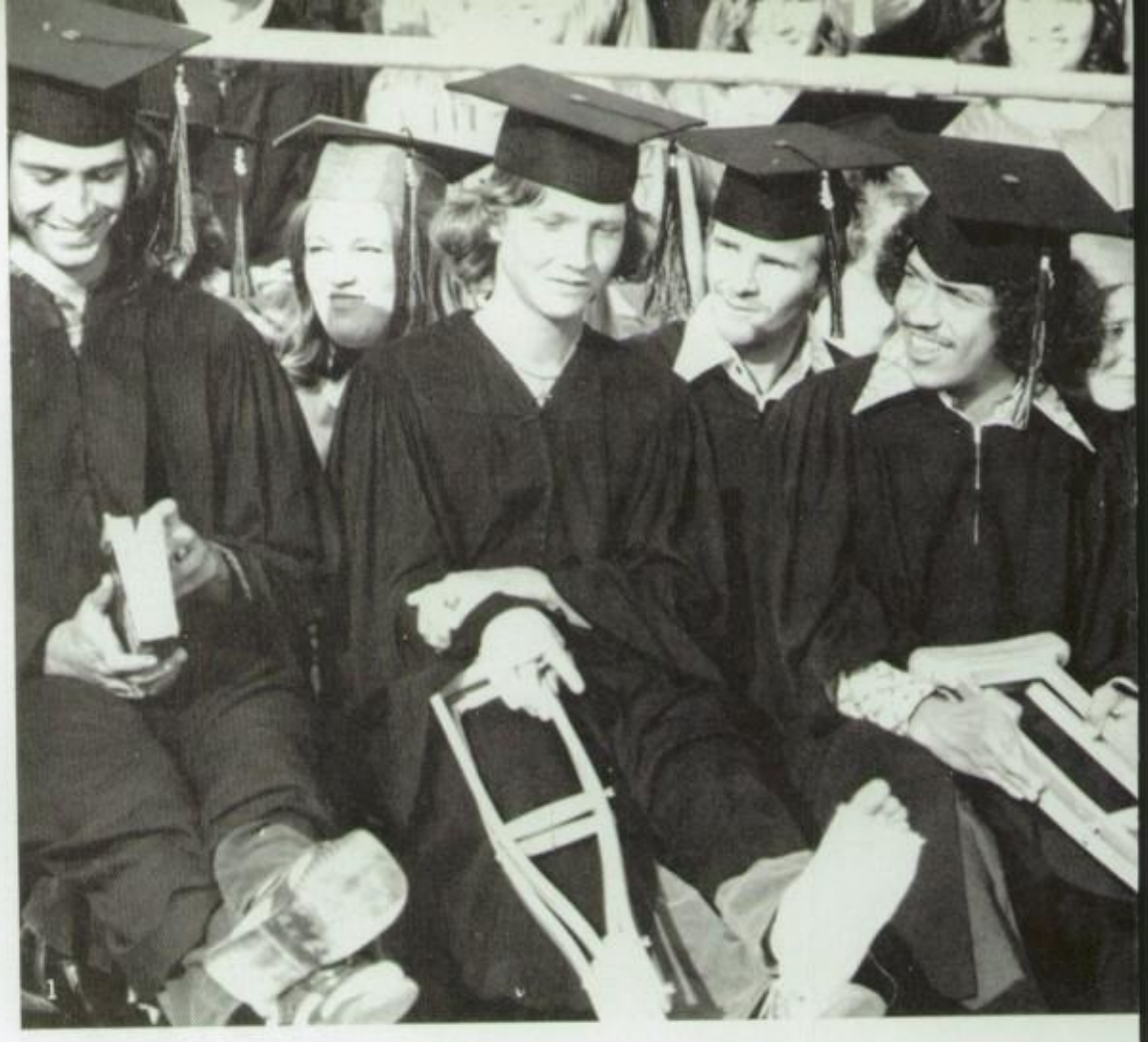
Seniors

351 graduates receive diplomas

Prior to the ceremony, seniors changed into scarlet and black caps and gowns in A-hall robing rooms. They then filed out to the field in alphabetical order and sat in the visiting bleachers to view the commencement exercises.

Following the presentation of the graduates to the school board and audience, the seniors filed across the stage and received diplomas from Arroyo Principal J.F. Orear.

After the benediction, the new graduates returned to the A-hall rooms and changed clothes during the final check-out. Upon receiving clearance, the members of the Class of 1975 rushed down the hall and off to numerous parties held in their honor.



GOODYEAR

1. Bill LaCasse, Mike Krantz, Louie Inguez, and Janice Adams are happy at thought of graduating. 2. Julie Adams receives diploma from Mr. Orear. 3. Graduates sit in stands. 4. Class of '75 walk onto Bourne Memorial Field. 5. Dean Lewis, Chris Lihammer, and Barry Lloyd file in. 6. Rowena Harvey, class valedictorian, gives her speech.

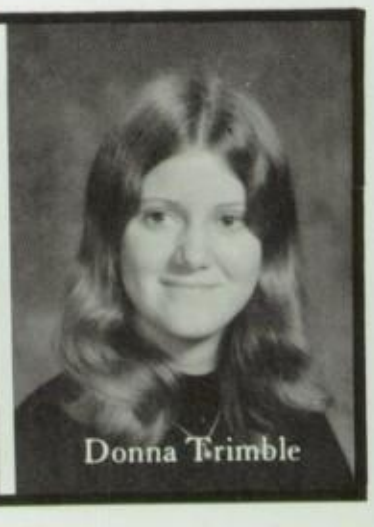
Seniors

Linda Thomas

Mark Thomas

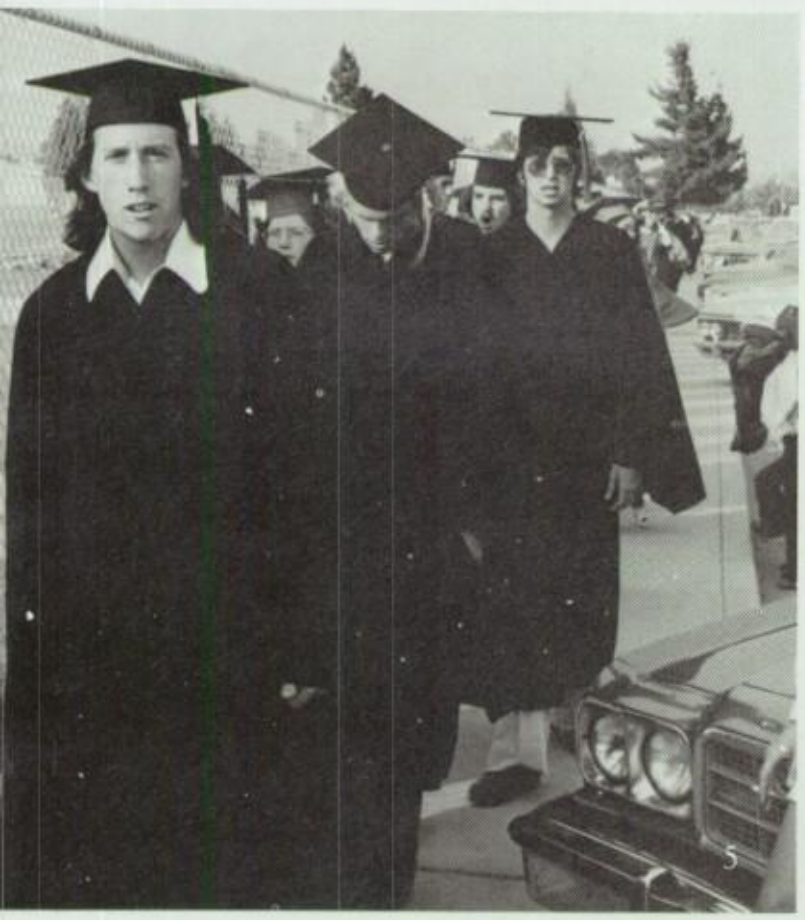
Dennis Thornton

Bobette Tolmer



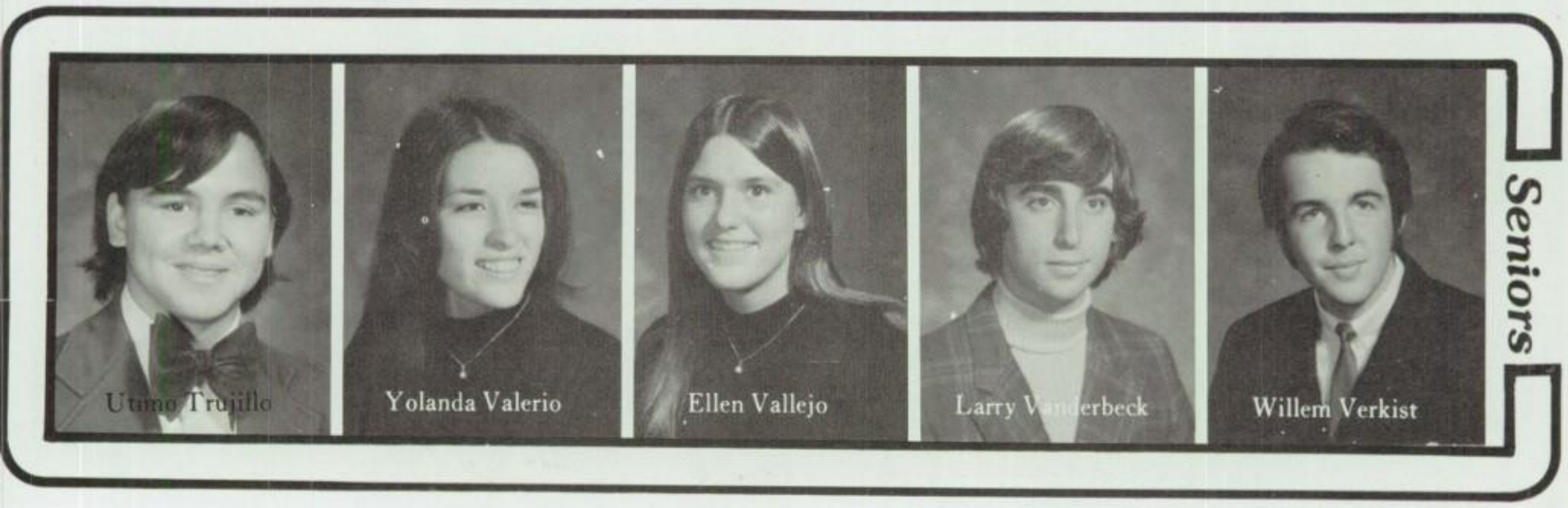
Donna Trimble

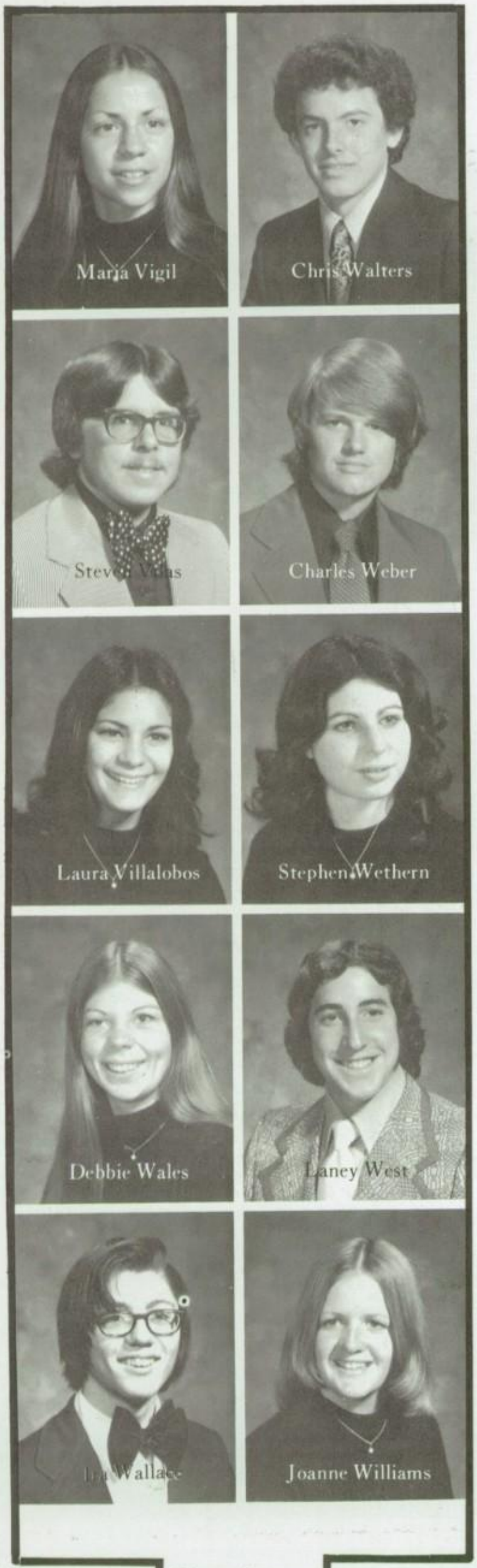
2



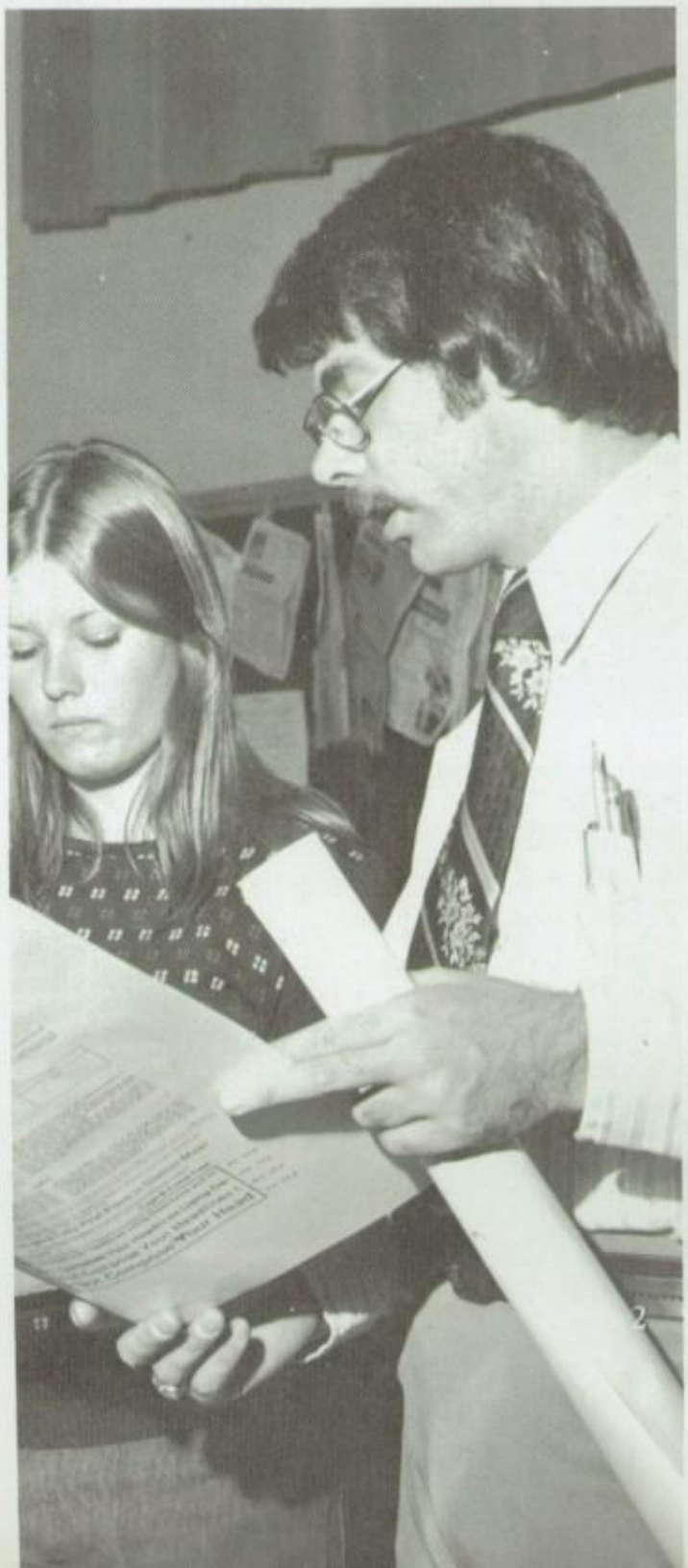
5

6


Utimo Trujillo
Yolanda Valerio
Ellen Vallejo
Larry Vanderbeck
Willem Verkist
Seniors


Maria Vigil
Chris Walters
Steven Vilas
Charles Weber
Laura Villalobos
Stephen Wethern
Debbie Wales
Laney West
Joanne Williams

Seniors



Cole heads '75 Arroyan staff

Expanded use of special effects was one of the goals of the 1975 ARROYAN staff.

"One of the hardest things about being on the staff is how much work each spread really takes. Writing copy is the hardest thing to do," stated Mark Conkel.

"Much of the staff thought publications was going to be easy, but soon found out differently," remarked Kevin Hobbs.

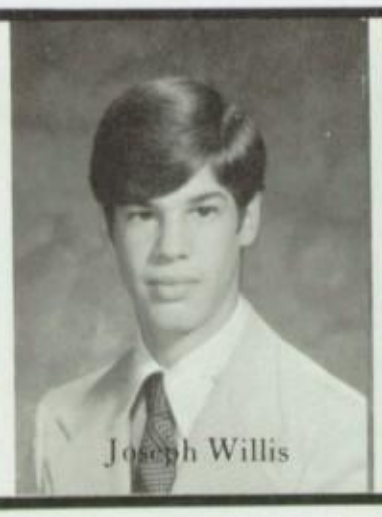
The theme of this year's book was "75 was a Good Year."

The editor was Sally Cole, Business Manager Kathleen Wilson, Photo Editor Cary Morris, and Advisor Richard Lloyd.

1. Sally Cole and Cary Morris look over slides for theme pages. 2. Mr. Richard Lloyd instructs Lisa Foster on the use of the Type Matic Chart. 3. Cathy Cate works diligently on copy. 4. Randy Ichihana carefully edits copy. 5. Willie Devoto and Kathy Wilson work on ad pages.

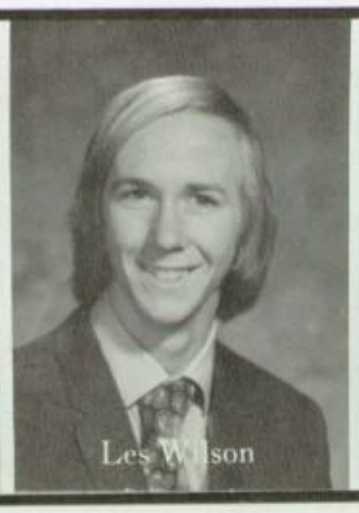
1. Janet Hagen prepares billing statements. 2. Kathy Scott reviews reporters' stories. 3. Pia Aura and Debbie Shinn work on a Junior Achievement story. 4. Bill LaCasse sells Ellen Vallejo a copy of the DRY GULCH GAZETTE. 5. Bill LaCasse and Karen Bruzzone are amused by class jokes. 6. Roxanne Roussel and Bev Lewis concentrate on getting page one put together.

Seniors



Joseph Willis

Kathleen Wilson



Les Wilson

Valorie Wion

Raymond Wong

Staff strives for better newspapers

1974 Spring GAZETTE received a first-place honor rating from the National Scholastic Press Association. Two of the papers submitted for evaluation were completed by the 1974-1975 staff.

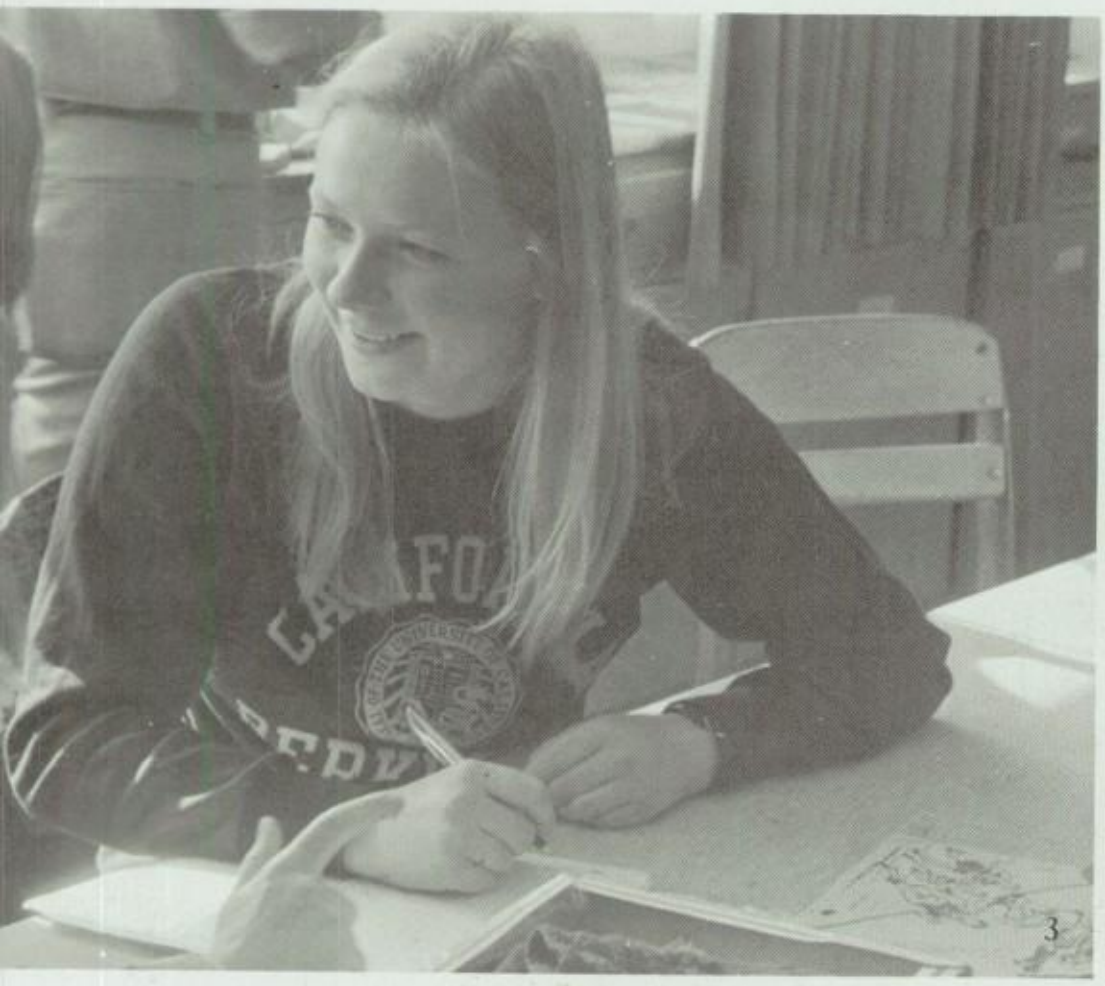
Editor Roxanne Roussel stated, "We have good reporters and hard working page editors."

Editorial editor Bill LaCasse said, "The GAZETTE has a potential of becoming a very good paper. However we have problems in which the staff doesn't work together."

Sports editor Jim Hoos said, "I'm tired of having the same stories paper after paper. We need to branch out into different areas of the sports world."

"Our paper is supported mainly by advertisers. If we had more money, we would publish a bigger paper. Consequently many of our good stories have to be thrown out because of space," said GAZETTE editor in chief Roxanne Roussel.

Advisor Richard Lloyd agreed with the staff to some extent, "We do have a good staff; the best group of reporters I've ever worked with. They do have problems, but so does the best news staff."

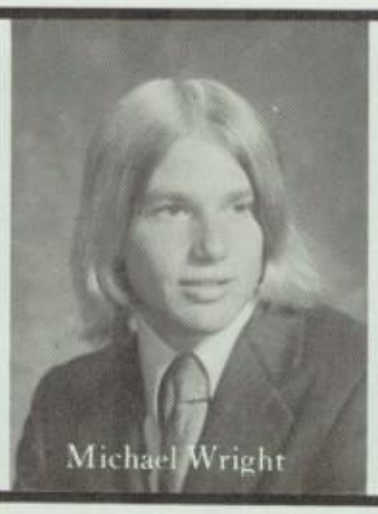


GOODYEAR

Seniors

Kim Wood

Cynthia Wright

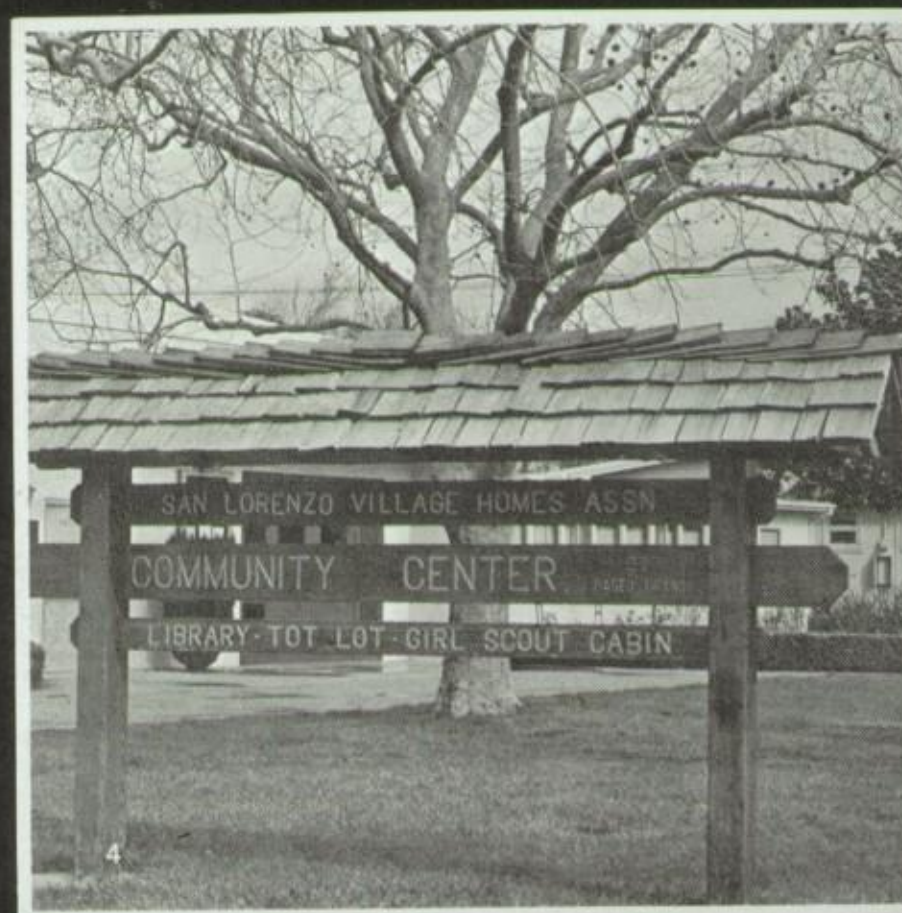


Michael Wright

Carol Yonan

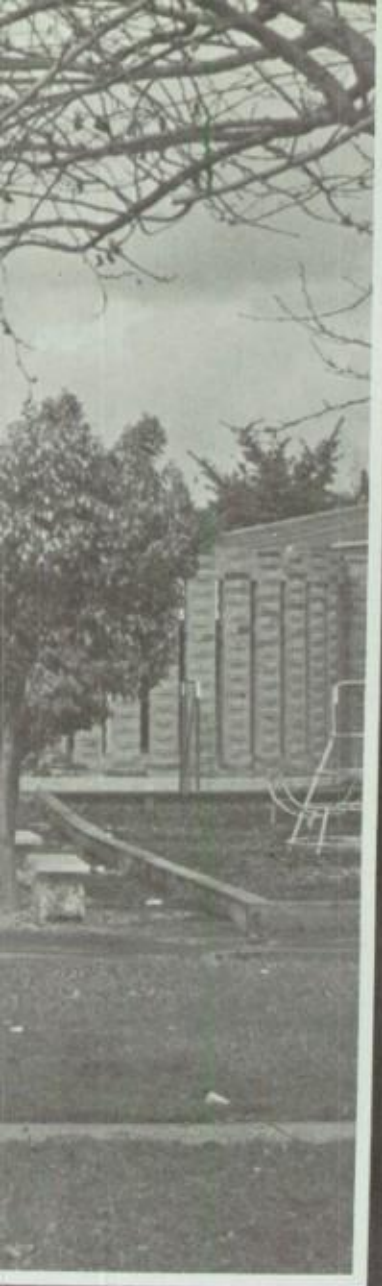
Jeannine Zukoski

AMERICAN REVOLUTION BICENTENNIAL 1776-1976



The GOODYEAR

1. The San Lorenzo Branch of the Alameda County Library System. 2. Bill LaCasse walks into the Oro Loma Sanitary District offices seeking employment. 3. Mervyn's department store. Opened in 1950 in the Village, Mervyn's has grown into a state-wide chain of stores specializing in low-cost clothing and linens. 4. Built by the Homeowners' Association, the San Lorenzo Community Center is rented to individuals and groups in the community. 5. A San Lorenzo landmark, the New Lorenzo Theater, used to be the "only show in town." 6. The San Lorenzo Fire Department is operated by the Homeowners' Association instead of the county.



Slz. celebrates bicentennial year

Recorded history of San Lorenzo goes back to the first white men who explored the Bay Area. Expeditions of Franciscan Monks and Spanish soldiers who came to look for mission sites, took place from 1769 to 1776.

In 1769 and 1770 Father Crespi recorded the first descriptions of the San Lorenzo area as he saw it from the rim of the surrounding hills.

In 1837, the first area land grants were given to the Spanish Don Peralta, Estudillo, Castro, and Soto who settled here.

The Dons peaceful and carefree life was gone within a very brief period. After the first search for gold, men began to look for land on which to settle. Because of vague boundaries and unfaced lands, squatters settled on the periphery of the rancheros. San Lorenzo was settled along the creek.

Because man had no title to the land, San Lorenzo was first called Squattersville.

The Estudillo family tried to evict squatters but after many gun fights, Don Estudillo agreed to sell to the settlers and was reimbersed for all of his land. Many other Dons lost their holdings and became poverty stricken through costly court suits to prove title to their vast holdings.

In 1853 when Alameda County was formed and our Post Office was opened, Squattersville was named San Lorenzo.

By 1860 the area was changed from the grazing country of the Dons. The San Lorenzo Post Office and store was located on Telegraph Road (Hesperian Boulevard) and Adams. The old building (Fred's Nursery) was in constant use from the early 60's until it was torn down in 1951 to make way for the Nimitz Freeway.

The Christian Union Church, organized in 1870, was the only church in San Lorenzo. This chapel was possibly the first community type church in the United States.

During the eighties and ninties, roads were improved and a transcontinental train, the Southern Pacific, was routed through San Lorenzo. People from San Francisco liked the sunshine and country air, so throughout Southern Alameda County, hotels were built, and wives and children came to the rural area to spend the summer, while the husbands came out by train to spend Saturday and Sunday. Frandsen's Hotel at the Four Corners in San Lorenzo was especially noted for the fine food it served.

In 1868 San Lorenzo and the surrounding territory to San Jose was shaken by a very severe earthquake which did much damage. In 1906 another severe earthquake in San Francisco occurred. The city was almost demolished by the fire which followed the quake. Thousands of people fled to Oakland and settled permanently in the East Bay.

The next wave of immigration was from Japan. Japanese labor was very cheap. This caused friction in California communities which resulted in the Japanese Exclusion Act preventing Japanese from becoming citizens and owning land.

During the Depression, the community changed little. Population decreased as people lost their homes or went to cities to hunt for work. The automobile and the completion of the Bay Bridge in 1939 made San Lorenzo, Castro Valley and Hayward bedroom communities to San Francisco.

From 1941 on, the Second World War brought thousands and thousands of people to the Bay Area to work in the shipyards and other war developed industries. With it came David D. Bohannon and his assembly-line plan of constructing 500 homes at one time.

San Lorenzo, lies between the boundaries of Hayward and San Leandro, East 14th Street and San Francisco Bay. It has an area of 2.3 square miles. The Village has 7,531 homes which house a population of 23,651.

The Village is an unincorporated area governed by Alameda County and the San Lorenzo Village Homes Association. 5,547 homes belong to this group.

San Lorenzo consists of approximately three hundred and ten businesses; thirteen churches; four service clubs; six parks; one library; one post office; four shopping centers; twenty-three elementary schools; and two high schools.

Staff salutes Frank Orear for services to Arroyo High School

When the San Lorenzo community thinks of Arroyo High School, one man's name stands out synonimously with the growth and development of that educational facility.

James Franklin Orear has always led the Arroyo faculty and student body in a common quest of educational excellence, innovation, and development of a school community pride.

Orear, a graduate of Bemidji State College in South Dakota, assumed the principalship of Arroyo in 1961. Prior to his promotion, Orear served the school as vice-principal and was directly responsible for the plant layout, curriculum development, and promotion of student body traditions. At that time, according to an old GAZETTE interview, Orear was "part-time principal, vice-principal, head counselor, area chairman, and school nurse."

Prior to Arroyo, Orear taught math, English, social studies, and business in San Leandro and Hayward. He is credited with founding the first drivers education program in the Bay Area.

Browsing through Orear's files, one finds many accolades from students, parents, and state and community officials. Alumnus Jay Todd, Class of '73, summarized the many letters, ". . . thank all of you people for the 4 fantastic years I spent at Arroyo High School. I enjoyed every day of it!"

Former Dean of Girls Virginia Anderson wrote Orear, "You have always been kind and considerate at all times, . . . I have learned a great deal from your example."

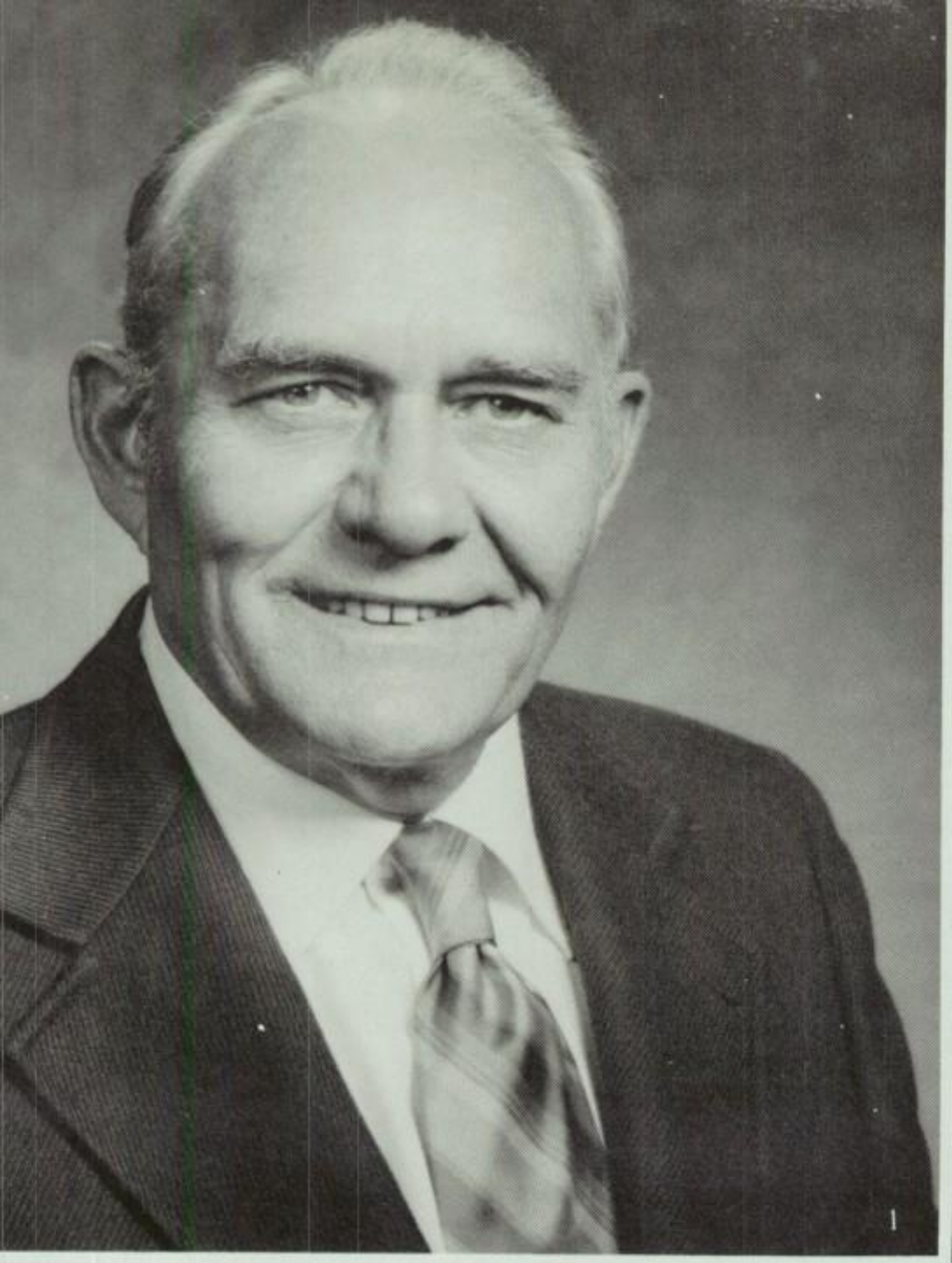
Orear has strived to set an example of well-rounded citizenship to the Arroyo community. He has actively participated in San Lorenzo Rotary, Boy Scouts, California Association of Secondary School Administrators, Western Association of Schools and Colleges, and Hayward's First Community Church. He was awarded life membership in PTA.

Born in Minnesota of French-Huguenot desendants, Orear resides in Hayward with his wife Barbara, a Castro Valley High School English teacher, and his daughter Virginia. Three sons, Jim, Jr., Jeff, and Steve are successful businessmen.

The ARROYAN staff gratefully acknowledges the dedication and hard work that Frank Orear has given to the Arroyo High School community. His mark on the school and its graduates is indelible. When he leaves Arroyo, it will be difficult for his successor to achieve what he has accomplished—building a school from architect's plans and educators' dreams into the vital and important educational institution that it remains.

4. 1970 senior class president Angela Karikas goes over an agenda with Mr. Orear and class advisor and mathematics teacher Ms. Betty Kozlowski. 5. Patrick Loushin, class of 1968, receives scholarship certificate from Orear at Senior Recognition Tea. Orear traditionally presides at the annual event. 6. Frank Orear meets with a former administrative council: Roosevelt Bergmann, vice-principal, Jo Workman, dean of girls, John Searle, director of student activities, and John Finch.

1. James Franklin Orear, principal of Arroyo High School. 2. Orear receives award from state and county department of education officials which designated Arroyo a physical education demonstration school in 1965. John Klumb, Orear, Ralph E. MacDuff, Jr., and Gregory Mahakian. 3. An ariel view of the Arroyo campus when it first opened in 1954. Note that the present shop wing or language arts classroom have been built.



GOODYEAR

Sponsors

'75 was a very Good Year for the ARROYAN staff in advertising. With the help of local merchants, the staff gathered more ads than in previous years. But because of inflation, and the rising cost of paper, more advertising money was needed to offset new costs.

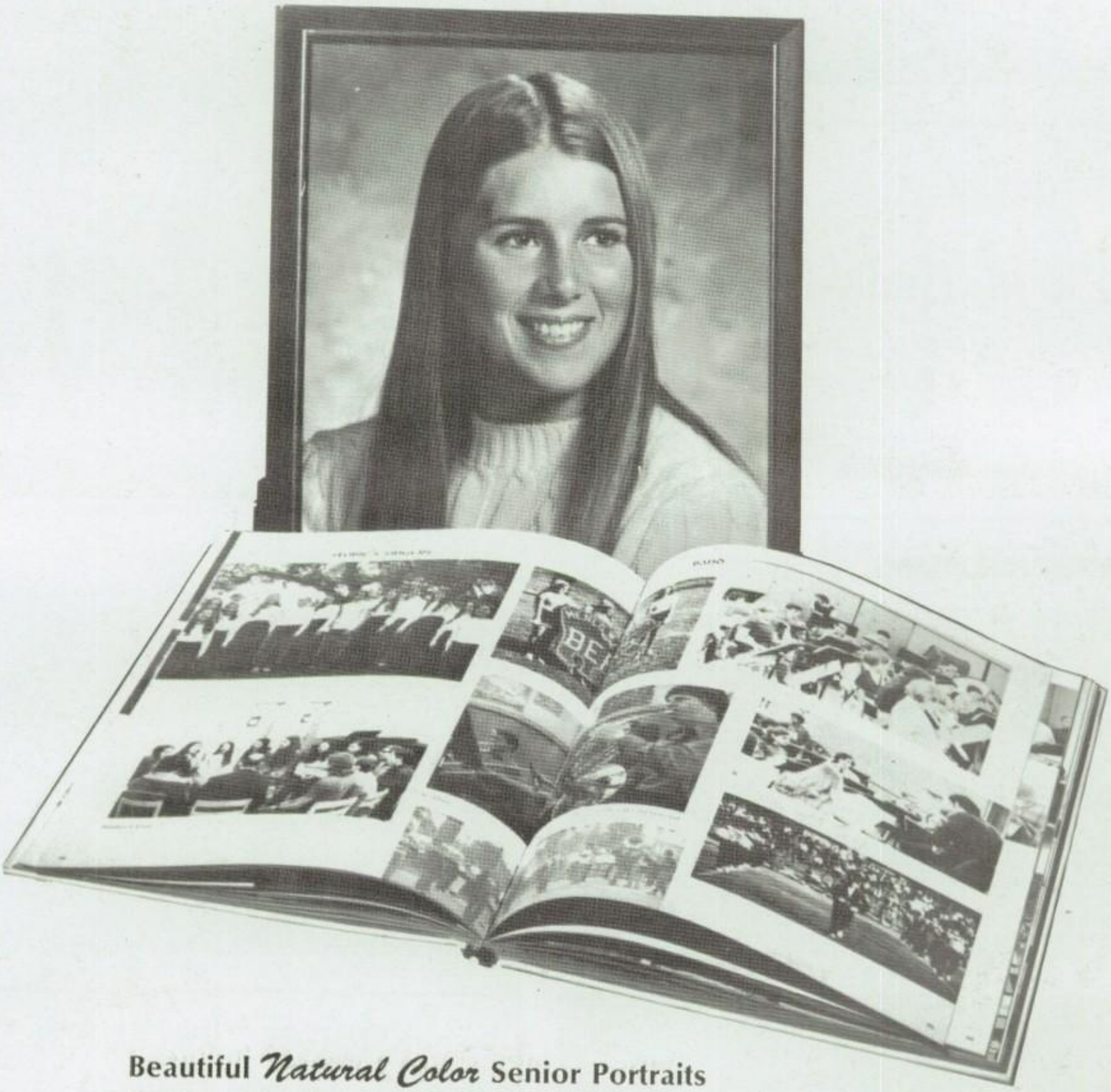
The staff received financial support in other ways—mainly book sales. This year, students with student body cards received a free yearbook. The ARROYAN staff received, in return, $7.00 from the student body. Those students who did not buy a card took the brunt of our increased costs and paid a $9.00 tariff for a yearbook.

In spite of the price increase, the staff sold 1,000 books.

Budgeting was tight for the staff, but increased sales and advertising revenues helped offset our $9,200 deficit to Pischel Yearbooks, Inc.

'75 was
a
Good Year

senior classics



Beautiful *Natural Color* Senior Portraits
Outstanding Yearbook Photography

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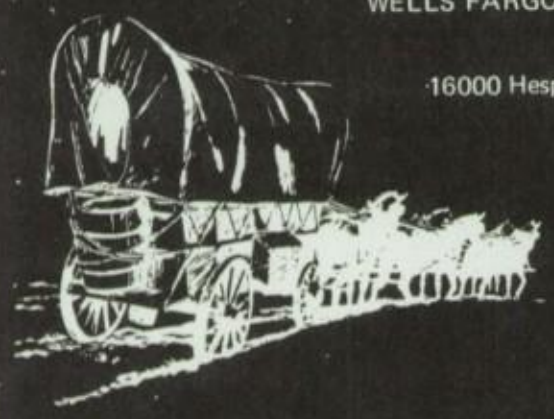

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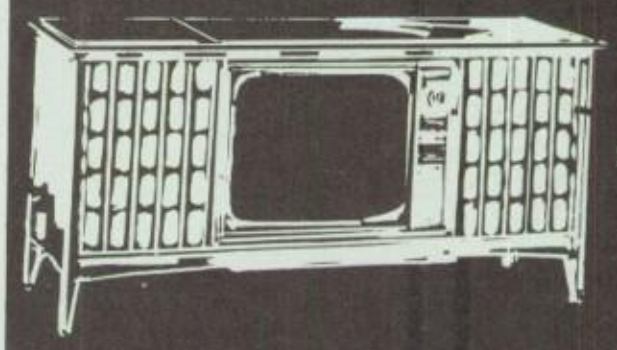

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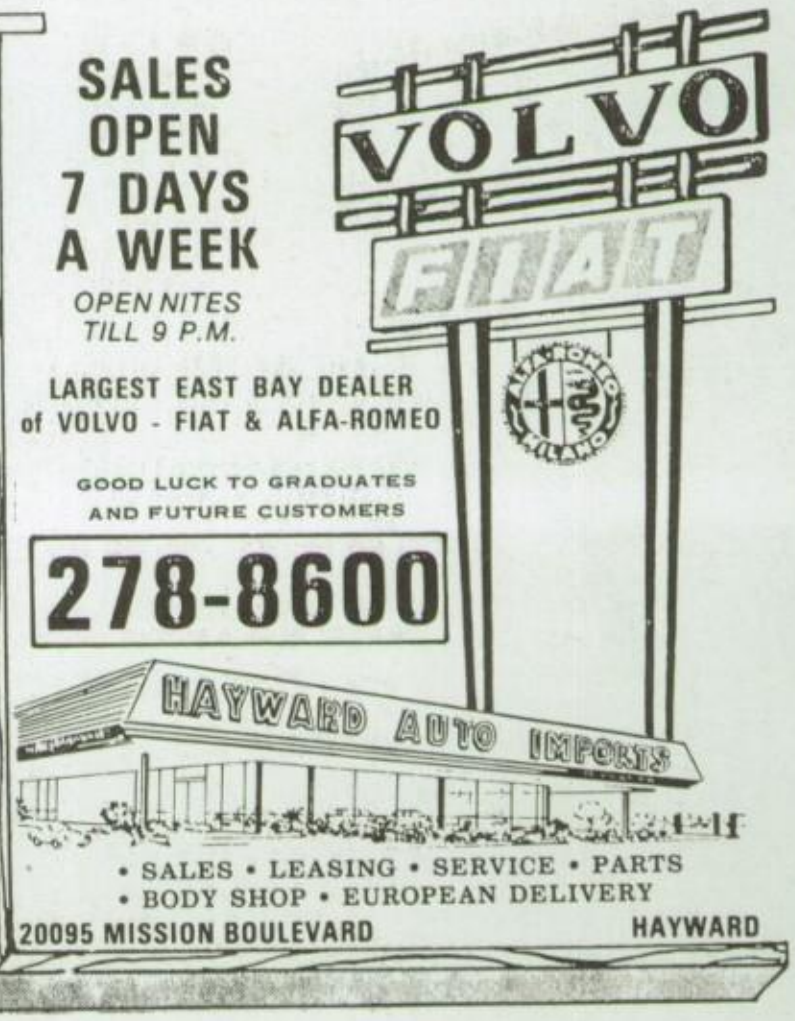

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1. Danny Jones, Marion Bell, Leo Stefani, and Rose Vasquez talk while waiting for next classes to begin.

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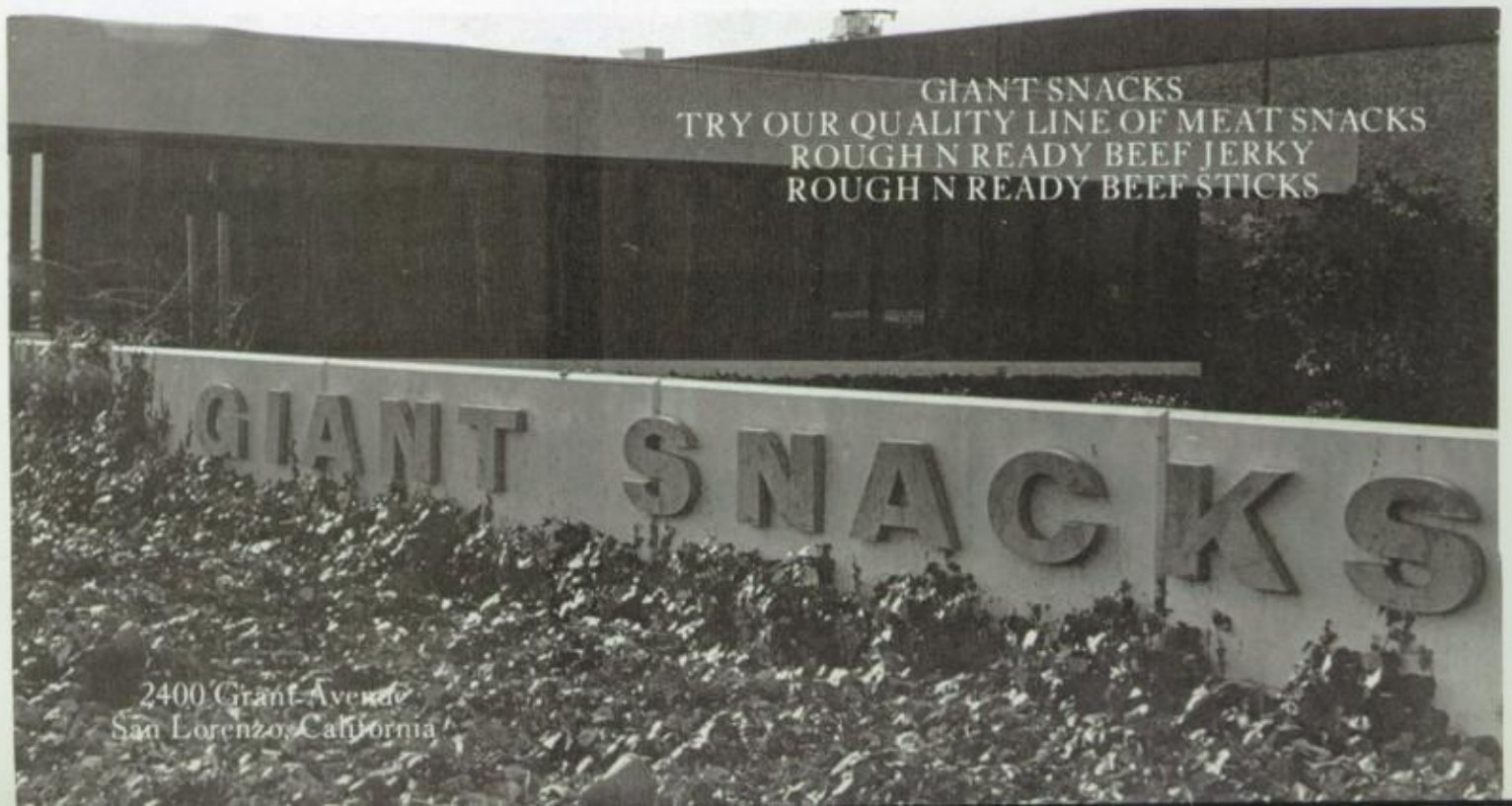

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1. Kathy Frary, Laurie Murtey, Sally Cole, Sally Reynolds, Cathee Cate, and Peggy Wright were surprised by photographer. 2. Jeff Ferguson waits on students at Candy Store.

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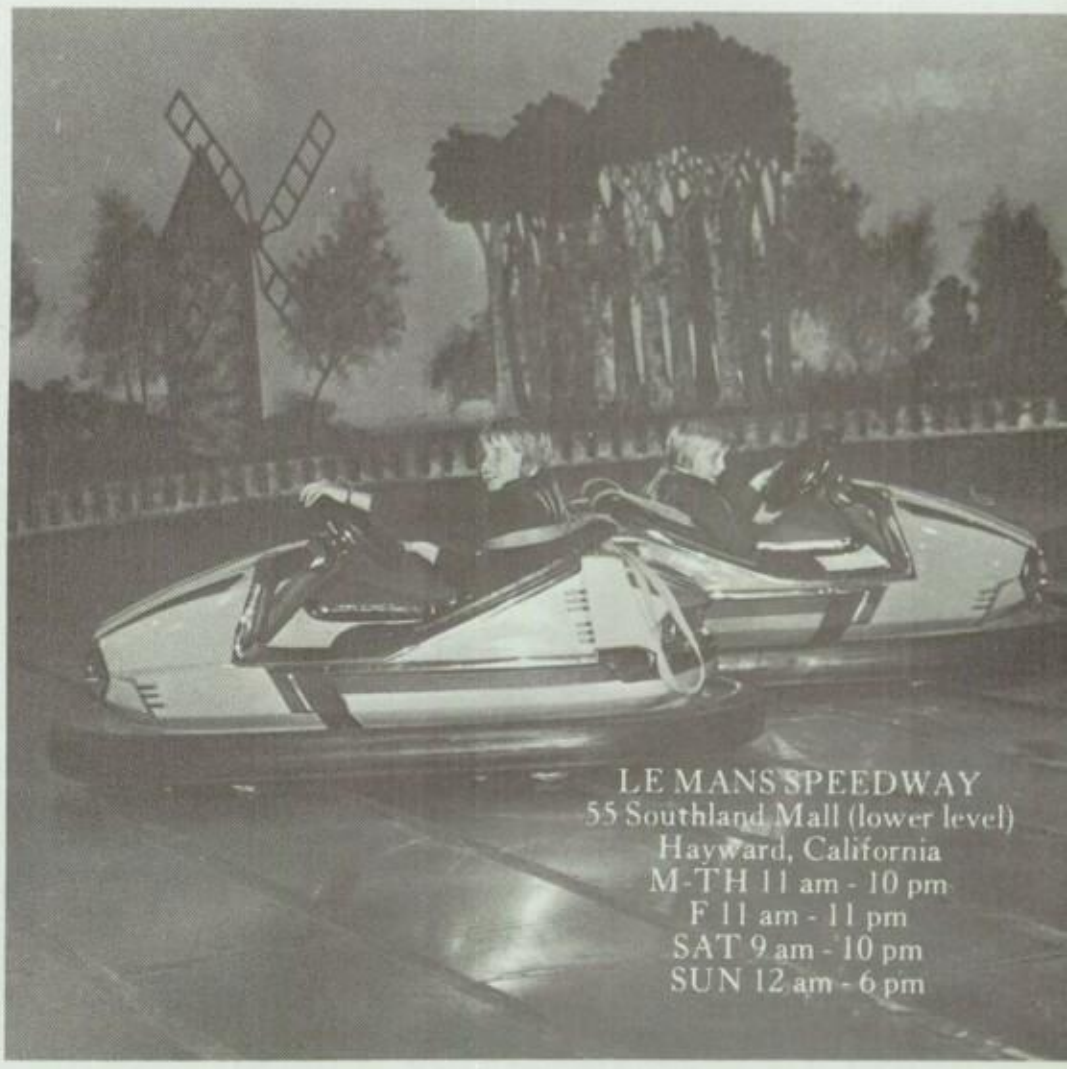

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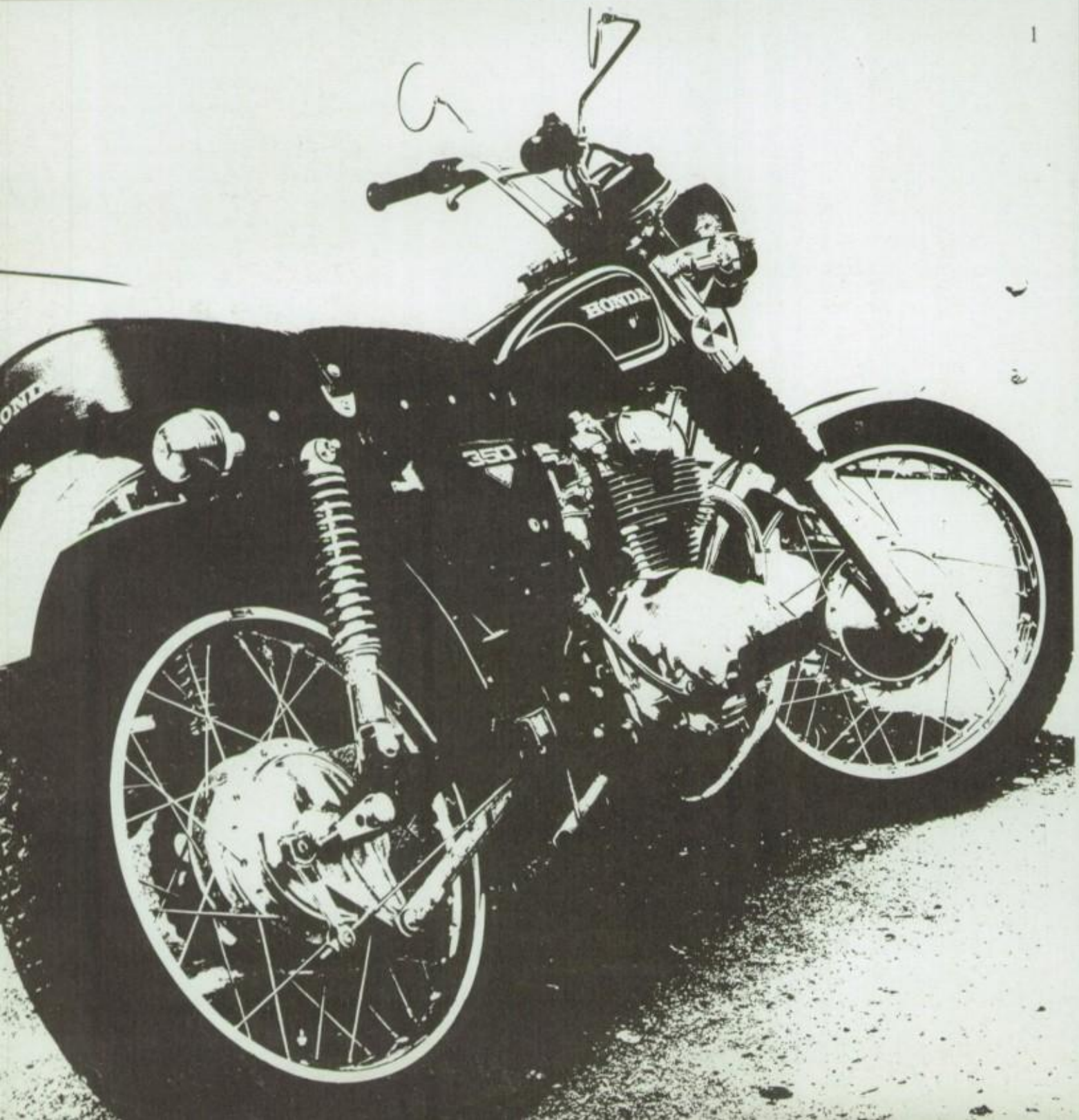
'75 was a Good Year for Retrospection

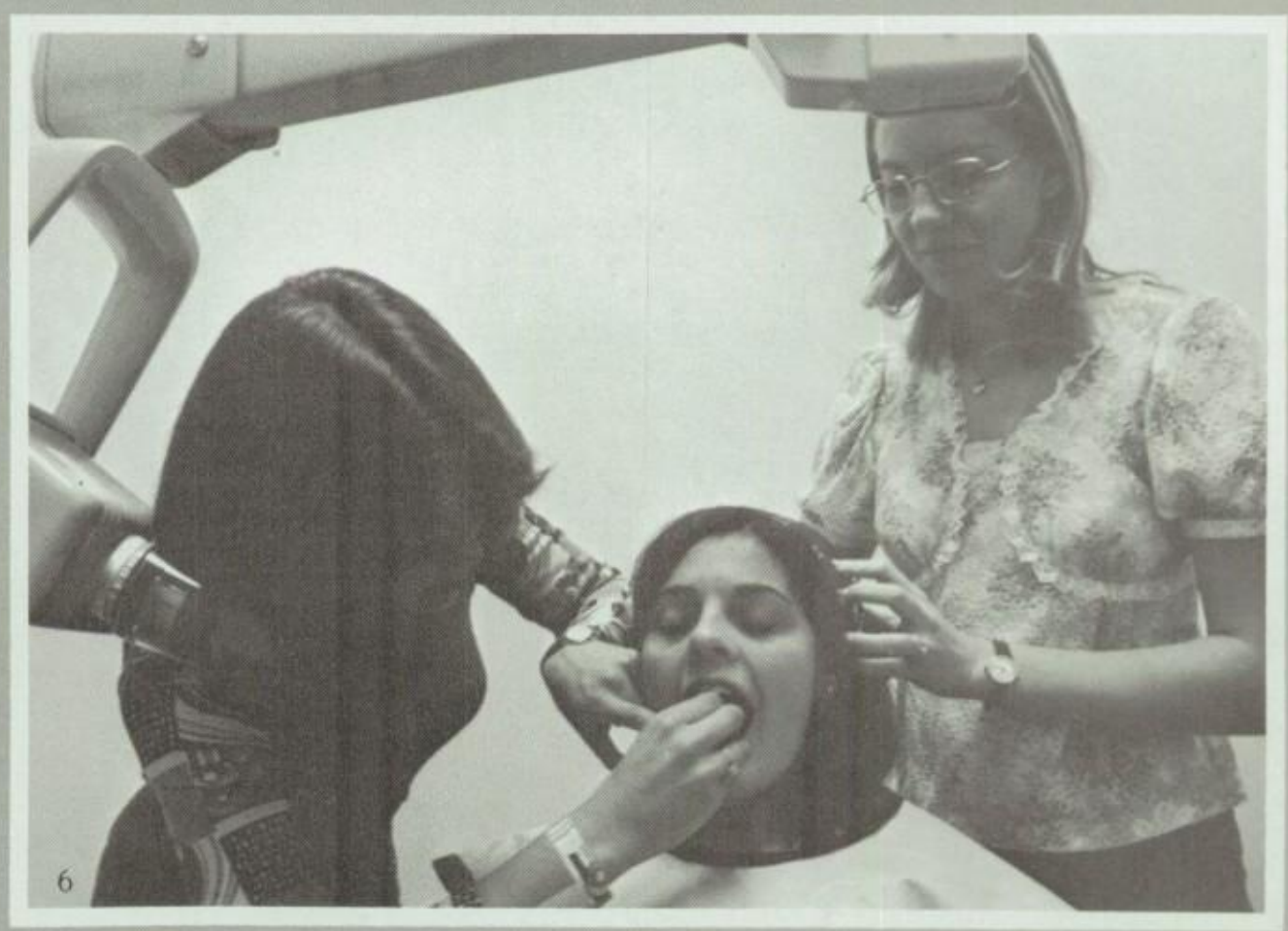
In '75 students were interested in learning not only in the classroom, but also through personal experiences.

Drama students produced two plays with the cooperation of Director Mr. Wayne Ward. Yell leaders enthusiastically cheered various teams to victory, as coaches pleaded and shouted directions for plays. Students and faculty members alike attended sports activities displaying pride in Arroyo and an eagerness to win.

Speakers came to the Career Center and talked about openings and opportunities in various fields. 18-year-olds gained the right to view school records and signed permission slips which allowed the school to release papers and records.

'75 was a Good Year at Arroyo as students received a certain amount of independence and paved the way for future Arroyans.

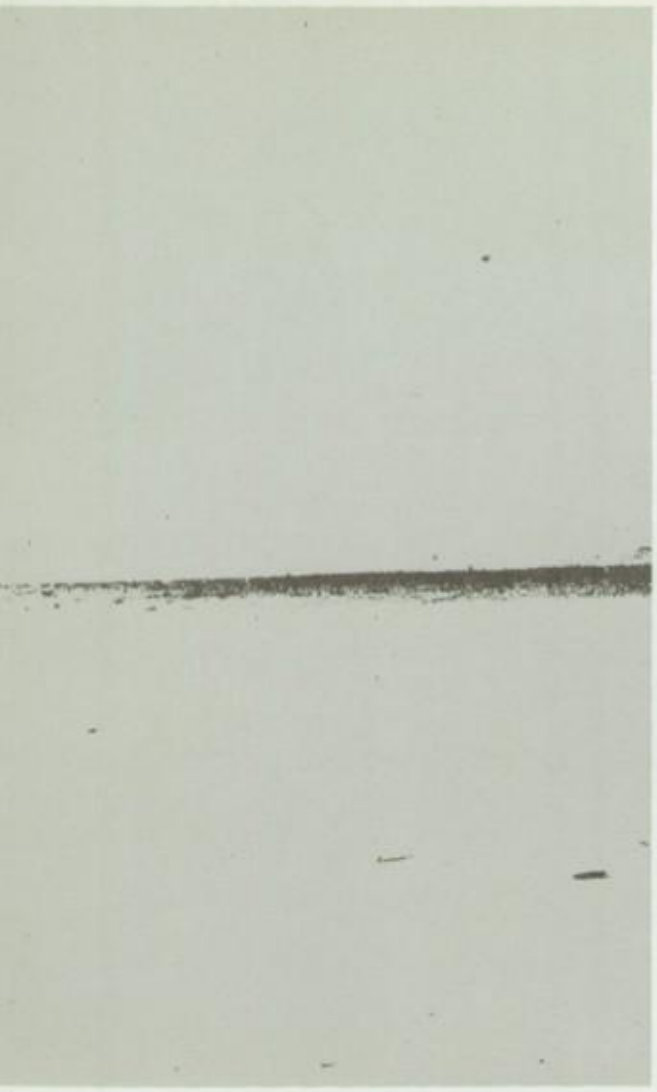


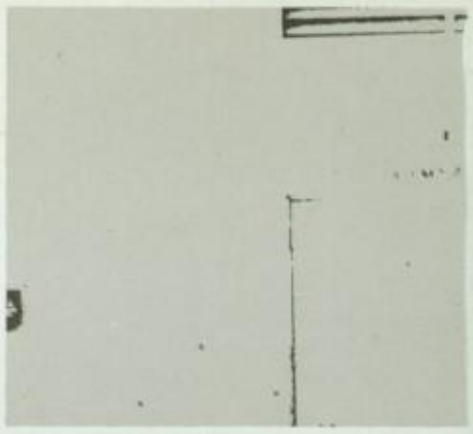


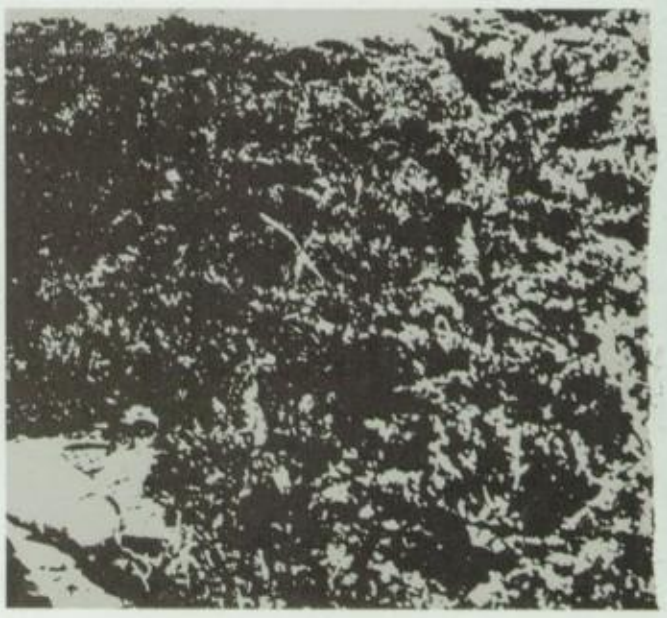
1. Motorcycles were popular forms of transportation because they used less gas and received better mileage at a time when gasoline was expensive and scarce. 2. Judy Alsip, Lisa Torres and Vicki Bumbaca cheer at home football game. 3. Rowena Harvey portrays Mrs. Savage in the drama department's production of "The Curious Savage." 4. Mr. Ken Weissenborn gives words of encouragement to the J.V. basketball team. 5. Diane Drew deep in thought. 6. Janice Lema examines Terry Ambrose's teeth as Danel Christopherson watches.

GOODYEAR

GOODYEAR







'75 was
a
Good Year

Thanks everybody!

Let's hear a great big round of applause for the '75 ARROYAN staff. Thanks to all of you for helping my dream come true. I know many times you all thought I was bitchy and I admit I was, but we made it, didn't we? We turned out a yearbook to be proud of.

To Mr. Lloyd: Words cannot express my thanks to you. Last May, when I was elected editor, I was thrilled. Then at the start of the year you said, "Okay, start the theme section." The WHAT section? I know I never would have made it through those frustrating times without all of your help.

To Catie, my almost assistant whom I always called Cate: I wish we were juniors so we could do it all over again next year.

In closing I want to thank everyone who helped to make this book possible, especially the Good Year Tire and Rubber Company in Akron, Ohio for the photos and permission to use their name and trademarks, and Mr. Don Freeman, our Pischel Representative, who was always there to answer my questions about color and costs.

'75 WAS a Good Year. NSPA, watch out, because here we come for our second All American yearbook in a row.

Sally Cole

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Cary Morris . . . . . Photo Editor
Bruce Nelson, Keith Cole Photography Co. . . Photographers
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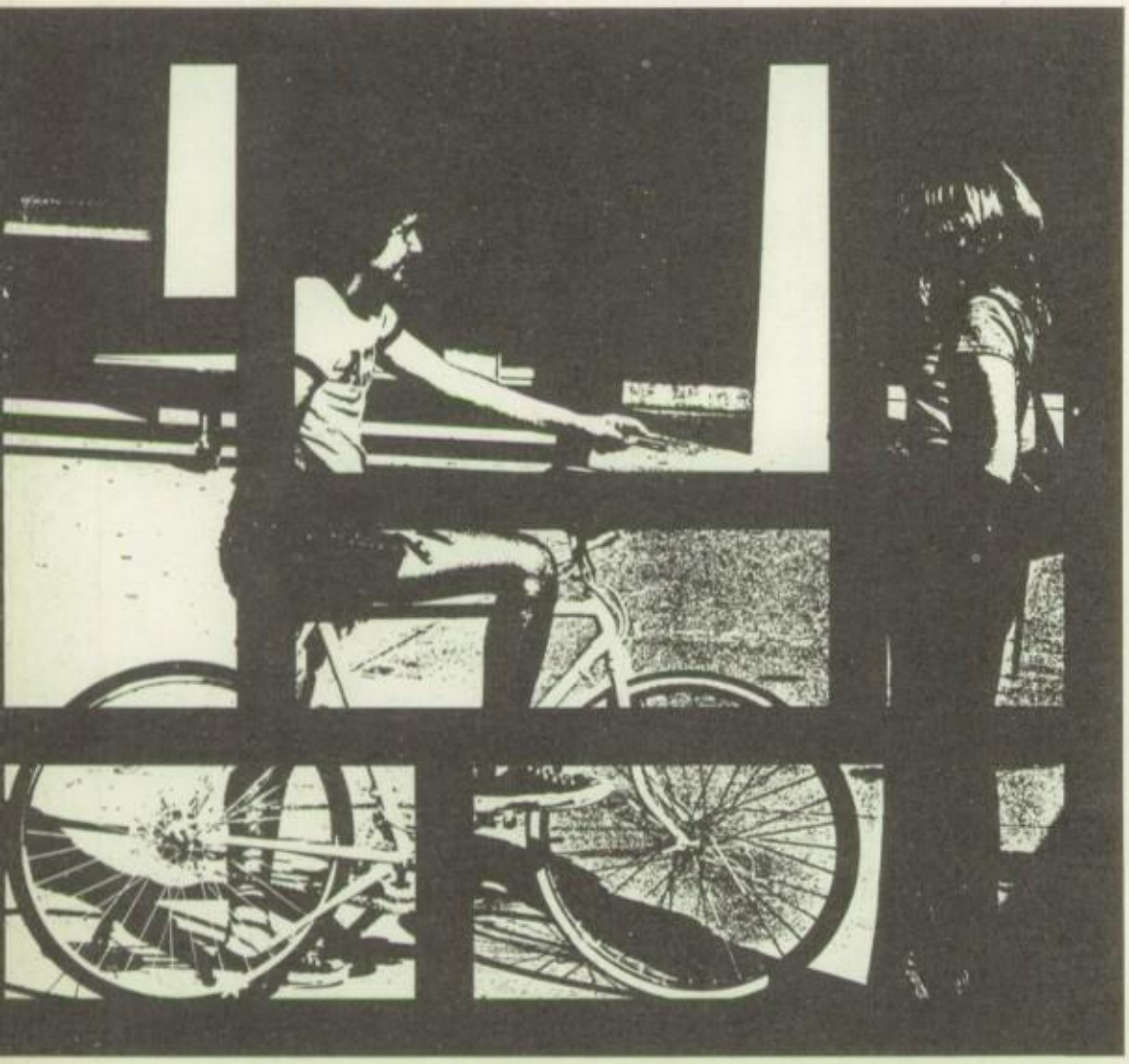
Mr. Don Freeman . . . . . Pischel Representative



'75 was a Good Year

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